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Lakeview East 

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### **EDITORIAL**

Publisher: BOI Magazine, Inc.

**Editor:** Nate Daniels

Feature Editor: Mike at Night
Graphic Design: Titanium Graphics
Layout Specialist: Angel Christopher
Multi-Media: Media Services Management

Al Staff Assistant: boiBOT

### COVER

Cover Art: Designed by Jeni Moore Original Artwork by: Lea Alboher, Kelsey Merkle, Lidia Wylangowska, Greta Sandquist, Autumn Justine Miller, McKenzie Fisk, Alex Grimmer, Anastasia Alexandrin, Karina Llergo

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National Media Rep: Rivendell Media 908.232.2021 www.RivendellMedia.com

### DISTRIBUTION

Chicago & Suburbs: DSE (Delivery Service Enterprises)
World Wide Distribution: Heyzine Media Network

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### The Midwest Music Market Place at Rivers Casino on

Oct 5 The Midwest Music Marketplace is an inaugural "premiere

event" for music vendors and collectors, scheduled for Sunday, October 5, 2025, from 10:00 am to 4:00 pm at Rivers Casino in Des Plaines. The event is a new approach to the traditional record show, with Rivers Casino acting as a "partner" to help create a high-end, destination event that will attract both dedicated collectors and casual music fans. It will feature up to 100 tables of vendors, and admission is free, though attendees must be 21 or older to enter the casino.

### Marina's Bistro & Rum Bar on Magnolia & Wilson in Uptown

Marina's Bistro & Rum Bar is an authentic Puerto Rican restaurant located in Chicago's Uptown District. The bistro is owned and operated by Chef Eric Roldan, a member of the LGBTQ+ community who named the restaurant after his late mother. The



menu features traditional dishes like Mofongos, Arroz con Gandules, and Jibaritos, and is praised for its "unforgettable food and hospitable atmosphere". Customer reviews highlight the "guava butter" as a must-try item and note the bistro's colorful and inclusive environment.



## Lakeview East Festival of the Arts on Sept 13-14

The Lakeview East Festival of the Arts, held on September

13–14, is a premier fine art festival in its 20th year, attracting over 45,000 attendees. Rated as the "#1 Fine Arts Festival in Chicago" and "#2 in Illinois," the event showcases over 125 juried artists featuring a wide range of works from paintings and sculpture to photography and jewelry. The festival also offers live music, food, and family activities. It is free to attend, with a suggested donation at the gates to support the event.

### Naper Pride Sept 13 in Naperville

The Naper Pride Fest is a single-day, familyfriendly LGBTQIA+ festival in its fourth year, taking place at



Naper Settlement in Naperville, IL. The event, which aims to bring together people "from all walks of life," will feature live performances, a beer garden, and vendors offering a variety of goods and services. The festival's date is listed as September 13, 2025, but a conflicting source lists it as Saturday, September 10.

#### Las Mananitas Mexican Restaurant on Halsted St

Las Mananitas Mexican Restaurant, located on Halsted Street, offers "Tex-Mex Specialties"

# LAS MAÑANITAS

and is a local favorite in Chicago's Lakeview/Boystown/ Wrigleville neighborhood. The restaurant is known for its "killer margaritas" and authentic dishes, which have been praised by customers. They are truly a part of the community, even owner Gloria, Mike and staff were there to support the fundraiser for the <a href="ChicagoArtsCenter.org">ChicagoArtsCenter.org</a>, providing all the beverages and water for the fundraising event at Space Park.



### Reeling Film Festival Sept 19-28 Reeling

The Chicago LGBTQ+ International Film Festival, now in its 43rd year, is the

second-longest running LGBTQ+ film festival of its kind in the world. The festival runs from September 19–28, 2025, and is a production of the non-profit Chicago Filmmakers. It is known for showcasing a diverse range of genres and stories that are often "misrepresented or ignored in mainstream film and television," including an animated film as its opener. Screenings will be held at Chicago Filmmakers and Landmark Century Centre Cinemas.



### Byron's Hot Dogs Two Locations, North Side Chicago Byron's

Hot Dogs is an "Iconic Northside" establishment with two Chicago locations, one on Irving Park Road and the other on West Lawrence Avenue. The restaurant offers a variety of hot dogs and other sandwiches, including a "Chicago style" hot dog with a full list of toppings, such as mustard, relish, onions, lettuce, tomatoes, green peppers, cucumbers, and celery salt. A family-owned business since 1975, Byron's is known for its support of the community and its involvement in various events, including PrideFest, the Chicago Ribfest and the Chicago Hot Dog Fest. The restaurant's owner, Mike, has been a longtime supporter of the community, and has donated hot dogs for a <a href="ChicagoArtsCenter.org">ChicagoArtsCenter.org</a> fundraising event, where a "Mike" is cited for his food contributions. TY!

