



July 2025 Summer Issue 08



GLOBAL GRANDMOTHERS' COUNCIL NETWORK

Voices of Wisdom in Times of Chaos

Magazine



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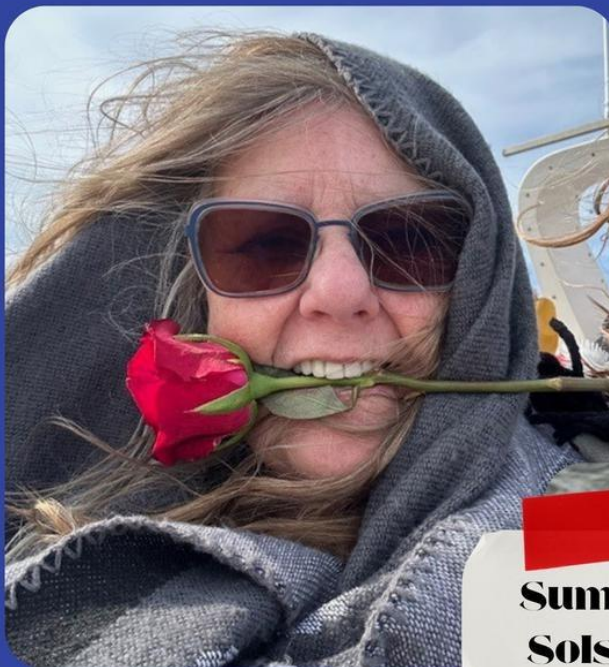


**Icelandic
Ceremonial
Tour**

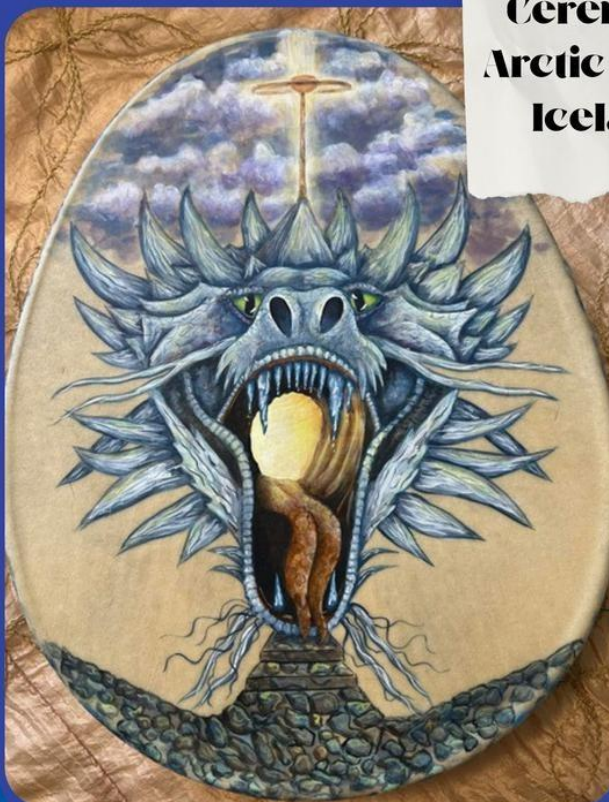
*Love
Yourself
to Peaces*

ARTISTS | HEALERS | POETS | TRAVELERS | VISIONARIES

**Grandmother Gayle Crosmaz
Black Bear**



**Summer
Solstice
Ceremony
Arctic Circle,
Iceland**



Grandmother Gayle-Black Bear is a storyteller and inspirational speaker who encourages others by sharing her transformation through a lifetime of challenges and trauma. She began her neurodivergent lifepath with her first of several near-death experiences at birth, which affected her perceptions of life. Living in a small town in rural Ontario, Canada, Gayle has had to put her own words into action. She no longer wanted to work behind the scenes, anonymously fearful of judgment.

Gayle accepted an invitation to speak about her journey to mental health for her local Wellness Centre's tenth-anniversary celebrations. She sat on the Wellness Centre hospital board as a client representative and soon became Chair of Public Relations for the Wellness Centre, where she was also appointed editor of their newsletter. The hospital board of directors later nominated her for the "Courage to Come Back" award, which was designated by the "Centre for Addiction and Mental Health Foundation" in Toronto.

This award recognizes individuals who overcome mental illness and then proceed into the community to aid others experiencing the same hardships. Chosen by the Wellness Centre (2004), she represented the organization at the local board of education. She spoke in high schools throughout the County about the stigma of mental illness.



