



Bassetlaw
Place-Based
Partnership

BASSETLAW

October

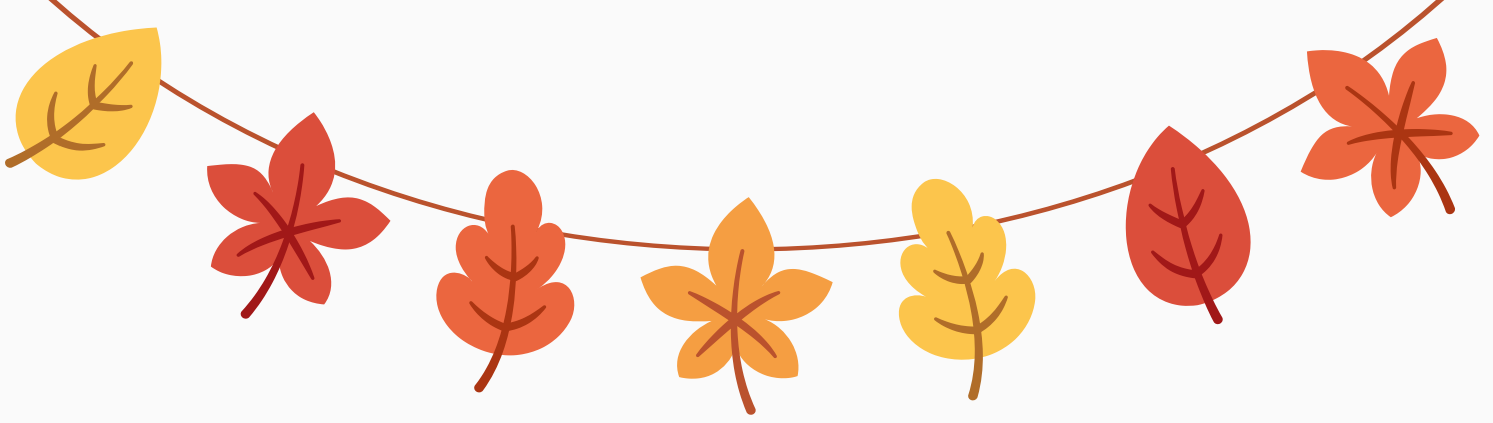
Half-Term

Events & Support

events - activities - mental health

food support - cost of living

local services & more



Autumn is here, and it's the perfect time for families to relax, explore, and create lasting memories.

However, we know that finding activities that are both fun and affordable can sometimes be a challenge.

That's why we've put together this October Half - Term Holiday Support Booklet, filled with ideas for cheap or free activities, as well as information on local support available to you if you need it.



Bassetlaw
Place-Based
Partnership



CONTENTS

**Halloween & Bonfire Night
Activities and Events**

Health Information

Cost of Living Support and Benefits

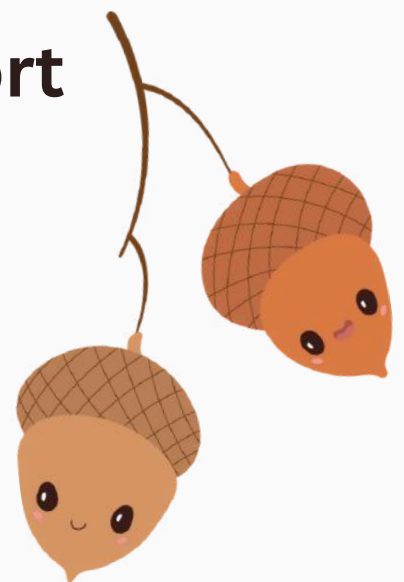
Food Hubs and Food Support

Swimming and Walking

Local Attractions

Mental Health Support

& lots more



FREE HALF TERM EVENTS AT CHEAPSIDE GREEN COMMUNITY HUB

GROW | LEARN | CONNECT

MONDAY 21st OCTOBER

Communal cooking
For all ages
9:30am - 12pm

Learn about nutrition, sustainable cooking, food waste reduction. Use local ingredients to make a healthy meal.



Eating and socialising
For all ages
12:30pm - 2:30pm

Eat a delicious meal together, get to know people in the area. You don't need to have attended the morning's cooking session.

FRIDAY 25th OCTOBER

Sustainable gardening
For all ages
9:30am - 12pm

Learn about sustainable gardening techniques. You can bring plant seeds to share or exchange with others.



DIY Bird/bat box
For all ages
1pm - 3pm

Make your own bird or bat box to take home or display at the Hub. Learn the basics of wood working from an expert.

THURSDAY 31st OCTOBER

Wellies in the Woods
For ages 2 - 5
9:30am - 11:30am

Enjoy Halloween-themed story time, scavenger hunt, nature crafts, and more. Children must be accompanied by an adult.



Pumpkin carving
For all ages
12pm - 2pm

Carve your own spooky pumpkin to take home for Halloween, while learning about sustainable ways to use pumpkins.

All events are FREE to attend, with materials provided!

Address: Cheapside Green Community Hub, Cheapside, Worksop, S80 2JD

Booking essential. Scan the QR code or:



www.groundwork.org.uk/cheapside
environment@groundworknottingham.org.uk
0784 2431 852

BASSETLAW MUSEUM

HALF TERM ACTIVITIES



All our activities are FREE and appropriate for all ages. We use recycled materials where possible, please be allergy aware and speak to staff if you have concerns. Grown-ups must stay with children. NO BOOKING REQUIRED.



Monday 21st October

Pomona Day (Apple Crafts)

10am -12pm & 1pm-3pm

Tuesday 22nd October

Creepy Clay Crafts

10am -12pm & 1pm-3pm

Wednesday 23rd October

Jewellery Making

10am -12pm & 1pm-3pm

Thursday 24th October

Diwali Crafts

10am -12pm & 1pm-3pm

Friday 25th October

Lego Day

10am -3pm

Monday 28th October

Lantern Making

10am -12pm & 1pm-3pm

Tuesday 29th October

Lantern Making

10am -12pm & 1pm-3pm

Wednesday 30th October

Woolly Ghosts and Spiders

10am -12pm & 1pm-3pm

Thursday 31st October

Witchy Watercolour

10am -12pm & 1pm-3pm

Friday 1st November

Lego Day

10am - 3pm



Bassetlaw
DISTRICT COUNCIL
— North Nottinghamshire —



Bassetlaw Museum
YOUR MUSEUM | YOUR DISCOVERY

Bassetlaw Action Centre

Get Out
Get Active

Bassetlaw ACTION Centre

October Activities

Date	Activity	Location	Time & Meeting Point
Tuesday 1st	Stay Pawsitive	Idle Valley Nature Reserve	2pm. Idle Valley Car Park
Wednesday 2nd	Walking Tennis	Retford Tennis Club	10am. Retford Tennis Club
Tuesday 8th	Stay Pawsitive	Idle Valley Nature Reserve	2pm. Idle Valley Car Park
Wednesday 9th	Walking Tennis	Retford Tennis Club	10am Retford Tennis Club
Thursday 10th	Men Walk Talk	NEW VENUE Clumber Park	12pm. Walled Kitchen Garden
Saturday 12th	Men Walk Talk	Idle Valley Nature Reserve	10am. Idle Valley Car Park
Tuesday 15th	Stay Pawsitive	Idle Valley Nature Reserve	2pm. Idle Valley Car Park
Weds 16th	Walking Tennis	Retford Tennis Club	10am. Retford Tennis Club
Tues 22nd	Stay Pawsitive	Idle Valley Nature Reserve	2pm. Idle Valley Car Park
Weds 23rd	Walking Tennis	Retford Tennis Club	10am. Retford Tennis Club
Sat 26th	Men's Walk & Talk	VENUE CHANGE Idle Valley Nature Reserve	10am. Idle Valley Car Park
Tues 29th	Stay Pawsitive	Idle Valley Nature Reserve	2pm. Idle Valley Cafe
Weds 30th	Walking Tennis	Retford Tennis Club	10am. Retford Tennis Club

GREEN SOCIAL PRESCRIBING



In South Yorkshire and Bassetlaw
Connecting with nature for a happier and healthier you



Bassetlaw
Place Based
Partnership



South Yorkshire's
Community
Foundation

H A L L O W E E N

Venue: Willow Garden, Spur Crescent Manton

S80 2UA

12pm - 2pm

Pumpkin painting, mask making, apple bobbing, arts and crafts, Halloween treasure hunt

Packed lunch for children. Use QR code to subscribe



MANTON FAMILIA

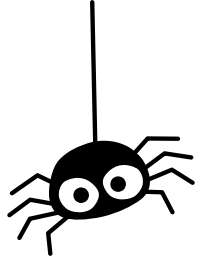


31st October 2024

5pm - 7pm
CELEBRATE THE LIGHT PARTY"
Wear your Sparkliest outfit!
Make your own lantern, craft activity, Hot dogs, drinks, Fireworks display after. Cash Donations welcome.
Venue: St Pauls Church Hall
S80 2TS

HALLOWEEN BONANZA
BBQ, forest school, face painting, pumpkin carving
2pm - 4pm
Venue: Manton Family Hub, Community Way, Shrewsbury Road S80 2TQ





Halloween Display in Dinnington,
in aid of Bluebell Wood Children's Hospice.

www.facebook.com/wickedwonderlanddinnington



Please be mindful of neighbouring houses when parking.

All
Welcome



All
Welcome



~ BRECK LANE, DINNINGTON ~

raising funds for Bluebell Wood Children's Hospice

FAMILY FRIGHTS & DELIGHTS

Huge Spook-tastic Display

Trick or Treat
Sweet Stall

Pirate Ship

Photo Areas

Stocks & More!



Open Night - Sun 27th October - 4pm - 7pm
Mon 28th Oct - Weds 30th Oct - 5.30pm - 8pm
Halloween Night - 4pm - 8pm

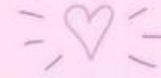


From the Heart Charity



FTHC
From The Heart Charity
Registered Charity No. 1174122

*Spread A
Little Love*



During the October half term, From the Heart are providing FREE packed lunches to families struggling with food poverty, due to the rising cost of living.

