




Muskie Community Center

DINING MENU

August 2025

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All lunches are served with 1% milk, water, and fruit salad.</p> <p>Community Fundraising make the following available: Coffee, Tea and Desserts.</p>	<p><u>Breakfast Buffet</u> Served every Friday from 8 - 9:30 a.m. Cost: \$8 per person</p>			<p><u>Breakfast Buffet</u> Lemon Butter Haddock Parsley Potato Zucchini or Salad Bar Dinner Roll</p>
<p>4 Burger & Oven Fries Mixed Vegetable Or Salad Bar Burger Roll</p>	<p>5 Spaghetti & Meatballs Carrots or Salad Bar Dinner Roll</p>	<p>6 Sausage Black Beans & Rice Cauliflower or Salad Bar Dinner Roll</p>	<p>7 BBQ Chicken Baked Beans Zucchini or Salad Bar Corn Bread</p>	<p><u>Breakfast Buffet</u> 8 Salmon Pie Roasted Red Potatoes Spinach or Salad Bar Dinner Roll</p>
<p>11 Sausage or Meatball Peppers & Onions Oven Fries Coleslaw or Salad Bar Sub Rolls</p>	<p>12 Ham & Scalloped Potato Casserole Carrot or Salad Bar Dinner Roll</p>	<p>13 Tuscan Chicken With White Beans Broccoli or Salad Bar Dinner Roll</p>	<p>14 Roast Pork Sweet Potato Vegetable Medley or Salad Bar Dinner Roll</p>	<p>15 <u>Breakfast Buffet</u> Baked Stuffed Haddock Rice Pilaf Peas or Salad Bar Dinner Roll</p>
<p>18 BBQ Beef Patty Parsley Potato Corn or Salad Bar Burger Roll or Dinner Roll</p>	<p>19 Chicken Florentine Penne Pasta Spinach or Salad Bar Dinner Roll</p>	<p>20 Pulled Pork Sandwich Baked Beans Summer Squash Or Salad Bar Burger Bun</p>	<p>21 Chicken, Tuna, Egg Salads Pasta Salad Salad Bar Asst. Breads and Rolls</p>	<p>22 <u>Breakfast Buffet</u> Shrimp Scampi Linguini Zucchini or Salad Bar Dinner Roll</p>
<p>25 Chicken Cacciatore Penne Pasta Peas or Salad Bar Dinner Roll</p>	<p>26 Baked Ham Sweet Potato Cauliflower or Salar Bar Dinner Roll</p>	<p> For All Staff Day</p>	<p>28 Cuban Pork Rice Vegetable Medley or Salad Bar Dinner Roll</p>	<p>29 <u>Breakfast Buffet</u> Butter & Herb Haddock Baked Potato Carrots or Salad Bar Dinner Roll</p>

Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).
We are an equal opportunity provider.



Muskie Community Center

ACTIVITIES

August 2025

★ Special event/by appointment only

	TIME	ACTIVITY	COST
Mondays	By Appointment	★ Notary Services	Donations Accepted
	8 a.m. - 3 p.m.	★ Pool Table ~ Sign up at Reception - Veterans Play Free	\$5 per hour
	9 a.m. - 10 a.m.	Richard Simmons	\$2 per person
	10 a.m. - Noon	★ Wii Fit & Wii Games	\$2 per person
	12:30 - 2:30 p.m.	Mahjong- beginners are welcome!	\$2 per person
	★ Aug 25, Noon - 1 p.m.	★ Jones and his Boomerang Flying Machine	Donations Accepted
Tuesdays	8:30 a.m. - 3 p.m.	★ Pool Table- Sign up at reception- Veterans play Free!	\$5 per hour
	9 - 11 a.m.	★ Quilts & Crafts	\$2 per person
	10 a.m. - Noon	Wii Fit & Wii Games	\$2 per person
	10 a.m. - 1 p.m.	★ Computer/Phone Classes	\$7 Per Class
	Noon - 2:30 p.m.	★ Hand & Foot ~ Canasta ~ Rummy Type Card Game	\$2 per person
	1-2:30 p.m.	Muskie Music Makers	\$1 per person
	★ Aug 19 & 26, 9:30-11:30	★ Nature Journaling with Waterville Creates	\$3 per person
Wednesdays	★ Aug 26, 8 a.m. - Noon	★ Footcare Clinic with Certified Foot & Nail Care Nurse	\$55 per person
	By Appointment	★ Notary Services	Donations Accepted
	8:30 - 3 p.m.	★ Pool Table- Sign up at reception- Veterans play Free!	\$5 per hour
	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	9:30 - 10:30 a.m.	French Social Hour- Converse with others in French!	\$2 per person
	Noon - 2:30 p.m.	Cribbage	\$2 per person
	2 - 3:30 p.m.	★ Waterville Chess Club- Beginners are welcome!	\$2 per person
Thursdays	★ Aug 20, 1- 2:30p.m.	Family Caregiver Support Group	Free
	By Appointment	★ Notary Services	Donations Accepted
	8:30 a.m. - 3 p.m.	★ Pool Table- Sign up at reception- Veterans play Free!	\$5 per hour
	9 - 10:30 a.m.	Line Dancing	\$2 per person
	12:30 - 2:30 p.m.	★ Trivial Pursuit	\$2 per person
	★ Aug 7, 8 a.m. - 2 p.m.	★ Veterans Assistance- Veterans Service Office	Free
	★ Aug 14, 9:30 a.m. - 1:30 p.m.	★ Beltone Hearing Center	Free
Fridays	★ Aug 21, 9 a.m.- 1 p.m.	Power Hour with CMP Representative	Free
	★ Aug 28, 11- Noon	★ Detecting Scams with Waterville Police Department	Free
	8:30 - 3 p.m.	★ Pool Table- Sign up at reception- Veterans play Free!	\$5 per hour
	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	10 a.m. - Noon	★ Wii Fit & Wii Games	\$2 per person
	1 p.m.- 3 p.m.	"63" Card Game- Beginners Welcome!	\$2 per person
	★ Aug 22, 1 - 2:30 p.m.	★ Medicare 101 Clinic at Muskie	Donations Accepted

Rummage Sale at Muskie October 9th from 9AM - 3PM

We are currently accepting donations for any lightly used items that we can add to the Rummage Sale until October 8th. We will gladly accept household items, games, books, puzzles, decorations, jewelry, tools, art, etc..

For more information or to donate items, please visit the Muskie Community Center reception desk or call (207) 873-4745.



Spectrum Generations is an Equal Opportunity Provider. Please let us know if you require special accommodations at least two weeks prior to the event.