

McClures

Delivering the finest food for over 75 years



Fruit & Vegetables

McClures

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McClures is a family-run, leading supplier to the foodservice industry. Supplying local businesses for over 75 years, we have everything you need for your business in our range of 4000 products, and our fleet can deliver within 70 miles of Windermere. We make ordering easy! Order until midnight, six days a week, for next day delivery.



Office Hours for Orders

Mon - Fri: 8am - Midnight
Saturdays: 8am - Midday
Sundays: 5pm - Midnight

Cash & Carry Hours

Mon - Fri: 8am - 4pm
Saturdays: 8am - Midday
Sundays: 8am - Midday

Our Cash & Carry is open to all, seven days a week. We stock the very best local and regional produce alongside your essential ingredients and necessities.



Scan the QR code to view our other Product Guides!

t: 015394 42636 **e:** sales@wmccclure.co.uk **w:** wmccclure.co.uk

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Welcome to your Fruit & Vegetable Guide!

1

This handy guide is designed to help you plan a mouth-watering menu for your business, with ease! See the contents below for our product categories, & for up-to-date pricing please see the price list inside the back cover.

Contents	1
Peppers & Chillies	2
Beans & Peas	4
Fresh Herbs	6
Heritage	8
Leaf Veg	10
Stem & Floral	12
Micro Herbs	14
Salad Leaves	16
Tomatoes	18
Speciality	20
Mushrooms	22
Onions & Bulbs	24
Root Veg	26
Baby Veg	28
Squash	29
Potatoes	30
Citrus	32
Exotic	34
Berries	36
Prepared Fruit	37
Hard Fruit	38
Soft Fruit	40

KEY

** = Special Order Only | S = Seasonal

Peppers & Chillies

Our range of peppers is vast... from sweet red peppers through to fiery scotch bonnets, how hot do you dare to go?



B311 Birds Eye Chillies | per kg
100,000 SHU



B191 Scotch Bonnet Chillies | per kg
100,000 - 350,000 SHU



B1892 Red Chillies | per kg
B189B Red Chillies | 1x3kg
5,000 - 30,000 SHU



B188 Green Chillies | per kg
B1891 Green Chillies | 1x3kg
5,000 - 30,000 SHU



B277 Jalapeno Peppers | 1x3kg
3,000 - 5,000 SHU



MILD

Not Pictured:

- B187 Mixed Chillies | per kg
 B130 Red Ramiro Peppers** | 1x2
 B129B Red Ramiro Peppers** | 10x2



Bell Peppers (0 SHU):

- B127 Green Peppers | per kg
 B126B Green Peppers | 1x5kg
 B129 Red Peppers | per kg
 B128B Red Peppers | 1x5kg
 B131 Yellow Peppers | per kg
 B130B Yellow Peppers | 1x5kg
 B701 Orange Peppers | per kg
 B157 Orange Peppers | 1x5kg
 B177 Peppers Mixed | per kg
 B176B Peppers Mixed Case | 1x5kg

B136B Padron Peppers | 1x2kg

Peas & Beans

*Seasonal peas and beans add
texture and brightness!*

B236 Peas In Pods | S | per kg



B420B Broad Beans | **S** | 1x4.5kg

B021B Kenya Fine Beans | 1x1.5kg



B169B Mangetout | 1x1.5kg



B088 Runner Beans (ENG) | **S** | 1x4kg



B291 Sugar Snap Peas | 1x1.5kg
B117B Sugar Snap Peas | 1x150g



Fresh Herbs





Not Pictured:

- B809 Chervil** | 1x100g
- B800 Lovage** | 1x100g
- B280 Marjoram** | 1x100g
- B80 Sorrel** | 1x100g

Heritage



B1452 Rhubarb English | **S** | per kg
B451 Rhubarb English | **S** | case



B414B Heritage Tomatoes | 1x750g
B243B Heritage Tomatoes | 1x3kg
B194 Mixed Heritage Cherry Tomatoes | 1x250g

B036B Purple Carrots** | 1x5kg



B910B Heritage Mixed Carrots | 1x5kg



B205 Purple Sweet Potatoes** | **S** | per kg
B204B Purple Sweet Potatoes** | **S** | 1x6kg



Heritage varieties are from seeds that have been passed down over the years to produce a variety that has not changed for generations. Full of flavour and taste from the original Purple Potatoes to wonderful traditional British Asparagus, their flavour can elevate any dish to another level!