They are providing items to families to make packed lunches for the week.

These are to be collected from the charity office between 11:30am and 1:30pm on Monday 21st October, and Monday 28th October

FREE Half Term Packed Lunches

Collection only from our charity office

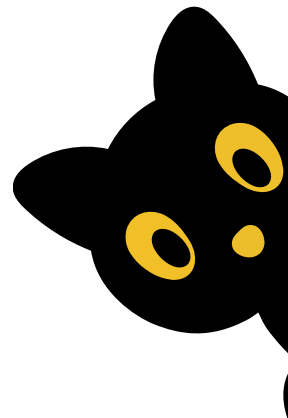
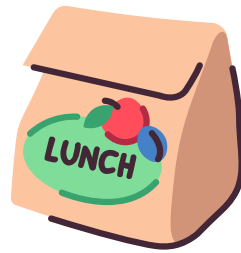
- Monday 21st October 11:30am-1:30pm
- Monday 28th October 11:30am-1:30pm



FTHC
From The Heart Charity
Registered Charity No. 1174122



Scan the QR code, or
follow the link on the
post, to sign up!



From the Heart Charity



FTHC
From The Heart Charity
Registered Charity No. 1174122

*Spread A
Little Love*



JOIN US FOR

FTHC FUN FRIDAYS!

FREE ENTRY!

EVERY FRIDAY

10AM - 12PM

FTHC CHARITY OFFICE, 48 GATEFORD
ROAD, WORKSOP, S80 1EB

COLOURING • CRAFTS • FUN!

COME ALONG AND JOIN IN THE FUN - ALL AGES WELCOME!



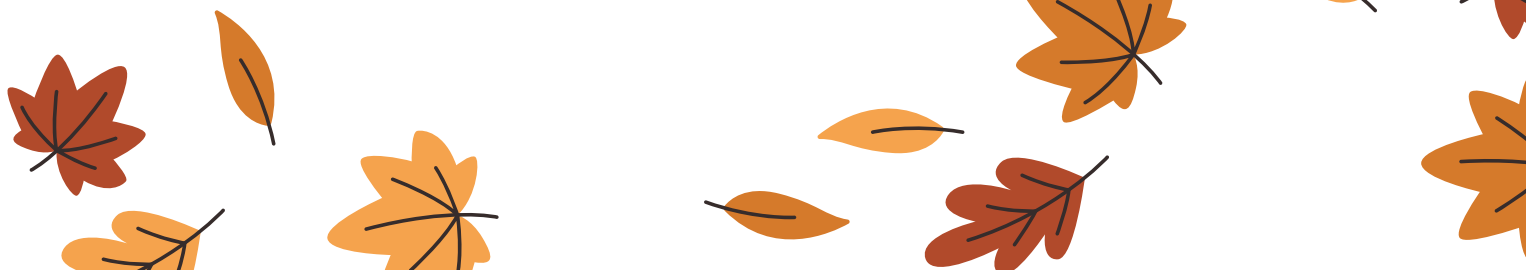
/FROMTHEHEARTCHARITY



@FROMTHEHEARTCHARITY



@FTHCWORKSOP



From the Heart Charity



FTHC
From The Heart Charity
Registered Charity No. 1174122

*Spread A
Little Love*



Coffee Morning

EVERY MONDAY 10AM-12PM

FTHC OFFICE, 48 GATEFORD ROAD, S80 1EB

TEA OR COFFEE, BISCUITS, AND CHATS WITH OUR
FRIENDLY VOLUNTEERS!

Everyone Welcome!





NOW CHURCH



Autumn Crafternoon

Arts, Crafts & stories perfect
for the whole family

Langold Campus, S81 9RJ 23rd Oct 1-2:30
Woodhouse Campus, S13 7LA 29th Oct 1-2:30

Book your free space www.nowchurch.org.uk

WEDNESDAY 3-5

Drop In
Year 6+

SPURS



Family Film & Craft Afternoon

(all children to be
accompanied by an adult)

Monday 28th October
2pm – 4pm

Methodist Church & Centre
High Road, Carlton-in-Lindrick



Popcorn, pizza and
marmalade sandwiches
available



FREE ENTRY

Donations gratefully received for Church Funds

Worksop Miners Welfare

YOU'RE INVITED TO OUR CHARITY

HALLOWEEN

Fancy dress party



Prize for best fancy dress costume
Adult and Children prizes available

ALL CHILDREN WELCOME

WORKSOP MINERS
WELFARE
Upstairs room
56 Gateford Rd,
Worksop
S801EB

FOOD . DRINK . MUSIC
AND GAMES

Wednesday 30th
October
from 5pm

ALL PROCEEDS GO TO CHILDRENS
HEART SURGERY FUND



Kidz Hub, Harworth



KIDZ HUB
SOFT PLAY CENTRE

HALLOWEEN PARTY

THURSDAY 31ST OCTOBER

£14.95 per child (child meal included) £1.50 per adult.

MORNING PARTY 10:00 - 13:00
AFTERNOON PARTY 14:00 - 17:00

GET YOUR SCARIEST COSTUMES ON AND JOIN US FOR 3 HOURS OF FUN!

- CRAFTS
- SPOOKY DISCO
- BEST DRESSED & MUCH MORE

Clarborough Village Hall

Kids Halloween Disco



Clarborough Village Hall



Sunday 27th October

6 - 8pm

£2 per ticket includes free squash!

*Fancy Dress
Competition*

*Sweets, hotdogs
and other
drinks on sale.*

Best dancer

The Beehive, Ollerton



HOCUS POCUS FREE COCKTAIL / MOCKTAIL FOR ALL ADULTS

www.thebeehiveollerton.com
BOOKING ESSENTIAL

Live professional performances
Salem sisters witchery
Apple bobbing
Dead man's hands
Haunted hallway
Candy apple station

GAMES
ACTIVITIES
TREATS

25th
4.30-7.30pm **October**

HALLOWEEN Hound Dogs
with Chase & Marshall

10am-12pm on
26th & 27th October

Apple bobbing
Candy apple station
Gift

Games & Prizes
Disco
Activities

WITH FREE HOT DOG FOR EACH CHILD

www.thebeehiveollerton.com

26th & 27th October
12.30 - 2.30pm

FREE PIZZA SLICE FOR ALL CHILDREN

MONSTER MASH HALLOWEEN BASH

With The Wicked Witch, baby shark & Joy

Disco, glitter tattoos
games, prizes
activities, candy apple station
& more!

www.thebeehiveollerton.com

www.thebeehiveollerton.com

FREE SLUSH FOR EVERY CHILD

October
30th - 3-5pm
31st - 12.30-2.30pm

HALLOWEEN
With
Wednesday Addams

Disco, games, prizes, activities
candy apple station, glitter tattoos

www.thebeehiveollerton.com

31st October
10am-12pm

HALLOWEEN
with
Bluey & Duggee

Disco, games, prizes, activities, candy apple station,
glitter tattoos
FREE halloween biscuit for each child

HALLOWEEN

DUGGEE'S HALLOWEEN



THORESBY PARK HALLOWEEN TRAIL

19TH OCTOBER -
3RD NOVEMBER

PARK OPEN AT 9AM -5PM



Thoresby Park

£2.50
PER
TRAIL



HALLOWEEN PARTY

TICKETS AVAILABLE AT THE TOWN HALL.

£1 PER CHILD (ADULTS FREE)

2ND NOV - 2PM TILL 5PM

**FOOD & DRINK, KIDS ACTIVITIES, FACE PAINTING
FANCY DRESS COMPETITION (ADULTS AND CHILDREN)
& A DISCO, FUN FOR THE WHOLE FAMILY.**

TICKET ONLY EVENT.

HARWORTH & BIRCOTES TOWN HALL SCROOBY ROAD.

Enquires@harworthandbircotestowncouncil.org.uk

Telephone - 01302 759037

Dance Performances
by Zebra Studios



P R E S E N T S

BASSETLAW BLACK HISTORY

MONTH EVENT 24

THEME

BUILDING A STRONGER AND
MORE RESILIENT COMMUNITY
THROUGH NETWORKING

£15 TICKET

Free (3:00pm - 4:00pm)

- Networking
- Socialising
- Face Painting
- Food Vendors
- Retail Vendors

For any other information contact

BOLA: (07749037187)

Sat. 26th Oct. 2024

@ Workshop Town Hall
Bridge St, Worksop S80 1DG

Payable (4:00pm - 7:00pm)

PANEL DISCUSSIONS

- Life After Migration
- Raising Children in UK
- Career Navigation

ENTERTAINMENT

- Dance
- Music
- Fashion Show

SUPPORTE BY:



If you need support attending this event please fill in this form [HERE](#)

If you do not enjoy Halloween and do not want people knocking, you can print off this poster:

No Tricks or Treats Thank You



We are having a quiet
Halloween.

Please respect this and
do not knock on our door.

Stay safe and enjoy
your evening.



Shireoaks Sports & Social Club

**Shireoaks & Rhodesia Parish
Council Proudly Present**
Fireworks
set to music

~Shireoaks Sports & Social Club~

Saturday 26th October

Free Entry

Gates open 6pm -

Firework Display 7.45pm

**St Joseph's
Catholic Primary
School Association**



2024 Family Bonfire night & firework display

Tuesday 5th November

Gates open at 5pm with fireworks display at 6.15pm

**Entry £4 per person
(Under 3s free)**

Please note cash only on the door and PTA shop



WORKSOP RUGBY CLUB

ANNUAL BONFIRE NIGHT
AND FIREWORK DISPLAY

Saturday 2nd November 2024

GATES OPEN AT 4.30PM

Fri 1st Nov
Opens 17:00
Bonfire 18:30
Display 19:30

Firework Spectacular

Mulled wine
Pizza & Burgers
Crepes & sweets
Funfair & stalls

Ordsall Road, Retford, DN22 7PW





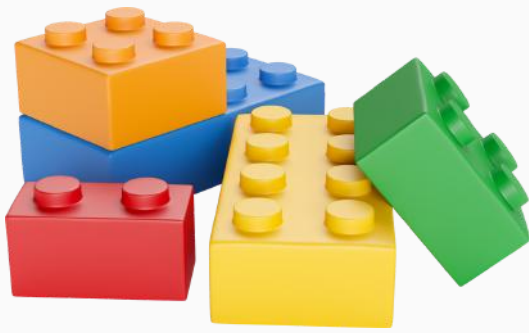
Hallcroft Family Hub

The Hallcroft Family Hub (previously known as Hallcroft Children's Centre) will be running their usual Stay and Play on Wednesday's 9.30am - 11.00 am for children under 5 years old and then the Under ones session on 1.00pm -2.30pm - also on Wednesday's.

