

Reflections...

JUNE 2025



FRESH LOCAL HARVEST

PEKIN

Farmers Market

EVERY THURSDAY | 3:30 PM - 6:30 PM

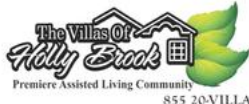
JUNE 5 - AUGUST 28

MILLER CENTER PARKING LOT
551 S. 14TH STREET, PEKIN IL

HOMEMADE PRODUCTS, FRESH PRODUCE,
BAKED GOODS, CRAFTS, FOOD, AND MORE

Major Market Sponsors:

Don Sarff
Sales Representative
(309) 713-5359



www.pekinparkdistrict.org/facilities/miller-center/

facebook.com/pekinmillercenter

pekinparkmillercenter@gmail.com

MILLER CENTER - 309-346-5210 - 551 S. 14TH ST - PEKIN, IL. 61554

MILLER CENTER ENGAGES ACTIVE LIFE THROUGH ACTIVE LIVING!

Drop by the center to meet with friends and make new ones! Feel active and youthful when participating in the various activities and events offered here. There is always a friendly face to greet you as you enter. Once inside, join friends for a class or one of many games; express yourself through woodcarving and crafts; maintain a healthy body, mind and spirit through exercise classes; or hop on the Miller Center bus for an adventurous day trip.

At the Miller Center you will ENJOY YOUR AGE!

MILLER CENTER MAJOR SPONSORS

- 50 + News & View
 - Busey Bank
 - Carle Health Volunteer Services
 - Charter Senior Living
 - CEFCU
 - Don Sarff Insurance
 - Golden Tours
- Health Alliance
 - ICPR
 - John 3:16
 - Liberty Village of Pekin, Pekin Manor & Pekin Estates
 - NuEra
 - OSF HealthCare
- Preston-Hanley Funeral Home
 - Springfield Clinic
 - Spoon River Home Health Services
 - United Way of Pekin
 - Villas of Holly Brook Pekin

MILLER CENTER SENIOR TRANSPORTATION SERVICE

Monday - Friday * 8:00 - 4:00 * 309.346.5210

IN TOWN (PEKIN)	OUT OF TOWN
\$4 per trip	\$11 per trip
Wheelchair transport \$15 per trip	Wheelchair transport \$25 per trip

- Doctor Appointments
 - Grocery Stores
 - Hair Appointments
- Miller Center
 - Banks
 - and more!



These are suggested donations. No one is turned away for inability to pay. Miller Center Transportation is partially funded by The United Way of Pekin.

NEW DAY SENIOR SERVICES

Center for Youth & Family Solutions offers an outreach program called **New Day Senior Services** to help identify available services and resources for you. Services are free and available to those 60 years and older.

Some information they can provide is: **Benefit Access Applications, Home Delivered Meals, Legal Services, In-Home Counseling & MORE!**

*Call Megan at 309-323-6568 to schedule an appointment. She will be at Miller Center on the **2nd Monday of the month at noon.***



SPECIAL EVENTS

Power of Age Expo 2025 monthly lunch and learn series.



The Power of Age Expo 2025

CHANGING THE CONVERSATION ON AGING
HOT TOPICS • LOCAL VENDORS • FREE LUNCH
MONTHLY LUNCH AND LEARN EXPO

The doors open at 10:30am. Lunch is served while you listen to the speaker and there is time to check out the vendors and ask questions.

 **REGISTER NOW**

309.346.5210

****Registration limited*

JUN
24TH

Dementia and the Dangers of an untreated Hearing Loss

Presented by:
Alex Chiou, Beltone

Lunch is sponsored by:



JUL
22ND

Between Us Silence is Comfortable: How Friends Matter Across Life

Presented by:
Margie Getz, Methodist College of Nursing

Lunch is sponsored by:



AUG
26TH

Situational Awareness

Presented by:
Deputy Nathan Hastings, Tazewell County Sheriff Office

Lunch is sponsored by:



HERE'S WHAT'S HAPPENING



Golden Tours and Miller Center have partnered for 5 Ultimate Daytrips! These trips leave from Miller Center with a fun 'send-off' each time!