Leaf Veg



B028B Rainbow Curly Kale** | 1x200g
B092 Rainbow Curly Kale** | 10x250g



B1723C Red Curly Kale** | 1x250g

B032 Savoy Cabbage | **S** | each
B031B Savoy Cabbage | **S** | 1x12



Not Pictured:

B8271 Green Curly Kale | 1x250g
B1723 Green Curly Kale | 10x250g

B150 Brussell Sprouts | **S** | per kg
B149B Brussell Sprouts | **S** | 1x9kg

B0034 Spring Cabbage | each
B0033 Spring Cabbage | 1x12
B030 White Cabbage | per kg
B029B White Cabbage | 1x25kg
B036 Red Cabbage | per kg
B035B Red Cabbage | case
B165B Hispi Cabbage | **S** | each
B101 Hispi Cabbage | **S** | 1x8

B264 Pak Choi | each
B264B Pak Choi | 1x10

B038 Celery | each
B037B Celery | 1x12

B038 Cavolo Nero Black
Cabbage | 1x250g



Stem & Floral



B061 Fennel | per kg
B060B Fennel | 1x4kg

Not Pictured:

B028 Broccoli | per kg
B027B Broccoli | 1x6kg

B0283B Purple Sprouting Broccoli
| S | per kg
B030B Purple Sprouting Broccoli
| S | 3.6kg

B051 Green Courgettes | per kg
B050B Green Courgettes | 1x5kg

B064B White Courgettes**
| S | 1x5kg

B239 Marrows** | each

B002 Asparagus | 1x250g



B901 Yellow Courgettes ** | S | per kg
B900B Yellow Courgettes ** | S | 1x5kg



B0283 Tenderstem Broccoli | 1x500g



B005 White Asparagus**bunch | S | 1x500g



B524B Courgette en Fleur** | S | 1x15



B041 Romanesco Cauliflower | **S** | each
B041B Romanesco Cauliflower | **S** | 1x8

Not Pictured:

B042C Orange Romanesco Cauliflower | **S** | each
B042I Cauliflower | each
B042H Cauliflower | 1x8
B040B Purple Cauliflower (UK)** | **S** | each

Micro Herbs



B078 Micro Red Vein
Sorrel | punnet



B823 Micro Apple
Blossom** | punnet



B321 Micro
Parsley | punnet



B908 Micro Nasturtium
Leaf | S | punnet



B808 Micro Edible
Flowers | punnet



B091 Micro Salty
Fingers | punnet

B065 Micro
Coriander | punnet

B212 Micro Ruby Red
Chard** | punnet



Not Pictured:

B133B Micro Nasturtium Flowers** | punnet

B139B Micro Celery** | punnet

B214 Micro Mizuna** | punnet

B810 Micro Green Basil** | punnet

B069 Micro Lemon Balm | punnet

B122 Micro Rock Samphire | punnet

B081 Micro Watercress | punnet

B073 Micro Mixed Leaf | punnet



B103 Sea Fennel** | punnet



B322 Shiso Leaves Green (Perilla) | punnet



B079 Micro Viola Flowers | punnet



B059 Micro Sea Rosemary** | punnet



B173 Micro Ice Lettuce | punnet



B074 Micro Red Amaranth | punnet



B323 Micro Rocket | punnet

- B830** Microleaf Mixed** | 1x100g
- B063** Micro Popcorn Shoots** | punnet
- B096** Micro Lemon Sorrel** | punnet
- B113** Micro Sea Oyster Leaf ** | punnet

- B909** Micro Lemon Verbena | punnet
- C010261** Micro Mint | punnet
- B085** Micro Taste of the Sea | 1x8
- B067** Micro Fennel** | punnet

Salad Leaves

We have a wonderful selection of salad leaves for you. Salad is certainly not just about a floppy lettuce leaf these days!



