



# SAINT NICHOLAS

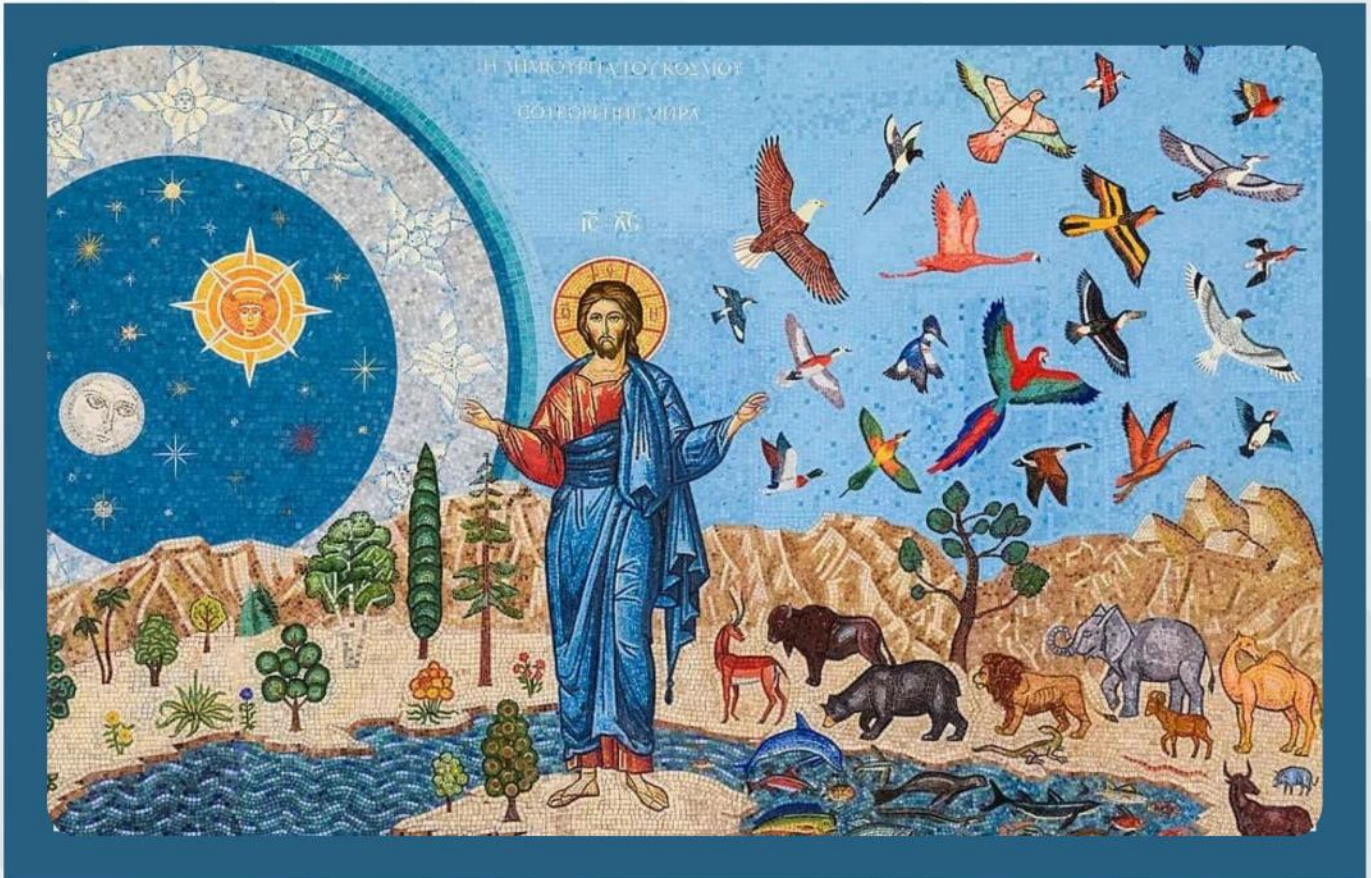
## GREEK ORTHODOX SHRINE CHURCH

REV. ECONOMOS FR. ARISTIDIS GARINIS, PASTOR

REV. PRESBYTER FR. ALEXANDROS DOUVRES

Sept-Oct-Nov 2025 Volume 1, Issue 3

stnicholasflushing.org



Apolytikion of Beginning of the Indiction

*Creator of the universe, setting times and seasons by Your sole authority, bless the cycle of the year of Your grace, O Lord, guarding our rulers and Your nation in peace, at the intercession of the Theotokos, and save us.*

**Ring in the New Ecclesiastical Year  
with the St. Nicholas Ark, 3rd  
Edition!**

# ST. NICHOLAS GREEK ORTHODOX SHRINE CHURCH

## ORGANIZATIONS AND MINISTRIES

SEPT/OCT/NOV 2025

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*Rev. Presbyter Fr. Alexandros Douvres*

### ADMINISTRATIVE ASSISTANTS

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Anna Rigogiannis- Sacraments

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### *Church Office Hours*

*Monday to Friday 9am to 5pm*

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*196-10 Northern Blvd*

*Flushing, NY 11358*

### PARISH COUNCIL EXECUTIVE BOARD

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1st Vice President- James Athanasopoulos

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Assistant Treasurer - Victoria Tsadilas

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Advisor- Olga Papadopoulos

### GOYA

Advisor- Maria Stefanopoulos

Advisor- Christos Kladeftiras

### GOYA/JOY Basketball

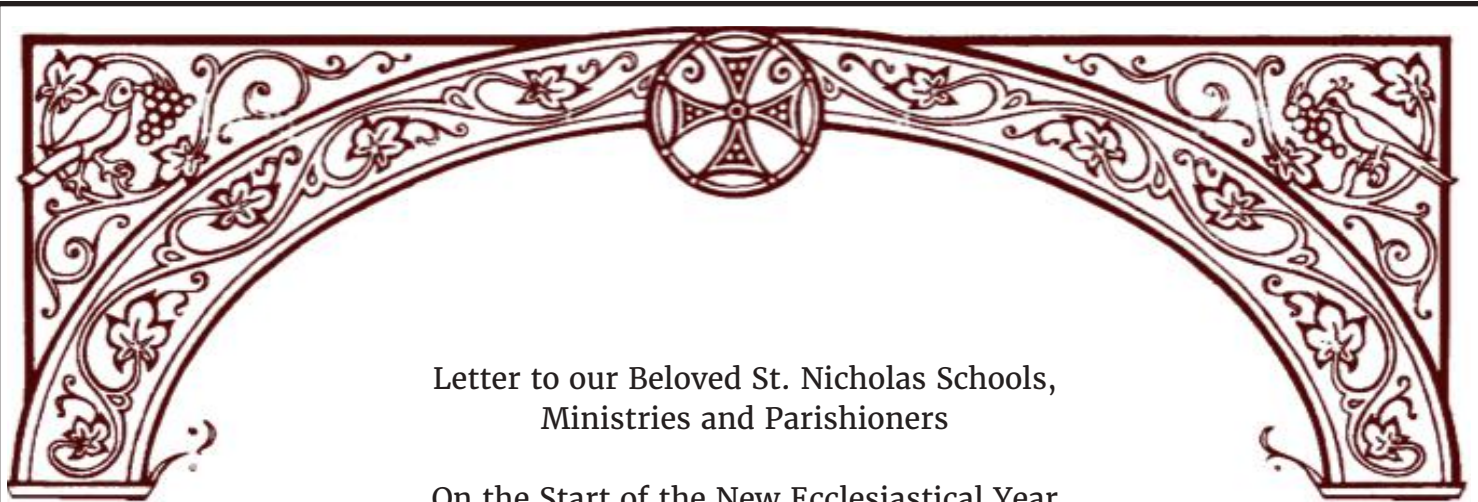
Directors- Bessie Lagudis & Chris Vlantis

Executive Board- Dimitri Douvres, Chrissy

Kouroupakis, George Kyprianides, Angelo Serves

### GOYA Volleyball

Advisor/Coach- Gerasimos Mihalatos



Letter to our Beloved St. Nicholas Schools,  
Ministries and Parishioners

On the Start of the New Ecclesiastical Year  
September 2025

It is with great joy and thanks to Almighty God that I greet you on the start of this new Ecclesiastical year. This special period of the Church life comes at the end of the summer and the beginning of a new school year. Many of us have had time to spend time away with our families and time to rest, renew, and strengthen ourselves to begin once again our regular yearly program. As the Holy Scriptures write, "For everything there is a season, and a time for every activity under heaven" (Ecclesiastes 3:1). Our Holy Church is ordered in such a way as to be accessible to us in the world. She wants to be incorporated into our life so we can be incorporated into her's.

My beloved parishioners, we are the Church of the incarnation. This means that we believe that our Lord and Savior Jesus Christ was incarnate of the Holy Spirit and born in the flesh through the most Holy Lady the Theotokos, the Mother of God. The New Church year guides us through this Fall season with two major feasts of the Theotokos - her nativity on September 8 and her entrance into the temple on November 21. We are guided from the start of the new Church year towards the realization of Christ's incarnation through the power of the Holy Spirit and the willingness of His most blessed Mother. As the Archangel confessed, "And He will be named Emmanuel which means God is with us" (Matthew 1:23).

You might ask, "Father, isn't it a little too early to be talking about Christmas?" My answer would be no! Christmas, the Lord's coming into the world, is much more than a date on a calendar. Christmas is a way of life for Orthodox Christians. It is the revelation of His willingness to be accessible to us all. Christ is with us everyday, in every circumstance and in every facet of life's reality.

In our fast paced world, full of distractions and excessive pleasures, we should really begin the start of our new year with prayerful pause and sincere reflection. We should ask, "Am I allowing Christ into my life?" Do I start my day with prayerful remembrance of His presence in the world and His desire to help me in my daily struggle? Our Lord came into this world for each of us personally, and He truly wants us to accept His loving embrace no matter where we might find ourselves. As we begin this new Ecclesiastical Church Year together with all of the hustle and bustle of our responsibilities, let's make room for the Lord to share in our burden. Let's open the door more and more to His presence in our lives, the lives of our children, our homes, our places of work, and our relationships. I humbly offer these very practical ways to enriching our relationship with God in our daily lives:

# FR. ARISTIDIS GARINIS



**FAMILY WORSHIP** First and foremost, make time to worship weekly on Sunday's and the various feast days of the Church.

**PRAYER** Pray as a family at home, even for a few minutes. This can be done in the morning, on the way to work, before meals and in the evening. Prayer is not a last resort but our first resort!

**HOLY SCRIPTURE** Build a habit of reading from the Holy Bible a few minutes a day. You can begin from the New Testament. This is about quality and not quantity. Read until you absorb a lesson and try to meditate on it and apply it in your daily life.

