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April - June 2024

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Baby
Show
Guide

Page 22-25



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WELCOME



TO THE SPRING 2024 EDITION!

Step into the vibrant world of our Spring edition.

The all singing & dancing Baby Show is happening in May!

It's finally here and YOU are welcome to join us on **Saturday 11th May at The Ridgeway Centre**. Sponsored by **Water Babies Bucks & Beds, Bumpstart Baby Shop, Future Life** and **Swanbourne House**, the Toddle About Baby Show is Milton Keynes's ultimate baby event packed to the rafters of all things 0-5, enabling you to buy everything you need and truly 'support local'.

The event is free to attend and doors open at 10am.

Leave a Review and Win!

Ever found a great-looking activity or product for your little one and hesitated before buying because, well, you just weren't *sure*? Well, you needn't hesitate much longer! We're super-excited to announce that all businesses listed on the Toddle About website now have a review facility, so you can see how other parents rate them. Handy, eh?

BUT, for this to be useful, we need your reviews!

How to Help Your Fellow Parents

Visit toddleabout.co.uk/search and pop in your postcode. Select any providers that you have bought from or experienced and add a review to their listing. That's it!

Leave a review at toddleabout.co.uk/search

As a thank you we will be entering all reviews into a prize draw on 30th June, giving children's and parenting books worth £8 - £20 to 30 randomly select reviews. Thanks in advance for getting involved!

Loving life with little ones,

Pia

OWNER/EDITOR

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Join us on **Saturday 11th May** at the Toddle About Baby Show at The Ridgeway Centre in Wolverton, Milton Keynes. **Entry is free!**



MEET THE TEAM



Pia

Owner/Editor/Advertiser Sales



Liz

Advertiser & Customer Support

Call us on **01908 596050** or email: pia@toddleabout.co.uk

- [toddleaboutmkandbeds](https://www.toddleabout.co.uk)
- [toddleabout_mkandbeds](https://www.toddleabout.co.uk)

Join us on **WhatsApp** for important alerts!

[toddle.fun/ta-mk](https://www.toddle.fun/ta-mk)



9,000 copies of Toddle About are distributed every quarter all over North Bucks & Beds, including Milton Keynes, Bletchley, Bedford, Buckingham, Newport Pagnell, Olney and surrounding areas.

Whilst every effort has been made to ensure the information in Toddle About is accurate and correct, we cannot guarantee that this is so and Toddle About Limited cannot and does not accept any liability for loss, damage or problems arising from any errors, omissions or inaccuracies in content, nor from actions taken by readers based on information or opinions presented in advertisements or throughout the magazine. Images and information supplied by 3rd parties have been accepted in good faith and all liability for any legal transgression including breach of copyright remains with the supplying parties.

Toddle About Suffolk & S. Warwickshire, MK & Bedford, 42 Woodland Close, Risby, Bury St Edmunds, Suffolk, IP28 6QN. Call us on 07748 020141.

Bite SIZED NEWS



Mini Mozart launched in Stony Stratford

After running successfully for over 2 years in Bedford with two sold-out classes, local musician Ellie Calstar is bringing the magic of Mini Mozart to Stony Stratford every Tuesday morning. With a different fairytale each week, illustrated with beautiful music provided by at least two professional musicians every week, babies and toddlers are enchanted by their sensory games and singing to get them really engaging with the music. **Free taster session!**

Visit www.minimozart.com to find out more. **P.9**



New Soft Play & Teepee Hire

Little Treasures is a family run soft play, Teepee sleepover tent and children's wedding corner hire. Their Teepees have different themes to choose from including level up gamer and girly theme to name a few. They have packages to suit all. Little Treasures deliver/collect and set up to give you one less thing to think about. **Get 15% off by quoting Toddle About.**

Email little-treasures2024@hotmail.com or visit [@little_treasures_24](https://www.instagram.com/little_treasures_24) to find out more. **P.10**



The Webber Nursery Expansion, full of Awe & Wonder

The Webber Independent School is opening a new Pre-Reception class offering 24 new spaces for pre-school learners across Milton Keynes and surrounding. Life at the Nursery is a vibrant home for children aged 6 months to 4 years and leads a seamless transition into 'Big' school. The Webber Nursery will also be able to offer additional spaces across the 3 younger rooms as current children move up and prepare for Junior School.

Email registrar@webberindependentschool.co.uk or call 01908 574740. **P.44**

A Message from Claire

"Did you know, in 2019, 175,000 five-year-olds in England started school without the communication, language and literacy skills expected for their age? After 15 years of teaching Early Years, I became a full-time mummy. When my youngest started school, I launched Phonics with Robot Reg in Milton Keynes. I'm passionate about developing early literacy skills and believe in making learning accessible for all." **Free taster session available.**



To find out more about their classes visit www.robotreg.co.uk/find-a-class/milton-keynes **P.31**

Fun Swimming Classes in Castlethorpe



Aqua Include are a warm, inviting and exceptionally clean pool, only 5 minutes drive from Wolverton Train Station. They pride themselves on high quality, low ratio swimming classes, always centred around fun and progress. **Please register your interest for their lessons at www.aqua-include.co.uk/register P.35**



Free Baby Show in Milton Keynes

Get **free entry** to the Toddle About Baby Show, kindly sponsored by Water Babies Buckinghamshire & Bedfordshire, at **The Ridgeway Centre**, Wolverton, Milton Keynes on **Saturday 11th May 2024 from 10am**. From small, local independent businesses to nationwide well-known brands, there will be something for everyone. You will have the opportunity to speak to and hear from children's service providers, parenting experts and have the opportunity to try out and buy products. Entry is free.

Sign up today and secure your free goody bag (while stock lasts!) via toddle.fun/babyshowmk P.22-25

Bite SIZED NEWS

New Photography Studio between Bedford and Milton Keynes

Specialising in natural, simply styled photo shoots, Little Luma shoot everything from bump to baby and every milestone that follows. Celebrate



your little ones first birthday with a cake smash or balloon shoot, get priceless photos of your gorgeous newborn, or simply allow Lucy and Emma to create lasting memories while your little one plays in their studio. Everything is child led, so they can capture the most natural expressions while ensuring you and your child are happy and comfortable. **Get 10% off any shoot with code 'TODDLE10'**

Find out more via www.littleluma.co.uk P.10

Tot Bop Classes in Herts, Beds & Bucks

Does your little one move instinctively to music? Tot Bop dance classes for boys & girls from the age of 1, cleverly introduces dance in a fun, funky and imaginative way, building confidence, imagination, rhythm and developing motor skills, co-ordination and balance. Described as the 'funky alternative to baby ballet', Tot Bop dance classes ensure learning and fun are always delivered in equal measures. Book in for either a 1 or 3 week trial. Classes in Leighton Buzzard, Wing, Aylesbury, Aston Clinton, Pitstone, Tring & Berkhamsted.

For more info visit www.totbop.co.uk or email rachelkenning79@gmail.com P.10



Preloved Items at Bargain Prices!

Stalls will be bursting with new and nearly-new baby and children's clothes, toys, equipment and more, suitable from birth to 5 years old. Plus a small selection of local businesses showcasing their products and services. So pop along and grab yourself a bargain. £1.50 entry, kids go free! Or do you need to clean out those cupboards? Then book a stall.

Old Stratford C. Hall: Sun 14th April, 11am-12.30pm
Medbourne Pavilion: Sat 18th May, 3pm-4.30pm
Broughton Pavilion: Sun 16th June, 3pm-4.30pm

Visit www.littlepoppetsprelovedmarket.co.uk to find out more.



Better Work-Life Balance

We are on the lookout for an amazing parent who shares our enthusiasm and passion to take over the **Toddle About Milton Keynes & Bedford Magazine and Baby Show**. This is a rare opportunity to take over a fun, creative & profitable business that allows you to generate a full-time income whilst working part-time hours around your family. If you are keen to learn more about this fantastic opportunity, simply download the franchise prospectus at www.toddle.fun/franchise.

Contact Pia on 07748 020141 or email pia@toddleabout.co.uk P.12 & 13





FUTURE LIFE

Future Life are Will writing specialists for parents of young children.

Helping thousands of parents protect the ones they love.

When you have little ones who are financially dependent upon you, getting your financial and emotional wishes in place legally is crucial – to avoid lengthy disputes and financial worries should anything happen.

We're a family business with children of our own, so we know how important it is to talk to someone who really understands your situation.

Important reasons why parents need to make a Will:

- 1 You choose who would look after your children.**
As well as taking care of your assets, a Will allows you to nominate who would look after your children. It is the **ONLY** way to appoint legal guardians. If guardians aren't nominated, social services could make those decisions.
- 2 You specify where your wealth goes.**
If you don't have a Will in place, it's a very real possibility that your assets wouldn't go where you would want them to – and there could be lengthy waits for your financial arrangements to be processed through Probate, while the children still need financial and emotional support. Having your affairs in order is key - even if you are married, but especially if you're not married to your partner.
- 3 Who gets the family heirlooms?**
What charities are important to you? Do you want to leave any money to friends or distant family members? Writing a Will is the only way to ensure your wishes are achieved.



Future Life Wills are offering **FREE** Wills. Scan the QR code to get yours.



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CONTACT

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www.bumpstartbabyshop.co.uk

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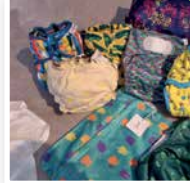


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onceuponasnugglequilt@gmail.com

[once.upon.a.snuggle](https://www.instagram.com/once.upon.a.snuggle)

HEYDOODLE SILICONE ACTIVITY MAT, £24.99

HeyDoodle's wipe-clean silicone mats offer fun playtime, time and time again for children aged 2-7 years. Children can enjoy hours of colouring, tracing, and doodling. These mats are not only fun, but also environmentally friendly, reducing paper waste and providing a sustainable way for kids to explore their artistic abilities.

www.heydoodle.uk

REUSABLE NAPPY, £7

The HippyNut WholeNut is a unique, simple and reliable all in one reusable nappy. It's one size fits most, which means it will grow with your little one from baby to toddler. Pop it on your little one just like any other nappy for quick, easy, no-fuss nappy changes. They recently added a sale to benefit their customers even more.

www.hippynut.com

Offer: 10% off your first order with code 'TODDLE10'.



LITTLELIFE TODDLER BACKPACK, £19.99

These Littlelife backpacks are perfect for little ones who want to explore independently in safety. The award-winning range of children's backpacks offers up a plethora of adorable, colourful designs, providing a practical amount of storage that your child is guaranteed to love. What's more, the toddler backpacks have a built-in safety rein which is a great way to keep safe on family days out.

www.littlelife.com

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| | |
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|---|---|

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FATHER'S DAY CRAFT

Shrinky Dink Keyrings

WHAT YOU WILL NEED:

- Shrinking plastic sheet kit*
- Scissors
- Felt tip pens
- Baking parchment
- Baking tray



INSTRUCTIONS:

1. Pre-heat your oven to 165°C/329°F.
2. Draw your desired picture/wording on the shiny side of the plastic sheeting.
3. Carefully cut around the drawing (parents assistance may be required).
4. Punch a hole at the edge of the plastic, this is where your keyring will attach after baking.
5. Place your design on some parchment paper on your baking tray and place in the oven for

1-2 minutes. Watch the magic happen as the plastic shrinks down, if the plastic curls too much, you may have to use a utensil to flatten it down. Once flat, remove from the oven and let it cool for a few seconds.

6. Carefully attach the keychain to the design and your personalised keyring is complete.

* We bought the kit from Amazon. It comes with everything you need and there are so many things you could make with it!



Credit to Lou Holmes from Toddle About for this great little craft!



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kumon.co.uk

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toddle^{about} magazine

Would you like to be the new owner of our Milton Keynes & Bedford Magazine?

(Yes! The one you are reading right now 😊)



This is a rare opportunity to take over a fun, creative & profitable business that allows you to generate a full-time income whilst working part-time hours around your family.

CONTACT US NOW TO JOIN OUR GROWING TODDLE ABOUT FAMILY!



"Being a Toddle About franchisee has given me a purpose outside of my family again. Being able to still be a present parent, attend all the school events and activities but still work and achieve something tangible and meaningful at work is amazing, it's made me proud of myself again."

Ally Richmond - Franchisee for Toddle About West Northamptonshire



Download a Franchise Prospectus to find out more:
www.toddle.fun/franchise

PART-TIME HOURS, FULL-TIME SALARY

*How Pia found her
perfect work-life balance*

If working fewer hours and earning more money seems like a pipe dream, take a tip from our franchisee Pia who managed to make it her reality.

Pia Howe, who lives in Risby, Suffolk with her husband, David, and their two children Oskar (12) and Elliot (8), runs the Toddle About Suffolk franchise – she works 25 hours a week and earns £25,000 a year:

“Having worked in the hospitality and events industry ever since I graduated from university, I’ve always had a passion for travel. I loved seeing the world and was very career focused, but the arrival of our second child Elliot reshaped my priorities. I knew I couldn’t do my job on a part-time basis, so I decided not to go back to work. It cut our income significantly, but we managed.

I enjoyed being at home with my children and it was only when we decided to move to Suffolk, that things changed: I missed my network of mums and struggled to find local activities for Elliot who was 18 months old at the time.