If you have questions regarding the trips or would like to make reservations please call Tracy Ann Drill @ 309-369-3171.

Explore Lake Geneva

Wednesday, July 23, 2025 * 7:00am - 7:30pm

Do you want the Ultimate Lake Geneva experience? Then come with us with the Miller Center to Lake Geneva, Wisconsin! We will enjoy a beautiful summer day as we explore the Lake aboard a climate controlled boat which includes a delicious plated lunch. During the cruise, the captain will give a live, historical narration of the entire lake. You'll see magnificent views of architectural gems and the awe-inspiring sandy beaches and nature conservatories. Before and after our cruise we'll explore the downtown which has a lovely collection of chic boutiques and unique shops. You can also enjoy some ice cream sitting by the fountain. Remember a portion of all Miller Center DayTrips proceeds are given to support the Miller Center.

Includes: Luxury Motor Coach, Professional Driver, Tracy as your Tour Host, Miller Center Pick-Up Location, Activities on the Coach, Entertainment & a Premium Lunch!
This all inclusive trip is \$190 per person



Mystery Tour Trip

Monday, October 13, 2025 * 7:00am - 7:30pm

Are you ready for the 2nd Annual Mystery Trip with the Miller Center? The first one sold out and was a big hit! This one will surely move you and be thrilling! It will include a finger licking lunch that won't leave you hungry. Don't delay or you might miss this amazing Mystery Trip!

Includes: Luxury Motor Coach, Professional Driver, Tracy as your Tour Host, Miller Center Pick-Up Location, Activities on the Coach, Entertainment & a Premium Lunch!
This all inclusive trip is \$195 per person



AT THE MILLER CENTER

Next STOP Thrift SHOP

Sponsored by: **SRIH**
SPOON RIVER
HOME HEALTH

Join us at 8:30 AM as Spoon River Home Health sponsors a light breakfast to begin our day!

Seats are limited! \$25 activity fee
payment due at registration



Tuesday, June 17th ~Havana / Canton~	Wednesday, September 17th ~Clinton / Lincoln~
Tuesday, July 15th ~Eureka / Metamora~	Thursday, October 2nd ~Fairbury / Gridley~ NEW
Wednesday, August 13th ~Galesburg~	Tuesday, October 21st ~Riders Choice~



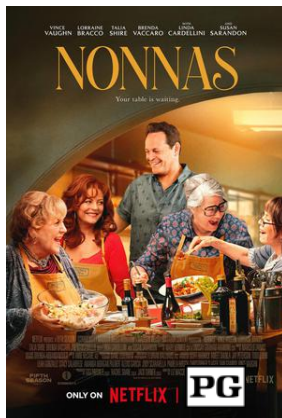
SHOWTIME: 1:00 PM **
ADMISSION: \$3



Includes movie & popcorn!



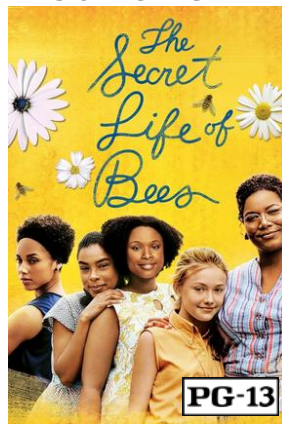
June 6th



Nonnas

After losing his beloved mother, a man risks everything to honor her by opening an Italian restaurant with actual grandmothers as the chefs.

June 13th



The Secret Life of Bees

1964. Lily, a lonely teenager, flees from her home and reaches a small town in South Carolina. Once there, she finds herself in the company of the Boatwright sisters who introduce her to a new world.

June 27th



Here

A generational story about families and the special place they inhabit, sharing in love, loss, laughter, and life.