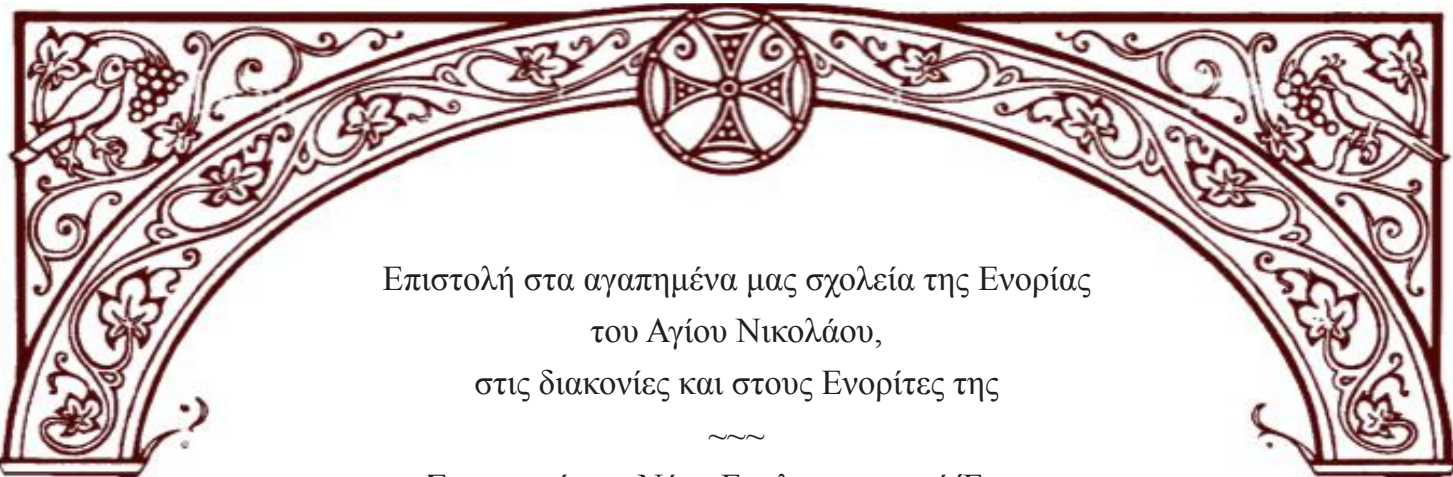
**HOLY CONFESSION** There is nothing to fear here. There is no judgment but only God's desire to lift us up and make us new. As we read in the 50th Psalm, "God will not despise a humble and contrite heart." Building a relationship with a spiritual father can greatly help you and your family.

**FASTING** You can participate in the fasts of the Church not only by abstaining from foods but also from the things that we are addicted to most— like our phones. Be mindful of screen time, especially for the youth. Parents, don't rush to get your child a phone. Consider having one space in the home for TV and screens. This practice of self control and restraint ties into the Church's age old practice of fasting. The Lord will help us in our efforts!

As pastor of this dynamic community and parish, I urge us to encourage one another in a spirit of Christian agape. Christ is with us all! Let's continue to make efforts to open the doors of our heart's and soul's to His ever abiding presence. On behalf of Fr. Alexandros and the entire Parish council, I wish you all a blessed new Ecclesiastical Church Year.

Your servant in Christ,

Economos, Fr. Aristidis Garinis, Proistamenos  
St. Nicholas Greek Orthodox Shrine Church  
Flushing, NY



Επιστολή στα αγαπημένα μας σχολεία της Ενορίας  
του Αγίου Νικολάου,  
στις διακονίες και στους Ενορίτες της

Στην αρχή του Νέου Εκκλησιαστικού Έτους  
1η Σεπτεμβρίου 2025

Αγαπημένη μου Οικογένεια του Αγίου Νικολάου,

Με μεγάλη χαρά και ευχαριστίες στον Ύψιστο Θεό σας απευθύνω το χαιρετισμό μου στην αρχή του νέου Εκκλησιαστικού έτους. Αυτή η ξεχωριστή περίοδος της ζωής της Εκκλησίας έρχεται στο τέλος του καλοκαιριού και στην αρχή του νέου σχολικού έτους. Πολλοί από μας είχαμε την ευκαιρία να περάσουμε χρόνο με τις οικογένειές μας, να ξεκουραστούμε, να ανανεωθούμε και να ανακτήσουμε τις δυνάμεις μας, ώστε να αρχίσουμε ξανά το κανονικό μας ετήσιο πρόγραμμα. Όπως αναφέρεται στην Αγία Γραφή «Για όλα πάνω στη γη υπάρχει ο κατάλληλος χρόνος και ο συγκεκριμένος καιρός για κάθε δραστηριότητα.» (Εκκλησιαστής 3:1). Η Αγία μας Εκκλησία είναι διατεταγμένη με τέτοιο τρόπο, ώστε να είναι προσιτή στον καθένα μας σε όλο τον κόσμο. Επιθυμεί να ενσωματώνεται στη ζωή μας, ώστε και εμείς να ενσωματωνώμαστε στη δική της ζωή.

Αγαπητοί μου ενορίτες, είμαστε η Εκκλησία της ενσαρκώσεως. Αυτό σημαίνει ότι πιστεύουμε ότι ο Κύριός μας και Σωτήρ Ιησούς Χριστός ενσαρκώθηκε από το Άγιο Πνεύμα και κατά σάρκα γεννήθηκε από την Υπεραγία Θεοτόκο, τη Μητέρα του Θεού. Το Νέο Εκκλησιαστικό έτος μας οδηγεί στην Φθινοπωρινή περίοδο με δύο μεγάλες εορτές της Θεοτόκου- την Γέννησή της στις 8 Σεπτεμβρίου και τα Εισόδιά της στο ναό την 21η Νοεμβρίου-. Από την αρχή του νέου Εκκλησιαστικού έτους καθοδηγούμεθα προς τη διαπίστωση ότι ο Χριστός ενσαρκώθηκε δια της δυνάμεως του Αγίου Πνεύματος και με την προθυμία της Υπερευλογημένης Μητέρας Του. Όπως ο Αρχάγγελος ομολογεί, «Και καλέσουσιν το όνομα αυτού Εμμανουήλ , ό εστί μεθερμηνευόμενο Μεθ' ημών ο Θεός. (Κατά Ματθαίον 1:23).

Ίσως να ρωτήσετε, «Πάτερ, δεν είναι κάπως πολύ νωρίς να μιλούμε για τα Χριστούγεννα;» Η απάντησή μου με έμφαση θα ήταν όχι! Τα Χριστούγεννα, ο ερχομός του Κυρίου στον κόσμο είναι πολύ περισσότερο από μια ημερομηνία στο ημερολόγιο. Τα Χριστούγεννα είναι τρόπος ζωής για τους Ορθοδόξους Χριστιανούς. Ο Χριστός είναι μαζί μας κάθε μέρα, σε κάθε περίπτωση, σε κάθε απογοήτευση και σε κάθε πτυχή της πραγματικότητας της ζωής μας.

Στον κόσμο μας με τους γρήγορους ρυθμούς του, στον κόσμο αυτό που είναι γεμάτος από περιττούς περισπασμούς και υπερβολικές απολαύσεις, πραγματικά θα πρέπει να ξεκινήσουμε το νέο μας έτος με προσευχητική παύση και ειλικρινή συλλογισμό και να αναρωτηθούμε

# ΠΑΤΗΡ ΑΡΙΣΤΕΙΔΗΣ ΓΑΡΙΝΗΣ

«Επιτρέπω στο Χριστό να μπει στη ζωή μου; Ξεκινώ τη μέρα μου με προσευχητική ανάμνηση της παρουσίας Του στον κόσμο και της επιθυμίας Του να με βοηθήσει στον αγώνα της ζωής μου;» Ο Κύριός μας ήρθε σε τούτο τον κόσμο για τον καθένα μας προσωπικά και ειλικρινά θέλει να δεχθούμε την αγαπητική αγκαλιά Του όπου κι αν βρισκόμαστε. Με την έναρξη του νέου Εκκλησιαστικού Έτους, μέσα σε όλη τη βιασύνη και τη φασαρία που δημιουργούν οι ευθύνες μας, ας αφήσουμε χώρο για τον Κύριό μας, να μοιραστεί μαζί μας το φορτίο μας. Ας ανοίξουμε διάπλατα την θύρα στην παρουσία Του στις ζωές μας, στις ζωές των παιδιών μας, στα σπίτια μας, στους χώρους της εργασίας μας και στις σχέσεις μας. Ταπεινά σας προσφέρω αυτούς τους πρακτικούς τρόπους για να εμπλουτίσουμε τη σχέση μας με τον Θεό στην καθημερινή μας ζωή.



**ΟΙΚΟΓΕΝΕΙΑΚΗ ΛΑΤΡΕΙΑ** Πρώτον και κύριον, αφιερώσετε οικογενειακώς χρόνο για την εβδομαδιαία λατρεία την Κυριακή και στις διάφορες εορτές της Εκκλησίας.

**ΠΡΟΣΕΥΧΗ** Προσεύχεσθε οικογενειακώς στο σπίτι, έστω και για λίγα λεπτά. Αυτό μπορεί να γίνει το πρωί, στο δρόμο για την εργασία, πριν από το φαγητό και το βράδυ. Η προσευχή δεν είναι η τελευταία αλλά η πρώτη μας καταφυγή!

**ΙΕΡΑ ΕΞΟΜΟΛΟΓΗΣΙΣ** Δεν υπάρχει τίποτα που να σας φοβίζει στο θέμα αυτό. Δεν υπάρχει κρίση, παρά μόνο η επιθυμία του Θεού να μας ανυψώσει και να μας ανανεώσει. Διαβάζουμε στον 50ο Ψαλμό, «Ο Θεός δεν θα καταφρονήσει την ταπεινή και μεταμελημένη καρδιά.» Χτίζοντας μια σχέση με τον πνευματικό σας πατέρα θα βοηθήσει πάρα πολύ και εσάς και την οικογένειά σας.

**ΝΗΣΤΕΙΑ** Μια συμβουλή, ιδιαίτερα στους γονείς, για τους νέους :Γονείς, να είστε πιο προσεκτικοί στο θέμα του χρόνου που δαπανούν οι νέοι μπροστά στην οθόνη τους. Μη βιασθείτε να τους αγοράσετε τηλέφωνα και καλόν θα είναι να έχετε ένα συγκεκριμένο χώρο στο σπίτι για πρόσβαση στην τηλεόραση και τους ηλεκτρονικούς

υπολογιστές. Αυτή η πρακτική αυτοελέγχου και συγκράτησης συνδέεται με την παλαιά τακτική νηστείας της Εκκλησίας. Μπορούμε να συμμετέχουμε στις νηστείες της Εκκλησίας όχι μόνο απέχοντας από φαγητά αλλά πιο πολύ από πράγματα στα οποία είμαστε εθισμένοι. Ο Κύριος θα μας βοηθήσει στις προσπάθειές μας.

Ως Ιερατικώς Προιστάμενος αυτής της δυναμικής κοινότητας και ενορίας, σας παροτρύνω να ενθαρρύνετε ο ένας τον άλλο στο πνεύμα της Χριστιανικής αγάπης. Ο Χριστός είναι με όλους μας ! Ας συνεχίσουμε τις προσπάθειές μας να ανοίξουμε τις πόρτες της καρδιάς και της ψυχής μας στην αέναη παρουσία Του. Εκ μέρους του πατρός Αλεξάνδρου και όλου του κοινοτικού Συμβουλίου , εύχομαι σε όλους και σε όλες σας ένα ευλογημένο νέο Εκκλησιαστικό Έτος.

Με αγάπη εν Χριστώ,

π. Α. Γαρίνης

Οικονόμος Αριστείδης Γαρίνης, Ιερατικώς Προιστάμενος,  
Ελληνορθόδοξο Ιερού Ναού Αγίου Νικολάου, Flushing, NY

# FR. ALEXANDROS DOUVRES



If we look around our churches and our homes, we will see the cross in countless wplaces. As clergy, even our vestments are adorned with this holy symbol. Every time we pray—before, during, and after—we seal ourselves with the sign of the cross. And for most of us, if not all of us, this precious symbol rests close to our hearts. But have we ever truly stopped to ask ourselves: What is the meaning of the Cross?

## THE CROSS MISUNDERSTOOD

So often, the things most constant in our lives are the things we take for granted. A child, for example, may not immediately recognize the depth of a parent’s love, only realizing it later in life when the sacrifices become clear. In much the same way, we can overlook the love of God, even though it surrounds us

in every moment. And the greatest sign of that love is the Cross.