The Toddle About magazine had always been my to-go-guide for local activities back in Warwickshire – but there wasn’t a similar resource in Suffolk. This sparked an idea - why not bring Toddle About to Suffolk? I picked up the phone to the founder of the magazine, Tim Freed, and a few months later, I became Toddle About’s first franchisee!

With no publishing experience but boundless determination, I embarked on my franchise journey. My husband was supportive, though understandably cautious - I honestly didn’t know what being a franchisee involved, but I wanted to give it a go.

The first issue was a massive learning curve! It was all new for me, which was exciting but also quite scary - fortunately the training and support I received from Tim and the team at Toddle About was amazing. After building a list of local groups and activities, and establishing a distribution network, it was time to get on the phone to local businesses.



The majority of revenue comes from local businesses advertising in the magazine – they pay up front, so I have the money to cover all print and business expenses.

I was thrilled when my first magazine broke even – Toddle About Suffolk had landed!

Each magazine grew in profitability and within a year I was comfortably in the swing of things and earning a decent extra income for the family. It was so nice to have my own money again and I was thrilled to be able to treat the family to a trip to Disneyland a couple of years later.

Now, nearly 6 years on, the magazine virtually runs itself thanks to repeat advertisers. I recently launched local baby shows that go hand-in-hand with the magazine which have been really well-received and have proven to be nicely profitable too.

My days are a delicate balance of work and family, with time for school runs, school plays and self-care. I’m so proud of what I’ve built, but the time has come for me to do something new: I absolutely love running Toddle About’s Baby Shows, so I’m shifting my focus towards expanding them nationwide.

**“So the Toddle About franchise area for
Milton Keynes & Bedford is up for sale!”**



If you would like to find out more, then contact Pia on 07748 020141, pia@toddleabout.co.uk or download the franchise prospectus at www.toddle.fun/franchise.

WE'VE CHANGED OUR NAME TO MATERNITY AND NEONATAL VOICES!



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Working in partnership to improve maternity & neonatal services

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Maternity and Neonatal Voices Partnership are a team of women and birthing people, midwives, doctors, health visitors and commissioners working together to review and contribute to the development of local maternity and neonatal care.

We want to hear about your experience of your local maternity and neonatal services so we can improve them. Please scan the QR code to complete our survey.



JOIN OUR TEAM

If you are interested in volunteering with us please email: blmkicb.mkmvp@nhs.net



Discovering THEMSELVES

by Giles Alexander



The toddler years are a time of massive self-discovery. They'll learn the power of their voice. How to walk, run, play and problem-solve. To say "no" and ask "why", alongside countless other questions that they'll expect you to answer.

As parents, it's our job to give our children a safe space to make these personal discoveries. This isn't a time to "over-parent". Sometimes they will need a lot of support. At others, it's better that they figure things out on their own. Trying and failing is often the best way to learn. Of course, you know your child better than anyone, so it's up to you to decide when to step in and when to stand back.

BUILD THEM UP

While your toddler is going through this period of self-discovery, try to maintain a supportive and positive family environment. Toddlers are highly adept at picking up the mood in the room, and if they sense you are feeling stressed or anxious, it can be unsettling and knock their confidence. Instead, tell them regularly how proud you are of them. Let them overhear you saying nice things about them. And remind them that you are there for them, no matter what. Toddlers benefit considerably from reassurance, positive reinforcement and praise, so make these key parts of your daily parenting routine.

Supportive phrases to try:

- Thanks for telling me
- I love you
- I'm always here for you
- You can do it
- That's so interesting
- You're so clever
- You can tell me anything
- I trust you
- Everyone makes mistakes
- I believe in you

ACTIVELY LISTEN

Listen intently when your toddler wants to tell you something. As parents, when we're always trying to do ten things at once, it's easy to fall into the trap of

"half-listening" when our child talks to us, saying "hold on" or "in a minute". Toddlers really notice this, and it can lead to a range of different problems, including:

- becoming more needy and clingy, craving your attention.
- shouting excessively, as they feel like they aren't being heard (so they up their volume).
- depending on one parent (the one who listens) for emotional support while shutting off the other.
- becoming withdrawn and uncommunicative.

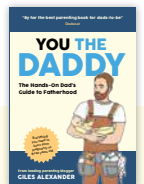
EXPAND THEIR HORIZONS

Although toddlers can be very opinionated about what they like and dislike, at this young age, they really have no clue. Try to expose your child to as many different experiences as possible, from new tastes and new hobbies to different cultures, people and music.

Toddlers like familiar things, e.g. wanting to eat the same meal, watch the same film or play the same game, day in, day out. This is not only boring for you but limiting for them. So, mix things up, involve them in your own interests and try something new together.

BODY CURIOSITY

Toddlers are naturally curious about their bodies (and yours too). So, don't be shocked if you catch them poking, pulling or fiddling with their genitals (boys especially), or pointing, prodding and asking questions about yours. If they do, try not to laugh or make them feel ashamed. This is completely natural and harmless, driven by their own curiosity and not anything to worry about.



This article is an extract from "You The Daddy", written by Giles Alexander and published by Vie, which will be released on 9th May 2024, £14.99, and has been called "By far the best parenting book for dads-to-be" by Dadsnet. Giles is a leading dad blogger; you can find him at youthedaddy.co.uk.

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SHAKE OFF THOSE WINTRY BLUES AND ENJOY THE SPRING SUNSHINE WITH THESE FUN DAYS OUT!

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3 May & 7 June 2024

Have a go at nature themed arts and crafts, experiment with sensory materials, enjoy a book in the Puggle Snuggle or have fun mark making at the Puggle Scribble Station. Make your visit extra fun by exploring the museum and art gallery too.

Activities available between 10.30-12.30pm.

Free entry. No need to book.

The Higgins Bedford, Castle Lane, Bedford, MK40 3XD
www.thehigginsbedford.org.uk

WORLD PENGUIN DAY WHIPSNADE ZOO

25 April 2024

Join Whipsnade Zoo on World Penguin Day, 25 April, for a special penguin talk and on the weekend of the 27 & 28 April where they are celebrating all weekend long.

Normal zoo entry fees and opening hours apply.

Whipsnade Zoo, Dunstable, LU6 2LF
www.whipsnadezoo.org

BRICK FESTIVAL MIDDLETON HALL, CENTRE:MK

6 May 2024

A great day for families, with lots to see and do including speed building competitions, large scale displays, activities, traders selling loose bricks, new LEGO sets, retired LEGO sets, minifigures & accessories plus a dedicated building area.

Entry fee from £5. Early booking advised.

Middleton Hall, Centre:MK, Milton Keynes, MK9 3ES
www.miltonkeynesbrickfestival.com

IT'S A BING THING GULLIVER'S LAND RESORT

throughout Apr, May & June

Bing and Flop will be making special appearances, vooshing by at selected times each day. 'Playtime with Bing & Flop' is a fun-filled mini-show for little ones, taking place daily.

Normal entry fees and opening hours apply.

Gulliver's Land Theme Park, Milton Keynes, MK15 0DT
www.gulliverslandresort.co.uk

KIDS RULE! WREST PARK

25 May - 2 June 2024

Get ready for a right royal knees-up at the Kids Rule event this May half-term. Lots of hands-on activities and fresh-air family fun.

Open from 10am - 5pm.

Booking required.

Normal entry fees and opening hours apply.

Wrest Park, Silsoe, MK45 4HR
www.english-heritage.org.uk

COLOUR RUN & FAMILY FUN DAY WOLVERTON RECREATION GROUND

15 June 2024

This is a colour run and family fun day for all ages. Expect games, stalls, bouncy castle, food and refreshments and many more activities, it's a not to be missed community event and family fun day out.

Tickets £8 per person

Wolverton Recreation Ground, Milton Keynes
www.harrysrainbow.co.uk

James Campbell

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Live!

SAT 8TH JUNE

SHELF



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THE GUARDIAN

THE SCOTSMAN

THE LIST

FUNNY WOMEN

SAT 6TH JULY

BOOK TICKETS: WWW.QUARRYTHEATRE.ORG.UK

cosy bubs

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toddling about

MK & Bedford

SPOTLIGHT ON... HOGSHAW FARM & WILDLIFE PARK

We've teamed up with local mum Vlogger Anisa, from [@amummyandherbeautifulgirls](#), to share some of her favourite adventures and activities to give you our top tips to try out with your little ones.

Hogshaw Farm & Wildlife Park is a fantastic day out for all the family, we just love it! There really is so much to see and do with all the open space and countryside at their Farm Area and Wildlife Park. There are lots of animals to explore - from sheep and goats to spiders and snakes. Make sure you visit the Birds of Prey. They have displays on all year round as well as tractor rides, bouncy pillows and sand & water play zone. Once we have visited all the animals we tend to visit their newly refurbished soft play and coffee shop for some tasty food and coffee. Why not bring a picnic? They have plenty of seating areas inside and out! We love a day out at Hogshaw Farm & Wildlife Park and we highly recommend it to everyone!



INFO: **Opening Hours:** Open daily between 10am - 5.30pm. Adults & Children from £8.50. Under 2s go free.
Hogshaw Farm & Wildlife Park, Claydon Rd, Buckingham, MK18 3LA. Tel: 01296 670444. www.hogshawfarm.co.uk

Anisa is a Milton Keynes Vlogger and the founder of [@amummyandherbeautifulgirls](#). Through her Instagram page, she shares her adventures with her girls. Discover her world at [@amummyandherbeautifulgirls](#).

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E: hampstead.gate@childbase.com



Bedford Borough

Family Hubs

What is a Family Hub?

Bedford Borough Family Hubs are welcoming places where you and your family can go to enjoy fun-filled activities, meet people in your community and learn new skills. From coffee mornings and workshops, to storytelling, cooking and gardening, there's something for all ages.

Who are Family Hubs for?

Anyone! We are here for all families from the moment you are expecting a child until they turn 19 or, if they have special needs, until they turn 25. We have activities and support for all ages. If you want to meet other parents, want something fun to do, or just need some advice, we can help.

Follow us on



Scan the QR code to receive information, news and updates direct to your inbox.



Sign up to see 'What's On' for your family

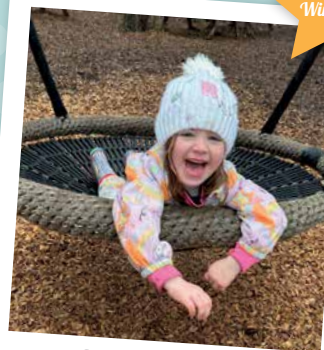
TODDLE MODELS

Baby and Toddler Photo Competition Winner

Thank you to everyone who entered our New Year Toddle Models competition!

Congratulations to little Rosalie who has won a woom 2 Bike from The Little Bike Company, worth £379!

We received so many gorgeous entries - we hope you enjoy looking through them as much as we have and that this gives all our entrants a lovely keepsake.



Winner

Rosalie, 4 years old

The **Little bike** company

Find out more at
thelittlebikecompany.co.uk



Indi, 2 years 10 months old



Massimo,
3 years 10 months old



Jack, 2 years old



Spencer, 15 months old



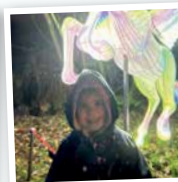
Letti, 2 years old



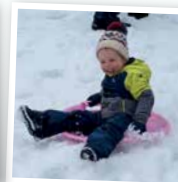
Vihaan, 13 months old



Avaani, 10 months old



Hermione, 4 years old



Jacob, 3 years old



Anabelle, 18 months old



Hei Lam Muna,
4 years 1 month old



Freya, 10 months old



Eduard, 3 years old



Nour, 4 years old



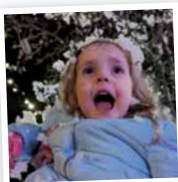
James and Mason,
7 years & 3 years old



Hattie, 2 years 2 months old



Maya, 11 months old



Isobel, 2 years 10 months old



Fallon, 41 months old



Enzo, 2 years old



Elodie, 3 years old



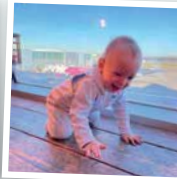
Hazel, 2 years old



Nicholas, 3 years 2 months old



Malaya, 1 years 4 months old



Fabian, 10 months old



Arthur and George,
2 years & 1 year old



Matilda, 3 years old



David, 4 years old



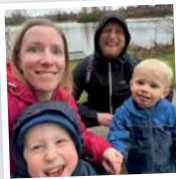
Dylan Edward, 19 months old



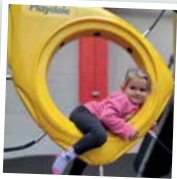
Carissa-Grace,
2 years 3 months old



Violet & Elsie,
3 years & 16 months old



Cooper and Ashton,
4 years & 2 years 5 months old



Chloe, 3 years old



Ezra, 2 years 1 month old



Imogen, 4 years old

COMPETITION

TODDLE MODELS



WIN £100 OF P.O.P OUTFITS

THE PRIZE: A £100 Voucher to spend with P.O.P at polarnopyret.co.uk

With spring here, add a P.O.P of Colour to your spring wardrobe! **The iconic stripes are back:** a true highlight for this new season, which is bursting with gorgeously vibrant tones from turquoise to purple, the brightest orange, a super cute pink and a striking cornflower blue.