B144 Radicchio | each



D3071 Mixed Shredded Salad Leaves | 1x500g



B3073 Mixed Baby Salad Leaves | 1x500g



B265 Lettuce Cos / Romaine | each

B265B Lettuce Cos / Romaine | 1x12



B082 Curly Endive | each



B814 Wild Rocket | 1x100g

B821 Wild Rocket | 1x500g



B190 Lollo Rosso | each

B190B Lollo Rosso | 1x8



B048 White Chicory | per kg
B047B White Chicory | 1x5kg



B058 Chinese Leaves | each
B058B Chinese Leaves | 1x8



B406 Spinach | 1x200g



B054D Cucumber | each
B054C Cucumbers | 1x12

Not Pictured:

- B1173** Pea Shoots Cut Tendril | punnet
- B057** Cress | punnet
- B056B** Cress | 1x12
- B063B** Mixed Sakura Growing Cress | 1x18
- B156** Watercress | punnet
- B186B** Red Chicory** | 1x3kg

- B084** Iceberg Lettuce | each
- B083B** Iceberg Lettuce | 1x12
- B251** Baby Gem Lettuce | 1x2
- B250B** Baby Gem Lettuce | CASE 10x2
- B141B** Radish | 1x12
- B142** Radish | pkt



B064 Afilia Living Growing Pea Shoots | 1x16

Tomatoes



B194 Mixed Heritage Cherry Tomatoes | 1x250g



B412 Tomatoes on the Vine | per kg
B412B Tomatoes on the Vine | 1x5kg

Not Pictured:

B154 Tomatoes | per kg
B153B Tomatoes | 1x6kg
B184 Beef Tomatoes | per kg
B185B Beef Tomatoes | 1x7kg / case
B1553B Green Tomatoes** | **S** | 1x6kg
B252 Plum Tomatoes | per kg
B251B Plum Tomatoes | 1x6kg / case
B252B Baby Plum Tomatoes** | Punnet

B193 Red Cherry Tomatoes | 1x250g
B192B Red Cherry Tomatoes | 9x250g / case
B416 Red Cherry Tom's on the Vine | per kg
B413B Red Cherry Tomatoes on the Vine | 1x3kg / case
B241 Yellow Cherry Tomatoes | punnet
B245B Yellow Cherry Tom's on Vine** | **S** | 1x3kg
B087B Heirloom Baby Tomatoes | **S** | 1x300g



B414B Heritage Tomatoes | 1x750g
B243B Heritage Tomatoes | 1x3kg

Speciality

Not Pictured:

