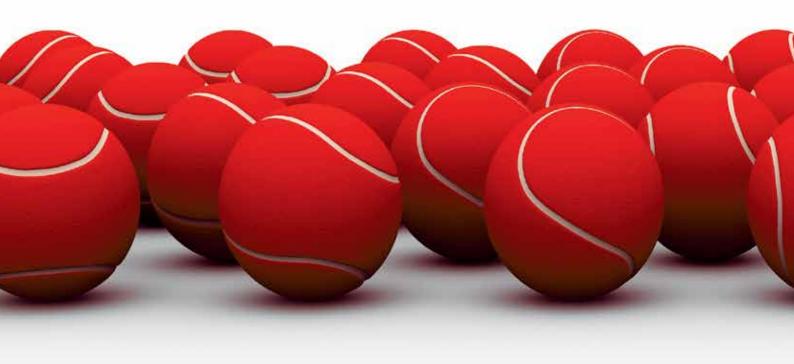


Game, Set, Relax.

Enjoy classic tennis in style at the AAMI Customer Marquee. Relax in air-conditioned comfort, receive a complimentary massage and mix with tennis legends. Classic.











It was a great thrill to win the event and it certainly made the evening a most enjoyable and memorable one"

Kooyong's First Win in Inter Clubs' Wine Challenge

he Challenge involves teams from a number of City Clubs tasting and evaluating a range of wines and each team receiving a score on their responses. One of the clubs hosts the event annually and convention dictates that the winning club hosts the dinner in the following year.

Kooyong Lawn Tennis Club has been involved in the Challenge from its inception but we have always been frustrated in being unable to bring the trophy home. This year's challenge took place at Royal South Yarra Lawn Tennis Club on the 10th of October and Kooyong entered two teams the Kooyong Koots and the Kooyong Classiques. In all, sixteen teams entered the event from clubs including the Australian Club, the RACV Club, the University Club and Royal South Yarra Tennis Club. The Challenge requires team members to evaluate two brackets of wines. The first bracket is

made up of four white wines and the second bracket of four red wines. The teams have 20 minutes to evaluate each bracket and must try and identify the grape variety, country of origin, the region and the vintage of each wine and to give a description of each wine. The responses are marked by the Food and Beverage Managers.

The first bracket proved challenging a Tasmanian Riesling, a Soave from Italy, a Western Australian Chardonnay and a Sancerre from France. At the half way point, the Classiques were in 5th place, about 6 points behind the RACV Club in the lead, and the Koots were in the middle of the field. The red bracket saw the Classiques benefit from all the hard training. The wines were a Barossa Grenache, a Napa Valley Cabernet Sauvignon, a McLaren Vale Shiraz and a Rioja from Spain.

The team worked well together and finally identified the Barossa Grenache in the final couple of minutes. The Classiques won a prize for the best description of a wine (the Rioja) and also won the event for Kooyong for the

first time with the RACV Club in second place. The Koots maintained their position in the middle of the field. The Inter Clubs Wine Challenge trophy was proudly displayed on the desk at Kooyong Reception for some weeks.

It was a great thrill to win the event and it certainly made the evening a most enjoyable and memorable one. My thanks go to my fellow team members - David Marcun, Rob Peebles, Robert Welch, Marie Baker and Jen Sullivan -all of whom made significant contributions to the evening. Our thanks also go to Kooyong's Food and Beverage Manager, Patrice Renaudin, for his support and encouragement. We are looking forward to making it two in a row when the Challenge comes to Kooyong next year.

I understand that some of the other clubs have already started training for next year!

Greg Baker

THE KOOYONG LAWN TENNIS CLUB INC.

ISSUE NUMBER 35 DECEMBER 2013



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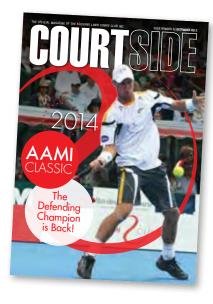


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Rowena Cole Adam Cossar Cam Dickinson Richard Kennett Fiona Law Duncan McCulloch Margot McCluskey Darren O'Loughlin

Chris Brown - CEO

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Guest Group

PRESIDENT'S MESSAGE

t is incumbent upon the Committee to advance opportunities that are favorable for Kooyong and its Members. When opportunities present, each must be evaluated on the added value it can provide to our Club before any matter is advanced.