Suitable for ages 0-12 years and made from the softest breathable 100% GOTS Organic Cotton, P.O.P outfits can be worn as PJs or for a fun daytime look, and they always provide the ultimate cosiness. You can even embrace the twinning trend and pick up a matching adult outfit so the whole family can join the stripes phenomenon!

HOW TO ENTER:

Send us a photo of your little one enjoying some spring-time fun!

We will print as many entries as possible in the next Toddle About magazine to give you a lovely keepsake.

Enter by **Sun 9 June 2024**.

WORTH
£100

ENTER AT: www.toddle.fun/toddlemodels



P.O.P
Find out more at
www.polarnopyret.co.uk

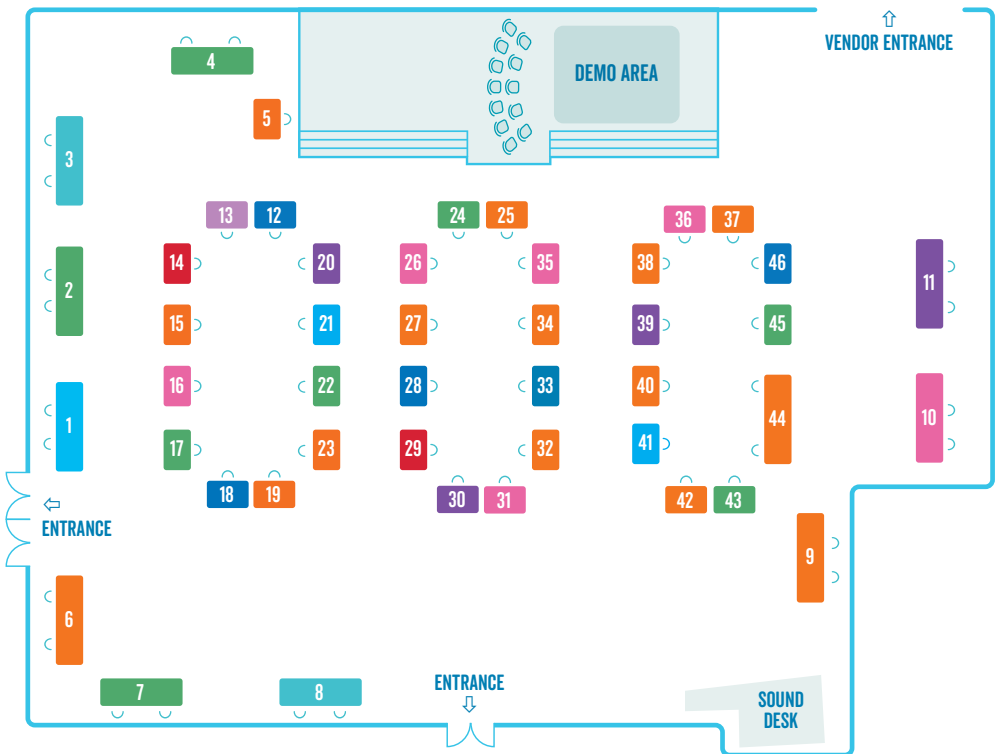
MILTON KEYNES BABY SHOW

EVENT GUIDE

 Saturday 11th May 2024
 10am - 3pm
 The Ridgeway Centre,
MK12 5TH

A warm welcome to the Toddle About Baby Show Milton Keynes. This baby shopping event offers you the opportunity to try and buy essential pregnancy and baby products as well as hear about local baby & toddler activity providers and services.

THE AUDITORIUM



CHILDREN ACTIVITY PROVIDERS

- 46** **Baby Sensory & Toddler Sense**
www.babysensory.com
www.toddlersense.com

- 28** **Cha Char Chimps**
www.cccchimps.com

- 12** **Little Glow**
www.thelittlesensory.co

- 18** **Phonics with Robot Reg**
www.robotreg.co.uk

- 33** **Sense MK**
Facebook: Sense-MK

- 12** **TinyTalk Milton Keynes and Olney**
www.tinytalk.co.uk

NURSERY EQUIPMENT & TOY SHOPS

- 3** **Bumpstart Baby Shop**
SHOW SPONSOR
www.bumpstartbabyshop.co.uk

- 8** **Viculii**
www.viculii.co.uk

HEALTH & FITNESS, FIRST AID

- 14** **Daisy First Aid Milton Keynes**
www.daisyfirstaid.com/buckingham

- 29** **Elliott Holistic Therapies**
www.elliottholistictherapies.com

SLEEP ADVICE & SUPPORT

- 13** **Cosy Bubs Sleep Consultant**
www.cosy-bubs.com

PREGNANCY & POST NATAL SERVICES

- 16** **Bluebird Birth Company**
www.bluebirdbirthcompany.co.uk

- 26** **Chloe's Classes**
www.chloesclasses.co.uk

- 10** **Maternity & Neonatal Voices**
www.maternityvoicesblmk.co.uk

- 35** **NCT**
www.nct.org.uk

- 36** **The Mindful Mama Club**
www.mindfulmamaclub.co.uk

- 31** **Ultrasound Direct**
www.ultrasound-direct.com

NEWBORN & FAMILY PHOTOGRAPHERS

- 30** **Little Luma Photography**
www.littleluma.co.uk

- 11** **Miranda Walton Photography**
www.mirandawalton.com

- 39** **Moonlion Studio**
www.moonlionstudio.co.uk

- 20** **Samantha Paige Photography**
www.samanthapaigephotography.co.uk

PROFESSIONAL SERVICES

- 2** **Future Life**
SHOW SPONSOR
www.future-life-wills.co.uk
SHOW OFFER: Free will writing services for families

- 4** **Swanbourne House**
SHOW SPONSOR
www.swanbourne.org

- 43** **Ashbourne Day Nurseries**
www.carseatninja.com

- 7** **Car Seat Ninja**
www.carseatninja.com

- 22** **Caring Kindergartens**
www.caringkindergartens.co.uk

- 45** **Freshness Evolution**
www.freshnessevolution.com

- 17** **Little Treasures**
Facebook: LittleTreasures24
SHOW OFFER: 15% off soft play or teepee hire

- 24** **Tots2Teens Allergies**
www.tots2teensallergies.com

GIFT IDEAS & HANDMADE PRODUCTS

- 15** **Bag Daddy**
www.bagdaddy.co.uk

- 34** **Bedford mum2mum Market**
www.mum2mummarket.co.uk

- 6** **Current Bun Maternity**
www.currentbunmaternity.com

- 40** **Hippynut Eco Ltd**
www.hippynut.com

- 27** **In Stitches**
Etsy: InStitchesGiftsStore

- 44** **Lily Pots Pottery Painting at Frosts Woburn Sands**
www.frostsgardencentres.co.uk

- 37** **Little Letterbox Learning**
www.littleletterboxlearning.co.uk

- 42** **Mother Cuppa**
www.mothercuppatea.com

- 9** **Out The Box Baby Gifts**
www.outtheboxbabygifts.co.uk

- 25** **Rhyming Moments**
www.rhymingmoments.co.uk

- 23** **Simply Preloved Children's Boutique**
www.simplyprelovedchildrensboutique.co.uk

- 19** **Sounds Fun Resources**
www.soundsfunresources.com

- 32** **Tea & Biscuit Design**
www.teaandbiscuitdesign.co.uk

- 5** **Tom Kreffer, Author**
www.tomkreffer.com

- 38** **Ubere Mama**
www.uberemama.co.uk

SWIM SCHOOLS

- 1** **Water Babies Bucks & Beds**
PREMIER SPONSOR
www.waterbabies.co.uk

- 21** **Little Turtle Swim Company**
www.littleturtleswimcompany.co.uk

- 41** **Swimkidz North Bucks**
www.swimkidz.co.uk

MILTON KEYNES BABY SHOW

EVENT GUIDE

11 Saturday 11th May 2024

10am - 3pm

The Ridgeway Centre,
MK12 5TH

LIVE TALKS & DEMOS ON STAGE

We have a great line-up of informative talks and events happening live on stage throughout the day, where you will be able to access free support, information and advice from baby and parenting experts.

10:30 - 10:45 Sleep Support & Advice with Cosy Bubs Sleep Consultant
Key information on how to support your little one's sleep from newborn up to 6 years old.

10:50 - 11:05 Water Safety Tips with Water Babies
Essential safety tips for your babies when swimming.

11:10 - 11:25 Car Seat Safety with Car Seat Ninja
How to keep your little ones safe.

11:30 - 11:45 Discover the wonderful world of Baby Signing with TinyTalk Milton Keynes and Olney
Learn to communicate with your baby before they speak.

11:50 - 12:05 Pram Demonstration with Bumpstart Baby Shop
Get a sneak peek at their fantastic range of prams and pushchairs.

12:10 - 12:25 Children's First Aid Advice with Daisy First Aid
Would you know what to do in an emergency?

12:30 - 12:45 Food Allergies in Babies and Children with Tots2Teens Allergies
Find out how to protect your child from food allergies.

12:50 - 13:05 Transitioning into Fatherhood with Tom Kreffer
Join author Tom Kreffer as he talks parenting 101 from a Dad's perspective.

PHOTO OPPORTUNITIES



We have a selfie frame for you to use - a fun way to capture the moment. Please use **#toddleaboutbabyshow** when posting on your pictures on social media. We'd love to see them! There are also photo opportunities with your favourite princess and superheroes! Members of the events team will be taking photos and/or will be filming during the event. This is for promotional purposes only.

BABY CHANGING FACILITIES

Baby changing facilities are available at The Ridgeway Centre. We also do have baby changing facility with free baby wipes available in our Baby Feeding/Chill Out Area.

FEEDING YOUR BABY

The Ridgeway Centre is a breastfeeding friendly venue. You are welcome to sit and relax on our sofas in our Baby Feeding Area, especially if you are looking for a space to feed in private.

FEELING PECKISH?

Refreshments and snacks are available to purchase from various food vendors outside The Ridgeway Centre. Feel free to bring a picnic for outside (weather permitting).

SOFT PLAY

The soft play area in The Shaftesbury Suite is free to use and suitable for children up to 5 years. All children must be supervised by parents/carers at all times in the soft play area. The venue/event organiser cannot be held responsible for any injury incurred.

RAFFLE IN SUPPORT OF



www.emilysstar.co.uk
Registered Charity no: 1152520

Visitors have the opportunity to purchase raffle tickets to win some fantastic prizes. All proceedings will go to our chosen charity Emily's Star, who provide essential support, resources and opportunities for premature babies and children & young adults with life limiting conditions.

Visit www.emilysstar.co.uk to find out more.

£1.50 per ticket or £5 for 5 tickets. (Cash or card payments accepted.)

RAFFLES PRIZES INCLUDE:

- ✧ Signed copy of Tom Kreffer's Dear Dory: Journal of a Soon-to-be-First-time Dad, worth £12
- ✧ Free 3-hour soft play set up by Little Treasures
- ✧ Half a term of phonics classes with Phonics with Robot Reg Milton Keynes & Central Beds
- ✧ My First Puppy and Kitten Duplo
- ✧ Bathtime Fun Duplo
- ✧ Daisy First Aid Family First Aid Kit, worth £15
- ✧ Afternoon Tea Gift Box set along with Maternity & Neonatal Voices goodies
- ✧ Busy Bee's Perfect Dive Board Book by Rhyming Moments, worth £7
- ✧ £25 Daisy First Aid gift voucher for local or private Daisy First Aid class
- ✧ £50 Water Babies voucher
- ✧ Half a term of baby signing or toddler talking classes with TinyTalk MK and Olney, worth £48
- ✧ Cosatto Yo! Stroller by Bumpstart Baby Shop, worth £199
- ✧ £30 Voucher for Thrift Farm
- ✧ Baby's First Prints up to £50 by Lily Pots Pottery Painting at Frosts Woburn Sands
- ✧ Sledging session at Snozone for a family of 4, worth £60
- ✧ Wellness Herbal Tea Collection by Mother Cuppa worth £27

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claired@robotreg.co.uk www.robotreg.co.uk
New customers only. Quote 'ToddleTaster'. Expires: 30/06/24

FREE TRIAL

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(MILTON KEYNES, NEWPORT PAGNELL, WOBURN SANDS, ROADE, BLETCHLEY, NEWTON LEYS)
FREE TASTER SESSION
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New customers only. Quote 'Toddle About'. Expires: 30/06/24

10% OFF

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10% OFF 6 WEEKS BABY BALLET
rebeccamariaeacademy@outlook.com
New customers only. Quote 'Toddle About'. Expires: 30/06/24

FREE TRIAL

MINI MOZART
FREE TASTER SESSION WORTH £12
www.minimozart.com
New customers only. Use code 'LoveMusic' at checkout. Can only be used once. Expires: 30/06/24

£10 OFF

WATER BABIES (BEDS & BUCKS)
£10 VOUCHER FOR YOU & YOUR FRIEND WHEN YOU BOTH JOIN
01295 709221 www.waterbabies.co.uk
Quote 'Toddle About' when ordering online. Expires: 30/06/24

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New subscription customers only. Quote 'Toddle Double' when booking. Expires: 30/06/24

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New customers only. Use code 'TODDLE10' at checkout. Expires: 30/06/24

PARTY HIRE

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New customers only. Quote 'Toddle About' when booking. Expires: 30/06/24

FREE TRIALS

These class providers all offer **Free Trials** as standard to new customers.
Please quote **'Toddle About'** when booking.
All trials are subject to availability.

