

## Welcome to CrossReach Heart for Art Online Gallery

This platform allows us to share and celebrate the work of those who attend Heart for Art sessions across Scotland. Our online gallery contains the artwork produced by artists living with dementia and the work celebrated is a testament to the talent and skills our artists have achieved. We hope everyone who views our virtual exhibition finds joy and inspiration from the work on display.

"Art exhibitions allow us to share our voice through the artwork! It also shows that we still can contribute something to this world". Richard, Heart for Art artist

### Current Display

#### "Expressions of the mind"

The exhibition showcases the work from our creative sessions based within CrossReach Care Homes across Scotland. We are delighted to celebrate the work of our wonderful residents. Please enjoy!



# Heart for Art at Adams House



Set in a quiet suburban area in Elderslie, Adams House offers a specialised service to people who have been diagnosed as having dementia and who can no longer live safely at home.

The staff at Adams House promote dignity and independence for all the residents and do everything they can to help them feel welcome and comfortable as they live life to the fullest.

The Heart for Art service was established at Adams House in February 2022. The creative art classes offer creativity and fun to the Adams House residents who enjoy two hours artistic stimulation in a friendly environment.

For more information about Adams House please visit:  
[www.crossreach.org.uk](http://www.crossreach.org.uk)

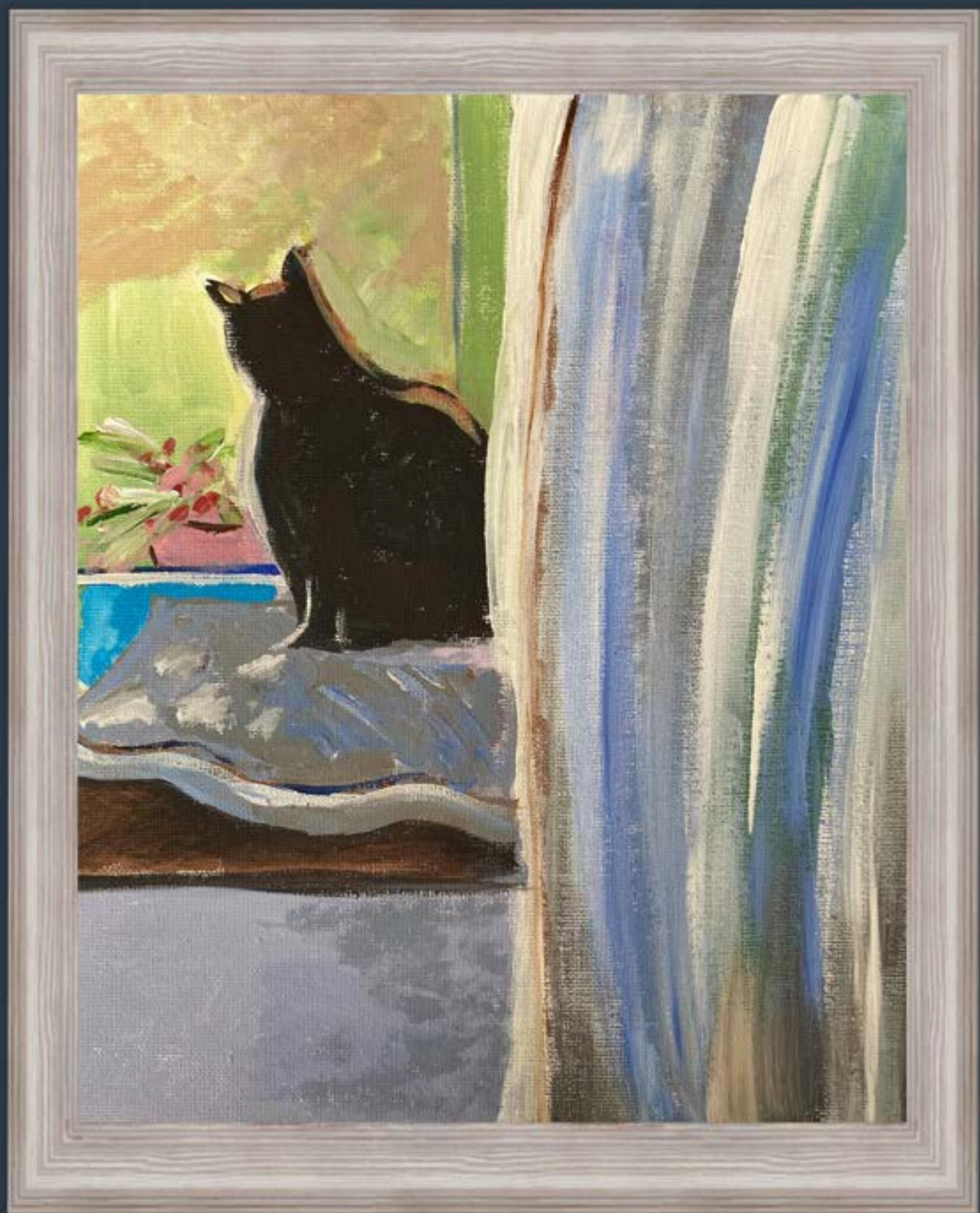






Prints of the artwork available to order.  
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## **"Black Cat"**

**Helen Price**

**Acrylic on Canvas**

Helen came along to Heart for Art with her friend Doreen. She had no previous art experience but was keen to have a go. This is the first painting Helen produced at the class and what a wonderful job she has done. Helen continues to attend our sessions and has become more confident in her ability to paint, producing some beautiful landscapes which she has gifted to her family.







## **"Still Life"**

**Doreen Ferguson**

**Watercolour on Paper**

Doreen joined Heart for Art with no previous art experience. Initially a little hesitant, Doreen quickly began to feel comfortable and started to enjoy painting. She is now a regular at our classes and really enjoys taking part. Doreen has produced some wonderful artwork over the last few months and loves to display it on her bedroom walls for her family to view when they visit. We hope they will love this beautiful still life, Doreen's first attempt at watercolour, and what a fantastic outcome.





