

Loving life with little ones

about

toddle

Oxfordshire

Jan - Mar 2025

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DAY

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PREP

Open Morning
Saturday 1 March
cokethorpe.org



WELCOME

TO THE NEW YEAR 2025 EDITION!

Happy New Year 2025!

The New Year is a time to look back and to look forward. Some people make resolutions to break bad habits, create new ones or maintain existing ones. Toddle About also has a resolution it intends to keep; to continue to help families love life with little ones and provide you with a wealth of local information for all things bump, baby and toddler. So, take a look at a **springtime recipe** (p.19) to make with your budding chefs, our round up of **family events** even if it's chilly outside (p.16) happening near you and a lovely **keepsake craft** perfect for a rainy day (p.18).

Of course there is so much more to do with your little one so if you are looking for classes to fill your week, our daily activity planner is split by area, weekday and class type so you can easily find what you are looking for. Check out the Daily Activity Planner from p.31. Let's plan some adventures with our little ones and make this year a great one!

Wishing you a very happy new year.

Leave a Review and See Our New Top of the Tots!

Visit toddleabout.co.uk/search and pop in your postcode. Select any providers that you have bought from or experienced and add a review to their listing.

That's it! We will then select a few and feature them on our NEW Top of the Tots page found on p.28.

Leave a review at toddleabout.co.uk/search

Loving life with little ones,

Steph & Matt

OWNERS/EDITORS

PS. Subscription to Toddle About is just £2 every 3 months and your **first issue is free!** Plus, you get other VIP perks such as automatic entry to exclusive giveaways and freebies. Visit: www.toddle.fun/subscribe

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Cover photo:

Local photographer? Want to provide a photo for our next magazine? Send us an email to find out more:

stephandmatt@toddleabout.co.uk



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10,000 copies of Toddle About are distributed every quarter all over Oxfordshire, including Oxford, Banbury, Bicester, Witney, Carterton, Abingdon, Wallingford, Didcot, Thame, Henley-on-Thames and surrounding areas.

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Follow us for daily updates!



Search activities online at www.toddleabout.co.uk

Bite SIZED NEWS

In The Moment Photography Sessions



Tori, the owner of In The Moment Photography in Abingdon, offers a range of heartfelt family photography sessions from her cosy home studio. Whether it's capturing the joy of a newborn, the love of family connections, your maternity journey or celebrating special milestones, Tori's sessions are designed to feel natural, relaxed, and full of warmth. Her welcoming studio provides a comfortable space for families to unwind and enjoy a stress-free experience, creating beautiful memories to cherish for a lifetime.

Visit www.photographyitm.com See P.7



Bicester Baby Bank Closure Risk

A much-needed charity that has supported hundreds of struggling families across Oxfordshire is at risk of closure unless it can secure urgent financial support. Bicester Baby Bank, which has been providing essential items such as clothing, nappies, baby equipment, toiletries, and even school uniforms for children up to the age of 12, is facing a funding crisis. Now, with only enough money to cover rent for the next six months, the charity is in danger of closing its doors for good. To find out more visit www.bicesterbabybank.org.uk



Family Choir Club Awards Success!

In November, Family Choir Club became a finalist for 'Best Family Arts Activity' at the Fantastic For Families awards. Run by the Family Arts Campaign, these national awards recognise "outstanding contributions to family and age-friendly arts and culture," showcasing "real innovation, creativity and impact made by cultural opportunities in the UK."

You can try out one of these award-shortlisted classes in Abingdon, Didcot or Oxford in the spring term! Use code TODDLE10 at checkout for 10% off!

Visit www.familychoirclub.co.uk See P.47

Sibford Open Morning

Come and discover more about what Sibford School can offer children aged from Nursery to Year 6.

Sibford School's Whole School Open Morning is on Saturday 22nd March 9:45am - 12pm.

You can expect to see the school in action, meet key staff members as well as current parent and students and take a look at their facilities. Sign up on their website to attend.

Visit www.sibfordschool.co.uk See P.18



Why Tummy Time?

It develops strong muscles, improves coordination and promotes healthy brain development. But many babies don't enjoy it! Top tips:

1. Lay baby down and ensure their hands are by their heads.
2. Lay them on a rolled blanket, enabling them to move their head and look around.
3. Roll a ball, shake a shaker, hold up a mirror, lie down with them – have fun! Make it part of your routine. Little and often is perfect.

Tummy Time



Visit www.babycollege.co.uk See P.29



Virtual Sleep Consultancy Services

Dedicated to helping families navigate the challenges of sleepless nights and find peaceful, restorative sleep, Emma works with families to improve sleep for babies, toddlers and young children aged 5 months to 4 years. As a parent herself, Emma understands the joy, exhaustion and worry that comes with parenthood. That is why she is passionate about guiding families towards practical, effective solutions that truly work to bring peace, rest and happiness back to your home.

Visit www.sleepybabyhappymama.com See P.11

Free Taster Class With Rugbytots

Rugbytots S&W Oxon is led by Sean, who brings over 15 years of experience in teaching and education. Rugbytots' engaging and structured weekly sessions are designed for children aged 18 months to 7 years. Through dynamic activities, your child will have fun while developing confidence and improving other essential skills, listening and working with others. Well-trained coaches create a supportive environment, guiding each child. They also offer birthday parties, nursery, and school classes. Email sean@rugbytots now for a free taster session.



Visit www.rugbytots.co.uk See P.29

Themed Sessions that Really Interest

Discovery Den sessions are different every week and introduce topics that really capture children's attention and imagination. Coming up this term...A New Years Party, Real Life Heroes, Bonnie Scotland, Chinese New Year and Valentine's Day! Designed by their Early Years Teacher, sessions help children develop knowledge and understanding of the world in a fun way through sensory play, lights, puppets, music and story telling.



Classes running in Oxford, Benson and Wallingford.

Visit www.thediscoveryden.co.uk See P.39

Ride On Time Franchisees Wanted



Ride On Time are expanding and to meet demand are now searching for franchisees in new locations!

If you are looking for flexible work that fits with your family, is fantastic fun and gives you the freedom to run your own business get in touch to find out more!

They have an amazing offer price for the first 5 pioneer franchisees who join them.

Email info@rideontimehire.com See P.19

Storytelling With Debutots

Step into the enchanting world of Debutots, where storytelling comes alive for children aged 6 months to 7 years. Tailored to every developmental stage, our classes blend interactive storytelling with music, movement, rhymes and play. Each week unveils a new, original story, immersing children in magical worlds. By empowering them to imagine, speak up, and practise listening and turn-taking, we build confidence, enhance language skills, and inspire a lifelong love of stories, rekindling the timeless joy of the story circle.

Visit www.debutots.co.uk/oxfordand surroundings See P.42



BE YOUR OWN BOSS

SIX STEPS TO STARTING YOUR OWN CHILDREN'S ACTIVITIES BUSINESS

by Helen & Kat from Baby Sparks Sensory



Many of us have sat in a children's class, watching our little one join in, and wondered, 'Could I do this?' If you did decide to take the plunge and set up your own children's activity business, you wouldn't be alone – it's a big and growing sector, worth an estimated £17.7 billion to the UK economy!

But it's not as simple as buying some maracas and mats, picking out a few well known nursery rhymes and hoping people want to come and join you. There's a huge amount of planning, preparation and legal compliance required.

Having worked in this sector for 8 years, growing a small start-up into a national franchise, we've learned a few things! Here are our top six steps for starting your own children's activity business:

1. Do Your Research

What's happening in your area? If sensory play is your niche, who's your competition? Are their classes busy? Is there demand? Identify your target audience, their interests, and where you can fill a gap. Understand your competitors' offerings and determine your own unique selling point (USP) so you stand out from the crowd.

2. Write a Business Plan

Put your vision on paper. Think about your skills and how they'll translate to running a business. Consider your financial needs and how you'll fund your launch. Plan for various scenarios: e.g. What if sales are slow in the first year? A solid plan will help you stay focused and boost your chances of success.

3. Know the Legal Requirements

Starting a business comes with legal obligations. Consult with an accountant about business structures, brand protection, and budgeting. You'll need to comply with child safety regulations, have insurance, and secure necessary licenses, like the music license (PPL). Also, research booking systems to find one that works best for you (we love *Book That In!*)

4. Design Your Offering

This is the fun stuff! What makes your classes unique? What will you offer, and how will you do it? Make sure your branding reflects your unique value. Consider initial investments for kit and equipment plus ongoing costs, and ensure your classes meet the needs of your target age group: too broad an age range and you risk not being able to meet the needs of your young people; too narrow and you risk limiting your sales.

5. Choose the Right Location

The right venue can make or break a class. Think about your ideal customer's needs. Will you have a set location or work from multiple venues? Is the space safe, child-friendly, and accessible? Make sure your chosen space feels welcoming and comfortable.

6. Develop a Marketing & Launch Strategy

Visibility is key. Think about where your ideal customer likes to hang out – in person and online – and make sure you are there too. Will you need a website? It's not always necessary, but securing your domain is a good idea. Use social media to reach your target audience but don't forget traditional marketing methods—attend community events and talk to people. Be your brand's biggest cheerleader!

If launching your own business seems daunting, remember, buying into a franchise can be a great option. Franchises reduce the risk involved in starting a business – you follow a proven business model and get personal support, brand protection and a supportive community, making your path to success smoother.

Helen & Kat are the founders of Baby Sparks Sensory, a successful and growing national franchise offering sensory classes for babies. If you're interested in finding out more about their franchise opportunity, visit www.babysparks.co.uk.





In *The* Moment
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TODDLE MODELS

Baby & Toddler Photo Competition Winner

Thank you to everyone who entered our Autumn Toddle Models competition!

Congratulations to little Lottie who won tickets to see **Stick Man at Bloomsbury Theatre in London** with Official London Theatre!

We received so many gorgeous entries - we hope you enjoy looking through them as much as we have & that this gives all our entrants a lovely keepsake.



Lottie, 11 months old

OFFICIAL
LONDON
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.com

Find out more at
www.OfficialLondonTheatre.com



Adaline, 2.5 years



Alfie, 6 months



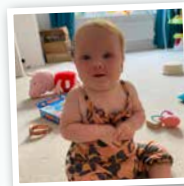
Annie, 3 years



Atlas, 5 months



Benji, 4.5 years



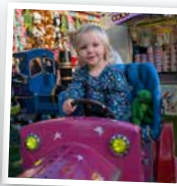
Daisy, 6 months



Drew & Dexter, 5 years & 9 months



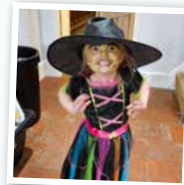
Emily, 4 years



Enola, 19 months



Essie, 3 years



Évie, 3 years



Evie, 2 years



Ezra, 2.5 years



Finley, 1.5 years



Finn, Siobhan & Rory, 2, 1, & 5 years



Florence & Oscar, 4.5 & 2 years



Freddie, 1.5 years



George, 2.5 years



Harrison, 2.5 years



Hudson & Myles, 2 & 3 years



Ida, 2 years



Isabella, 5 years



Jasper, 5 years



Lara & Jack, 5 & 2 years



Mabel, 11 months



Maizie, 1 year



Morgan, 3.5 years



Noah, 3 years



Poppy & Oakley, 6 & 2 years



Rory & Finn, 2 & 5 years



Siobhan, 1 year



Sophie & Eddie, 6 & 3 years



Theo, 4 years



Vedant, 3.5 years



William, 18 months

COMPETITION

TODDLE MODELS



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THE PRIZE: Win a Little Starts Gift Card, worth £100!

Little Starts Gift Cards are the UK's leading multi-brand gift card especially for baby, toddler and preschool activities. With access to over 20,000 classes and activities from more than 200 trusted brands like **Baby Sensory**, **Water Babies**, **Tumble Tots**, and **babyballet**, these gift cards offer a world of fun and educational opportunities.

Available online and at major retailers such as Sainsbury's, Asda, WHSmith, and Boots, they provide a thoughtful and flexible gift option for any occasion. Whether it's for birthdays, holidays, or just because, a Little Starts Gift Card is the perfect way to create lasting memories for families while enjoying engaging activities tailored for little ones.

Find out more at www.littlestartsgiftcards.com.



HOW TO ENTER:

Send us a photo of your little one enjoying some wintry fun!

We will print as many entries as possible in the next Toddle About magazine to give you a lovely keepsake.

Enter by **Sun 2nd March 2025**.

WORTH
£100

ENTER AT:

www.toddle.fun/toddlemodels



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The Budding Crafters box is designed for children aged 3-6 or those who prefer simpler crafts. Each monthly box, themed to a new topic, includes three fun, easy-to-follow crafts. Eco-friendly and thoughtfully curated, it's ideal for children with SEN, younger crafters, or older kids seeking less complex activities. Boxes are released on the 1st of each month (order by 19th of the previous month). Perfect for after-school or weekend fun!
Buy from www.littlecraftersboxes.co.uk



ECO RAINCOAT, £36

These sustainable kids' raincoats are made from 26 recycled plastic bottles, saving them from landfill. Waterproof and lined with soft, 100% GOTS-certified organic cotton jersey, they're as comfortable as they are eco-friendly. Available in six limited-edition prints, these stylish jackets complement modern wardrobes—perfect for eco-conscious parents and their little ones.
www.turtledovelondon.com



COLIEF BABY FACE BALM, £7.49

The new Colief® Baby Face Balm stick soothes dry, sensitive skin with Shea butter, Rosehip oil, and Chamomile. This 100% natural formula is suitable from birth and free from artificial fragrances, petroleum, and preservatives. Perfect for delicate areas like cheeks and nose, its compact stick design is ideal for on-the-go use, fitting easily into bags or pockets.
www.colief.com



OCOOPA HEATCUBE, £22.95

The Ocoopa HeatCube is a compact, AirPod-sized hand warmer delivering up to 4.5 hours of warmth with three heat settings (up to 50°C). It features a silicone heat strap, touch-control safety alarm, and includes a pouch, USB cable, and two wrist lanyards. Available in Black, Blue, Green, Pink, and Orange on Black.
www.berryuseful.co.uk



WORRY YUMMY LUNA, FROM £3.99

Meet Luna, the adventurous worry monster with soft pink fur, a yellow belly with pink stars, and open arms for cuddles. Designed to help children manage worries, these toys are recommended by child psychologists. Kids can write down their worries, feed them to Luna through her zipper mouth, and feel comforted as their troubles "disappear." A fun, practical way to support emotional well-being.
www.worryyummy.co.uk

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WORLD BOOK DAY

6 MARCH 2025

IT'S WORLD BOOK DAY!



Join us and discover some of the best new children's books!



FOLLOW THAT TRUCK!

BY GEORGIE TAYLOR
FOR 0+ YEARS

Buckle up for a fun-filled adventure with this interactive board book! Perfect for little hands, it features vibrant illustrations and grooved trails for curious fingers to explore. Kids will love following speedy vehicles while learning about trucks, diggers, and more - an ideal way to inspire hands-on learning.