Joey Football

07757 548324 | joeyfootballfun@gmail.com
JoeyFootballFun

Little Kickers (Milton Keynes)

01494 911133 | mk@littlekickers.co.uk
www.littlekickers.co.uk

Rugbytots (MK and Bedford)

0345 3136712 | shauna@rugbytots.co.uk
www.rugbytots.co.uk

Tot Bop

01525 237474 | rachelkenning79@gmail.com
www.totbop.co.uk

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NATIONAL Children's Activities Week

13th - 19th May 2024

#WatchMeFly



Thousands of children and activity leaders are set to take part in sponsored challenges to raise awareness and to fundraise for the charity, Caudwell Children.

From 13th - 19th May, children's clubs and classes across the UK will be celebrating Children's Activities Week, which will see thousands of children take part in various activities, including sponsored events, to raise vital donations for Caudwell Children. 100% of all donations will go directly to help disabled and autistic children nationwide!

Thanks to our Sponsors & Supporters

Children's Activities Week 2024 is organised by What's On 4 Kids and we are delighted to welcome our sponsors and supporters Morton Michel, LoveAdmin, Trustist, Good Play Guide, Mini Professors, Reading Fairy and Pebble, Children's Activities Association (CAA), Institute of Children's Activity Providers (ICAP), The British Franchise Association, Making Digital Real, flexibleworking, works and of course Toddle About.

How to Get Involved

Register as an Activity Provider

Each day of the week will showcase different activity sectors, complete with fancy dress and exciting sponsored challenges.

This year, there are some fantastic prizes up for grabs for activity providers and individual fundraisers, including an invite to a fabulous reception with Sam Bailey for the top supporters

Donate

Even if you aren't providing or taking part in an activity, you can donate to the official Children's Activities Week 2024 Just Giving Page.

Founded in 2000, Caudwell Children has helped over **78,500 disabled and autistic children**, providing them with individual practical and emotional support - because every child is unique.

Meet the Official CAW Ambassador, Sam Bailey

Sam Bailey, former X-Factor winner and Mum of the Year winner in 2016, is the official ambassador for Children's Activities Week 2024.

In 2020, Sam's son, now 14, was diagnosed with autism and dyspraxia. Since receiving this diagnosis, Sam has been dedicated to raising awareness of her son's condition and is a public advocate about the importance of family and life with autism.

To find out more, such as how to **register** or **donate**, please visit:

[childrensactivitiesweek.co.uk](https://www.childrensactivitiesweek.co.uk)

Join in and follow
#WatchMeFly



Donate Here



Register Here



Brought to you by:



In support of:

caudwell children

Email us: info@grow4th.co.uk

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After your trial, it's only £2 every quarter!

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SCAN TO SEE PRIZE DETAILS:



THIS ISSUE YOU COULD WIN:

doze
til dawn



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RICHELLE ND FEEDING SET, WORTH £49.59



ORCHARD TOYS OUTER SPACE JIGSAW, WORTH £11.25



HYGGE SHEETS® MATTRESS PROTECTORS, WORTH £24.99

COWLEY CRAFTS CHILDREN'S CRAFT KITS, WORTH £28



INFANTINO 3-IN-1 PROJECTOR MUSICAL MOBILE, WORTH £40



MAPED CREATIV MY FIRST FINGERPAINTS SET, WORTH £11



WOMB TO WORLD BIRTH JOURNEY PUZZLE AND PRINT SET, WORTH £25

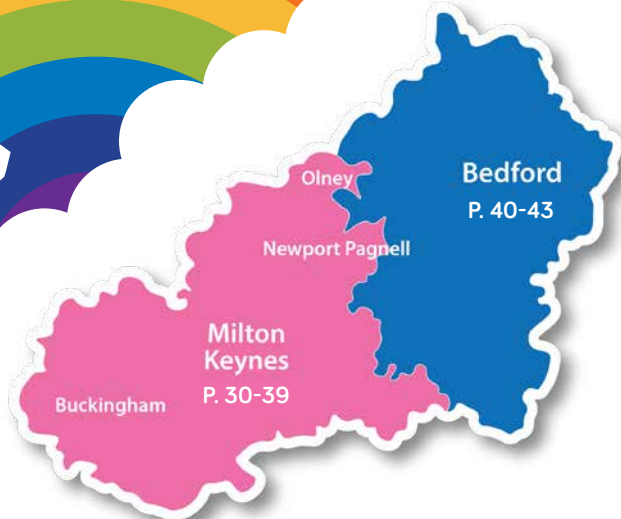


Subscribe to Toddle About today at
www.toddle.fun/vip

SUBSCRIBE BEFORE 30TH JUNE TO WIN

Daily Activity Planner

Your local 'What's On Guide' for families with bumps - 5s in MK & Bedford.



MILTON KEYNES & BUCKINGHAM

MONDAY

PARENTS & TOTS

Cornerstone Toddlers

Cornerstone Church, 300 Saxon Gate West, Milton Keynes, MK9 2ES. 01908 237777 or 07854 762676. www.cornerstonemk.co.uk.

Times: 10:00 - 11:30. **Ages:** 1 mths - 4 yrs 11 mths.

Cost: £1 per session (*drop in*).

Dates: 15 Apr - 29 Apr, 13 May - 20 May & 3 Jun - 1 Jul.

MK Multiples

Kents Hill Community Centre, Kents Hill, Milton Keynes, MK7 6HG.

Times: 10:00 - 12:00. **Ages:** Pregnancy - 5 yrs.

Cost: £4 per session (*drop in*). **Dates:** 15 Apr - 20 May & 3 Jun - 1 Jul.

Moorlands Family Centre

Beanhill Local Centre, Dodkin, Milton Keynes, MK6 4LP. 01908 679819. www.milton-keynes.gov.uk.

• **Sensory Play:** 8:30 - 17:00.

Ages: 0 - 2 yrs. **Cost:** Free (*booking essential*).

Dates: 15 Apr - 20 May & 3 Jun - 1 Jul.

Robins Children's Centre

Glovers Lane, Heelands, Milton Keynes, MK13 7QL. 01908 318758.

• **Bumps and Babies:** 10:00 - 11:30.

Ages: Pregnancy - 1 yrs. **Cost:** Free (*booking essential*).

Dates: 22 Apr - 20 May & 3 Jun - 1 Jul.

Squirrels Childrens Centre

Redbridge, Stantonbury, Milton Keynes, MK14 6BB. 01908 317863.

• **Stay and Play:** 10:00 - 11:15.

Ages: 0 - 4 yrs.

• **Story & Rhyme Time:** 13:30 - 15:00.

Ages: 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 22 Apr - 20 May & 3 Jun - 1 Jul.

MUSIC & SIGNING

Music Bugs Milton Keynes

Summerlin Centre Station Rd, Woburn Sands, Milton Keynes, MK17 8SG. 0844 822 1158. www.musicbugs.co.uk.

Times: 10:00 - 10:35 & 11:00 - 11:35. **Ages:** 0 - 4 yrs.

Cost: £6 per session (*booking essential*).

Dates: 15 Apr - 20 May & 3 Jun - 1 Jul.

SENSORY & DEVELOPMENT

Baby College Milton Keynes & Buckingham

Old Bath House, 205 Stratford Road, Wolverton, Milton Keynes, MK12 5LY. 07976 484212. www.babycollege.co.uk.

• **Junior Class:** 9:30 - 10:15.

• **Toddler Class:** 10:30 - 11:15.

• **Infant Class:** 11:30 - 12:15.

Cost: £7.50 per session (*booking essential*).

Dates: 15 Apr - 20 May & 3 Jun - 1 Jul.

Phonics with Robot Reg Milton Keynes

Willen Pavilion, 28 Portland Drive, Willen, Milton Keynes, MK15 9JP. 07809 459648. www.robotreg.co.uk.

• **MINIS Phonics:** 12:45 - 13:30.

With songs, role play & dancing

Ages: 1 - 3 yrs.

• **Pre-school Phonics:** 13:45 - 14:30.

Fun introduction to Phonics

Ages: 2½ yrs - 4 yrs 11 mths.

Cost: £7.50 per session (*booking essential*).

Dates: 15 Apr - 1 Jul.

DANCE & DRAMA

Tot Bop

Pitstone Village Hall, Vicarage Road, Pitstone, Leighton Buzzard, LU7 9EY. 01525 237474 / 07775 582791. www.totbop.co.uk.

• **Tiny Tots:** 9:30 - 10:05. **Ages:** 1 yrs - 2½ yrs.

Cost: £7.75 per session (*booking essential*).

• **Baby Boppers:** 10:20 - 11:05. **Ages:** 2½ yrs - 5 yrs.

Cost: £8.75 per session (*booking essential*).

Dates: 15 Apr - 20 May & 3 Jun - 1 Jul.



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michelle@musicbugs.co.uk

www.musicbugs.co.uk

PHYSICAL FUN

Rugbytots (Milton Keynes & Bedford)

Lace Hill Academy, Catchpin Street, Buckingham, MK18 7RR.
0845 313 6712. www.rugbytots.co.uk

Times: 9:10 - 9:40 & 10:35 - 11:20. **Ages:** 2 - 7 yrs.

Cost: £7 per session (*booking essential*).

Dates: 15 Apr - 20 May & 3 Jun - 1 Jul.

SWIMMING

Little Turtle Swim Company

The Novotel Hotel, Saxon Street, Leyburn Court, Heelands,
Milton Keynes, MK13 7RA. 07958791872.
www.littleturtleswimcompany.co.uk

Times: 9:00 - 16:00.

Ages: 1 mths - 4 yrs 5 mths. **Cost:** £15 per session (*booking essential*).

Dates: 15 Apr - 20 May & 3 Jun - 1 Jul.

Water Babies Bucks & Beds

Holiday Inn West, Milton Keynes Central, 500 Saxon Gate West,
Milton Keynes, MK9 2HQ. 01295 709221. www.waterbabies.co.uk

Times: 10:00 - 10:30. **Ages:** 0 - 5 yrs.

Cost: £17 per session (*booking essential*).

Dates: 15 Apr - 20 May & 3 Jun - 1 Jul.

Water Babies Bucks & Beds

Buckingham Best Western Hotel, A421 Ring Road South, Buckingham,
MK18 1RY. 01295 709221. www.waterbabies.co.uk

Times: 9:30 - 10:00 & 9:30 - 11:00. **Ages:** 0 - 4 yrs.

Cost: £17 per session (*booking essential*).

Dates: 15 Apr - 20 May & 3 Jun - 1 Jul.

WHAT TO EXPECT:

- ✓ High energy classes
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- ✓ Lots of fun and laughter
- ✓ Preparation for school

ABOUT US:

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<https://www.robotreg.co.uk/find-a-class/milton-keynes/>

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Bletchley, Milton Keynes, MK1 1DX.
07723 020994. www.fitmummybootcamp.com

• **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 per session (*booking essential*).

Dates: 15 Apr - 20 May & 3 Jun - 1 Jul.

PREGNANCY

Vicki Wilkinson Birth & Baby

Vicki Wilkinson Birth & Baby, The Studio At Stowe, Stowe Castle
Business Park, Buckingham, MK18 5AB. 07581 559856. www.vickiwillkinsonbirthandbaby.co.uk

• **Pregnancy Flow - Weekly Pregnancy Yoga:** 19:30 - 20:30.

Cost: £11 per session (*booking essential*).

Dates: 15 Apr - 20 May.

TUESDAY

PARENTS & TOTS

Hummingbird Children's Centre

Broughton Fields School, Shackerstone Close, Milton Keynes,
MK6 4LP. 01908 609609.

• **Stay and Play:** 9:30 - 10:45. **Ages:** 0 - 5 yrs.

Cost: £1 per session (*drop in*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

• **Inbetweens:** 13:00 - 14:30. **Ages:** 6 mths - 1½ yrs.

Cost: Free (*drop in*). **Dates:** 16 Apr - 2 Jul.

Little Owls Children's Centre

Little Owls Children's Centre, Oxley Park Community Centre, Redgrave Drive, Oxley Park, Milton Keynes, MK4 4TA. 01908 520261.

- **Stay and Play:** 10:00 - 11:00.

Ages: 0 - 4 yrs. **Cost:** £1 per session (*drop in*).

- **Story, Songs and Rhymes:** 10:00 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

MK Christian Centre Parent and Toddler Group

Milton Keynes Christian Centre, Strudwick Drive, Oldbrook, MK6 2TG. 01908 670655. www.mkcc.org.uk.

Times: 10:00 - 11:00. **Ages:** 0 - 4 yrs.

Cost: £1 per session (*drop in*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

Milton Keynes Central Library

555 Silbury Boulevard, Milton Keynes, MK9 3HL.

- **Song and Rhyme Time:** 10:00 - 10:30. **Ages:** 0 - 2 yrs.

- **Storytime:** 10:45 - 11:15. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

Moorlands Family Centre

Beanhill Local Centre, Dodkin, Milton Keynes, MK6 4LP.

01908 679819. www.milton-keynes.gov.uk.

- **Sensory Play:** 8:30 - 17:00. **Ages:** 0 - 2 yrs.

Cost: Free (*booking essential*).

- **Baby Group:** 13:45 - 14:45. **Ages:** Pregnancy - 1½ yrs.