Pre-booking is required and the booking line will be open from 8.30am one the Monday prior to play session.

Tel 0115 9773754





Playwell Corner Bassetlaw Lego Cafe

playwell
corner



Half term hours

Monday's 10:00 - 18:00

Tuesday's 10:00 - 18:00 Adults (16+) 18:00 - 22:00

Wednesday's 10:00 - 18:00

Thursday's Closed

Friday's 10:00 - 18:00 Adults (16+) 18:00 - 22:00

Saturday's 10:00 - 18:00

Sunday's 10:00 - 16:00

£5 per hour to build

no charge for accompanying adult (s)



Build & belong

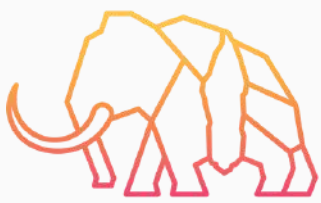
Website:

www.playwellcorner.com

Facebook page:

www.facebook.com/playwellcorner





CRESWELL CRAGS

www.creswell-craggs.org.uk



Walking, Wildlife, Play Park, Café, Museum and Cave Tours.

Opening Times

October

Daily 10:00am to 4:30pm

November - December

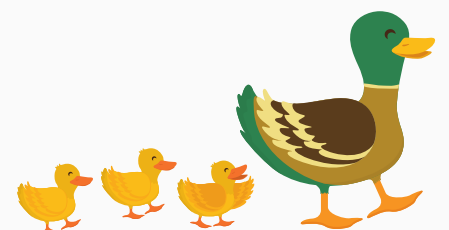
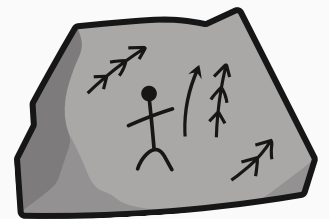
Weekends Only 10:00am to 4:30pm

Free entry to the park and visitor centre.

Museum entry from £2, free for children.

Cave tours from £10.

- **Parking for up to 3 hours – £4**
- **Parking for a full day – £6**



Kings' Park, Retford

Chancery Lane, Retford, Nottinghamshire, DN22 6DF



Covering an area of over 10 hectares, the park is divided into two parts by the River Idle, which provides a scenic backdrop for people using the facility.

The park has many features and facilities including:

- Multi-Use Games Area
- Skate Park
- Play Area
- Beautiful Gardens



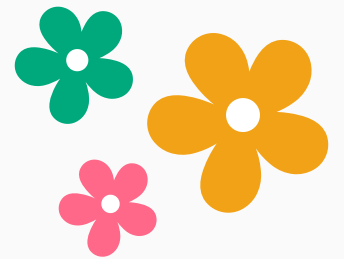
The Canch, Worksop

Memorial Avenue/Priorswell Road Worksop S80 2BU



The layout of the park has many features and facilities including:

- Plaza-style skatepark
- Adizone Outdoor Gym Area (with performance area)
- Junior and Toddler Play Equipment
- Multi-Use Games Area
- Formal Gardens
- Sensory Garden
- Aurora Wellbeing Centre (former Library)
- Public Conveniences including Changing Places Facility
- Kiosk (opening times vary)



Langold Country Park

Church Street, Langold, S81 9NW



The park comprises of varies woodlands, wildlife and butterfly meadows, open grassed areas, a large fishing lake, play areas and much more for families and visitors to enjoy throughout the year.

- Fishing Lake
- Junior and Toddler Play Equipment
- Skate park
- Woodlands & Wildlife
- Café Kiosk
- Public conveniences



Clumber Park



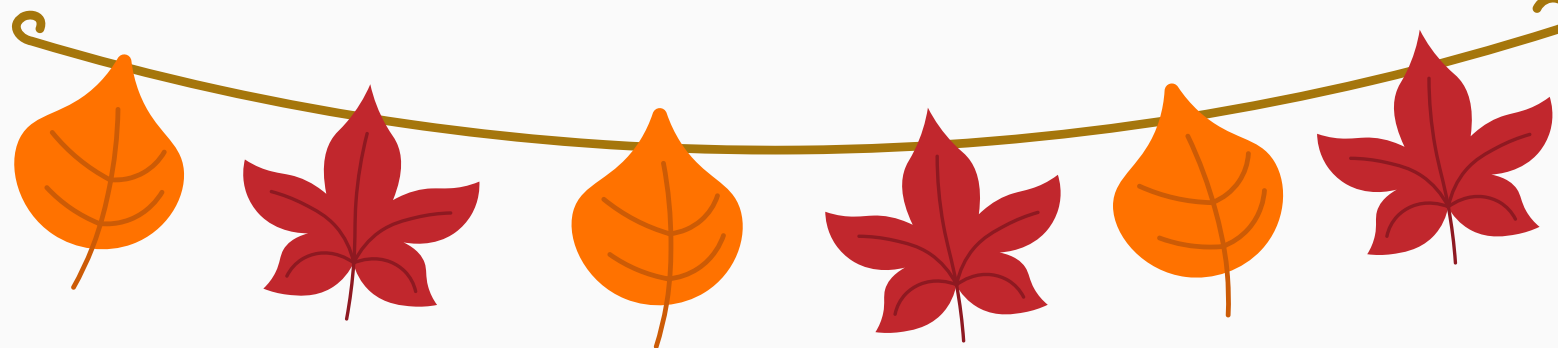
Autumn Adventures at Clumber Park

From **wild adventures** in the woods to **family bike rides** around the estate, Clumber provides the perfect backdrop for spending time together.

From **Saturday 19 October - Sunday 3 November**, have fun outdoors with our free, self-led **Family Autumn Trail**, jam-packed with seasonal activities for the whole family to enjoy.

The adventure starts in the Discovery Centre where a trail sheet will lead visitors to 10 different spots around the main visitor area. Connect with nature and enjoy solving riddles while taking part in activities like welly wanging, spooky sports, the spider webs and the witches' kitchen.

In addition, enjoy **story telling** in the Parsonage on Mondays, and start your '*50 things to do before your 11 3/4*' journey with us.



Worksop Library



I am an Artist Exhibition
5th October - 13th November

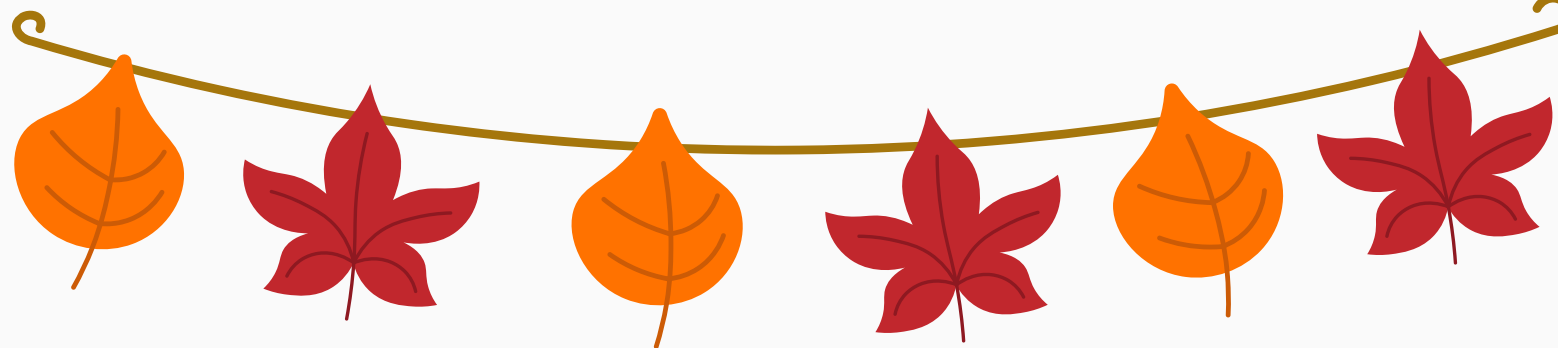


The artwork on display in the I Am An Artist Exhibition shows the story between five artists and five groups working in co creation. Empowering their inner artist, participants recognised themselves as creatives as they worked together to produce the place themed artwork on display.

Thank you to all the groups Inspire have worked with:

- Blidworth Memory Group, Blidworth Library
- Bowbridge Court Care Home, Newark
- Bracken Hill Primary School, Kirkby-in-Ashfield
- Oasis Community Centre, Worksop
- Redgate Primary Academy, Mansfield

www.inspireculture.org.uk/worksop



Workshop Library



Count On Us For... Multiplay - Workshop Library - Family Learning

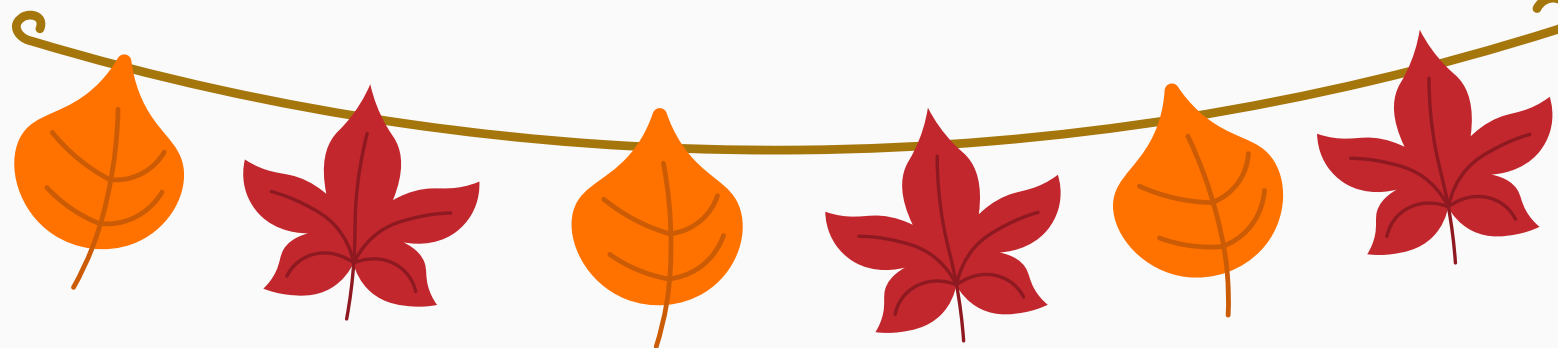
25th October - 1.30pm - 3.30pm

Come and join inspire for maths fun with board games.