**"Butterfly"**

**Mary Renfrew**

**Acrylic on Canvas**

Mary joined our art group with no previous art experience, however, she used to work as a florist and was an amazing knitter. Both experiences very quickly helped to her discover a talent she never knew she had. Mary enjoyed working expressively when painting this butterfly.

The end process is just stunning and Mary can't wait to share her new achievement with her family, especially her grandchildren.





**"Flowers study"**  
**Edith Turner**  
**Acrylic on Canvas**

"I have 7 children and love to talk about my life with them. I like to show them my drawings, they are very proud of me."

Edith shares about how artistic one of her daughters is and how they both enjoy art. Heart for Art has helped Edith to continue to use skills gained in the past. She has an artistic background and her artwork was once exhibited at Paisley Abbey. Edith really looks forward to seeing the "Flowers study" framed and exhibited online.



# Heart for Art at Cumnor Hall

Cumnor Hall is a specialist care home supporting people with a dementia diagnosis. Situated in the peaceful town of Ayr, Cumnor Hall is a spacious detached villa, with stunning views that overlook the town's famous 'Old Racecourse'.

At Cumnor Hall the residents are free to do what they like. Whether that's enjoying the birdsong in their surrounding gardens, taking trips into the local community or simply relaxing and enjoying the view.



## "I love my wee art class"

The Heart for Art service has operated at Cumnor Hall since February 2022. The meaningful art classes cater to the individual providing choice and support and boosts self-esteem.

For more information about Cumnor Hall please visit:  
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## **"A Hare in the Grass"**

**Jim Bissett**

**Acrylic on Canvas**

Jim has attended Heart for Art for a few months and has produced some amazing paintings. He is always keen to have a go and enjoys painting animals and landscapes. Jim was particularly drawn to this image and enjoyed capturing the likeness of the hare and creating the marks of the long grass. Well done Jim, we love the final outcome.





**“Old Boat”**

**Irene Wylie**

**Acrylic on Canvas**

Irene joined Heart for Art a few months ago with no previous art experience and has really embraced the challenge of learning a new skill. Irene has a confident approach when painting, trying new techniques and enjoying developing her skills. She is very independent and is delighted with the outcome at each session. We look forward to seeing what she will produce next.