Cost: £7.99. www.geminibooks.com

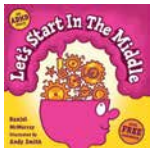


WHEREVER YOU GO, MY LOVE WILL FOLLOW

BY BIRGITTA SIF
FOR 5-7 YEARS

This heartfelt collection by Birgitta Sif offers eight life lessons for readers to carry wherever they go. From trying again after setbacks to cherishing small, quiet moments, these stories provide timeless wisdom and encouragement—a perfect companion to inspire and comfort along life's journey.

Cost: £16.99. www.magiccatpublishing.co.uk



LET'S START IN THE MIDDLE

BY DANIEL MCMURRAY
FOR 5-7 YEARS

A dynamic and engaging picture book about living with ADHD!

Written by someone with ADHD, this book explores a world through hyperfocus, the need to constantly move and so much more. Featuring bright and captivating illustrations, this book is a great learning tool to find out and understand ADHD.

Cost: £7.99. www.sweetcherrypublishing.com



GOOD MORNING, COW

BY ROB ABBOTT
FOR 1+ YEARS

Say hello to the farmyard in this beautifully illustrated story, perfect for little ones.

Follow Cow and her friends as they enjoy the simple joys of morning on the farm. With its gentle rhymes and engaging illustrations, it's an ideal choice for younger readers.

Cost: £7.99. www.twowindmills.com

JACOB'S MUSIC BY KATIE THOMAS

FOR 4-7 YEARS

In this heartwarming story, Jacob is an ordinary boy who lives in an ordinary house in an ordinary village, but Jacob is deaf. This beautifully illustrated tale celebrates the unique ways we can connect with the world around us through sound and music. A touching and inspiring read, it's the perfect choice to encourage creativity and appreciation for the little things in life.

Cost: £6.99. Buy from www.wackybeebooks.com



READY EDDIE GO! THE BIRTHDAY PARTY

BY NIKKI SAUNDERS. FOR 5-8 YEARS

Join Eddie, a super-friendly and autistic boy, on his latest adventure. This heartwarming story celebrates neurodiversity and helps children understand and appreciate the unique experiences of others. With beautiful illustrations and valuable lessons about inclusion, empathy, and friendship, it's the perfect read for young readers to learn and connect.

Cost: £9.99. Available from <https://uk.jkp.com>



ARTY MOUSE COLOURING

BY ROBYN GALE
FOR 3-6 YEARS

Unleash your child's creativity with this fun and interactive activity book. Packed with bold designs and simple prompts, it's perfect for developing fine motor skills and encouraging early learning. Ideal for little artists, it's a fantastic way to inspire imagination and build confidence through play.

Cost: £6.99. www.geminibooks.com



5-MINUTE SWEET DREAMS STORIES

BY VARIOUS
FOR 3-5 YEARS

Snuggle up and share six gentle, calming stories to help little ones unwind, ready for bed and a night of sweet dreams. This collection of tales includes familiar bedtime routines and themes, from bathtime fun and favourite toys to all important goodnight hugs.

Cost: £9.99. www.twowindmills.com



FIVE STEPS TO BED

BY CLAIRE POTTER
FOR 3-5 YEARS

A delightful bedtime story that makes saying goodnight a fun and comforting routine. Follow along as each step brings little ones closer to bedtime, with soothing rhymes and gentle illustrations that create a peaceful, calming atmosphere. This story is a wonderful choice for bedtime rituals and early reading adventures.

Cost: £7.99. www.bloomsbury.com/uk



COLOURS OF HOME

BY MIRIAM LATIMER
FOR 3-5 YEARS

When Ana flees war and moves in with Olive's family, she struggles to adjust to her new life. Olive has her own challenges, but when the girls draw together, Ana's pictures reveal the world she left behind. Olive begins to understand Ana's sacrifice and, through kindness and love, helps bring colour and hope back into Ana's world.

Cost: £7.99. Buy from www.graffeg.com

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First-time Swimming Guide For Parents: A Comforting Approach

Taking your baby swimming for the first time can be an exciting yet anxious experience. Whether you choose to start taking your little one to the pool from a young age or if you'd rather wait a few months, the experience doesn't have to be one that fills you with dread. In fact, studies have shown that time spent one-on-one with your little one in the pool can strengthen your bond with them and helps to release the endorphins that are so needed during the early days of parenthood.

In a bid to support you to get the most out of your first time in the pool together, local swim school owner Tamsin Brewis has put together a step-by-step guide to help ease your worries and make the outing enjoyable for both you and your little one.

Choose the right pool - One of the biggest considerations when looking for lessons or suitable sessions for your little one is the temperature of the pool. At Water Babies, we only swim in pools which have been heated to at least 30°C. If your baby is less than 12 weeks old, or weighs less than 12lbs, the temperature of the pool must be 32°C.

Time it right - During the newborn days, when your little one is likely to sleep for most of the day, it can be hard to plan your routine around nap time. But when your child is a little bit older, it's best to plan your pool visit or swimming lesson around their usual nap schedule so you can both get the most out of your time together.

Get comfortable - Before getting in, let your baby dip their toes in the water. This helps them acclimate to the sensation. When you get into the water, keep your baby securely in your arms. Close contact will provide them with comfort.

Have fun! - Use gentle splashing or soft movements to engage your baby - you could even bring along a few bath toys for added fun. Singing can soothe your baby and create a joyful atmosphere. It also helps drown out any pool noise and helps your little one focus on you.



GATHER THE ESSENTIALS: What do I need to pack for a swimming lesson for me and baby?

You'll be relieved to know it's not as much as you think! Different pools and swimming schools will have different rules about what your little one should wear, but at Water Babies we ask that every water baby wear our double nappy system. This is a paper or reusable swim nappy, with an approved neoprene Happy Nappy over the

top. We advise that toddlers under two swimming in a pool that's at 30°C wear a wetsuit.

Here's a short list of the other items to remember.

- Changing mat - a small, rollable one is great.
- Towel - one for you, one for baby!
- Warm clothes and hat - these are

for your little one to wear after their lesson. A fleece or cotton onesie (depending on the time of the year!) is a good option as they're easy to pull on and zip up in a rush. Pulling on a pair of jeans after swimming is rarely a fun, or quick, experience!

- Snacks - a good distraction for older children while you get dry and changed!

FOR MORE INFORMATION ABOUT WATER BABIES BUCKS & BEDS VISIT:

WWW.WATERBABIES.CO.UK/LP/BABY-SWIMMING/BUCKS-AND-BEDS

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Designed for any terrain, the Traveler boasts a shock-absorbent front wheel, 360° swivel system, quick-fold mechanism, extendable UPF 50 canopy, spacious storage, and a handy shoulder strap for easy carrying.

It's the perfect stroller-trike combo for independence & adventure!

Find out more and buy at smartrike.co.uk

smarTrikeEnter at toddle.fun/smarTrike

Competition closes at midnight on Sunday 9th March 2025.

T & C's apply, see www.toddle.fun/smarTrike for details.

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grows from
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waterbabies.co.uk





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Children love the massive three-tier playframe, have fun on the slides, tunnels, and rope climbs. There are also amazing, themed party rooms for everyone. Race to the rescue in the Fire Station room with firefighting equipment and a fire engine, or hit the Disco Room for some dancing mayhem.

Audlett Drive, Abingdon, OX14 3NJ

www.snakes-and-ladders.co.uk/about-us/abingdon/

JAN
24 - 26

EARLY LAMBING

Roves Farm, 3:30pm & 5:30pm

This is a highlight of their year, welcoming new life onto the farm. Spend some time on the viewing walkway looking out over the lambing barn as the day's action unfolds. You may be lucky enough to see a lamb or two being born!

Sevenhampton, Swindon, SN6 7QG

www.rovesfarm.co.uk/whats-on/lambing-time

Cost: Adults £12.30, Children 3+ £13.30

FEB
1

BRING YOUR BABY PUB QUIZ

Tap Social Movement, 12pm - 2:30pm

A fun, brain-stimulating daytime parent social. Settle in with the picture round and a further five quiz rounds. They take two breaks to feed, change and chat, and questions are always repeated. Team size is 6 maximum to make it fair on everyone.

North Hinksey Lane, Botley, OX2 0LX

www.bringyourbaby.org/book-a-quiz

Cost: From £11.29

FEB
1

DAVID GIBB'S FAMILY JUKEBOX

The Story Museum, 11am

Join David and his magical, musical Jukebox as he takes you on a trip through his hilarious and often surreal imagination, where wolves roam the school corridors, dragons live under the bed and teddy bears dance the night away at the disco.

42 Pembroke Street, Oxford, OX1 1BP

www.storymuseum.org.uk/whats-on

Cost: £10

FEB
5 - 8

NATURE TOTS

BBOWT, 9:30am - 11am

Join the friendly Nature Tots staff and volunteers to explore the nature reserve and enjoy wildlife themed activities. Every session includes wildlife exploration, sensory play, stories and crafts. A lovely way to spend quality time outdoors.

Sutton Courtenay Rd, Abingdon, OX14 4TE

www.bbowl.org.uk/events

Cost: £7 per Child

FEB
9

YOU ARE THE SUN

The Theatre, 11am, 1pm & 3pm

A folk inspired opera for babies and grown ups that explores the magic of nature. Combining the joy of gentle classical singing and sensory play, it is an invitation to see beauty in the smallest things and to let plants be our guides.

2 Spring Street, Chipping Norton, OX7 5NL

www.chippingnortontheatre.com/events/you-are-the-sun

Cost: £16 Adult and Baby, £8 extra Adult/Baby

FEB
17 - 21

BANBURY MUSEUM HALF TERM

Banbury Museum, 10:30am & 1:30pm

Whilst also visiting the exhibits, join Banbury Museum over February half term each day to create something crafty. Including; Nature Wall Art, Spoon Characters and Seed Gardens.

Castle Quay Shopping Centre, Banbury, OX16 2PQ

www.banburymuseum.org/whats-on/events

Cost: £3 per Child

MAR
7 - 8

HANSEL & GRETEL

Oxford Playhouse, Times Vary

Northern Ballet's reimagined Hansel & Gretel follows the siblings as they wander the woods, unaware of the damage they leave behind. Lost, they meet spirited friends who teach them how to take better care for the planet.

Beaumont Street, Oxford, OX1 2LW

www.oxfordplayhouse.com/events/hansel-and-gretel

Cost: Adults £18, Children £16

Details are correct at time of printing but may change. Please check with the event host for prices, times and dates.



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Valentine's Day Craft

MACRAMÉ HEART



Celebrate Valentine's Day by crafting a beautiful macramé heart with your little ones! A fun, hands-on project to create a heartfelt decoration or gift together.

YOU WILL NEED:

- Heart shape frame (metal or wood, available from Hobbycraft)
- Macramé string, single twist type that unravels - in any colour & thickness
- Measuring tape
- Sharp scissors
- Comb or pet brush

TUTORIAL:

1. Cut a piece of string 20 cm long, fold it in half and place it on top of the frame
2. Fold the loop behind the frame, then pull the two strands through the loop.
3. Pull. You have made the Lark's Head Knot.
4. Repeat steps 1-3 with as many strings as you need to cover the frame

5. Brush the strings
6. Trim the fringe (adults only!) To make it easier, use a piece of card 3-4cm high.
7. Brush and trim again if necessary.
8. Take a long piece of string and tie a Lark's Head Knot in the middle of the heart. Tie a simple knot to create a loop to hang the heart.

NOTE: the fringe might flop down with time, especially if it's longer than 3 or 4cm. You can simply brush it to tidy up or you can use spray starch to stiffen it.



Craft courtesy of Isabella Strambio, the author of *Mindful Macramé*, a beautifully illustrated book that combines the art of macramé with the practice of mindfulness and includes 17 projects with breathing exercises and questions to reflect on. Published by Search Press on 10th January.

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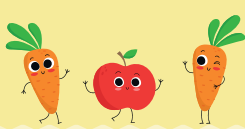
Whole School Open Event Saturday 22 March 2025



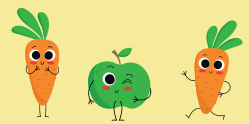
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CARROT OAT BARS



PREP: 5 MINUTES
COOK: 20 MINUTES
MAKES: 8-10 BARS

These are really simple and a great way to get some extra veg into your baby or toddler's diet.

INGREDIENTS

- Olive oil or butter, to grease
- ½ carrot, peeled & grated
- ½ small apple, peeled & grated
- 2 bananas, mashed
- 1 tbsp smooth, 100% almond butter
- 150g oats

COOKING INSTRUCTIONS

1. Preheat the oven to 200°C. Lightly grease a baking tray.
2. Add all the ingredients to a large bowl and mix together with your hands or a spoon.
3. Press the mixture into the greased baking tray.
4. Bake in the oven for 20 minutes.
5. Leave to cool before cutting into 8-10 bars.



Recipe by *Charlotte Stirling-Reed*, Sunday Times bestselling author of *How to Wean Your Baby*. Charlotte's new book, *The Ultimate Weaning & Toddler Cookbook*, has 100 recipes to make weaning easy and fun. Out 5th March.

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FOOD

HYPERSENSITIVITY

WHAT EVERY PARENT NEEDS TO KNOW ABOUT FOOD ALLERGIES & INTOLERANCES

by Dr. Uche Okorji-Obike



One of the joys of parenting is watching your little one grow and progress through different developmental stages. Among these milestones, introducing solid foods is a particularly exciting time for the whole family. It marks the beginning of your child joining the tradition of shared family meals. For many parents, it's a thrill to imagine their little one enjoying the same meals as they grow and the weaning process progresses.

As exciting as this stage can be, it's natural for parents to have questions or feel daunted, especially when introducing foods known to trigger reactions. These reactions fall under the umbrella term "food hypersensitivity." In this article, I will explore food hypersensitivity, its types, common triggers, symptoms, diagnosis, and common mistakes parents make. I'll also share tips for parents navigating this journey.

WHAT IS FOOD HYPERSENSITIVITY?

Food hypersensitivity refers to an abnormal reaction to food and can be classified into two main types:

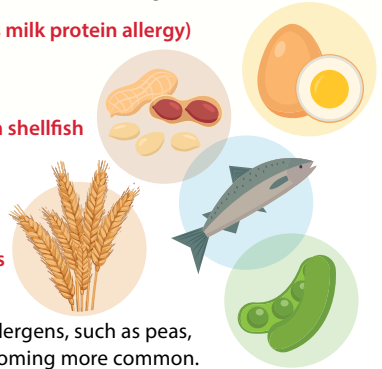
- Food Allergy
- Food Intolerance

While the terms "food allergy" and "food intolerance" are often used interchangeably, they are distinct. A food allergy involves the immune system reacting to a particular food. These reactions can range from mild to severe. Food intolerance, on the other hand, occurs when the body struggles to digest certain foods and does not involve the immune system.

