

A white angel figurine with large, feathered wings, positioned centrally. The background is a soft, glowing white light that fades into a dark background at the edges. The text is overlaid on the lower half of the image.

An Angel Anthology

By

Anna Enfys

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FOREWORD

Welcome to this little book. This book has been over long in its being put together, for it some years now that I was gifted my first poem. The book contains a selection of poetry which came through to me from the Archangels, Angels and Ascended Masters and it is a blessing to be able to share them with you. The book has come into being with a bit of kicking and screaming at times due to lack of belief I could do this. I here and now thank all who 'gave' me poems in the first place and also for consistently nudging me into doing this and for support me all of the way!

There is no index in this book or indeed, any page numbering, for it is intended that you read it and use it intuitively (also known as bibliomancy). You can be sure that a poem selected in this manner will resonate, comfort, give validation and possibly more. Read it from cover to cover if you choose. This is now your book and it is hoped it will be one which you will return to time and again.

The poems continue to flow from time to time and so there will be more to come!

In the meantime – enjoy your time within these pages. Who knows what it may bring you.

Before the start of the poems intended to be shared, I share with you one that came through personally for me and which appears on the next page, and so, who knows, maybe one will come through for you also. Perhaps you will sense an angel reading with you over your shoulder..... Enjoy!

If you enjoy the book and wish to know about the author, then there is a little bit about her at the end of the book and also a link to the website.

Blessings x

You are a child, a child of God and all,
And you can see that you know, in a crystal ball.
The crystal ball is round and clear,
And can tell you who or what is near.

The Crystal Realm is colourful and strong.
Working with crystals is where you belong.
Sapphires, quartz and diamonds too,
Stones of all colours, including blue.

A stone for each Angel, a stone for you.
You know your colour, it is blue.
Indigo blue, for an Indigo Child,
To keep you calm and out of the wild.

The crystals have uses and ways to heal.
Tap into each one, what will it reveal?
The Deva will guide you, the Angels will too,
But Archangel Nathaniel knows what to do.

A crystal master, as you are to be.
Work with me and you will see.
How to use each, and what to do.
Laying on, scrying and casting too.

Crystals, crystals, beautiful and pure,
And I can tell you now that you're
Going to be a crystal master, a healer of men,
And it'll carry on later and, now and then.

Anna of the Crystals, of Colours and more.
I come to you now, I come to implore
You to get out those crystals, come learn with me,
Let me teach you how to see,

What the layouts mean, what the crystals say,
For it cannot all be learnt in one short day.
Let me teach and guide you through,
So you're a crystal master, pure and true.

The time is right, and the time is now.
Come to me, come to me and I'll show you how.

Archangel Nathaniel ~ 31/10/2017 (personal poem)

This is the first ever poem I received...

You can always tell an Angel,
It is gentle and kind.
Never worry about anything,
Your Angels read your mind.
Your Angels love and care for you,
Your Angels are divine.
You really are a Special One,
To me, and mine and thine.

Angel Ahnika

You are a Beloved one, a dear one, a special one.
A child of God, a child of the Universe.
You are divine, a divine spark, a divine being.

Your Angels are always with you, never feel alone.
You are loved and cared for and you will always have a home.
The day is coming soon when all will hear,
That greater things are coming, Hurrah! We hear you cheer.

Mankind is growing wiser, the wisdom is to awake.
And God will walk amongst you, and leave darkness in his
wake.
Rest easy my Beloved, the time is nearly nigh,
When Humankind will come to know all that live on high.

Archangel Metatron

There is a crystal cave, way up upon a mountain,It houses the most incredible fountain.
The Fountain of Life, of All That Is.
The Fountain of Truth is what it is.
The Angels are calling you into the Light.
Come now, and be where it is never night.

The crystal cave is clear, and is healing,
And any dis-ease it is capable of revealing.
Step into the quartz, lay down on the bed.
Let the rose quartz beneath you, soothe your weary head.

We ask you to pray for our help each day
And, know that we'll answer, for we're never far away.
The crystal cave is waiting for you to arrive.
To welcome you home to the place where all Angels abide.

Do not fear, do not fret,
This poem is sent to cheer you. It is not time to come home yet.
But know that there is a place for all here,
And know that you'll be welcomed, loved and revered.

Archangel Nathaniel

You know, you are an Angel's task,
A task to assist whenever asked.
For it is written that this shall be,But, your will it shall be free.
The Angels ask that you ask them to

Assist you with anything you're struggling to do.
We can help, we can assist, we love to be near,
And help you at times when things aren't so clear.
Lift up your voices, call out, pray.

The Angels are never far away.
Ask, trust and believe that we are here,
That it is you we love and hold so dear.
The time has come to raise your heart, your mind.

Better times are coming for Humankind.
Rejoice, be glad, sing and shout.
And do please, assist us in bringing all this Goodness about.
God has deemed that Mankind shall Ascend,

That all toil and suffering shall come to an end.
Know that things will become clear and true,
And all that God and we Angels do, we do,
For the love of you.

Archangel Nathaniel

Many times, many lives, many problems, many joys, many loves.

You are the apple of God's eyes. Never fear the end is nigh,
Of letting that last breath out with a sigh.
For you will be met by those you love,
And guided across and to the Above.

You'll be coming home, home to rest,
And you'll feel you've really found the best.
A place to heal, a place to love.
Please do not fear what lies Above.

The Angels will care for you and love you
And, time will cease in the way that you know it,
But know that you'll always bestow it,
On people you love, people you know,

This time in Heaven, will assist you to grow.
And when the time comes to return to the Earth,
A Guardian Angel will be with you a re-birth.
So do not fear, do not fret,

There is nothing to fear, nothing to regret.
For in Heaven, well, it is all Love here.
You are dearly loved, and loved by all.
You are a Divine spark of God and that is all.

Archangel Azrael

Crystals, rocks and stones and sparkly things that make you happy.
Crystals, rocks and stone and other mineral substances.
They are aged, they are ancient, they are of the Earth.
They are plentiful and beautiful, and they leave you full of mirth.

Lift your spirits, heal your Soul.
Mend your head and be so bold,
As to say that the crystals are an ancient form of healing.
Known before man found chemicals and all the things that mankind now uses,
And abuses.

Crystals are clean and pure and full of energy
And in the right hands can heal what you're ailing.
Rubies, diamonds and sapphires, yes,
But not just for jewellery, yes, you've guessed.

All crystals have their properties of healing,
To be used on the skin, in liquid for drinking.
In bathing and in poultices for swathing.
Turn you back now to Nature's Healing.

Good honest medicine that doesn't leave you feeling poisoned.
You will know one day that Nature holds many secrets to be
shared with you,
For they were once not secrets, but general knowledge, and the
times coming to return to those ways.
And live happier, healthier and joyful days.

Crystals, rocks and stone can cure headaches, sore throats and
broken bones. Heal emotions and sadness and all and you'll soon find the best
of them all.

The green malachite is best,
The stone of healing, above all the rest.
Archangel Raphael is linked to this stone.
No accident then, that this should be so.

Remember to ask for assistance with healing
And any dis-ease that needs revealing.
We are happy to help, in us you can trust,
And thank God for the crystals and all they can do, if they must.

Archangel Nathaniel

You were once a little star, sparkling from afar.
A wee spark of the Divine, one of a long, long line.
You came to Earth to live this life and be
Just as you should be, not like me.

You're not meant to be an Angel, for you have a Soul,
Fulfilling your soul's purpose is your goal.
It isn't always easy, there are lessons to be learned,
But you will find the way, do not be too concerned.

The Angels are always with you, always by your side,
We're waiting for you to ask us, until then our time, we must
bide.
The day is coming soon, when you all will realise what Heaven
truly is,
And you will know, and you will love and feel connection with
All That Is.

Until then Dear Ones, know we are near,
Ask us to help you in making things more clear.
Your life is for living, your life should be full of joy and fun,
And know that you will know the One,

Who is known as Creator, God, Source and others,
But 'til then Dear Ones, you can call upon us as you would do
your brothers.
Take heart, when in life things don't seem so good,
For there is a Blessing in all that comes your way,
Nothing is all that grey.
Don't be too quick to look only for good,
There are lessons to be learned but not in a flood,

Of negative experiences, sadness or woe,
Gently, gently is the way to go.
Go now my Dear Ones, go now in Peace and Love,
And know you're truly being Blessed from Above.

Archangel Michael

There was an age a long time ago,
Where beauty and goodness just seemed to flow.
The time came then which sent all astray,
But trust and Believe they'll return one day.

There will be beauty and love and goodness found,
And you'll see that we can all be bound
Together with love, together with sharing,
Beauty, Love, Caring and Sharing.

The day is coming sooner than you think,
It will change for the good, but not quite as quick as a wink.
The God you all know, works hard for you all,
And is always there whenever you call.

The Angels are around you too.
Never any need to be feeling blue.
Just offer up a prayer, just say the words that come.
No need for fancy phrases or to be struck dumb.

We are help and to guide you to
The place where you'll know just what to do.
Things needn't be hard, laboured and testing.
We can work things out as you are resting.

And when you awake, you'll see things anew,
And know that we've been around and working for you.
An Angel's love knows no bounds or ties,
We're never cruel, cross or tell lies.

We are your guides, your mentors too,
Ask, ask away, for what we can do for you.
I leave you now with much love and Bless
You, your loved ones and yes,
I am here whenever you call,
And always shall be. For one and all.

Archangel Jophiel

Many, many ages ago,
There was a huge fight, you know.
A fight between good and bad,
And it was known that this battle had

To be fought, for good to win,
For goodness to win above all sin.
I am a warrior, an Archangel too,
Battling and protecting is what I do.

I love my charges, those of humankind.
Your emotions, my protection, they bind,
You together with me, together with all.
No fear or worry is ever too small.

