

Aug 25 | Issue #8

CHAMPAGNE
apothecary

SANCTUARY

BEING PRESENT

WHERE EXPECTATIONS END

FROM *THE* EDITOR

Beloved Seekers of Sanctuary,

This summer has felt different for me.

Without the rhythm of a brick-and-mortar space,
I've found myself really leaning into presence...
being where my feet are.

I've noticed how easy it is to rush: the moment
August hits, the world seems ready for Halloween,
pumpkin spice, and all things fall.

But summer isn't over yet.

Being present means savoring the late sunsets,
lingering on the porch after dinner, and noticing
life as it's taking shape around us.

I've even been learning how to do nature and
macro photography. See the photos to the right
and on the cover ☐

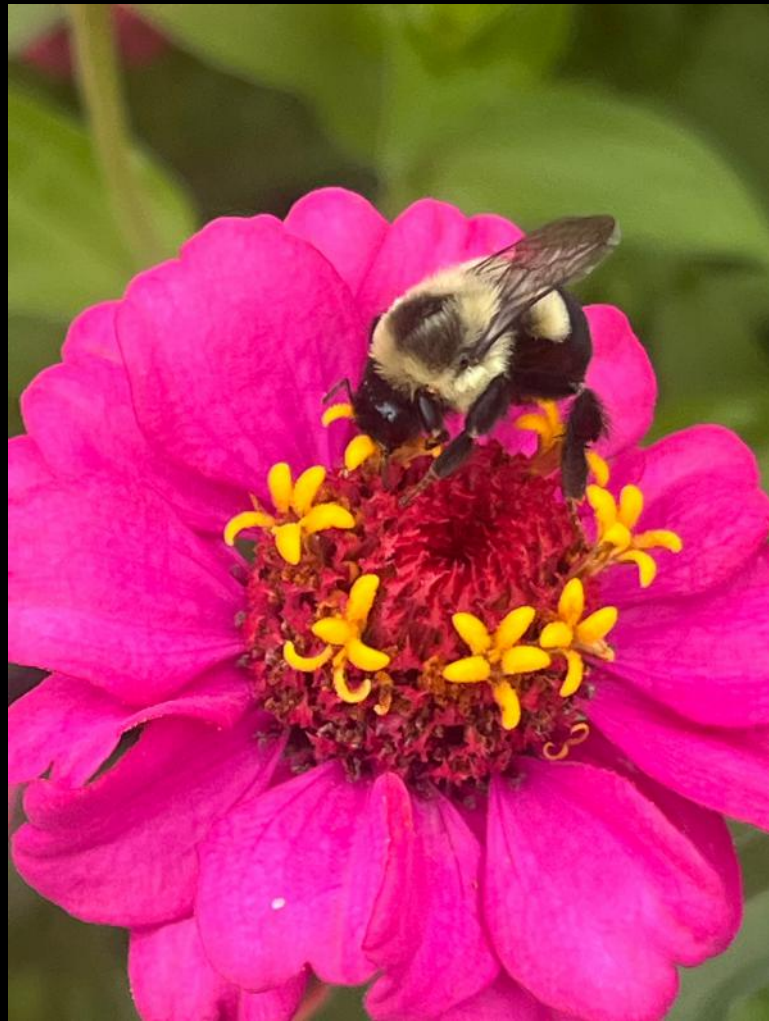
Friends, it's not always about what's next.
It's about what's here, right now.

This month, I want to invite you to slow down
with me. To breathe. To be fully here.

Amber Champagne

Editor-in-Chief

Founder of ETHYST® Skincare
& Champagne Apothecary



SANCTUARY

All the ritual, radiance, and reflection you need.

SLOWING DOWN & BEING HERE NOW



Best Selling Holy Grail

EVENING RESET RITUAL

Before the sun sets, take 5 minutes outdoors. Put your phone down, close your eyes, and notice:

- What sounds you hear
- How the air feels on your skin
- The way the light shifts as the day ends

Small practices create a big shifts.

STAY COOL, STAY PRESENT

Late-summer heat can make our skin feel stressed. Keep Awakening Toner nearby (it's infused with rose and rich with hyaluronic acid and mineral sea water).

Use it as a reminder to pause: mist, inhale deeply, and exhale tension.

Presence isn't just mental, it's physical too. Anchor yourself in the now by caring for your skin.

JOURNAL PROMPT

Take a moment to reflect.

Where in my life am I rushing to the future?

How can I choose to savor what's here today?

DID YOU KNOW?

ETHYST® is officially the CLEANEST skincare on the market.

All the results, None of the harm

ONE MINUTE

Mist some room spray or light a candle. Take 60 seconds, close your eyes, and take 10 slow breaths.

On each inhale, silently say "I am here." On each exhale, "I release what's ahead."

This resets your nervous system and reminds your body that this moment is enough.

SHARE YOUR PRESENCE

How are you practicing presence this month?

Reply back and let us know!

We love hearing how our Sanctuary community finds small, everyday ways to slow down and live in the moment.

Sanctuary VIPs ONLY: Receive a Grounding Aromatherapy Roller free with any \$50 order. A small reminder you can carry everywhere to help you stay rooted and present. Use Code **GROUNDING**. → **Add to Cart THIS WEEKEND ONLY. Ends Sunday Aug 31st or while supplies last. For subscribers + email insiders only.** 🧘

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ETHYST® SKINCARE

INTERNATIONALLY BELOVED



09/10/2024



Amy M Berube **Verified**

The Holy Grail is right!