In the time of Christ, however, the cross was not a sign of holiness or comfort. It was a sign of terror and death. Large wooden crosses stood outside city gates as instruments of public shame, serving as grim warnings to all who entered: “This will be your fate if you break our laws.” The cross was a reminder of punishment, meant to instill fear. And yet, today, we venerate it as a symbol of life, of victory, of hope. What could possibly cause such a radical transformation in meaning?

## THE CROSS TRANSFORMED

The answer lies in the act of Christ Himself. Out of His immeasurable love for humanity, He willingly embraced the cross. No one forced Him. Nothing compelled Him. As the Scriptures remind us: “... rather when He delivered Himself up for the life of the world...*μᾶλλον δὲ ἑαυτὸν παρεδίδου ὑπὲρ τῆς τοῦ κόσμου ζωῆς ...*”

Through this ultimate act of self-emptying love, Christ transformed the cross of death into the Tree of Life.

He defeated the power of sin, shattered the gates of Hades, and opened for us the path to salvation. The very image that once stood for hopelessness now shines as a sign of victory.

## THE TRIUMPH OF THE CROSS

The feast and remembrance of the Cross remind us of this powerful truth: the victory of Good over evil, of Light over darkness. Yet in our world today, and even in our own beloved country, darkness often seems to surround us. The temptation to despair is strong. We

*“In what way am I called, right now, to reflect the light of the Cross in my own life?”*

witness hatred in our

communities, division in our society, and endless voices of anger rising on our screens. Sometimes, it feels easier to return hate for hate, to surrender to bitterness, or to lose hope entirely.

But as Orthodox Christians, we know another way. The only way to overcome darkness is to keep our eyes fixed on Christ, to make Him the very center of our lives. For He Himself is “the Light that shines in the darkness, and the darkness has not overcome it” (John 1:5).

This does not mean we



remain passive or silent when confronted with evil. Rather, it means we respond not with the weapons of the world, but with the love of the Gospel. It means every word we speak, every action we take, every choice we make reflects Christ crucified and risen.

### **OUR CALLING AS WITNESSES**

Christ has already accomplished the victory. The Resurrection has happened. Death and evil have been conquered once and for all. It does not fall to us to win a battle that has already been won. Our calling is to make His victory known, to ensure that as many people as possible come to encounter His immeasurable love.

And so the responsibility of the cross becomes personal: each of us is called to be the light of Christ in our communities, to bear witness to His crucifixion and resurrection through our lives.

May we never take for granted this holy symbol, but always see in it the measureless love of God. And may we each courageously ask ourselves today:

*In what way am I called, right now, to reflect the light of the Cross in my own life?*

God bless you all!

In Christ,

*Fr. Alexandros Douvres*



### **A CLOSER LOOK**

The icon of the Feast of the Precious Cross tells the story of the finding of the Cross and of its Exaltation. Patriarch Macarius is standing in the pulpit elevating the Cross for all to see and venerate. On each side of the Patriarch are deacons holding candles. The elevated Cross is surrounded and venerated by many clergy and lay people, including Saint Helen, the mother of Emperor Constantine.

In the background of the icon is a domed structure that represents the Church of the Resurrection in Jerusalem. This church was one of the churches constructed and dedicated by Emperor Constantine on the holy sites of Jerusalem.

## MESSAGE FROM THE PARISH COUNCIL

Dear Parishioners and Friends of St. Nicholas Parish,

I hope you had a wonderful and healthy summer. As the new school year begins, I'm thrilled to share an update on a busy and productive season of renovation and progress at our parish. Our teamwork and shared love for this community have once again shown us that we can accomplish so much.

This summer, we completed two significant projects for our Renovating for the Future program. The chapels of Panagia and St. Nicholas in our main Sanctuary now feature new lighting and beautiful iconography. The new Parish and School Lobby is also finished, with renovated floors, new lighting, an updated office front, and a security desk—just in time to welcome our students back! This project was made possible by the incredible fundraising efforts of the William Spyropoulos PTA, our generous donors, and especially Manny Kratsios for his tremendous commitment.

With the lobby complete, we are now focusing on the third project: the Exterior/Roof renovation. Fundraising for this critical campaign is ongoing, and we ask that you please consider supporting it. You can make a secure donation by scanning the QR code on page 11.

We also want to thank our GOYA Basketball Program administrators, parents, and athletes for their hard work in renovating our gymnasium. Their dedication has given our student-athletes a space they deserve, with fresh paint, a new court floor with fresh lines, and upgraded basketball hoops. The gym is now a fitting place for our student-athletes to play their best and celebrate

many wins this year!

In addition to our major renovations, our maintenance team has been busy with numerous ongoing projects to address the needs of our aging facilities. Your support helps us tackle these essential repairs as they arise.

All of our schools have successfully begun instruction. We are especially excited to announce the launch of our new 2-year-old program at the Doulaveris Pre-School, which has welcomed its first class this month. We wish all our students, teachers, and parents a wonderful and productive year ahead.

While our upcoming events can be found elsewhere in The ARK, I want to highlight the most significant one: the Consecration of our Holy Anargyroi Chapel on November 14th and 15th. Mark your calendars for these historical activities, which will be officiated by His Eminence Archbishop Elpidophoros.

The Parish Council and I are always grateful for your suggestions and are available to hear your questions and ideas. Please consider offering your time and talents to one of our projects or special events. Your active involvement is what makes our community so strong.

We wish you and your families a blessed new ecclesiastical and school year!

In Christ,

Mike Haralambous

Parish Council President



<b>BRONZE DEDICATION LEAF</b>	<b>\$2,000</b>
<b>SILVER DEDICATION LEAF</b>	<b>\$5,000</b>
<b>GOLD DEDICATION LEAF</b>	<b>\$10,000</b>
<b>BENEFACTOR DOVE</b>	<b>\$25,000</b>
<b>GREAT BENEFACTOR STONE</b>	<b>\$50,000</b>

**Please consider supporting our Renovation For Our Future project to continue passing the torch of Orthodox faith and Hellenism to our future generations.**

BRONZE LEAF \$2,000

SILVER LEAF \$5,000

GOLD LEAF \$10,000

DOVE \$25,000

STONE \$50,000

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"SO LET EACH ONE GIVE AS HE PURPOSES IN HIS HEART; NOT GRUDGINGLY OR OUT OF NECESSITY; FOR GOD LOVES A CHEERFUL GIVER"



# HOLY ANARGYROI CHAPEL CONSECRATION

November 14 & 15, 2025



FRIDAY, NOVEMBER 14<sup>TH</sup>

6 P.M. VESPERS

Chapel of the Holy Anargyroi

SATURDAY, NOVEMBER 15<sup>TH</sup>

8 A.M. ORTHROS

9 A.M. CONSECRATION & HIERARCHICAL  
DIVINE LITURGY

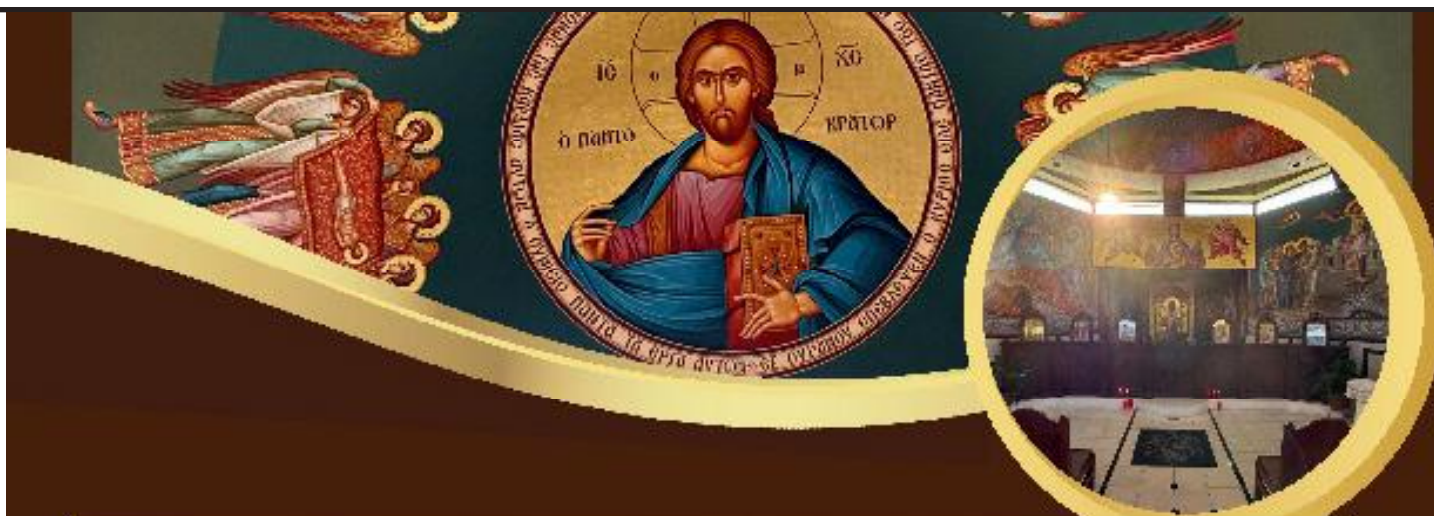
ΤΕΛΕΤΗ ΕΓΚΑΙΝΙΩΝ ΙΕΡΟΥ ΠΑΡΕΚΚΛΗΣΙΟΥ ΑΓΙΩΝ ΑΝΑΡΓΥΡΩΝΑΙΟ ΤΟΝ  
ΣΕΒΑΣΜΙΟΤΑΤΟ ΑΡΧΙΕΠΙΣΚΟΠΟ ΑΜΕΡΙΚΗΣ κ.κ. ΕΛΠΙΔΟΦΟΡΟ

Officiated by  
His Eminence Archbishop Elpidophoros of AMERICA

✉ [INFO@STNICHOLASFLUSHING.ORG](mailto:INFO@STNICHOLASFLUSHING.ORG)

☎ 718-357-4200

📍 196-10 Northern Blvd Flushing, NY 11358



My beloved Parishioners,

It is with great joy to announce, with the blessings of His Eminence Archbishop Elpidophoros of America, the upcoming consecration of our beloved Holy Anargyroi Chapel. Our Chapel has served as a holy place of prayer, comfort and healing to our community for decades. With the generous support of our wonderful parishioners we have completed the furnishing, iconography and liturgical needs of the chapel and it is now ready to be consecrated. Please join us on November 14 & 15 for this historic and sacred occasion. We appreciate your support and sponsorships in making this consecration weekend a memorable event in the history of our St. Nicholas parish.

With love in Christ,

Economos, Arisridis Garinis, Proisrumentos  
Saint Nicholas Greek Orthodox Shrine Church

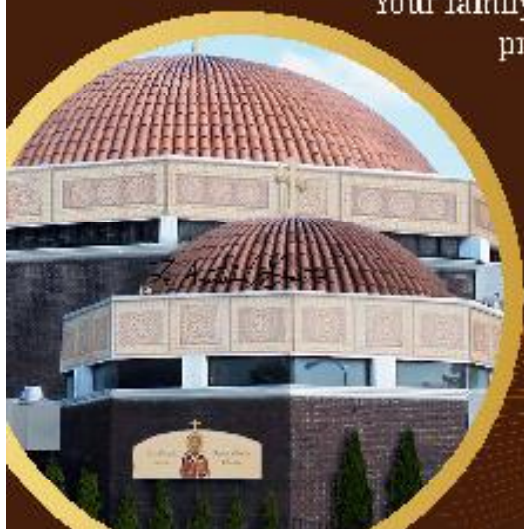
## ADD A MAKING HISTORY AT ST. NICHOLAS BECOME A CONSECRATION SPONSOR TODAY!

Becoming a chapel sponsor gives you the opportunity to help offset the costs for the forthcoming consecration service.