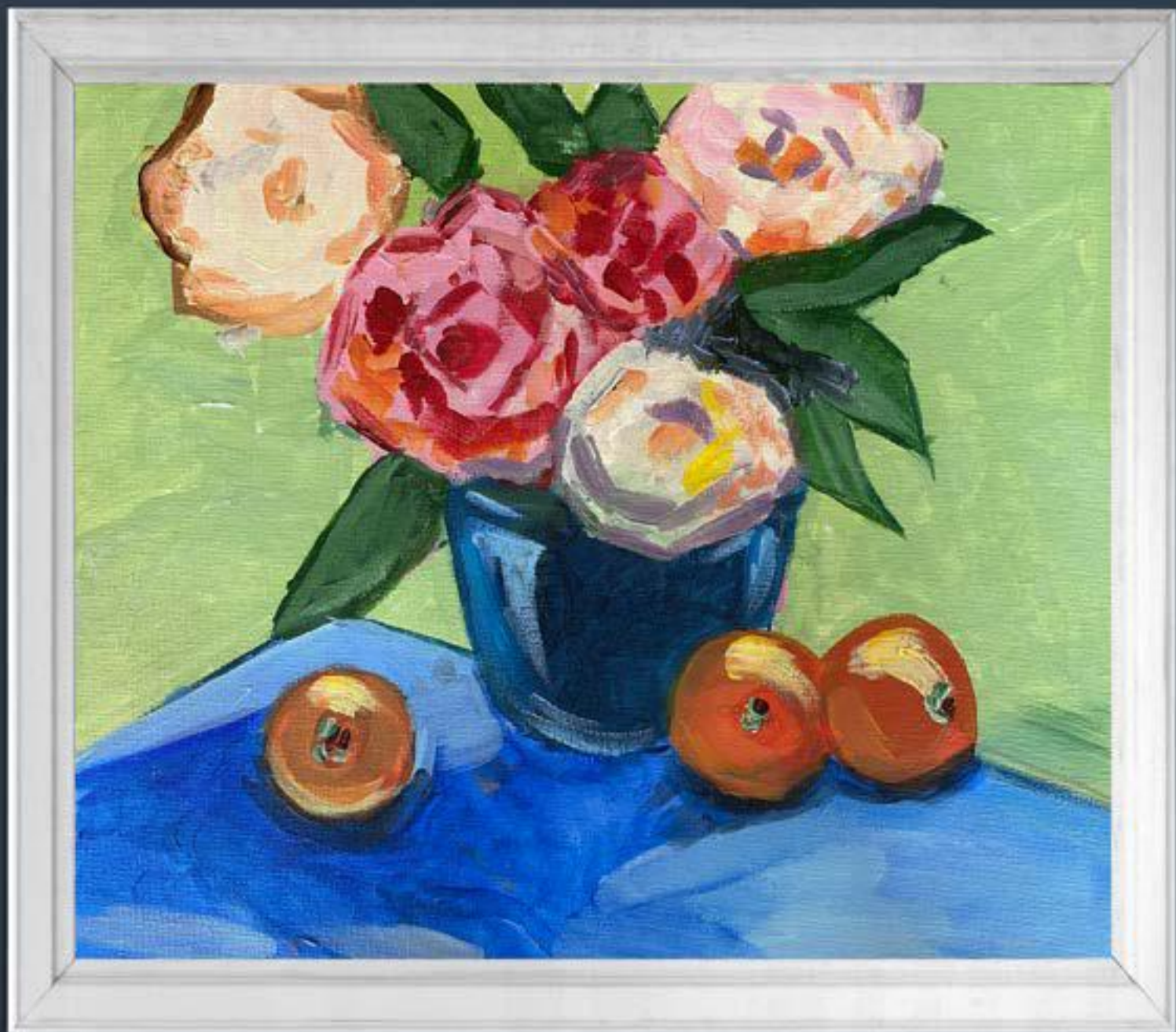




**"Rough Sea"**  
**Ian Campbell**  
**Acrylic on Canvas**

Ian is new to our Heart for Art group at Cumnor Hall. He is a keen musician and enjoys playing his harmonica during our sessions. Although Ian has no previous art experience he has taken well to painting, particularly seascapes. He likes to paint quickly and expressively and enjoys layering the colours when painting the sky and the sea. His approach is bold and we think the outcome is fantastic.