Monday

Tuesday

Wednesday

2
 9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 12:30 Double Pinochle
6:00 PLANT BINGO



3
 8:30 Wood Carvers
 10:00 Walking Club
10:30 Pinochle Tournament with Lincoln Oasis



4
Cheese DAY
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
 12:30 Dartball

9
 9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
12:00 New Day Senior Services
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 12:30 Double Pinochle

10
 8:30 Wood Carvers
9:00 Breakfast BINGO
9:30 Cards with Kids
 10:00 Walking Club
 12:30 Pinochle
7:00 Square Dance

11
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
10:30 Digital Literacy
 12:30 Dartball
2:00 Alzheimer Support Group



16
 9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 12:30 Double Pinochle



17
8:30 AM Thrift Shopping Trip
 8:30 Wood Carvers
9:30 Cards with Kids
 10:00 Walking Club
 12:30 Pinochle



18
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
10:30 Digital Literacy
 12:30 Dartball
1:30 Book Club - Redo
1:30 Digital Literacy
7:00 Bottle Collectors

23
 9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 12:30 Double Pinochle

24
Power of Age Expo
 8:30 Wood Carvers
~~10:00 Walking Club~~
 12:30 Pinochle
7:00 Square Dance
Dine Out!



25
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
10:30 Digital Literacy
 12:30 Dartball



GLOBAL BEATLES DAY

30
 9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 12:30 Double Pinochle



DID YOU KNOW?


On June 25, 1967, the Beatles performed "All You Need Is Love" on the BBC show "Our World," reaching an international audience and spreading a message of love and unity. Since 2009, Beatles fans worldwide have celebrated this day as a tribute to the Fab Four's incredible legacy.


Thursday

Friday

Sat/Sun

5 8:30 Wood Carvers
 9:30 BINGO
10:00 Writing Workshop
 10:00 Walking Club
 12:30 Hand & Foot
 1:00 Beginner Line Dance Lessons
 2:00 High Beginner Line Dance Lessons
 6:00 Lapidary
3:30-6:30 

6 National Yo-Yo Day!
 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
1:00 Movie - "Nonna's"
 POPCORN FRIDAY 


7 LINE DANCE & EUCHRE

7:00 PM
 2:00 Square Dance Lessons **8**


12 8:30 Wood Carvers
 9:30 BINGO
10:00 Writing Workshop
 10:00 Walking Club
 12:30 Hand & Foot
 1:00 Beginner Line Dance Lessons
 2:00 High Beginner Line Dance Lessons
 6:00 Lapidary
3:30-6:30 

13 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
1:00 Movie - "The Secret Life of Bees"
 POPCORN FRIDAY 

14 *Flag Day*
 June 14


 2:00 Square Dance Lessons **15**

19 8:30 Wood Carvers
 9:30 BINGO
10:00 Writing Workshop
 10:00 Walking Club
 12:30 Hand & Foot
 1:00 Beginner Line Dance Lessons
 2:00 High Beginner Line Dance Lessons
 6:00 Lapidary
3:30-6:30 

20 9:00 Exercise w/ Ann
 9:00 Quilting Group
10:00 Rockin' with Ruby
 12:30 Euchre
1:30 BOUGIE BAG BINGO
 POPCORN FRIDAY 

21 
 Pekin Park Concert Band
 Performing Arts Venue
 6:30 PM **22**

26 8:30 Wood Carvers
 9:30 BINGO
10:00 Writing Workshop
 10:00 Walking Club
 12:30 Hand & Foot
 1:00 Beginner Line Dance Lessons
 2:00 High Beginner Line Dance Lessons
 6:00 Lapidary
3:30-6:30 

27 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
1:00 Movie - "Here"
 POPCORN FRIDAY 

28 
 Happy Great Outdoors Month!
 LIVE IN THE SUNSHINE,
 SWIM IN THE SEA,
 DRINK THE WILD AIR.
 —
 Ralph Waldo Emerson
 Pekin Park Concert Band
 Performing Arts Venue
 6:30 PM **29**