They are hosting a series of events across October half-term for parents and children to enjoy the opportunity to play board games whilst improving their number skills and confidence.

Each 2-hour session will have a selection of board games with a maths focus. The games will showcase the joy of maths ranging from numbers to shape, space and measure. Adults should be accompanied by a child (a max. of 2 children per adult). The games on offer would be suitable for primary-aged children.

www.inspireculture.org.uk/workshop



Workshop Library



Family Learning - Animation Film Making

Workshop Library - Family Learning

30th October - 1.00pm - 3.30pm

This is a family learning course suitable for adults with children aged 7 – 12.

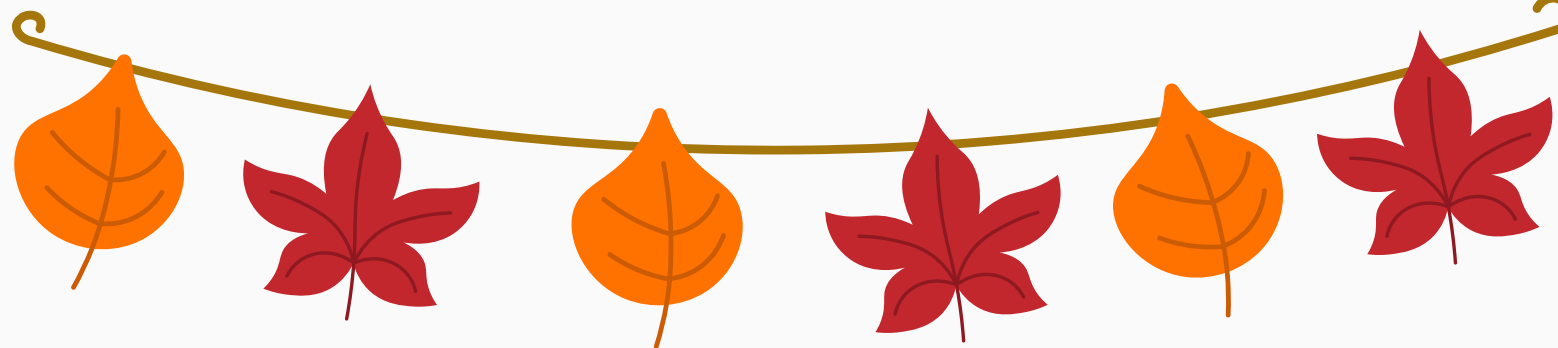
Attendees will learn how to use free software on a tablet or smartphone to make quick and fun animations

Please note: This is a course for adults and children together. An adult family member must be present

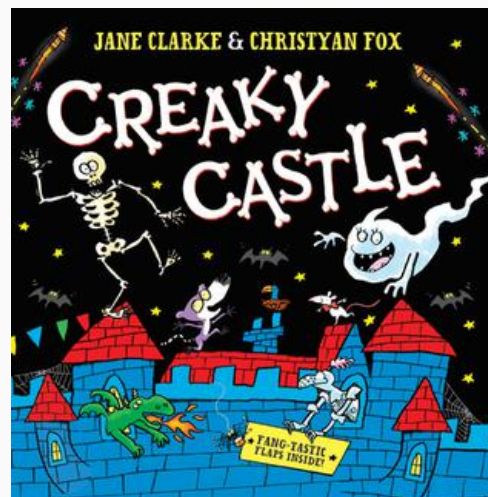
What will be covered on the course?

- **Using Stop Motion Studio software.**
- **Simple special effects you can do at home.**

www.inspireculture.org.uk/workshop



Workshop Library



Creaky Castle with Jane Clarke
31st October - 2.00pm - 3.00pm
£3

A session of frightful fun and bat making based on her picture book, Creaky Castle, illustrated by Christyan Fox.

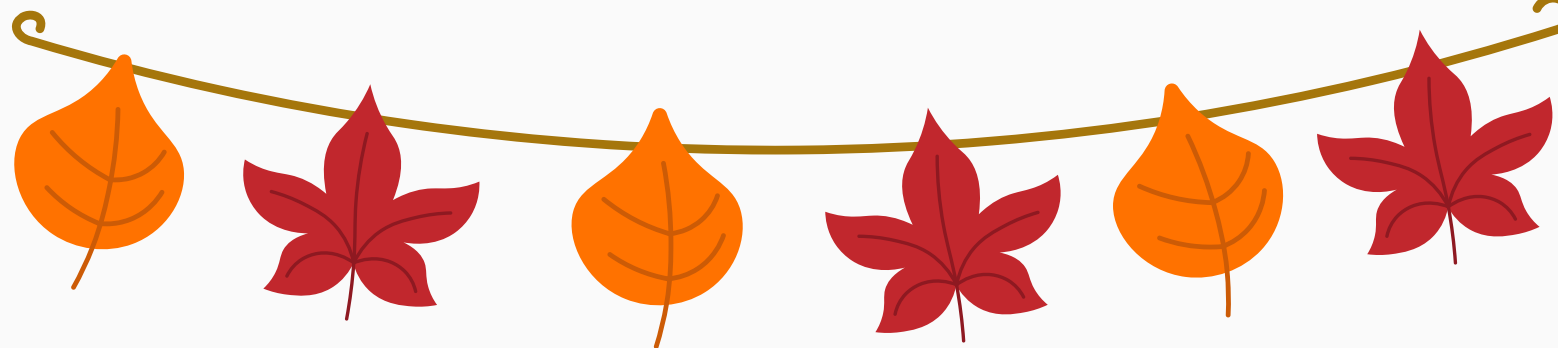
Suitable for children aged 4 – 6.

£3 children

Accompanying adults free.



www.inspireculture.org.uk/workshop



Retford Library



Count On Us For... Multiplay - Worksop Library - Family Learning

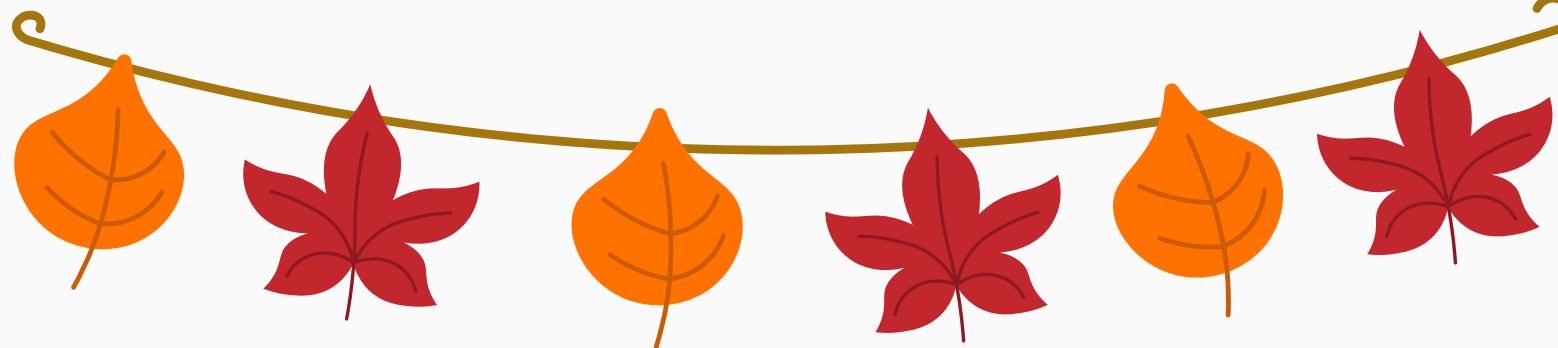
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www.inspireculture.org.uk/retford



Retford Library



**Pride in Our Place Exhibition
11 October - 28 November**



An exhibition celebrating Pride in our Place, Harworth and Bircotes. Contemporary photography of place informed and inspired by heritage photos from Inspires collections taken by adults from the community working with professional photographer Neil Pledger. The photos are seen alongside artwork based on heritage maps created by children from the community working with visual artist Edwina Kung. This project is part-funded by the UK government through the UK Shared Prosperity Fund. With support from Bassetlaw District Council who are distributing £3.3million to local businesses and communities as part of the UKSPF.

www.inspireculture.org.uk/retford

Half- Term Swimming



A variety of fun swims and family swims will take place at our local leisure centres at Birctoes, Retford and Worksop throughout half-term.

Check the timetable on the website for the most up to date information.

www.yourspacetofeelgood.com

Idle Valley

www.nottinghamshirewildlife.org/idle-valley



Idle Valley is a large nature reserve located just five minutes away from Retford town centre.

This beautiful nature reserve is one of the largest in the East Midlands and has something for everyone. Whether you're planning a gentle stroll with the family, enjoying the treehouse play area, having a spot of lunch in a tranquil setting or are looking for somewhere to spend a whole day wildlife watching, Idle Valley Nature Reserve is the place to head to.

They have a wheelchair and pushchair friendly lakeside walk too which includes a brass rubbing trail and self led den building area. Hire a discovery back pack from the cafe/shop for the children to use whilst exploring too!