## **"Still Life of Roses"**

**Marian Turnbull**

**Acrylic on Canvas**

Marian has been attending our Cumnor Hall Heart for Art group for a while and has produced some amazing artwork. She previously enjoyed art and this is evident in her use of colour and detail. Marian has really enjoyed still life painting and this is just one example of the beautiful work she produces at the sessions. We love Marian's work and cant wait to see what she will paint next.



# Heart for Art at The Oasis Garelochhead

The Oasis in Garelochhead is a safe, happy place for older people to spend their day with friends. The Oasis staff provide a range of activities, outings and care services that are designed to make every day as good as it can be.

For those with dementia the day service can provide valuable social interaction, mental stimulation and respite for carers.

Heart for Art resumed its sessions at The Oasis in January 2022 and since then runs on a fortnightly basis, bringing artistic stimulation to those affected by a dementia diagnosis.

For more information about The Oasis visit:  
[www.crossreach.org.uk](http://www.crossreach.org.uk)





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**Betty McFadzean**  
**"Magnificent Rose"**  
**Silk painting**

Betty joined our art group with no previous art experience. She recently tried a batik painting and absolutely enjoyed it.

The "Magnificent Rose" painting was inspired by the nature that Betty loves so much. She describes the beautiful petals with colour and gestural brush work.





## **"Tiny Kitty"**

**Georgina MacKay Duncan**

**Acrylic on canvas**

Since joining Heart for Art Georgina has adapted to painting mainly with acrylics. She continues to amaze us with her skill and dedication to painting. Georgina loves to paint animals and landscapes. The natural world has been a source of inspiration for her and this stunning work shows her ability to accurately record the wonderful atmosphere. Georgina's "Tiny Kitty" painting is an example of her passion for animals.





**"Butterfly"**  
**John Gilmour**  
**Acrylic on canvas**

John has completed many artworks in his time at Heart for Art. Selecting just one for this exhibition was a challenge, however, this one made the whole group feel good and not only serves to demonstrate his skill but also his personality.





**"Sweet Angel"**  
**Lottie Low**  
**Acrylic on canvas**

Lottie's approach to art is very particular. She has never painted before but likes to plan ahead and share her concept about the artwork. We love this painting of "Sweet Angel" and think Lottie has done a wonderful job!





**"Sunset"**

**Libby Walker**

**Pastel on paper**

Libby is a professional artist who creates gentle and sensitive studies of landscapes, gardens and stunning flowers. Working in pastels, she has generated a bold and brilliant body of work.

This glorious painting is built up of carefully mixed colours, whilst demonstrating impressive accuracy in her drawing skills.



# Heart for Art at St. Margaret's

St. Margaret's House is a specialist care home for people who have dementia and are no longer able to live safely at home. Located on the outskirts of Polmont the service provides a supportive and loving environment that encourages residents to make the most of every day.

Staff do everything they can to help residents retain and regain skills and interests and make life as fulfilling as it can be.



The Heart for Art service was established at St. Margaret's in February 2022.

The creative art sessions cater to the individual, providing choice and support. While creating artwork the residents benefit by feeling a greater sense of purpose.

**For more information about St. Margaret's please visit:**  
[www.crossreach.org.uk](http://www.crossreach.org.uk)





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## **"Summer Landscape"**

**Beth Bowes**

**Acrylic on Canvas**

Beth enjoys the Heart for Art sessions at St. Margaret's and is always keen to have a go. Although she has no previous art experience she has done a wonderful job of capturing the colours and textures of this landscape. Beth has a wonderful, happy nature and enjoys the company of others during the class. She paints with great enthusiasm and this is reflected in this beautiful landscape.





## **"The Mediterranean"**

**Jean Fisher**

**Acrylic on Canvas**

Jean has been attending Heart for Art for about a year now and is becoming a fantastic artist. She is very creative and loves to try new ideas. This painting made Jean feel happy and she wanted to have it hanging in her bedroom. She has chosen to use expressive brushstrokes for the flowers to contrast with the detail of the buildings and the outcome is beautiful.

What a wonderful painting Jean.