Your family's name will appear in the commemorative Consecration program as a token of gratitude for your offering.

\$5,000 Consecration Luncheon Sponsor  
\$1,000 Sponsor  
\$500 Sponsor  
\$250 Sponsor

*Thank You*





# ΕΟΡΤΟΛΟΓΙΟΝ

OCTOBER 2025

Oct 1 WED	<b>Paraklesis to the Theotokos</b> <b>Παράκληση της Θεοτόκου</b> 7:00 p.m.	Oct 20 MON	<b>St. Gerasimos of Kephalaria</b> <b>Αγ. Γερασίμου</b> 8:00 a.m. Orthros / 9:00 Liturgy
Oct 2 THU	<b>SS. Cyprian and Justina</b> <b>Αγ. Κυπριανό και Ιουστίνας</b> 8:00 a.m. Orthros / 9:00 Liturgy	Oct 22 WED	<b>Paraklesis to the Theotokos</b> <b>Παράκληση της Θεοτόκου</b> 7:00 p.m.
Oct 5 SUN	<b>2nd Sunday of Luke</b> <b>2η Κυριακή Λουκά</b> 7:30 a.m. Orthros / 8:45 Liturgy <b>Second Liturgy 10:45 a.m.</b>	Oct 23 THU	<b>St. Iakovos the Apostle</b> <b>Αγ. Αποστόλου Ιακώβου</b> 8:00 a.m. Orthros / 9:00 Liturgy
Oct 8 WED	<b>Paraklesis to the Theotokos</b> <b>Παράκληση της Θεοτόκου</b> 7:00 p.m.	Oct 26 SUN	<b>St. Demetrios the Myrrh-streamer</b> <b>Αγ. Δημητρίου Μυροβλήτης</b> 7:30 Orthros / 8:45 Liturgy <b>Second Liturgy 10:45</b>
Oct 12 SUN	<b>Sunday of the 7th Ecumenical Synod</b> <b>Κυριακή της Ζ' Οικουμενικής</b> <b>Συνόδου</b> 7:30 Orthros / 8:45 Liturgy <b>Second Liturgy 10:45 a.m.</b>	Oct 28 TUE	<b>Holy Protection of the Theotokos</b> <b>Αγίας Σκέπης της Θεοτόκου</b> 8:00 a.m. Orthros / 9:00 Liturgy
Oct 15 WED	<b>Paraklesis to the Theotokos</b> <b>Παράκληση της Θεοτόκου</b> 7:00 p.m.	Oct 29 WED	<b>Paraklesis to the Theotokos</b> <b>Παράκληση της Θεοτόκου</b> 7:00 p.m.
Oct 18 SAT	<b>St. Luke the Apostle</b> <b>Αγ. Ευαγγελιστή Λουκά</b> 8:00 Orthros / 9:00 Liturgy	Oct 31 FRI	<b>Great Vespers of the Holy Anargyroi</b> <b>Μ. Εσπερινός Αγ. Αναργύρων</b> 7:00 p.m.
Oct 19 SUN	<b>3rd Sunday of Luke</b> <b>3η Κυριακή Λουκά</b> 7:30 Orthros / 8:45 Liturgy <i>One Liturgy/ Μια Λειτουργία</i> <b>Church School Liturgy 9:30 a.m.</b>		<b>**Church School Liturgy 9:30 (Chapel)</b> <i>This is a monthly mostly English Liturgy for our Church school students and teachers.</i>



# ΕΟΡΤΟΛΟΓΙΟΝ

NOVEMBER 2025

Nov 1  
SAT  
**Holy Anargyroi**  
Αγ. Αναργύρων  
8:00 a.m. Orthros / 9:00 Liturgy

Nov 2  
SUN  
**5th Sunday of Luke**  
Ε΄ Κυριακή Λουκά  
7:30 a.m. Orthros / 8:45 Liturgy  
**One Liturgy - General Assembly**

Nov 5  
WED  
**Paraklesis to the Theotokos**  
Παράκληση της Θεοτόκου  
7:00 p.m.

Nov 8  
SAT  
**Holy Archangels Michael & Gabriel**  
Αρχηστρατήγων Μιχαήλ και  
Γαβριήλ  
8:00 Orthros / 9:00 Liturgy

Nov 9  
SUN  
**St. Nektarios of Pentapolis**  
Αγ. Νεκταρίου  
7:30 Orthros / 8:45 Liturgy  
**Second Liturgy 10:45 a.m.**

Nov 11  
TUE  
**SS. Menas, Victor and Vikentios**  
Αγ. Μηνά, Βίκτωρος και Βικεντίου  
8:00 Orthros / 9:00 Liturgy

Nov 13  
THU  
**St. John Chrysostom**  
Αγ. Ιωάννου Χρυσόστομου  
8:00 Orthros / 9:00 Liturgy

Nov 14  
FRI  
**Consecration Vespers**  
Εσπερινό Εγκαινίων  
6:00 p.m.

Nov 15  
SAT  
**Consecration Liturgy of our Holy**  
**Anargyroi Chapel**  
Εγκαίνια του Ιερού Παρεκκλησίου  
Αγίων Αναργύρων  
8:00 a.m. Orthros  
9:00 a.m. Consecration service & Liturgy

*Christmas fast begins and the 40 days of Liturgy*  
*Αρχίζει η νηστεία των Χριστουγέννων και το Σαρανταλείτουργο.*

*Daily services /Καθημερινές*  
*Orthros 8:15 a.m. Liturgy 9:15 a.m.*

Nov 16  
SUN  
**St. Matthew the Evangelist**  
Αγ. Ευαγγελιστή Ματθαίου  
7:30 Orthros / 8:45 Liturgy  
**Second Liturgy 10:45 a.m.**

Nov 19  
WED  
**Evening Divine Liturgy**  
Θεία Λειτουργία  
6:00 p.m.

Nov 20  
THU  
**Vespers of the Entrance of the Theotokos**  
Εσπερινός Εισόδια της Θεοτόκου  
7:00 p.m.

Nov 21  
FRI  
**Entrance of the Theotokos**  
Εισόδια της Θεοτόκου  
8:00 Orthros / 9:00 Liturgy

Nov 23  
SUN  
**9th Sunday of Luke**  
Θ΄ Κυριακή Λουκά  
7:30 Orthros / 8:45 Liturgy (One Liturgy)  
**Church School Liturgy 9:30 a.m.**

Continues on page 28

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# PHILOPTOCHOS

## *Our Ladies Philoptochos Society: A Season of Service and Sisterhood*

Happy Fall! We wish everyone a blessed new ecclesiastical year.

We'd love for you to join us and help with the many meaningful missions of Philoptochos. We're looking forward to seeing you at our upcoming events!

## **Welcome Back & Membership Meeting**

When: Thursday,  
October 2nd at 7 PM

Where: Sarantakos  
Hall

In addition to fellowship, we'll have a presentation by Reverend Protopresbyter Dr. Peter J. Spiro on human trafficking, a critical worldwide concern.

Please also save the date for our annual fundraiser luncheon on January 24th. More details will be shared soon!

Be sure to check our calendar for all upcoming events. We look forward to seeing you on October 2nd!



SAVE THE DATE

*The Saint Nicholas Ladies  
Philoptochos Society*

**WINTER**  
*Luncheon*

JANUARY

SATURDAY **24** AT 12:00 PM

2026

THE LANNIN  
1899 HEMPSTEAD TPKE, EAST MEADOW, NY

MORE DETAILS TO FOLLOW



*St. Nicholas Ladies Philoptochos Society*

**Welcome Back Fall Membership Meeting**  
**Thursday, October 2, 2025 - 7PM**  
**Sarantakos Hall**

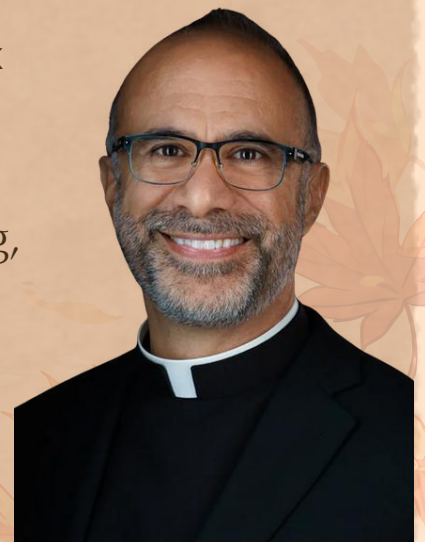
Join us for an informative evening on what is happening with YOUR Philoptochos, while sharing drinks and appetizers with your fellow sisters. You will be able to renew your membership or join us for the first time! New members encouraged.



Following our short general meeting, you are invited to a **FREEDOM MINISTRY PRESENTATION**, with Rev. Protopresbyter Dr. Peter J. Spiro.

Father Peter is the Director of the Greek Orthodox Archdiocese's Freedom Ministry, the National Human Trafficking Awareness Ministry. He trains clergy and parishes on Human Trafficking, offering mitigation techniques within the Greek Orthodox Parishes.

Questions?: [info@stnicholas-philoptochos.org](mailto:info@stnicholas-philoptochos.org)



## ΔΩΡΕΑΝ ΜΑΘΗΜΑΤΑ ΒΥΖΑΝΤΙΝΗΣ ΜΟΥΣΙΚΗΣ ΣΕΠΤΕΜΒΡΙΟΣ -ΜΑΪΟΣ

Σχολή Βυζαντινής Μουσικής  
Αγίου Νικολάου Φλάσινγκ

**Η** σχολή της Βυζαντινής μουσικής άρχισε να λειτουργεί από τον Σεπτέμβριο 2024. Τα μαθήματα γίνονται κάθε Πέμπτη 6:00 η ώρα και είναι δωρεάν. Στα μαθήματα διδάσκει ο καθηγητής Βυζαντινής μουσικής και πρωτοψάλτης του Ιερού Ναού Αγίου Νικολάου Φλάσινγκ Ελευθέριος Ελευθεριάδης. Η σχολή έχει εγγεγραμμένους 15 μαθητές οι οποίοι συμμετέχουν στις λειτουργίες των Κυριακών και των εορτών του Ιερού Ναού του Αγίου Νικολάου. Όλοι οι μαθητές είναι εγγεγραμμένοι στον σύλλογο Ιεροψαλτών της Νέας Υόρκης «Ρωμανός ο Μελωδός» και συμμετέχουν σε όλες τις εκδηλώσεις και συναυλίες του συλλόγου.

## FREE BYZANTINE MUSIC SEPTEMBER - MAY

Byzantine Music School

**T**he Byzantine Music School began operating in September 2024. The classes are held every Thursday at 6:00pm in the school building and are free. The classes are taught by the professor of Byzantine music and master chanter of St. Nicholas Shrine Church in Flushing Eleftherios Eleftheriadis. The school has 15 registered students who participate in the Sunday services and holidays at St. Nicholas Church. All students are registered with the New York Chanters Association "Romanos the Melodist" and participate in all the events and concerts of the association.



# ST. NICHOLAS' 17<sup>TH</sup> ANNUAL GOLF OUTING



Floral Park, NY. Saint Nicholas Greek Orthodox Shrine Church of Flushing held its 17th annual golf outing, September 4th. The golfers gathered at the North Shore Towers Country Club, for a day of fellowship and golf. Everyone enjoyed the beautiful day of camaraderie. We thank all the participants, sponsor's, and supporters. We look forward to seeing everyone next year.



# PHILOKALIA BOOKSTORE

As we begin another Ecclesiastical new year, we at the Philokalia Antonios Crassides Bookstore would like to welcome back all the parishioners of Saint Nicholas Shrine Church. We hope you all had a restful and rejuvenating summer break!

Let us all pray together as a parish, that God may guide our clergy, board members, and all the laity, who devote countless hours to the running of the church and our parochial school. May the Lord grant them good health and strength for this worthy endeavor!