### 64TEN aka Leather64TEN Harness Sale

Usually a sale is just a sale, but besides this being just a seasonal leather harness sale, the owner Eric, and his 64TEN Crew Michael, Brad, Chris, and others on 'da team, are not only the merchants, but they're also the



designers and fitters of the 64TEN leather brand, exclusively sold at 64TEN north Clark St., Chicago. Earlier this year I did what I thought was going to be a casual interview with Eric Kugelman, which turned out to be a full expose, which included a tremendous amount of contributions that Eric, and crew at the store, have made to the LGBTQ+++xyz community, and beyond! Big thanks to him for his generous support for the <a href="ChicagoArtsCenter.org">ChicagoArtsCenter.org</a> fundraising event!

### IMPORTANT FACTS FOR BIKTARVY®

This is only a brief summary of important information about BIKTARVY\* and does not replace talking to your healthcare provider about your condition and your treatment.

(bik-TAR-vee)

#### MOST IMPORTANT INFORMATION ABOUT BIKTARVY

#### BIKTARVY may cause serious side effects, including:

Worsening of hepatitis B (HBV) infection. Your healthcare provider will test you for HBV. If you have both HIV-1 and HBV, your HBV may suddenly get worse if you stop taking BIKTARVY. Do not stop taking BIKTARVY without first talking to your healthcare provider, as they will need to check your health regularly for several months, and may give you HBV medicine.

### **ABOUT BIKTARVY**

BIKTARVY is a complete, 1-pill, once-a-day prescription medicine used to treat HIV-1 in adults and children who weigh at least 55 pounds. It can either be used in people who have never taken HIV-1 medicines before, or people who are replacing their current HIV-1 medicines and whose healthcare provider determines they meet certain requirements.

**BIKTARVY does not cure HIV-1 or AIDS.** HIV-1 is the virus that causes AIDS.

### Do NOT take BIKTARVY if you also take a medicine that contains:

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- ▶ rifampin
- > any other medicines to treat HIV-1

### **BEFORE TAKING BIKTARVY**

#### Tell your healthcare provider if you:

- Have or have had any kidney or liver problems, including hepatitis infection.
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### Tell your healthcare provider about all the medicines you take:

- Keep a list that includes all prescription and over-thecounter medicines, antacids, laxatives, vitamins, and herbal supplements, and show it to your healthcare provider and pharmacist.
- BIKTARVY and other medicines may affect each other. Ask your healthcare provider and pharmacist about medicines that interact with BIKTARVY, and ask if it is safe to take BIKTARVY with all your other medicines.

#### POSSIBLE SIDE EFFECTS OF BIKTARVY

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- Those in the "Most Important Information About BIKTARVY" section.
- Changes in your immune system. Your immune system may get stronger and begin to fight infections that may have been hidden in your body. Tell your healthcare provider if you have any new symptoms after you start taking BIKTARVY.
- Kidney problems, including kidney failure. Your healthcare provider should do blood and urine tests to check your kidneys. If you develop new or worse kidney problems, they may tell you to stop taking BIKTARVY.
- Too much lactic acid in your blood (lactic acidosis), which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- b Severe liver problems, which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark "tea-colored" urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.
- The most common side effects of BIKTARVY in clinical studies were diarrhea (6%), nausea (6%), and headache (5%).

These are not all the possible side effects of BIKTARVY. Tell your healthcare provider right away if you have any new symptoms while taking BIKTARVY.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.FDA.gov/medwatch or call 1-800-FDA-1088.

Your healthcare provider will need to do tests to monitor your health before and during treatment with BIKTARVY.

### **HOW TO TAKE BIKTARVY**

Take BIKTARVY 1 time each day with or without food.

### **GET MORE INFORMATION**

- This is only a brief summary of important information about BIKTARVY. Talk to your healthcare provider or pharmacist to learn more.
- ▶ Go to BIKTARVY.com or call 1-800-GILEAD-5.
- If you need help paying for your medicine, visit BIKTARVY.com for program information.



# BIKTARVY® is the #1 prescribed\* HIV treatment for 6 years.

Source: IQVIA LAAD, July 2018 through July 2024.\*





Hugo is still undetectable with BIKTARVY. *Undetectable* means the virus in his blood is so low that it can't be measured in a lab test.