**"Sunset on the Jetty"**  
**Jean Williamson**  
**Watercolour on Paper**

Jean is a fantastic watercolour artist with no previous experience prior to attending Heart for Art. We are very impressed with her watercolour skills, she has a very natural ability when painting and this can be seen in this beautiful watercolour. Wonderful work Jean.



# Heart for Art at The Elms



The Elms is a large Victorian mansion set in its own extensive grounds. It is situated in the Grange area of Edinburgh.

This is home to our specialist service to people with dementia who can no longer live safely on their own or in another residential setting.

The Elms knowledgeable and caring staff take great care to promote every resident's wellbeing, respecting their dignity, choice and rights at all times.

Heart for Art has operated at The Elms since February 2022. Meeting on a fortnightly basis, Heart for Art creative classes help to boost the self-esteem and confidence of those who attend regularly.

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## **"Play time"**

**Liz Grant**

**Acrylic on canvas**

Liz is a retired nurse and her caring nature still shines through in her actions. She likes to look after the residents at The Elms. Liz loves animals particularly cats, and enjoys telling stories about her cats while painting them. Her subject matter is mainly nature and animals. Liz's "Play time" painting makes a lovely companion which will brighten the day for anyone who sees it in our online gallery.





## **"Impressionist landscape"**

**Marie Grigor**

**Acrylic on canvas**

Since joining Heart for Art Marie has worked in a range of materials, experimenting with watercolours and acrylics. Marie likes to learn and use new techniques and enjoys chatting about her artwork. This stunning painting was produced using acrylic technique.





## **"Puffins"**

**Elizabeth Barclay**

**Acrylic on canvas**

Liz attends the Heart for Art class regularly and is in love with colours! She continues to practice her new passion through a wide range of media. The "Puffins" painting was inspired by the nature that Liz loves so much. She describes the beautiful animals with vivid colour and gestural brush work.





## **"Gladiolus flowers"**

**Pat Munro**

**Acrylic on canvas**

Pat has lived and worked in Edinburgh as a teacher of Geography, a subject that is still a great interest to her. Before moving to The Elms she attended an art group but said that she was "no good at art". Participating in the Heart for Art sessions has enabled Pat to flourish. She has connected a study of nature, rivers and mountains with her personal relationship with the environment.





**"Dramatic sky"**  
**Eileen Ferquharson**  
**Acrylic on canvas**

"Dramatic sky" painted with acrylic on canvas is a wonderful example of Eileen's natural artistic talent. She enjoyed taking her time to focus on painting shades to capture the atmosphere of the sky. The end process is stunning and Eileen can't wait to share her new achievement with her family and friends.





## **“Colourful tulips”**

**Elizabeth Rogan**

**Mixed media**

Lizzie's work is wonderful and she is a meticulous painter. Every stroke is made with precision and careful thought which lends itself to the subjects she chooses to paint. She creates gentle and sensitive studies of gardens and stunning flowers. Working in mixed media, Lizzy has generated a bold and brilliant body of work.



# Heart for Art at Williamwood House

Williamwood House is a warm and homely place of care for those with a dementia diagnosis. An attractive place to live, it was originally built in 1930 by the Glasgow architect Charles McNair.

You can expect a lovely welcome at Williamwood House and thoughtful and attentive levels of care.

**“Did I do it?  
That is lovely!”**



In February 2022 Heart for Art was established at Williamwood House and since then offers artistic, creative sessions to their residents. These beautiful images represent participants who attend our creative sessions on a fortnightly basis.

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**"Spring flowers"**

**Ena Brindle**

**Acrylic on Canvas**

Ena enjoys spending time with her daughters, family and friends. She is an avid florist and having joined the Heart for Art group she enjoys painting flowers using acrylic and watercolour paint. During the class Ena likes socialising with the other participants, expressing her knowledge of flora and fauna.





**"Peaceful night"**  
**Gordon McKean**  
**Acrylic on canvas**

Gordon has always been very particular and a perfectionist in all aspects of life. Since joining the Heart for Art group this has also been translated into his work. Gordon is meticulous when it comes to his paintings, often spending lots of time in one area, using his brush to blend the paint together. He carefully chooses his image before painting it, often selecting landscapes that are eye-catching with subtleties. Gordon enjoys the camaraderie and socialising of the group along with the support and encouragement from his loving wife.





