



Muskie Community Center

DINING MENU

June 2024

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
			All lunches are served with 1% milk, water, and fruit salad. Community Fundraising make the following available: Coffee, Tea and Desserts	Breakfast Buffet Served every Friday from 8 - 9:30 a.m. Cost: \$7 per person
Hamburgers Hot Dogs Potato Salad Corn or Salad Bar Dinner Roll 3	Lasagna Spinach or Salad bar Dinner Roll 4	Pulled Pork Sandwiches Potato Wedges Coleslaw or Salad Bar 5	Sliced Turkey & Stuffing Rollups Seasoned Rice Vegetable Medley or Salad Bar Dinner Roll 6	Breakfast Buffet Baked Stuffed Haddock Au Gratin Potato Zucchini or Salad Bar Dinner Roll 7
Ziti Pasta with Sausage and Meatballs Spinach or Salad Bar Dinner Roll 10	Deli Day Tuna Salad, Chicken Salad, Ham Salad, Sliced Turkey, Potato Salad Coleslaw or Salad 11	Baked Ham Sweet Potato Broccoli or Salad Bar Dinner Roll 12	Pot Roast Mashed Potato Green Beans or Salad Bar Dinner Roll 13	Breakfast Buffet Salmon Pie Roasted Potato Mixed Vegetable or Salad Bar Dinner Roll 14
American Chop Suey Broccoli or Salad Bar Dinner Roll 17	Chicken Cordon Bleu Rice Pilaf Summer Squash or Salad Bar Dinner Roll 18	Closed in Observance of Juneteenth 19	BBQ Ribs Macaroni & Cheese Vegetable Medley or Salad Bar Dinner Roll 20	Breakfast Buffet Seafood Chowder Beets or Salad Bar Dinner Roll 21
Macaroni & Cheese Chicken Fingers Broccoli or Salad Bar Dinner Roll 24	Chicken Teriyaki Tenderloins Jasmine Rice Carrots or Salad Bar Dinner Roll 25	Deli Day Ham, Turkey, Chicken Salad, Macaroni Salad, Coleslaw or Salad Bar, Soup DuJour 26	Sweet & Sour Pork Rice Green Beans or Salad Bar Dinner Roll 27	Breakfast Buffet Haddock Roasted Potato Corn or Salad Bar Dinner Roll 28

Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).

We are an equal opportunity provider.



Muskie Community Center

ACTIVITIES

June 2024

★ Special event/by appointment only

	TIME	ACTIVITY	COST
★ Mondays	By Appointment	★ Notary Services	Donations Appreciated
	8 a.m. – 3 p.m.	Pool Table ~ Sign up at Reception - Veterans Play Free	\$5 per hour
	9 – 10 a.m.	★ Richard Simmons Workout	\$2 per person
	10 – 11:30 a.m.	Book Club: Amy Calder's <i>Comfort is an Old Barn</i>	\$15 per person
	June 24 , 9 - 9:45 a.m.	★ Chair Yoga with Wendy Webb~ <i>Beginners welcome!</i> For Class to be held a minimum of 6 need to attend.	\$6 per person
Tuesdays	8 a.m. – 3 p.m.	★ Pool Table ~ Sign up at Reception - Veterans Play Free	\$5 per hour
	9 – 11 a.m.	★ Quilts & Crafts	\$2 per person
	10 a.m. – Noon	★ Wii Fit & Games ~ Tennis, Golf, Baseball also available!	\$2 per person
	Noon – 2:30 p.m.	★ Hand & Foot ~ Canasta ~ Rummy Type Card Game	\$2 per person
	June 11 , Noon – 1:30p.m.	★ DC Cherry Blossom Virtual Walking Tour	Donations Appreciated
	June 18 , 9 a.m. – 1:30 p.m.	★ AARP Smart Driver Course	See Reception for Fees
June 18 , 10 -11 a.m.	★ Medicare 101 Clinic (Somerset Community Center, 30 Leavitt St. Skowhegan)	Donations Appreciated	
Wednesdays	9 – 10 a.m.	Richard Simmons Workout	\$2 per person
	9:30 – 10:30 a.m.	French Social Hour ~ Converse with others in French !	\$2 per person
	Noon – 2:30 p.m.	★ Cribbage	\$2 per person
	2 – 3:30 p.m.	★ Waterville Chess Club ~ Beginners are welcome!	\$2 per person
	10 a.m. - 1:00 p.m.	★ Computer/Phone Classes with Lois Harrington	\$7 per class
	June 12 , 10-11:00 a.m.	Food & Nutrition Class with Cooking Demo	Donations Appreciated
Thursdays	By Appointment	★ Notary Services	Donations Appreciated
	June 6 , 8 – 2 p.m.	★ Veterans Assistance -Veterans' Service Officers	Free
	Noon – 1 p.m.	★ Line Dancing Class Please Note: 3rd Thursday 1-2PM	\$2 per person
	1 – 3 p.m.	★ Scrabble ~ Players Needed if interested sign up at Reception	\$2 per person
	June 20 , 9 a.m. – 1 p.m.	★ Power Hour with CMP Representatives	Free
June 20 , 10 – 11:30 a.m.	★ Dementia Presentation w/ Dr. Gregory-Martin	Donations Appreciated	
Fridays	8:30 a.m. – 3 p.m.	★ Pool Table ~ Sign up at Reception Veterans Play Free	\$5 per hour
	9 – 10 a.m.	Richard Simmons Workout	\$2 per person
	1 – 3 p.m.	"63" Card Game ~ Beginners are welcome!	\$2 per person
	11 a.m. - Noon	★ Creative Writing Class ~ <i>All are welcome</i>	\$2 per person
	June 28 , 1 - 2:30 p.m.	★ Medicare 101 Clinic at Muskie	Donations Appreciated

Rummage Sale set for September 19, from 9 a.m. to 3 p.m.

Save the Date for the second annual Rummage Sale at the Muskie Community Center on Thursday, September 19 from 9 a.m. - 3 p.m. We are currently accepting donations for any lightly used items that we can add to the sale such as: household items, games, books, puzzles, decorations, jewelry, tools, art, etc.

For more information or to donate, please visit the front desk receptionist or call the Muskie Community Center at (207) 873-4745.