



Food Detective[®]

PROFESSIONAL

**ENJOY LIFE
WITHOUT SYMPTOMS
OF FOOD SENSITIVITY**



A point-of-care IgG food sensitivity test.
Results in 40 minutes.
Professional use only.

Together... we get results

What is **FOOD SENSITIVITY?**

Food sensitivity can result from your body reacting badly to certain foods. Often the foods we include regularly in our diet, or the foods we crave, may be the ones causing us a problem.

Research has shown that food sensitivity can be linked to IgG antibodies produced when these 'problem' foods are eaten.

Normally these antibodies do not have any ill-effects, but if the immune or digestive system are not working optimally, their presence may provoke a wide range of symptoms.



FoodDetective®
produces
results in just
40 minutes

What are the common symptoms of food sensitivity issues?

The following are often regarded as typical food sensitivity symptoms:

- > Bloating
- > Constipation
- > Diarrhoea
- > Flatulence
- > Headaches
- > Irritable bowel syndrome
- > Lethargy
- > Migraine
- > Nausea
- > Stomach cramps/ abdominal pain

The next steps

Many people experience an improvement in symptoms and health after changing their diet based on their FoodDetective® results. Like any functional test, FoodDetective® will only produce meaningful results if experiencing symptoms. Some symptoms of food sensitivity could be due to other health issues and it is important that patients seek professional medical advice.



ENJOY LIFE WITHOUT SYMPTOMS OF FOOD SENSITIVITY

How to help improve symptoms?

Symptoms can persist for several days or longer, making it difficult to identify which foods your body is struggling to deal with.

The FoodDetective® test helps to identify these 'problem' foods by detecting food-specific IgG antibodies in blood. Using these results as a guide, patients and health care practitioners together can then adjust and plan new diets.

What is FoodDetective®?

FoodDetective® is a professional use only test, designed to identify food specific IgG reactions which can be associated with food sensitivity. It gives quick results empowering you to take control of your health.

Foods tested

FoodDetective® tests for reactions to the following foods:

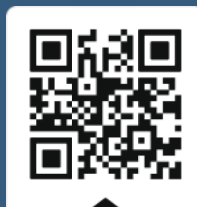
	Milk (cow), Whole Egg
	Freshwater Fish Mix (salmon, trout), Shellfish Mix (shrimp, prawn, crab, lobster, mussel), Tuna, White Fish Mix (haddock, cod, plaice)
	Apple, Blackcurrant, Citrus Mix (orange, lemon), Grapefruit, Melon Mix (cantaloupe, watermelon), Olive, Strawberry
	Corn (maize), Durum Wheat, Gluten, Oat, Rice, Rye, Wheat
	Garlic, Ginger
	Beef, Chicken, Lamb, Pork
	Cocoa Bean, Mushroom, Tea, Yeast
	Almond, Brazil Nut, Cashew Nut, Peanut, Walnut
	Broccoli, Cabbage, Carrot, Celery, Cucumber, Leek, Legume Mix (pea, lentil, haricot), Peppers (red, green, yellow), Potato, Soya Bean, Tomato



What should I do after the test?

Health care professionals work with patients to create diets' which eliminate problem foods, offer healthy alternatives, and guidance on how to re-introduce foods.

Typically, a customised diet will be followed for around 3 months to allow the symptoms to subside and give the body time to recover.

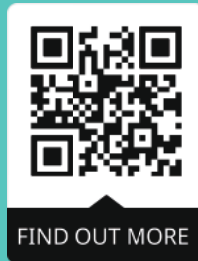


FIND OUT MORE

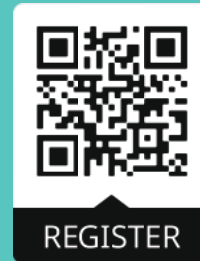
Tests for food
specific IgG
reactions to 59
common foods



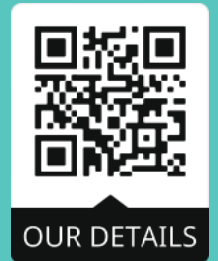
CNSLab



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The assistance of a professional health care provider is advised and any medical concerns should be referred to a medical doctor. Specifications, terms and pricing are subject to change at any time. Not all products are available in all countries. FoodDetective®, FoodPrint®, and GutDetective are trademarks of Omega Diagnostics Ltd in the UK and other countries. References to published literature available on request.