Call me in, shout my name and be ready to hear,
No need to worry or fear, it's all clear!!
I will give you courage, make you stout of heart,
You and those negative feelings shall forever part.

You are much loved, protected and Blessed.
What is my name? You've probably guessed.
Archangel Michael's my name and one to call on,
When you're afraid, fearful or not sure upon

Which path to take, what is the best.
I will guide you and steer you, just like the rest
Who've gone before you and now can see,
Just how easy, beautiful and loving things can be.

I leave you now with words of love
From me and all those from above.
You're watched over and loved and you'll see us one day,
But until then, please call upon us to show you the way,

To joy, love, laughter and a full life,
Without fear, sadness, woe or strife.
You are Blessed, you are loved and now I must go,
For there are battles still to be won you know.

But rest assured I will be by your side.
If ever you need me, don't hide.
Just call out, Michael, I need you here,
Please help and protect me from this fear.

Now I really must go, rest easy my love,
You are watched over from Heaven above.

Archangel Michael

Your body is your temple, to carry you through life and all.
This comes to you with an urgent call,
To take good care of soul, body and mind,
Be gentle, be thoughtful, above all be kind.

Your body will serve you, hold you and love you,
If all the right things to it, and with it you do.
This comes with a call and a plea to you at this time now,
To exercise, keep fit, it matters not how.

Run, jump, swim or skip,
It doesn't have to be the way of the minute or even be hip.
Archangel Raphael will assist if you ask.
If you find exercising a particularly difficult task.

So, get on the trainers, the walking shoes and a warm hat,
It matters not if you don't look all that.
Get some exercise, fresh air and then you shall see,
How wonderful exercise, particularly outdoors, can be.

No need for the gym, the running machines that cost dear,
When Mother Nature can help you here.
Run, breathe, walk, see and feel,
When nature and exercise go arm in arm as the deal.

You'll be refreshed, at one with all,
Come now, come now, it really is time now to answer this call.

Archangel Michael

Once upon a time, a long time ago,
There was a small baby, you know.
His name was Jesus, a traditional name,
To save mankind is why he came.

He is amongst you still
And always will
Be with you, amongst you, one and all.
He too, will assist you whenever you call.

Jesus, the Ascended Master, is gentle and kind,
Talk to him, pray to him, when you have things on your mind.
He is a man of words and knows what to say,
To comfort you, to aid you, that is his way.

Many will know him as King of Kings,
An angel of sorts, but without the wings.
He is lovely and kind, above all he can see,
All that troubles you and can help you to be

At peace with yourself, at peace with all,
And the time has come now to make that call.
Dear Jesus, come to me, be with me now,
Guide me, assist me and show me how,

I may shine my light wherever I go,
And assist others around me, who feel so low.
It is time for the light to come to the fore,
So, head now, walk now towards the door

Of help and salvation, of healing and joy,
And now at this time, give praise to the baby boy.
His name is Jesus and He will come again and again,
To save the Earth and all men.

Give thanks for this Master of Love,
Sent to assist you, from God above.

Archangel Metatron

This is not the end, it is not the end of all you see,
And, one day you will be
Able to see what I can see,
And be all the things I can be.

I am with you now and always will
Be close at hand whenever you call,
For I am with you still,
I see and feel all.

You need not cry nor have regret,
For the best you see, it is to come yet.
For we shall see each other once more,
I shall greet you as you pass through Death's door.

Be joyful, be happy, be glad,
For all the memories and the good times we had.
Think of me from your heart and I shall be near,
I have not left you, never fear.

The time comes now to say farewell for now,
And one day you will understand how
The truth of things is and what is ahead,
But know there is nothing to fear or dread.

I am happy, I am free,
And one day you too, will see
The beauty and love that is all.
It is all that matters, I call.

Good bye for now, but I have not gone,
My energy is with you, you are not alone.
Be happy, be joyful, be loving and true,
And go forward knowing that I still love you.

Archangel Azrael

A Child Is Born Each Day

A child is born each day,
And is special and unique in every way.
But each child is a spark of the Divine
And you will know that each one doth shine.

Each child that is born, is born to be
Pure and innocent and you can see,
How each one is beautiful and dear
And brings to you much happiness and cheer.

I was born many years ago now,
And yet Man is still learning how
To Love, to be, to honour and love
One another, each one sent from Above.

The times they are a-changing now
And Man will come to see how
To love one another, one and all.
Many are awakening to hear God's call.

You are special, all Beloved and true.
Sparks of God, yes, and within you.
Love, laugh, live and feel joy,
Just as on the eve of my birth, that baby boy

Called Jesus of Nazareth, that is one name.
For you, is the reason why I came.
To be amongst you, be with you, to guide you too.
I am amongst you still and can guide you as to what to do,

To bring Mankind back to whence it came,
Without fear, judgement or shame.
I am Jesus, Son of God,
You are my brothers and sisters, like peas in a pod.

There are no differences between you and He,
Come to believe that and know that you will see,
How, exactly things are meant to be
Between him and her, you and she.

You are all the same energy, from the same place.
No creed, no colour, nor any one race.
One energy, one spark, we are all One.
Believe and accept and it will all be done.

All will come home to Heaven above.
That place of Beauty, of Peace and Love.

Ascended Master Jesus

You are the one who knows me well.
You are the one who, my story will tell.
I am Jesus of Nazareth and once I came
To help Mankind, but took the blame

For being so loving, so honest and true,
And all of this I happily did for you.
I am still with you every day
And, know that now there is a way,

For Mankind to ascend, to come home for good.
No more tears, pain, or shedding of blood.
It is time now for Peace and Love
And many Blessings are sent from God above.

You are loved, you are special, a brother of mine.
Now, dearest one, it is time for you to shine
Your light on the Earth, and love to all men
And, I once more, shall come again.

This time will be as it should be,
You'll walk alongside me and be able to see
The truth of it all and how it all came
To the point where all felt to blame.

There is no blame, no shame, no fear
For I hold each one of you so dear.
It is time to love, no time to wait.
A time for love and no more hate.

No more war or violence or strife.
Just a blissful, happy and joyful life.
Heaven on Earth, just as it should be,
And you should trust and take it from me

That Mankind is ascending to Heaven above,
And very soon now, all will be love.
I am with you, amongst you each and every day.
Walk with me now, follow the way

To salvation, to joy, heaven and bliss.
There never was a need for all of this
Anger, shame, strife and war.
Follow me now, through the open door,

To all that is good, all that is true.
The truth of it all is that God loves you.
You are all children of the Divine
And, also you are a brother of mine.

The time has come now to trust and believe.
No need now for sorrow, or to grieve.
All is well, as it should be.
Come now, come now, walk with me.

Ascended Master Jesus

The past is the past, what's done is done.
Battles have been fought and battles have been won.
It is time now to let the past go,
Step into the future and let your life flow.

Empty your mind, hand up the strife.
You don't need such negativity in your life.
It is time for laughter, joy and fun
And, when your celebrations are done,

Look forward to the future but stay in present tense.
All that happens will come to make sense.
Times are a-changing, time it is now,
To become that which is you and we can show you how,

To step forward, now, fearless and true.
Be brave enough now, to be the true you.
To stand for what is right and good,
In all things, but not in a flood.

A step at a time, inch by inch, yard by yard,
And, you really won't find it terribly hard.
Your soul it is yearning, yearning to be free
From control, fear and all the negativity you see.

A time for Men to all pull together,
To love one another, whatever the weather.
The sun it will shine, the rain it will rain,
But the time is coming when there'll cease to be pain.

Love is all, love is true,
Love is right and, love is you.
Remember these words, keep them to mind
And, remember I am always behind

You to assist whenever you call.
I will aid one and all.
I am only ever a call away
And, I know that you will seize the day.

The day to see all that is truth and of the light.
No need for a quarrel or fight.
You come from love and return to love.
For you are a spark of the Divine from Heaven above.

You are loved, you are all one
And, it is God's will that will be done.
Mankind will ascend to vibrations high,
And, that time is come, it is nigh.

Take up your mantle, step forward in faith and love
And, see, feel and hear the Blessings from Above.
The time has come now to become all as one,
And, when all this is finally done,

All will come home, for evermore
And, I shall greet you at that open door,
To Heaven, to home, to the place you belong,
And you will find us all as one.

And, the time is nigh, I hear you sigh.
Not long now, Dear Ones, no more goodbye.
All together all as one,
All the battles fought, the battles won.

Light over dark, good over bad.
No more clouds, no feeling sad.
No more fears, no more pain.
Come home, home again,

To the place where all energy does dwell,
Feel the love, feel your heart swell.
You are so loved, more than you know
And now it is time to go,

Forward now, into the light,
To the place where there is no darkness of night.
You are ready now for all that will come,
Not long now til it all is done,

And, Peace shall reign, love will abide
In each heart and I will be by your side.
Be joyous now at this special time of year.
Take comfort, love and cheer.

For much will come your way now.
You'll be guided as to when and how.
Just remember, you are a loved child of God, a spark of the
Divine,
A special soul, a brother of mine.

Ascended Master Jesus

You are a child of God, a child of the Divine,
You are much loved you know, a special charge of mine.
I watch over you each day, I wait for you to call.
I am here to help everyone, you and him and all.

I am Archangel Haniel and I come to you this day,
Listen now, carefully, to these words that I shall say.
They are not words of wisdom or love,
But do come direct from God, in Heaven above.

Love each other, love the Earth and all its kin.
Now is the time to bring Peace on Earth as it has never been.
Make it a time now to let go of all the strife.
See what is truly important in your own life.

See all that you have and all you hold dear.
Treasure it, nurture it, bring it ever near,
To perfection, to joy and bliss.
It would not be so hard to accomplish this.