COMMON FOOD ALLERGIES

The most common food allergies include:

- Milk (cow's milk protein allergy)
- Eggs
- Fish
- Crustacean shellfish
- Peanuts
- Tree nuts
- Wheat
- Soya beans
- Sesame



Emerging allergens, such as peas, are also becoming more common.

COMMON FOOD INTOLERANCES

- **Lactose intolerance:** Where the body cannot digest lactose sugar found in milk and dairy. This is the most prevalent form of food intolerance.
- **Gluten:** Found in wheat, rye, and barley
- **Salicylates:** Present in certain fruits, vegetables, herbs, and spices
- **Monosodium Glutamate (MSG):** Found in ripened fruits and cured meats
- **Histamine:** Found in cheese

Processed foods may also trigger intolerances, including additives like caffeine and sulphites, commonly found in drinks and preserved dried fruits.

IDENTIFYING FOOD HYPERSENSITIVITY

Recognising food hypersensitivity can be challenging as symptoms often overlap between allergies and intolerances. Here's a breakdown of common symptoms:

- **Food Allergy Symptoms:** Itchy skin, hives, tummy pain, diarrhoea, nausea or vomiting, dizziness, swelling of the lips, eyes, or face, wheezing, breathlessness, and sneezing.
- **Food Intolerance Symptoms:** Bloating, tummy pain, diarrhoea, and excessive gas.

A trained healthcare professional can distinguish between allergies and intolerances, ensuring your child receives the appropriate care.

DIAGNOSING FOOD HYPERSENSITIVITY

Diagnosis begins with a detailed history and physical examination by a healthcare professional. Depending on the findings, further tests may include:

- **For Food Allergies:** Skin-prick tests, blood tests, or a special elimination diet.
- **For Food Intolerances:** Breath tests (for lactose intolerance), blood tests, or an elimination diet.

Post-diagnosis, a multidisciplinary medical team may be required. This could include a paediatric dietitian, allergist, specialist nurse, or other experts to provide tailored support.

AVOIDING COMMON PITFALLS

Parents often make two key mistakes when dealing with suspected food hypersensitivity:

- **Self-Diagnosis:** It's natural to remove a food item you suspect is causing a reaction, but this may not always be in the child's best interest. A holistic, patient-centred approach is essential for accurate diagnosis and effective management.
- **Relying on Home Test Kits:** Allergy test kits can produce false positives or negatives, and interpreting results without professional guidance may harm the child. Trained professionals consider test results alongside medical history and observations for accurate conclusions.

*Dr. Okorji-Obike is a mother, scientist, and author specialising in inflammation, the underlying mechanism of allergies. Inspired by her daughter's experiences with eczema and allergies, she founded **Tots2Teens Allergies** to support families navigating food hypersensitivity. For more information on food allergies, you can find her book, **Thrive Allergy Free: Journey to a Life Unlimited by Food Allergies**, available on Amazon and in bookstores.*

To learn more about the C.L.E.A.R Framework, visit www.tots2teensallergies.com/clearframework.

Disclaimer: This article is for educational purposes only and is not intended as medical advice. If you suspect your child has a food hypersensitivity, please consult a healthcare professional for diagnosis and treatment.

Removing a suspected food allergen without proper diagnosis can deprive a child of essential nutrients. For example, misdiagnosing lactose intolerance as a milk allergy might lead to unnecessary dietary restrictions. In collaboration with a healthcare professional, parents can ensure their child receives all the nutrients needed for growth and development.

TREATMENT & MANAGEMENT

Treatment options depend on the type and severity of the hypersensitivity. For instance:

- **Allergies:** Cow's milk protein or egg allergies may require temporary elimination followed by reintroduction. Peanut allergies may benefit from oral immunotherapy, which can help desensitise children if they are eligible for this treatment.
- **Intolerances:** Lactose intolerance can be managed with lactose-free alternatives.

It's important to remember that treatment plans vary for each child and should be guided by a healthcare professional.

SUPPORTING DIAGNOSIS & MANAGEMENT

As a parent, you play a vital role in facilitating your child's diagnosis and management. Your observations and insights can greatly assist healthcare professionals in identifying triggers and crafting effective treatment plans.

To help parents navigate this journey, I've developed the C.L.E.A.R Framework:

1. **COMMUNICATION:** Open, clear communication with healthcare professionals is critical for accurate diagnosis and effective management. As parents spend the most time with their children, their observations are invaluable.
2. **LOGICAL APPROACH:** Be systematic in documenting and reporting your child's symptoms and reactions.
3. **EVIDENCE:** Keep a detailed record of your child's symptoms, triggers, and dietary changes.
4. **ACCOUNTABILITY:** Follow through on medical advice and ensure consistency in your approach.
5. **RESOLUTION:** Work collaboratively with healthcare providers to find solutions that support your child's well-being.

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VIP CLUB READER REVIEW: MYFIRST CAMERA 3



Written by **Sophie Healy**, Toddle About Subscriber

The MyFirst Camera 3 is a 16MP digital camera for kids, featuring a selfie lens, Full HD video recording, and a protective sleeve. Choose from Chill Giraffe, Cool Dinosaur, or Cute Kitten designs. Perfect for ages 5-13. £89 from uk.myfirst.tech.

If your little one loves grabbing your phone to take blurry photos, the myFirst Camera 3 is a perfect alternative to channel their creativity. Specifically designed for young kids, it fits smaller hands and features simple menu navigation.

We got this camera for our 5-year-old, who loves taking photos. He was thrilled to have his own camera. The silicone case keeps it safe, and the strap lets him wear it around his neck, reducing the worry of drops. He quickly learned to use the buttons and loved the large screen to view his photos and show them off. The selfie lens and the ability to take both photos and videos were big hits. The quality is

impressive for a child's camera.

We plan to get another one for our other child for Christmas since they both enjoy it so much! With three different designs and colours, there's something for everyone.

The myFirst Camera 3 is perfect for budding photographers, giving them independence without risking your own phone or camera. Its lenses allow detailed close-ups and long-distance shots. Be ready to be photographed often though - my son wants to take his camera everywhere with him!

5 stars from us!



Review has been edited.



Sophie and her son were given this product as a **freebie** for writing this review. Subscribe to Toddle About and you can do the same! Discover the products up for grabs right now at www.toddle.fun/vip-reviews



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Meltdowns VS Tantrums

HOW TO RECOGNISE AND HANDLE YOUR CHILD'S MELTDOWNS

by Laura Dumbleton-Jones



"I remember visiting playgroups with my son when he was little, no one spoke about their child kicking or breaking things. I felt like I was the only one, who felt on edge at the prospect of going on any outings, in case my child erupted over having the wrong type of bread for their sandwich. I felt embarrassed. I now know that many parents experience children having meltdowns and tantrums. You are not alone."
Laura, Kids' Coach and Trainer

Parenting is a rollercoaster ride filled with joy, frustration, and everything in between. One common challenge is dealing with meltdowns. This guide will help you understand the difference between tantrums and meltdowns with tips for calming both you and your child.

UNDERSTANDING MELTDOWNS vs TANTRUMS:

Tantrums: Tantrums are deliberate attempts by a child to get something they want or to avoid something they don't. They often involve crying or throwing themselves on the floor.

Meltdowns: Meltdowns are overwhelming sensory or emotional experiences that young children can't control. They might cry, scream, or lash out due to hunger, tiredness, frustration, or feeling unsafe.

The Key Difference: Meltdowns are involuntary reactions, while tantrums are attempts to control a situation. Recognising this can help you manage your expectations and choose the **most helpful response**.

SPOTTING THE SIGNS:

Meltdowns may seem sudden, and we often hear parents say, "It just came out of nowhere," but there are often warning signs. These can include:

Physical: Increased hunger, thirst, fatigue

Behavioural: Clinginess, withdrawal, irritability

By recognising these signs, you can help prevent meltdowns. Offer healthy snacks, establish routines, and create a calming environment.

CALMING A MELTDOWN:

When a meltdown happens there are lots of things you can do to help a child resolve them:

Show Calm: Children feed off the emotions of those around them, so not joining them in their emotional state can be really impactful. Take deep breaths which will help you to be the calm anchor that they need, and will also show your child how they can access calm.

Reassurance: Let your child know you are there for them and that they are safe. A hug or simply being present can help.

Create a Safe Space: If possible, remove distractions and find a quiet place for your child to access calm.

AFTER THE MELTDOWN:

Talk it Out: Once your child is calm, have a gentle conversation about what happened. Help them identify their triggers and highlight what helped them to access calm

REMEMBER:

Be Kind to Yourself: Parenting can be challenging at times. If you lose your cool, forgive yourself, be ok with saying sorry. Reflect on the situation so you can take a different approach next time.

Seek Help: If meltdowns are frequent or severe, there may be other reasons. For example a child might be neurodivergent e.g. autistic. You can call your GP for support as a first step.



Laura Dumbleton-Jones is the co-founder of **Happy Confident Kids**. For more tips and advice, and to learn about their Meltdown Masterclass, visit happyconfidentkids.com

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I joined Amy's Tummy Time classes over a month ago and they have been great! She is very knowledgeable and gives amazing support and advice.



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Kritika R

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Emma T

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Hannah B

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Hannah G

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Jennifer K

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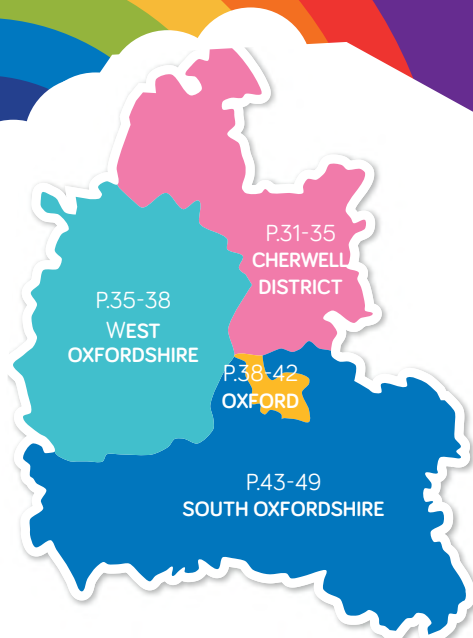
Deadline for entries is 31 March 2025. Winner will be drawn at random and notified by email by 4 April 2025. One prize available of an Individual + 1 membership for Hogshaw Farm & Wildlife Park (admits 1 child + 1 adult). No purchase necessary.



SCAN ME

Daily Activity Planner

Your local 'What's On Guide' for families with bumps - 5s in Oxfordshire.



CHERWELL DISTRICT AREA

MONDAY

MUSIC & SIGNING

Monkey Music Banbury and Bicester

Langford Village Community Hall, 8 Nightingale Place, Bicester, OX26 6XX.
01865 428420. www.monkeymusic.co.uk.

- **Jiggety-Jig:** 9:30 - 10:00.

Ages: 2 - 4 yrs.

Cost: £8.50 per session (*booking essential*).

- **Heigh-Ho:** 10:15 - 10:45.

Ages: 1 - 2 yrs.

Cost: £8.25 per session (*booking essential*).

- **Rock 'n' Roll:** 11:00 - 11:30.

Ages: 3 mths - 1 yrs.

Cost: £8 per session (*booking essential*).

Dates: 6 Jan - 31 Mar.

Sing and Sign Banbury, Bicester,

Brackley & Buckingham

Hanwell Fields Community Centre, Rotary Way, Banbury, OX16 1ER.

07771550335. www.singandsign.co.uk.

- **Stage 2:** 9:30 - 10:15.

Ages: 1 yrs 2 mths - 2 ½ yrs.

- **Stage 1:** 10:30 - 11:15 & 11:30 - 12:15.

Ages: 6 mths - 1 yrs 2 mths.

- **Babes:** 12:30 - 13:15.

Ages: 0 - 6 mths.

Cost: £8 per session (*booking essential*).

Dates: 13 Jan - 10 Feb & 24 Feb - 24 Mar.

PHYSICAL FUN

Tumble Tots North Cotswolds

Banbury Rugby Club, Bodicote Park, Oxford Road, Banbury, OX15 4AF.

07305097029. www.tumbletots.com.

- **Times:** 11:15 - 12:00. **Ages:** 2 yrs - 3 yrs 3 mths.

- **Times:** 12:45 - 13:30. **Ages:** 6 mths - 1 ½ yrs.

- **Times:** 13:45 - 14:30. **Ages:** 3 yrs - 4 yrs 11 mths.

Cost: £8.75 per session (*booking essential*).

Dates: 6 Jan - 10 Feb.

SWIMMING

Water Babies Bucks & Beds

Frank Wise School, Homebeam Close, Banbury, OX16 9RL.
01295 709221. www.waterbabies.co.uk.

- **Times:** 16:00 - 18:30. **Ages:** 0 - 5 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 6 Jan - 31 Mar.

HEALTH & WELLNESS

Pop up Pilates

St Clement Centre, Cross Street, Oxford, OX4 1DA.
07731 321991. www.pop-up-pilates.com.

- **Bumps to Babies, Physio-led Postnatal Pilates Class:**

9:30 - 10:30 & 10:45 - 11:30.

Ages: Pregnancy - 5 yrs.

Cost: £9.75 per session (*booking essential*).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

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TUESDAY

PARENTS & TOTS

Banbury Library

Marlborough Road, Banbury, OX16 5DB.
01295 262282. www.oxfordshire.gov.uk.
• **Rhymetime:** 10:00 - 10:30. **Ages:** 0 - 3 yrs.
Cost: Free (*drop in*).
Dates: 7 Jan - 1 Apr.

Ma Mites Mums & Tots Group

Middleton Cheney Village Hall, Main Road, Middleton Cheney, Banbury, OX17 2LT.
• **Times:** 9:30 - 11:00. **Ages:** 0 - 4 yrs.
Cost: £2 per session (*drop in*).
Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Tackley Baby and Toddler Group

Tackley Village Hall, Medcroft Road, Tackley, Kidlington, OX5 3AH.
07840 701934. www.tacklevillage.co.uk.
• **Times:** 9:30 - 11:30. **Ages:** 0 - 5 yrs.
Cost: £2 per session (*booking essential*).
Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

The Sunshine Centre

Edmunds Road, Banbury, OX16 0PJ. 01295 276769.
• **Soft Play w/Stories:** 10:00 - 11:00. **Ages:** 1 - 3 yrs.
• **Mini Movers:** 11:00 - 11:45. **Ages:** 3 - 4 yrs.
• **Sensory Baby:** 13:30 - 14:30. **Ages:** 0 - 1 yrs.
Cost: £2 per session (*booking essential*).
Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

MUSIC & SIGNING

Sing and Sign Banbury, Bicester,

Brackley & Buckingham

Whitelands Farm Sport Ground, Whitelands Way, Bicester, OX26 1AJ.
07771550335. www.singandsign.co.uk.
• **Stage 2:** 9:30 - 10:15. **Ages:** 1 yrs 2 mths - 2 ½ yrs.
• **Stage 1:** 10:30 - 11:15 & 11:30 - 12:15.
Ages: 6 mths - 1 yrs 2 mths.
• **Babes:** 12:30 - 13:15. **Ages:** 0 - 6 mths.
• **Stage 1:** 13:30 - 14:15. **Ages:** 6 mths - 1 yrs 2 mths.
Cost: £8 per session (*booking essential*).
Dates: 14 Jan - 11 Feb & 25 Feb - 25 Mar.