Idle Valley is one of the richest birding sites in the region - look out for birds such as gadwall and little grebe in winter and breeding wading birds including little ringed plover and redshank in spring and summer. The café and shop offer a warm welcome and a spectacular view over the reserve making it an ideal destination whatever the weather.

Please keep dogs on leads at all times.





**YOUNG
RANGER TASTER
SESSION**
TUESDAY 29 OCTOBER
TWO SESSIONS 11AM-1PM AND 2PM-4PM

**Are you aged 13-18 ?
Do you want to make friends, learn new skills
or love being outdoors?**

**Maybe you are a budding young
conservationist or maybe you want to try
something completely new to you?**

At the taster session you will have the chance to use a variety of tools such as a bowsaw and loppers , get to meet our flying flock of conservation grazers and try your hand a becoming a citizen scientists

**SPACES ARE
LIMITED
BOOK YOURS NOW!**



Museum of the Horse

www.museumofthehorse.co.uk

Open Monday to Friday from 9.30am to 4.00pm.

Saturday 9.30am-1.30pm, Last entry one hour before closing.

Entry is currently free but they would appreciate a donation depending on how much you think it is worth.

Dog friendly.

Free quiz for children.



**The Museum Of
The Horse
Market Pl,
Tuxford, Newark
NG22 0LA**

Walks of Life Museum, Tuxford

WALKS OF LIFE



**Thursday 24th October
@ 2 pm at the
Walks of Life Museum,
Lincoln Road,
Tuxford,
NG22 OHR**

Free admission to event and museum.

Annette is visiting with Brillo the barn owl to talk about her work with owls .

If you want a photo with the owl she charges £2.00 to support the walk she does.

There will also be Owl gifts for sale (cash only)

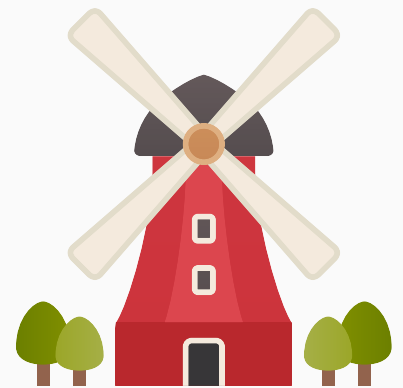
Leverton Windmill

www.north-leverton-windmill.co.uk

Open to the public every Saturday from
11:00 am - 3:00pm.

Other times and groups by appointment.

Please call tel: 01427 880254 or 07968 969424



Mill Ln,
North Leverton
with Hablesthorpe,
Retford
DN22 0BA

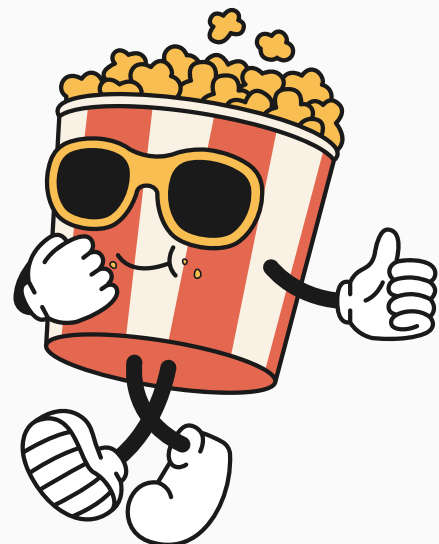
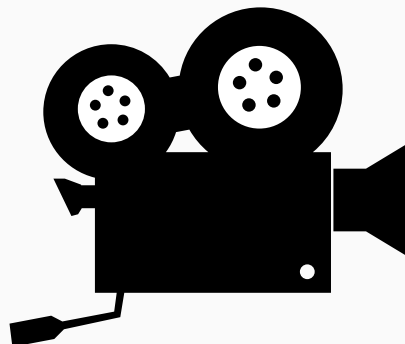
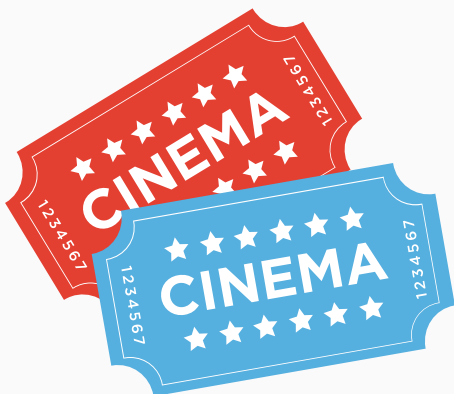


Savoy Cinema



Savoy Cinema kid's club screenings take place on Saturday and Sunday (every day in the school holidays) at 10.15am. Parents and Children can enjoy a movie at the cinema for the incredible low price of just £3.00 each.

Please note all adults must be accompanied by a child. You can easily spot Kids' Club showings on our website, as they are always shown with an orange KC next to the performance time. Tickets can be booked on the Savoy Worksop website.



www.savoyworksop.co.uk



GIRL'S RUGBY TRAINING

Mondays at 6:30pm

Aged 11-16 come and give it a try

Everyone welcome, no experience
required

SINCE 1898

WORKSOP JR BOYS & GIRLS RUGBY

WE ARE LOOKING FOR BOYS AND GIRLS AGED
BETWEEN 11-16 TO JOIN OUR NEWLY FORMED
JUNIOR RUGBY SECTION

IS BACK

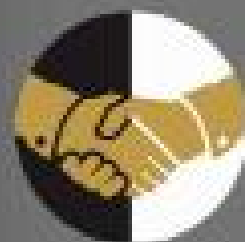


TRAINING
MONDAY EVENING
6.30PM TO 7.30PM

FOR MORE INFO CALL
01909 484247

LOCATION STUBBING LANE, WORKSOP, S80 1NF

Worksop RUFC Juniors



Competition

Become self motivated to achieve. Develop a healthy sense of competition



Enjoyment

Most importantly playing Rugby with your friends is fun

Respect

Respecting opponents and officials teaches healthy conflict management



Teamwork

Learn essential social and teamwork skills; be part of something bigger

WHY JOIN?



Mental Health

Reduce stress and anxiety. Help with anger management



Character Building

Develop physical fitness and self confidence

Join us for training on Mondays at
18:30

or scan QR code to message the page



Cost of Living

Support, advice and information on services that can help you with money and finance, housing, families, energy, clothing, food and more.



www.bcvs.org.uk/colbassetlaw

Electric blanket testing

Do you use an electric blanket on your bed?



Book a free appointment to get it tested to make sure it's safe.



If your mattress blanket fails our safety testing we'll give you a **free** replacement.



 Nottinghamshire
County Council

Do you, or someone you know, use an electric blanket on your bed?

Last year, safety tests revealed that shockingly, more than two thirds of electric blankets in Nottinghamshire have the potential to cause deadly housefires.

You can make sure your electric mattress blanket is safe by bringing it to Retford safety testing event that the Trading Standards team is running next month.

Testing will take just 5 minutes and if your electric blanket is found to be unsafe, we will replace it for FREE.

Thursday 24 October: Retford Fire Station

To book an appointment please call 0115 804 4555.

Citizens Advice North Nottinghamshire

Benefit Calculation Drop-in Session

Thursday 31st October 2024

9.30am - 3.30pm

No appointment necessary!

Call in and find out whether there are any benefits you may be entitled to

Citizens Advice North Nottinghamshire
100 - 102 Bridge Street, Worksop, S80 1HZ



Need Cost of Living Support?

Get in touch



0300 561 2800



advice@canns.org.uk

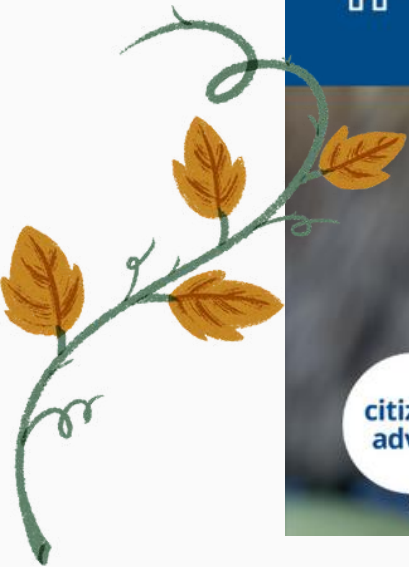


Citizens Advice North Nottinghamshire, 100 - 102 Bridge Street,
Worksop, S80 1HZ



citizens
advice

North
Nottinghamshire



Worried about money this Winter?

Make sure you're claiming the benefits
and energy savings you're entitled to.

Drop into **Aurora (Old Worksop Library)** on
Thursday 17th October from **9.30am - 3pm** to find
out what you may be able to claim.

Citizens Advice can do a free eligibility check for
benefits including Attendance Allowance and
Pension Credit, which may mean you're entitled to
the Winter Fuel Payment

On the day, please bring

1. Information about any income, savings and
investments you have
2. Your bank account details

**citizens
advice**

**North
Nottinghamshire**



Bassetlaw
DISTRICT COUNCIL
— North Nottinghamshire

Pension Credit



UK Government

Help for
Households

If you have **family** over State Pension age, they could be eligible for **extra support** from **Pension Credit**.



Pension Credit gives you extra money to help with your living costs if you're over State Pension age and on a low income.

Pension Credit can also help with housing costs such as ground rent or service charges.

You might get extra help if you're a carer, severely disabled, or responsible for a child or young person.

Pension Credit is separate from your State Pension.

You can get Pension Credit even if you have other income, savings or own your own home.

Pension Credit



Other help if you get Pension Credit

If you get Pension Credit you can also get other help, such as:

- **Housing Benefit if you rent the property you live in**
- **Winter Fuel Payment**
- **Support for Mortgage Interest if you own the property you live in**
- **a Council Tax discount**
- **a free TV licence if you're aged 75 or over**
- **help with NHS dental treatment, glasses and transport costs for hospital appointments, if you get a certain type of Pension Credit**
- **help with your heating costs through the Warm Home Discount Scheme**
- **a discount on the Royal Mail redirection service if you're moving house**

For more information and to apply:

www.gov.uk/pension-credit



UK Government

Are you over State Pension age, or know someone who is?