Take time each day to think and see,
Just how perfect your life could be,
If you lived in love and thought with love,
And, gave thanks to Heaven above,

For all your Blessings, for all that's true.
For all the love that's sent to you.
Take time now for thee and thine,
And remember bow bright your light doth shine.

Let it shine out and illuminate all,
And, please, I ask you to make that call
Upon the Angels of the Light around you.
Call us in to help you see what is true.

Call us in any time of night or day
And, we'll be so happy to show you the way
To peace everlasting, joy and bliss,
And know, that you are meant to have this.

You're not meant to go around fighting and feeling hate.
Time to change this, it's not too late.
Turn back the clocks to the beginning of time.
Start afresh now, you can do it, it'll all be fine.

We are here to assist you, you're not alone,
You are loved and Blessed and deep inside you've always
known,
It's not right to fight, to battle, to war.
Time now to turn you back and close that door.

Peace, Love, Bliss, Joy and Calm,
Happiness, Contentment can do no harm.
So, send us a call, give us a shout,
And we'll be there in a breath to help you out.

You are so loved, so Blessed, it's true,
And now, the rest is up to you.
Make the decision here and now,
To do something positive, you do know how.

Call on me please, Haniel is my name.
I bid you goodbye now, I'm so glad I came,
With this message of hope and yes, a plea,
To call on us and see that better place where you can be.

Archangel Haniel

You were a spark, you are a spark.
From the light, not from the dark.
You all fear death, that there may be pain,
But believe me, and let me make myself plain.

Your pain, your suffering will come to an end,
And at that time, God, the Angels will send,
To fetch you, to hold you, in wings of love,
And help to transport you to Heaven above.

There is no fear, there is no pain,
No sorrowing or grief but, lots to gain.
You'll be able to see all there is to see,
And be the true you, that's what you'll be.

At one with all, with All That Is,
Remember to tell yourself this,
If you feel fear, if you feel dread
And think there's nothing worse than being dead.

For you will not die, nor cease to be,
You'll become one, once more, with all and me.
Archangel Azrael, that is my name,
And no doubt you wonder why I came,

With this message for you, a message for all.
It is so that, when the time comes you'll know it's me that
answers the call.
The call to bring you home to Heaven above,
That place of Beauty, Peace and Love.

I am no grim reaper, cruel and cold,
Like the tales you tell of when you get old.
I am loving and caring and bring comfort for you,
So, do not fear me, welcome me, do.

I am an Angel of Mercy, an Angel of Love,
Remember, it's God who sends me from Heaven above.
As you read this verse, read this book,
Take a while to sit back and look.

Look to your heart, look to your soul and see,
Look to see how beautiful your passing really will be.

Archangel Azrael

It was a New Moon on this day, a long time ago,
And there is a story, I want you to know.
A story of love, a story of truth,
A story to make you lift the roof

With riotous laughter, mirth and glee.
Where this is going, you shall see.
The New Moon is a time for releasing and of letting go,
In order to manifest that which can assist you to grow.

Release all the thoughts of failure and woe,
For that is not the way to go,
Forward on your path, in the right way.
Remember to watch what you think and say.

It's ok to moan, to sometimes be sad,
But do this releasing and you'll be glad.
For it clears the way for all that is good,
For all you desire to put on your road.

Then once your true intentions are set,
The Angels will work to ensure they are met.
You can achieve all you want to be,
Do this work now and you will see,

The changes as they come for good and all.
You'll stand proud and tall,
And ready to face all that lies ahead,
And listen now, let it not be said,

That you haven't worked, you haven't tried,
Haven't strived, haven't cried.
But that is all over now,
And very soon you'll see how,

Your releasing, your intentions have become
The dream you wished for has come home,
To give you all, all that you desire and need,
All you had to do was plant the seed.

The seed has grown, it's roots are strong,
And you are at the place where you belong.
The Angels are happy and so are you,
So, remember all that you have to do,

In order to bring about, your goal, your aim,
We can't guarantee it will bring you fame.
But, it will bring you Joy, Happiness in your life,
A life full of love and with little strife.

This tale it is done, for now that is,
And, you'll go on from here remembering this
Tale of release, of bringing yourself good.
And I can tell you now, you'll be in a good mood.
For all your hard work, will come the reward.
The goal, it is reached. Shhh, Mum's the word!

Archangel Michael ~ New Moon Releasing &
Manifesting

There is a time and a place, a time and a love,
Of beautiful things from Heaven above.
The time it is nigh, to really see what is true.
That there is no difference between me and you.

We are all one, from the same place,
The only thing that differs is the face.
One energy, one love, one beautiful creation of life.
Which is meant to be of love and beauty, with no strife.

One day all will see as it should be.
No separation. No us or we.
You are being called from afar,
Look up do, see that shining star.

It shines for you, for one and all,
As it sparkles, it sends out its call.
No more fighting, no more woe!
That is not the way to go.

A time of peace, a time of love,
Of feeling the Blessings from Above.
You are being called, can you hear it now, loud and clear?
It is God, sending a message ~ I am here.

I am here, talk to me and let me show the way,
To brighter, happier and sunnier day.
It has long been awaited for this time to come,
And it is now here and not just for some.

Listen, look, feel and love.
Feel the Blessings from Heaven above.
You are all children of mine and, I know
That you want to be sure that you'll not be brought low.

Love, Trust, have Faith, and see
Just how wonderful your life can be.
You may call upon me, O child of mine,
For our hearts, our energy, doth entwine.

All is one, one and all,
Time now, Dear One, to answer my call.

Archangel Nathaniel

You can tell a good fruit, a good egg, a good spud,
It's easy to tell if it's good or a dud.
Use your senses, use your sense of smell,
Your eyes too, and you'll be able to tell,

Whether it's good or bad, full of light,
And whether this food for you, is right.
You have all your senses and they will show
You which is the right way to go.

Be it drink or food or how to move.
Try it yourself and you'll prove
To yourself, you can do, you can be,
The healthiest and fittest being, you'll see.

If you find yourself struggling, putting up a fight,
Battle back with all your might.
Fruit and vegetables, exercise and water,
Makes your mind and body be what it oughta

Be. Healthy, strong, full of power and might,
Ready to fight any good fight.
Call upon me whenever you will,
I'll do all I can to save you from popping a pill.

I am Archangel Raphael, the Angel of Healing.
I know at any time what you are feeling.
Advice I can give and healing too.
So now you know just what to do.

Call Archangel Raphael, please heal me, do.
And, that's exactly what I'll do for you.
My emerald light I shall shine down on you.
Heal and comfort that's what I do.

I am ready to serve, to help you today.
So you may go healthily upon your way.
Go now, my dearest, do your best
To eat and drink well, exercise and take rest.

Archangel Raphael

Poem for the giving of a Rose Quartz crystal Angel

This rose quartz Angel comes your way,
To bring you love and comfort every day.
Whenever you need comfort, when you feel sad,
Know that you don't need to feel so bad.
Hold this Angel, feel it's power.
Feel it's love come over you like a shower.
Love and comfort, healing too.
This angel is sent with much love to you.
Hold it close, hold it dear,
And know that the Angels are always near.

Archangel Chamuel

Poem for a Betrothal

A special day for all, a special day for you.
A time of Joy and Happiness, a lifetime of love is in view.
You are one of a kind, put together.
Together, it's better to get through stormy weather.

Any clouds will pass, and the sun will shine.
The future is bright, special couple of mine.
Your love it will grow more and more,
And, there is one thing of which you can be sure.

The years will pass as quick as can be.
Enjoy each moment is our plea.
Here's to the future and here's to you,
We love and support you in whatever you do.

Be happy, be joyful, live a life of bliss,
For it really doesn't get much better than this.

Ascended Master St Germain

There is a way to know that all is well and good
And, that your loved ones are near,
Open your heart, open your mind and have no fear.

Your loved one are with you, they have not gone far.
No further than that shining star.
The stars they shine with love for you.
Your Loved ones see all that you do.

They hear your pleas, your woes, your grief.
Here's what to do and I will be brief.
Call upon me, Archangel Azrael's the name.
Call on me and have no shame,

About your sadness, your tears, your anger, your woe,
And know that it was time for your loved one to go.
All is written and shall be
Just as it should be and one day you'll see

Your loved one again, be reunited in bliss
And take it from me, I can tell you this.
You can hear, you can feel and you may see
How it is on the 'other side', just call on me,

And the Seven Archangels, the Power of Seven,
The Archangels of God, the Archangels of Heaven.
We can help you, assist you to make that connection with love
To your loved one and us in Heaven above.

No need for despair, loneliness and tears
And, giving way to hopelessness and fears.
Your loved ones wish you to know and to feel them near,
As they hold you, love you and wipe away that tear.

All can connect with those who have passed into light.
There is no need to fear or to worry or take fright!
You are gifted with insights and senses to see,
How well, how happy and contented that your loved ones be.

They are not sad, not sick nor in pain.
You will see each and every one again.
Be it as a medium or through one who is gifted.
Whichever way, your spirits will be lifted.

Death is not as the end, a black hole, no more.
And there is one thing of which you can be sure.
All will be well, all will be love,
For all those who dwell in Heaven above.

Archangel Azrael

Solstice

Sun God Ra, Creator of all things, and you
Will know him by other names, any one will do.
Amun, Aten and Re too and, many more that I could tell you.

At this solstice, the longest day,
Ask for Sun God Ra to show you the way.
The way to the light, to light everlasting.
You won't need to do any fasting.

Eat good foods, drink water well,
So many health benefits and you can tell
The difference between good and what makes you ill.
Listen to your body but, do what you will.

Live a life that's clean and full of love,
For Sun God Ra looks down from above.
See that solar disk in the sky above?
It is Sun God Ra sending down his love.

A love for all, a love for you.
On this Solstice day, here's what you do.
Enjoy the light, enjoy your day of length.
Let the sun give you strength,

To walk the Earth and do what you must do,
And, above all else, be true to you.
Speak and act from the heart, from that place of love,
And give thanks each day to Sun God Ra above.