GAMES & FUN

Specialty BINGO

Plant BINGO

June 2nd

Doors Open 5:30 PM

Miller Center

\$5 / card

fundraiser to support the Pekin Garden Club



Bougie Bag BINGO

June 20th 1:30 PM

Miller Center

\$6 / card or \$10 / 2



fundraiser for Alzheimer's Association

THURSDAY BINGO

Every Thursday
9:30 AM

3 cards for \$3
5 cards for \$4

Sponsored By



Don Sarff
Sales Representative
(309) 713-5359



BREAKFAST BINGO

Tuesday, June 10th

9:00 Breakfast 9:30 BINGO

\$5 includes breakfast and 5 cards

Please register in advance at Miller Center

CARD GROUPS

Monthly Euchre Party

June 7th
July 5th

Admission is \$3 per person

7:00 PM - 10:00 PM

Popcorn, coffee & tea provided

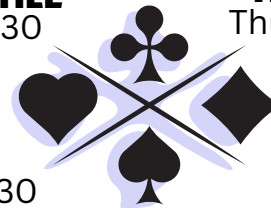
Weekly Activity Fee: \$3

DOUBLE PINOCHLE
Mondays @ 12:30

HAND & FOOT
Thursdays @ 12:30

PINOCHLE
Tuesdays @ 12:30

EUCHRE
Fridays @ 12:30



CARDS with KIDS

Join the fun while we play card games with I.R.V.S.R.A. Campers

Tuesday June 10th & June 17th

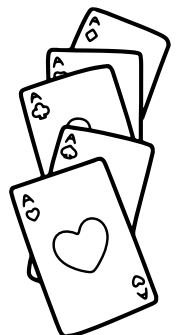
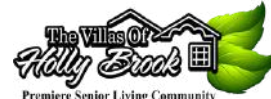
FREE!



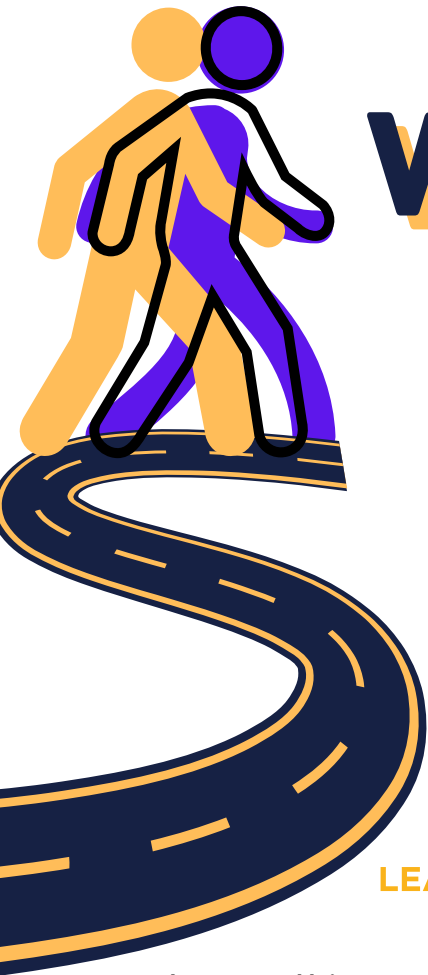
GAME DAY

Join us in an EASY card game of 1500!

Mondays @ 12:30
Activity Fee: \$3



MOVE!



MILLER CENTER **WALKING CLUB⁺**



The Walking Club+ has been reinvented to include not only physical health, but brain and mind health as well. We will meet on Tuesdays & Thursdays and focus on walking outdoors weather permitting. When the weather is unpleasant we will walk to a video inside. After walking on Thursdays, we are incorporating brain games, discussion topics and conversation!

LEARN MORE



July 1st 9:30 AM

The Walking Club has an annual membership of \$30 OR \$3/drop in fee.

Exercise w/ Ann

Mon · Wed · Fri 9:00 & 10:15
Activity Fee: \$3

This is a low impact, chair exercise class led by Ann. Ann plans different activities for each class to get you moving- sometimes she has games or a guest. Not only will you exercise, you'll make friends and have fun too!



LINE DANCE

LESSONS
THURSDAYS
ACTIVITY FEE: \$4

1:00 Beginner Lessons
2:00 High Beginners Lessons



MONTHLY PARTIES

June 7th
July 5th

*Admission is \$7 per person
*7:00 PM - 10:00 PM
*Popcorn, coffee & tea provided

Come practice the dances you learned in class, or put in a request on the first Saturdays of the month!

Digital Literacy

At the Miller Center

To register call 309.346.5210

You can find the full list of classes at Miller Center.