Pension Credit tops up pension income and can help with day-to-day living costs.

If you are over State Pension age, you may be eligible to claim **Pension Credit**, even if you own your home or have savings. People who claim **Pension Credit** may also be able to get:

- The **Winter Fuel Payment*** and other help with heating costs
- Help with rent and Council Tax
- A free TV Licence for those aged 75 or over
- Help with the cost of NHS services, such as NHS dental treatment, glasses and transport costs for hospital appointments

You could be eligible for **Pension Credit** if your weekly income is below £218.15 or, if you have a partner who lives with you, £332.95. Qualifying income level may be higher in some circumstances.

Don't miss out.



SCAN TO FIND OUT MORE



Check your eligibility at [gov.uk/pension-credit](https://www.gov.uk/pension-credit) or by calling **0800 99 1234**

Eligibility criteria apply
*or the equivalent in Scotland.

Better Housing Better Health

The Warmth & Wellbeing Service



HOME ENERGY ADVICE

If you're worried about paying your energy bills, want to know how to make your home warmer or need advice on accessing financial support, Better Housing Better Health are here to help. We're a charity working locally to improve residents' domestic warmth and wellbeing and improve the energy efficiency of your property.

BETTER HOUSING BETTER HEALTH CAN HELP WITH:

**ENERGY BILL
SUPPORT**



**HOME
ENERGY
VISITS**



**FINANCIAL
ASSISTANCE**



**PRIORITY
SERVICES
REGISTER**



GET IN TOUCH
0800 107 0044

www.bhbh.org.uk

© Better Housing Better Health 2024

Better Housing Better Health

The Warmth & Wellbeing Service



HOME ENERGY ADVICE

Better Housing Better Health (BHBH) is a charity working locally to improve your domestic warmth & wellbeing. In a preventative approach, our free helpline provides you with a single point of contact for services, advice and financial support in order to help improve the energy efficiency of your property.

FINANCIAL SUPPORT

Our team of experts can work with households to apply for grants and funding to help with your home energy. Schemes like the Warm Home Discount can take £150 off your bills and ECO Funding can replace heating systems as well as install insulation. Call us to see if you're eligible and start the process.



WE ARE HERE.

GET IN TOUCH

0800 107 0044

WWW.BHBH.ORG.UK

Food Support

Food Hubs are open to all and there is no criteria to access them.

They will be open at the following locations across Bassetlaw throughout the half-term holidays.

£4 - £5 per bag of full food.

October Half Term 2024 Food Support in Bassetlaw

All food Hubs are open to all and there is no eligibility criteria.

 <p>Devonshire Road Community Centre - Harworth £4 per bag Monday 2.00pm</p> <p>Harworth, DN11 8HG</p>	 <p>Carlton-in-Lindrick S81 9JU</p> <p>Lime Tree Nursery £4 per bag Monday 12:45pm</p>
 <p>St Paul's Food Pantry £4.50 per bag Tuesday 2pm Wednesday 6pm - 7:30pm Sunday 12pm - 1pm</p> <p>Worksop, S80 2TS</p>	
 <p>Now Church Langold Food Hubs £5.00 for 20 items Tuesday 9:30am - 12:00pm Wednesday 6:30pm - 8:00pm</p> <p>Langold, S81 9RJ</p>	 <p>BASSETLAW FOOD INSECURITY NETWORK</p>



Food Support

COMMUNITY PANTRY VAN

10 am

Fitzwilliam centre,
Magna lane, Dalton
S644HH



12.45 pm

Lime Tree Nursery Carlton,
90 Doncaster Road,
Carlton-in-Lindrick,
Worksop,
S81 9JU

3 pm

Lime tree nursery, The Hall,
75 Ryton Road,
North Anston,
S25 4DL

Every
Tuesday



£4 for a box of food.
Bring your own bag.
Open to all.



Food Support



To sign up, visit the below page

<http://www.w2academy.co.uk>

Then click on "Our Events" to sign up.

Fruits & Veg Shop Event



Get a bag filled with Fresh Produce ranging from: tomatoes, Carrots, garlic, onions, Cabbage, potatoes, apples, oranges, bananas and etc for only £4 every fortnight.

On 31st Aug, 2024

Contact Us for more information

Website: <https://w2academy.co.uk>
Email: info@w2academy.co.uk

SUPPORTED BY:



Nottinghamshire
County Council



your space
to feel good



Langwith Pantry



LANGWITH **PANTRY**



**Old Caretaker's house
Langwith Parish hall,
Portland Road**

Thursdays 1pm-6:30pm
Fridays 8:30am - 1:30pm

Food Bags £5

Autumn

Nottinghamshire

Local activity providers run face to face sessions that are FREE to children and young people aged 5 to 16 years and receiving benefits-related free school meals.

There are also places available to families with low income – and to children and young people who may face social isolation without the support of HAF - these places are granted on an individual basis.

Click [HERE](#) for HAF events taking place across Bassetlaw this half-term.



Bassetlaw

ACTION

Centre



Supported independent living service

This service is aimed at the individuals themselves, their families and carers, who recognise that they are starting to find things difficult and want to consider their options to meet their changing needs, but want to remain independent.

This might include moving to more suitable accommodation such as somewhere smaller, nearer to family and friends or for housing specifically for older people such as sheltered housing.

The service can also help with the financial side of the home by doing benefits checks and helping to apply for new benefits where applicable.

The team can also undertake energy checks and help with understanding bills or smart meter monitors. They can also help those who are thinking about making changes to their property with aids and adaptations.

For anyone who is suffering from loneliness or social isolation they can look to engage them with a variety of opportunities to help them meet other people and build friendships.

For further information please contact 01777 709650 or sils@actioncentre.org.uk



Bassetlaw



Centre



HEALTH IS THE GREATEST WEALTH!

Enquire about our Staying Well Programme - A six week long course designed to help those with long term health conditions and long covid.



www.bassetlawactioncentre.org.uk

01777 709650



Health & Wellbeing

MENTAL HEALTH BASSETLAW

Dedicated to prioritising your mental health in Bassetlaw.



Bassetlaw
Place-Based
Partnership

www.mentalhealthbassetlaw.org

The Bassetlaw Mental Health Website is a comprehensive website dedicated to providing all mental health support services available in Bassetlaw in one convenient location.

It features dedicated sections aimed to specific groups, including LGBT +, veterans, young people and more, ensuring everyone can find the support they need.

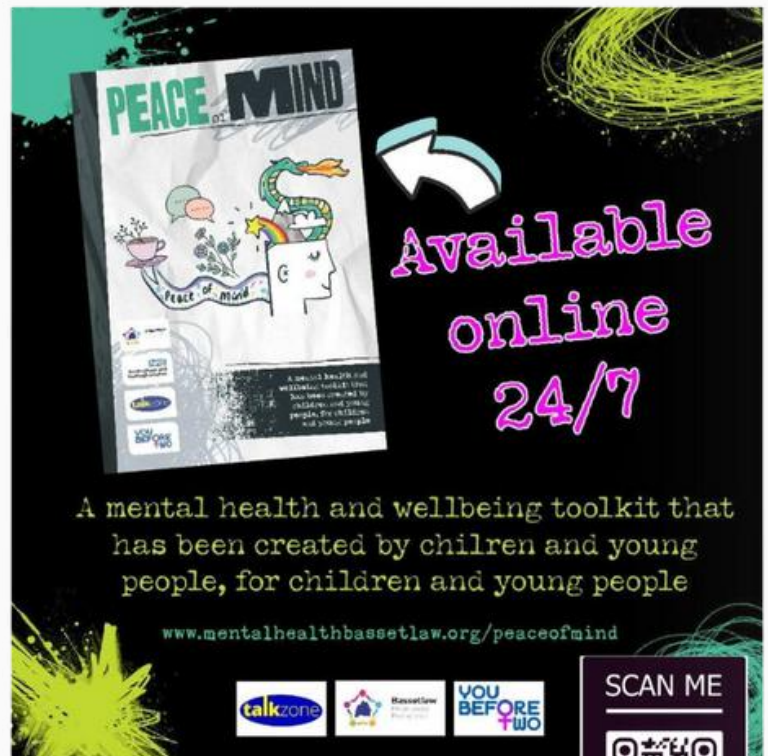
The site also offers a variety of downloadable resources, including a Mental Health Support Flyer that lists all available services. This flyer can be easily printed for personal use or distributed to those in need.



Health & Wellbeing

The Bassetlaw Peace of Mind Toolkit has been co-produced with children and young people to provide support, guidance and advice to young people experiencing mental health concerns including depression, anxiety and more.

The toolkit is available online 24/7.



Available online 24/7

A mental health and wellbeing toolkit that has been created by children and young people, for children and young people

www.mentalhealthbassetlaw.org/peaceofmind

talkzone Bassetlaw YOU BEFORE TWO

SCAN ME

www.mentalhealthbassetlaw.org/peaceofmind



A range of specialist services for children and young people aged 11-25 who identify as LGBT+ (lesbian, gay, bisexual, trans and any other sexual orientation or gender identity), or may be questioning this.

www.centreplace.org.uk

talkzone



www.centreplace.org.uk/talkzone

Talkzone offers free, confidential mental health support and counselling for children and young people, aged 11-25, in Bassetlaw.

These services provide a safe space to talk and offer support for children and young people focusing on anger, low moods, confusion, anxiety, loneliness, self-harm, bullying, relationship/family breakdowns, low self-esteem, or issues around sexual orientation or gender identity.



Are you a young person between the ages of 8-25?

Are you an organisation that works with young people between the ages of 8-25?

Do you live/operate within Bassetlaw?

You may be eligible to apply for a grant to support your activity or project.

Focus on Young People in Bassetlaw is a charity with 28 years experience of supporting young people through the charity's Grant Giving Trust.

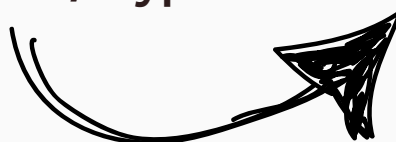
The application process is simple to follow and is open all year round.