Ascended Master Isis

War, war, what is it for?
Bloodshed, grief, fear and gore.
Peace, peace, peace and love.
That is the wish from Heaven above.

No more fighting, no more greed.
Use your free will to sow that seed.
Greed, control, megalomania and more!
That's all war is really good for.

We are one race, one type, one kin.
Who are you? What comes to mind?
One mind, one soul, one spark.
War is a monster of the dark.

The dark that would win, would like to see,
The end of happiness, joy and, of being free.
Free to enjoy and free to live,
Free to just be, free to give

Love to yourself and love to all.
Free yourself now, hear the call.
Let go of control, of drama and of fear
And know that the day now is very near,

Where all are one, one and all,
For the time has come when you answer the call.
The call from God to let it all be.
To let your eyes open and truly see

What life can be, how life can feel and look
And, you can't get that knowledge from a book.
Peel back the blinkers and see the lies.
Open your heart, open your eyes.

We are all one, one spark, one flame.
We are one. Brothers and sisters. All the same.

Anna of the Crystals and Colours

Why, why,
Do so many have to die?
In the name of control and greed,
And it serves only to sow the seed.

The seed of doubt, the seed of shame,
But, who really is to blame?
There's nowhere to run, nowhere to hide,
But Archangel Michael is by your side.

I will not, you will not give in to fear.
For you fight with your heart, for all you hold dear.
Brave and might, we are warriors all.
Stand up, be strong and answer your call.

All will be well, all will come right.
Darkness will not succeed, it will be sent into the Light.
The light of God, of All That Is.
The light will reign, I can tell you this.

What you suffer is not all in vain,
And when it's all done, release the pain.
Hand it all up to Heaven above,
And replace hatred, fear and pain with unconditional love.

Anna of the Crystals & Colours

You are one of a kind and a child of God.
You are not different, you are not odd!
You each have a gift and a job to do,
And I'll help you with it all if you ask me to.

I know your path, I know your soul's aim.
For to this, you agreed, before you came
Into being, into life on the Earth, this home,
I could write it all in a book. A big heavy tome.

But, take it from me, the guidance I say,
Call me in to help you through each day.
You are surrounded by Angels, surrounded by love,
And many other beings of the light, sent from Heaven above.

Believe it or not, if that is your will.
The time will come though, still,
When you wake up, realise, and see the true light,
And stop living each day as if in a fight!

Make your life easy, walk with the Lord.
It is time now, time you can afford.
To set aside time during each day,
To just take a minute, to talk, to pray

For assistance, guidance, whatever you need.
God will tend your spiritual garden and sow the seed.
The seed of enlightenment, of truth and of love,
And shower refreshment like the rain, as gentle as the dove.

Walk with the Angels, Jesus and know God above
Sent us to be with you, to show you love.
We can help, we can guide, ask and just see,
How much lighter and brighter your life can be.

Michael is my name, a warrior true,
And I'm here to give you strength and courage in all that you do.
Call me, speak with me, I am here.
When I'm by your side there is nothing to fear.

Time now to rise, walk into the Light
And become at one with All That is and, shine bright.
It is your birth right and you should do
Whatever you choose, that much is true,

But, make life easier, help it to flow.
Help set aside fears and blocks and allow yourself to grow,
To fulfil your soul's agreement, your soul's wish to be,
At one with All That Is, and that includes me.

I leave you now, with so much love and you'll see,
If you take up the call, how wonderful life can be.
Call me, call any, call out and pray,
And know that you're walked with each day. All the way.

I bid you farewell, adios, Adieu,
With a Blessing of Love. Just for you.

Archangel Michael

There was a time, a long time ago,
When the planet was new and was starting to grow.
The plants and the animals, the trees of wood,
All co-existed and life was so good.

Humankind back then lived in Grace and in love,
And felt their connection with God above.
All were loving, kind and true.
And I'm writing this poem just for you.

To remind you, to teach you that you should now try,
Harder, and honestly, reach for the sky.
Reach for the sky with your hopes and dreams too,
But, there is more important work for you to do.

The Earth is suffering and the Earth it is sad.
For what was once good, has turned so bad.
Turn back the clocks, look to the past,
For your materialist life cannot much longer last.

Mother Nature is angry, upset and in strife.
For this planet, you are choking out its life.
Look after the nature, every tree, every bird.
Let us all see that this message is heard.

Look to the past, see the message there.
Please don't continue as you do, for you'll lay the Earth bare
To destruction, to sadness and much woe,
And, where to would Humankind then go?

Take little steps, a bit at a time will do,
Then get bigger and better and start changing things to
How they should be, how it was meant.
For you and this Earth were Heaven sent.

All was created so long ago,
You are being called now to put a stop to this slow
Death and destruction of the Earth as it is.
It isn't too late, I can tell you this.

Work all together, one and all.
Show God you're willing to answer his call.
Hard work it will be, but worth every bit,
For you see, with good will and hard work, you can save it.

Save the Earth, for the children who come
Into being, in the future, to be on Earth ~ their home.
Let them see beauty, let them see life.
Don't give them a future of trouble and strife.

Act now! Take up this aim.
I promise that what you read is no game.
I am Archangel Metatron, here with much love.
I'm calling you on behalf of Heaven above.

Archangel Metatron

There is a place, a place called Earth,
Where it is time to rid it of its dearth,
Of debris, litter, negativity and mess.
Time for Humankind to stop caring less.

The Earth it is dying, if you carry on this way,
Is that what you want, for Earth to have had its day?
Time now to act, time now to do.
Do what you say? And Who?

You. You can change the way of life,
Stop putting the planet through this strife.
Pick up your litter, be kind to the land,
And know you'll have God's helping hand.

It need not be too late to turn things around.
New ways of doing things can be found.
Seek. Change. Use your free will for good,
And prevent the Earth from shedding more of her blood.

Stop now and think of your future kin.
Now do you want to spread natural resources so thin?
I think not, what do you say?
I will, I can, I am changing it all.
Today!!

Archangel Metatron

This is a tale of good and of woe,
And I suppose you are wondering where this will go.
It is a tale to uplift and bring joy,
And, it is all about a baby boy.

A boy named Jesus, from long ago,
Whose life is known for its pain and woe.
But now is the time, that you should know,
That it was time for Humankind to grow.

Sent by God, to work amongst men,
And walk I did, up until when,
The plans and the plotting came to a head,
And those who plotted, through me dead.

Dead I am not, nor shall I be.
Call upon me and you shall see.
I am here, I am with you, right by your side.
Please don't turn your face away, or worse still, hide.

Allow me to guide you, to show you the way.
Not just today, but every day.
Life can be simpler and so full of love.
I was sent as a Blessing from God, your Heavenly Father
above.

Ascended Master Jesus

I am an Archangel, not so well known by some,
But if you work with crystals to you I'll come.
To guide you, to teach you all you should know,
So that you'll know the right way to go,

To use the crystals for good and for light,
Never for darkness, or that of the night.
The crystals are pure and should be used from the heart.
You and the crystals are all a part

Of your good work for one and all.
If you're drawn by crystals, answer this call.
The crystals are waiting for you to awake,
To work with them now, to work with them and make

Healing of Mankind, a healing of all.
It's not to be taken lightly for this is God's call,
To use all that is given to you to work with and mend, And, to the light, all darkness send.
I am Archangel Nathaniel and I call you now.

You can feel my presence and I'll tell you how.
Look, listen, feel. I am by your side.
I am here to teach you and to guide
You to heal, divine, to walk with me,

And the magic of Heaven you shall see.
For the crystals know all there is to know,
And, it is time for your seeds to sow
For a future new, a future clear,

A future to save all you hold dear.
Call me, know me, talk to me, do.
I will teach you all that is good and true,
About the Crystal Kingdom, ancient and true.
The secrets of this kingdom, shall be known to you.

Archangel Nathaniel ~ 18/11/2017

You are a child, a child of mine.
A Goddess too, just like me.
The Goddess power too, is within.
Call me in and I'll help you to see,

How to connect, how to harness it all,
And then, to use it to answer God's call.
Feminine, masculine, all as one.
Once all is in balance it can be done.

The magic, miracles and how to manifest.
What to do to bring forth the best.
The best in your life and for one and all.
Be strong, be powerful, learn to stand tall.

Beauty, love, wisdom and compassion too.
This is my working gift to you.
So, call me in, talk to me and act.
Let's work together, let's make a pact,

To work together now, and forever and a day.
Whatever problems you encounter there is always a way.
Learn to tap into your wisdom, your power, your might.
Learn just how to win every fight,

Without harsh words, or guns at dawn.
You've had the inner knowledge since you were born.
Time to dig deep, time to work.
No time to idle away or shirk.

I am waiting, call me, Isis is my name.
I am calling, hear me, this is no game.
We can work together for good and all.
Call me, listen to me. I'll catch you if you fall.

You've nothing to lose, yet everything to gain.
I won't say it'll be without hard work and some pain,
But, it's worth the doing, and worth doing well.
Listen, listen. Hear the temple bell.

The Temple of Isis, the place to learn.
To be able to use your wisdom and, discern,
What to do for right, to do for the light,
To bring much brightness, even at night.

You are a Goddess, an Initiate of mine.
The knowledge within you shall be thine.
Come, unlock it and start to see,
Just how magical life can be.

Ascended Master Isis

In a world full of vastness, of people, and things,
Take time out to listen to your closest friends, with wings.
We are your friends sent from Heaven above,
To assist, support and surround you with love.

There are troubles and strife and wars too.
When you stop to think of it, what a to do!
But you know, each one of you can help this state
Of affairs by not giving in to hate.

