**CHAMBER OF COMMERCE** 

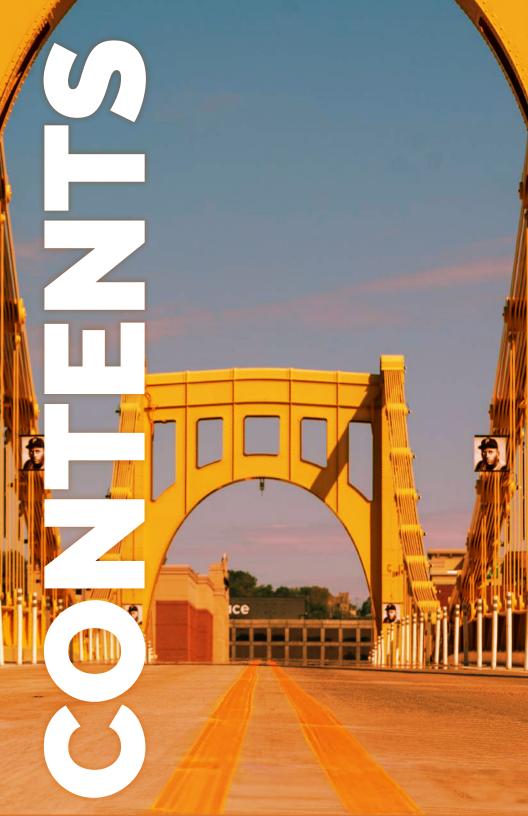




# Northside | North Shore

A Resource Guide for the Unhoused & Underserved

In collaboration with





How To Use & Quick Access

Housing Resources

Crisis
Resources

Food Resources

Medical Resources

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# **How to Use the Guide**

Welcome to the Northside | Shore Chamber of Commerce's Neighbors Helping Neighbors guide.

This guide is a collection of Northside/North Shore organizations and programs that seek to meet the needs of people who are experiencing homelessness or are underserved.

The contents of the guide are organized around the types of needs they service.

Know a neighbor who might benefit from this booklet? Share a copy with them!

# Serviceable Areas



# **Quick Access**

#### If currently experiencing an emergency dial 9-1-1.

For specific needs, we recommend contacting one of the lines below to speak with someone who is trained to help.

# **Local Support Lines**

PA Coalition Against Rape 800-692-7445

resolve crisis 888-796-8226

Our Streets Collective 844-779-6749

**PA Get Help Now** 800-662-4357

City Street Help 2-1-1

Non-Emergency Call Center 3-1-1

# **National Crisis Hotlines**

Child Abuse Hotline 800-422-4453

Human Trafficking Hotline 888-373-7888

Hunger Hotline 866-348-6479

LGBT Hotline 888-843-4564

Literacy Directory 877-389-6874

National Safe Places "Text 4 Help" 44357

Sexual Assault Hotline 800-656-4673

Suicide Prevention Lifeline 988

**The Trans Lifeline** 877-565-8860

Mental Health Emergency 9-8-8

Veteran Crisis Line 9-8-8, then press 1

Veterans Homeless Hotline 877-424-3838





# **Housing Resources**

# Temporary Shelter

# Northside Partnership Project (NPP)

- Winter shelter provides adults with dinner, grab and go breakfast, winter clothing, and warming resources.
- Located at 2610 Maple Avenue, Pittsburgh PA 15214 with shuttles to the NPP daily from Second Avenue Commons from 7-10 PM.
- Contact dhs-wintershelter@alleghenycounty.us or call them at 267-273-6002 with questions.

#### Northside Common Ministries

- Pleasant Valley Emergency shelter provides clothes, toiletries, and a weekly medical clinic, and spiritual care.
- Provides 8 emergency shelter units for families with minors and offers a total of 51 emergency shelter beds.
- · Located at 1601 Brighton Rd, Pittsburgh, Pa 15212.

# **Light of Life Rescue Mission**

- Emergency shelter for men and women/children with off-site housing assistance.
- Meals, showers, clothing, spiritual support, and case management.
- Shelter located at 234 Voeghtly Street Pittsburgh PA 15212.