See case studies and news on our website. Please go to

www.foypib.org.uk

Find us on Facebook facebook.com/foypib

OR scan the QR code





Worksop Sanctuary
6 Hardy Street, Worksop, S80 1EH

5pm - 10pm
Wednesday and Sundays

You can also call 0330 822 4100
every day from 4pm - 11pm



Nottinghamshire Healthcare
NHS Foundation Trust



Talking Therapies

NHS Talking Therapies: Psychological Therapies and Counselling Services for anyone aged 18+ with Anxiety and Depression
0333 188 1060 | www.notts-talk.co.uk



Nottingham and Nottinghamshire Talking Therapies



Mind Nottinghamshire

1-1 and group mental health support, encouraging connectivity and improving wellbeing.

0800 4700203 | www.nottinghamshiremind.org.uk

Nottinghamshire Crisis Sanctuaries Drop-In Session

0330 822 4100

5pm- 10pm Wednesday and Sundays, 6 Hardy Street, Worksop, S80 1EH



Harmless & The Tomorrow Project

An all age integrated self-harm and suicide prevention service, providing support for those at risk of self-harm, in suicide crisis or bereaved by suicide. | 0115 88 00 280 | www.harmless.org.uk

Talkzone

Confidential mental health support and counselling services for children and young people aged 11-25.

01909 479191 | www.centreplace.org.uk



LGBT+ Services Nottinghamshire

1-1 and group support for children and young people aged 11-25 who identify as LGBT+ or may be questioning this. | 01909 479191 | www.centreplace.org.uk

Kooth

Free, anonymous, online counselling for children and young people aged 11-25.

www.kooth.com



Oasis Centre

A range of support is available including groups and activities aimed at a wide variety of health conditions. Everyone is always welcome at Oasis.
07795 194597 | www.oasiscommunitycentre.org



Bassetlaw
Place-Based
Partnership



Nottingham and Nottinghamshire

Text
SHOUT
to
85258

Nottinghamshire
Crisis Sanctuaries



Crisis Sanctuaries:
0330 822 4100
every day from
4pm - 11pm

Mental Health Crisis : 111 Option 2

AURORA
Wellbeing Services



Aurora Wellbeing Services Bassetlaw

Emotional support and counselling for people affected by cancer and long-term health conditions.

01909 470985 | www.aurorawellbeing.org.uk



Freed Beeches

FREED-Beeches is a free service for adults and adolescents aged 14+ who are suffering from an eating disorder.

01909 479922 | www.freedbeeches.org.uk

Joel The Complete Package

Supporting families through pregnancy and parenting after baby loss.

07562 223484 | www.joeltcp.org



Nottinghamshire
Women's Aid
Survive & Thrive

Nottinghamshire Women's Aid

The commissioned specialist domestic abuse support provider for women, children and teenagers who live in Bassetlaw.

01909 491330 www.nottswa.org

Children's Bereavement Centre

Free support for children and young people, and their parents/carers who are affected by the death or terminal illness of someone close to them.

01636 557739 | www.childrensbereavementcentre.co.uk



In Sam's Name

Support groups in Worksop and Retford for men and women in need of a friendly support network. Monthly walks also take place in Worksop.

www.insamsname.co.uk | info@insamsname.co.uk

Rhubarb Farm

Therapeutic organic horticulture model for developing skills, confidence and employability, and for improving health and wellbeing.

01623 741210 | www.rhubarbfarm.co.uk



bpl

BPL Community Health

A 12 week programme supporting mental health and wellbeing, tailored around any health-related condition.

www.bpl.org.uk/community-health



Bassetlaw
Place-based
Partnership



**Nottingham and
Nottinghamshire**

Mental Health Crisis : 111 Option 2

**Text
SHOUT
to
85258**

**Nottinghamshire
Crisis Sanctuaries**



Crisis Sanctuaries:

0330 822 4100

every day from

4pm - 11pm

Citizens Advice North Nottinghamshire

Free advice on a range of issues including debt, energy, benefits, work and housing. | 01909 498 888 | www.canns.org.uk

citizens
advice

North
Nottinghamshire

Nott Alone

Nott Alone

Local mental health advice and help for people in Nottingham and Nottinghamshire, all in one place. | www.nottalone.org.uk



Peace of Mind – Children and Young People’s Toolkit

Lived experience stories, coping strategies and ‘top tips’ from children and young people to help manage mental health concerns.

www.mentalhealthbassetlaw.org/peaceofmind

Portland Pathways

Employability and mental health support. Increase your confidence and get the guidance you need to improve your life. 01623 499193 pathways@portland.ac.uk



Bassetlaw Action Centre

A range of support including befriending, home help services, energy advice, walking groups and more. 01777 709650 | www.bassetlawactioncentre.org.uk

Muddy Fork

Helping people to improve their wellbeing and mental health through volunteer conservation and wildlife gardening in Retford.

07421 356717 | www.muddyfork.uk | Rose.muddyfork@outlook.com



Your Health Notts

Tailored support to help you become healthier, stronger and happier. | www.yourhealthnotts.co.uk

Bassetlaw Focus on Farmers

Tailored mental health and cancer support aimed at the farming and agricultural community. | www.bassetlawfocusonfarmers.org.uk



BCVS Social Prescribing Link Worker

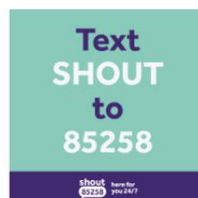
Support to help people find and access community groups, social groups, and services for the whole family. 01909 476118 | bcvs@bcvs.org.uk



Bassetlaw
Place-Based
Partnership



Nottingham and
Nottinghamshire



Crisis Sanctuaries:
0330 822 4100
every day from
4pm - 11pm

Mental Health Crisis : 111 Option 2

Health & Wellbeing



Nottinghamshire Healthy Families Teams work closely with local GP practices, early years settings, schools, midwives, children's centres, social care, and other services in each area.

They make sure there are good links and that, when required, parents and young people can be offered the full range of support they may need.

This service is provided to all families living in Nottinghamshire with a child between 0-19 years old. It also covers expectant mums and young people attending Nottinghamshire schools up to the age of 19 years.

www.nottinghamshirehealthcare.nhs.uk/healthy-family-teams

Health & Wellbeing

An advertisement for the NHS Healthy Start Scheme. At the top right is the NHS logo. Below it, five cartoon characters are lined up: an apple, a yellow tin of vitamins, a blue and purple Healthy Start card with the NHS logo, a green broccoli, and a blue milk carton with a yellow straw. Below the characters, the text reads: "Get help to buy food and milk with the NHS Healthy Start Scheme". Underneath that, it says "Apply online at www.healthystart.nhs.uk".

Get help to buy food and milk with the NHS Healthy Start Scheme

Apply online at www.healthystart.nhs.uk

The NHS Healthy Start scheme helps young families and those who are pregnant to access healthy food, milk and vitamins.

If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk.

If you're eligible, you'll be sent a Healthy Start card with money on it that you can use in some UK shops. We'll add your benefit onto this card every 4 weeks.

You can use your card to buy:

- plain liquid cow's milk
- fresh, frozen, and tinned fruit and vegetables
- fresh, dried, and tinned pulses
- infant formula milk based on cow's milk

You can also use your card to collect:

- Healthy Start vitamins – these support you during pregnancy and breastfeeding
- vitamin drops for babies and young children – these are suitable from birth to 4 years old



HELPING OLDER CHILDREN AND YOUNG PEOPLE WITH ASTHMA

Includes The Seven Wonderful Asthma Tips

S.W.A.T



1. Keep your reliever with you

2. Take your preventer every day (even when well)

TAKE EVERY MORNING and EVENING



3. Use your



4. Ensure good inhaler technique

5. Avoid triggers



6. Attend reviews

It's good to talk



7. Tell others

For more information go to movingonasthma.org.uk



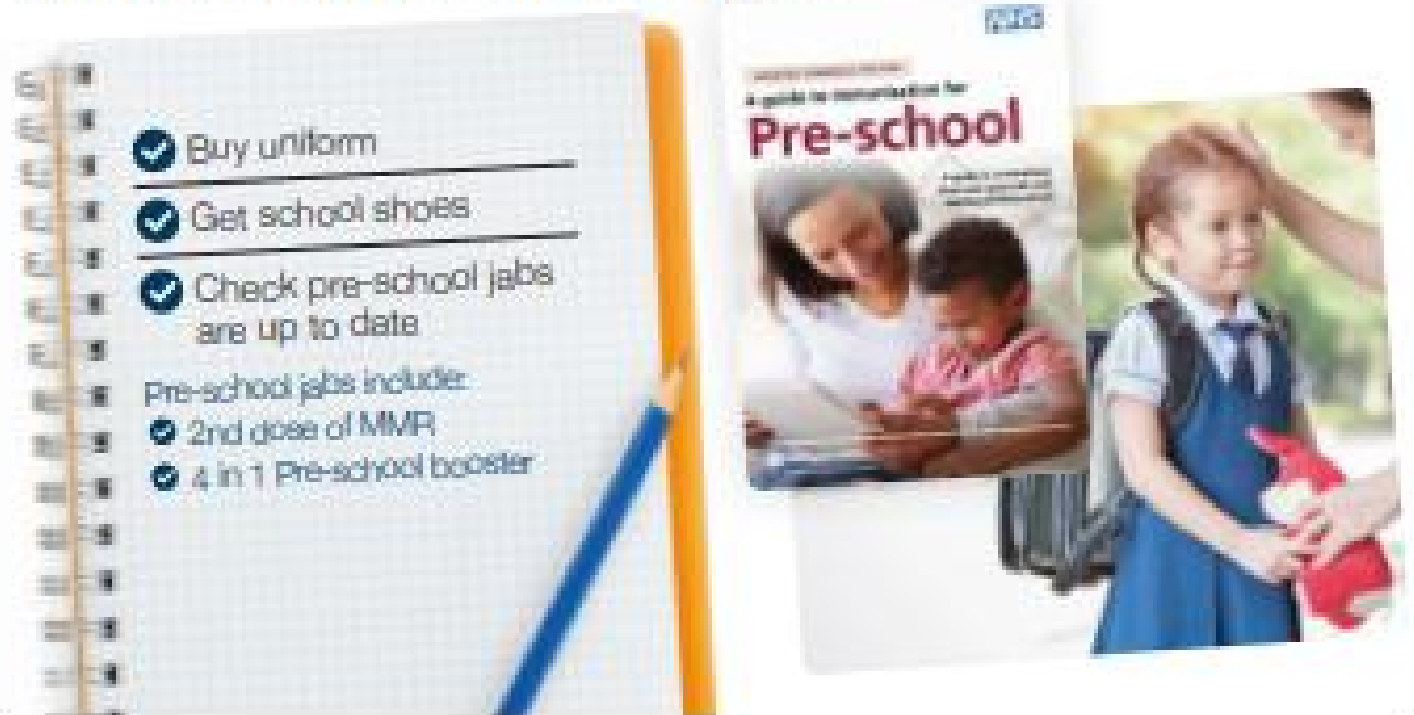


UK Health
Security
Agency

NHS

Starting a new school?

