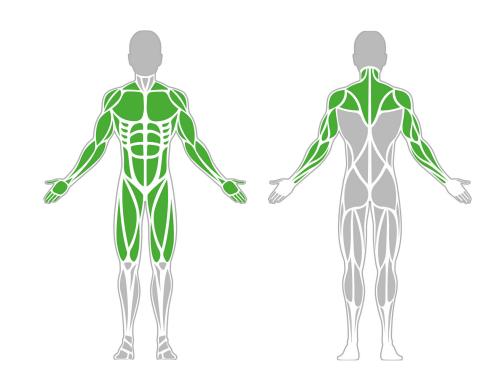


**Muscle Groups Focus** 







### **Horiztontal Ladder**

A horizontal ladder is a special kind of fitness equipment for performing hanging. It is a basic exercise in free weight training, which in fact strengthens the entire musculature of the body. The exercise of hanging from a horizontal ladder gives users more freedom of movement than a simple bar, making the workout more enjoyable and colorful.

### **Attributes**

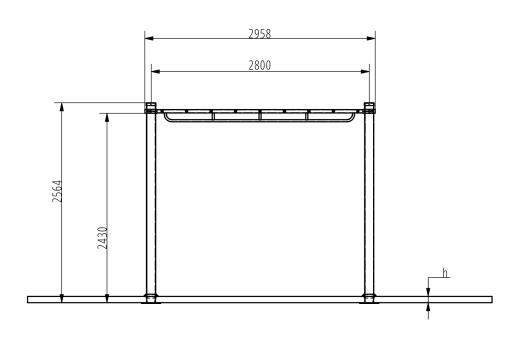
Product code 1-1-029 Certificate EN 16630 Age group 14 + years 2 people Capacity Max. weight load 99 kg Type Calisthenics Difficulty level Hard

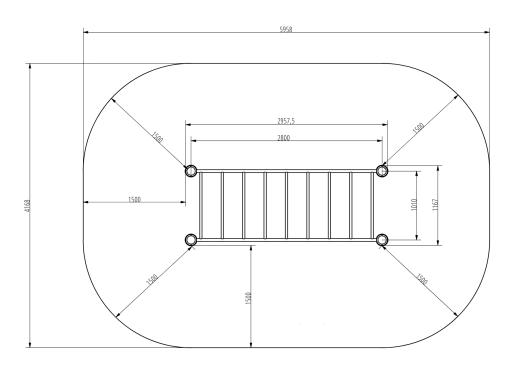
#### **QR** Code



## **Side View**

# **Plan View**





#### Installation information

Number of installers (concrete)
Total installation time (concrete)
Number of installers (equipment)
Total installation time (equipment)
Excavation volume
Concrete volume
Size of the base structure
Anchoring options
In-ognioned structures, the volume of concrete required varies.

At least 2 people 60-120 min. At least 2 people 30-60 min.

0.8 m<sup>3</sup> 0.8 m<sup>3</sup> 4pc 0,5 x 0,5 x 0,8 m In-ground or surface

## **Technical specification**

Safety surfice area

Net weight

Naterial

Critic fall height

Color options

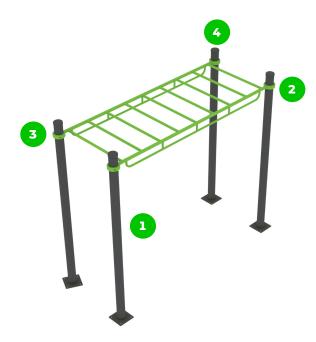
For more color options, discuss with your sales representative.

### Warranty

Structure
Steel
Paint
Plastic
Rubber
Moving parts
Detailed information in the warranty document

10 years 5-10 years 2 years 5-10 years 1-3 years 2 years

# Material specification





The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The clamp system allows for easy assembly and extreme stability.



The connecting ments are fastened with vandal-proof stainless steel screws and nuts.



The ends of the bars and posts are sealed with injection-moulded plastic caps.