BIKTARVY is a complete, 1-pill, once-a-day prescription medicine used to treat HIV-1 in certain adults.

BIKTARVY does not cure HIV-1 or AIDS.

Ask your healthcare provider if BIKTARVY is right for you.

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Please see Important Facts about BIKTARVY, including important warnings, on the previous page and at BIKTARVY.com.



# The Lakeview East Festival of the Arts



Showcasing more than 150 artist exhibits featuring paintings, sculpture, photography, furniture, jewelry and more. These original pieces are for sale in a wide price range. Over the last two decades, the festival has become a center of activity for the weekend with live demonstrations, entertainment stages, family activities and a garden oasis.

For 20 years, the Lakeview East



Chamber of Commerce has presented one of the most unique and popular art festivals in Chicago. Every aspect, from artists to musicians to vendors and everything in between, is specifically selected, bringing the best to the Lakeview.



### SATURDAY, SEPT 13 FESTIVAL OF THE ARTS 11am-7pm

LIVE MUSIC UNTIL 10pm

### **Main Stage**

12:00pm **Dana Maragos** 

Steve Dawson and Diane Christiansen

2:30pm **Gerald Dowd** 

4:00pm **Gerald McClendon** 

5:30pm Nelson Street Revival

7:30pm **Simple Remedy** 

9:00pm Charlie Otto + His Gear



### **Roscoe Stage**

12:00pm **John Huss** 

1:30pm **Anxiety Patrol** 

3:00pm Back Alley

4:30pm Todd Allison & The Kind Force

6:00pm **Shadowfields** 



### **SUNDAY, SEPT 14**

### **Main Stage**

11:45am **Gerry Hundt Trio** 

1:00pm **The Band Calderisi** 

2:30pm Miss Barbara Clifford & The Shakin' Tailfeathers

4:00pm Fox Crossing Stringband

5:30pm Mr. Blotto



### **Roscoe Stage**

12:00pm **Steve Hashimoto Duo** 

1:30pm VRTUE

3:00pm Kent Rose & The Remedies

4:30pm **Redbud Park** 

6:00pm Robert Rolfe Fedderson

# **Celebrating 20 years**





**September 13 + 14, 2025** 

Festival of the Arts 11am – 7pm Live Music until 10pm

LakeviewEastFestivaloftheArts.com

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# In CONCERT

Jorge Suarezz

Quest formed two years ago and I was able to catch them in concert closer to my home when they performed at Local Bar & Grill in Wood Dale, IL. Since then, they have performed in numerous venues throughout Chicagoland and suburbs. Quest is the premier "Queen, Elton John, and Supertramp," tribute band out of Chicago.

The band consists of Ricky
Rivera on vocals and bass.
Ricky sings Freddy Mercury
and some Roger Hodgson.
Michael Muldowney on
vocals and piano. Michaels
sings Elton John. Joshwa
Motley on vocals and guitar.
Joshwa sings some Elton John,
Queen, and Supertramp.
Chris Charles Arnold on sax,
organ, clavinet, harmonica,
and other instruments, and
Matt Gulli on vocals and drums
and sings some Supertramp.

If you're wondering how this band came to this point, let me explain. Putting together a strong tribute band takes far more than just technical skill. It's about passion, chemistry, and dedication. Each member must not only be musically talented, but also versatile enough to capture the sound, energy, and personality of the artists they are covering.



A successful tribute band such as Quest that can recreate Queen, Elton John, and Supertramp, requires vocal range, instrumental precision, and the ability to work as a tight unit to reproduce all three artists and their bands. Just as important is the shared love of music, bandmates need to drive to rehearse tirelessly, the creativity to bring songs to life on stage, and the passion to honor the legacy of the original recording artists, while giving audiences an unforgettable experience. It's equal parts talent, teamwork, and genuine devotion to the music. With that, comes Quest!

Upcoming Quest performances will include:
October 4th at **Madcats** in **Palatine**, December 20th at **Tony D's** in **Elmwood Park**, January 24th at **Evenflow** in **Geneva**, and a show pending for October 18th which will be announced soon. I refer to tribute bands as "custodians of history" They carry the weight of recreating iconic sounds for audiences who may never have had the chance to see the original recording artists. For younger tribute bands, the pressure is real. Fans of classic rock are deeply passionate and demand authenticity. Modern day tribute bands are bridging generations, honoring the legends while ensuring the next wave of listeners keep the classic rock vibe alive and loud!