In the meantime, the bookstore will continue its mission of spiritual expansion, with the addition of new books, icons and gifts for the upcoming seasons. Our bookstore works on a limited budget, so the greater the number of purchases, the more money we have available to increase our inventory. With every book, icon, candle or box of incense you buy, you are not only enriching your own spiritual life, but you are contributing to their greater needs of the church and, by extension, your faith, which has filled every one of our lives with a wealth beyond words.

In conclusion, let us first and foremost keep praying for the well-being of our beloved parish, Saint Nicholas of Flushing, and all her children! Indeed, the world around us truly needs all the supplications we can offer! As the golden-tongued Saint John Chrysostom wrote, "For all human beings need prayer no less than plants and trees need water and nourishment through their roots. Neither can we bring forth the fruit of piety, godliness, and a life pleasing to God, if we are not watered by the grace of The Holy Spirit in prayer."

We at the St. Nicholas bookstore are determined to do our part in the provision of spiritual nourishment, maintaining a healthy stock of religious materials, whether printed, painted, or even woven together into prayer ropes, which we pray will build up the body of the larger church militant, beginning with each and every one of us.

With love and prayers,  
*The St. Nicholas Bookstore Staff*

**ATTENTION:** We are looking for 2-3 St. Nicholas parishioners who would be available to volunteer at the bookstore after the second liturgy, for just a half hour to 40 minutes after the service has finished. Thank you so much in advance, we would greatly appreciate the extra assistance!

Please contact Tina Holinski at (718) 831-0371 for more information.

**ATTENTION:** While we are always happy to collect donations, we humbly ask you consider their conditions before dropping them off. The purpose of our bookstore is to sell as many items as possible to help meet the needs of our beloved parish. The better the state of our donations, the more likely they are to be repurchased. Thank you!





# CHURCH SCHOOL



Liturgy and ending with Sunday Church School.

Additionally, we are bringing back Chapel Services for our Sunday Church School students. These monthly services will begin at 9:30am, and we ask all Sunday Church School students to please arrive on-time for this special Divine Liturgy.

As always, the Church School Office will be staffed every Sunday that we have classes. We are here for you and our community. Please do not hesitate to stop by if you have any questions or need additional information. You can also email us at the email noted below.

God Bless all our families and we look forward to welcoming all our students on Sunday, September 28, 2025.

In Christ,

Your Church School Executive Council

Dear Families,

Welcome to the Sunday Church School 2025/2026 School Year!

We are so excited and would like to take this time to welcome all of our families to our new school year and look forward to meeting your child starting on Sunday, September 28. Please find our Church School Calendar for this year to help you

plan accordingly.

As a reminder, our Sunday Church School begins during the first Divine Liturgy right after Holy Communion (around 10am) and ends at 10:45am. Families/students will have the option of starting their Sunday at Church School and attending the second Divine Liturgy, or starting their day at the first Divine



 **Flushing, NY**  
**SAINT NICHOLAS** Greek Orthodox Shrine Church

**2025-2026 Church School Calendar**

Welcome Back to the new school year!

We look forward to welcoming everyone back to our Sunday Church School. Please note Chapel services are returning this year on a monthly basis.

Sunday Church School – Main Church - will continue to be offered after Communion during the First Liturgy. Approximate start time of classes is 10:00am until 10:45am.

Chapel Services will start at 9:30am and will end approximately 10:45am. Chapel services will be followed by an activity. **Sunday Church School Chapel Services are highlighted in yellow.**

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**September 2025**

1 Monday- Ecclesiastical New Year

13 Saturday- *Ministry Sign Up Registration and BBQ: 11:30am-1:30pm [Joy, Jr GOYA and GOYA, Scouting Programs and Church School]* <https://tinyurl.com/SNFYOUTH>

18 Thursday- Sunday Church School Meeting, Bookstore, St. Nicholas – 7:00pm

21 Sunday- **Church School Registration – Church School Office [\$25]**

**28 Sunday- Chapel Service – 9:30am. 1st Sunday of Luke.**

1<sup>st</sup> Day of Church School [First Chapel Service] and Church School Registration continues– Church School Office

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**October 2025**

5 Sunday- Classes *2nd Sunday of Luke.*

12 Sunday- No Classes – *Columbus Day Weekend Sunday of the 7th Ecumenical Council.*

**19 Sunday- Chapel Service – 9:30am 3rd Sunday of Luke.**

26 Sunday- Classes *6th Sunday of Luke.*

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**November 2025**

2 Sunday- Classes *5th Sunday of Luke*

9 Sunday- Classes *7th Sunday of Luke*

16 Sunday- Classes *Matthew the Apostle and Evangelist*

**23 Sunday- Chapel Service – 9:30am 9th Sunday of Luke**

30 Sunday No Classes- *Thanksgiving Weekend Andrew the first-called Apostle*

31 Sunday No classes



## **Stephen & Areti Cherpelis**

# Hellenic Orthodox Life Academy

*The Hellenic Orthodox Life Academy is an innovative after-school enrichment program designed to engage students in fun, educational activities while immersing them in Greek language and culture. We meet daily to provide a structured yet lively environment for learning and growth.*

### **What We Offer**

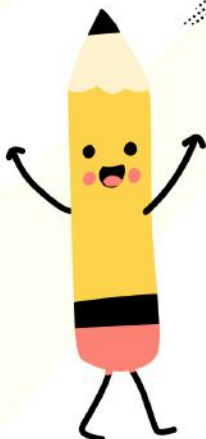
- Academic Support: Dedicated time for both Greek and English homework, along with supplemental language help.
- Creative Expression: Engaging arts and crafts sessions to foster creativity.
- Spiritual Development: Christian Orthodox Life Sessions to explore faith and traditions.
- Community & Celebration: A vibrant community that celebrates special milestones like name days and birthdays.

### **Enroll Your Child in the Hellenic Orthodox Life Academy Today!**

Give your child the gift of language and culture. Our after-school enrichment program meets daily, providing a supportive environment where students can complete their homework and engage in fun, educational activities.

Don't miss this opportunity to help your child thrive. Enroll them now and watch them grow!

Enroll Your Child in  
the Hellenic  
Orthodox Life  
Academy Today!



**SCAN ME**



### **Ready to Enroll?**

**You have three easy ways to register your child for the Hellenic Orthodox Life Academy:**

- Scan the QR code.
- <https://tinyurl.com/HOLA25-26>
- Contact the church office at (718) 357-4200.

### **Important Details**

- Monthly payments are available.
- A 10% sibling discount is offered.
- Please note that there are no refunds for absences.





# THE MEN'S LEAGUE

## St. Nicholas Men's League: Fellowship and Future Plans

The Men's League is gearing up for a busy year! Below is a look at their upcoming meetings and community events.

- September 9: Monthly Meeting
- October 3: Community Blood Drive
- October 14: Monthly Meeting
- November 13: Monthly Meeting
- December 4: Annual Christmas Party
- December 9: Monthly Meeting

- January 13, 2026: Monthly Meeting
- February 8: 2nd Annual Super Bowl Party
- February 10: Monthly Meeting
- February 22: Cheesefare- Selling our famous cheese pies!
- March 10: Monthly Meeting
- April 14: Monthly Meeting
- May 12: Monthly Meeting
- June 9: Monthly Meeting

Email: [GKakivelis@gmail.com](mailto:GKakivelis@gmail.com)  
to join or for more information.

**OKTOBERFEST**  
**WITH A GREEK FLAIR**

**Saturday, October 4, Noon - 9:00 pm**

Join us for  
**German Food**

 **SAINT NICHOLAS** Flushing, New York  
**GREEK ORTHODOX SHRINE CHURCH** 196-10 Northern Blvd., Flushing

## St. Stephanos Young Adult Fellowship

St. Nicholas Greek Orthodox Shrine Church

**The St. Stephanos Fellowship is open to all adult members of St. Nicholas between the ages 18-35. The group encourages young adults to be active witnesses of their Orthodox faith, through participation in social, spiritual, and philanthropic activities.**



 [@ststephanosyoungadults](https://www.instagram.com/ststephanosyoungadults)

In the past year, St. Stephanos held a variety of events for young adults to gather in fellowship. Our numbers grew even more as we welcomed in new members. Some of our events included:

- Fellowship Chats
- Retreat with Jonathan Jackson
- Volleyball Night
- Beach Day

### Upcoming Events:

- 9/28 at 7pm- S'Mores Chat
- 10/11 Apple Picking Trip





# ΕΟΡΤΟΛΟΓΙΟΝ

NOVEMBER 2025

Nov 25 **St. Catherine the Great Martry**  
TUE **Αγ. Αικατερίνης**  
8:15 a.m. Orthros / 9:15 Liturgy

Nov 26 **Paraklesis to the Theotokos**  
WED **Παράκληση της Θεοτόκου**  
7:00 p.m.

Nov 30 **Holy Apostle Andrew**  
SUN **Αγ. Απόστολου Ανδρέου**  
7:30 Orthros / 8:45 Liturgy  
**Second Liturgy 10:45 a.m.**

## Attention **SENIORS**

JOIN US

The St. Nicholas Senior Group meets weekly on  
Mondays and Wednesdays  
from 11:30 a.m. to 2 p.m.



Your Join us for fun,  
fellowship, and maybe even  
a few laughs! Come see  
what all the fuss is about.

Please let our  
advertisers  
know you saw  
their ad in  
The ARK!



# YOUTH CHOIR

## ST. NICHOLAS YOUTH BEGIN MONTHLY LITURGY CHANTING

The St. Nicholas Greek Orthodox Shrine Church is excited to announce a new initiative to bring the voices of our youth to the Divine Liturgy. This year, our Youth Choir will be chanting the Divine Liturgy in the chapel once a month, following the Church School schedule (on page 25).

This is a wonderful opportunity for our young people to learn and actively participate in the hymns and responses of our worship service. By chanting, they will gain a deeper understanding of the Divine Liturgy and contribute to the spiritual life of our community.

We invite all members of our community to come and support our youth in this meaningful new mission. Your presence encourages our young chanters and enriches the service for everyone.

All are welcome!



The St. Nicholas Ark quarterly newsletter is a labor of love, and much of that is made possible by the generous support of our advertisers. We invite you to discover their offerings starting on page 59. When you support these businesses, you're investing in our community and helping us continue to bring you valuable content each quarter.

*“By chanting, they will gain a deeper understanding of the Divine Liturgy and contribute to the spiritual life of our community.”*

# AGIA SKEPI

## Agia Skepi: A Sisterhood of Hope and Growth

For over three decades, the Agia Skepi fellowship at St. Nicholas has been a beacon of support, friendship, and positive outlook for women in our community. What began as a small gathering of widowed friends seeking solace and shared understanding has blossomed into a thriving organization, officially recognized by our church.

The name, Agia Skepi, meaning "Holy Protection," was thoughtfully chosen by Father Paul Palesty 33 years ago when this unique group was formed. Prior to becoming a formal organization within St. Nicholas, the ladies met informally, often at the home of Maria Papougenis, a driving force behind the organization. This humble beginning, where a few widowed

friends shared coffee and conversation, laid the groundwork for the supportive fellowship it is today. As news of their supportive little group spread, more and more women expressed interest. Recognizing their ability to help others, they decided to formalize their fellowship through the church, leading to Father Paul's selection of Agia Skepi as their official name.

Agia Skepi is a fellowship exclusively for ladies. With over 25 members, the group typically meets once a month at the church, though they occasionally enjoy their fellowship at Mythos restaurant. Members contribute \$5 a month for food from Mythos and a yearly membership fee of \$10.