PHYSICAL FUN

Tumble Tots North Cotswolds

Banbury Rugby Club, Bodicote Park, Oxford Road, Banbury, OX15 4AF.
07305097029. www.tumbletots.com.
• **Times:** 10:15 - 11:00. **Ages:** 1 yrs - 2 yrs 3 mths.
Cost: £8.50 per session (*booking essential*).
Dates: 7 Jan - 11 Feb.

SWIMMING

Water Babies Bucks & Beds

Frank Wise School, Homebeam Close, Banbury, OX16 9RL.
01295 709221. www.waterbabies.co.uk.
• **Times:** 16:00 - 18:30. **Ages:** 0 - 5 yrs.
Cost: £19.50 per session (*booking essential*).
Dates: 7 Jan - 1 Apr.

Sibford School, The Hill, Banbury, OX15 5QL.
01295 709221. www.waterbabies.co.uk.
• **Times:** 10:15 - 11:15. **Ages:** 0 - 6 yrs.
Cost: £19.50 per session (*booking essential*).
Dates: 7 Jan - 1 Apr.

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DANCE & DRAMA

tiny toes ballet Northamptonshire & Oxfordshire

Kingsmere Community Centre, Whitelands Way, Bicester, OX26 1EG. 07368935544. www.tinytoesballet.co.uk.

- **Twinkle & Talent Toes: 10:30 - 11:10. Ages:** 1 - 4 yrs.

Cost: £8 per session (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

PHYSICAL FUN

Ride On Time

The Paddocks, Yarnton, OX5 1TE.

07789 887636. www.rideontimehire.com.

- **Times: 10:00 - 11:00. Ages:** 1 - 5 yrs.

Cost: £6.25 per session (*booking essential*).

Dates: 8 Jan - 2 Apr.

Tumble Tots North Cotswolds

Bletchingdon Village Hall, White Marsh Way, Bletchingdon, Kidlington, OX5 3FD.

07305097029. www.tumbletots.com.

- **Times: 10:00 - 10:45. Ages:** 1 yrs - 2 yrs 3 mths.

- **Times: 11:00 - 11:45. Ages:** 2 - 3 yrs.

- **Times: 12:00 - 12:45. Ages:** 3 yrs - 4 yrs 11 mths.

- **Times: 13:15 - 14:00. Ages:** 6 mths - 1 yrs 8 mths.

Cost: £8.50 per session (*booking essential*).

Dates: 8 Jan - 12 Feb.

HEALTH & WELLNESS

Pop up Pilates

St Clement Centre, Cross Street, Oxford, OX4 1DA.

07731 321991. www.pop-up-pilates.com.

- **Bumps to Babies, Physio-led Postnatal Pilates Class:**

10:30 - 11:30 & 11:45 - 12:45. **Ages:** Pregnancy - 5 yrs.

Cost: £9.75 per session (*booking essential*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

WEDNESDAY

PARENTS & TOTS

Middleton Cheney Library

Main Road, Middleton Cheney, Banbury, OX17 2PD.

0300 126 1000. www.northamptonshire.gov.uk.

- **Rhymetime: 10:30 - 11:00. Ages:** 0 - 4 yrs.

Cost: Free (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

MUSIC & SIGNING

Monkey Music Banbury and Bicester

West Bicester Community Centre, Shakespeare Drive, Bicester, OX26 2GJ.

01865 428420. www.monkeymusic.co.uk.

- **Rock'n'Roll: 10:15 - 10:45. Ages:** 2 - 3 yrs.

Cost: £8.50 per session (*booking essential*).

- **Jiggety-Jig: 11:00 - 11:30. Ages:** 3 mths - 1 yrs.

Cost: £9.25 per session (*booking essential*).

- **Heigh-Ho: 11:45 - 12:15. Ages:** 1 - 2 yrs.

Cost: £8.75 per session (*booking essential*).

Dates: 8 Jan - 2 Apr.

Sing and Sign Oxford

Kidlington Baptist Church, High Street, Kidlington, OX5 2DS.

07795 005832. www.singandsign.co.uk.

- **Stage 2: 9:45 - 10:30. Ages:** 1 yrs 1 mths - 1 yrs 9 mths.

Cost: £8 per session (*booking essential*).

- **Stage 1: 10:45 - 11:30. Ages:** 6 mths - 1 yrs 2 mths.

Cost: £8 per session (*booking essential*).

- **Babes: 11:45 - 12:25. Ages:** 1 - 6 mths.

Cost: £7 per session (*booking essential*).

Dates: 15 Jan - 26 Mar.

HEALTH & WELLNESS

Pop up Pilates

St Clement Centre, Cross Street, Oxford, OX4 1DA.

07731 321991. www.pop-up-pilates.com.

- **Pregnancy Pilates, Physio-led Antenatal Exercise**

Class evening: 18:30 - 19:15. Ages: Pregnancy.

Cost: £9.75 per session (*drop in*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

THURSDAY

PARENTS & TOTS

The Sunshine Centre

The Sunshine Centre, Edmunds Road, Banbury, OX16 0PJ.

- **Stay & Play: 10:00 - 11:00. Ages:** 0 - 4 yrs.

Cost: £2 per session (*booking essential*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

PHYSICAL FUN

Ride On Time

Chesterton Community Centre, Chesterton, Bicester, OX26 1BJ. 07789 887636. www.rideontimehire.com.

- **Times: 10:00 - 11:00. Ages:** 1 - 5 yrs.

Cost: £6.25 per session (*booking essential*).

Dates: 9 Jan - 3 Apr & 9 Jan - 3 Apr.

Longford Park Community Centre, Hobby Road, Banbury, OX15 4GJ. 07789 887636. www.rideontimehire.com.

- **Times: 10:00 - 11:00. Ages:** 1 - 5 yrs.

Cost: £6.25 per session (*booking essential*).

Dates: 23 Jan, 27 Feb & 27 Mar.

Are you running classes or events?

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HEALTH & WELLNESS

Pop up Pilates

Headington Quarry Pavilion, Margaret Park, Headington Quarry, Oxford, OX3 8HQ.

07731 321991. www.pop-up-pilates.com.

• **Bumps to Babies, Physio-led Postnatal Pilates Class:**

10:15 - 11:00. **Ages:** Pregnancy - 2 yrs.

Cost: £9.75 per session (*booking essential*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

FRIDAY

PARENTS & TOTS

Deddington Playgroup

Windmill Community Centre, Hempton Road, Deddington, Deddington, OX15 0QH.

• **Times:** 9:45 - 11:45. **Ages:** Pregnancy - 4 yrs.

Cost: £3.50 per session (*drop in*).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Sibford Tots and Babies

Sibford Village Hall, Sibford Gower, Banbury, OX15 5RW.
01295 788537. www.thissibfords.uk.

• **Times:** 9:30 - 11:30. **Ages:** 0 - 4 yrs.

Cost: £2 per session (*drop in*).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

The Sunshine Centre

Edmunds Road, Banbury, OX16 0PJ. 01295 276769.

• **Baby Massage:** 10:30 - 11:30. **Ages:** 0 - 1 ½ yrs.

Cost: £20 per session (*booking essential*).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

MUSIC & SINGING

Monkey Music Banbury and Bicester

Exeter Hall, Oxford Road, Kidlington, OX5 1AB.
01865 428420. www.monkeymusic.co.uk.

• **Heigh-Ho:** 9:15 - 9:45 & 10:00 - 10:30. **Ages:** 1 - 2 yrs.

Cost: £9.25 per session (*booking essential*).

• **Jiggly-Jig:** 10:45 - 11:15. **Ages:** 2 - 4 yrs.

Cost: £8.50 per session (*booking essential*).

• **Rock'n' Roll:** 11:30 - 12:00. **Ages:** 3 mths - 1 yrs.

Cost: £8.50 per session (*booking essential*).

Dates: 10 Jan - 4 Apr.

DANCE & DRAMA

tiny toes ballet Northamptonshire & Oxfordshire

Hanwell Fields Community Centre, Rotary Way, Banbury, OX16 1ER.

07368935544. www.tinytoesballet.co.uk.

• **Twinkle Toes:** 10:00 - 10:40. **Ages:** 1 yrs - 2 ½ yrs.

• **Talent Toes:** 10:50 - 11:30. **Ages:** 2 ½ yrs - 4 yrs.

Cost: £8 per session (*booking essential*).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

PHYSICAL FUN

Ride On Time

Chesterton Community Centre, Chesterton, Bicester, OX26 1BJ.

07789 887636. www.rideontimehire.com.

• **Times:** 10:00 - 11:00. **Ages:** 1 - 5 yrs.

Cost: £6.25 per session (*booking essential*).

Dates: 10 Jan, 24 Jan, 7 Feb, 21 Feb, 7 Mar, 21 Mar & 4 Apr.

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SWIMMING

Water Babies Bucks & Beds

Sibford School, The Hill, Banbury, OX15 5QL.
 01295 709221. www.waterbabies.co.uk.

- **Times:** 9:00 - 11:00. **Ages:** 0 - 6 yrs.
- Cost:** £19.50 per session (*booking essential*).
- Dates:** 10 Jan - 4 Apr.

SATURDAY

PARENTS & TOTS

Sibford School

Sibford School, Sibford Ferris, Banbury, OX15 5QL.
 01295 781200. www.sibfordschool.co.uk.

- **Whole School Open Morning - Saturday 22 March:**
 9:45 - 11:45. **Ages:** 3 - 18 yrs.
- Cost:** Free (*booking essential*).
- Dates:** 22 Mar.

PHYSICAL FUN

Rugbytots Banbury, Towcester &

Northampton

Hill View Primary School, Hill View Crescent, Banbury,
 OX16 1DN.

- 0345 313 0286. www.rugbytots.co.uk.
- **Free Tasters Available:** 8:30 - 9:00, 9:05 - 9:50, 9:55 - 10:25 & 10:30 - 11:15.
- Ages:** 2 yrs - 3 ½ yrs.
- Cost:** £7.50 per session (*booking essential*).
- Dates:** 11 Jan - 15 Feb.

SWIMMING

Oxford Swimming Academy

Sibford School, The Hill, Sibford Ferris, Sibford, OX15 5QL.
 07870 662483. www.oxfordswimmingacademy.co.uk.

- **Baby and Preschool Swimming Classes:** 14:15 - 16:15.
- Ages:** 10 mths - 13 yrs.
- Cost:** £11.50 per session (*booking essential*).
- Dates:** 11 Jan - 8 Feb & 1 Mar - 29 Mar.

SWIMMING

Water Babies Bucks & Beds

Frank Wise School, Homebeam Close, Banbury, OX16 9RL.
 01295 709221. www.waterbabies.co.uk.

- **Times:** 8:45 - 11:15. **Ages:** 0 - 5 yrs.
- Cost:** £19.50 per session (*booking essential*).
- Dates:** 11 Jan - 5 Apr.

SUNDAY

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Kingsmere Community Centre, Pioneer Way, Kingsmere,
 Bicester, OX26 1BF.

- 07741476678. www.rugbytots.co.uk.
- **Times:** 9:50 - 10:35 & 10:40 - 11:25. **Ages:** 2 - 7 yrs.
- Cost:** £8.25 per session (*booking essential*).
- Dates:** 12 Jan - 30 Mar.

SWIMMING

Water Babies Oxford

Bardwell School, Hendon Place, Sunderland Drive, Bicester,
 OX26 4RZ.

- 01869325499. www.waterbabies.co.uk.
- **Times:** 8:30 - 12:30. **Ages:** 1 mths - 6 yrs.
- Cost:** £19.50 per session (*booking essential*).
- Dates:** 12 Jan - 16 Feb & 2 Mar - 30 Mar.

WEST OXFORDSHIRE

MONDAY

PARENTS & TOTS

Carterton Family Centre

The Allandale, 8 Burford Road, Carterton, OX18 3AA.
 07880702068. www.cartertonfamilycentre.com.

- **Creative Play:** 11:00 - 12:00. **Ages:** 0 - 5 yrs.
- **Monday drop in:** 11:00 - 12:00. **Ages:** 0 - 5 yrs.
- Cost:** £2 per session (*drop in*).
- Dates:** 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Eynsham Library

30 Mill Street, Eynsham, OX29 4JS.
www.oxfordshire.gov.uk.

- **Rhymetime:** 14:00 - 14:30. **Ages:** 0 - 4 yrs.
- Cost:** Free (*drop in*).
- Dates:** 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Noah's Ark Toddler Group

Congregational Church, 4 Welch Way, Witney, OX28 6JF.
 01993 709992. www.witneycongregational.org.uk.

- **Times:** 10:00 - 11:30. **Ages:** 0 - 4 yrs.
- Cost:** £1 per session (*drop in*).
- Dates:** 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing



PHYSICAL FUN

Tumble Tots North Cotswolds

Madley Park Hall, Northfield Farm Lane, Witney, OX28 1UE.
07305 097029. www.tumbletotots.com.

- **Times:** 9:45 - 10:30. **Ages:** 1 yrs 3 mths - 2 yrs.
- **Times:** 10:45 - 11:30. **Ages:** 2 - 3 yrs.
- **Times:** 11:45 - 12:30. **Ages:** 6 mths - 1 ½ yrs.
- **Times:** 13:00 - 13:45. **Ages:** 3 - 4 yrs.

Cost: £8.50 per session (*booking essential*).

Dates: 6 Jan - 10 Feb.

SWIMMING

Water Babies Oxford

Witney Community Primary School, Hailey Road, Witney, OX28 1HL.

01869 325499. www.waterbabies.co.uk.

- **Times:** 10:00 - 12:00. **Ages:** 1 mths - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

TUESDAY

PARENTS & TOTS

Carterton Family Centre

The Allandale, 8 Burford Road, Carterton, OX18 3AA.
07880 702068. www.cartertonfamilycentre.com.

- **Baby Movers:** 13:00 - 14:00. **Ages:** 0 - 1 yrs.

Cost: £2 per session (*drop in*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Woodstock Library

The Oxfordshire Museum, Park Street, Fletchers House, Woodstock, OX20 1SN.

07759140531. www.oxfordshire.gov.uk.

- **Storytime:** 15:30 - 16:00. **Ages:** 0 - 10 yrs.

Cost: Free (*booking essential*).

Dates: 7 Jan - 1 Apr.

MUSIC & SIGNING

Carterton Library

6 Alvescot Road, Carterton, OX18 3JH.

01993 841492. www.oxfordshire.gov.uk.