### **Oakton Street Antique Center**

Let me expand on the importance of our beloved antique malls and how they are popular with the younger generation. Why? Perhaps it's because antiques are created from the best material, and more environmental friendlier than modern alternatives.



In short, you get the best, in most cases, expert handmade, best quality, and made to last longer thereby reducing waste and consumption. It's a matter of timeless hand crafted beauty versus a conveyor belt of cheaply produced plastic or metal cranked out at a high rate to hit store shelves at a discount price. It's all about the craftsmanship, character, and history of a vintage item, versus a mass-produced item.

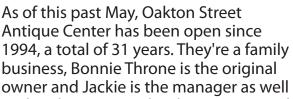
Yet the more wiser individual can live in the present, while admiring the past. The fact is, the past created the blueprint for beauty and quality



to survive the test of time. It's up to the younger generation to pass it along.

**Oakton Street Antique Center** is at 2430 E. Oakton Street, Arlington Heights, Illinois, just west of Elmhurst Road and is near Interstate 90. I've dropped into this antique mall on several occasions over the last several years, there's always more to see, and discover.

I recently revisited and ran into booth D3/D8, where I purchased a large vintage camera collection in 2017. The owners consist of mother and daughter team of **Jackie Krause** & **Bonnie Throne** pictured next to the 1958 Seeburg jukebox! Per Jackie, "it's not for sale, only for in-store entertainment. Our customers do really enjoy it, we often catch people dancing in the aisles".





as daughter. Bonnie has been interested in antiques almost her entire life, inspired by her Aunt Molly. Our store is home to approximately 60 dealers, with 75 booths across 12,000 square feet".

She says, "In my opinion, that's part of what makes our store so awesome: the extreme variety that our many dealers carry appeals to every type of collector, both old and young buyers". There's something for everyone, generally. One has to appreciate the time and effort it takes to create such an ambience. Sixty dealers with seventy five booths under one roof, displaying their love for something from the past and basically keeping the vintage dream alive. Hats off to all for this enormous feat!

Though I spent a short time browsing, I was sure to keep an eye for as much beauty as I can post. Here you will find artwork, home décor, jewelry, vintage gaming, toys, mid-century modern furniture, cameras, militaria, coins, and more. There was a large collection of vinyl, as well as vintage stereo equipment, posters, etc. As always, I will revisit and update as time permits. Thanks to Jackie and Bonnie for their hospitality, warmth, and kindness. Their hours of operation are Monday through Saturday from 10am to 6pm, Sundays until 5:30pm. You can reach out to them at (847) 437-2514.

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TRAX RECORDS commemorates its 40th Anniversary with a bold Collection, presenting a multi-format release that captures the essence of the label's past, present, and future. Curated by artist and provocateur Jorge, the collection has been roll out digitally, along with limited-edition vinyl pressings, released on June 20, 2025.

The release package serves as a masterclass in house music's evolution, pairing foundational artists like Frankie Knuckles, Marshall Jefferson, Phuture, Ron Hardy, Armando, and Paul Johnson with boundary-pushing producers including Jorge, Hiroko Yamamura, and Analog 87. From iconic anthems like "Move Your Body" and "Your Love" to genre-blending remixes and experimental deep cuts.

The compilation underscores Trax's role as innovator, that prides itself as a record label collaborator in the music industry, as seen, and heard, by the release of this four decade compilation.





Though I enjoy browsing thru antique malls, I keep an eye out for anything music related. I have found and purchased collections of old time radios, stereo equipment, posters, music memorabilia, etc. This post is dedicated to the various collections of classic rock/dance vinyl which I came across. You can join Out N About on Facebook to view more pics and extended videos. I definitely plan on returning soon and making a few vinyl purchases.

My next interest was for small, miscellaneous, and hard to find items, or as American Pickers call it, "smalls". These are items placed in glass cases or shelves that are considered quick selling collectibles.

A perfect example are Hot Wheels, promo buttons and pins, especially presidential buttons as well as concert pins, military, etc. Tour or backstage passes, 45rpm records, key chains, comic books, to bigger items such as Star Wars figures, soda bottles, etc. These are items that catch attention and lure you into becoming a collector.

I enjoy visiting antique malls as much as concerts. There are decades of beauty that bring parties and collectors together, just as concerts draw music collectors. Again, a special thanks to Bonnie and Jackie and I hope to visit soon. Remember to keep an eye out for record shows as well.