See each other as God sees you.
Full of light, full of love, for it is true.
You are made with love, of love, that's all.
I come to you know with this call,

To look to your neighbour, your friends, your kin.
Really look now, see the light within.
The light it doth shine in each one of you.
Let your light shine out now, please do.

There is much darkness to heal and release.
Help us now if you will. Pretty please.
We can guide, support and teach you what to do,
And show you your life's purpose if you want us to.

Let's work all together, one and all.
Humans, Angels, Masters, short or tall.
Combine our energies, combine our strength and might,
And finally vanquish the things of the night.

There is much hope, it won't be in vain.
There's nothing to lose, but lots to gain.
Open your eyes, open your heart.
Call me in and I'll help you play your part,

To bring Peace on Earth, peace between men.
The light will shine and, God in Heaven will smile. Amen.

Archangel Metatron

There once was a man, a long time ago,
You know who I am, but where am I to go?
To the place called Bethlehem would be a good start
And, as we travel there, open your heart

To the tale I shall tell you, which you ought to know,
If you read the Bible, this story will show
You the time of my birth, Christmas it's called,
And when you read this you may be appalled.

A bout how many treated me, and others too,
But stick with it, read on, do.
I was born in a stable, chill-some and cold.
Not a place for one who's not very old.

But my Mother Mary, kept me warm, safe and fed
And followed Father Joseph where he led.
My childhood was happy but, I knew my work.
I knew it would be hard but, I could not shirk.

I went out amongst men to teach and to heal.
To open their hearts and show them how to feel,
And how to know God's love for them one and all,
And even now, I'm answering that call.

I am happy to be with you, to guide you, to heal,
And I ask nothing in return as part of the deal.
But, my story, my life, I'd like you to know,
For even now it can help you to grow,

As a loving being, a child of God.
It is nothing strange to be so, nothing odd.
Know that your life can be filled with Peace, Joy and Love
And, that you'll be Blessed from Heaven above.

No trials for you, no judgement, no fear,
Let me tell you something now, so it's perfectly clear.
It's about the time I was put on the cross to die,
As was deemed to happen by God on High.

My blood it was spilled, my flesh it was torn
But, still I was happy I'd been born
To this life, as a Saviour to all, and you.
I knew it would happen and knew what to do.

So, take heart, learn from those times long ago,
For it is only right that you should know
That each day, you are Blessed and surrounded by love.
Inside, outside and from Above.

I walk with you now, come walk with me too.
Open your heart now and let yourself do
The best for yourself and Mankind as well.
Don't turn the Earth into a living hell.

God has given you all you need to thrive and live.
Go on as you do and, something must give.
Things, property, money and all things,
Sparkly things, jewellery and rings,

Do not feed your Soul, or gladden your heart.
They are merely all a part
Of a material world that isn't all bad,
But, know there's much more happiness to be had

If you follow my words, my guidance too
And, listen with Heart and Soul as I speak to you.
You are loved, you are special and a child of God above.
Open your heart now and return to love.

For Love is all, Love is what matters most
And you can call upon the Holy Ghost,
The Holy Trinity, Angels and All.
All will happily guide you as you follow this call.

Come now, walk, hear and see me now.
No need for ceremony or a bow.
I am your Brother, Your Father, all that you need me to be.
Come to me now, allow me to help you see,

The way forward now, and into the Light.
The Light of Heaven where everything is all right.
No need for worry of judgement or fear,
For God holds your Soul so very dear.

Open your heart, turn now to Love.
Return to the fold of God above.

Ascended Master Jesus

God on High, Mankind down below
On Earth, and it's time for me to show
You how to care for your planet and all manner of things.
Animals, creatures, with or without wings.

Stop the noise, stop the fumes, stop the scurrying around.
Go somewhere quiet where there's no human sound.
Open your ears and open your eyes.
Mother Nature tells no lies.

Listen to the birds, listen to the trees and the breeze.
Feel it relax your energy and put you at ease.
For all that is Nature is balm to the soul and mind
And helps you to leave all your troubles and worries behind.

But, look around too at the harm that's been done.
Plastic, glass bottles, bags are some
Of the nasty things left in haste.
It leaves others to do your bidding and clear up your waste.

Think of the creatures who wander the ground.
Do you think they need all this debris around?
It is mindless and cruel and can do much harm
To the animals and birds and causes them alarm.

So, go out, look, listen and see.
Enjoy Mother Nature, learn how to be
At one with her and all on this earth so good and true.
Its future and yours is down to you.

So, pick up the litter, make the water clear.
Thank you, from Mother Nature you'll hear.
And, if you need guidance on what you can do.
Call me in to talk to you

About the ways you can help and make things right,
So the future of the planet looks much more bright.
Water, trees, creatures, bugs and all
And, Mother Nature, ask you to answer this call.

Work all together to put things right once again,
And when it's all done, breathe a sigh of relief. Amen.

Archangel Ariel

I am Archangel Metatron, you've heard of me I'm sure.
I'm also known by other names, but with that I won't bore.
I come to you this day with a word or two for your ear.
Listen closely now, for my words you need to hear.

There is a time, there is a place you know,
For Mankind to wake up and truly grow
Into what you should be, into what was meant.
Rest assured this message is Heaven sent,

Not just for you, but for one and all.
This message goes out to the short and the tall,
The black, the white, the fat, the thin.
Whoever you are. Listen in!

You are all one, one of a kind.
All of the same energy and of the same mind.
For this should be so, it is what God meant,
When onto the Earth, humans he sent.

Work together now, love each other,
As you love your child, father, mother or brother.
For love is the answer, love is the key.
Truly open your heart and you will see,

How it all makes sense, how it should be.
Open your heart now, is my plea.
Too much fighting, discord and greed.
All of this is the demon seed,

To bring you down, to destroy life as you know it.
Instead of destroying, learn to grow it,
Into a planet of Love, Peace and Bliss.
Do it know and, I'll tell you this.

You can call on me, God, Angels, Guides and all.
Will we mind? Not at all.
It is our mission, our work, our aim too,
To bring all of this down to you.

For God loves his children, one and all,
And I was sent to send out this call,
To see the light, to become one with All That Is too.
Now you know. What will you do?

Will you turn your back, carry on the same?
Or take up the challenge and play a new game?
A game where fairness, gentleness and love,
Go hand in hand, like fingers in a glove.

Think upon these words, these words of mine,
And, please make the decision to let your light shine
In this world that you live in, side by side
And, once more in Heaven you will bide.

What is there to lose, what is there to gain?
Lose fear, hatred, jealousy and pain.
Gain love, peace, joy and bliss.
Don't you think you owe yourself this?

Put an end to greed, poverty, control and fear.
Turn your face back now to the One who holds you so dear.
It is God I speak of, who sends you much love,
And, watches over you daily from Heaven above.

My words are mine, but this is His call.
Not just to you but to one and all.
Open your mind, open your heart.
All live peacefully together, not apart.

For there are no differences, you're all sparks of the Divine.
See the light in each other. See yourselves shine.
I've said enough now the message is clear.
Did you open you heart? Did you hear?

Archangel Metatron

There once was a way to get through each day
In peace and love and silence,
Contemplation, prayer and work to do.
In doing this, the time just flew.

To write, to work, to draw, to pray,
Was a part of each day.
Comte De Germain is my name.
One of a few, but all the same.

I can guide you and protect you too.
Here is all you have to do.
Call me in and the Violet Flame,
To transmute negativity is the aim,

And to work with you through drawings and art,
For they are also a part,
Of who you are, what you can do.
Channel spirit drawings too, if you wish to.

St Germain of the Violet Ray.
Call on me do, this very day.
You'll find me gentle and easy to
Learn through me. Call me do.

I can teach you many things
And, show you images of Angels wings.
And, when your working day is through,
Spend some time talking to me. Do.

I'm know as flamboyant, one of the artists of longs ago.
Now it's your turn, don't you know.
Just trust in me, trust in you
And, then you'll see just what we can do

Together as partners, working as one,
And then you'll see how easily it's done.
To create your own masterpiece, a masterpiece of life.
Pictures of love and never of strife.

Colours of the rainbow, of every hue.
Learn how to use them. Can you?
Creativity is a part of your gift
And, doing this can give you a lift.

Send away sadness, worry or woe,
As onto the canvas you can make it all go.
Now it is time for me to bid you farewell.
I know I've piqued your interest, I can tell.

So, when you're ready to have a try,
Take a deep breath and, then cry,
St Germain, teach me, guide me do.
Show me all I'm able to

Create, paint, draw and more,
And, I'll be with you. Of that you may be sure!

Ascended Master St Germain

The first day of the month is finally here.
Christmas is coming, I hear you all cheer.
But what does Christmas mean, really mean to you?
Take some time now, to really think upon it. Do.

Think of the beginning, of way back then.
The birth of Jesus, that time when,
Like there is now, violence, malice and greed.
Was that when all evil deeds took seed?

You have choices, you have your own mind,
But isn't it easier, just to be kind?
You celebrate Christmas, trees, gifts and all,
And, yet you don't seem to truly get it all.

It's not about rich food, parties and gifts.
In fact, it often seems to cause rifts,
Temper, discord, sadness and woe.
Think about how you'd really like Christmas to go.

It's a time to be together, together as one,
And let all past griefs and troubles be done.
Your blood is my blood, their blood is too.
So be happy, and enjoy each moment, do.

Take time to be, to enjoy, to revel,
And listen closely to the Christmas bell.
It rings for all and rings for you,
And guides you if you listen, as to what to do,

To start a New Year free of worry and fear,
Because the bills come in and payment is near.
You don't need all these 'things', all you need is love,
And, this Christmas, and always, that is what's sent from Heaven above.

Archangel Michael

There was a time, you've heard it of it before.
You know the story I speak of, I am sure.
The story of Jesus, of when I was born,
And all around felt quite torn.

Was I the One? The Messiah? The Lord?
Was I the One? Could they afford
To trust and believe and have faith in the Word
That had been spoken, but so few had heard?