B014 Aubergines | per kg

B013B Aubergines | 5kg

B400 Corn on Cob (Vacpac) | 1x2

B400B Corn on Cob (Vacpac) | 12x2

B400A Corn On Cob Husk | **S** | each

B400C Corn On Cob Husk | **S** | 1x30

B168 Beansprouts | punnet

B168B Beansprouts | 1x6

B066 Ginger | per kg

B262 Galangal Thai Ginger** | per kg

B262B Galangal Thai Ginger** | 1x1.7kg

B833 Garlic Wild Fresh Leaves** | 1x100g

B903B Banana Leaf** | 2 x 500g

B068 Mizuna Leaf** | each



B165 Artichokes Jerusalem | per kg

B166B Artichokes Jerusalem | 5kg



B313 Medjoul Dates** | per kg

B314 Medjoul Dates** | 1x5kg



B283B Chestnuts | **S** | 1x5kg

B286 Chestnuts Vac Pack | 180g

B2861 French Chestnuts Vac Pac
| **S** | 1x400g

B162B Okra** | 1x3kg



B288 Artichokes Globe | each
B287 Artichokes Globe | 1x15



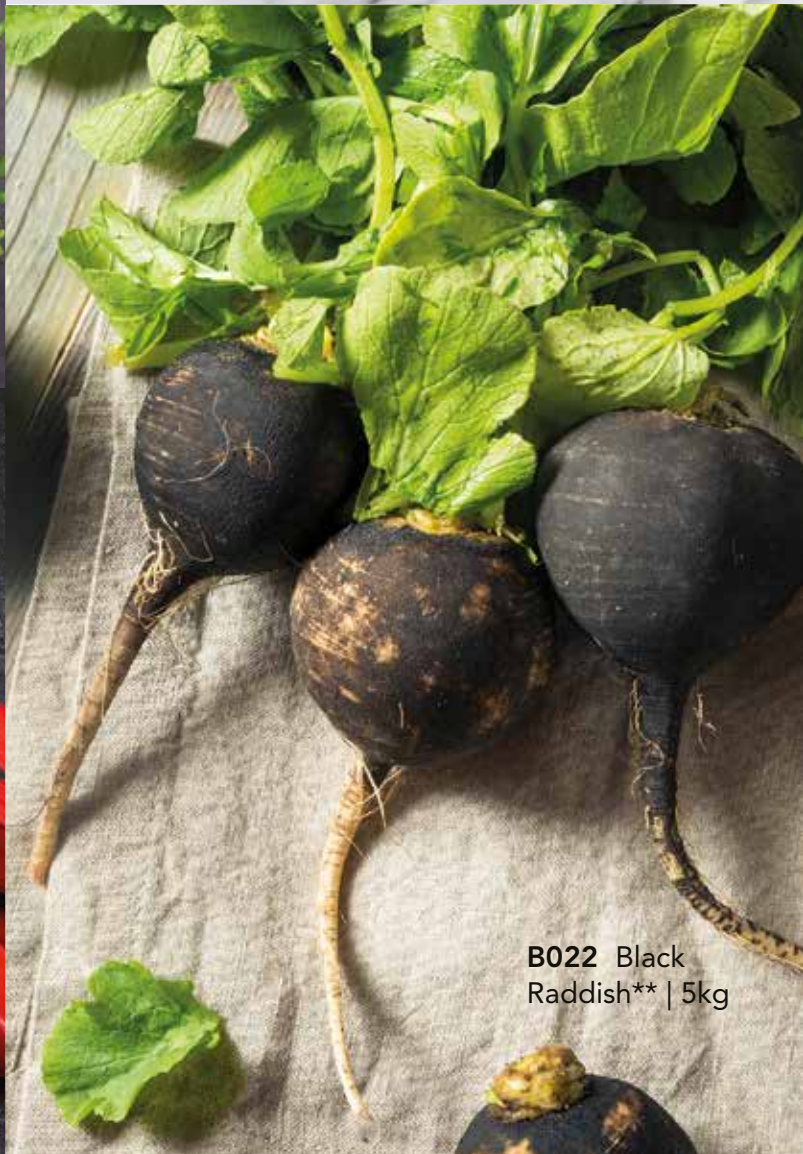
B2722 Samphire** | S | 100g
B201 Samphire** | S | 1kg