Her physical, emotional, and cognitive limitations have not prevented her from having adventures around the world.

From personal experiences, growth, and cellular memories, Grandmother Gayle shares her insights on overcoming trauma. Her wisdom, rooted in the primordial knowledge of the ancients, was gleaned from her ancestral DNA, which spanned many cultures of Mother Earth. The ancient ancestors that she taps into are Pagan, Viking, Celtic, Shamanistic Mongolian, Siberian, Ukrainian, and Tribal knowledge. These ancestors have helped her share stories of healing and challenges.

These stories are available in three languages in her book, "Challenges of Awakening – Living Parables." The English and German versions will be used in her upcoming online school called "Academy of Timeless Wisdom", Wisdom from the Beginning of Time. The soon-to-be-published Greenlandic version has been donated to the libraries of Greenland.

Gayle's ceremonial drums, shipped to 12 countries around the world, are each one-of-a-kind, personalized drums. Using the vibration of the drum and her ancestral stories, Gayle helps others awaken to self-awareness. These special and magical drums not only promote healing but also guide and teach the client, raising their vibration and aiding in a deep meditative journey.

In the fall of 2024, just before my 70th birthday, I had a regression session with a trusted friend and energy practitioner. One of his instructions was to travel into the future to see what I could see. As I fell deep into my subconscious, I found myself walking through a long stone tunnel. It felt like Pele's lava tunnel that I had visited in Hawaii a few months earlier. I could see in the dark as I journeyed toward a black hole far off in the distance. The long tunnel wound and curved, but the black hole did not seem to get any closer.

Finally, I reached a Y in the tunnel with a rock wall directly in front of me. I have been on similar vision journeys before, where a decision has been made to take one path or the other. Sometimes, I am forced to go back and take the other path instead, which we often do in life. I stood in front of the rock wall, wondering which path was the correct path for me to follow. After a few seconds, the rock wall in front of me began to shape-shift, and as it shifted, I realized it had become a giant head of a stone dragon. Even though it was made of stone, the dragon was alive, and as the dragon's eyes moved, it looked me straight into my soul.

The dragon slowly began to open its mouth wide, as wide as the tunnel I was standing in. Revealing another tunnel, it energetically encouraged me to step into its mouth and follow the path straight ahead. I was not to veer off to the right or the left but to keep going straight ahead.

It was not long before I could see the light coming from a bend in the tunnel, which inspired me to keep going. I reached the end of the tunnel, where an opening revealed a beautiful landscape with a view overlooking the valley below and clear blue skies above.





Suddenly, written across the sky were the words
A NEW WORLD.

The dragon is a sign of growth, transformation, and renewal. They are leaders who inspire others to pursue their dreams and make a positive impact. They are also adventurers who love to explore and learn new things. The dragon symbolizes power, transformation, and spirituality, and also represents good luck, fortune, and prosperity. In some cultures, the dragon is a protector and is often associated with royalty. The dragon spirit animal can also symbolize self-love and empowerment. I was encouraged to take the path straight ahead, without fear, and step into the mouth of the dragon, following the path to a new world. A new world within my self-awareness. This was the vision that appeared to me several months previously and reappeared when my thoughts pondered the message from the newly commissioned drum I was working on.

I had set the vision aside for several months until I was to create a drum for my Icelandic Soul Sister. When I asked the ancestors what messages and confirmations they wanted to share with her, this vision kept reappearing. It was an incredibly fitting message, as we were planning a powerful caravan tour with women from around the world to create powerful ceremonies across Iceland.

Spirit had guided the creation of this special drum to shift vital energies during our ceremony on the Summer Solstice at Demsey Island, located at Iceland's Arctic Circle.

We set up the opening ceremonial altar with 9 of us in attendance. Nine is the number of completions. Our group's first sharing circle together revealed much wisdom for each of us to combine and grow with. These masterful women were all called here to create and explore the new world of energy within. The next day, we hit the road, stopping first at the geyser. We viewed the geyser steam vents, then we drove across the country into Iceland's wilderness; it was quite a bumpy ride on the rough gravel road. We camped overnight at the glacier in the mountains, where several of the women went for a swim in the thermal hot pond. There were a couple of ceremonies performed at the base of the glacier before we moved on to our next location.