Both bring out the best of classic music from our past. These are great places to dive into record bins, revisit stereo equipment that we purchased in our youth, or just strike up a conversation with the experts. You can friend Oakton Street Antique Center on Facebook or visit their website for hours of operation and more details. Don't forget to join "Out 'n About" group page on Facebook, which is an extension of Facebook.com/boiMAGazine.



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# 5 Ways to Prioritize Self-Care During the Busy Season

The upcoming holiday seasons are right around the corner, and often accompanied by packed schedules filled with travel, family gatherings and long days outdoors, making it easy to let wellness habits slip.

However, prioritizing self-care can make a big difference in how you feel and function so you can fully enjoy everything on your sunshine-filled schedule all season long.

To help you out, Registered Dietitian and Nutritionist Dawn Jackson Blatner offers the following pro tips.

### 1. Refresh your space

When life feels chaotic, a cluttered space can make it worse. But you don't have to overhaul everything. Start small! Pick one spot each week to tidy, like your car, work bag or fridge.

As part of the refresh, Blatner suggests adding something small to your daily spaces that sparks joy. It could be color, music or a meaningful item that reminds you to take care of yourself, even during the busiest days.

### 2. Unplug

It can be easy to mindlessly scroll on your phone or other devices. You don't have to give up your electronics, but setting digital boundaries can help reduce your screen time. Schedule time in your day for screen-free outdoor time to reduce stress and soak up mood-boosting vitamin D.

### 3. Eat what makes you feel good

Focus on eating foods that taste good and make you feel nourished and happy. Blatner recommends keeping a feel-good



fridge zone with pre-chopped veggies, hard-boiled eggs for grab-and-go protein, antioxidant-packed snacks like seasonal berries and infused water jars with herbs and citrus.

### 4. Make movement fun

Does the thought of hitting the gym or going on a run fill you with dread? Don't force yourself to do an exercise you don't enjoy. Instead of traditional workouts, embrace playful movement outdoors like paddleboarding, bike riding, beach volleyball or even dance classes to keep fitness fun and consistent.

### 5. Make a sweet, protein-packed snack

Satisfy your sweet tooth with a homemade treat made from high-quality ingredients like Blatner's recipe for Protein Cookie Bites. They're a deliciously crave-worthy yet nourishing snack to tackle those sweet cravings throughout your day.

These protein bites are made with Eggland's Best eggs, so you can savor every bite knowing that these eggs contain 10 times more Vitamin E compared to ordinary eggs. This powerful antioxidant helps protect cells from oxidative stress, which is especially helpful during the hotter months when sun exposure increases.

EB eggs also have six times more Vitamin D compared to ordinary eggs, which supports bone health, immune function and mood regulation.

RECIPE for Protein Cookie Bites on Following Page





Prep time: 10 minutes
Cook time: 8 minutes Vi

Cook time: 8 minutes Yield: 24

### **INGREDIENTS**

2 Eggland's Best Eggs, large

1/2 cup natural peanut butter

4 tablespoons maple syrup

1/2 cup vanilla protein powder

1/2 cup rolled oats

1/4 cup dark chocolate chips

1/4 teaspoon sea salt

### **PREPARATION**

- 1. Preheat oven to 350 degrees F.
- 2. In a medium bowl, whisk Eggland's Best eggs and stir in peanut butter and maple syrup.
- 3. Add in protein powder and oats and stir until fully mixed. Then, fold in chocolate chips.
- 4. Scoop the batter into 24 mounds on a parchment-lined baking sheet and top each with a pinch of salt.
- 5. Bake about 8 minutes or until bottoms are golden. Let cool for 15 minutes & enjoy.

Storage: Store in an airtight container at room temperature for up to three days, in the fridge for up to seven days, or freeze for up to three months.

To find other recipes like this one, visit EgglandsBest.com.

Don't forget to take care of yourself no matter how busy the summer gets! Using these five pro tips, you'll be able to prioritize self-care, even with a packed schedule.





# 

SALE . SALE . SALE . SALE . SALE . SALE



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# UNCENSORED

by: Screamin' Rachael

Recording Artist, Entrepreneur, Publisher, Music Mogul, House Music Icon, sometimes Controversial, with a dash of Opinionism for good measure.

The opinions offered in this column are "uncensored" and are intended for "open dialog" and "entertainment purposes" only. Use of this column not intended to replace or be a substitute for any professional, financial, legal, advice or any other professional service. The opinions or views expressed in this column are those of the columnist, and not necessarily those of anyone else.