B146 Rhubarb UK | S | per kg
B145B Rhubarb UK | S | 1x6kg



B1893 Kohlrabi | each



B022 Black
 Raddish** | 5kg

Mushrooms

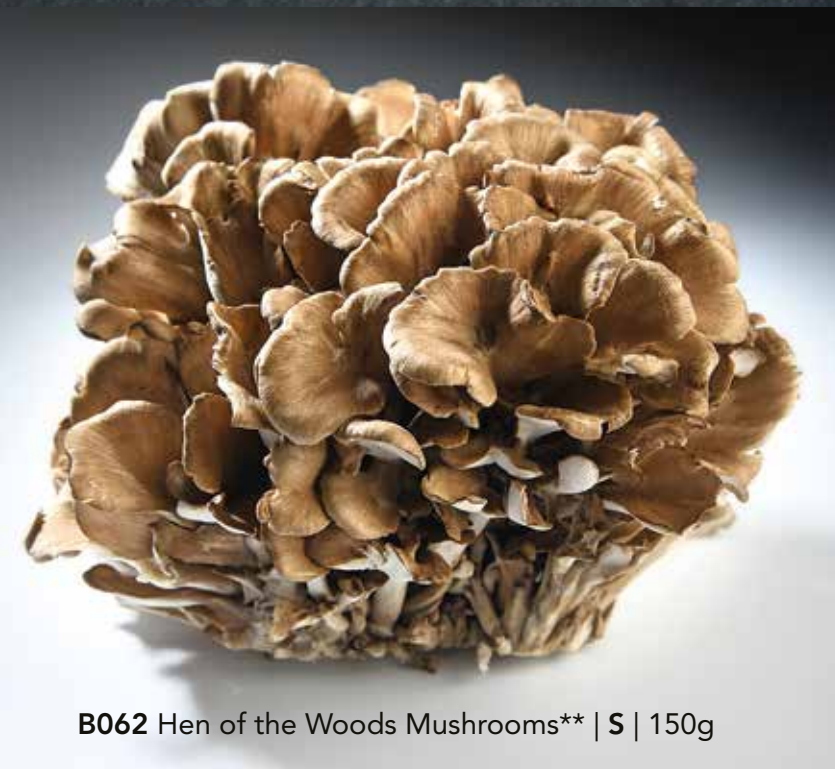


B170 Shimeji White
Mushrooms | 1x150g

B211B Mixed Wild Mushrooms | 1x1kg
(contents varies dependant on availability)



B050 King Oyster Mushrooms | 1x1kg
B049 King Oyster Mushrooms | 2kg



B062 Hen of the Woods Mushrooms** | **S** | 150g



B307B Portobello Mushrooms | 1x1.5kg

Over the past decade mushrooms have come into their own, and the varieties available are wonderful. From the traditional breakfast mushroom to the amazing Hen of the Woods, we have a large range either in stock or to order.



B052 Brown Cap Mushrooms | 1x2.27g

Not Pictured:

- B249B** Closed Cap Mushrooms | 1x2.27kg
- B234B** Oyster Grey Mushrooms | 1x1kg
- B238B** Flat Mushrooms | 1x1.8kg
- B238** Pre-Pack Mushrooms | 1x250g
- B299** Girolle Mushrooms** | per kg
- B303** Shiitake Mushrooms** | 1.0 kg
- B320** Chanterelle Yellow Mushrooms** | 1x1kg

Onions & Bulbs

B077D Leeks | per kg
B077B Leeks | 1x5kg

B095 Banana Shallot
Onions | per kg
B094B Banana Shallot
Onions | 1x4kg

B124 Red Onions Loose | per kg
B123B Red Onions Net | 1x10kg

B102 Small Onions | per kg
B101B Small Onions | 1x18kg
B101D Large Onions | per kg
B101C Large Onions Net | 1x20kg



B080 Roscoff Pink
Onions Rope | 1x1kg

B071 Garlic
Rope | each

B072 Garlic Bulbs | per kg
B072B Garlic Bulbs Net | 1x4kg

C0109 Ready Peeled
Garlic | 1x1kg

Not Pictured:

- B0712** Smoked Garlic Rope** | each
- B104** Spring Onions | bunch
- B105B** Spring Onions | 1x20
- B301B** Silverskin Onions** | 1x5kg

Root Veg

B266 Salsify | per kg

Not Pictured:

- B026 Beetroot | per kg
- B023B Beetroot | 1x10kg
- B0244 Golden Beetroot | per kg
- B025 Cooked Beetroot | pkt
- B024B Cooked Beetroot | 1x18
- B094 Mouli | each
- B242 Horseradish Sticks | per kg
- B158 Swedes | per kg
- B157B Swedes | 1x12.5kg
- B160 White Turnips | per kg
- B159B White Turnips | 1x5kg
- B114 Parsnips | per kg
- B113B Parsnips | 1x5kg