Cost: Free (*drop in*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

Robins Children's Centre

Ashbrook School, 38 The High Street, Two Mile Ash, Milton Keynes, MK8 8NA. 01908 318758.

- **Story, Songs and Rhyme Time:** 9:00 - 10:00.

Ages: 0 - 4 yrs. **Cost:** Free (*drop in*).

Dates: 23 Apr - 21 May & 4 Jun - 2 Jul.

Squirrels Childrens Centre

Redbridge, Stantonbury, Milton Keynes, MK14 6BB. 01908 317863.

- **Let's get busy..Let's explore:** 13:30 - 15:00.

Ages: 0 - 5 yrs. **Cost:** Free (*booking essential*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

Winslow Baby and Toddler Group

Winslow Public Hall, Elmfields Gate, Winslow, MK18 3JA.

Times: 10:00 - 11:15. **Ages:** 0 - 5 yrs. **Cost:** £2.50 per session (*drop in*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

Woburn Sands Library

The Institute, High Street, Woburn Sands, MK17 8SD.

- **Story Time:** 11:15 - 11:45.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

MUSIC & SIGNING

Cha Char Chimps CIC

The Old Bath House & Community Centre, 205 Stratford Road, Wolverton, MK12 5RL. www.cchimps.com.

- **Cha Char Chimps Show:** 9:45 - 10:45.

- **Baby Chimps (non-walkers):** 11:15 - 12:00.

Cost: £6.95 (*booking essential*).

Dates: 16 Apr, 23 Apr, 30 Apr, 7 May, 14 May, 21 May, 4 Jun, 11 Jun, 18 Jun, 25 Jun & 2 Jul.

Mini Mozart Bedford & Milton Keynes

St Mary & St Giles Church, 1 Church Street, Stony Stratford, Milton Keynes, MK11 1FD. 0207 193 1983. www.minimozart.com.

- **Toddlers:** 9:30 - 10:10.

Live toddler music classes led by professional musicians

Ages: 1 yrs 4 mths - 4 yrs.

- **Babies:** 10:30 - 11:10.

Live music classes for babies led by professional musicians

Ages: 0 - 1 yrs 4 mths.

Cost: £12 per session (*booking essential*).

Dates: 16 Apr - 2 Jul.

Music Bugs Milton Keynes

360 Play, Roebuck Way, Knowlhill, Milton Keynes, MK5 8HL. 0844 822 1158. www.musicbugs.co.uk.

Times: 10:00 - 10:35 & 11:00 - 11:35.

Get 3 sessions (in a row) as a trial for just £12

Ages: 3 mths - 4 yrs. **Cost:** £6 per session (*booking essential*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

SENSORY & DEVELOPMENT

Baby College Milton Keynes & Buckingham

Newton Leys Pavilion, Furzey Way, Newton Leys, Milton Keynes, MK3 5SP. 07976 484212. www.babycollege.co.uk.

- **Toddler Class:** 11:30 - 12:15.

- **Infant Class:** 12:30 - 13:15.

- **Junior Class 18 months - 4 years:** 12:30 - 13:15.

Cost: £7.50 per session (*booking essential*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

DANCE & DRAMA

Rebecca Marie Academy of Dance

Oakgrove Secondary School, Venturer Gate, Middleton, Milton Keynes, MK10 9JQ. 07817 628630. www.rebeccamariemkdance.co.uk.

- **Mini Duetz and Dollz Street Dance:** 16:50 - 17:20.

Ages: 3 - 5 yrs. **Cost:** £5 per session (*booking essential*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

SWIMMING

Little Turtle Swim Company

The Novotel Hotel, Saxon Street, Leyburn Court, Heelands, Milton Keynes, MK10 9JQ. 07958791872. littleturtleswimcompany.co.uk.

Times: 9:00 - 16:00.

Ages: 1 mths - 4 yrs 5 mths. **Cost:** £15 per session (*booking essential*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

Water Babies Bucks & Beds

Buckingham Best Western Hotel, A421 Ring Road South, Buckingham, MK18 1RY. 01295 709221. www.waterbabies.co.uk.

Times: 9:30 - 10:00 & 9:30 - 12:00. **Ages:** 0 - 4 yrs.

Cost: £17 per session (*booking essential*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

Water Babies Bucks & Beds

Wolverton Swimming & Fitness Centre, Addington Avenue, Stratford Park, Wolverton, MK12 5GH. 01295 709221. www.waterbabies.co.uk.

Times: 9:00 - 9:30. **Ages:** 0 - 5 yrs.

Cost: £17 per session (*booking essential*).

Dates: 16 Apr - 21 May, 4 Jun - 2 Jul, 16 Apr - 2 Jul & 16 Apr - 2 Jul.

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Bletchley, Milton Keynes, MK1 1DX. 07723 020994. www.fitmummybootcamp.com.

- **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 per session (*booking essential*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

PREGNANCY

Vicki Wilkinson Birth & Baby

Vicki Wilkinson Birth & Baby, The Studio At Stowe, Stowe Castle Business Park, Buckingham, MK18 5AB. 07581 559856.

www.vickiwillkinsonbirthandbaby.co.uk.

- **6 week Antenatal Course:** 19:00 - 21:30.

Cost: £240 per course (*booking essential*).

Dates: 16 Apr - 14 May.



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WEDNESDAY

PARENTS & TOTS

Buckingham Library

Verney Close, Buckingham, MK18 1JP.
 01296 382415. www.buckinghamshire.gov.uk.

- **Bounce and Rhyme:** 10:30 - 11:00.

Ages: 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

Moorlands Family Centre

Beanhill Local Centre, Dodkin, Milton Keynes, MK6 4LP. 01908 679819.

- **Sensory Play:** 8:30 - 17:00. **Ages:** 0 - 2 yrs.

Cost: Free (booking essential).

- **Stay and Play:** 13:30 - 15:00. **Ages:** 0 - 3 yrs.

Cost: Free (drop in).

Dates: 17 Apr - 3 Jul.

Squirrels Childrens Centre

Redbridge, Stantonbury, Milton Keynes, MK14 6BB. 01908 317863.

- **Story Sacks:** 9:30 - 11:00. **Ages:** 0 - 5 yrs.

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

- **Well-being Wednesdays:** 12:30 - 14:30. **Ages:** 0 - 5 yrs.

Dates: 17 Apr, 1 May, 15 May, 12 Jun & 26 Jun.

Cost: Free (booking essential).

MUSIC & SIGNING

Music Bugs Milton Keynes

The Methodist Church, Silver Street, Stony Stratford, Milton Keynes, MK11 1JS. 0844 822 1158. www.musicbugs.co.uk.

Times: 10:00 - 10:35 & 11:00 - 11:35.

Ages: 0 - 5 yrs.

Cost: £6 per session (booking essential).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

SENSORY & DEVELOPMENT

Little Glow Milton Keynes

East Street Community Centre, East Street, Olney, Milton Keynes, MK46 4DH. 07969 247268. miltonkeynes.thelittlesensory.co.

Times: 10:00 - 11:00, 11:30 - 12:30 & 11:30 - 11:40.

Ages: 1 mths - 1 yrs 1 mths.

Cost: £7 per session (booking essential).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

Phonics with Robot Reg Milton Keynes

360 Play, Roebuck Way, Knowhill, Milton Keynes, MK5 8HL. 07809 459648. www.robotreg.co.uk.

- **MINIS Phonics:** 10:00 - 10:45. **Ages:** 1 - 3 yrs.

With songs, role play & dancing

- **Pre-school Phonics:** 11:00 - 11:45. **Ages:** 2½ yrs - 4 yrs 11 mths.

Fun introduction to Phonics

Cost: £7.50 per session (booking essential).

Dates: 17 Apr - 3 Jul.

DANCE & DRAMA

Rebecca Marie Academy of Dance

Wavendon Community Centre, Wavendon Rd, Church End, Milton Keynes, MK17 8LH. 07817 628630. www.rebeccamariemkdance.co.uk.

- **Baby Ballet:** 10:15 - 10:45.

Ages: 1½ yrs - 3½ yrs. **Cost:** £6.50 per session (booking essential).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

SWIMMING

Little Turtle Swim Company

The Novotel Hotel, Saxon Street, Leyburn Court, Heelands, Milton Keynes, MK13 7RA. 07958791872. littleturtleswimcompany.co.uk.

Times: 9:00 - 16:00.

Ages: 1 mths - 4 yrs 5 mths.

Cost: £15 per session (booking essential).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

Water Babies Bucks & Beds

Holiday Inn Hotel, Milton Keynes Central, 500 Saxon Gate West, Milton Keynes, MK9 2HQ. 01295 709221. www.waterbabies.co.uk.

Times: 10:00 - 10:30 & 16:30 - 17:00. **Ages:** 0 - 5 yrs.

Cost: £18.50 per session (booking essential).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

Water Babies Bucks & Beds

Wolverton Swimming & Fitness Centre, Addington Avenue, Stratford Park, Wolverton, MK12 5GH. 01295 709221. www.waterbabies.co.uk.

Times: 13:45 - 14:15. **Ages:** 0 - 5 yrs.

Cost: £17 per session (booking essential).

Dates: 17 Apr - 22 May, 5 Jun - 3 Jul & 17 Apr - 3 Jul.

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Bletchley, Milton Keynes, MK1 1DX. 07723 020994. www.fitmummybootcamp.com.

- **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 per session (booking essential).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

THURSDAY

PARENTS & TOTS

Bletchley Library

Bletchley Library, Westfield Road, Bletchley, MK2 2RA.

- **Story Time:** 10:00 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Church Mice

St Peter's & St Paul's Church, Church Street, Olney, Milton Keynes, MK46 4AD. 01234 712772.

Times: 10:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: Free (*booking essential*).

Dates: 18 Apr - 4 Jul.

Hummingbird Children's Centre

Broughton Fields School, Shackerstone Close, Milton Keynes, MK6 4LP. 01908 609609.

- **Hummingbabes:** 9:45 - 11:15.

Ages: 0 - 1 yrs 6 mths.

Cost: £1 per session (*drop in*).

Dates: 18 Apr - 4 Jul.

Kingston Library

Kingston Library, Winchester Circle, Kingston, MK9 3HL.

- **Story Time:** 10:00 - 10:30.

Ages: 0 - 7 yrs. **Cost:** Free (*drop in*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Moorlands Family Centre

Beanhill Local Centre, Dodkin, Milton Keynes, MK6 4LP. 01908 679819.

- **Sensory Play:** 8:30 - 17:00.

Ages: 0 - 2 yrs.

Cost: Free (*booking essential*).

- **Soft Play Session:** 9:30 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Noah's Ark Baby & Toddler Group

Whaddon Way Church Centre, Beaverbrook Court, Bletchley, Milton Keynes, MK3 7JS. 01908 372072. www.whaddonway.church.

Times: 10:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: Free (*booking essential*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Robins Children's Centre

Glovers Lane, Heelands, Milton Keynes, MK13 7QL. 01908 318758.

- **Soft Play:** 10:00 - 11:15.

Ages: 6 mths - 1 yrs 8 mths.

Cost: Free (*drop in*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Stony Stratford Library

5-7 Church Street, Stony Stratford, MK11 1BD.

- **Stories, Songs and Rhymes:** 10:00 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 18 Apr - 4 Jul.

Squirrels Childrens Centre

Redbridge, Stantonbury, Milton Keynes, MK14 6BB. 01908 317863.

- **Forest Tots:** 9:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*drop in*).

- **Bumps and Babies:** 13:30 - 15:00. **Ages:** 0 - 1 yrs.

Cost: Free (*drop in*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Steeple Claydon Baby & Toddler Group

The Village Hall, 48 Queen Catherine Rd, Steeple Claydon, MK18 2PY.

Times: 10:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** £2.50 per session (*drop in*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.



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MUSIC & SIGNING**Music Bugs Milton Keynes**

Portfield Community Centre, 8 Wordsworth Avenue, Newport Pagnell, MK16 8SB. 0844 822 1158. www.musicbugs.co.uk.

Times: 10:00 - 10:35 & 11:00 - 11:35. **Ages:** 6 mths - 4 yrs.

Cost: £6 per session (*booking essential*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

SENSORY & DEVELOPMENT**Baby College Milton Keynes & Buckingham**

The Summerlin Centre, Station Road, Woburn Sands, Milton Keynes, MK17 8SG. 07976 484212. www.babycollege.co.uk.

- **Junior Class:** 9:30 - 10:15.

- **Toddler Class:** 10:30 - 11:15.

- **Infant Class:** 11:30 - 12:15.

Cost: £7.50 per session (*booking essential*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Little Glow Milton Keynes

The Quaker Centre, 1 Oakley Gardens, Downhead Park, Milton Keynes, MK15 9BH. 07969 247268. miltonkeynes.thelittlesensory.co.

Times: 09:19 - 10:19, 10:00 - 11:00& 11:30 - 12:30.

Ages: 1 mths - 1 yrs 1 mths.

Dates: 18 Apr - 25 Apr, 9 May - 23 May & 6 Jun - 4 Jul.

Cost: £7 per session (*booking essential*).

Phonics with Robot Reg Milton Keynes

Newton Leys Pavilion, Furzey Way, Bletchley, Milton Keynes, MK3 5SP. 07809 459648. www.robotreg.co.uk.

- **Reception Home Education Reception Age:** 10:30 - 11:15.