- **Rhymetime:** 10:30 - 11:00. **Ages:** 0 - 4 yrs.
- **Stay and Play:** 15:30 - 16:30. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Monkey Music Banbury and Bicester

Burwell Hall, 357 Thorney Leys, Witney, OX28 5NP.

01865 428420. www.monkeymusic.co.uk.

- **Heigh-Ho:** 10:00 - 10:30. **Ages:** 1 - 2 yrs.
- **Jiggety-Jig:** 10:45 - 11:15. **Ages:** 2 - 4 yrs.
- **Rock 'n' Roll:** 11:30 - 12:00. **Ages:** 3 mths - 1 yrs.

Cost: £8.50 per session (*booking essential*).

Dates: 7 Jan - 1 Apr.

SWIMMING

Water Babies Oxford

Witney Community Primary School, Hailey Road, Witney, OX28 1HL.

01869 325499. www.waterbabies.co.uk.

- **Times:** 10:00 - 11:30. **Ages:** 1 mths - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

WEDNESDAY

PARENTS & TOTS

Bladon Baby and Toddler Group

Church Room (Nxt to Bladon Church), Church Street, Bladon, OX20 1RS.

01993 812651.

- **Times:** 9:45 - 11:30. **Ages:** 0 - 3 yrs.

Cost: £1 per session (*drop in*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Carterton Family Centre

The Allandale, 8 Burford Road, Carterton, OX18 3AA.

07880702068. www.cartertonfamilycentre.com.

- **Wednesday drop in:** 9:00 - 12:00. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*drop in*).

- **Wednesday Lunch Club:** 12:00 - 12:45.

Cost: Free (*drop in*).

- **Rhyme time:** 12:45 - 13:45. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*drop in*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Woodstock Library

The Oxfordshire Museum, Park Street, Fletchers House, Woodstock, OX20 1SN.

07759140531. www.oxfordshire.gov.uk.

- **Rhymetime:** 12:00 - 12:30. **Ages:** 0 - 5 yrs.

Cost: Free (*booking essential*).

Dates: 8 Jan - 2 Apr.

MUSIC & SIGNING

Monkey Music Banbury and Bicester

Glyme Hall, Burford Road, Chipping Norton, OX7 5DZ.

01865 428420. www.monkeymusic.co.uk.

- **Heigh-Ho:** 9:30 - 10:00. **Ages:** 1 - 2 yrs.

Cost: £8.25 per session (*booking essential*).

- **Jiggety-Jig:** 10:15 - 10:45. **Ages:** 2 - 4 yrs.

Cost: £8.25 per session (*booking essential*).

- **Rock 'n' Roll:** 11:00 - 11:30. **Ages:** 3 mths - 1 yrs.

Cost: £8 per session (*booking essential*).

Dates: 8 Jan - 2 Apr.

CREATIVE

Finstock Toddler group

Finstock Village Hall, 3 Finstock Heath, Chipping Norton, OX7 3BU.

- **Stay and Play:** 10:00 - 11:30. **Ages:** 4 mths - 4 yrs.

Cost: £3 per session (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

SWIMMING

Water Babies Oxford

Witney Community Primary School, Hailey Road, Witney, OX28 1HL.

01869 325499. www.waterbabies.co.uk.

• **Times:** 10:00 - 12:00. **Ages:** 1 mths - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

PREGNANCY

Birth Baby Balance

The Yoga Room, Bridge Street Mill, Witney, OX28 1YH.

07909 545484. www.birthbabybalance.co.uk.

• **Comprehensive Antenatal Course:** 19:00 - 21:30.

Ages: Pregnancy.

Cost: £42.14 per course (*booking essential*).

Dates: 22 Jan - 26 Feb & 12 Mar - 2 Apr.

THURSDAY

PARENTS & TOTS

Carterton Family Centre

The Allandale, 8 Burford Road, Carterton, OX18 3AA.

07880702068. www.cartertonfamilycentre.com.

• **Thursday drop in:** 9:30 - 12:30. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*drop in*).

• **Thursday Lunch Club:** 12:00 - 12:45.

Cost: Free (*drop in*).

• **Storytime:** 12:45 - 13:45. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*drop in*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

MUSIC & SIGNING

Monkey Music Banbury and Bicester

St Hugh's Church Centre, Hensington Road, Woodstock, OX20 1JL.

01865 428420. www.monkeymusic.co.uk.

• **Monkey Music Heigh-Ho:** 9:15 - 9:45. **Ages:** 1 - 2 yrs.

• **Monkey Music Jiggety-Jig:** 10:00 - 10:30. **Ages:** 2 - 4 yrs.

• **Monkey Music Rock n Roll:** 10:45 - 11:15.

Ages: 3 mths - 1 yrs.

Cost: £8.75 per session (*booking essential*).

Dates: 9 Jan - 3 Apr.

Sing and Sign Oxford

High Street Methodist Church, High, Witney, OX28 6HG.

07795 005832. www.singandsign.co.uk.

• **Stage 2:** 10:45 - 11:25. **Ages:** 1 yrs 1 mths - 1 yrs 9 mths.

Cost: £8.50 per session (*booking essential*).

• **Babes:** 11:45 - 12:25. **Ages:** 1 - 6 mths.

Cost: £7 per session (*booking essential*).

• **Stage 1:** 11:45 - 12:25. **Ages:** 6 mths - 1 yrs 2 mths.

Cost: £8.50 per session (*booking essential*).

• **Stage 2:** 10:45 - 11:30. **Ages:** 1 yrs 1 mths - 1 yrs 9 mths.

• **Stage 1:** 10:45 - 11:30. **Ages:** 6 mths - 1 yrs 2 mths.

Cost: £8 per session (*booking essential*).

Dates: 16 Jan - 27 Mar.

SENSORY & DEVELOPMENT

Baby Sensory (Wantage)

Carterton Community Centre, Marigold Square, Shilton Park, Carterton, OX18 1AX.

07717 757007. www.babysensory.com.

• **Times:** 9:30 - 10:30. **Ages:** 7 mths - 1 yrs 1 mths.

Cost: £8 per session (*booking essential*).

• **Times:** 11:00 - 12:00. **Ages:** 0 - 6 mths.

Cost: £9 per session (*booking essential*).

• **Times:** 12:30 - 13:30 & 14:00 - 15:00.

Ages: 0 - 1 yrs 1 mths.

Cost: £8 per session (*booking essential*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

SWIMMING

Water Babies Oxford

Witney Community Primary School, Hailey Road, Witney, OX28 1HL.

01869 325499. www.waterbabies.co.uk.

• **Times:** 10:00 - 11:30. **Ages:** 1 mths - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

FRIDAY

PARENTS & TOTS

Busy Bees Baby & Toddler Group

Eynsham Baptist Church Hall, Lombard Street, Eynsham, Witney, OX29 4HT.

07732305809.

• **Times:** 9:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*drop in*).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Carterton Family Centre

The Allandale, 8 Burford Road, Carterton, OX18 3AA.

07880 702068. www.cartertonfamilycentre.com.

• **Bump to babies:** 9:30 - 11:30. **Ages:** Pregnancy - 6 mths.

Cost: £2 per session (*drop in*).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Minster Lovell Baby and Toddler Group

The Village Hall, Brize Norton Road, Minster Lovell, Witney, OX29 0SP.

07917 768122.

• **Times:** 10:00 - 11:30. **Ages:** Pregnancy - 4 yrs.

Cost: £2.50 per session (*drop in*).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Stonesfield Baby & Toddler Group

Stonesfield Village Hall, Field Close, Stonesfield, OX29 8EF.

01993 898212.

• **Times:** 10:00 - 11:30. **Ages:** Pregnancy - 5 yrs.

Cost: £3 per session (*drop in*).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Woodstock Library

The Oxfordshire Museum, Park Street, Fletchers House, Woodstock, OX20 1SN.

07759140531. www.oxfordshire.gov.uk.

• **Rhymetime:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 10 Jan - 4 Apr.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

MUSIC & SIGNING

Sing and Sign Oxford

High Street Methodist Church, High, Witney, OX28 6HG.
07795 005832. www.singandsign.co.uk.

- **Stage 2:** 10:00 - 10:45. **Ages:** 1 yrs 1 mths - 1 yrs 9 mths.
- **Stage 1:** 11:00 - 11:45. **Ages:** 6 mths - 1 yrs 2 mths.

Cost: £8 per session (*booking essential*).

Dates: 17 Jan - 28 Mar.

SENSORY & DEVELOPMENT

Baby Sensory (Wantage)

Carterton Community Centre, Marigold Square, Shilton Park, Carterton, OX18 1AX.

07717 757007. www.babysensory.com.

- **Times:** 11:00 - 12:00. **Ages:** 0 - 6 mths.

Cost: £9 per session (*booking essential*).

Dates: 10 Jan - 14 Feb.

Glo-Babies

Banbury Museum, Spiceball Park Road, Banbury, OX16 2PQ.
07956355729. www.glo-group.co.uk.

- **Times:** 10:30 - 11:10. **Ages:** 0 - 3 yrs.

Cost: £7 per session (*booking essential*).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

PHYSICAL FUN

Ride On Time

Madley Park Hall, Northfield Farm Lane, Witney, OX28 1UE.
07789 887636. www.rideontimehire.com.

- **Times:** 10:00 - 11:00. **Ages:** 1 - 5 yrs.

Cost: £6.25 per session (*booking essential*).

Dates: 10 Jan, 24 Jan, 7 Feb, 21 Feb, 7 Mar, 21 Mar & 4 Apr.

Tumble Tots North Cotswolds

Burwell Hall, Thorney Leys, Witney, OX28 5NP.
07305097029. www.tumbletots.com.

- **Times:** 9:45 - 10:30. **Ages:** 3 yrs - 4 yrs 11 mths.

- **Times:** 10:45 - 11:30. **Ages:** 2 - 3 yrs.

- **Times:** 11:45 - 12:30. **Ages:** 1 yrs 3 mths - 2 yrs.

Cost: £8.50 per session (*booking essential*).

Dates: 10 Jan - 14 Feb.

SATURDAY

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Marlbrough School, Shipton Road, Woodstock, OX20 1LP.
07741476678. www.rugbytots.co.uk.

- **Times:** 9:15 - 10:00 & 10:05 - 10:50. **Ages:** 2 - 7 yrs.

Cost: £8.25 per session (*booking essential*).

Dates: 11 Jan - 29 Mar.

SWIMMING

Water Babies Oxford

Witney Community Primary School, Hailey Road, Witney, OX28 1HL.

01869325499. www.waterbabies.co.uk.

- **Times:** 8:30 - 13:00. **Ages:** 1 mths - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 11 Jan - 15 Feb & 1 Mar - 5 Apr.

SUNDAY

PHYSICAL FUN

Rugbytots - South & West Oxfordshire

Cokethorpe School, Witney, OX29 7PU.

07900986137. www.rugbytots.co.uk.

- **Times:** 8:50 - 9:20 & 9:30 - 10:00. **Ages:** 2 yrs - 3 ½ yrs.

- **Times:** 10:10 - 10:55. **Ages:** 3 ½ yrs - 5 yrs.

Cost: £9 per session (*booking essential*).

Dates: 12 Jan - 30 Mar.

SWIMMING

Water Babies Oxford

Witney Community Primary School, Hailey Road, Witney, OX28 1HL.

01869325499. www.waterbabies.co.uk.

- **Times:** 8:30 - 14:00. **Ages:** 1 mths - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 12 Jan - 16 Feb & 2 Mar - 30 Mar.

OXFORD CITY AREA

MONDAY

PARENTS & TOTS

Botley Bridges

Botley School, Elms Road, Oxford, OX2 9JZ.

07498 563636. www.botleybridges.org.

- **Stay & Play:** 9:00 - 11:00. **Ages:** 0 - 5 yrs.

Cost: £3 per session (*drop in*).

Dates: 6 Jan - 31 Mar.

Donnington Doorstep Family Centre

Townsend Square, Oxford, OX4 4BB.

01865 727721. www.donnington-doorstep.org.uk.

- **Family Drop In:** 9:30 - 14:30. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 6 Jan - 31 Mar.

Oxford County Library

Queen Street, Oxford, OX1 1DJ.

01865 815509. www.oxfordshire.gov.uk.

- **Rhymetime:** 11:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: Free (*drop in*).

Dates: 6 Jan - 31 Mar.

MUSIC & SIGNING

Monkey Music Oxford

NOA Community Centre, Diamond Place, Summertown, Oxford, OX2 7DP. 01235 519806. www.monkeymusic.co.uk.

- **Times:** 10:00 - 10:30. **Ages:** 2 - 3 yrs.

- **Times:** 10:45 - 11:15. **Ages:** 1 - 2 yrs.

- **Times:** 11:30 - 12:00. **Ages:** 3 mths - 1 yrs.

Cost: £9 per session (*booking essential*).

Dates: 6 Jan - 10 Feb & 24 Feb - 24 Mar.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

SENSORY & DEVELOPMENT

Baby College Oxford

The Old Schoolhouse, Magdalen Road Church, Hertford Street, Oxford, OX4 3AJ.

01865 421879. www.babycollege.co.uk.

- **Toddler Class:** 10:45 - 11:30. **Ages:** 9 mths - 1 ½ yrs.
- **Infant Class:** 11:45 - 12:30. **Ages:** 0 - 9 mths.

Cost: £9 per session (*booking essential*).

• **Baby Massage Course:** 13:00 - 14:00. **Ages:** 0 - 6 mths.

Cost: £12 per session (*booking essential*).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Oxford Brookes BabyLab

Oxford Brookes University BabyLab, Psychology Department, Gipsy Lane, Oxford, OX3 0BP.

01865 483676. www.babylab.brookes.ac.uk.

• **Oxford Brookes BabyLab Studies:** 7:00 - 18:30.

Ages: Pregnancy - 6 yrs.

Cost: Free (*booking essential*).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

SWIMMING

Water Babies Oxford

Leonardo Royal Oxford, Godstow Road, Oxford, OX2 8AL.

01869 325499. www.waterbabies.co.uk.

• **Times:** 10:30 - 13:30. **Ages:** 1 mths - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 6 Jan - 31 Mar.

TUESDAY

PARENTS & TOTS

Donnington Doorstep Family Centre

Townsend Square, Oxford, OX4 4BB.

01865 727721. www.donnington-doorstep.org.uk.

• **Family Drop In:** 9:30 - 15:30. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 7 Jan - 25 Mar.

St Michael's Baby & Toddler Group

St Michael & All Angels Church, Lonsdale Road, Summertown, Oxford, OX2 7ES.

www.stmichaels-summertown.org.uk.

• **Times:** 10:00 - 12:00. **Ages:** 0 - 4 yrs.

Cost: Free (*drop in*).

Dates: 7 Jan - 1 Apr.

Sunflowers Groups

The Comfort Trust, c/o Old Schoolhouse, Hertford Street, Oxford, OX4 3AJ.

