

# BE A SCHOLAR

# CHS Progress Tests

## Student Study Timetable

### Year 9 Summer Term Progress Test

Name: \_\_\_\_\_

Form Group: \_\_\_\_\_

### Have a PLAN – Create Progress Test Timetable

When you know when your Progress Tests are – put them

in the **PROGRESS TEST TIMETABLE** below:

In lessons you need to check:

- 1) **WHEN** the Progress Test is
- 2) **WHAT** the Progress Test will cover
- 3) **HOW** you can prepare yourself for it.



### Progress Test Timetable Week 1

A Week	Monday 15th June	Tuesday 16th June	Wednesday 17th June	Thursday 18th June	Friday 19th June	Exams this week
Period 1				Y9 ENGLISH		<ul style="list-style-type: none"> <li>▪ English</li> <li>▪ French</li> <li>▪ Spanish</li> <li>▪ Geography</li> <li>▪ EPR</li> <li>▪ Music</li> <li>▪ Dance</li> <li>▪ Technology</li> <li>▪ Computing</li> </ul>
Period 2				Y9 ENGLISH		
Period 3						
Period 4						
Period 5						

### Progress Test Timetable Week 2

B Week	Monday 22nd June	Tuesday 23rd June	Wednesday 24th June	Thursday 25th June	Friday 26th June	Exams this week
Period 1	Y9 SCIENCE					<ul style="list-style-type: none"> <li>▪ Maths</li> <li>▪ Science</li> <li>▪ French</li> <li>▪ Spanish</li> <li>▪ History</li> <li>▪ Art</li> <li>▪ Drama</li> <li>▪ PE</li> <li>▪ Computing</li> </ul>
Period 2						
Period 3						
Period 4		Y9 MATHS	Y9 MATHS			
Period 5						



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## PLAN

### Have a PLAN – Create your Home Study Planner

Use the planner below to PLAN your revision and HOME STUDY.

Prioritise spending time on the subject and specific knowledge that you find tricky.

Study Week 1							
	Monday 11 <sup>th</sup> May	Tuesday 12 <sup>th</sup> May	Wednesday 13 <sup>th</sup> May	Thursday 14 <sup>th</sup> May	Friday 15 <sup>th</sup> May	Saturday 16 <sup>th</sup> May	Sunday 17 <sup>th</sup> May
<b>Study Session 1</b> (45 Minutes)							
<b>Study Session 2</b> (45 Minutes)							
<b>Study Session 3</b> (45 Minutes)							

Study Week 2							
	Monday 18 <sup>th</sup> May	Tuesday 19 <sup>th</sup> May	Wednesday 20 <sup>th</sup> May	Thursday 21 <sup>st</sup> May	Friday 22 <sup>nd</sup> May	Saturday 23 <sup>rd</sup> May	Sunday 24 <sup>th</sup> May
<b>Study Session 1</b> (45 Minutes)							
<b>Study Session 2</b> (45 Minutes)							
<b>Study Session 3</b> (45 Minutes)							



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### After the Half Term Break - Study Week 3

	Monday 1 <sup>st</sup> June	Tuesday 2 <sup>nd</sup> June	Wednesday 3 <sup>rd</sup> June	Thursday 4 <sup>th</sup> June	Friday 5 <sup>th</sup> June	Saturday 6 <sup>th</sup> June	Sunday 7 <sup>th</sup> June
<b>Study Session 1</b> (45 Minutes)							
<b>Study Session 2</b> (45 Minutes)							
<b>Study Session 3</b> (45 Minutes)							

### Study Week 4

	Monday 8 <sup>th</sup> June	Tuesday 9 <sup>th</sup> June	Wednesday 10 <sup>th</sup> June	Thursday 11 <sup>th</sup> June	Friday 12 <sup>th</sup> June	Saturday 13 <sup>th</sup> June	Sunday 14 <sup>th</sup> June
<b>Study Session 1</b> (45 Minutes)							
<b>Study Session 2</b> (45 Minutes)							
<b>Study Session 3</b> (45 Minutes)							

**Have a plan**

**H**

**Organise your resources**

**O**

**Maximise your study habits**

**M**

**Evaluate your progress**






**E**

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## MAXIMISE YOUR STUDY HABITS

### MAXIMISE your Study Habits: How to study throughout your Progress Tests:

	<p><b>Have a plan for your home study.</b></p> <ul style="list-style-type: none"> <li>Plan out when your progress tests are then, plan revision sessions into your timetable leading up to the tests.</li> <li>Plan what and where you will study Sessions should last 45 minutes.</li> <li>You should include all your subjects across the week</li> </ul>		<p><b>Utilise your online learning platforms.</b></p> <ul style="list-style-type: none"> <li>Use MS Teams to help plan out and organise your timetable and resources.</li> <li>Look for information and tasks set by your teacher.</li> <li>Use other online platforms recommended by your teacher to maximise your revision sessions</li> </ul>
	<p><b>Use mind maps to maximise your study.</b></p> <ul style="list-style-type: none"> <li>Mind maps are a useful way to map out big concepts and topic areas.</li> <li>Choose your topic area to revise and put this in the centre of your mind map. Then, add branches with each individual area that links to that topic.</li> <li>Use colour, words, and pictures to make it interactive</li> </ul>		<p><b>Use revision cards to maximise your study.</b></p> <ul style="list-style-type: none"> <li>Revision cards help in creating a summary of a topic area.</li> <li>Question &amp; answer cards are useful for learning and memorising specific information like key facts, and key words.</li> <li>Choose a topic you want to revise and either create a summary card or write 10 key questions.</li> </ul>
	<p><b>Evaluate your home study by self-testing.</b></p> <ul style="list-style-type: none"> <li>Test yourself to check if information is going into your memory.</li> <li>At the end of your revision session use; look, cover, write &amp; check, you could practice a question that you might be asked about the topic, quiz yourself on your mind map or revision cards.</li> <li>The next day, quiz yourself again using your mind map or cards to see what you have remembered. You could also work with your friends or someone at home by asking them to quiz you too!</li> </ul>		

## STUDY STRATEGY

**Leitner System: The Leitner System is an effective technique that uses your self-testing flashcards. It helps in strengthening your memory through repeated and spaced practice.**

#### Top Tips!

- ✓ Take a set of self-testing flashcards you have made for a topic
- ✓ You need 3 envelopes with the labels (Envelope 1: 'every day', Envelope 2: 'twice a week', Envelope 3: 'once a week').
- ✓ Every flashcard will start in Box 1. As you answer a flashcard **correctly**, move the card into Box 2.
- ✓ If you incorrectly answer a flashcard, place the card back in Box 1. Follow this method for each flashcard in Box 1.
- ✓ Concepts that remain in Box 1—these concepts are more difficult for you and require repeated studying. The cards that have graduated to Box 2, on the other hand, are concepts with which you are more familiar, so you do not have to study them as frequently.
- ✓ **Repeat this process** in your next study session - Each time you get a card correct, you move it to the next box. Each time you get a card wrong, you move it back to the previous box.