Classes for those families home educating

Ages: 4 - 5 yrs.

Cost: £7.50 per session (*booking essential*). **Dates:** 18 Apr - 4 Jul.

Phonics with Robot Reg Milton Keynes

East Street Community Centre, East Street, Olney, Milton Keynes, MK46 4DH. 07809 459648. www.robotreg.co.uk.

- **Pre-school Phonics:** 13:30 - 14:15.

Fun introduction to Phonics

Ages: 2½ yrs - 4 yrs 11 mths.

Cost: £7.50 per session (*booking essential*).

Dates: 18 Apr - 4 Jul.

PHYSICAL FUN

Little Kickers MK

Brooklands Community Sports Pavillion, Countess Way, Brooklands, Milton Keynes, MK10 7HN. 01494 911133. www.littlekickers.co.uk.

- **Mighty Kickers:** 16:10 - 16:55.

Ages: 3½ yrs - 5 yrs. **Cost:** £7.85 per session (*booking essential*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

SWIMMING

Little Turtle Swim Company

The Novotel Hotel, Saxon Street, Leyburn Court, Heelands, Milton Keynes, MK13 7RA. 07958791872. littleturtleswimcompany.co.uk.

Times: 9:00 - 16:00.

Ages: 1 mths - 4 yrs 5 mths. **Cost:** £15 per session (*booking essential*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

DW Fitness - MK, Stadium Way, Milton Keynes, MK1 1ST. 01604 372747. www.turtletots.com.

Times: 10:30 - 13:00. **Ages:** 3 mths - 4 yrs.

Cost: £15 per session (*booking essential*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Water Babies Bucks & Beds

Buckingham Best Western Hotel, A421 Ring Road South, Buckingham, MK18 1RY. 01295 709221. www.waterbabies.co.uk.

Times: 10:30 - 11:00 & 10:30 - 12:30. **Ages:** 0 - 4 yrs.

Cost: £17 per session (*booking essential*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Water Babies Bucks & Beds

Nuffield Health - Milton Keynes, 602 Marlborough Gate, Milton Keynes, MK9 2HQ. 01295 709221. www.waterbabies.co.uk.

Times: 14:45 - 15:15. **Ages:** 0 - 5 yrs.

Cost: £18.50 per session (*booking essential*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Bletchley, Milton Keynes, MK1 1DX. 07723 020994. www.fitmummybootcamp.com.

- **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 per session (*booking essential*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

GROUP FITNESS FOR MUMS WITH BABIES AND SMALL CHILDREN

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FIT MUMMY MK

WWW.FITMUMMYBOOTCAMP.COM

FRIDAY

PARENTS & TOTS

Deanshanger Library

Little London Deanshanger, Deanshanger, MK19 6HT. 0300 126 7000.

- **Rhymetime:** 14:15 - 14:45.

Ages: 0 - 5 yrs. **Cost:** Free (*booking essential*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

NCT Milton Keynes

King's Community Centre, Creed Street, Wolverton, Milton Keynes, MK12 5LY. 0844 243 6210. www.nct.org.uk.

- **NCT Bumps and Babies:** 10:00 - 11:30.

No need to be an NCT member, everyone welcome!

Ages: Pregnancy - 2 yrs. **Cost:** £2 per session (*drop in*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

Newport Pagnell Library

St John Street, Newport Pagnell, MK16 8HQ.

- **Stories, Songs and Rhymes:** 10:00 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (*booking essential*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

Moorlands Family Centre

Beanhill Local Centre, Dodkin, Milton Keynes, MK6 4LP. 01908 679819.

- **Sensory Play:** 8:30 - 16:30.

Ages: 0 - 2 yrs. **Cost:** Free (*booking essential*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

Robins Children's Centre

Glovers Lane, Heelands, Milton Keynes, MK13 7QL. 01908 318758.

- **Stay and Play:** 10:00 - 11:30.

Ages: 0 - 4 yrs. **Cost:** Free (*booking essential*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.



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**James: 01494 911133
mk@littlekickers.co.uk**



SCAN ME

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Squirrels Childrens Centre

Redbridge, Stantonbury, Milton Keynes, MK14 6BB. 01908 317863.

• **Talk, Play & Support:** 9:00 - 10:30. **Ages:** 0 - 4 yrs.

• **Cost:** Free (drop in).

• **Baby Massage:** 11:30 - 12:00.

• **Cost:** Free (booking essential).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

Westcroft Library

Wimbome Crescent, Westcroft, MK4 4DE.

• **Story Time:** 10:00 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

Woburn Baby And Toddler Group

Woburn Village Hall, Crawley Road, Woburn, MK17 9QD. 07717883356.

Times: 9:45 - 11:30.

Ages: 0 - 4 yrs. **Cost:** £2.50 per session (booking essential).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

Wolverton Library

Wolverton Library, Town Hall, Creed Street, Wolverton, MK12 5LY.

• **Stories, Songs and Rhymes:** 14:00 - 14:30. **Ages:** 0 - 5 yrs.

• **Cost:** Free (drop in).

• **Story time:** 14:00 - 14:30. **Ages:** 0 - 5 yrs.

• **Cost:** Free (booking essential).

Dates: 19 Apr - 24 May, 7 Jun - 5 Jul & 19 Apr - 5 Jul.

MUSIC & SIGNING

Cha Char Chimps CIC

The Old Bath House & Community Centre, 205 Stratford Road,

Wolverton, MK12 5RL. www.cccchimps.com.

• **Cha Char Chimps Show:** 9:45 - 10:45.

• **Cost:** £6.95 (booking essential).

Dates: 26 Apr, 19 Apr, 3 May, 10 May, 17 May, 24 May, 7 Jun, 14 Jun, 21 Jun, 28 Jun & 5 Jul.

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Music Bugs Milton Keynes

The Sunshine Centre, Dulverton Drive, Furzton, MK4 1EZ.

0844 822 1158. www.musicbugs.co.uk.

Times: 10:00 - 10:35 & 11:00 - 11:35. **Ages:** 0 - 5 yrs.

• **Cost:** £6 per session (booking essential).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

SENSORY & DEVELOPMENT

Baby College Milton Keynes & Buckingham

360 Play MK, 27 Roebuck Way, Knowlhill, Milton Keynes, MK5 8HL.

07976 484212. www.babycollege.co.uk.

• **Junior Class:** 9:45 - 10:30.

• **Toddler Class:** 10:45 - 11:30.

• **Infant Class:** 11:45 - 12:30.

• **Cost:** £7.50 per session (booking essential).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

Little Glow Milton Keynes

The Quaker Centre, 1 Oakley Gardens, Downhead Park, Milton Keynes,

MK15 9BH. 07969 247268. www.miltonkeynes.thelittlesensory.co.

Times: 10:00 - 11:00, 11:00 - 12:00 & 1:30 - 12:30.

Ages: 1 mths - 1 yrs 1 mths.

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

• **Cost:** £7 per session (booking essential).

Phonics with Robot Reg Milton Keynes

Loughton Memorial Hall, 44 Bradwell Road, Loughton, Milton Keynes,

MK5 8AJ. 07809 459648. www.robotreg.co.uk.

• **MINIS Phonics:** 9:30 - 10:15.

With songs, role play & dancing

Ages: 1 - 3 yrs.

• **Pre-school Phonics:** 10:30 - 11:15.

Ages: 2½ yrs - 4 yrs 11 mths.

• **Cost:** £7.50 per session (booking essential).

Dates: 19 Apr - 5 Jul.

Phonics with Robot Reg Milton Keynes

Stony Stratford Methodist Church, Silver Street, Stony Stratford, Milton Keynes, MK11 1JS. 07809 459648. www.robotreg.co.uk

- **Pre-school Phonics:** 13:30 - 14:15.

Fun introduction to Phonics

Ages: 2½ yrs - 4 yrs 11 mths.

Cost: £7.50 per session (*booking essential*).

Dates: 19 Apr - 5 Jul.

DANCE & DRAMA

Tot Bop

Billington Village Hall, Gaddesden Turn, Leighton Buzzard, LU7 9BW.

01525 237474 / 07775 582791. www.totbop.co.uk.

- **Tiny Tots:** 9:30 - 10:05. **Ages:** 1 yrs - 2½ yrs.

Cost: £7.75 per session (*booking essential*).

- **Baby Boppers:** 10:20 - 11:05. **Ages:** 2½ yrs - 5 yrs.

Cost: £8.75 per session (*booking essential*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

PHYSICAL FUN

Little Kickers MK

Oakgrove Leisure Centre, Venturer Gate, Oakgrove, Milton Keynes, MK10 9JQ. 01494 911133. www.littlekickers.co.uk.

- **Mighty Kickers:** 16:25 - 17:10.

Ages: 3½ yrs - 5 yrs.

Cost: £7.85 per session (*booking essential*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

SWIMMING

Little Turtle Swim Company

The Novotel Hotel, Saxon Street, Leyburn Court, Heelands, Milton Keynes, MK13 7RA. 07958791872. www.littleturtleswimcompany.co.uk.

Times: 9:00 - 16:00.

Ages: 1 mths - 4 yrs 5 mths. **Cost:** £15 per session (*booking essential*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

Water Babies Bucks & Beds

Holiday Inn Hotel, Milton Keynes Central, 500 Saxon Gate West, Milton Keynes, MK9 2HQ. 01295 709221. www.waterbabies.co.uk.

Times: 9:30 - 10:00. **Ages:** 0 - 5 yrs.

Cost: £17 per session (*booking essential*).

Dates: 26 Apr - 24 May, 7 Jun - 5 Jul, 19 Apr - 24 May & 7 Jun - 5 Jul.

Water Babies Bucks & Beds

Fitness First, Unit B, Stadium Way, West Milton Keynes, MK1 1ST. 01295 709221. www.waterbabies.co.uk.

Times: 10:00 - 10:30 & 11:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £18.50 per session (*booking essential*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

Water Babies Bucks & Beds

Wolverton Swimming & Fitness Centre, Addington Avenue, Stratford Park, Wolverton, MK12 5GH. 01295 709221. www.waterbabies.co.uk.

Times: 11:30 - 12:00. **Ages:** 0 - 5 yrs.

Cost: £17 per session (*booking essential*).

Dates: 19 Apr - 5 Jul.

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Bletchley, Milton Keynes, MK1 1DX. 07723 020994. www.ftmummybootcamp.com.

- **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 per session (*booking essential*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

SATURDAY

PARENTS & TOTS

DadTime

Kents Hill Community Centre, Frithwood Crescent, Kents Hill, Milton Keynes, MK7 6HQ. 07887 756651.

Times: 10:00 - 12:00. **Ages:** 0 - 4 yrs.

Cost: Free (*drop in*). **Dates:** 20 Apr - 18 May & 1 Jun - 6 Jul.

DANCE & DRAMA

Tot Bop

Pages Park Pavilion, Richmond Road, Leighton Buzzard, LU7 4RF.

01525 237474 / 07775 582791. www.totbop.co.uk.

- **Tiny Tots:** 8:45 - 9:15. **Ages:** 1 yrs - 2½ yrs.

- **Baby Boppers:** 9:30 - 10:15. **Ages:** 2½ yrs - 3½ yrs.

- **Funky Monkeys:** 10:30 - 11:15. **Ages:** 3½ yrs - 5 yrs 11 mths.

- **Groovy Movers:** 11:30 - 12:15. **Ages:** 5 yrs - 9 yrs 11 mths.

Cost: £8.75 per session (*booking essential*).

Dates: 20 Apr - 25 May & 8 Jun - 6 Jul.

PHYSICAL FUN

Little Kickers MK

Oakgrove Leisure Centre, Venturer Gate, Oakgrove, Milton Keynes, MK10 9JQ. 01494 911133. www.littlekickers.co.uk.

- **Little Kicks:** 8:30 - 9:15. **Ages:** 1½ yrs - 2½ yrs.

- **Junior Kickers:** 9:30 - 10:15. **Ages:** 2½ yrs - 3½ yrs.

- **Mighty Kickers:** 10:30 - 11:15. **Ages:** 3½ yrs - 5 yrs.

- **Junior Kickers:** 11:30 - 12:15. **Ages:** 2½ yrs - 3½ yrs.

- **Mega Kickers:** 11:30 - 12:15. **Ages:** 5 - 7 yrs.

Cost: £7.85 per session (*booking essential*).

Dates: 20 Apr - 18 May & 8 Jun - 6 Jul.

Little Kickers MK

Tickford Park Primary School, Avon Close, Newport Pagnell, MK16 9DH. 01494 911133. www.littlekickers.co.uk.

- **Little Kicks:** 8:45 - 9:30. **Ages:** 1½ yrs - 2½ yrs.

- **Junior Kickers:** 9:35 - 10:20. **Ages:** 2½ yrs - 3½ yrs.

- **Mighty Kickers:** 10:25 - 11:10. **Ages:** 3½ yrs - 5 yrs.

- **Mega Kickers:** 11:15 - 12:00. **Ages:** 5 - 7 yrs.

Cost: £7.85 per session (*booking essential*).

Dates: 20 Apr - 18 May & 8 Jun - 6 Jul.

Little Kickers MK

Woughton Leisure Centre, Rainbow Drive, Leadenhall, Milton Keynes, MK6 5EJ. 01494 911133. www.littlekickers.co.uk.