• **Baby and Toddler Drop-in:** 10:00 - 12:00. **Ages:** 0 - 4 yrs.

Cost: £2 per session (*drop in*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Sunnymead Minnows

Cuttleslowe Community Centre, 31 Wren Road, Cuttleslowe, Oxford, OX2 7SX.

07725 804458. www.facebook.com.

• **Rhyme Time:** 9:15 - 10:00. **Ages:** 0 - 4 yrs.

Cost: Free (*drop in*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

MUSIC & SIGNING

Monkey Music Oxford

Woodstock Road Baptist Church, 198 Woodstock Road, Oxford, OX2 7NQ.

01235 519806. www.monkeymusic.co.uk.

• **Heigh-Ho:** 10:00 - 10:30. **Ages:** 1 - 2 yrs.

• **Jiggety-Jig:** 10:45 - 11:15. **Ages:** 2 - 3 yrs.

• **Rock'n'Roll:** 11:30 - 12:00. **Ages:** 3 mths - 1 yrs.

• **Ding-Dong:** 12:10 - 12:50. **Ages:** 3 yrs - 4 ½ yrs.

Cost: £9 per session (*booking essential*).

Dates: 7 Jan - 11 Feb & 25 Feb - 25 Mar.

Sing and Sign Oxford

North Oxford Association, Diamond Place, Summertown, Oxford, OX2 7DP.

07795 005832. www.singandsign.co.uk.

• **Stage 2:** 9:45 - 10:30.

Ages: 1 yrs 1 mths - 1 yrs 9 mths.

Cost: £8 per session (*booking essential*).

• **Stage 1:** 10:45 - 11:30.

Ages: 6 mths - 1 yrs 2 mths.

Cost: £8 per session (*booking essential*).

• **Babes:** 11:45 - 12:25.

Ages: 1 - 6 mths.

Cost: £7 per session (*booking essential*).

Dates: 14 Jan - 25 Mar.

SENSORY & DEVELOPMENT

Oxford Brookes BabyLab

Oxford Brookes University BabyLab, Psychology Department, Gipsy Lane, Oxford, OX3 0BP.

01865 483676. www.babylab.brookes.ac.uk.

• **Oxford Brookes BabyLab Studies:** 7:00 - 18:30.

Ages: Pregnancy - 6 yrs.

Cost: Free (*booking essential*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

The Discovery Den

The Silver Band Hall, Sher Afzal Close, Temple Road, Oxford, OX4 2FA.

07771 850760. www.thediscoveryden.co.uk.

• **Birth - First Steps:** 10:20 - 11:10.

• **Babies: Non-Movers:** 11:30 - 12:20.

• **Babies: Birth - First Steps:** 12:40 - 13:30.

Cost: £8.50 per session (*booking essential*).

Dates: 7 Jan - 11 Feb.



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SWIMMING

Water Babies Oxford

Leonardo Royal Oxford, Godstow Road, Oxford, OX2 8AL.
01869 325499. www.waterbabies.co.uk.

- **Times:** 10:00 - 12:00. **Ages:** 1 mths - 6 yrs.
- Cost:** £19.50 per session (*booking essential*).
- Dates:** 7 Jan - 1 Apr.

The Oxfordshire Health And Racquets Club, Nuffield Health, 269c Woodstock Road, Oxford, OX2 7NZ.
01869 325499. www.waterbabies.co.uk.

- **Times:** 10:30 - 12:00. **Ages:** 3 mths - 6 yrs.
- Cost:** £19.50 per session (*booking essential*).
- Dates:** 7 Jan - 11 Feb & 25 Feb - 1 Apr.

WEDNESDAY

PARENTS & TOTS

Cowley Library

Temple Road, Cowley, Oxford, OX4 2EZ.
01865 770403. www.oxfordshire.gov.uk.

- **Rhymetime & Playtime:** 10:30 - 11:00. **Ages:** 0 - 4 yrs.
- Cost:** Free (*drop in*).
- Dates:** 8 Jan - 2 Apr.

Donnington Doorstep Family Centre

Townsend Square, Oxford, OX4 4BB.
01865 727721. www.donnington-doorstep.org.uk.

- **Family Drop In:** 9:30 - 14:30. **Ages:** 0 - 5 yrs.
- Cost:** Free (*drop in*).
- Dates:** 8 Jan - 26 Mar.

Oxford County Library

Queen Street, Oxford, OX1 1DJ.
01865 815509. www.oxfordshire.gov.uk.

- **Rhymetime:** 11:00 - 11:30. **Ages:** 0 - 4 yrs.
- Cost:** Free (*drop in*).
- Dates:** 8 Jan - 2 Apr.

Rainbow House Cafe and Play

Wesley Memorial Methodist Church, New Inn Hall Street, Oxford, OX1 2DH.

- 01865 243216. www.wesleymem.org.uk.
- **Times:** 10:30 - 14:00. **Ages:** 0 - 4 yrs.
- Cost:** Free (*drop in*).
- Dates:** 8 Jan - 12 Feb & 26 Feb - 2 Apr.

PARENTS & TOTS

St. Ebbe's Church

Penny Farthing Place, Oxford, OX1 1QF. www.stebbes.org.

- **The Ark:** 10:00 - 11:30. **Ages:** 0 - 4 yrs.
- Cost:** £1 per session (*booking essential*).
- Dates:** 15 Jan - 12 Feb & 26 Feb - 2 Apr.

Sunnymead Minnows

Cutteslowe Community Centre, 31 Wren Road, Cutteslowe, Oxford, OX2 7SX. 07725 804458.

- **The Baby Hub:** 10:00 - 11:30. **Ages:** Pregnancy - 1 yrs.
- Cost:** Free (*drop in*).
- Dates:** 8 Jan - 12 Feb & 26 Feb - 2 Apr.

MUSIC & SIGNING

Monkey Music Oxford

The Coach House, Quarry Road, Headington, OX3 8NU.
01235 519806. www.monkeymusic.co.uk.

- **Times:** 10:00 - 10:30. **Ages:** 1 - 2 yrs.
- **Times:** 10:45 - 11:15. **Ages:** 2 - 3 yrs.
- **Times:** 11:30 - 12:00. **Ages:** 3 mths - 1 yrs.
- Cost:** £9 per session (*booking essential*).
- Dates:** 8 Jan - 12 Feb & 26 Feb - 26 Mar.

Music with Natalia

Evangelische Kirche, 15A Lathbury Road, Oxford, OX2 7AT.

- **Music at home (babies):** 10:20 - 11:00.
- Ages:** 0 - 1 yrs 8 mths.
- **Music at home (toddlers):** 11:20 - 12:00.
- Ages:** 1 ½ yrs - 3 ½ yrs.
- **Musical Waiting:** 12:20 - 13:10. **Ages:** Pregnancy.
- Cost:** £10 per session (*drop in*).
- Dates:** 8 Jan - 12 Feb & 26 Feb - 2 Apr.

SENSORY & DEVELOPMENT

Oxford Brookes BabyLab

Oxford Brookes University BabyLab, Psychology Department, Gipsy Lane, Oxford, OX3 0BP.

- 01865 483676. www.babylab.brookes.ac.uk.
- **Oxford Brookes BabyLab Studies:** 7:00 - 18:30.
- Ages:** Pregnancy - 6 yrs.
- Cost:** Free (*booking essential*).
- Dates:** 8 Jan - 12 Feb & 26 Feb - 2 Apr.

THURSDAY

PARENTS & TOTS

Rainbow House Cafe and Play

Wesley Memorial Methodist Church, New Inn Hall Street, Oxford, OX1 2DH. 01865 243216. www.wesleymem.org.uk.

- **Times:** 10:30 - 14:00. **Ages:** 0 - 4 yrs.
- Cost:** Free (*drop in*).
- Dates:** 9 Jan - 13 Feb & 27 Feb - 3 Apr.

St Clements Church Baby and Toddler

Group

St Clement's Centre, Cross Street, Oxford, OX4 1DA.
01865 246674. www.stclements.org.uk.

- **Times:** 9:30 - 11:30. **Ages:** 0 - 4 yrs.
- Cost:** £1 per session (*drop in*).
- Dates:** 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

PARENTS & TOTS

Sunnymead Minnows

Cuttleslowe Community Centre, 31 Wren Road, Cuttleslowe, Oxford, OX2 7SX.

07725 804458.

• **Stay and Play:** 10:00 - 12:00. **Ages:** 0 - 4 yrs.

Cost: Free (drop in).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

MUSIC & SIGNING

Family Choir Club

The Old Schoolhouse, Hertford Street, Oxford, OX4 3AJ.

07540113340. www.familychoirclub.co.uk.

• **Mums & Dads Choir:** 13:30 - 14:30.

Ages: Pregnancy - 2 ½ yrs.

Cost: £8 per session (booking essential).

Dates: 9 Jan - 13 Feb, 27 Feb - 3 Apr.

• **Tots Choir:** 15:00 - 15:45.

Ages: 1 ½ yrs - 5 yrs.

Cost: £7.80 per session (booking essential).

Dates: 9 Jan - 3 Apr.

SENSORY & DEVELOPMENT

Baby College Oxford

All Saints Church House, 39-41 New High Street, Headington, Oxford, OX3 7AL.

01865 421879. www.babycollege.co.uk.

• **Junior Class:** 9:45 - 10:30. **Ages:** 1 ½ yrs - 3 yrs.

• **Toddler Class:** 10:45 - 11:30. **Ages:** 9 mths - 1 ½ yrs.

• **Infant Class:** 11:45 - 12:30. **Ages:** 0 - 9 mths.

Cost: £9 per session (booking essential).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Oxford Brookes BabyLab

Oxford Brookes University Babylab, Psychology Department, Gipsy Lane, Oxford, OX3 0BP.

01865 483676. www.babylab.brookes.ac.uk.

• **Oxford Brookes Babylab Studies:** 7:00 - 18:30.

Ages: Pregnancy - 6 yrs.

Cost: Free (booking essential).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

SWIMMING

Water Babies Oxford

Leonardo Royal Oxford, Godstow Road, Oxford, OX2 8AL. 01869 325499. www.waterbabies.co.uk.

• **Times:** 10:00 - 12:30. **Ages:** 1 mths - 6 yrs.

Cost: £19.50 per session (booking essential).

Dates: 9 Jan - 3 Apr.

The Oxfordshire Health And Racquets Club, Nuffield Health, 269c Woodstock Road, Oxford, OX2 7NZ.

01869 325499. www.waterbabies.co.uk.

• **Times:** 10:30 - 12:00. **Ages:** 3 mths - 6 yrs.

Cost: £19.50 per session (booking essential).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

FRIDAY

PARENTS & TOTS

Cowley Library

Temple Road, Cowley, Oxford, OX4 2EZ.

01865 770403. www.oxfordshire.gov.uk.

• **Rhymetime & Playtime:** 10:00 - 10:30. **Ages:** 0 - 4 yrs.

Cost: Free (drop in).

Dates: 10 Jan - 4 Apr.

Oxford County Library

Queen Street, Oxford, OX1 1DJ.

01865 815509. www.oxfordshire.gov.uk.

• **Rhymetime:** 11:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: Free (drop in).

Dates: 10 Jan - 4 Apr.

Rainbow House Cafe and Play

Wesley Memorial Methodist Church, New Inn Hall Street, Oxford, OX1 2DH.

01865 243216. www.wesleymem.org.uk.

• **Times:** 10:30 - 14:00. **Ages:** 0 - 4 yrs.

Cost: Free (drop in).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Sunnymead Minnows

Cuttleslowe Pavilion, Cuttleslowe Park, Oxford, OX2 8ES.

• **Messy Minnows:** 10:00 - 12:00. **Ages:** 0 - 4 yrs.

Cost: Free (drop in).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

SENSORY & DEVELOPMENT

Baby College Oxford

The Old Schoolhouse, Magdalen Road Church, Hertford Street, Oxford, OX4 3AJ.

01865 421879. www.babycollege.co.uk.

• **Junior Class:** 9:45 - 10:30. **Ages:** 1 ½ yrs - 3 yrs.

Cost: £9 per session (booking essential).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Oxford Brookes BabyLab

Oxford Brookes University Babylab, Psychology Department, Gipsy Lane, Oxford, OX3 0BP.

01865 483676. www.babylab.brookes.ac.uk.

• **Oxford Brookes Babylab Studies:** 7:00 - 18:30.

Ages: Pregnancy - 6 yrs.

Cost: Free (booking essential).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.



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SATURDAY

PARENTS & TOTS

Oxford County Library

Queen Street, Oxford, OX1 1DJ.
01865 815509. www.oxfordshire.gov.uk.
• **Storytime:** 14:30 - 15:30. **Ages:** 0 - 5 yrs.
Cost: Free (drop in).
Dates: 11 Jan - 5 Apr.

Sunflowers Groups

The Comfort Trust, c/o Old Schoolhouse, Hertford Street,
Oxford, OX4 3AJ.
• **1st Saturday:** 10:00 - 12:00. **Ages:** 0 - 4 yrs.
Cost: £2 per session (drop in).
Dates: 1 Feb & 1 Mar.

MUSIC & SIGNING

Music with Natalia

The Community Works, 21 Park End Street., Oxford,
OX1 1 HU.
07933196458.
• **Family Music Story:** 11:00 - 12:00.
Ages: 3 - 11 yrs.
Cost: £10 per session (drop in).
Dates: 11 Jan - 8 Feb & 1 Mar - 29 Mar.

SENSORY & DEVELOPMENT

Oxford Brookes BabyLab

Oxford Brookes University BabyLab, Psychology Department,
Gipsy Lane, Oxford, OX3 0BP.
01865 483676. www.babylab.brookes.ac.uk.
• **Oxford Brookes BabyLab Studies:** 7:00 - 18:30.
Ages: Pregnancy - 6 yrs.
Cost: Free (booking essential).
Dates: 11 Jan - 15 Feb & 1 Mar - 5 Apr.

DANCE & DRAMA

Debutots Oxford and Surroundings

Cherwell Drama Studio, The Cherwell School, Marston Ferry
Road, Oxford, OX2 7EE. 01235 251510. www.debutots.co.uk.
• **Family Story Play:** 10:00 - 10:50. **Ages:** 1 - 5 yrs.
Cost: £10 per session (booking essential).
Dates: 11 Jan - 8 Feb & 1 Mar - 29 Mar.

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Wheatley Primary School, Littleworth Road, Wheatley,
Oxford, OX33 1NN. 07741476678. www.rugbytots.co.uk.
• **Times:** 9:00 - 9:30, 9:40 - 10:25 & 10:35 - 11:20.
Ages: 2 - 7 yrs.
Cost: £8.25 per session (booking essential).
Dates: 11 Jan - 29 Mar.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

SOUTH OXFORDSHIRE AREA

MONDAY

PARENTS & TOTS

Abbey Toddlers

Abbey Baptist Church, Checker Walk, Abingdon, OX14 3JB.
01235 797948. www.abbey-baptist-church.org.uk.