It was true, it is true, it is not a mistake or a lie.
You know that you can check it out by
Reading the Book, about way back when
And, when you're finished and ready. Then

Call on me, invite me in do.
So I may show you and guide you how to
Open your mind and your heart too,
And do all the things you were meant to do.

At this time of the year, this time of Joy,
When you celebrate the birth of me, that baby boy,
Just for one moment, put aside doubt.
Feel my love inside you and shout it out,

In cards, and prayer and celebration too,
But know that you don't always need to
Spend so much money on things of little worth.
There is so much more to your life on Earth.

You are a spark of God, a spark of love.
Take time to praise God above.
Feel His blessings each and, every day,
For He and I are with you every step of the way.

Spend time with family and those you love,
And share all too, with your family above.
You are watched over, guided, protected with much love.
Surrounded with energy as gentle as a dove.

It is time now to put aside all that is sin,
To embrace all that can lead to Mankind to win,
The war against darkness, control and greed.
There now. I've done it! I've sown the seed.

But what can I do? I hear you ask.
Surely, it's all too big a task?
Your faith, if it's strong, the mountains can move.
You do not have to stay in the present groove.

Lay down your worries, fears, doubts and woe,
And allow me to show you the way to go,
To help make a difference for you and for all.
My ears are always open, listening for your call.

Ascended Master Jesus

Welcome you all, fair and true.
I bring my Blessings and give them to you,
At this special time, the time of my birth.
I wish you happiness, contentment, joy and mirth.

Amidst all your gifts and noise and glee!
Take a moment to pause, to think, to see,
What it's truly about, the meaning it holds for all.
It's not about presents, but it does hold a call.

A call to remember, a cause for joy.
This celebration of the baby boy,
Jesus of Nazareth is one name.
Remember now, why I came.

Not to remember with sadness but with happiness and joy.
Just as it was when I was a baby boy.
I am with you still, and always will
Be, up to the day 'til

Mankind ascends to the place it should be.
It is all possible and you will see,
Many changes, many things,
Much enabled by Angels on Wings.

Remember me now, remember me still.
Call on me whenever you wish, and I will
Be with you, to guide you, and teach.
I am here, I am with you. I am within reach.

Celebrate. Have fun. Sing, laugh and feel joy,
At this time of celebration of the birth of a baby boy.

Ascended Master Jesus

There is a place for you and me,
A place we can meet, where you can see,
Hear and feel the guidance for you.
I am come now to tell you how to

Tap into that guidance and all that is light.
To help you on your path so you know you're going right.
Quiet your mind and open your heart.
Doing these two things is all a part

Of bridging that gap between Heaven and Earth.
Don't be afraid, unsure, think we're serious or without mirth,
For we Angels can laugh, have a joke too.
We love to guide you and spend time with you.

So, open your heart and quiet your mind.
Let not earthly things be a bind.
Call me in, at any time and ask.
For me, it isn't such a task

To reach out to you, if you'll let me in.
All those problems you perceive you have, you can win.
The Angels are sent from Heaven above
To help you on your path and we come with much love.

Unconditional love, pure and true.
We're always here, just for you.
Nothing is too much trouble, too big, too small.
Know that you can be helped with it all.

There are many Angels, Archangels too.
Each one, a different role or, even one or two.
Colours too are also a link.
What's my colour now? Just think.

I am Archangel Uriel, my colour is red and, gold too,
And some others now, I will share with you.
The Archangel Michael, his colour is blue.
He'll give you strength and courage if you ask him too.

Archangel Raphael, the colour of green.
If you're ill and call him, his green light will be seen.
Archangel Jophiel, yellow, like the gold of the sun,
Can assist you with joy and the feelings of fun!

Archangel Chamuel, orange and pink.
Love and relationships and, how to use that cheeky wink!
Archangel Zadkiel is the violet hue.
To open your psychic gifts. This Archangel can help you.

And last of all, at the top of the game,
Is Archangel Gabriel, the one who came
To announce Jesus's birth way back when.
A messenger Angel and much more. Amen.

Archangel Uriel

I am with you, right by your side.
I am with you, there is nothing to hide.
I can help, I can guide and help you get well,
Without all the diets and, other things that sell.

Call me in to guide you to health.
For good health really is true wealth.
Lose weight, get fit, have presence of mind.
I am not a hard taskmaster. I am always kind.

If you find it hard to let some things go.
Tell me. Be honest, for I know
How to divert those longings and cravings so ill.
I can help you to boost your self will.

This New Year has begun and, not it's time to let go
Of all the things that may bring you low.
Low in health, low in soul, mind and all.
What are you waiting for? Give me a call!

I will be with you and bathe you in emerald green light,
And, you know, that you may even get of sight
Of me, of green, of feathers or wings.
Yes, you are capable of seeing such things.

I will assist you to let go, once and for all
But, I'm not saying it'll be a ball.
It may mean some work on your part,
To let it all go, to open your heart.

But good health can be yours, vibrant and new.
Learn all the things you need to do to
Be radiant, be happy, be content with your life,
To let go of things you turn to whenever you have strife.

Stress, strife, grief, sadness and woe.
That is no place for you to go.
Be happy, be healthful, be fit and be,
Just as you're meant to be ~ always. Just call me.

I am Archangel Raphael, The Archangel of Healing.
I do know exactly what you're feeling.
Allow me to assist, call me in, do,
And find out all I can do for you.

I leave you now, with a nod and a wink,
And give you time to have a good think
About health, food and all that can lure,
But know that for each addiction, there is a cure.

Time to take health into your hands, into your mind
And, let go of any ties that bind,
And, of things that can do you harm.
I offer you health, happiness, peace and calm.

No more to say, so now I shall go,
And into your mind, I hope the seeds I sow,
The seeds of moving in the right way.
Maybe you'll call me in today?

Archangel Raphael

You know that once upon a time, when the Earth was new,
It was full of people, but not quite like you.
For man was young and, man was wild,
But even so, he was still God's child.

As time went on, so man changed too,
And now, I'll tell you what you can do,
In order to become as God intended.
Just read the words. Do not be offended.

Take time out, each and every day,
To meditate, to be guided, to be shown the way,
To put aside ego and the material plane.
They will still come and go but, they will wane,

U ntil the day they cease to be
And, you, once more become more like me.
Purely of the light and full of love
And, as intended by God above.

The World as you know it will change, that is for sure,
But you, my Dear One, are near to Heaven's door.
So, open your eyes and open your heart,
For it is meant for you to be a part

Of the work that shall be done to bring change about.
Believe these words, do not doubt.
For your healing, your words, your teaching too,
Will help many others, in order that they come to

Realise what is truth and what is right,
And, all join together as an Army of Might.
An Army of Warriors, fighting from the heart,
So that Man and God shall no more be apart.

Love is the answer, love is the key.
Open your heart fully and you shall see,
Many wondrous things you've not seen before
And, all these things lead to Heaven's door.

It will be quite a journey, but not so hard as you think,
And, the time will pass by as quick as a wink.
Walk with the Angels, Jesus too, if you will.
Be quiet in your mind now and, be still.

Listen to our words of guidance and love
And, be steered back home to Heaven above
Where you belong and, where you shall dwell,
One of these day, but when, I shall not tell.

You are a beloved child of God above
And, each day you are surrounded by love.
Feel that love and share it out
In whatever way you choose. No need to shout.

Spread the word, spread the light.
Help us leave darkness to the night.
All is love. All is light.
Time now for action. For the time is right.

Call upon me whenever you need
Guidance to carry on sowing the seed
Of love, of truth, of healing, of light,
But for now, Dearest One, I bid you Good Night.

Archangel Gabriel

I am strong and mighty and so are you.
Call me in and I will guide you to
The place to go, where you need to be
In order to hear, think and see,

All there is to behold, all the things of wonder.
They are with you now, not way out yonder.
All you need is quiet, peace and time
And, All That Is, can be thine.

Step back from the busy-ness, step back from drama.
See things from the heart. View the panorama.
It isn't so hard, and I will assist you to see
How things truly are and, how things can be.

A life full of bliss, joy and contentment too.
All of these things are meant for you.
No drama, no strife, no stress, no woe.
Step back, centre and let it all go.

Let it go into the light for healing.
Let go of all the negativity you're feeling.
Let it go and let your light shine,
For you are a child of God and a charge of mine.

Call me in to assist and guide.
There is nothing to fear and nothing to hide.
I am with you, God is too.
We are with you now. Feel our presence. Do.

We are wanting to assist, to guide you to a life,
That is trouble free and with little strife.
Come now. Embrace all that is love, joy and bliss.
Take the time now, you owe yourself this.

I will say no more, but know I am here
To guide you, to talk to you, to wipe away that tear.
The Angels of God are right by your side, right now.
Call us, ask us to show you how.

The future is bright, so let yourself shine.
The future is bright. It's yours and it's also mine.
Light. Bright. Faith and Love.
All sent to you, to be yours, from Heaven above.

Archangel Metatron

Down through the ages, the aeons of time,
I've been here and there and, then there is now.
Let me tell you this, let me tell you how,

I come to be here, here with you.
For I've some hints and tips that can help you to
Connect with the Angels and open to the light,
To find your true path and do what is right.

Take time with me, to be quiet and calm,
Let your energy be soothed by mine, like a balm.
Go within, and deeper still,
And deeper still and, you'll find you will

Find the seat of your soul, your own true self.
And what comes next, I hear you say.
Don't leave me on the spiritual shelf,
I'm ready to open up, without delay.

Be patient, be calm, take a step at a time and see,
How things will unfold quite naturally.
Be calm, be relaxed and, have no fear,
Each day call in the Angels to be near,

To guard you, guide you and, to protect,
And our presence you'll soon come to detect,
And find comfort, joy and teaching too.
All that you need, we can help you to do.