Maria Papougenis emphasizes that Agia

Skepi extends "an understanding hand of welcome to the newly, long-time widowed or divorced who may wish to join us." While the shared experience



of widowhood or divorce often brings members together, this is distinctly not a "weeping group." Instead, it is a vibrant collective of women coming together with a "very positive outlook in the spirit of hope, friendship, and continued growth." It is a true "support group of togetherness."

Regardless of age, wealth, or

background, the pain of loss through widowhood or divorce is unique to everyone. Agia Skepi offers a space where members hope to provide the same help and comfort, they themselves have received. The ladies of Agia Skepi are always eager to welcome new members, meet new friends, and share ideas to make their fellowship even more enjoyable and enriching.



ST. NICHOLAS GREEK ORTHODOX SHRINE CHURCH

## LITTLE ANGELS

### Mommy and Me

For Children

**AGES**  
**0 TO 2.5**



#### FEATURING:

- Creative music and movement led by Margarita Eleftheriadis
- Greek songs and themes
- Sensory Stimulation
- Arts and Crafts
- Great opportunities to meet other families

#### CLASSES

WEDNESDAY

THURSDAY

FRIDAY

9 to 11 a.m.



EMAIL: [STNICHOLASLITTLEANGELS@GMAIL.COM](mailto:STNICHOLASLITTLEANGELS@GMAIL.COM)

# DOULAVERIS PRESCHOOL

## CELEBRATING 25 YEARS OF NURTURING YOUNG MINDS

What a special year this is for our St. Nicholas Ark Preschool! It's hard to believe 25 years have passed since our doors first opened. What began as a small vision has blossomed into a vibrant, loving preschool where children feel safe and inspired. We are so proud to celebrate this incredible milestone with you, our wonderful community.

This year is extra special as we've introduced our new Two-Year-Old class. This nurturing environment is designed specifically for toddlers, offering a space where they can learn, play, and make new friends. We're also thrilled to introduce them to the Greek language through engaging songs and prayer. With a variety of scheduling options, from two to five days and half or full days, you can choose what works best for your family. Our goal is for every child and parent to be happy!

## SWEET BEGINNINGS AND FALL FUN

We'll kick off the school year in the sweetest way possible with a special event on October 7. We invite all families, teachers, and little ones to join us for frozen treats as we celebrate new beginnings. The classrooms will be decorated with giant ice cream cones and sprinkle-themed tablecloths, creating the perfect backdrop for our colorful photo booth. It's a wonderful chance for parents to connect while the children play and enjoy a

Follow us on Instagram  
@doulaveris\_preschool

scoop or two of ice cream!

October also brings our annual trip to White Post Farm. It's a day filled with learning and exploring as the children get to experience farm life firsthand. This hands-on experience helps bring our classroom themes about animals and nature to life. They'll have a chance to feed the animals, and we can't wait to capture their priceless expressions. Most importantly, this trip will create lasting memories with their classmates and teachers.

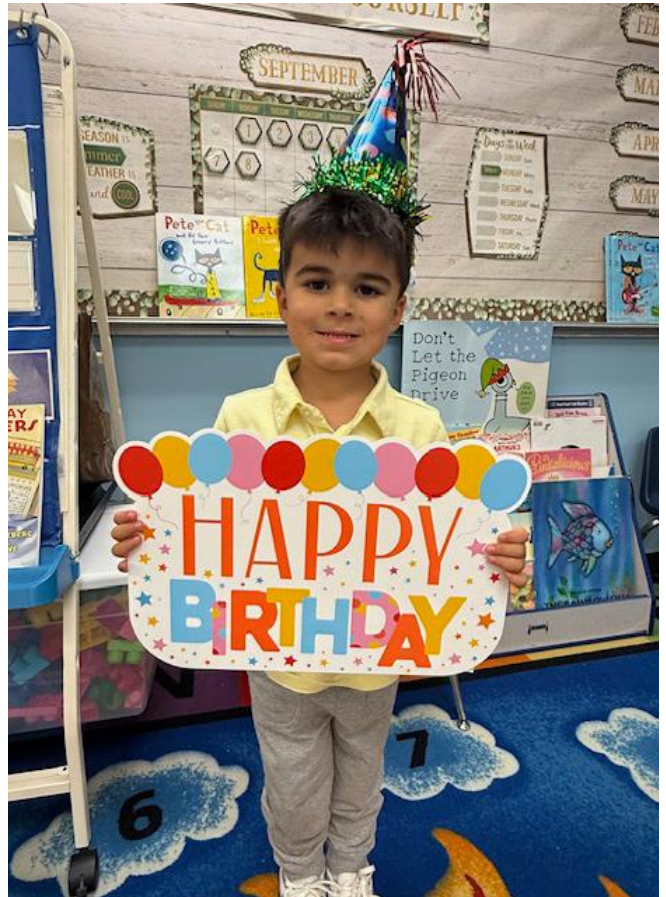
## A SEASON OF GRATITUDE

As we move into November, our focus turns to Thanksgiving. It's a month dedicated to gratitude, sharing, and community. The children will create artwork sharing what they are most thankful for, and they'll get to help prepare delicious fall-themed snacks for our annual Thanksgiving Feast. It's a joyful day filled with fun and a perfect way to prepare for our upcoming Christmas Show rehearsals.

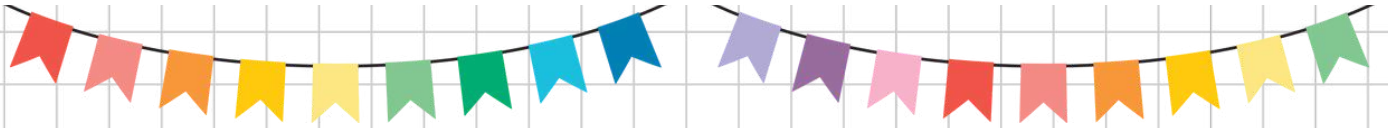
*"This year is extra special as we've introduced our new Two-Year-Old class. This nurturing environment is designed specifically for toddlers, offering a space where they can learn, play, and make new friends."*







As we reflect on 25 years of beautiful children, we continue to thank God for every family that has come through our doors. You are all forever in our hearts!



# SAINT NICHOLAS GEORGE AND EVLAVIA DOULAVERIS PRESCHOOL

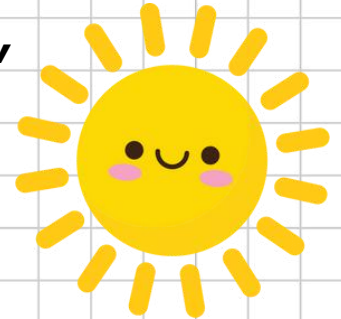


## TWO YEAR OLD CLASS



Is your little one ready to learn, grow  
and play?

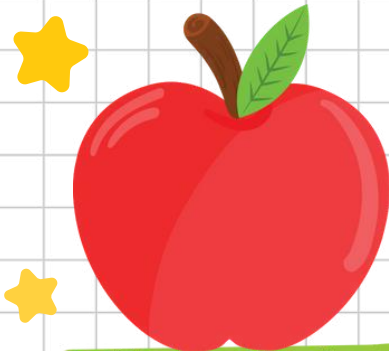
Our new 2 year old class is officially  
underway and we're off to an  
amazing start!



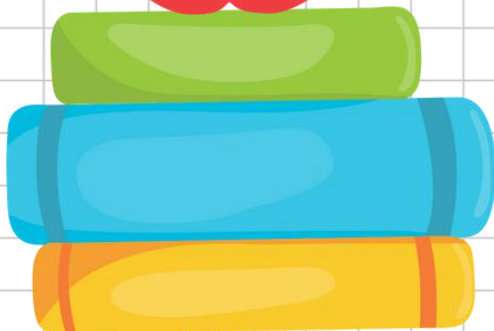
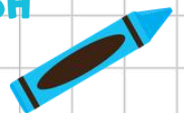
**LIMITED SPOTS AVAILABLE**



**ENROLL NOW**



- AGE-APPROPRIATE GREEK AND ENGLISH CURRICULUM
- CARING, EXPERIENCED TEACHERS
- DAILY ROUTINES THAT SUPPORT SOCIAL, EMOTIONAL, AND PHYSICAL GROWTH
- FUN-FILLED ACTIVITIES INCLUDING MUSIC, MOVEMENT, ART AND MORE



PLEASE CALL: (718) 357-0800

EMAIL: [STNICHOLASDOULAVERIS@GMAIL.COM](mailto:STNICHOLASDOULAVERIS@GMAIL.COM)



@DOULAVERIS\_PRESCHOOL



# WILLIAM SPYROPOULOS ALUMNI



## WILLIAM SPYROPOULOS ALUMNI ASSOCIATION

UPCOMING EVENTS



Our goal is to support our school in providing the resources for quality education while fortifying the bonds among alumni, current students, and future members through Hellenic culture, Greek language, and Greek Orthodox faith within an inclusive and supportive community.

[alumni@wmspyropoulosschool.org](mailto:alumni@wmspyropoulosschool.org)

**LET'S VOTE**

ALUMNI BOARD ELECTIONS

OCTOBER 21ST

**LET'S VOTE**

SCAN THE QR CODE TO SIGN UP & LEARN MORE!



Be part of our team

We are looking for

**ALUMNI BUSINESS OWNERS**

**TO ADVERTISE IN OUR NEWSLETTER**

*Email us a logo, website, or flyer for your business!*

Save the date

WILLIAM SPYROPOULOS ALUMNI

**GLENTI**

MYTHOS 11.7.2025 7PM

# WILLIAM SPYROPOULOS



## ***The William Spyropoulos Greek - American Day School Of St. Nicholas Greek Orthodox Church***

43-15 196 St., Flushing N.Y. 11358  
Tel. (718) 357-5583/ Fax (718) 428-3051  
[www.wmspyropoulosschool.org](http://www.wmspyropoulosschool.org)

*Mary Tzallas  
Principal*

*Georgia Kakivelis  
Assistant Principal*

Dear Parishioners,

With great excitement and enthusiasm, we welcome our families, students, and community to the start of the 2025-2026 academic year. This new beginning is filled with promise as we look ahead to a year of academic growth, productivity, and joyful learning.

Our enrollment is strong, and our faculty continues to grow with wonderful, qualified, and dedicated teachers who bring energy and expertise to the classroom. They not only guide our children in academics, but also nurture them and instill in them a love for learning that will serve them for years to come.

On September 3rd, our first day of school, the sound of laughter and the energy of children once again filled our corridors after the long summer break. We were especially thrilled to welcome them back into a newly renovated lobby—a bright, modern, and welcoming space that reflects the beautiful things that happen when a community comes together. This long-awaited dream was made possible by the generosity and support of so many, and we are deeply grateful.

As is tradition, we will begin the year with our Agiasmos, the blessing for the new school year, on Friday, September 12th. It is a moment when we come together in faith and community to set the tone for the months ahead.

We look forward to celebrating many milestones this school year, and we will continue to share our progress and achievements with you through this newsletter. Together, as one community, we will make this a year to remember.

Sincerely,

A handwritten signature in cursive script that reads "Mary Tzallas".

Mary Tzallas  
Principal



# WILLIAM SPYROPOULOS PTA

## A MESSAGE FROM THE WILLIAM SPYROPOULOS PTA

At the William Spyropoulos PTA, we are proud to serve as partners in enriching the educational journey of our children at the Saint Nicholas William Spyropoulos Greek American Day School. Our mission is simple yet meaningful: to support our students, teachers, and administrators by providing resources, encouragement, and a strong sense of community. By working hand-in-hand with parents, faculty, and school leadership, we strive to create a nurturing and academically stimulating environment where our children can thrive, friendships can grow, and cherished traditions can continue to be celebrated.

