

OUR CYCLE SERVICES

Making cycling accessible for everyone

At R-evolution, we are committed to making cycling an easy, sustainable, and affordable choice for students, staff, and communities. Our initiatives help remove barriers to cycling, ensuring that everyone has the opportunity to ride safely and confidently.

The benefits of cycling

Encouraging cycling has a lasting impact, not just on individual health and well-being, but on the environment too. By choosing to cycle, we help reduce carbon emissions, ease traffic congestion, and create a cleaner, greener future for our communities.

For more details on how your school or organisation can get involved, please refer to the following pages in this pack.



Dr Bike Days

Our experienced mechanics visit schools, workplaces and even community spaces to repair and service as many bikes as possible, carrying out essential fixes such as brake and gear cable replacements, puncture repairs, and general safety checks.

Bike Libraries

We collect donated bikes from all across the Humber, saving them from landfill by reusing parts and building safe, working bikes. At a Bike Library, we bring these bikes to your school or organisation and give them away in a fun, inclusive way - helping more people access reliable cycles.

Cycling Maintenance Course

We offer hands-on training to help staff, students learn how to maintain and repair their own bikes. These courses cover essential skills like repairing a puncture, adjusting your brakes, and basic servicing, empowering individuals to care for their bikes and reduce dependency on external repairs.

Guided Rides

Our guided rides are a fantastic way to encourage cycling in a safe, supportive environment. Whether it's an active, fun group ride, or getting confident with your commute, our experienced ride leaders ensure participants feel confident and enjoy the experience.

Dr Bike

Our Dr Bike scheme offers a day with highly skilled cycle mechanics providing free cycle servicing and minor repairs.

Each session runs from 9:30am to 3pm (timings can be adjusted to suit) and includes safety checks, puncture repairs, replacement of worn brakes and gear cables, and advice for anyone whose bike we can't fully repair on the day.

*Two Dr Bike sessions are included with the Premium Bike Library package.



Pricing

1 Mechanic + qualified volunteer £400 inc VAT 2 Mechanics £600 inc VAT

Areas covered

Hull
East Riding of Yorkshire
North Lincolnshire
North East Lincolnshire





"Forwarding a huge thanks from St Mary's College for the Dr Bike you did yesterday. You did an amazing job with lots of happy students, 34 bikes done, well done and thanks for your hard work at these events"

St Mary's College



"Just wanted to pass on my thanks for last week. I had comments from colleagues regarding the friendliness of your mechanics and they were great with the kids as well!"

Headlands School

Bike Libraries

We bring a selection of fully refurbished bikes - sized to suit, and ready to ride - along with brand-new helmets, all free to take home on the day. Whether you need a specific size or prefer a browse-and-choose approach, we've got you covered.

On the day, we'll set up an eye-catching display with gazebos, feather flags, and up to 30 bikes lined up and waiting for new homes. Bikes can be pre-allocated or offered on a first-come, first-served basis—whatever works best for your school or workplace.

All bikes are generously donated by the public and lovingly brought back to life by our expert mechanics, with full safety checks and new brake and gear cables fitted.





Package 1

- Launch day with 2 members of staff
- 15 recycled, refurbished bikes & helmets

£2,380 inc VAT

Package 2

- Launch day with 2 members of staff
- 20 recycled, refurbished bikes & helmets

£2,900 inc VAT

Premium Package

- 1 x Launch day with 2 members of staff
- 30 recycled, refurbished bikes & helmets
- 2 x Dr Bike days

£4,700 inc VAT



"There were lots of happy smiling faces at Newington Academy yesterday as a number of pupils were lucky enough to be given a bike and helmet from R-evolution"

Hull City Council

Cycle Maintenance Course

Our Cycle Maintenance Courses are a fantastic way to equip students or staff with practical, lifelong skills.

Delivered by qualified mechanic tutors, these sessions cover essential topics such as fixing punctures, adjusting brakes and gears, carrying out safety checks, and more.

Courses are hands-on, engaging, and suitable for all ability levels, ideal for promoting active travel, independence, and confidence.





"Hi. I came on your cycle maintenance course a few weeks ago. Before then I'd never known how to change an inner tube. This week I've had a flat rear tyre, ordered an inner tube and fitted it myself - and the bike still works! Thanks for giving me the confidence to do this, rather than have to take it to a bike shop."

Matt G

"Just want to say a MASSIVE thank you for your guys yesterday. Gareth and Jon were excellent with the kids and the activities. They were super flexible kept it really engaging and the feedback from schools was superb. Great Guys."

Jo, Active Schools

1/2 hour to 45 minutes: Hands-on puncture repairs

Maximum 10 people

Learn & practice removing the wheel and repairing a puncture yourself

Set up time: 15 minutes

Space required for: 1x bike, stand, toolbox

& participants

£320 inc VAT

1 hour course: How to check bikes and identify issues

Maximum 6 people General ABCD Bike check Includes:

- Hands-on puncture repairs
- Brake checks
- Gear checks
- Basic fault finding

Set up time: 15 minutes

Space required for: 1x bike, stand, toolbox & participants

£275 inc VAT

3 hour course: Identify and fix minor bike issues

Maximum 6 people

Participants will be hands-on throughout

Includes:

- Fixing a puncture
- Adjusting brakes
- Adjusting gears
- Conducting safety checks

Set up time: 45 minutes

Space required for: 4x bikes, 4x stands , 4x toolboxes, and participants

£405 inc VAT

Guided Rides

Road cycling can be nerve wracking, and if you are unsure of your route or not confident alongside cars, it can become a big barrier to using a bike.

This service offers bespoke guided cycle rides with qualified ride leaders, tailored to your group's needs (1 ride leader per 6 participants).

Whether you're looking to:

- Build cycle confidence on the roads
- Practice a regular route to school or work
- Learn to ride for the first time
- · Improve fitness with a fun, active ride

Our experienced ride leaders will support you every step of the way, ensuring a safe and enjoyable experience.





Pricing

Please note that the price reflects the extensive preparation involved, including scouting the area and planning the optimal route, cycling the full route the day before to check for hazards, completing a detailed risk assessment, and conducting a pre-ride safety check of participants' bikes.

Up to 6 participants £450 inc VAT Up to 12 participants £620 inc VAT



"Just wanted to say thank you to Gareth for supporting the bike ride this week. Myself and Megan really enjoyed it!"

Pause Women's Guided Ride from Trinity

"I have had requests from the Young People who engaged with our last bike ride. Is there any possibility of doing another bike ride? We've been getting great feedback!"

Alan C from Route One



Our Vision

is that people have the tools and skills to develop themselves, their spaces and communities.

Our Mission

is to create opportunities that encourage engagement, participation and fulfillment.

We achieve this through innovative, creative and inclusive services and projects.



GET IN TOUCH

R-evolution offers a range of services which can help your organisation switch to active forms of transportation, reducing carbon footprints and boosting the well-being of staff, pupils or a community

If you are interested in any of our services, contact us by: Phone 01482 844 422
Email info@r-evolution.org.uk
Our website www.r-evolution.org.uk

Follow us on Social Media