When I stepped onto the stage at Camp Wonkru in Alton, NYC, I knew this was no ordinary festival. Unlike the hyper-commercialized blowouts like Lollapalooza, Camp Wonkru thrives on raw energy, freedom, and a true underground spirit. It was about connection, not spectacle.

I gave the crowd all sides of me, singing, screaming, and DJing, a triple threat that has always defined Screamin' Rachael. Backed by my keyboard player Chillsesh, who layered melodies that flowed like electricity, I also unleashed the Roland TB-303 live, giving everyone a taste of true Acid House.

That squelchy bass-line pulsed like a heartbeat through the forest air, reminding everyone why house music will never die.

and from there **Sugar Lip**, a powerhouse and believer in female DJs and artists, insisted I headline the main stage.

She and Dr.
Leef both told
me that people
had been
congratulating
them for days
afterward about
my performance
and asking

and asking about us. Hearing that made me feel so proud and unbelievably happy, knowing the energy we shared on stage truly connected. What made **Camp**Wonkru special wasn't just the performance, it was the people. I met the Wooks, modernday hippies whose open hearts and free spirits gave the event its soul. Among the Wooks, one of the standout moments came from **DJ Krystal** 

**Klarity**. He brought his

own powerful energy

to the Bass Stage, one of the five stages at Camp Wonkru, while our crew held down the Main Stage. His set captured the spirit of the underground perfectly, with deep grooves and heavy textures that rattled

the earth.

Klarity's
performance
was a
highlight
of the Bass
Stage,
proving that
Wonkru
thrived not
only on the
Main Stage
but across
all its diverse
platforms.



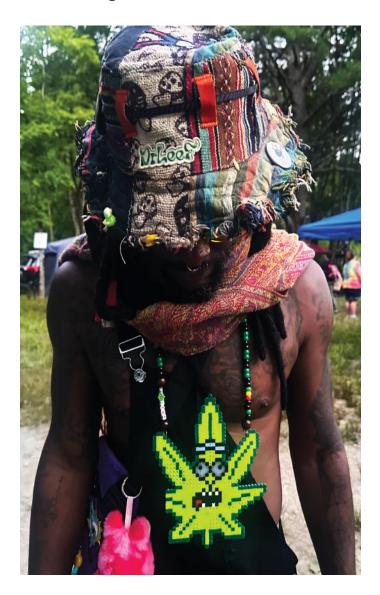
Big thanks to my sponsor, **Dr. Leef,** who keeps the creative fire alive by supporting artists who dare to keep it real. And none of this would have happened without Pop Queen Radio out of **Buffalo**, NY. I first connected with them through **Darla Kogan**. better known as Trinidad **Trax**. who I met alongside my dear friend **DJ Keoki**, whom she manages, at our WMC concert in Miami. Darla made that initial introduction to the station,

Bass, the sound that Klarity embodied, is more than just a name, it's a strain of house music built on massive low-end frequencies and sculpted basslines.

>>> MORE Uncensored >>>

### UNCENSORED

It draws from dubstep, drum & bass, garage, and grime, creating tracks that are design-driven, trance-inducing, and terrain-shaking. It's the kind of music that doesn't just get heard, it's felt. At Wonkru, Bass had the perfect environment. The forest air, a wild crowd, and subs that made the ground tremble.



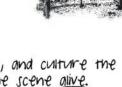


# WHAT IS



camp Wonkru is a Movement built on Peace, Love, unity, and Respect, not as a slogan, but as a way of organizing. A temporary autonomus zone where we make the rules. Where we take care of each other. Where we leave inspired, not drained.

Wonkru is a return to the roots. A 72-hour rave camp in the forests of Afton, NY - with multiple stages immersive art, workshops, and loo acres of self-expression, all built by the community.

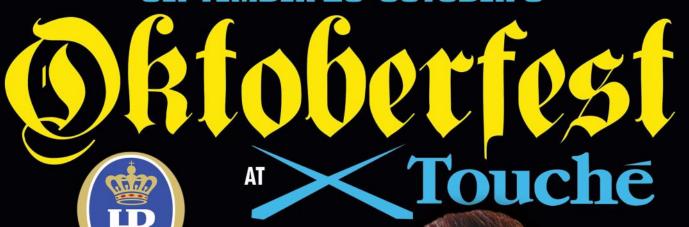


It's not about headliners. It's about crews, collectives, and culture the people who actually keep the scene alive. this is where they converge.

It's about reclaiming space for art, noise, chaos, and healing.