### Meet Your 2025–2026 PTA Officers

The strength of our PTA comes from the dedicated parents who volunteer their time and talents to lead. This year, we are proud to introduce our officers, who will work together to support our school community and ensure another successful year:

Mrs. Juliana Pantelatos – President

Mrs. Anna Xerakias – 1st Vice President

Mrs. Helen Kartsonis – 2nd Vice President

Mrs. Keri Filipos – Treasurer

Mrs. Eva Drivakos – Assistant Treasurer

Mrs. Roula Tsaltas – Recording Secretary

Mrs. Pia Economou-Tsouknidas –  
Co-Corresponding Secretary

Mrs. Stacey Loukissas –  
Co-Corresponding Secretary

Mrs. Katerina Kourkoumelis –  
Social Media Coordinator

Together, this team is committed to fostering community, supporting our teachers and staff, and creating meaningful experiences for our children.

## William Spyropoulos Parents: Join Us and Get Involved!

There are so many ways to be part of the PTA and make memories with your child.

Here's a look at just a few of the events that bring our community together:

- **Walk-a-thon** – Students, teachers, and parents hit the pavement to raise funds and school spirit.
- **PTA Celebration** – A joyful night of food, fun, and dancing as we celebrated the heart of our community.
- **Kafenio Booth** – A favorite stop at the church festival, where parents volunteered and families enjoyed time together while giving back.
- **Mother-Daughter Luncheon** – A cherished tradition celebrating the special bond between mothers and daughters.
- **School Carnival** – Two exciting days filled with games, rides, and treats to close out the school year with joy.
- **Welcome Back Picnic** – A fun and festive gathering to kick off the new school year, reconnect with friends, and meet new families.

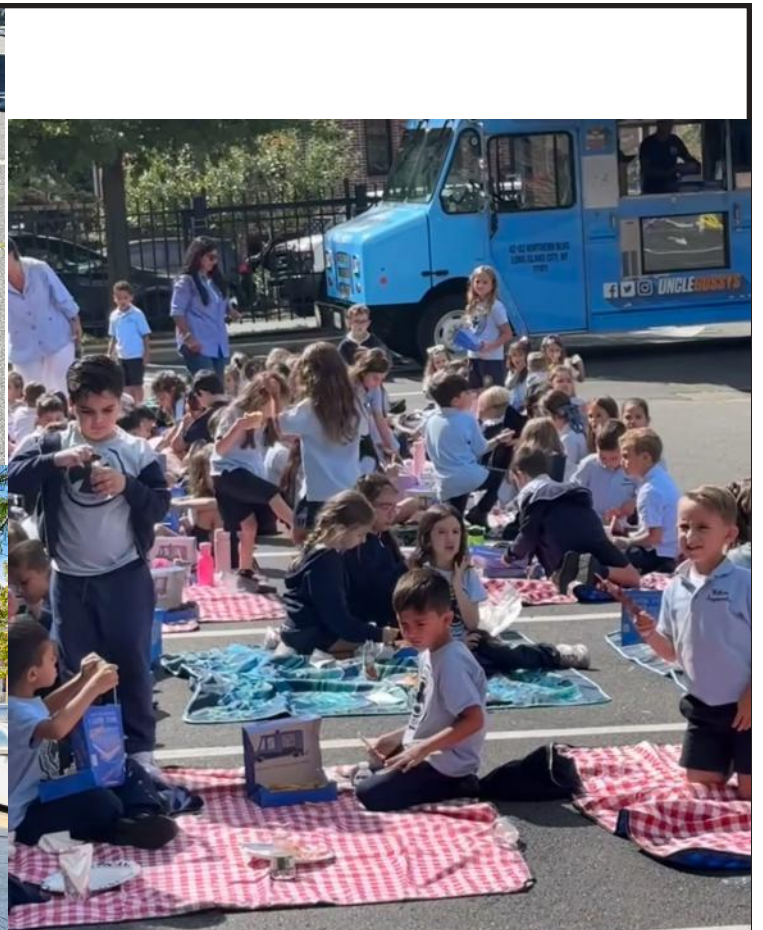
## Mark Your Calendars! ●●●●●●●●●●

We're excited for the year ahead and hope to see you at our upcoming events:

- First PTA Meeting & Meet-and-Greet – Tuesday, September 30th
- Walk-a-thon – Wednesday, October 9th
- Ladies' Night – Thursday, November 21 st

The energy and enthusiasm of our families make all these events possible. Your involvement—big or small—truly makes a difference!

Come join us, get involved, and help make this school year unforgettable!



SAINT NICHOLAS  
STEPHEN AND ARETI CHERPELIS HELLENIC SCHOOL

Dear Families,

It is with great joy and pride that I welcome you to a new school year at our school. As the new principal of St. Nicholas Hellenic School, I am honored to continue the mission of preserving and promoting the Greek language and our culture. These values are at the heart of our community, and together, we carry the responsibility of passing them on to the next generation.

This year, we are planning a variety of projects and events designed to help our students deepen their knowledge, broaden their experiences, and strengthen their connection to their heritage. Through language, culture, and history, we aim not only to educate but also to inspire pride in who we are and where we come from.

I am deeply grateful for the trust you have placed in us, and I look forward to working closely with you as we guide our students on this meaningful journey of learning and growth.

With warm regards,

*Matina Gemeli*

Website: <http://stnicholashellenicschool.org>

Email: [info@stnicholashellenicschool.org](mailto:info@stnicholashellenicschool.org)





SAINT NICHOLAS, FLUSHING, JOY

# UPCOMING EVENTS



For **2025-2026**



**OCT 12**  
FALL PAINTING

**NOV 9**  
POTLUCK WITH JR.  
GOYA

**DEC 21**  
CHRISTMAS CRAFT  
& UGLY SWEATERS

**JAN 4**  
VASILOPITA &  
KOULOURAKIA BAKING  
WITH JR. GOYA

**FEB 1**  
ROLLERSKATING  
**MAR 8**  
FAMILY GAME  
NIGHT

**APRIL 4**  
PALM FOLDING  
**APRIL 10**  
LENTEN RETREAT  
WITH JR. GOYA

**MAY 31**  
PIZZA & ICE CREAM  
SOCIAL

ALL JOY ENROLLED  
CHILDREN INVITED

JOY IS GRADES 2ND-4TH

RSVP REQUIRED FOR  
SOME EVENTS

PARENT VOLUNTEERS  
NEEDED AND WELCOMED

FOR MORE INFORMATION, EMAIL [STNICHOLASJOY@GMAIL.COM](mailto:STNICHOLASJOY@GMAIL.COM)



Pa



# Panagia's Garden 2025



JR. GOYA



# MOVIE NIGHT

★ UNDER THE STARS ★

## ST. NICHOLAS JUNIOR GOYA

BRING A CHAIR AND BLANKET!  
SIGN UP FOR THE EVENT  
USING THIS QR CODE

OCT  
**13**  
MONDAY



6  
P.M.

20  
25



# EVENT SCHEDULE

GOYA

ST. NICHOLAS GREEK ORTHODOX SHRINE CHURCH

30

SEPTEMBER

FIRST GOYA MEETING

Pizza Party



07

OCTOBER

GOYA MEETING



21

OCTOBER

ST. BASIL'S RETREAT



11

NOVEMBER

THANKSGIVING POTLUCK



24

NOVEMBER

THANKSGIVING DAY DRIVE



25

NOVEMBER

THANKSGIVING DAY DRIVE



Follow us on IG:



@saintnicholasgoya

# BASKETBALL

2025 - 2026  
**ST. NICHOLAS**  
JOY / GOYA BASKETBALL



**REGISTRATION IS NOW OPEN!**  
GRADES 2ND - 12TH

**REGISTER HERE**

<https://dadgobl.leagueapps.com/leagues/basketball/4599286-gobl-2025-2026>

FOR QUESTIONS OR MORE INFORMATION, CONTACT (516)-423-9249  
OR EMAIL STNICKSGOYABB@GMAIL.COM



## ST. NICHOLAS BASKETBALL

*Mark your calendars!*



- SEPTEMBER 13- BBQ REGISTRATION
- SEPTEMBER 17- PARENTS-COACHES MEETING
- OCTOBER 18<sup>TH</sup>- 2<sup>ND</sup> ANNUAL HOOPATHON
- OCTOBER 26- BEGINNING OF SEASON BLESSING



### SAINT NICHOLAS BASKETBALL NEWS

The wait is over—basketball season is almost here, and registration is in full swing!

We are thrilled to announce that our gym has gotten a fresh new look. From sparkling backboards and sturdy rims to freshly cleaned vents and a vibrant new paint job, we can't wait for you to see the renovations.

The season officially tips off on November 1, and we're looking forward to an exciting year filled with teamwork, growth, and plenty of fun. Best of luck to all our players as we gear up for another memorable season!

Mark your calendars: our Second Annual Hoopathon will take place on October 18. We're excited to come together as a community for this special event.



# ASK THE ARK...Q & A

## DO YOU HAVE A QUESTION ABOUT THE ORTHODOX FAITH?

Perhaps you've been pondering a question about the Divine Liturgy, the lives of the saints, or how to apply your faith to the challenges of modern life. We are launching a new quarterly Q&A section in The Ark and invite you to submit your inquiries. This is a chance for our community to engage more deeply with the teachings of our Church and to seek guidance in our daily walk of faith.



SAINT NICHOLAS MEN'S PILGRIMAGE  
**MOUNT ATHOS**  
FEBRUARY 16 - 26

If you are interested in joining us please scan the QR code and join our event mailing list.

## ASK THE ARK

YOUR QUESTIONS ANSWERED



Please send your questions to  
[stnicholasark+questions@gmail.com](mailto:stnicholasark+questions@gmail.com)  
or scan the QR code

You may choose to remain anonymous, and we will not publish your name unless you give us explicit permission. We look forward to hearing from you!



# TO APXONTAPIKI THE ARCHONTARIKI MUSIC FOOD PAREA

The Archontariki is a monthly gathering of our senior parishioners. At St. Nicholas, we strive to reach out to all ages and offer opportunity for community fellowship and engagement. Please encourage your loved ones to participate in this wonderful new program. Please rsvp with the Church office. Thank you!

Join us for our first gathering on THURSDAY, September 25 at 1:00 P.M. - 3:00 P.M.

Ελάτε να μας κάνετε παρέα!!!



New York Blood Center

# Blood Drive

## In Memory of Helen Misthos

Helen Misthos passed away October 31st 2023. She was wife to George Misthos for 58 years until his passing, mother to Maria (Harry), John (Antigoni) and Paul (Thalia). Grandmother to Catherine, Elaine, George, John, Theodora, Helaena, George, Georgiana, Athanasia and John.

Helen was born in the Bronx and attended Zoodochos Pigi parochial school. She was raised in a home where God and the Theotokos were at the center, understanding that service to others was the core of a happy life. She worked at RCA while attending New York University in the evening. She was always eager to describe the time she met Elvis Presley at the studio. One New Year's, she met George on a blind date and they were soon engaged

Helen and George were longtime members of St Nicholas church in Flushing from when it was a small building on Cherry Avenue. Helen's contributions to the church community as a volunteer were numerous. She oversaw the 2nd session Sunday School for more than 35 years, led the Girl Scout Program, started an annual Blood Drive, was Treasurer of the William Spyropoulos Day School and was President of Philoptochos for numerous years. On a national level, she was a member of the National Philoptochos Board and its Treasurer for numerous years.

The light of her life was all the children in it. She adored her grandchildren, her goddaughter, Connie, and all her Sunday School "kids". Her favorite necklace was the one that represented each of her 10 grandchildren. A Sunday School child or Girl Scout greeting her would bring a huge smile to her face. She was a talented knitter and made frequent gifts of blankets, sweaters and caps.