Our first ceremony on the road took place at the base of the glacier in an ancient turf hut constructed of ancient volcanic rocks and what would have had a sod or mud roof. During this time together, we each took turns creating a ceremony.

During my ceremony, I drummed, chanted, as I moved my arm in a quickening spiral motion, summoning the ancient energy of Gryla, the troll queen of Earth's central core lava. She addressed everyone with a growl and a language known only to her. Her intended presence assisted in healing the sisterhood.

GAYLE CROSMAS



The first 10 grandmothers who respond Gayle will "Pull a card" from her personal message cards.



- Who is ready to be fearless?
- Who is ready to change their life forever?
- Who wantstostandwithmeattheentranceofthe porthole to other dimensionsandrealities?
- Who wants to remain in their pain, confusion, or fear?
- It is your choice, and only you can decide for yourself.
- Joinme andexplorethecomplexityofabstractthoughtand magical experiences!

*Be
Fearless,
Be Bold*



Nine women - Masters in Service

Linda Mjoll Stefansdottir – Tour Organizer – Iceland

Gayle Crosmaz – Elder - Cananda / Susanne Steinel – Tour Organizer

Participants

Mabel Violet Riebesell - Germany / Kerstin Raschie – Korsonek - Switzerland

Ayako Matsuo – Japan/Manchester

Ticia Hennagin – Alaska, USA / Arora Bryndis Asgeirsdottir – Iceland

HJelena Mercera – Portugal



Summer Solstice Ceremony Arctic Circle, Iceland



Nine women, nine Masters of Service, gathered on Grimsey Island, Iceland, at the Arctic Circle. The tentative intention for each of us was to step through the mouth of the dragon into a new world within. We would achieve this through the challenges we faced and overcame on this journey of a lifetime. It felt like we each came on this adventure with no agenda other than to surrender to life's unfolding events. The bigger purpose of a ceremony for world peace and healing Mother Earth was still a mystery.

I was kept awake all night as I received download transmissions the night before our gathering on the beach on the North Atlantic Ocean. As I lay in my bed in the caravan, I could feel the entire island swaying beneath me. I could not believe what I was experiencing and wondered what it all meant. I visualized the island protruding up from the ocean floor like a stubby finger pointing skyward.

I was aware of the geographical split across Iceland, separating the North American and European continents. I wondered if that split also cut Grimsey Island in half, creating two fingers side by side. If so, that could explain the movement I was feeling as the two continents drifted and moved next to each other.

The visual of a rocky protrusion jutting up out of the ocean floor reminded me of Centre Mountain at Machu Picchu. During my visit there in 2013, the ancients showed me what life was like in ancient times. I was shown 1000 priestesses chanting into the many alcoves sprinkled around the spiral temple built into the side of the mountain. These alcoves faced Centre Mountain, and as they chanted into the alcoves, their sound frequency vibrated the stand-alone mountain, which in turn vibrated the entire mountain range. The range stretches from the southern tip of South America up to Alaska.

The gathering on Grimsey Island, at the Arctic Circle, concluded with hugs, a gesture to commemorate our service to Mother Earth. As we all stood in a circle recounting our togetherness, we clarified the unspoken intentions. I had brought water from the glaciers of Canada & Greenland.

Several samples from Icelandic glaciers were also carried. We then realized that participants from Switzerland, Bavaria, Japan, and Alaska also represented glaciers from around the world. We can only pray that we gathered in ceremony for a bigger purpose, one that transcends our insights and revelations. We each returned to our homes and our lives around the world, contemplating all that we had experienced, and all that was yet to come.

**May Peace Prevail
Upon This Earth.
May Peace Prevail
within our Hearts.
May Peace Prevail.**

wisdomdrumsinternational.com

GAYLE CROSMAN



GRANDMOTHERS' TIME

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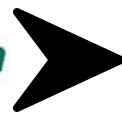


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Public Letters, Stances, and Directives as
Those Who Know What To Do NOW.***

***It's Grandmothers' Time to gather our Power
collectively for Right Action.***

***It's Grandmothers' Time to lead with
Experience and Wisdom.***



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for our children's children and beyond!**



With deep spiritual awe and enduring sisterhood, We honor the wisdom shared across these pages—each word, each image a heartbeat in the collective rhythm of our grandmothers' legacy. May this offering continue to illuminate, nourish, and connect us across generations and geographies.

Disclaimer

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We embrace this digital collaboration as part of our evolving creative journey, honouring both innovation and intuition.

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