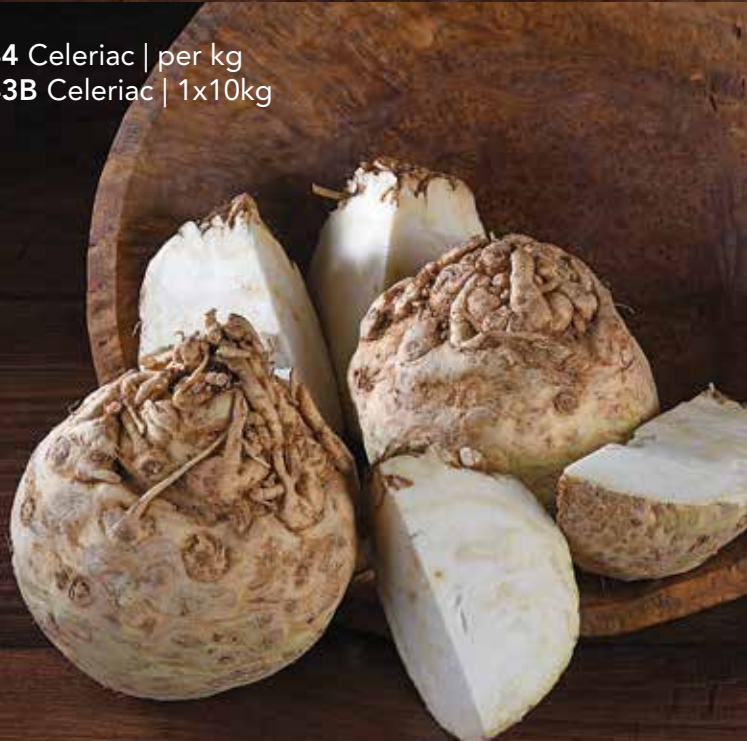
- B044B Mixed Chantenay Carrots | S | 1x5kg
- B038B Chantenay Carrots | 1x5kg



- B0242 Candy Beetroot | per kg



- B044 Celeriac | per kg
- B043B Celeriac | 1x10kg





B055 Carrots Bunched | 1x12 bunch
B040 Carrots | per kg
B039B Carrots | 1x10kg

Not Pictured:

B3061 Heritage Carrots Bunched | bunch
B268 Heritage Carrots Bunched | 10 bunches

Baby Veg

B30631 Baby Red
Beetroot | 1x200g



B796 Baby
Fennel | 200g



B167B Baby Corn | 1x12
B200 Baby Corn | punnet



B30634 Baby Candy
Beetroot | 1x200g



B3401 Baby
Carrots | 1x200g



B054B Baby Courgettes | 1x200g



B3064 Baby
Leeks | 1x200g



B2742 Baby White
Turnips | 1x200g

Not Pictured:

B237 Baby Piccolo Parsnips | **S** | 1x4kg

From the traditional Pumpkins at Halloween, we are seeing more squashes and pumpkins on our menus. The delightful Munchkins look amazing in the Autumn months, but don't forget we also do prepped butternut squash all year round, from salads in summer to a warming soup in winter.



B279 Butternut Squash | per kg
B278B Butternut Squash | 1x10kg

Not Pictured:

B2813 Munchkins Pumpkin | **S** | 1x20
B279B Squash Mixed | each
B2811 Medium Pumpkin | **S** | each
B2812 Large Pumpkin | **S** | each
B780B Super Large Pumpkin | **S** | Each



Scan the QR code to see
our prep veg guide!