Listen to your soul, listen to your heart,
And let yourself become a bigger part
Of this wondrous time of increased light.
Your light too, can shine so bright!

Just raise your vibration, let negativity go,
And anything you hold onto that brings you low.
We can help, we're glad to, so call us in,
And together, as one, we can win

The battle of darkness to overcome the light.
The light is the future and, it is bright.
Join us, work with us and walk forward to
A future bright, joyous and happy, just as it's meant for you.

Archangel Orion

The touch of an Angel's wing,
Is such a magical thing.
A gentle touch filled with so much love.
When it happens, know you've been touched from Heaven
above.

An Angel's wing as soft and light as the air.
A touch so slight it's barely there.
But it touches you deep down within your heart.
Reminding you, that you are a part

Of the energy of All That Is.
Remember the Angel's touch and, I tell you this.
That once you've felt the touch of a wing,
You'll feel you can accomplish anything.

For Angels bring strength, joy, hope, bliss and love.
Call them for assistance, call out to the above.
You'll be answered. And Angel will be there,
And, all our worries and concerns, you can share.

Share. Feel the guidance, the way to go,
And let go of all your angst and woe.
You're sent so much love each and, every day.
The Angels are our special friends. Well. What more can I say?

Anna of the Crystals and Colours

There is a place, there is a time and a way,
And I can show you any day,
How to become at one with you.
At one with all and I'll help you to

Move forward in life, forward in light
And, to do it all without the fight.
To let go of anger, frustration and greed,
Which are all the things that the material world doth breed.

Release negativity, and all that brings you low.
Let it up, acknowledge it, let it all go.
Take any lessons to learn and, anything to help you grow.
You'll know what to do, truly, you'll know,

And, if you're unsure, you can call on me.
I'll be with you in a moment and will help you to see,
What serves you, what holds you back,
Whether it's fear of failure or of lack.

Know that God knows all and sees your pain.
So, work on yourself, with me, there's so much to gain.
Take a step at a time, day by day.
Little by little is the best way.

No shocks to the system, or pain to the heart.
Let me know when you're ready, truly ready to start
To do this clearing and to open your heart to more love
And, to feel the love from Heaven above.

It is time, is it not, to change all that is not right?
And, to look to a future that's health and bright.
I am Archangel Uriel, that is my name.
You won't always hear me, but you'll know I came.

When you get a strong idea, an intuitive nudge
That keeps coming up and really won't budge!
That'll be me, whispering in your ear.
You may not hear me but, know I am near.

So, listen, feel, sense what comes to you.
Listen to those nudges and gut feelings. Do.
For they are guidance to help you on your way.
Not just for today but each and every day.

Archangel Uriel

I am a Goddess of the Moon and of the Sun.
Put together, I am the one.
The masculine, the feminine,
The power within.

And I am now with you, to help you to be,
Aligned with your Inner Goddess, and, you shall see
By and by and in time to come yet,
How you can use it, to get yourself set

Upon your true course, your purpose in life.
Easily unfolding before you, without any strife.
Balance is all, within and without.
Work with me do. Give me a shout.

I am a Goddess, that much is true,
But, I may be known as Ascended Master to you.
I have many names, 10.000 in all.
You too, can be like me and stand proud and tall.

Call me in, work with me do.
With crystals, with oils and colours too.
Learn of Ancient Egypt and its secrets to share.
Are you up for it? Do you dare?

There is no need for fear or any distress,
For I am a loving and kind mistress.
I have many secrets and rituals to share with you,
To become an Initiate, is one thing to do.

An Initiate of Isis, a student of mine.
I can teach you all and, show you how to shine
Your light in the world, a light so bright.
As bright as the sun and, as the full moonlight.

Call me in, trust me and see
How things can be better in life. Learn to be
At one with yourself, at one with all.
Come now, Dearest One, answer my call.

Ascended Master Isis

I am Archangel Uriel of the red and the gold.
I am a Being of Light, ancient and old.
I am wise, I am loving and can help you to see
Your way forward, much more clearly.

Think upon my name or give me a shout.
I'll be there in an instant to help you figure things out.
You may not hear me, my presence may not be clear,
For sometimes, I work silently, my dear.

Know that I am with you, take not of your thoughts or maybe a
dream,
For it is the way that may seem
To bring through the guidance, from me to you.
Take note, heed what you get, for it is true,

That those thoughts and feelings that won't go away,
No matter how hard you try, they stay.
It is guidance, a light, to give you a clue
Of the next steps to take, what to do.

I am going to leave you now, with this thought in your mind.
You are a one-off, one of a kind.
And yet, you are the same as all the rest.
You are all sparks of God, simply the best!

You are all unique and, also all the same.
I tell you the truth, this is no game.
Work with me and, work all together as one.
The time is here. The time is come,

To see each other in the true light.
To give up all the greed, malice and, the fight.
Be together, be as one with all.
This is my message, this is my call.

Archangel Uriel

I am Archangel Zadkiel, of violet and gold.
Like the other Archangels, I am ancient, I am old.
Sent by God to be with Humankind
To open your heart and your mind.

There is more to existence than you know
And, there are reasons why this is so.
There is dark, there is light.
There is day, there is night,

But don't be afraid of what you can't grasp or understand.
I am here. Help is at hand.
I can help you to see, I can help you to know
How to take the steps forward that will assist you to grow.

All is as it should be at this time, right now,
And, you will find out when and how,
When the time is right, right for you
To take those steps forward, in order to do

What is needed to put yourself on the right path for you.
There may be many steps, or there may be a few,
But know you'll be supported and assisted every step of the
way.
When the time feels right for you, just say

Archangel Zadkiel, be with me now,
I'm ready, so please show me how
To clear what needs clearing and to let go,
So my light may come forth and show

Light to all in the World and beyond the stars.
Know you'll be looked after, there'll be no scars,
To carry with you, to hold you back.
You'll lose fear of failure and of lack.

You'll know when you're ready but, look for signs too,
And when you know it's time you know what to do.
I shall go now, but look forward to the day
When you call me in to show you the way.

Archangel Zadkiel

M is for Money, the material world.
U is for Understanding, which may be unfurled.
R is for Rose Quartz, crystal of unconditional love.
I is for the Ideas sent to you from Heaven above.
E is for energy, loving and pure.
L is for Love from the Angels, a love of which you can be sure.

My name is Muriel and I come today, for a short little visit and just to say,

I am here, call me whenever you choose.
So much to gain, little to lose,
Other than the things that hold you fast.
The ties to the things long gone. The past.

Allow me to assist you in letting go
Of all the things that bring you down low.
I am loving, I am an Angel of the Light,
Call me when you wish, be it day or night.

I'll be there, right by your side and you'll feel
My loving guidance, for it is real.
Love is all, love is true.
You are God's love. Yes. You.

He only wants the best for you and for all
And He sent me today with this little call,
So you know you're not alone and never shall be.
You're surrounded by love and someday you'll see,

And understand how it all works and how it should be.
Love is all. Love is the key.
The key to happiness, without and within.
You can know this and be the happiest you've ever been.

So why do you wait? Why do you pause?
To bring you all back to love, is my cause.
I am done now and, I one day hope to hear you call me in, to
your side.
Until then, my Dearest One, my time I shall bide.

Archangel Muriel

The Rose Quartz Angel comes with Love,
Down to you from Heaven above.
Down from Heaven straight to you,
Surrounding you with Love when you feel blue.

Rose Quartz crystal, gentle and pink,
Opens your heart and helps you to think
From Love, with Love and to feel Love.
Love that's as gentle as the dove.

This Angel says to you, Love is all.
If your heart is struggling, give me a call.
I'll work with you to open your heart, to give and receive love,
As unconditional as that sent from Above.

Archangel Chamuel

The Angels are calling.
Calling to you,
To ask you to listen now,
And then to do.

Angels. Angels. Be here with me.
Be with me now and help me to see.
Angels. Angels. Show me the way
To do and be the best, every day.

Listen. Can you hear them,
Like music in the air?
Can you see them, feel them?
Beings so fair.

Angels. Angels. Be here with me.
Be with me now and help me to see.
Angels. Angels. Show me the way
To do and be the best, every day.

The Angels are with you
Each and, every day,
To guide and steer you and show you the way.

Angels. Angels. Be here with me.
Be with me now and help me to see.
Angels. Angels. Show me the way
To do and be the best, every day.

Look, listen feel, open your eyes and see,
And the beautiful Angels will help you to be
The best that is you, the best of all.
To help you walk forward, strong and tall.

Angels. Angels. Be here with me.
Be with me now and help me to see.
Angels. Angels. Show me the way
To do and be the best, every day.

Strong and tall, fearless and of the light.
Banish all fears and the darkness of night.
They're here right now, can you hear them call?
A message of Love, for one and all.

Archangel Metatron

Little did you know, little did you see,
Little did you know the truth about you and them and me.
You are surrounded by the Angels and so is everyone,
And all will become aware, before much time is done.

Much spiritual growth and time spent within.
Of time looking and learning, so you might win
The battle with yourself, the battle with fear,
And, all this is easier when Angels are near.

Call upon the Angels, loving, wise and true
Who will guide and assist you as to what to do
To search, to release, to heal and be your own truth.
Don't listen to your fears that howl, like a cat on a hot tin roof.

It isn't always easy to this this self-work,
But it's time is was done, let no more the shadows lurk.
Root them out, face them and then let go.
You really will feel lighter and brighter you know.

So, heal with the Angels who are ready for you
To ask them, to call them in and help you to
Heal, to flourish and blossom and shine.
Your light will be seen at last, your truth shall be thine.

Think upon it now and how it would be.
A life without fear, hatred. What would you see?
All that is Beauty, Joy and Bliss.
It is time now and, you owe yourself this

Opportunity to rise, to shine, for all to see.
To heal, to blossom and finally to be
A light for all, a beacon of love.
That same love as is sent you from Heaven above.

