#### Namaskar,

Since time immemorial, we have been taught to treat the world as one family (Vasudhaiv Kutumbkam). That's why as a nation we have always stood with people in distress whether it is Ukraine crisis or Nepal earthquake.

Recent events of Joshimath and the Turkey earthquake are a wake-up call for us. Nature has been alarming us time and again it is time we take cognizance of our collective actions toward our planet. We need to take a step back and save the places which have not been ruined by human interventions.

In Budget 2023, the Indian govt has laid out 7 priorities for development, of which green growth is one which is a precursor to net zero carbon emissions by 2070 and Lifestyle for the environment. I believe policies and people's participation must go hand in hand for sustainable development. There is no other way around it.

As long as we are together, we can combat anything!

Dhanyawaad

Abhishek Kumar (Executive Director, Sewa International)



### **We Stand with Turkey**

Deependra Garain opened the doors of his restaurant in Turkey during the ongoing crisis. People like him from the Indian community in Turkey and Syria have come to serve the affected people. Sewa International stands in solidarity with the people of Turkey who are suffering in the aftermath of the deadly earthquake. We are all set to send humanitarian aid to the vulnerable families impacted by the quake.

## Young girls take charge to clean the Himalayas

After collecting plastic waste for hours in a small village in Uttarakhand, we returned home, exhausted but satisfied with our work for the day, when a voice stopped us. We looked back and saw a little girl with a heavy sack. She said "Ap mera kuda kab le kar jaoge?"

Anshi, the little girl, was eight years old. She was the smallest participant in PRAWAH. She was joyful to be a part of this.

We are successful in bringing together young children for a waste management activity. The participation of youths ensures that in time to come the world will be a better place. We are glad to be able to help educate these children about waste separation for proper waste disposal.



### Leading the way for holistic agriculture

To supplement organic farming in the Himalayan region, it is imperative that we use organic manure for farming. Coupled with animal husbandry, it can also boost livelihood opportunities in the region.

We distributed 10+ cows to selected women in Dewar and Worli of Pokhri block of Chamoli, Uttarakhand. We are enthusiastic to embark on this new journey in assisting them with animal husbandry training and assisting them in improving and enhancing the livelihood of these women.



# Giving answers to the most difficult questions

Menstruation is the process of a young girl transforming into a woman. Openly discussing menstruation has always been frowned upon. We have grown up in an environment where we are not allowed to discuss it. But why not discuss it? My body bleeds to take the human race forward, and I shall speak proudly about it with my head held high.

Together, we can break this taboo. Let us normalise periods from a young age by spreading awareness and talking fearlessly about them. We covered 25 schools with over 4000 students.

### **Exposure visit: How is it done?**

The best way to understand a task is to have hands-on experience. Pineapple farmers from Nalkatta and Kanchancherra of the Dhalai district of Tripura were taken to Darchoi (Unakoti district) for an exposure visit under the Pineapple Cultivation Project. The farmers learned about organic pineapple farming and the scientific method of farming and also saw an integrated fruit processing unit. For the first time, the farmers witnessed how pineapple juice, pineapple jam, tamarind pickle and flour were made. There was a lot of happiness and satisfaction among the farmers. A total of 11 participants attended.



### **Corporate commitment towards Sewa**

To understand their social responsibility and give back to the community, Technip FMC joined hands with Sewa International to be a part of the plantation drive in Delhi NCR. The spirit of saving our environment becomes stronger when we all join hands together. We are proud to be joined by 25 employees in the planting of 300+ saplings.



# Making the winter less harsh

This winter is even merciless to those who have access to a heater at their home and workplace. The mere thought of how people especially children are surviving the cold weather is appalling.

We were blessed to be amongst these smiling faces recently. Their eyes beamed at the sight of blankets and caps. We covered 200 children from Prayas Children's Home for Boys and Ambedkar Basti Karol bagh in February.