• **Times:** 10:00 - 12:00. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 6 Jan - 10 Feb & 3 Mar - 31 Mar.

Abingdon Carousel Family Centre

Caldecott Chase, Abingdon, OX14 5GZ.
01235 526691. www.abingdoncarousel.org.uk.

• **Babies (Non Movers):** 9:30 - 11:00. **Ages:** 0 - 9 mths.

Cost: £2 per session (*drop in*).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Chinnor Library

Station Road, Chinnor, OX39 4PU. 01844 351721.

• **Rhyme Time:** 11:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: Free (*drop in*). **Dates:** 6 Jan, 3 Feb & 3 Mar.



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- ✓ Afternoon tea and grazing boxes
- ✓ Sweet cart
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Facebook/Instagram: @bizzybeespartyhire

PARENTS & TOTS

First Steps Chalgrove and Watlington

Family Hub

High Street, Chalgrove, OX44 7ST.
01865 400234. www.firststepshub.org.uk.

• **Messy Mondays:** 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*booking essential*).

Dates: 6 Jan - 31 Mar.

Henley Library

Ravenscroft Road, Henley-on-Thames, RG9 2DH.
01865 815278. www.oxfordshire.gov.uk.

• **Rhymetime:** 9:30 - 10:00. **Ages:** 0 - 4 yrs.

Cost: Free (*drop in*). **Dates:** 6 Jan - 31 Mar.

St Helen's Baby and Toddler Group

St Helen's Church Centre, off West St Helen's St, Abingdon, OX14 5BS. 01235 521039.

• **Times:** 9:30 - 10:45. **Ages:** 0 - 4 yrs.

Cost: £1 per session (*booking essential*).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Thame Library

3 North Street, Thame, OX9 3BH.
01844 212288. www.oxfordshire.gov.uk.

• **Rhymetime:** 11:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: Free (*booking essential*).

Dates: 6 Jan - 31 Mar.

The Berin Centre

Wimblestraw Road, Berinsfield, OX10 7LZ.
01865 341944 or lin@theberincentre.co.uk.

• **Stay and Play:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

• **Bumps and Babies:** 9:00 - 10:30. **Ages:** Pregnancy - 1 yrs.

• **Health Visitor Clinic:** 13:15 - 14:15. **Ages:** 0 - 2 yrs.

Cost: Free (*drop in*).

Dates: 6 Jan - 31 Mar.

The Maple Tree Centre

The Maple Tree, Littleworth Road, Wheatley, Oxford, OX33 1NW. 01865 236700. www.mapletree.org.uk.

• **Messy Mondays:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

• **Celebrating Sounds:** 13:30 - 15:00.

Ages: Pregnancy - 5 mths.

Cost: £2.50 per session (*drop in*).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

MUSIC & SIGNING

Matrix Arts Centre

Matrix Arts Centre, 15-17 The Nursery, Sutton Courtenay, OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

• **Yamaha Music School courses:** 16:00 - 20:00.

Ages: 2 yrs - 7 yrs 11 mths.

Cost: Varies (*booking essential*).

Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Sing and Sign Oxford

Littlemore Village Hall, Railway Lane, Littlemore, OX4 4QB.
07795 005832. www.singandsign.co.uk.

• **Stage 2:** 9:45 - 10:30.

Ages: 1 yrs 1 mths - 1 yrs 9 mths.

• **Stage 1:** 9:45 - 10:30 & 12:15 - 13:00.

Ages: 6 mths - 1 yrs 2 mths.

Cost: £8 per session (*booking essential*).

Dates: 13 Jan - 24 Mar.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing



PhyzKidz

Multi Sports Sessions

Monday - Steventon Village Hall
 Tuesday - Wootton & Dry Sandford
 Wednesday - Didcot GWP Southern Community Centre
 Saturday - The Manor Prep School

Age Group: 18 months to 5 years

Email:
 sbutler@phyzkidz.com

Phone:
 07709 168740



DANCE & DRAMA

Debutots Oxford and Surroundings

The Northcourt Centre, Northcourt Road, Abingdon, OX14 1NS. 01235 251510. www.debutots.co.uk

- **Baby Story Play: 14:00 - 14:50. Ages:** 6 mths - 3 yrs.
- Cost:** Free (*booking essential*).
Dates: 3 Mar - 31 Mar & 13 Jan - 10 Feb.

PHYSICAL FUN

PhyzKidz Oxfordshire

Steventon Village Hall, The Green, Steventon, Abingdon, OX13 6RR. 07709 168 740. www.phyzkidz.com.

- **Times: 10:00 - 10:45. Ages:** 1 ½ yrs - 2 ½ yrs.
- **Times: 11:00 - 11:45. Ages:** 2 ½ yrs - 5 yrs.

Cost: £9.50 per session (*booking essential*).
Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

SWIMMING

Oxford Swimming Academy

Harwell School, The Styles, Harwell, OX11 0HX. 07870 662483. www.oxfordswimmingacademy.co.uk.

- **Times: 16:00 - 18:00. Ages:** 6 mths - 10 yrs.

Cost: £11.50 per session (*booking essential*).
Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

SWIMMING

Water Babies Oxford

Steventon Private Pool, Rustlings, Milton Hill, Abingdon, OX13 6AB.

01869 325499. www.waterbabies.co.uk.

- **Times: 10:00 - 13:00. Ages:** 1 mths - 6 yrs.
- Cost:** £19.50 per session (*booking essential*).
Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Nuffield Newbury, The Racecourse, Newbury, RG14 7PN.

01869 325499. www.waterbabies.co.uk.

- **Times: 14:00 - 15:00. Ages:** 0 - 6 yrs.
- Cost:** £19.50 per session (*booking essential*).
Dates: 6 Jan - 10 Feb & 24 Feb - 31 Mar.

Kingfisher School, Radley Road, Abingdon, OX14 3RR.

01869 325499. www.waterbabies.co.uk.

- **Times: 15:30 - 17:00. Ages:** 1 mths - 6 yrs.
- Cost:** £19.50 per session (*booking essential*).
Dates: 6 Jan - 31 Mar.

TUESDAY

PARENTS & TOTS

Abingdon Carousel Family Centre

Caldecott Chase, Abingdon, OX14 5GZ. 01235 526691. www.abingdoncarousel.org.uk.

- **Stay and Play: 9:30 - 11:00. Ages:** 0 - 4 yrs.
- Cost:** £2 per session (*drop in*).
 • **Family Links Parenting Puzzle Workshop: 9:30 - 11:30.**
Cost: Free (*booking essential*).
Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

First Steps Chalgrove and Watlington Family Hub

First Steps Watlington Family Hub, Love Lane, Watlington, OX49 5RB.

01865 400234. www.firststepshub.org.uk.

- **Tea & Tinies: 10:00 - 11:30. Ages:** 0 - 1 yrs.
- Cost:** £2 per session (*drop in*).
Dates: 7 Jan - 1 Apr.

Jigsaw Toddler Group

St Mary's Church, Church Road, Thame, OX9 3AJ. www.gracechurchthame.co.uk.

- **Times: 9:30 - 11:00.**
- Cost:** £2 per session (*drop in*).
Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

The Berin Centre

Wimblestraw Road, Berinsfield, OX10 7LZ. 01865 341944 or lin@theberincentre.co.uk.

- **Growing Minds 1 - 4 years: 10:00 - 10:45 & 10:00 - 11:30.**
- **Growing Minds 0 - 1 years: 13:00 - 14:00.**

Cost: Free (*booking essential*).
Dates: 7 Jan - 1 Apr.

The Maple Tree Children's Centre

20 Littleworth Road, Wheatley, OX33 1PH. 01865 236700.

- **Story and Rhymetime: 10:00 - 11:30. Ages:** 0 - 5 yrs.
- Cost:** Free (*booking essential*).
Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

MUSIC & SIGNING

Family Choir Club

Northcourt Centre, Northcourt Road, Abingdon, OX14 1NS.
07540 113340. www.familychoirclub.co.uk.

- **Mums & Dads Choir:** 13:30 - 14:30.

Ages: Pregnancy - 2 ½ yrs.

Cost: £8 per session (*booking essential*).

Dates: 7 Jan - 11 Feb, 25 Feb - 1 Apr.

Matrix Arts Centre

15-17 The Nursery, Sutton Courtenay, OX14 4UA.
01235 847264. www.matrixartscentre.org.uk.

- **Yamaha Music School courses:** 16:00 - 20:00.

Ages: 2 yrs - 7 yrs 11 mths.

Cost: Varies (*booking essential*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

SENSORY & DEVELOPMENT

Baby College Oxford

Sprouts PlayBarn Millets Farm Centre, Kingston Road,,
Frilford, Abingdon, OX13 5HB.
01865 421879. www.babycollege.co.uk.

- **Infant Class:** 11:30 - 12:15. **Ages:** 0 - 9 mths.

Cost: £9 per session (*booking essential*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Baby Sensory (Wantage)

Grove Village Hall, Main Street, Grove, Wantage, OX12 7JY.
07717 757007. www.babysensory.com.

- **Times:** 11:00 - 12:00 & 12:30 - 13:30. **Ages:** 0 - 6 mths.

Cost: £8 per session (*booking essential*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

PHYSICAL FUN

PhyzKidz Oxfordshire

Wootton & Dry Sandford Community Centre, Lamborough
Hill, Wootton, OX13 6DA.
07709 168740. www.phyzkidz.com.

- **PhyzKidz Mixed:** 10:00 - 10:45. **Ages:** 1 ½ yrs - 5 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

SWIMMING

Water Babies Oxford

Steventon Private Pool, Rustlings, Milton Hill, Abingdon,
OX13 6AB.
01869325499. www.waterbabies.co.uk.

- **Times:** 10:00 - 13:00. **Ages:** 1 mths - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

Nuffield Newbury, The Racecourse, Newbury, RG14 7PN.

01869325499. www.waterbabies.co.uk.

- **Times:** 10:15 - 11:45. **Ages:** 0 - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 7 Jan - 11 Feb & 25 Feb - 1 Apr.

WEDNESDAY

PARENTS & TOTS

Abingdon Library

The Charter, Abingdon, OX14 3LY.
01235 520374. www.oxfordshire.gov.uk.

- **Rhymetime:** 9:30 - 10:00 & 11:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: Free (*drop in*).

Dates: 8 Jan - 2 Apr.

First Steps Chalgrove and Watlington

Family Hub

First Steps Watlington Family Hub, Love Lane, Watlington,
OX49 5RB.

01865 400234. www.firststepshub.org.uk.

- **Wacky Wednesday:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*drop in*).

Dates: 8 Jan - 2 Apr.

St John's Toddlers

Grove Parish Church, Main Street, Grove, Wantage,
OX12 7LQ.

01235 771479. www.groveparishchurch.org.uk.

- **Times:** 9:15 - 11:15. **Ages:** 0 - 3 yrs.

Cost: £3 per session (*drop in*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Steppingstones Toddler and Baby Group

Didcot Baptist Church, Wantage Road, Didcot, OX11 0BS.
www.didcotbaptist.org.uk.

- **Toddler Group:** 9:30 - 11:15. **Ages:** 1 - 3 yrs.

Cost: £2.50 per session (*drop in*).

- **Baby Group:** 13:00 - 14:30. **Ages:** 0 - 2 yrs.

Cost: £2.50 per session (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

The Berin Centre

Wimblestraw Road, Berinsfield, OX10 7LZ.
01865 341944 or lin@theberincentre.co.uk.

- **Growing Minds 0-1 years:** 13:30 - 14:30.

Cost: Free (*booking essential*).

Dates: 8 Jan - 2 Apr.

The Maple Tree Children's Centre

20 Littleworth Road, Wheatley, OX33 1PH. 01865 236700.

- **Baby Cafe:** 10:00 - 12:00. **Ages:** 0 - 5 yrs.

Cost: Free (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

MUSIC & SIGNING

Berinsfield Library

Green Furlong, Berinsfield, OX10 7NR.
01865 340771. www.oxfordshire.gov.uk.

- **Rhymetime:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Matrix Arts Centre

15-17 The Nursery, Sutton Courtenay, OX14 4UA.
01235 847264. www.matrixartscentre.org.uk.

- **Yamaha Music School courses:** 16:00 - 20:00.

Ages: 2 yrs - 7 yrs 11 mths.

Cost: Varies (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

MUSIC & SIGNING

Matrix Arts Centre

15-17 The Nursery, Sutton Courtenay, OX14 4UA.
01235 847264. www.matrixartscentre.org.uk.

• **Apple Music- for 2 year olds:** 10:00 - 10:30.

Ages: 2 yrs - 2 yrs 11 mths.

Cost: £6 per session (*booking essential*).

• **Music Wonderland - for 3 year olds:** 16:30 - 17:15.

Ages: 3 yrs - 3 yrs 11 mths.

Cost: £10 per session (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

SENSORY & DEVELOPMENT

Baby College Oxford

District Community Centre, Gentian Mews, Didcot,
OX11 6GR. 01865421879. www.babycollege.co.uk.

• **Junior Class:** 9:45 - 10:30. **Ages:** 1 ½ yrs - 3 yrs.

• **Toddler Class:** 10:45 - 11:30. **Ages:** 9 mths - 1 ½ yrs.

• **Infant Class:** 11:45 - 12:30. **Ages:** 0 - 9 mths.

Cost: £9 per session (*booking essential*).

• **Baby Massage:** 13:00 - 14:00. **Ages:** 0 - 6 mths.

Cost: £12 per session (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

The Discovery Den

The Parish Hall, Sunnyside, Benson, OX10 6LZ.
07771 850760. www.thediscoveryden.co.uk.

• **1 - 2 Yrs & Families:** 9:20 - 10:10.

• **2 Yrs up & Families:** 10:30 - 11:20.

• **Babies: Birth U:** 11:40 - 12:30.

Cost: £8.50 per session (*booking essential*).

Dates: 8 Jan - 12 Feb.

CREATIVE

Sutton Courtenay Environmental

Education Centre, BBOWT

Sutton Courtenay Road, Sutton Courtenay, Abingdon,
OX14 4TE. 01235862024. www.bbowl.org.uk.

• **Nature Tots:** 9:30 - 11:00. **Ages:** 1 ½ yrs - 4 yrs.

Cost: £7 per session (*booking essential*).

Dates: 8 Jan, 5 Feb & 5 Mar.

PHYSICAL FUN

PhyzKidz Oxfordshire

GWP Southern Community Centre, Sorrel Crescent, Didcot,
OX11 6HQ. 07709 168 740. www.phyzkidz.com.

• **PhyzKidz Mixed:** 10:00 - 10:45. **Ages:** 1 ½ yrs - 5 yrs.

Cost: £9.50 per session (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

SWIMMING

Oxford Swimming Academy

Radley College Pool, Kennington Road, Radley, Abingdon,
OX14 2HR.

07870 662483. www.oxfordswimmingacademy.co.uk.