I absolutely love this oil! I use it everyday and cannot believe how smooth my skin is. It does not leave your face feeling greasy and sits great under make-up.



01/11/2025



Cindy S. **Verified**

Loving this Oil!!

The texture of this facial oil is divine - it's light yet rich, absorbing into the skin almost instantaneously without leaving any greasy residue. As someone with combination skin, I'm often wary of oils. However, this product strikes the perfect balance, offering deep hydration without clogging pores or causing breakouts.

Post-application, my skin felt incredibly smooth, supple, and radiant. The Holy Grail seems to work magic on fine lines; I've noticed a visible reduction in the appearance of those around my eyes, forehead and neck. Even my boyfriend commented that my skin is so soft and looks healthier.



11/18/2024



Aaron Beal **Verified**

Amazing products!

My better half has been looking for a toner that she likes for a while. She stated that the ETHYST Awakening Rejuvenating Toner is "rejuvenating" her skin. She appreciates the "smooth texture, and it is helping her complexion." It arrived a lot quicker than I expected! It was well packaged. The agent was extremely nice and informative. I recommend this product for you loved ones.



09/08/2024



Ashley McKenney **Verified**

Awesome Serum!

This serum has such a nice light feel to it when applied and has worked wonders for me. It isn't sticky like some other brands and I love using it!



10/04/2024



Customer **Verified**

Amazing skin care.

I am so happy with my recent purchase. I have used the face cream in the past but never any other products until NOW! The cleanser is so gentle but effective, it cleans without drying. The serum and oil are wonderful. I am sensitive to scents and these products smell amazing! Light clean and earthy. 5 millions stars for everything.



09/26/2024



Kimberly Lynch **Verified**

Highly Recommend

I have been using this eye serum for the past year. My under eye area appears much more hydrated and bright since using this serum. You only use a tiny bit so the bottle lasts forever too!



09/03/2024



B.W.

Rejuvenate your face!

My face looks so much healthier after using this moisturizer consistently for the past few weeks



09/29/2024



M.S.

Best cleanser

I really love this cleanser. It leaves my skin feeling soft and clean. I use this along with the exfoliating cleanser. They are the perfect pair!



10/



Kristen Carty **Verified**

Love it!

Love it all! The packaging, the quick shipping, but most importantly, the results!!!

Learn More

ETHYST® CHANGES LIVES... AND YOU DON'T HAVE TO JUST TAKE OUR WORD FOR IT

I have been using Ethyst for almost 2 years now and am in love with the results. It's a perfect match for my skin and all the changes it's going through with hormones fluctuating and just aging. Amber is also an amazing human and is so passionate about her work. Please go see her and the shop. You won't be disappointed.

Hands down the best skin care product I've found in my entire life. I currently use the face cleanser, moisturizer, and sunblock in the morning. At night I use the anti-aging oil. I am simply in love with these products. My skin feels amazing and I have experienced healing in my skin too! (Less pigmentation, absence of dry skin). I don't know what else to say to convey what an amazing little place Champagne Apothecary is. If you have skin, this is the place for YOU!

Amber..... I'm literally OBSESSED with Ethyst. It's been one week of using the holy grail and the glycolic cleanser a couple times and my skin is already so much happier 🥰💖 it gives me a confidence boost lol. I'm going to buy the moisturizer and daily cleanser because I just know these products are what my sensitive skin will thrive with. You're the best!!

I am so glad I stumbled upon Amber! After reading about her in a local publication, I decided to give her virtual skincare consulting a try and it was such a great decision. Amber is incredibly knowledgeable about the dos and don'ts of skincare. You can tell how much time and effort she has invested into learning the intricacies of skincare, into her business, and into her new Ethyst skincare line! I started using her recommended products about 5 weeks ago and have been loving the results. While I love the products, the best part of the experience has been having Amber as a resource and knowing that I can reach out to her with any questions or concerns. I can't wait to stop into the Champagne Apothecary in person soon!

Also, your skincare... omg

The oil is amazing

I can't wait to get more items!

My skin was a hot mess a week ago. It's looking SO MUCH BETTER with just the oil!

Just so u know my girlfriend had like a hormonal rash under her nose and your oil cured it! Ur amazing

I wanna get the face wash and lotion too :)

I have to say your products are so gorgeous and work so well I love them! They also look great in my bathroom as presentation!

★★★★★ 4 months ago

Amber has the absolute most welcoming personality and she gets to know each and every one of her customers! I have felt like I belong in the store since the moment I first stepped in. She is so full of important skincare information and loves to share that knowledge with her clients. I have recently begun to use her skincare line - Ethyst - and have been SO impressed with the way it makes my skin feel and the improvements that I have seen. From face wash to lotion and eye serums, my face has never felt or looked so great. So grateful Amber's storefront made its way to Westfield and even more grateful I wandered in on a sunny Saturday afternoon. Go check her out, you won't be disappointed!!

★★★★★ 7 months ago

Amber is amazing!! If you're looking for someone who knows everything about skincare, look ~~22~~ further.. she's the best!! Not only that, she is so sweet... great energy and just awesome to be around!!



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cheers to
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www.champagneapothecary.com