- **Junior Kickers:** 8:45 - 9:30. **Ages:** 2½ yrs - 3½ yrs.

- **Mighty Kickers:** 9:40 - 10:25. **Ages:** 3½ yrs - 5 yrs.

- **Mega Kickers:** 10:45 - 11:30. **Ages:** 5 - 7 yrs.

Cost: £7.85 per session (*booking essential*).

Dates: 20 Apr - 18 May & 8 Jun - 6 Jul.

Little Kickers MK

Royal Latin School, Chandos Road, Buckingham, MK18 1AX. 01494 911133. www.littlekickers.co.uk.

- **Junior Kickers:** 9:10 - 9:55. **Ages:** 2½ yrs - 3½ yrs.

- **Mighty Kickers:** 10:05 - 10:50. **Ages:** 3½ yrs - 5 yrs.

- **Little Kicks:** 11:00 - 11:45. **Ages:** 1½ yrs - 2½ yrs.

Cost: £7.85 per session (*booking essential*).

Dates: 20 Apr - 18 May & 8 Jun - 6 Jul.

Little Kickers MK

Brooklands Community Sports Pavilion, Countess Way, Brooklands, Milton Keynes, MK10 7HN. 01494 911133. www.littlekickers.co.uk.

- **Junior Kickers:** 9:15 - 10:00. **Ages:** 2½ yrs - 3½ yrs.

- **Mighty Kickers:** 10:15 - 11:00. **Ages:** 3½ yrs - 5 yrs.

Cost: £7.85 per session (*booking essential*).

Dates: 20 Apr - 18 May & 1 Jun - 6 Jul.

Rugbytots (Milton Keynes & Bedford)

Shenley Brook End School, Walbank Grove, Shenley Brook End, Milton Keynes, MK5 7ZT. 0845 313 6712. www.rugbytots.co.uk.

Times: 9:00 - 9:30, 9:40 - 10:25, 10:35 - 11:05 & 11:15 - 12:00.

Ages: 2 - 7 yrs.

Cost: £7 per session (*booking essential*).

Dates: 20 Apr - 18 May & 8 Jun - 6 Jul.

Rugbytots (Milton Keynes & Bedford)

Lace Hill Academy, Catchpin Street, Buckingham, MK18 7RR. 0845 313 6712. www.rugbytots.co.uk.

Times: 8:35 - 9:05, 9:45 - 10:30 & 11:25 - 12:10.

Ages: 2 - 7 yrs.

Dates: 27 Apr - 18 May & 8 Jun - 6 Jul.

Cost: £7 per session (*booking essential*).

SWIMMING**Water Babies Bucks & Beds**

Holiday Inn Hotel, Milton Keynes Central, 500 Saxon Gate West, Milton Keynes, MK9 2HQ. 01295 709221. www.waterbabies.co.uk.

Times: 8:00 - 8:30. **Ages:** 0 - 5 yrs.

Cost: £18.50 per session (*booking essential*).

Dates: 27 Apr - 18 May & 8 Jun - 6 Jul.

OTHER**Little Poppets Preloved Market - Milton Keynes**

Medbourne Pavilion, 31 Pascal Dr, Medbourne, Milton Keynes, MK5 6LS. 07894 126753. www.littlepoppetsprelovedmarket.co.uk.

- **Baby & Children's Nearly New Sales:** 15:00 - 16:30.

Cost: £1.50 per adult. Kids go free.

Dates: 18 May.

SUNDAY**PHYSICAL FUN****Little Kickers MK**

Rickley Park School, Rickley Lane, Milton Keynes, MK3 6EW. 01494 911133. www.littlekickers.co.uk.

- **Little Kickers:** 8:45 - 9:30. **Ages:** 1½ yrs - 2½ yrs.
- **Junior Kickers:** 9:35 - 10:20. **Ages:** 2½ yrs - 3½ yrs.
- **Mighty Kickers:** 10:25 - 11:10. **Ages:** 3½ yrs - 5 yrs.
- **Mega Kickers:** 11:15 - 12:00. **Ages:** 5 - 7 yrs.

Cost: £7.85 per session (*booking essential*).

Dates: 21 Apr - 19 May & 2 Jun - 30 Jun.

SWIMMING**Little Turtle Swim Company**

The Novotel Hotel, Saxon Street, Leyburn Court, Heelands, Milton Keynes, MK13 7RA. 07958791872. littleturtleswimcompany.co.uk.

Times: 13:00 - 15:30.

Ages: 1 mths - 4 yrs 5 mths. **Cost:** £15 per session (*booking essential*).

Dates: 21 Apr - 19 May & 2 Jun - 30 Jun.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

DW Fitness - MK, Stadium Way, Milton Keynes, MK1 1ST. 01604 372747. www.turtletots.com.

Times: 14:00 - 17:00. **Ages:** 3 mths - 4 yrs.

Cost: £15 per session (*booking essential*).

Dates: 21 Apr - 19 May & 2 Jun - 30 Jun.

Water Babies Bucks & Beds

Holiday Inn Hotel, Milton Keynes Central, 500 Saxon Gate West, Milton Keynes, MK9 2HQ. 01295 709221. www.waterbabies.co.uk.

Times: 11:30 - 12:00. **Ages:** 0 - 5 yrs.

Cost: £18.50 per session (*booking essential*).

Dates: 21 Apr - 19 May & 9 Jun - 30 Jun.

Water Babies Bucks & Beds

Wolverton Swimming & Fitness Centre, Addington Avenue, Stratford Park, Wolverton, MK12 5GH. 01295 709221. www.waterbabies.co.uk.

Times: 14:30 - 15:00, 15:00 - 18:30 & 17:00 - 17:30.

Ages: 0 - 5 yrs.

Dates: 21 Apr - 19 May & 2 Jun - 30 Jun.

Cost: £18.50 per session (*booking essential*).

Dates: 21 Apr - 30 Jun.

OTHER**Little Poppets Preloved Market - Milton Keynes**

Broughton Pavilion, 139 Tanfield Lane, Broughton, Milton Keynes, MK10 9NJ. 07894 126753. www.littlepoppetsprelovedmarket.co.uk.

- **Baby & Children's Nearly New Sales:** 15:00 - 16:30.

Cost: £1.50 per adult. Kids go free.

Dates: 16 Jun.

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BEDFORD AREA

MONDAY

PARENTS & TOTS

Bromham Befinice

St Owen's Church Bromham, Bromham, Bedford, MK43 8HH.
www.bromhambefinice.org.

- **Messy Morning:** 11:30 - 13:30.

Ages: 0 - 5 yrs. **Cost:** £2 per session (*booking essential*).

Dates: 22 Apr - 29 Apr, 13 May - 20 May & 10 Jun - 1 Jul.

Daisy Hill Children's Centre

Daisy Hill Children's Centre, Hillgrounds Road, Kempston, Bedford, MK42 8QH. 0300 323 0245.

- **Play & Learn (0-Cruisers):** 9:30 - 11:00.

Ages: 5 mths - 1 yrs 6 mths.

- **Baby Brasserie:** 9:30 - 11:30.

Ages: Pregnancy - 6 mths.

Cost: Free (*drop in*). **Dates:** 15 Apr - 1 Jul.

Lakeview Village Hall

Lakeview Village Hall, 155-160 Brooklands Avenue, Wixams, Bedford, MK42 6BE. 0300 323 0245. beststart.bedford.gov.uk.

- **Play & Learn Toddler +:** 9:30 - 11:00.

Ages: 1 - 4 yrs. **Cost:** Free (*drop in*).

Dates: 22 Apr, 6 May, 20 May, 3 Jun, 17 Jun & 1 Jul.

Pine Cones Family Hub

Pine Cones Family Hub, Slade Walk, Bedford, MK41 7SA. 0300 323 0245. beststart.bedford.gov.uk.

- **Play & Learn (0-Cruisers):** 13:30 - 15:00.

Ages: 5 mths - 1 yrs 6 mths. **Cost:** Free (*drop in*).

Dates: 22 Apr - 20 May & 3 Jun - 1 Jul.

Queens Park Family Hubs

Queens Park Family Hubs, Marlborough Road, Queens Park, Bedford, MK40 4LE. 0300 323 0245.

- **Play & Learn Toddler +:** 13:00 - 14:00.

Ages: 1 - 4 yrs. **Cost:** Free (*drop in*).

Dates: 15 Apr - 20 May & 3 Jun - 1 Jul.

The Parish Church of Transfiguration

Transfiguration Church - Kempston, Bedford Road, Kempston, MK42 8QB. 01234 854726. www.transfiguration.org.uk.

- **Transfig Tots:** 9:15 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 15 Apr - 20 May & 3 Jun - 1 Jul.

TUESDAY

PARENTS & TOTS

Daisy Hill Children's Centre

Hillgrounds Road, Kempston, Bedford, MK42 8QH. 0300 323 0245.

- **Play & Learn Toddler +:** 13:30 - 14:30. **Ages:** 1 - 4 yrs.

Cost: Free (*drop in*).

Dates: 16 Apr - 2 Jul.

Eastcotss Children's Centre

65 Beauvais Square, Shortstown, Bedford, MK42 0GG. 0300 323 0245.

- **Play & Learn (0-Cruisers):** 13:30 - 15:00. **Ages:** 5 mths - 1½ yrs.

Cost: Free (*drop in*).

Dates: 16 Apr - 2 Jul.

Great Barford Tots & Teenies

Great Barford Village Hall, Fishers Close, Great Barford, Bedford, MK44 3HA. 07970114030.

Times: 9:45 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £3 per session (*booking essential*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

Peter Pan Children's Centre

Edward Road, Bedford, MK42 9DR. 0300 323 0245.

- **Play & Learn Toddler +:** 9:30 - 10:30. **Ages:** 1 - 4 yrs.

Cost: Free (*drop in*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

Queens Park Family Hubs

Marlborough Road, Queens Park, Bedford, MK40 4LE. 0300 323 0245.

- **Play & Learn (0-Cruisers):** 9:30 - 11:00. **Ages:** 5 mths - 1½ yrs.

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

- **Baby Brasserie:** 9:30 - 11:30. **Ages:** Pregnancy - 6 mths.

Dates: 16 Apr - 2 Jul.

Cost: Free (*drop in*).

- **Triple P Baby:** 10:00 - 12:00. **Ages:** 0 - 1 yrs.

Cost: Free (*booking essential*).

Dates: 23 Apr - 14 May.

SWIMMING

Water Babies Bucks & Beds

Cottesloe Physio, Old Park Farm, Cublington Road, Wing, LU7 0LB. 01295 709221. www.waterbabies.co.uk.

Times: 9:15 - 9:45. **Ages:** 0 - 5 yrs.

Cost: £18.50 per session (*booking essential*).

Dates: 16 Apr - 21 May & 4 Jun - 2 Jul.

Water Babies Bucks & Beds

Clophill Pool, 22 Back Street, Clophill, MK45 4BY. 01295 709221. www.waterbabies.co.uk.

Times: 12:30 - 13:00 & 14:00 - 14:30. **Ages:** 0 - 4 yrs.

Cost: £17 per session (*booking essential*).

Dates: 16 Apr - 2 Jul & 16 Apr - 2 Jul.

WEDNESDAY

PARENTS & TOTS

All Nations Church Bedford

All Nations Church Bedford, Brickhill Drive, Bedford, MK41 7QF. 01234 273773. www.allnationsbedford.org.

- **New Mums and Babies:** 10:30 - 12:00. **Ages:** 0 - 1 yrs.

Cost: Free (*drop in*).

- **Stay & Play:** 13:30 - 15:00. **Ages:** 0 - 5 yrs.

Cost: £1 per session (*booking essential*).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

Busy Tots Silsoe

Silsoe Village Hall, Village Hall, Silsoe, MK45 4DY. 07882418770.

- **Busy Tots Playgroup:** 10:00 - 12:00. **Ages:** 0 - 4 yrs.

Cost: £4 per session (*booking essential*).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

Cherry Trees Children's Centre

Hawkins Road, Bedford, MK42 9LS. 0300 323 0245.

- **Play & Learn (0-Cruisers):** 13:30 - 15:00. **Ages:** 5 mths - 1½ yrs

- **Baby Brasserie:** 13:30 - 15:00. **Ages:** Pregnancy - 6 mths.

Cost: Free (*drop in*).

Dates: 17 Apr - 3 Jul.

Christ Church Bedford

140 Dudley Street, Bedford, MK40 3SX. 01234 327150.

- **Little Fishes:** 13:30 - 14:45. **Ages:** 0 - 1 yrs.

Cost: Free (*drop in*).

Dates: 17 Apr - 22 May & 5 Jun - 3 Jul.

Goldington Family Centre

Goldington Family Centre, 28 Meadow, Bedford, MK41 9HU.
0300 323 0245.

- **Play & Learn Toddler +:** 9:30 - 10:30.
- Ages:** 1 - 4 yrs. **Cost:** Free (*drop in*).
- Dates:** 17 Apr - 3 Jul.

King's Playhouse

King's House, 245 Amphill Road, Bedford, MK42 9AZ.
www.kingsarms.org.

- **Playhouse:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.
- Cost:** £1 per session (*booking essential*).
- Dates:** 17 Apr - 22 May & 5 Jun - 3 Jul.

Kingsbrook Children's Centre

Canvin Way, Bedford, MK42 0HL. 0300 323 0245.