# Familylinks Shelter

- 24/7 shelter for homeless or transient youth ages 18-25 Located downtown at 1601 Fifth Avenue Pittsburgh, PA 15219.
- Services include: food, clothing, transportation, medical assistance, group counseling, referrals to community services.
- Services available for 60 days while next steps are assessed.
- Call (866-583-6003) for more information.



# **Moving Toward Permanent Housing**

#### Bride to the Mountains

 Help access and navigate housing assessments, programs, and shelter options.

# **Allegheny Link**

- Screened for longer term homeless housing programs using the Allegheny Housing Assessment tool.
- Or for those experiencing housing instability or eviction with assessment and referrals to prevention programs and services.

# Allegheny County Housing Authority

- Provides safe, affordable housing to those with low income in Allegheny County.
- Choice Housing Voucher Program, Public Housing, and Housing & Urban Development (Section 8 housing).
- Call via 412.355.890 8:30 AM 4:30 PM Monday to Friday.

# **Community Human Services**

· See website for more housing options.

# Familylinks Shelter

- Their Transitional Living Program is a life skills program for youth, counseling, clothing, transportation, case management, or housing items.
- · Services available for 60 days while next steps are assessed.





# **Crisis Resources**

# **During a Crisis**

#### resolve crisis Services

 All residents of Allegheny County can call (888-796-8226) at any time for crisis counseling and support.

#### **Our Streets Collective**

- Hosts Pittsburgh chapter of the National Union of the Homeless on the Northside Sundays from 5-6:30 PM.
- Text Sam at 412-636-4148 for location.
- Crisis support: text "help" to 844-779-6749 (response time: < 2 hours).

# Resources from the City of Pittsburgh Office of Community Health & Safety

Eligible individuals may be referred my Emergency Medical Services to the following programs:

- · Co-Response
- Law Enforcement Assisted Diversion (LEAD)
- Post Overdose Support Team (POST)
- The Reaching Out On The Streets (ROOTS)
- Trauma Survivors Assistance Program (TSAP)



CALL 412.258.6100

LIGHT OF LIFE VOEGHTLY STREET SHELTER | 234 VOEGHTLY ST., PITTSBURGH, PA 15212

# Necessities & Other Community Resources

# Bridge to the Mountains

 Provides critical care items such as tents, tarps, sleeping bags, water, and Bombas® socks.

#### The Nest

- Sells used children's clothes at 425 East Ohio Street Pittsburgh,PA 15212 for pay-what-you-can prices.
- Opportunity to receive free clothing and diapers.

# **Light of Life Rescue Mission**

- Provides clothing, hygiene products, and other essentials at their Voeghtly Street Shelter (234 Voeghtly St., Pittsburgh PA 15212).
- Shelter is open all hours of the day. Or call 412-803-4120.
- · Additional community resources available, call for more info.

### **Northside Common Ministries**

- Pleasant Valley Emergency shelter provides clothes and toiletries to men and male-identifying individuals.
- · Visit 1601 Brighton Rd, Pittsburgh, Pa 15212 any hour of the day.

# **NORTHSIDE COMMON MINISTRIES**

An affiliate of Goodwill of Southwestern Pennsylvania



#### Serving the Northside since 1982:

- Food Pantry
- Men's Emergency Shelter
- Healthcare Services
- Housing & Employment Support

Learn more or get help:

(412) 323-1163 GOODWILLSWPA.ORG/NCM

Volunteer Opportunities Available!





# **Food Resources**

# **Everyday Assistance**

# **Urban League of Greater Pittsburgh**

- Benefits all people with food insecurities in Allegheny and surrounding counties.
- Provides Emergency Food Assistance (EFA) and Food for Early Development (FED).
- EFA refers eligible families in Allegheny county to a variety of nearby food resource options.
- · Emergency assistance may be used once a year per family,
- FED helps eligible families that do not receive Women, Infants, and Children (WIC) benefits by offering formula and soft foods.
- Call 412-227-4164 to access services.

# Northside Partnership Project

· Offers dinner and grab & go breakfast.

