

SHISO

RESTAURANT

LUNCH MENU

A menu designed for the Spa experience: light, balanced, and refined. Each dish has been crafted to combine well-being, seasonality, and Japanese-inspired flavors — perfect for a lunch after a treatment or massage.

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STARTERS • WELLNESS

Miso Detox Soup	12
White miso, clear dashi broth, shiitake mushrooms, silken tofu, wakame, spring onions	
Vegetable Gyoza	16
Light vegetarian filling, ponzu-truffle sauce	
Chicken Karaage	18
Spicy miso sauce, yuzu	
Balance Salad	18
Cucumber, daikon, carrot, dry miso and sesame-yuzu vinaigrette	

SIGNATURE SALADS

Vitality Salad • Farm Chicken and Crispy Cabbage	28
Grilled free-range chicken supreme, red cabbage salad, carrot, cucumber, light satay sauce, roasted peanuts, coriander	
Zen Salad • Crispy Tofu and Sweet Potatoes	22
Crispy breaded tofu, roasted sweet potato, steamed vegetables, baby spinach, miso-sesame dressing, black sesame	

SIGNATURE CEVICHE

Nikkei Salmon	26
Yuzu tiger's milk, red onion, cancha corn, sweet potato, coriander, radish and shiso cress	
Coconut-Wasabi Sea Bream	28
Coconut-wasabi tiger's milk, mango, roasted sweet potato, radish and shiso cress	

SIGNATURE TIRADITOS

Passion Fruit Sea Bream	26
Truffle ponzu, spring onions, sesame and shiso cress	
Beef Tataki	36
Anticucho honey sauce, shiso oil and crispy sweet potato	

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MARINE ENERGY

- Wellness Teriyaki Salmon** 32
Spirals of crunchy vegetables and yuzu-sesame sauce
- Vitality Sea Bream** 34
Dashi broth, crunchy vegetables, shimeji mushrooms, shiso oil

EARTH ENERGY

- Detox Chicken • Miso-Mustard** 30
Free-range chicken supreme Robatta, sweet potato purée, shiso oil
- Zen Beef Tenderloin** 38
Seared on Teppanyaki, warm mushrooms, Anticucho sauce

KOMOREBI BOWLS

CHOICE OF BASE : BROWN RICE, VINEGARED SUSHI RICE, OR QUINOA

- Komorebi Energy Bowl • Miso Salmon** 28
Salmon marinated in white miso, edamame, crunchy vegetables, wakame
- Komorebi Bowl Zen • Tofu et Champignons** 26
Marinated tofu with soy-ginger sauce, radish, daikon, shiitake mushrooms, edamame, grated carrot

LIGHT & HEALTHY DESSERTS

- Vitality Chia Pudding** 10
Coconut milk, yuzu pearls, granola
- Zen Molten Matcha Cake** 12
Light sesame cream
- Almond Milk Panna Cotta with Yuzu Jelly** 12

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