It is time. Will you call? What do you say?
Not today? Maybe another day?
Take the bull by the horns, let not fear stand in your way.
Make it today. Go on. Call away.

Archangel Metatron

The rainbow's end is not so far or so near,
But it can help you, my one so dear.
For the rainbow is healing, it's energy is strong,
And can put you back to the state in which you belong.

Vibrant, healthy, vigorous and well.
Let rainbow energy do its work and you'll soon be able to tell
The difference in how you feel and how you look,
And, see how little effort for you it took.

You may need to work to help release and to heal.
But, I can assure you, how wonderful you'll feel.
Rejuvenated by colour, the colours of the rainbow.
Uplifting and healing, let negativity go.

Let the Archangels of the Rainbow come in to your side, to heal
All that ails you, so you feel
So bright and new.
We're available to all, not just a few.

Colours, Archangels and so much more you see,
Can assist you, uplift you, help you to be
Ready to step forward, to shine your light.
The cleansing and healing will make you so bright.

Brighter than ever, and ready to show
Your gifts to the world and to let yourself go
Into the future, bright and new.
A future bright for all and you can help too,

By learning to work with the rainbow colours and beings of the light.

It's so easy. Not hard. Not much of a fight.
Just the spending of time for you and for all.
To learn how to do this and then just call
Out to others to join you, today.
Rainbows are healing and, that is the way.

Archangel Michael ~ Rainbow Thread Healing (read about this on the website).

It is like a note on the breeze, a tinkle in the air,
So subtle, you can barely tell it's there.
What do I speak of, I hear you say?
Call me in and I'll show you the way

Of music, of sound, of tones as well.
I have your interest, I can tell.
Your voice, your singing, is music to the ears.
It can heal, it can soothe and reduce one to tears.

Let the singing commence, let the music unfold.
Don't worry you don't know how. You'll be told.
You'll be guided as to notes and to the sounds that heal
The chakras and, it's no big deal,

For you all have this gift if you choose to use it.
Does it light a spark in you? Just a little bit?
Then find out more, don't be shy.
Are you holding back? Ask yourself why.

Is it fear of sounding like a howling cat?
Or even something worse than that.
Be confident, you can do it. Use your voice to heal.
Use sound and tones and see how you feel.

If you don't use your voice, use instruments instead.
There are many to choose from. Which one pops into your head?
Is it singing bowls, crystal bowls, whistle, drums or flute,
Or those little tuning forks, so cute?

Look into it, think of it, sense what's right for you.
Listen to your intuition, it will give you a clue.
I, Archangel Sandalphon will guide you, you'll see.
Call me in and see how much fun healing sound therapy can be.

Archangel Sandalphon

You will find a time and a place to see
All the things you wish to be
Come into being, coming true.
For this is God's Blessing to you.

Keep quiet of mind and open of heart
And your wishes and dreams may become a part
Of your path, your way, what is meant for you.
Remember to pray also, that's the thing to do.

Speak out loud or speak in your mind.
It doesn't matter, for you will find
That God has heard you and has sent Angels to be
With you, to guide you and help you to see.

You're never alone, we are with you right now,
And, you can find us, I'll tell you how.
Just call out. Angels, please be with me.
Guide me, help me, assist me to see.

We'll be there in a flash and on wings of air.
You may feel us and know we're there.
A chill, a tingle, a sparkle to the eye.
Trust what you sense. Your senses don't lie.

I am Archangel Michael, my colour is blue.
If you see sparkles of that colour, know that it's true.
I've come to your aid, to show you the way.
Call on me any time of the night or day.

I know no time, no distance, you see.
Call me, and straight away I'll be
By your side, to surround you with my cloak of blue
And then, onwards, to guide you as to what to do.

The things you need to think, say or do,
To bring all those dreams and wishes true.
Trust us. Trust me and, trust you
And, pray to God. Just do

What you feel guided to do and guided to say.
It's easy, it's clear, you're being shown the way.
So without more ado, call, call away
And in our hands, your fears and worries can melt away.

Archangel Michael

You are a moment in time and time in each moment.
Limitless. Infinite in your energy and in your being.
Time it is, to return to the beginning.
The time when your soul was born.

Backwards, backwards, through the vortex of space.
Then stop. Stop awhile. Breathe and just be.
Time then it is now, to begin again.
Time for rebirth. A birth that is surrounded with love and
protection.

Guided back and into your physical body.
To be. To live. To experience and learn.
You are loved. Now, then and always.
Always you are surrounded with so much love and, guidance
too.

Call out to the One. The One who created all, created you.
Call, and be in His presence.
Let His presence be a part of you, of who you are, and who you
shall be.
Be guided and supported on your path.

Know that your Creator knows your plan and will guide you
every step of the way.
Every step. Every stumble. Every fall.
He'll pick you up, set you straight.
And, will be ready to welcome you home once more.

Ascended Master Mother Mary

You are a special one, a loved one, one of a kind.
These words are for you, if you've a mind
To read, to look and see between each line.
Read. Absorb. All will be fine.

Times are a-changing, the energy is high.
Mankind is ascending, enlightenment is nigh.
I come to you now to listen to me.
To listen, to think, and then to see.

It isn't hard to be loving and true.
Be truly you in all that you do.
Open your heart, speak your mind.
The more you do this, the easier you'll find

That things flow with more ease and contentment be within
you.
Peace. Bliss. Contentment and all that you do
Shall come from your heart, that centre of love.
Your actions will mirror God's will from above.

Take time to read and think upon each word,
And pray for guidance, you'll be heard.
Time to shine your light out to the world and beyond
And know that you will become increasingly fond

Of acting, speaking, doing all from the heart.
For this, my Dear One, is all a part
Of being a lightworker, for that's what you are.
Your light shines brightly, near and far.

Do not be afraid of what others think, say or do.
What is important is to be true to you,
And true to the Lord in Heaven above
Whose love rains down on you and envelops you, like a glove.

You are loved, you are guided and, you can do this.
Be assured it will bring much happiness and bliss
To you, to all and, the time is right.
Just surrender now, do not fight.

For this time has come for the good of all and for you.
Time to play your part, to be you, to be true.
All is well, all is good at this time, in your life.
Release any worries, anxiety or strife.

Give it to me to take to the Light.
Never to be thought, seen or heard again. No more plight,
To bring you down, to a state that is low.
It is time now, for you to heal and grow.

I am Archangel Nathaniel and I can help you to release
That which doesn't serve, so call me in please.
I can help you release, I can show you the way.
Not just today, but every day, in every way.

Be brave now and step up to the mark.
It won't be so difficult, more like a walk in the park.
I leave this thought with you and around you my wings I fold.
You've heard my message. You've been told.

Ponder. Think. Imagine, as you will.
I am here, I am waiting still.
No matter how long it takes I am here for you,
But not just me, the other Angels too.
For God sent us to be with you.
To steer and guide you back to all that is true.

Archangel Nathaniel

Little do you know, little do you see,
But so much is known you know. By me.
I am Archangel Michael and I know so much about you,
The steps you should take and where they should lead to.

It is easy for me, easy to see.
For you see, there is no illusion or lies to stop me.
Set aside fears, set aside doubt.
Let that creativity, and all your gifts shine and sing out.

Worry not about what people think and say.
They know not your path in any way.
So, best foot forward, with a heart full of love
And, a hand full of Blessings from Heaven above.

You can do it, you can do it all, shine and grow.
Your confidence and positivity will come to show
That what you put out, comes straight back.
Put aside thoughts of worry or lack.

All will come, as it is meant for you.
Just listen to the guidance and then just do
What you need to do, a step at a time, however small.
Should you feel stuck. Give me a call.

I'll be there in a jiffy, in a blink of an eye,
To help you let any negativity, or that which does not serve, to fly
Up into the light, to be transmuted into love,
Leaving you peaceful like a pure white dove.

Darkness is normal, it's the opposite of light,
But it doesn't have to scare you or give you a fright.
Darkness is Maya, part of duality, an illusion too, you see.
Sounds a bit tricky? I'll help you to see

How you can turn dark things into light.
Turn ugliness into the most beautiful sight
You've ever seen, and that much is true.
I am here, so are others, to help you through

To endless days of sunshine, love and of peace and bliss.
I tell you the truth and, I promise you this.
It is possible, it can happen and yes, for you.
So let me help you. Call me in, do!

Archangel Michael

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Archangel Michael

ABOUT THE AUTHOR

Elaine (also known as Anna for her writing and website) like you is on a journey. The journey of course, is a journey through life which at time appears or feels quite extraordinary. Along the path have been eureka moments, revelations and validations. In a word – magical!

It is some years now since the moment of awakening and commencement along her spiritual path and this book and those which may follow are all a part of that journey.


Elaine senses Spirit through clairsentience and claircognisance and clairaudience and works with these gifts and the messengers of Spirit (Archangels, Angels and Ascended Masters) to work with colour, crystals, and nature for sharing and assisting other on a path of self healing and awakening in a variety of ways.

Part of the journey has been a move from England into South West Wales with here husband and four pawed friend, the place that is very much a spiritual home on earth and was very much guided and aligned.

The journey continues. Some aspects of life remain the same and yet.... Much has changed and continues to do so. The poems are but a small part of the author's sharing, there is so much more.

If you wish to know more about the author then visit the website and indeed, contact here if you feel you need to or wish to. All that is offered, just like this book, is not for a fee, but rather for a donation to charity. A giving back as it were. Find out more on the website!

www.annaenfyshealing.co.uk



A beautiful book of poems from benevolent Light Beings - Angels! Gathered over several years, this is a perfect book for when you need comfort, love, faith, even healing. Use it intuitively, for the Angel's may just have a particular message for you within these pages.