At the recent AGM I detailed the circumstances around the Alma Club, which had fallen on difficult times in recent years. Membership numbers were very low and it was obvious to the Board of the Alma Club that there was little opportunity to continue. This was obviously a difficult situation for a Club that had been in existence for almost a century and was well known and respected in the Melbourne sporting club fraternity. Fortunately, the Club had a major asset in the freehold property it occupied in Caulfield and the decision was made to sell the property and seek opportunities elsewhere.

Under such circumstances, any surplus from the wind up must be transferred to a like entity and following lengthy negotiations, an agreement was entered in to that will see Kooyong receive these funds. Our negotiated position with the Alma Club represents a benefit for Kooyong and I reported at the AGM that Kooyong has received a substantial portion of these funds already and expects further payment to be forthcoming when matters conclude and the wind up of the Club takes place.

As an extension of the Alma and Kooyong arrangement, a further agreement was entered in to that enables Alma Club Members to bowl at Caulfield Park Sports Club and further provides benefits for Kooyong Members who seek to take up lawn bowling opportunities also. Ultimately, the Committee needs to ensure that it fully investigates opportunities and manages solutions that are favorable to our Club and its Members. There will be other opportunities that will likely present in the future and it is, as I noted earlier, important that our Club determines that our Club's interests are always advanced.

Committee Elections

At the recent AGM, I was pleased to announce the outcome of the elections for the Committee and advised the following results:

- Brian Capp Vice President for 3 years
- Joe Dicks Treasurer for 1 year
- Campbell Dickinson Ordinary Member for 3 years
- Adam Cossar Ordinary Member for
- Rowena Cole Ordinary Member for 3 years
- Darren O'Loughlin Ordinary Member for 2 years

I congratulate the successful candidates and wish to thank the scrutineers who volunteered their time to undertake the important task of the election count and confirmation of the result.

AAMI Classic

Since my last Courtside report, there has been a significant change with respect to the AAMI Classic. After more than 25 years as Tournament Director, Colin Stubs ended his involvement with the annual event, and IMG has taken up the role for future events.

We are pleased with the announcement of IMG's involvement, as they are an organisation renowned worldwide for their participation in sport including a very strong involvement in tennis. The expertise they bring in event management should strengthen the tournament in years to come.

We look forward to their future involvement, which will maintain our connection each year to international tennis and ensure the event maintains its position annually as the major lead up event in Melbourne for the Australian Open.

We thank Colin Stubs for his significant contributions to the event. He was involved in the creation of the event, which has become a major part of the tennis calendar each year.

Capital Works

It is always a great time at Kooyong when the grass courts open for the summer season and Members returning to the courts this year will be well pleased with the substantial work that has taken place during the winter period.

The view of our courts from the Clubhouse indicates the significant upgrading that has taken place with a feature walkway through the grass courts from the Clubhouse to the en tout

cas courts. The decorative planter boxes have been fitted out with refrigerated drinking fountains and around the courts all fences have been replaced and new gates installed. The addition of automated awnings at each court will certainly provide for the comfort of Members between games and the ease of operation will allow them to be extended or retracted as required.

On behalf of the Committee, I wish all Club Members a Merry Christmas and a positive end to the year.



Ian Hill President

A MESSAGE FROM THE CEO

Summer is always a great time at Kooyong with the reopening of the grass courts, and an added benefit this year is the completion of the project carried out over the winter to replace and upgrade all fences, gates, services and construct a new feature walkway for the grass courts. These provide substantial improvements around our courts and in addition to our annual grass maintenance programs, will ensure grass maintenance programs, will ensure Members are able to better enjoy the tennis opportunities the Club provides.

a number of items in our gymnasium have also been upgraded with several new machines in the cardio area added

and we are working closely with IMG to deliver an event that will again showcase Kooyong as part of the lead up to the Australian Open.

Our year at Kooyong was busy in all sporting and social areas of the Club.

I wish all Members a wonderful Christmas and look forward with anticipation to another great year in 2014.