**"Blue petals"**  
**Cathie Taylor**  
**Acrylic on canvas**

Cathie used to work as a dinner lady in Williamwood school. She enjoys socialising and getting stuck in. Cathie's family are the most important thing to her as she loves being a mother, grandmother and great-grandmother. Cathie is an avid knitter and crafter and likes to paint flowers knowing that she can give her painting to her family as a sign of love for them.





**"Poppies"**

**Rachel McNulty**

**Acrylic on canvas**

Rachel is a huge Elvis Presley fan, she loves to sing and dance along to his music, encouraging others to join her. Having joined the Heart for Art class Rachel enjoys painting landscapes and flowers as she finds pleasure from being in the outdoors. Rachel is always so satisfied with herself when she completes her paintings.





**"Landscape"**  
**Tony Connell**  
**Acrylic on canvas**

Tony is an ex-football player, who played for Third Lanark, Queen of the South and St Mirren football clubs. Since joining the Heart for Art group Tony enjoys finding a focus for his paintings using acrylic paint. He likes to create landscapes as well as animals using big, expressional brushstrokes. Tony is always smiling during the classes as he enjoys socialising with the other participants as well as creating a finished painting that he can give to his wife.





# **"Lighthouse"**

## **John Currie**

### **Acrylic on Canvas**

Having grown up with a passion for football, John went on to play for Rangers which he often reminisces about through his photo book from when he played there. John loved art when he was at school, however, he did not continue with it until he came to Williamwood House, joining the Heart for Art class. John likes to paint landscapes, particularly seascapes, with lots of bright colour using acrylic. John thoroughly enjoys the company during the classes, insisting everyone should "be kind and help others".





## **"Beautiful flowers"**

**Celia Paton**

**Watercolour on canvas**

Celia has a love for poetry, reading, drawing and painting and used to do The Herald crossword everyday. Celia is always delighted when her friends visit as she enjoys showing all her paintings that she has made during the Heart for Art classes. She enjoys working in acrylic and watercolour paint with an eye for detail. Celia has no preference when it comes to painting subject matter as she always wants to give it a go, giving encouragement to other participants and offering her help to those around her.





**“Watercolour Landscape”**  
**Carolyn Hughes**  
**Mixed Media on Paper**

Carolyn is a resident at Williamwood House and attended Heart for Art at Stamperland Church Hall for many years. She has always been artistic and still loves to draw and paint. She has an eye for detail and loves using a variety of mediums trying watercolour, acrylic paint, pens, pencils and charcoal drawing! Carolyn plans to keep adding to her collection!



# Heart for Art

Heart for Art service was established in 2012 and delivers creative art sessions for people with dementia across Scotland. Heart for Art seeks to bring creativity and connection to those who are affected by a dementia diagnoses. Our free art classes cater to the individuals, providing choice and support. Community based art groups enable participants to release their ideas on canvas, whether landscape or portrait, still life or abstract. At Heart for Art, we understand the stigma and isolation that can come along with a diagnosis of dementia. We seek to demonstrate what can be done and focus on the creative skills that everyone possesses.

## Heart for Art Online Shop

We are now part of the CrossReach Online Shop. You can buy a variety of lovely Heart for Art merchandise by visiting: <https://shop.crossreach.org.uk/>

## Contact details

If you would like to make a referral, become a Heart for Art member and get a personalised art pack or participate in our virtual sessions please contact us:

**Heart for Art Head Office**  
**St. Margarets House**  
**St. Margarets Crescent**  
**Polmont**  
**FK2 0UP**  
**Tel: 01324 718674**  
**Email: [heartfor.art@crossreach.org.uk](mailto:heartfor.art@crossreach.org.uk)**

At CrossReach we have been showing the practical side of our Christian faith for over 150 years. In this time we have built up a great deal of experience and expertise in all kinds of social care, including care of older people. As a not for profit organisation, we are motivated to provide the best possible care out of compassion. We see every life as precious and always put the individual at the heart of our response. We have always advocated acceptance, inclusion and diversity at CrossReach. Each and every one of our care homes are open to all and we're proud to support people from all faiths, cultures and backgrounds.