## **Kidcelerate**

- The United Methodist Church Union serves free hot meals Wed. & Thurs. 11:15 AM-12:15 PM and Sun 3:15 PM-4:15 PM.
- · See also Greater Pittsburgh Community Food Bank.





# **Rotating Assistance**

# Food bank distribution at King Elementary

- Saturday 10-11:30 AM: May 10th & June 14th only.
- · Bring your own bags to the food bank truck.

# Ellie's Pet Pantry

- Helps individual pet owners who need temporary food assistance for their animals.
- Pet food pickup at the North Side Shelter: second Wednesday and last Wednesday of every month 9 AM – 12 PM.

# **Northside Common Ministries**

- Pleasant Valley Emergency shelter provides meals Monday, Wednesdays, and Fridays 12-1 PM.
- Northside Food Pantry provides a week's worth of food for food insecure Northside families and individuals.
- Emergency assistance is available by appointment and special dietary needs are accommodated when possible.

# **Light of Life Rescue Mission**

Serves daily hot meals: breakfast 8-9 AM and dinner 5-6 PM.





# **Medical Resources**

# **Health & Wellness**

# Familylinks Shelter

- Medical care and counseling as needed
- Call (866-583-6003) for more information.

# **Our Streets Collective**

- · Offer various street therapy resources.
- Text "help" to 1-844-779-6749 or email them at support@ourstreetscollective.org.

# **Prevention Point Pittsburgh**

- Visits the Northside (2949 N Charles St.) every Tuesday 1-4 PM.
- Distribute supplies, naloxone (Narcan) (Syringe Service Program).
- · Educational resources on harm reduction and overdose prevention.
- Opioid treatment program in conjunction with AHN (Suboxone Program).
- Contact them by emailing info@pppgh.org.

# Pathway to Care and Recovery

- Information, support, and/or help for people with drug and alcohol challenges.
- Open 24/7. Call 412-325-7550 or PA Get Help Now at 1-800-662-HELP (4357).
- Peer support, screening, case management.

# Tadiso, Inc.

- Medication-assisted services for those with opioid use disorder in Allegheny County and surrounding areas.
- · Call via (412) 322-8415 Monday to Friday from 6PM 2PM.

# Women's Choice Network

- Offers free pregnancy tests, limited ultrasounds, information on parenting and adoption.
- · Focus on family planning and adoption.
- · Call (412) 709-6192 for more information.

#### 18 Neighbors Helping Neighbors

#### **AHN Center for Inclusion Health**

- · Operates on the Northside (Homeless Health Care).
- Work with Operation Safety Net to identity people living outside of shelters with pressing medical needs and provide care.
- Provides a regular health care network and enables an individual to stay with the same doctor.
- Helps manage mental health challenges and substance abuse.
- Bridge Clinic located at 1307 Federal Street Pittsburgh, PA 15212.

# Northside Partnership Project

- · Street outreach and medicine assistance.
- Contact via (412) 969-2661

# Bridge to the Mountains

- · Travels to every neighborhood in the county (office in Spring Hill).
- · Street-based and clinic-based medical care.
- · Street outreach.

#### Northside Common Ministries

- Pleasant Valley Emergency shelter provides weekly medical clinic (including testing).
- Referrals to counseling for substance abuse and mental health support as well as spiritual care and counseling.
- ${\boldsymbol{\cdot}}$  Counseling available from the Veterans Administration.

# North Side Christian Health Center

- Located in Northview Heights.
- Resource for the low-income (and assumed: the no-income).
- Primary and preventative health services (exams, screenings, sick visits, immunizations for people of all ages).
- · Dental service.
- Behavioral health / community wellness services.
- Medication management.

# **Light of Life Rescue Mission**

- Located on the North Shore (Ridge Avenue) + Shelter on the North Shore.
- · Provides First Aid.





# **Transportation Resources**

# Pittsburgh Regional Transit

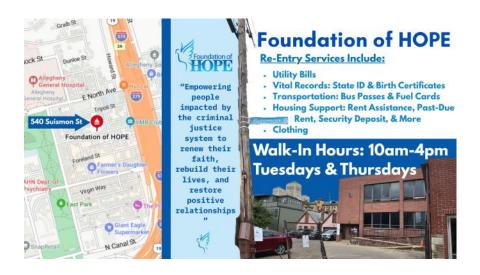
 Provides discounted passes fares to the disabled, seniors, and children.