Camp Wonkru reminded me why I fell in love with this scene in the first place. It was real, raw, and unforgettable. I can't wait to come back next year and scream even louder! And as the weekend came to a close, I couldn't help but feel that Camp Wonkru was the perfect way to wrap up summer. It carried us through the season with music, passion, and connection, and now it sets the stage for an exciting vision as we head into fall.

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SALSA ------ 6PM-7PM TUESDAY

SR. GOLDEN

..... 9AM-10AM MOVES

WEIGHT

..... 5PM-6PM TRAINING

WEDNESDAY

WEIGHT ..... 9AM-10AM

TRAINING

QI GONG ..... 5PM-6PM

XCO LATIN

..... 6PM-7PM DANCE "

**THURSDAY** 

SR. GOLDEN

..... 9AM-10AM MOVES

..... 6PM-7PM YOGA

..... 7PM-8PM HIIT

FRIDAY

..... 9AM-10AM ZUMBA

WEIGHT ..... 5PM-6PM **AEROBICS** 

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### CALL TO ACTION!

by Mike at Night

Earlier this year, the boiMAGazine staff volunteered in helping upstart ChicagoArtsCenter.org, a non-profit, 501c3 organization, who's on an immediate mission to help combat post pandemic, smart-device addictions.





These dependencies on smart-devices have impacted those growing up pre-COVID-19 era, mostly due to long-term mandatory lockdowns, forcing them to become co-dependent on computers, and devices, such as tablets, pads, smart-phones, gaming, etc.

Especially GEN-Alpha, effected the most who's now suffering from chronic, excessive screen time habits, going beyond typical use, causing all sorts of physical, mental, and social disorders, including isolation!

I'm sure you've noticed small children and teens on devices in restaurants, at the family table, or children that isolate themselves in their bedroom. Currently, we're raising funds to launch the "Chicago's Got Moves" Dance Fitness Program, to help combat smart-device addictions among youth.

The program is designed to promote healthy activities, and be an alternative that instead, will have a positive effect physically, mentally and socially.

With your help, we can have an immediate effect by donating any amount to this important mission!

Donate link / QR Code!
Go to the below link and
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ChicagoArtsCenter.org







## **Facts on Emerging Technology Trends**

New technology trends refer to the prevailing developments, innovations, and advancements in the world of technology

### What are technology trends?

New technology trends refer to the prevailing developments, innovations, and advancements in the world of technology. These trends often shape the direction of industries, businesses, and society as a whole, influencing how we interact, work, and live.

# Why are new technology trends important?

Following new technology trends is crucial for individuals and businesses alike because it allows them to stay competitive and relevant in a rapidly evolving digital landscape. By keeping abreast of emerging technologies, one can make informed decisions about adopting new tools, improving processes, and leveraging opportunities for growth.

# Is it beneficial to get a certification in a tech field?

Yes, getting a certification in a trending tech field can be highly beneficial for your career. Here's why:

- Industry Recognition
- Career Growth
- Updated Skills
- Competitive Advantage
- Networking Opportunities

### Don't have a tech background?

Many tech fields welcome professionals from non-tech backgrounds.

With the right training, certifications, and hands-on practice, you can build the necessary skills. Start with beginner-friendly courses in areas like data analytics, cybersecurity, cloud computing, or programming. Many companies also value problem-solving, analytical thinking, and adaptability, skills that can come from any background.



Technology visions continuing into 2026 include quantum computing, AR/VR integration, 6G connectivity, cybersecurity advancements, sustainable tech, blockchain applications, edge computing, biotechnology innovations, and autonomous systems.

Skills in demand will now include AI and machine learning expertise, cybersecurity, quantum computing, data science, cloud computing, AR/VR development, blockchain, and sustainability-focused tech skills.

Al, especially Agentic Al, quantum computing, cybersecurity, and sustainable technologies are considered the most promising for future growth and impact across industries.

The highest-paying tech fields typically include:

- Artificial Intelligence & Machine Learning
- Cybersecurity
- Cloud Computing
- Data Science & Analytics
- Software Development
- Blockchain Technology



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Growing reach of AI is another new trend, which has rapidly emerged as a major focus of interest and experimentation in enterprise and consumer technology. AI is now on it's way to combine the flexibility and generality of AI foundation models with the ability to act in the world by creating "virtual coworkers" that can autonomously plan and execute multistep workflows. Although quantitative measures of interest and equity investment levels are as yet relatively low compared with more established trends,

Al is also the primary catalyst for another trend to note, application-specific semiconductors. While the semiconductor layer of the technology stack have long been key enablers of other tech trends, innovations in semiconductors have spiked as reflected in quantitative metrics such as number of patents. These innovations have come in response to exponentially higher demands for computing capacity, memory, and networking for AI training and inference, as well as a need to manage cost, heat, and electric power consumption. This has given rise to a slew of new products, new competitors, and new ecosystems.