Potatoes

B139 Chipping Potatoes | 1x25kg

B140C Mid Potatoes | 1x10kg

B140D Mid Potatoes | per kg

B152B Albert Bartlett Red Potatoes | 1x20kg

B274B Wilja Potatoes | 1x25kg

B274 Wilja Potatoes | per kg

B750B Ratte Potatoes | 1x5kg

D013 Linroyal Baking Potatoes Large | 1x40

D015 Linroyal Baking Potatoes Medium | 1x50

B751B Uncle Davids Agria Potatoes | **S** | 1x25kg

B145 Uncle Davids Markies Potatoes | **S** | 1x25kg

B144B Uncle Davids Sagitta Potatoes | **S** | 1x25kg

B042 Pink Fir Apple Potatoes | **S** | 1x5kg

B051B Violet Potatoes | **S** | 1x5kg



B199 Jersey Royal New Potatoes** | **S** | per kg

B191B Jersey Royal New Potatoes** | **S** | 1x15kg

B154B Anya New Potatoes** | 1x10kg

B188B Sweet Potatoes | 1x6kg
B189 Sweet Potatoes | per kg

D012 Baking Potato (UK) | each
D014 Baking Potatoes Small** | 1x60

B140B Washed White Potatoes | 1x20kg
B656 Washed White Potatoes | 1x2kg



Citrus

*Fresh & zingy citrus fruits are
packed full of flavour!*

B079D Lemons | each
B079C Lemons | case

Not Pictured:

B087D Limes | each
B087C Limes | case





B110 Blood Oranges | S | each
B091B Blood Oranges | S | case

Not Pictured:

B107 Small Oranges | each
B106B Small Oranges | case

B109 Large Oranges | each
B108B Large Oranges | case

B106C Juicing Oranges | 1x88

B111 Oranges Seville Bitter** | S | per kg
B110B Oranges Seville Bitter** | S | 1x13kg

B148 Satsumas | each
B147B Satsumas | case

Not Pictured:

B192 Clementines Leafy | S | each
B706 Clementines Leafy | S | case

B070 Pink Grapefruit | each
B069B Pink Grapefruit | 1x40



Exotic



B195 Physalis | punnet



B090 Golden Kiwi | each
B090B Golden Kiwi | 1x52 / case



B119D Mango | each
B119C Mango | 1x10

B174 Pineapple Large | each

B089 Lychees** | per kg
B088B Lychees** | 1x2kg

B112 Passion Fruit | each
B111B Passion Fruit | 1x36

B136 Pomegranates | each

B076 Kiwi Fruit | each
B075B Kiwi Fruit | 1x33





B137 Dragon Fruit** | 1x3kg

Not Pictured:

B303B Fresh Coconuts** | 1x50

Berries

*Brighten up your breakfasts
with our berries & prep fruit.*



B152 Strawberries | punnet
B151B Strawberries | 16x250g



B705 Blackberries | 1x125g
B704B Blackberries | 12x125g



B703 Gooseberries | **S** | 12x135g



B1772 Raspberries | 1x175g



B244 Blueberries | 1x125g
B244B Blueberries | 12x125g

Not Pictured:

B175 Redcurrants | punnet
B891 Cranberries** | **S** | 1x200g

Prepared Fruit

37

C05375 Tropical Fruit
Salad** | 1x2.5ltr



B05373 Fresh Fruit Salad** | 1x2.5ltr
C05373 Fresh Fruit Salad** | 1x5ltr



C1999 Orange
Segments** | 1x5ltr



C01583 Ruby Grapefruit
Segments** | 1x5ltr



C01584 Grapefruit
Segments** | 1x2.5ltr
C01582 Grapefruit
Segments** | 1x5ltr



C1997 Orange
& Grapefruit
Segments** | 1x5ltr



C1998 Melon
Medley** | 1x2.5ltr



Hard Fruit

B004 Golden Delicious Apples | per kg
B003B Golden Delicious Apples | 1x12kg
The large, yellow-green fruit is very sweet to the taste, juicy and crisp.



B622 Braeburn Apples | per kg
B621B Braeburn Apples | 1x13kg
Extremely versatile; their incredible flavour makes them a good choice for snacking, and they have enough acid to hold their shape when baked.



B123 Conference Pears | per kg
B122B Conference Pears | 1x12kg
Sweet and soft when ripe, they're perfect for baking, roasting, and poaching, or eaten raw.