- **Play & Learn Toddler +:** 11:00 - 12:00.
- Ages:** 1 - 4 yrs. **Cost:** Free (*drop in*).
- Dates:** 17 Apr - 3 Jul.

Pine Cones Family Hub

Slade Walk, Bedford, Bedford, MK41 7SA. 0300 323 0245.

- **Play & Learn Toddler +:** 13:30 - 14:30. **Ages:** 1 - 4 yrs.
- Cost:** Free (*booking essential*).
- Dates:** 17 Apr - 22 May, 5 Jun - 3 Jul & 17 Apr - 3 Jul.

Queens Park Family Hubs

Marlborough Road, Queens Park, Bedford, MK40 4LE.
0300 323 0245.

- **Mind the Bump:** 10:00 - 11:00.
- Ages:** Pregnancy. **Cost:** Free (*booking essential*).
- Dates:** 17 Apr - 3 Jul.

Sharnbrook Tiny Tots

Sharnbrook Village Hall, Lodge Road, Sharnbrook, Bedford, MK44 1JP.

- **Playgroup:** 9:30 - 11:00. **Ages:** 0 - 5 yrs.
- Cost:** £2.50 per session (*drop in*).
- Dates:** 17 Apr - 22 May & 5 Jun - 3 Jul.

SWIMMING**Swimkidz South Bucks**

Cottesloe Physio, Old Park Farm, Cublington Rd, Wing, Leighton, Buzard, LU70LB.

- Times:** 10:00 - 12:00. **Ages:** 8 mths.
- Cost:** £15 per session (*booking essential*).
- Dates:** 17 Apr - 22 May & 5 Jun - 3 Jul.

Water Babies Bucks & Beds

Trinity Arts & Leisure, Bromham Road, Bedford, MK40 2BS.
01295 709221. www.waterbabies.co.uk.

- Times:** 11:45 - 12:15 & 11:45 - 13:45.
- Ages:** 0 - 5 yrs. **Cost:** £18.50 per session (*booking essential*).
- Dates:** 17 Apr - 22 May & 5 Jun - 3 Jul.

THURSDAY**PARENTS & TOTS****All Saints Church, Riseley**

16 Church Lane, Bedford, MK44 1ER. 01234 708234.
www.allssaintsriseley.org.

- **Music and Movement:** 9:30 - 10:15.
- **Stay & Play:** 10:30 - 11:15.
- Ages:** 0 - 5 yrs.
- Cost:** Free (*drop in*).
- Dates:** 18 Apr - 23 May & 6 Jun - 4 Jul.

Bromham Benefice

St Mary's Church, Oakley, Church Lane, Oakley, Bedford, MK43 7RU.
www.bromhambenefice.org.

- **Messy Morning:** 10:00 - 11:45. **Ages:** 0 - 5 yrs.
- Cost:** £2 per session (*booking essential*).
- Dates:** 18 Apr - 23 May & 6 Jun - 4 Jul.

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Eastcotts Children's Centre

65 Beauvais Square, Shortstow, Bedford, MK42 0GG. 0300 323 0245.

- **Play & Learn Toddler +:** 11:00 - 12:00. **Ages:** 1 - 4 yrs.
- Cost:** Free (*drop in*).
- Dates:** 18 Apr - 4 Jul.

Goldington Family Centre

28 Meadow, Bedford, MK41 9HU. 0300 323 0245.

- **Play & Learn (0-Cruisers):** 9:30 - 11:00. **Ages:** 5 mths - 1½ yrs.
- **Baby Brasserie:** 9:30 - 11:30. **Ages:** Pregnancy - 6 mths.
- Cost:** Free (*drop in*).
- Dates:** 18 Apr - 4 Jul.

Jolly Tots

London Road Methodist Church, 96 London Road, Bedford, MK42 0NT.

- Times:** 9:15 - 11:15. **Ages:** 0 - 5 yrs.
- Cost:** £1 per session (*drop in*).
- Dates:** 18 Apr - 23 May & 6 Jun - 4 Jul.

Providence Baptist Chapel Bedford

Rothsay Road, Bedford, MK40 3PT. 07976 846159.

- **Providence Parents and Toddlers:** 10:00 - 11:30.
- Ages:** 0 - 5 yrs. **Cost:** Free (*drop in*).
- Dates:** 18 Apr - 23 May & 6 Jun - 4 Jul.

Shackleton Primary School

Pearcey Road, Bedford, MK42 9LZ. 0300 323 0245.

- **Triple P Baby:** 13:00 - 15:00. **Ages:** 0 - 1 yrs.
- Cost:** Free (*booking essential*).
- Dates:** 25 Apr - 16 May.

DANCE & DRAMA

Tot Bop

Wing Village Hall, 71 Leighton Road, Wing, Leighton Buzzard, LU7 0NN. 01525 237474 / 07775 582791. www.totbop.co.uk.

• **Tiny Tots:** 9:30 - 10:05. **Ages:** 1 yrs - 2½ yrs.

Cost: £7.75 per session (*booking essential*).

• **Baby Boppers:** 10:20 - 11:05. **Ages:** 2½ yrs - 5 yrs.

Cost: £8.75 per session (*booking essential*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

SWIMMING

Swimkidz South Bucks

Cottesloe Physio, Old Park Farm, Cublington Rd, Wing, Leighton, Buzzard, LU70LB.

Times: 10:00 - 12:00.

Ages: 8 mths. **Cost:** £15 per session (*booking essential*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

Trinity Arts & Leisure - Beds, Bromham Road, Bedford, MK40 2BS. 01604 372747. www.turtletots.com.

Times: 12:00 - 14:30. **Ages:** 3 mths - 4 yrs.

Cost: £15 per session (*booking essential*).

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Water Babies Bucks & Beds

Clophill Pool, 22 Back Street, Clophill, MK45 4BY. 01295 709221. www.waterbabies.co.uk.

Times: 9:30 - 10:00. **Ages:** 0 - 4 yrs.

Cost: £17 per session (*booking essential*).

Dates: 18 Apr - 4 Jul & 18 Apr - 4 Jul.

Water Babies Bucks & Beds

Trinity Arts & Leisure, Bromham Road, Bedford, MK40 2BS. 01295 709221. www.waterbabies.co.uk.

Times: 9:00 - 9:30 & 9:45 - 11:45. **Ages:** 0 - 5 yrs.

Dates: 18 Apr - 23 May & 6 Jun - 4 Jul.

Cost: £18.50 per session (*booking essential*).

PREGNANCY

National Childbirth Trust (NCT) North Bedfordshire

St John's & St Leonard's Church Hall, 38 St Johns St, Bedford, MK42 0DL. 0300 330 0700. www.nct.org.uk.

• **Baby Cafe (Infant feeding support), Sling hire:** 10:30 - 12:30.

Cost: £2 per session (*booking essential*).

Dates: 18 Apr - 23 May.

FRIDAY

PARENTS & TOTS

Christ Church Bedford

140 Dudley Street, Bedford, MK40 3SX. 01234 327150.

• **Morning Out:** 9:30 - 11:00. **Ages:** 0 - 4 yrs.

Cost: £2 per session (*drop in*).

• **Forge - after school club:** 15:30 - 16:45. **Ages:** 9 - 11 yrs.

Cost: Free (*booking essential*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

Cherry Tress Children's Centre

Hawkins Road, Bedford, MK42 9LS. 0300 323 0245.

• **Play & Learn Toddler +:** 9:30 - 10:30. **Ages:** 1 - 4 yrs.

Cost: Free (*drop in*).

Dates: 19 Apr - 5 Jul.

Clophill Toddler Group

Clophill Village Hall, Kiln Lane, Clophill, Bedford, MK45 4DA.

Times: 10:00 - 11:30. **Ages:** 0 - 3 yrs.

Cost: £3 per session (*drop in*). **Dates:** 19 Apr - 24 May & 7 Jun - 5 Jul.

FACES Bedford

Kingsbrook Children's Centre, Oak Road, Cavin Way, Bedford, MK42 0HL. 01234270601. www.facesbedford.org.

• **Multi-Tots:** 10:00 - 12:00.

Term-time group for parents with twins/triplets aged 0-5

Ages: Pregnancy - 5 yrs. **Cost:** £3 per session (*booking essential*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

Pine Cones Family Hub

Slade Walk, Bedford, MK41 7SA. 0300 323 0245.

• **Play & Learn (0-Cruisers):** 9:30 - 11:00. **Ages:** 5 mths - 1½ yrs.

• **Baby Brasserie:** 9:30 - 11:30. **Ages:** Pregnancy - 6 mths.

• **Play & Learn Toddler +:** 13:30 - 14:30. **Ages:** 1 - 4 yrs.

Cost: Free (*drop in*). **Dates:** 19 Apr - 24 May & 7 Jun - 5 Jul.

Queens Park Family Hubs

Marlborough Road, Queens Park, Bedford, MK40 4LE. 0300 323 0245.

• **Play & Learn (0-Cruisers):** 13:30 - 15:00. **Ages:** 5 mths - 1½ yrs.

Cost: Free (*drop in*). **Dates:** 19 Apr - 5 Jul.

St Mary's Church

St Mary's Church, Marston Moreteyne and Lidlington, Church Walk, Bedford, MK43 0NR. www.stmarysmarston.org.

• **Tea and Tots:** 9:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 10 May, 14 Jun, 26 Apr, 24 May & 28 Jun.

MUSIC & SIGNING

Mini Mozart Bedford & Milton Keynes

Putnoe Heights Church, Putnoe Heights, Bedford, MK41 8EB. 0207 193 1983. www.minimozart.com.

• **Mini Mozart Babies:** 9:30 - 10:10. **Ages:** 0 - 1 yrs 4 mths.

• **Mini Mozart Toddler:** 9:30 - 10:10. **Ages:** 1 yrs 4 mths - 4 yrs.

Cost: £12 per session (*booking essential*).

Dates: 19 Apr - 5 Jul.

SWIMMING

Swimkidz South Bucks

Cottesloe Physio, Old Park Farm, Cublington Rd, Wing, Leighton, Buzzard, LU70LB.

Times: 9:30 - 12:00. **Ages:** 8 mths.

Cost: £15 per session (*booking essential*). **Dates:** 19 Apr - 5 Jul.

Water Babies Bucks & Beds

Trinity Arts & Leisure, Bromham Road, Bedford, MK40 2BS. 01295 709221. www.waterbabies.co.uk.

Times: 9:00 - 9:30 & 9:45 - 11:15. **Ages:** 0 - 5 yrs.

Cost: £18.50 per session (*booking essential*).

Dates: 19 Apr - 24 May & 7 Jun - 5 Jul.

SATURDAY

PARENTS & TOTS

Daisy Hill Children's Centre

Hillgrounds Road, Kempston, Bedford, MK42 8QH. 0300 323 0245.

• **Dad's Group:** 10:00 - 11:30.

Cost: Free (*drop in*). **Dates:** 11 May & 8 Jun.

Queens Park Family Hubs

Marlborough Road, Queens Park, Bedford, MK40 4LE. 0300 323 0245.

• **Saturday Stay and Play:** 10:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 27 Apr, 25 May & 22 Jun.

PHYSICAL FUN

Joey Football

Great Ouse Primary Academy, Seaforth Gardens, Bedford, MK40 4TJ.

• **Indoor Football Classes (18mths - 2.5 years):** 8:00 - 8:45.

• **Indoor Football Classes (2.5 - 3.5 years):** 9:00 - 9:45.

• **Indoor Football Classes (3.5 - 5 years):** 10:00 - 10:45.

• **Indoor Football Classes (5 - 7 years):** 11:00 - 11:45.

Dates: 20 Apr - 6 Jul.

SWIMMING

Swimkidz South Bucks

Cottesloe Physio, Old Park Farm, Cublington Rd, Wing, Leighton, Buzzard, LU70LB.

Times: 8:30 - 11:30. **Ages:** 8 mths.

Cost: £15 per session (*booking essential*).

Dates: 20 Apr - 18 May & 1 Jun - 6 Jul.

Water Babies Bucks & Beds

Pilgrims Prep School, Brickhill Dr, Bedford, MK41 7QZ. 01295 709221. www.waterbabies.co.uk.

Times: 12:15 - 12:45 & 12:15 - 17:15. **Ages:** 0 - 5 yrs.

Dates: 20 Apr - 18 May & 8 Jun - 6 Jul.

Cost: £18.50 per session (*booking essential*).

SUNDAY

PHYSICAL FUN

Joey Football

Brickhill Community Centre, Avon Drive, Bedford, MK41 7AF.

- **Indoor Football Classes (18mths - 2.5 years):** 9:00 - 9:45.
- **Indoor Football Classes (2.5 - 3.5years):** 10:00 - 10:45.
- **Indoor Football Classes (3.5 - 5years):** 11:00 - 11:45.
- **Indoor Football Classes (5 - 7years):** 12:00 - 12:45.

Dates: 21 Apr - 30 Jun.

SWIMMING

Turtle Tots Northamptonshire, Milton Keynes & Bedford

Trinity Arts & Leisure - Beds, Bromham Road, Bedford, MK40 2BS. 01604 372747. www.turtletots.com .

Times: 14:30 - 16:30. **Ages:** 3 mths - 4 yrs.

Cost: £15 per session (*booking essential*).

Dates: 21 Apr - 19 May & 2 Jun - 30 Jun.



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