Your child will be learning and playing with more children when they start their new school and could be at risk of catching preventable diseases if they haven't had all their childhood jabs.



- ✓ Buy uniform
 - ✓ Get school shoes
 - ✓ Check pre-school jabs are up to date
- Pre-school jabs include:
- ✓ 2nd dose of MMR
 - ✓ 4 in 1 Pre-school booster

If you are not sure if your child has had all their routine vaccinations, check their personal health record (Red Book) or contact the GP surgery. To get the best protection for your child, they need to have had two doses of MMR vaccine. For a checklist of the vaccines and the ages at which they should ideally be given visit:

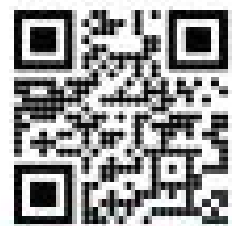
www.nhs.uk/vaccinations

MMR for all leaflet



qrco.de/MMRFORALL

Preschool immunisations



qrco.de/PreSchool

immunisation

Helping to protect everyone of every age

**Choose well this
Autumn and follow the
guide below.**



**Grazed knee.
Sore throat.
Cough.
Stock your
medicine cabinet.**

Self-care



**Unwell?
Unsure?
GP surgery closed?
Need help?**

NHS 111



**Diarrhoea.
Runny nose.
Painful cough.
Headache.**

Pharmacy



**Vomiting.
Ear pain.
Stomach ache.
Back ache.**

GP surgery



**Choking.
Chest pain.
Blacking out.
Blood loss.**

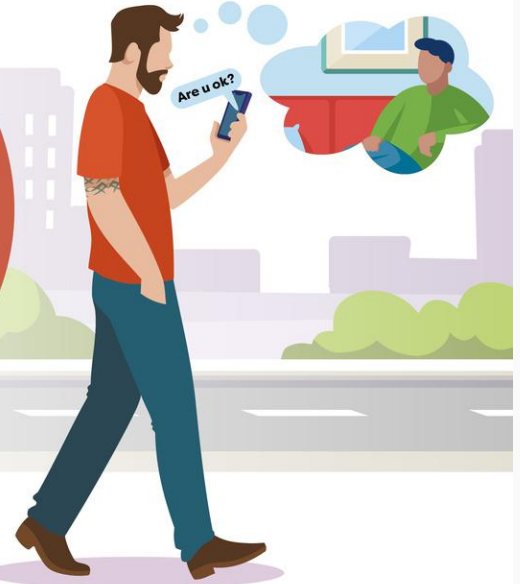
**A&E or 999
Emergencies only**

Health & Wellbeing

**Worried
about a
mate?**

Sometimes it's hard to know what to say or do to help. NottAlone.org.uk can help you to support others with mental health advice and connections to free, local support.

NottAlone



A partnership between



Nottingham
City Council

NHS
Nottingham and Nottinghamshire
Integrated Care Board

LIVING WITH AN ALLERGY

www.healthforkids.co.uk

An allergy is when your body has a reaction to a particular food or to something in the environment



Feeling low?

Anxious?

Struggling to cope?

Text
SHOUT
to **85258**
for free,
confidential
support, 24/7



Healthier Together

Improving the health and wellbeing of pregnant women, babies, children and young people in South Yorkshire and Bassetlaw

The Healthier Together website provides pregnant women, babies, children and young people across South Yorkshire and Bassetlaw with consistent and high-quality advice from local health professionals.

You'll find clear information on common childhood illnesses, including advice on what 'red-flag' signs to look out for, where to seek help if required and how long your child's symptoms are likely to last.

Healthier Together is a partnership project which continues to grow by putting children, young people and family's needs at the heart of the website.



**Add the website
to your
home screen
HERE**

<https://sybhealthiertogether.nhs.uk>

Health & Wellbeing

NHS

Nottinghamshire
Talking Therapies



Feeling low, worried, or stressed?

We are here for you

At NHS Nottinghamshire Talking Therapies, we provide a range of support to thousands of people to help them to improve their mood and find ways to manage. If you are aged 17 ½ years or over and registered with a GP in Nottingham, Bassetlaw, or Nottinghamshire we can help you find the tools you need to get life back on track.

Contact us now, it is FREE and confidential.



www.notts-talk.co.uk



0333 188 1060



notts.iapt.admin@notts-talk.co.uk

Health & Wellbeing

**A MEN'S TALKING GROUP
BASED IN BASSETLAW**


In Sam's Name



#ALREYTBOD

"A Brew And A Chat. We've Got Your Back"



 info@insamsname.co.uk

WORKSOP & RETFORD LOCATIONS

THE EDGE - PLANTATION HILL - KILTON - WORKSOP - S81 0DT

THE WELL RETFORD - HOSPITAL ROAD - RETFORD - DN22 7BD

Cancer Screening



Cervical Cancer Symptoms:

- Vaginal bleeding after sex
- Vaginal bleeding after menopause
- Vaginal bleeding between periods or periods that are heavier
- Vaginal discharge that is watery and or that contains blood
- Pelvic pain or pain during sex
- Difficult or painful urination or blood in the urine
- Dull backache
- Swelling of the legs
- Pain in the abdomen
- Feeling tired

What if we checked our bodies as much as we checked our phones?



Visit aurorawellbeing.org.uk/cancer-info for guidance and more information



OCTOBER
BREAST
CANCER
AWARENESS
MONTH

Phone screen **VS** Cancer screen
Only **one** could save your life

AURORA
Wellbeing Services



Bassetlaw
Place Based
Partnership

South Yorkshire and Bassetlaw
Integrated Care System
CANCER ALLIANCE

Visit

www.aurorawellbeing.org.uk/cancer-info
for more
information
on symptoms
and
screening.

AURORA
Wellbeing Services



Breast Cancer Symptoms:

- New lump in the breast or armpit
- Thickening or swelling of part of the breast
- Irritation or dimpling of breast skin
- Redness or flaky skin in the nipple area
- Pain in the nipple area
- Nipple discharge, including blood
- Pain in any area of the breast

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CANCER ALLIANCE

Cancer Screening

NHS

Bowel Cancer Symptoms:

- Bleeding from your bottom and/or blood in your poo.
- A persistent and unexplained change in bowel habit.
- Unexplained weight loss.
- Extreme tiredness for no obvious reason
- A pain or lump in your tummy.



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Phone screen *vs* Cancer screen
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CANCER ALLIANCE



Social Prescribing Link Workers



Social Prescribing Link Workers take the time to discuss with patients the many voluntary, community and statutory services that may help to improve a persons health and wellbeing alongside any existing medical treatment.

Social Prescribing Link workers can help to:

- **Identify groups which may offer additional support to help patients understand and manage their medical condition**
- **Access community social groups by giving a patient a named contact and specific group information**
- **Access benefits, debt and welfare advice**
- **Address loneliness and isolation issues by encouraging participation with local activity groups**
- **Access information on a wide range of services for the whole family**

If you would like support from a link worker, please contact Bassetlaw Community and Voluntary Service.

01909 476118 | bcvs@bcvs.org.uk

Funded by
UK Government



Focus
on Young People
in Bassetlaw



CHARITY QUIZ NIGHT

Thursday 21st November

7.00p.m. for 7.30p.m.

at **Retford Oaks**

In the Dining Hall
Babworth Rd, Retford, DN22 7NJ

Register your interest by email:
support@foypib.org.uk

£40 per team of 4 including
Cheese, Biscuits & a Bottle of Wine

WILL YOU WIN THE FOYPIB QUIZ TROPHY?

FOR MORE INFO EMAIL: support@foypib.org.uk
or FB inbox: www.facebook.com/foypib/ Tel: 01909 531504
FOYPIB Kilton Forest GC, Blyth Rd, Worksop, S81 0TL

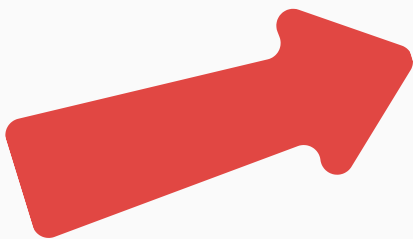


Bassetlaw
DISTRICT COUNCIL
— North Nottinghamshire —

BOOK NOW



Save The Date



CHRISTMAS LIGHTS 2024

WORKSOP
SAT 23rd NOV
12:00PM - 6:30PM
OLD MARKET SQUARE

RETFORD
SUN 24th NOV
10:00AM - 6:00PM
MARKET SQUARE

**HARWORTH &
BIRCOTES**
FRI 29th &
SAT 30th NOV
FRI: 3:00PM - 6:00PM
SAT: 10:00AM - 3:00PM
CIVIC SQUARE

TUXFORD
SUN 8th DEC
2:00PM - 6:00PM
TOWN SQUARE

FREE
Family
Fun

**NORTH
NOTTS BID**

For more information visit us at: northnottsbid.co.uk