Please Donate Blood in Memory of and in Celebration of Helen Misthos



St. Nicholas Greek Orthodox Church

Friday, October 3, 2025  
4:30PM - 9:00PM  
Basement Auditorium

To schedule: Scan QR Code



Medical Eligibility Questions?  
Call NYBC Community Health at 800-688-0900

Please Eat & Hydrate Prior to Donating and Bring Photo ID

#nybloodcenter   
800.933.BLOOD · nybc.org

ST. NICHOLAS GREEK ORTHODOX SHRINE CHURCH

## ST. LUKE'S SCHOOL OF BYZANTINE ICONOGRAPHY

•MONTHLY  
ICONOGRAPHY CLASSES

•ALL SKILL LEVELS  
WELCOME

•FIRST CLASS  
OCTOBER 9 2025

SCAN THE QR  
CODE TO SIGN  
UP FOR  
CLASSES!



ST. NICHOLAS GREEK ORTHODOX SHRINE CHURCH

## MINISTRY SIGN UPS

### YOUTH MINISTRY AND SPORTS SIGN UP



- CHURCH SCHOOL
- JOY
- JR GOYA
- GOYA
- BASKETBALL
- VOLLEYBALL

OPEN NOW



<https://tinyurl.com/SNFYOUTH>

SIGN UP ONLINE TODAY

196-10 Northern Blvd Flushing NY 11358

STNICHOLASFLUSHING.ORG



**ST. NICHOLAS GREEK ORTHODOX SHRINE  
CHURCH**

**✠ BOOK CLUB ✠**

Pick up your  
copy of the  
book from our  
bookstore!

**Book One**  
**“With Pain and Love for  
Contemporary Man”**  
**St. Paisios**

**OCTOBER 20TH**  
**6:30 PM**

**Holy Anagyroi Chapel**

**196-10 Northern Blvd  
Flushing NY 11358**

**Gather with us once a month! We meet  
every Monday in the Chapel to read and  
reflect on the inspiring writings of our  
holy saints.**

**SIGN UP TODAY**

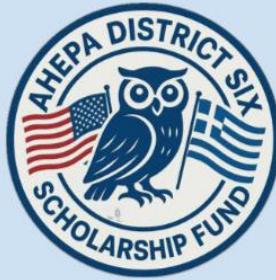
Scan ME!



# FRATERNAL ORGANIZATIONS

Friday, November 7, 2025 7:30 p.m.

## Basile and Bouzouki



**Gus Cherevas**

Estia-Pindus Chapter 326

Est 1939

**AHEPA District 6 Scholarship Fund  
&  
AHEPA Gus Cherevas -Estia Pindus Chapter No.326**

**Proudly Presents**

**Basile and Bouzouki with DJ George Andreacos Music Entertainment**

**Friday, November 7, 2025 7:30 p.m.**

**(Bouzouki starting at 7:30 Basile starting at 8:00pm)**

**Sarantakos Hall - Saint Nicholas Community Center,  
196-10 Northern Blvd. Flushing, New York 11358**

Join us for a night of laughs and Live DJ entertainment in **support of the AHEPA Scholarships**. Explosive, dynamic, and completely original, are just some of the words that have described one of the most powerful entertainers in the comedy world today!

The Emmy-nominated Basile has entertained millions of comedy fans in the United States, Canada, Europe, Australia, and Africa. **Support AHEPA Scholarships** at this amazing, one-night-only event!



**Tickets are \$100 Prepaid in Advance**

**\$120 at the Door**

**\$75 Sons and Maids**



*(please rsvp by paying in advance to ensure proper food count)*

**Complimentary Appetizers Beer & Wine**

FOR TICKETS click this link : [AHEPA D6 SCHOLARSHIP FUND](#) OR mail with Payment to: AHEPA District 6 Scholarship Fund,  
160-19 27th Avenue, Flushing, NY 11358



**Or just scan the QR CODE above**



**Support AHEPA Scholarships, Do the Right thing and be there!**

# AHEPA

Our Flushing AHEPA Chapter has a busy calendar this fall, packed with events for everyone.

On September 4th, we had our 17th annual St. Nicholas Golf Outing. Then, on September 23rd, we're hosting a special BBQ reception in Sarantakos Hall for the President of AHEPA, Chris Kaitson. On September 25th, get ready for the "St. Nicholas Cruise for a Cause Fundraiser."

The fun continues in October! On October 17th, don't

miss the long-awaited "Sons and Maids Reunion Party" where you can dance the night away.

In November, prepare for a night of laughs as "Basile the Comedian" comes to Sarantakos Hall for one night only on the 7th. Finally, on November 9th, we'll sponsor "Fellowship Hour" after the first liturgy.

We look forward to seeing you at these exciting events!

Estia-Pindus AHEPA Chapter #326 Presents

# THE Sons & Maids REUNION

**FRI OCT 17 7PM**

KPACHO - 1270 Union Tpke,  
New Hyde Park, NY

*Buffet &  
Open Bar*

**\$150**  
PER PERSON  
FOR TICKETS,  
SCAN HERE



Partial proceeds to benefit  
The Ronald McDonald House &  
The Junior Order of AHEPA -  
The Sons of Pericles

All inquiries:  
[sonsandmaids@gmail.com](mailto:sonsandmaids@gmail.com)

ESTIA-PINDUS AHEPA #326 PRESENTS

# The SONS & MAIDS Reunion

**FRI OCT 17**

OF THE AGES

## WE NEED YOUR PHOTOS!

PLEASE SEND US THOSE GREAT SONS & MAIDS PHOTOS  
FROM THE 80'S & 90'S FOR THE SLIDE SHOW!  
(THE FACEBOOK PICS ARE TOO SMALL)  
AND TO REALLY HAVE SOME FUN, TRY RECREATING THEM  
FOR A BEST "THEN & NOW" PRIZE!

EMAIL THEM TO: [SONSANDMAIDS@GMAIL.COM](mailto:SONSANDMAIDS@GMAIL.COM)



# MAIDS OF ATHENA

## Bayside Maids of Athena Chapter #126

After a long summer break, the Bayside Maids of Athena Pygmalion Chapter is back for another amazing year! We are excited to come together again in sisterhood, service, and fellowship.

Now that we're back, we'd like to take this opportunity to reintroduce ourselves for those who may not be familiar with who we are and the values we stand for. The Maids of Athena is an international youth sisterhood within the AHEPA family, dedicated to philanthropy, culture, and community. Our Bayside Pygmalion Chapter is proud to be the largest and most active in the organization. This past summer, we were honored to be named Most Artistic Chapter of the Year at our annual convention, a recognition of the creativity and spirit we poured into events like our Greek-themed Cycling Fundraiser, our Sisterhood Sweatshirt-Making outing, and more.

As we look ahead to the months to come, we're excited to share some of the events that will bring our chapter and community together this fall.

### A Few Noteworthy Upcoming Events

• First Chapter Meeting of the Year – Tuesday, September 23rd

Our first meeting of the year will take place at 7:00 PM in the AHEPA Room. We invite all prospective members ages 14–27 to join us as we kick off the new year!

• Making Strides Breast Cancer Walk – Sunday, October 19th

Join us at Flushing Meadows Corona Park as we walk in support of breast cancer awareness. The event opens at 8:00 AM, and our chapter will meet at 10:00 AM at the Fountain of the Planets. Please wear pink (not required but

encouraged) and help us reach our fundraising goal of \$1,500. Donations can be made through our online campaign page:

[https://secure.acevents.org/site/STR?fr\\_id=110771&pg=team&team\\_id=2822601](https://secure.acevents.org/site/STR?fr_id=110771&pg=team&team_id=2822601)

Venmo boards will also run throughout October for Breast Cancer Awareness Month, so make sure you're following us on Instagram @maidsofathenapyg!

• Annual Halloween Party – Saturday, October 25th

Save the date for one of our biggest traditions of the year! The party will take place at the Melrose Penthouse in Long Island City, with doors opening at 11 PM. Tickets are \$15 early bird and \$20 the week of/at the door. With music by DJ Elia Drop and countless creative costumes, this exciting night will raise funds for our upcoming Chapter Project. We will be voting on the project at our first meeting, and it will be a non-profit organization where we can make a meaningful impact. And of course, no Halloween Party would be complete without our famous costume contest, where exciting prizes will be awarded to the top three costumes. Tickets will be available for purchase through the link in our Instagram bio beginning Friday, October 3rd.

We look forward to reconnecting with our beloved St. Nicholas community, welcoming new faces, and making this year one to remember!

With love in ΠΑ,

The Sisters of Bayside Maids of Athena  
Pygmalion #126



Join Us!



24

23 First Meeting of the Year!  
(Rescheduled)



IIA

Tuesday, September 23rd at 7pm  
St. Nicholas Church AHEPA Room

TRUTH  
GOODNESS  
BEAUTY

30



# BOY SCOUTS AND GIRL SCOUT ANNUAL BBQ



fundamentals of the outdoors. If you're interested in joining feel free to email the Troop at [Troop268@gmail.com](mailto:Troop268@gmail.com).

Boy/Cub Scouts – Troop/Pack 268 had a great summer with a one week trip to Ten Mile River Scout Camp where the Scouts participated in activities and earned badges such as Shotgun Shooting, Rifles, Wilderness

Survival and Life Saving to name a few. Our Troop took home multiple awards for the week such as Best Marksman at the rifle range and Iron Chef for preparing the best meal at camp! We are kicking off the start of the Fall camping

season with a trip to Camp Alpine in New Jersey where the Scouts will be spending time at the archery range and rock climbing wall in addition to learning





JOIN ST. NICHOLAS GIRL SCOUT TROOP 4212  
IN A  
**CLOTHING DRIVE  
FUNDRAISER**



ITEMS ACCEPTED: gently used clothing and shoes, accessories and jewelry, costumes, stuffed animals & small plastic toys (no puzzles, board games, Legos, or toys with small pieces), linens including towels curtains and comforters



Saturday, 11  
October 2025



10 AM – 3 PM



SAINT NICHOLAS FLUSHING PARKING LOT  
43-15 196th St, Flushing, NY 11358  
Between 44<sup>th</sup> Ave & 196<sup>th</sup> St

contact us at [stnicksgstroop04212@gmail.com](mailto:stnicksgstroop04212@gmail.com) for more information



# YOUTH MINISTRY ANNUAL BBQ



INTERNATIONAL  
 .....*Sounds*  
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 & Finer Social Events

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 paintplaceny.com



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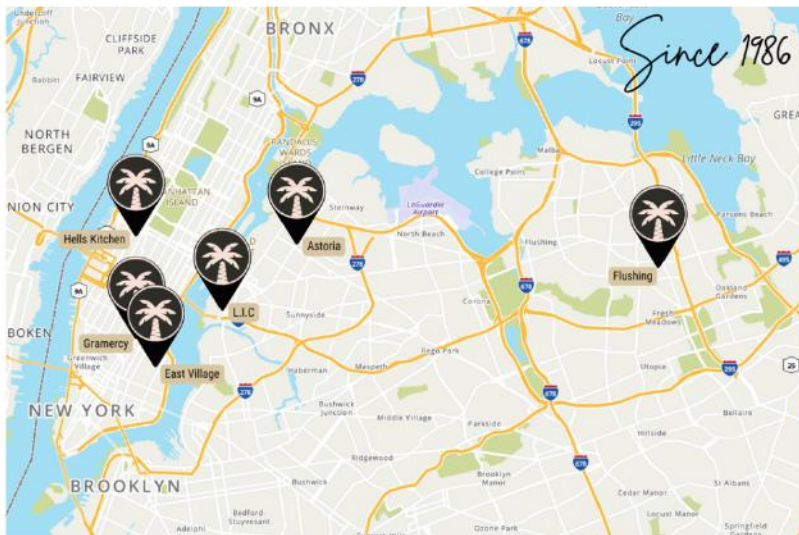
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