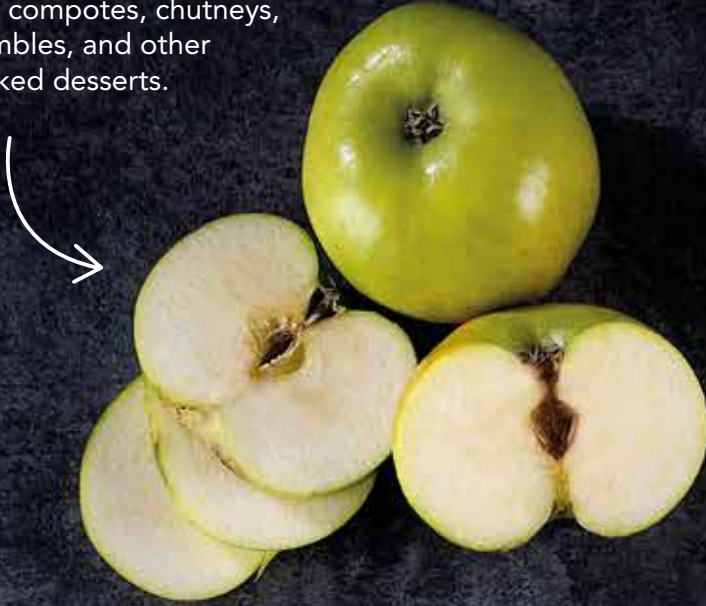
B011 Granny Smith Apples | each
B010 Granny Smith Apples | per kg
B009B Granny Smith Apples | 1x12kg
A crisp, hard apple with a sharp taste. Very refreshing, it works well in salads.



B802 Red Delicious Apples | each
B008 Red Delicious Apples | per kg
B007B Red Delicious Apples | 1x12.5kg
A sweet but very mild flavour, somewhat reminiscent of slightly over-ripe melon. The flesh is juicy and has a light crispness.



B012 Bramley Apples | per kg
B011B Bramley Apples | 1x12kg
 Bramleys work well in pies, fruit compotes, chutneys, crumbles, and other cooked desserts.



B230B Pink Lady Apples** | 1x18kg
 The first to blossom and last to be harvested, the apples are sweet-tart, tangy, and have a zip to their flavour that some describe as almost fizzy.



B120 Quince | **S** | each
 A hard, aromatic bright golden-yellow fruit. Seldom eaten raw, they are fantastic processed into marmalade, jam, paste (known as quince cheese) or alcoholic beverages.



B232 Royal Gala Apples | each
B230 Royal Gala Apples | per kg
B231 Royal Gala Apples | 1x18kg
 Its sweet and succulent flavour makes this an excellent all round choice, from baking to snacking.



Not Pictured:

B006 Coxes Apples | **S** | per kg
B005B Coxes Apples | **S** | 1x12kg
B181 Mixed Apples | per kg
B180B Mixed Case Apples | 1x12.5kg

Soft Fruit

B100 Watermelon | each

B097 Galia Melon | each
B096B Galia Melon | 1x6

B093 Honeydew
Melon | each
B092B Honeydew
Melon | box/case

B361 Cantaloupe Melons | each
B360B Cantaloupe Melons | 1x6

B119 Nectarines | S | each
B118B Nectarines | S | 1x22





BB143B Green Grapes | 1x500g
B183B Green Grapes | 10x500g/case
B149 Black Grapes | 1x500g
B1831 Black Grapes | 10x500g



B134B Flat Nectarines** | 1x5kg



B046 Cherries | **S** | per kg
B045B Cherries | **S** | 1x5kg



B805 Avocados 'Ripe & Ready' | each
B156B Avocados 'Ripe & Ready' | 1x18



B020 Bananas | per kg
B020B Bananas | 1x18kg



B164 Fresh Figs | each
B164B Fresh Figs | 1x20

Not Pictured:

B133 Plums | per kg
B132B Plums | 1x5kg

B018 Apricots | **S** | per kg
B017B Apricots | **S** | 1x5kg

B271 Greengages (Green Plums)** | **S** | per kg
B271B Greengages (Green Plums)** | **S** | 6.43kg

B117 Peaches | **S** | each
B116B Peaches | **S** | 1x24

B258 Damsons** | **S** | per kg

B116 Flat Peaches | **S** | per kg

McClures



We offer a delivery service to most areas within a 70 mile radius of Windermere, and because we understand what getting around the Lakes can mean at the height of summer, we know to set off early!

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