Technology trends also have a variety of profiles along the dimensions we analyzed. Al is a widely applicable, general-purpose technology with use cases in every industry and business function, and thus lots of innovation and interest, and it is scaling rapidly across the business landscape.

Quantum technologies have a different profile. Quantum computing has the potential for transformative impact in certain critical domains, such as cryptography and material science, and the basic technology continues to be developed. Recent announcements, particularly by technology giants, have sparked increased interest, but real-world business impact will require even more technology advancements to make quantum computing practical.

Other trends and subtrends vary across the multiple dimensions we analyzed, offering different approaches, from watchful waiting to aggressive deployment, to business leaders depending on their industries and competitive positions.



From the rise of robotics and autonomous systems to the imperative for responsible Al innovations, this year's technology developments underscore a future where technology is more adaptive, collaborative, and integral to solving global problems. This is illuminated by themes that cut across trends this year:

### **The Rise of Autonomous Systems**

Autonomous systems, including physical robots and digital agents, are moving from pilot projects to practical applications. These systems aren't just executing tasks; they're starting to learn, adapt, and collaborate. Autonomy is moving toward broad deployment, whether through coordinating last-mile logistics, navigating dynamic environments, or acting as virtual coworkers, among other skills.

### **Human-Machine Collaboration Models**

Human-machine interaction is entering a new phase defined by more natural interfaces, multimodal inputs, and adaptive intelligence. From immersive training environments and haptic robotics to voice-driven copilots and sensor-enabled wearables, technology is becoming more responsive to human intent and behavior. This evolution is shifting the narrative from human replacement to augmentation, enabling more natural, productive collaboration between people and intelligent systems. As machines get better at interpreting context, the boundary between operator and cocreator continues to dissolve.

>>> MORE TECH TRENDS >>>

# TECH TRENDS

>>> Continued >>>

### **Scaling Challenges**

The surging demand for computeintensive workloads, especially from gen Al, robotics, and immersive environments, is creating new demands on global infrastructure.

Data center power constraints, physical network vulnerabilities, and rising compute demands have exposed cracks in global infrastructure. But the challenge isn't just technical, supply chain delays, labor shortages, and regulatory friction around grid access and permitting are slowing deployments. As a result, scaling now means solving not only for technical architecture and efficient design but also for the messy, real-world challenges in talent, policy, and execution.

### **Global Competition**

Global competition over critical technologies has intensified. Countries and corporations have doubled down on sovereign infrastructure, localized chip fabrication, and funding technology initiatives such as quantum labs. This push for self-sufficiency isn't just about security; it's about reducing exposure to geopolitical risk and owning the next wave of value creation. The result is a new era of tech-driven competition where nations have a stake in critical industries.

Scale and specialization are growing simultaneously. Growth on these vectors is enabled by innovation in cloud services and advanced connectivity. On one hand, we see rapid growth in general-purpose model training infrastructure in vast, power-hungry data centers, while on the other, we observe accelerating innovation "at the edge," with lower-power technology embedded in phones, cars, home controls, and industrial devices.



This is creating ecosystems that deliver massive large language models with staggering parameter counts, as well as a growing range of domain-specific Al tools that can run almost anywhere. Leaders will balance centralized scale with localized control: Think modular microgrids for clean energy or bespoke robotics for niche manufacturing.

### **Innovation Imperatives**

As technologies become more powerful and more personal, trust is increasingly the gatekeeper to adoption. Companies face growing pressure to demonstrate transparency, fairness, and accountability, whether in Al models, gene editing pipelines, or immersive platforms. Ethics are no longer just the right thing to do but rather strategic levers in deployment that can accelerate—or stall—scaling, investment, and long-term impact.

After a year in which the macroeconomic environment and broader market weakness provoked significant declines in equity financing for technology across several of our trends.

The investment climate for frontier technologies stabilized and, in many cases, rebounded last year in 2024.

Levels of equity investment in trends such as cloud and edge computing, bioengineering, and space technologies increased despite the broader market dip in 2023, while investments in other trends, such as AI and robotics, dipped only to recover to higher levels in 2024 than they achieved two years prior. The two trends with the highest levels of equity investment, the future of energy and sustainability technologies and the future of mobility, declined overall in 2023. but the former bounced back in 2024.

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