Exploring and Downloading Apps	Wednesday, June 11	10:30 - 11:45
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During this hands-on workshop, you'll learn how to search for and download apps to your smartphone. Whether you have an iPhone or an Android phone, we'll explore both app stores and cover some helpful considerations for choosing apps. You'll also learn how to uninstall apps and how to adjust some important app settings.

Prerequisite: Participants should bring their smartphone to class. Please note that this workshop focuses on downloading apps on your smartphone and will not cover every smartphone question

Is That AI?	Wednesday, June 18	10:30 - 11:30
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With the advances in artificial intelligence technology, AI programs can now create ultra-realistic images and videos. At first sight, it may be hard to tell if what you see was created or altered by AI. In this session, we'll teach you tips and tools to help you determine if an image was generated by AI. We'll show you how to do a reverse image search to find out the Internet history of any image you find online. While we can't definitively tell whether an image is AI, these tools will make you a tech savvy Internet user.

Google Workspace	Wednesday, June 18	1:30 - 2:30
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Curious about the free tools from Google? Learn about some of Google's most popular productivity tools that are for personal use, as well as work-related ones. This lecture will introduce Docs, Sheets, Slides, Photos, and Drive. We'll explore some practical and creative uses and demonstrate how to make the most out of Google's many free templates.

Graphic Design Tools	Wednesday, June 25	10:30 - 11:30
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Try your hand at one or more free, user-friendly, web-based graphic design tools! You can use these tools to create logos, flyers, greeting cards, invitations, and more. In this presentation, we'll explore the popular design platform, Canva, and demonstrate how you can get very creative with basic tools like Google Slides. We'll also take a look at Photoshop Express, the web-based, free version of Photoshop.

HAHAHA!



“ A COMPUTER ONCE BEAT ME AT CHESS, BUT IT WAS NO MATCH FOR ME AT KICKBOXING.”

GET CREATIVE AT THE MILLER CENTER

We have a variety of opportunities to be creative! Drop in and check them out!

Wood Carving - \$3

The wood carvers meet at 8:30 on Tuesdays & Thursdays. There is a lot of equipment and some very talented carvers, come in and check it out!

Lapidary - \$4

The lapidary group meets at 6:00pm on Thursdays in the woodshop. This talented group polishes and cuts stones for creative projects.

Crafts & Conversation - \$3

You can craft for the day or just for a few hours. Our craft room is stocked with just about everything you might need to create some fun! Janet is here on Wednesdays from 9:30 - 2:30. She is very crafty and can help you get started on a craft of your choice!

Quilting - \$3

The quilting group meets on Friday mornings at 9:00. Come finish your quilt, make a Linus blanket or just check out the group. This group meets in the back of Room A. You'll need to bring your equipment for quilting.

Sew A Blanket For Project Linus

Providing Security Through Blankets

LINUS BLANKET FABRIC DONATIONS NEEDED

1. 100% Cotton Fabric (preferably kids patterns and bright colors)
2. Flannel

Paint Day



WOODEN
SPINNERS



Tuesday, July 8th
1PM \$27

CHOOSE YOUR DESIGN!
Must be registered by June 20th

RENT The Miller Center



McNaughton Lounge

We have 3 rooms available for rentals with many amenities, including kitchen access. Miller Center has ample parking and is wheelchair accessible. Call or go online for the contract. www.pekinparkdistrict.org/rentals

BIRTHDAY PARTIES
LUNCHEONS
FAMILY GATHERINGS
WEDDINGS
BRIDAL SHOWERS
MEETINGS



Rooms A & B

Reflections, the Miller Center Newsletter is proudly sponsored by:



An advertisement for the AARP Smart Driver Safety Course. The text "AARP" is in large red letters at the top. Below it, "SMART DRIVER SAFETY COURSE" is written in large white letters. The dates "July 28 & 29" and the time "8:30 AM - 12:30 PM" are listed. A red circular button at the bottom left says "REGISTER TODAY!". Below the time, it says "2 day course, must attend both days". The background is a dark, textured surface with a steering wheel visible.



551 S. 14th Street, Pekin



309-346-5210



@pekinmillercenter