# Northern Area Multi-Service Center of Allegheny County: Transportation

- For older adults and individuals with disabilities. Wheelchair vans and passenger vehicles are available depending on riders' needs.
- For those at or below 125% of federal poverty guidelines.

# **Medical Assistance Transportation Program**

- Those receiving Medicaid may receive free public transportation, ahead of time tickets, or reimbursements (bus, subway, incline).
- · Door-to-door services as well and completely cost-free.
- · Call 1-888-547-MATP (6287) Monday through Friday 8 AM 4 p.m.
- Email application to MATP@alleghenycounty.us or drop it off on the first floor of One Smithfield Street.





# GOVER 250 ENOISHA WIRICE STERIAL DISTRICT









# **Human Services**

Advocacy & Case Management Government-Funded Programs Legal Services





# **SNAP**

 Apply for SNAP online via COMPASS, Pennsylvania's benefits management website or call Department of Human Services at 1-800-692-7462.

# Allegheny County Department of Human Services

• Get free access to services and referrals by calling, texting, emailing or live chatting by dialing 211 or visiting pa211sw.org.







# Re-Entry

# Foundation of HOPE

- Provides resources to those who are incarcerated and anticipating release.
- · Call 412-321-3343 for more information.

# VA Pittsburgh

- Contact a VA Pittsburgh homeless services care coordinator to access via 855-679-0952.
- Help Veterans who are homeless or at risk of becoming homeless due to financial hardship, unemployment, addiction, depression, or transition from jail.
- Immediate food and shelter, including transitional and permanent housing.
- Offer job training, life skills development, and education.
- Support with justice system navigation and community re-entry from jail.
- Financial support to prevent homelessness.
- · Treatment for addiction and depression.
- Offer health and dental care.

# 

# **Beyond the Northside**

# Online resources, or within a 1.5 mile radius

#### **Access Wireless**

• Lifeline Assistance programs: Government funded: free high-speed data, hotspot, talk & text (have to already have a phone though).

#### Bethlehem Haven

- · Provides medical respite care to homeless women.
- Permanent supportive housing for women struggling with serious mental illness.
- · Empowers them toward self-sufficiently and permanent housing.
- · Temporary emergency shelters.

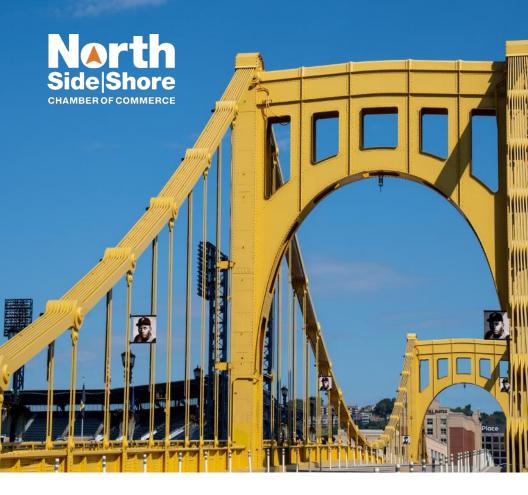
# **Allegheny Link**

- Provides access to emergency shelter, rental assistance, and long-term housing programs for long-term stability.
- Visit 1 Smithfield Street, Pittsburgh PA 15222 Downtown for assistance or call 1-866-730-2368.

## Planned Parenthood

- Visit 933 Liberty Avenue, Pittsburgh PA 15222 for assistance or call 412-562-1900.
- Insurance not required.
- Focus on reproductive health.
- Can provide vaccinations, pregnancy testing and planning, as well as birth control.

For more information, visit the Northside | North Shore Chamber website at **northsidechamberofcommerce.com** or email us at **info@northsidechamberofcommerce.com** 



Thank you to the service providers who volunteered to make this guide possible.









#### Let's create something real

You bring the story.
I'll bring the camera.
Together we'll capture thoughtful,
professional images that feel like you.

Start your session at ericahilliardphotography.com



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