• **Baby & Preschool Classes:** 9:30 - 12:00.

Ages: 4 mths - 4 yrs 9 mths.

Cost: £11 per session (*booking essential*).

Dates: 8 Jan - 12 Feb, 26 Feb - 2 Apr.

Water Babies Oxford

Steventon Private Pool, Rustlings, Milton Hill, Abingdon,
OX13 6AB. 01869 325499. www.waterbabies.co.uk.

• **Times:** 10:00 - 12:30. **Ages:** 1 mths - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Nuffield Newbury, The Racecourse, Newbury, RG14 7PN.
01869325499. www.waterbabies.co.uk.

• **Times:** 10:15 - 11:15. **Ages:** 0 - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

Oratory Preparatory School, Great Oaks, Goring Heath,
Reading, RG8 7SF. 01869325499. www.waterbabies.co.uk.

• **Times:** 9:45 - 11:45. **Ages:** 1 mths - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 8 Jan - 12 Feb & 26 Feb - 2 Apr.

THURSDAY

PARENTS & TOTS

Abingdon Carousel Family Centre

Caldecott Chase, Abingdon, OX14 5GZ.

01235 526691. www.abingdoncarousel.org.uk.

• **Stay and Play:** 9:30 - 11:00. **Ages:** 0 - 4 yrs.

Cost: Free (*drop in*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Brightwell Toddlers

The Stewart Village Hall, West End, Brightwell-Cum-Sotwell,
OX10 0RT.

• **Times:** 9:15 - 11:15. **Ages:** 0 - 5 yrs.

Cost: £2.50 per session (*drop in*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Buckland Baby & Toddler Group

Buckland Memorial Hall, Orchard Road, Buckland,
Faringdon, SN7 8QT. 07496 134139.

• **Baby & Toddler Group:** 9:30 - 11:00.

Cost: Free (*drop in*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

First Steps Chalgrove and Watlington

Family Hub

First Steps Chalgrove Family Hub, High Street, Chalgrove,
OX44 7ST.

01865 400234. www.firststepshub.org.uk.

• **Tuneful Thursday:** 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*booking essential*).

Dates: 9 Jan - 3 Apr.

Steppingstones Toddler and Baby Group

Didcot Baptist Church, Wantage Road, Didcot, OX11 0BS.
www.didcotbaptist.org.uk.

• **Toddler Group:** 9:30 - 11:15. **Ages:** 1 - 3 yrs.

Cost: £2.50 per session (*drop in*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

The Berin Centre

Wimblestraw Road, Berinsfield, OX10 7LZ.

01865 341944 or lin@theberincentre.co.uk.

• **Themed Thursday:** 10:00 - 11:00. **Ages:** 0 - 5 yrs.

• **Stay and Play:** 13:15 - 14:45. **Ages:** 0 - 5 yrs.

Cost: Free (*booking essential*).

Dates: 9 Jan - 3 Apr.

Are you running classes or events?

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PARENTS & TOTS

The Maple Tree Children's Centre

Maple Tree Children's Centre, 20 Littleworth Road, Wheatley,
OX33 1PH.
01865 236700.

- **Little Explorers:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.
- **Maple Babies:** 13:00 - 14:30. **Ages:** 0 - 1 yrs.
- **Twinnies:** 14:00 - 15:30. **Ages:** 0 - 5 yrs.

Cost: Free (*booking essential*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

MUSIC & SIGNING

Family Choir Club

Ladygrove Community Centre, Tamar Way, Didcot,
OX11 7UQ.
07540113340. www.familychoirclub.co.uk.

- **Tots Choir:** 9:30 - 10:15.

Ages: 1 ½ yrs - 5 yrs.

Cost: £7.80 per session (*booking essential*).

- **Mums & Dads Choir:** 10:45 - 11:45.

Ages: Pregnancy - 2 yrs.

Cost: £8 per session (*booking essential*).

Dates: 9 Jan - 13 Feb, 27 Feb - 3 Apr & 9 Jan - 3 Apr.

MUSIC & SIGNING

Matrix Arts Centre

15-17 The Nursery, Sutton Courtenay, OX14 4UA.
01235 847264. www.matrixartscentre.org.uk.

- **Yamaha Music School courses:** 16:00 - 20:00.

Ages: 2 yrs - 7 yrs 11 mths.

Cost: Varies (*booking essential*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

- **Ballet lessons:** 16:00 - 19:30.

Ages: 3 - 18 yrs.

Cost: £8 per session (*booking essential*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

CREATIVE

Sutton Courtenay Environmental

Education Centre, BBOWT

Sutton Courtenay Road, Sutton Courtenay, Abingdon,
OX14 4TE.

01235 862024. www.bbowl.org.uk.

- **Nature Tots:** 9:30 - 11:00.

Ages: 1 ½ yrs - 4 yrs.

Cost: £7 per session (*booking essential*).

Dates: 9 Jan, 6 Feb & 6 Mar.

SWIMMING

Oxford Swimming Academy

Radley College Pool, Kennington Road, Radley, Abingdon,
OX14 2HR.

07870 662483. www.oxfordswimmingacademy.co.uk.

- **Baby & Preschool Classes:** 9:30 - 12:00.

Ages: 4 mths - 4 yrs 9 mths.

Cost: £11 per session (*booking essential*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Water Babies Oxford

Steventon Private Pool, Rustlings, Milton Hill, Abingdon,
OX13 6AB.

01869325499. www.waterbabies.co.uk.

- **Times:** 10:00 - 12:30.

Ages: 1 mths - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Nuffield Newbury, The Racecourse, Newbury, RG14 7PN.

01869325499. www.waterbabies.co.uk.

- **Times:** 10:15 - 11:45.

Ages: 0 - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

HEALTH & WELLNESS

Pop up Pilates

Christ Church Abingdon, Northcourt Road, Abingdon,
Abingdon, OX14 1PL.

07731 321991. www.pop-up-pilates.com.

- **Bumps and Babies, Physio-led Pregnancy and Postnatal Pilates Class:** 11:15 - 12:00.

Ages: Pregnancy - 3 yrs.

Cost: £9.75 per session (*booking essential*).

Dates: 9 Jan - 13 Feb & 27 Feb - 3 Apr.

Are you running classes or events?

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FRIDAY

PARENTS & TOTS

Abingdon Carousel Family Centre

Caldecott Chase, Abingdon, OX14 5GZ.
 01235 526691. www.abingdoncarousel.org.uk.

- **Stay and Play:** 9:30 - 11:00. **Ages:** 0 - 4 yrs.

Cost: Free (drop in).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

Didcot Library

197 Broadway, Didcot, OX11 8RU.
 01235 813103. www.oxfordshire.gov.uk.

- **Rhymetime:** 9:30 - 10:00 & 10:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (drop in).

Dates: 10 Jan, 24 Jan, 7 Feb, 21 Feb, 7 Mar, 21 Mar & 4 Apr.

Our Lady & St Edmund's Baby & Toddler Group

St. Edmund's Parish Centre, 1 Oxford Road, Abingdon, OX14 3PL.
 07717 059411.

- **Times:** 9:30 - 11:15. **Ages:** 0 - 5 yrs.

Cost: £1 per session (drop in).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

PARENTS & TOTS

Thame Library

Thame Library, 3 North Street, Thame, OX9 3BH.
 01844 212288. www.oxfordshire.gov.uk.

- **Rhymetime:** 11:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: Free (booking essential).

Dates: 10 Jan - 4 Apr.

The Maple Tree Children's Centre

Maple Tree Children's Centre, 20 Littleworth Road, Wheatley, OX33 1PH. 01865 236700.

- **Saturdays:** 10:00 - 12:00. **Ages:** 0 - 5 yrs.

Cost: £2 per session (drop in).

- **Play and Learn:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: Free (booking essential).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

MUSIC & SIGNING

Matrix Arts Centre

15-17 The Nursery, Sutton Courtenay, OX14 4UA.
 01235 847264. www.matrixartscentre.org.uk.

- **Yamaha Music School courses:** 16:00 - 20:00.

Ages: 2 yrs - 7 yrs 11 mths.

Cost: Varies (booking essential).

- **Apple Music:** 10:00 - 10:30. **Ages:** 2 yrs - 2 yrs 11 mths.

Cost: £6 per session (booking essential).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

SENSORY & DEVELOPMENT

Baby Sensory (Wantage)

Grove Village Hall, Main Street, Grove, Wantage, OX12 7JY.
 07717 757007. www.babysensory.com.

- **Times:** 9:30 - 10:30. **Ages:** 7 mths - 1 yr 1 mths.

Cost: £9 per session (booking essential).

- **Times:** 11:00 - 12:00. **Ages:** 0 - 6 mths.

Cost: £8 per session (booking essential).

- **Times:** 12:30 - 13:30. **Ages:** 0 - 1 yr 1 mths.

Cost: £8 per session (booking essential).

- **Times:** 14:00 - 15:00. **Ages:** 0 - 1 yr 1 mths.

Cost: £9 per session (booking essential).

Dates: 10 Jan, 10 Jan - 14 Feb & 28 Feb - 4 Apr.

The Discovery Den

Crownmarsh Gifford Village Hall, Benson Lane, Crownmarsh Gifford, OX10 8ED.

07771850760. www.thediscoveryden.co.uk.

- **1 - 2yrs & Families:** 10:00 - 10:50.

- **2 Yrs Up & Families:** 11:10 - 12:00.

- **Babies: Birth Up:** 12:20 - 13:10.

- **Babies: Birth Up:** 13:30 - 14:20.

Cost: £8.50 per session (booking essential).

Dates: 10 Jan - 14 Feb.

CREATIVE

Sutton Courtenay Environmental Education Centre, BBOWT

Sutton Courtenay Road, Sutton Courtenay, Abingdon, OX14 4TE. 01235862024. www.bbowl.org.uk.

- **Nature Tots:** 9:30 - 11:00. **Ages:** 1 ½ yrs - 4 yrs.

Cost: £7 per session (booking essential).

Dates: 10 Jan, 7 Feb & 7 Mar.

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PHYSICAL FUN

Rugbytots - South & West Oxfordshire

Wallingford Sports Park, Hithercross Road, Wallingford, OX10 9RB.

07900986137. www.rugbytots.co.uk.

- **Times:** 9:30 - 10:00. **Ages:** 2 yrs - 3 ½ yrs.
- **Times:** 10:10 - 10:55. **Ages:** 3 ½ yrs - 5 yrs.

Cost: £9 per session (*booking essential*).

Dates: 10 Jan - 4 Apr.

SWIMMING

Oxford Swimming Academy

Kingfisher School, Radley Road, Abingdon, OX14 3RR. 07870 662483. www.oxfordswimmingacademy.co.uk.

- **Mainstream Classes:** 17:30 - 20:00.

Ages: 3 - 10 yrs.

Cost: £11 per session (*booking essential*).

Dates: 10 Jan - 14 Feb & 28 Feb - 4 Apr.

SATURDAY

PARENTS & TOTS

Abingdon Library

The Charter, Abingdon, OX14 3LY.

01235 520374. www.oxfordshire.gov.uk.

- **Story Time:** 14:30 - 15:00. **Ages:** 3 - 5 yrs.

Cost: Free (*drop in*).

Dates: 11 Jan - 5 Apr.

MUSIC & SIGNING

Matrix Arts Centre

15-17 The Nursery, Sutton Courtenay, OX14 4UA.

01235 847264. www.matrixartscentre.org.uk.

- **Yamaha Music School courses:** 9:00 - 19:00.

Ages: 2 yrs - 7 yrs 11 mths.

Cost: Varies (*booking essential*).

- **Music Wonderland:** 10:15 - 11:00.

Ages: 3 yrs - 3 yrs 11 mths.

Cost: £10 per session (*booking essential*).

- **Junior Music Course:** 13:30 - 14:30.

Ages: 4 yrs - 5 yrs 11 mths.

Cost: £14 per session (*booking essential*).

Dates: 11 Jan - 8 Feb & 1 Mar - 29 Mar.

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CREATIVE

Sutton Courtenay Environmental

Education Centre, BBOWT

Sutton Courtenay Road, Sutton Courtenay, Abingdon, OX14 4TE. 01235862024. www.bbownt.org.uk.

- **Nature Tots:** 9:30 - 11:00 & 13:00 - 14:30.

Ages: 1 ½ yrs - 4 yrs.

Cost: £7 per session (*booking essential*).

Dates: 11 Jan, 8 Feb & 8 Mar.

PHYSICAL FUN

PhyzKidz Oxfordshire

The Manor Prep School, Faringdon Road, Shippon, Abingdon, OX13 6LN.

07709 168 740. www.phyzkidz.com.

- **PhyzKidz Totz:** 9:30 - 10:15. **Ages:** 1 ½ yrs - 2 ½ yrs.

- **PhyzKidz Pre-Schoolerz:** 10:30 - 11:15.

Ages: 2 ½ yrs - 5 yrs.

Cost: £9.50 per session (*booking essential*).

Dates: 11 Jan - 18 Jan, 1 Feb - 15 Feb & 1 Mar - 29 Mar.

Rugbytots - South & West Oxfordshire

Moulsford Preparatory School, Moulsford on Thames, Wallingford, OX10 9HR. 07900986137. www.rugbytots.co.uk.

- **Times:** 8:40 - 9:10 & 10:05 - 10:35. **Ages:** 2 yrs - 3 ½ yrs.

- **Times:** 10:40 - 11:25. **Ages:** 5 - 7 yrs.

Cost: £9 per session (*booking essential*).

Dates: 11 Jan - 29 Mar.

St Birinus School, Mereland Road, Didcot, OX11 8AZ.

07900986137. www.rugbytots.co.uk.

- **Times:** 9:15 - 10:00 & 10:40 - 11:25. **Ages:** 3 ½ yrs - 5 yrs.

Cost: £9 per session (*booking essential*).

Dates: 11 Jan - 29 Mar.

Rugbytots Thame, Bicester and Oxford

Lord Williams Lower School, Towersey Road, Thame, OX9 3NW.

07741476678. www.rugbytots.co.uk.

- **Times:** 8:10 - 13:20. **Ages:** 2 - 7 yrs.

Cost: £8.25 per session (*booking essential*).

Dates: 11 Jan - 29 Mar.

SWIMMING

Oxford Swimming Academy

Harwell School, The Styles, Harwell, OX11 0HX.

07870 662483. www.oxfordswimmingacademy.co.uk.

- **Times:** 9:00 - 12:00. **Ages:** 6 mths - 10 yrs.

Cost: £11 per session (*booking essential*).

Dates: 11 Jan - 8 Feb & 1 Mar - 29 Mar.

SUNDAY

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Lord Williams Lower School, Towersey Road, Thame, OX9 3NW.

07741 476678. www.rugbytots.co.uk.

- **Times:** 8:10 - 10:20. **Ages:** 2 - 7 yrs.

Cost: £8.25 per session (*booking essential*).

Dates: 12 Jan - 30 Mar.

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