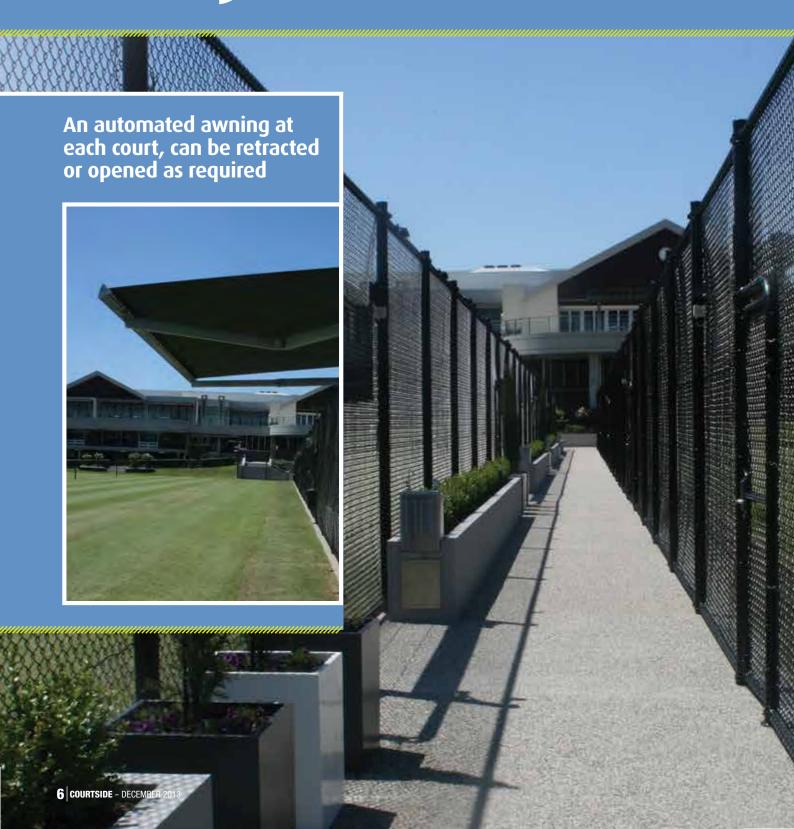
Chris Brown

CEO

Grass Court Projects

Work carried out around the grass courts over winter this year included far more than our normal court maintenance.

The annual work on our grass courts as always included base line replacements and other programed work to prepare the courts for recovery during spring ahead of the summer season. Late spells of cold and wet spring weather challenged staff in the



preparation, however the courts have opened again in good condition, well prepared for the demands of summer tennis. In addition, Members returned to the courts to find significant changes following major construction, which included building a feature walkway from the clubhouse through the grass courts and replacement of all fences and gates. The exposed aggregate feature pathway includes planter boxes planted with hedges and pots containing pencil pines. Located in the planter boxes are refrigerated drinking fountains to

provide players with cool water near each court entry. Feature lights have been added to illuminate the walkway at night and provide feature lighting for the pots. New gates provide easier operation and better locking for players and the fences are substantial improvements and include an automated awning at each court. The units provide easy operation and may be retracted or opened as required by players. An added feature of the awnings is an automatic closer when high winds that may cause damage are detected. Further work was also completed to upgrade services including water, drainage, irrigation, power and communications around the courts and adjoining areas including the clubhouse and pavilion.

The completion of all these projects in time for the court openings was a major achievement and Nick Rennison and our grounds staff are applauded for delivering these substantial improvements, on time, for players





New gates provide easier operation and better locking for players

AAM CLASSIC

The 2014 AAMI Classic is shaping up to be another entertaining event with five stars of the game already signed up to take part.

New Tournament Director, IMG's Brian Cooney said, 'The AAMI Classic plays a very important role in the Australian Summer of Tennis. In addition, Kooyong Lawn Tennis Club is the most prestigious tennis club in Australia and the perfect location for the tournament. I'm looking forward to putting IMG's stamp on the event.'

Two time champion, and fan favourite, Lleyton Hewitt will return to defend the title he won again last year after guiding Australia back into the Davis Cup World Group back in September. That win against Poland also brought up Hewitt's 40th win in Davis Cup singles, an amazing achievement and testament to his longevity in the sport.

Hewitt's Grand Slam year started with a horror draw at the Australian Open where he lost to Janko Tipsarevic before partnering with Marinko Matosevic to reach the final in San Jose. He then reached the third round of Indian Wells before losing to Stanislas Wawrinka before falling at the hands of Gilles Simon at both Miami and Roland Garros. Hewitt then returned to his happy hunting ground of Queen's Club where he made the semi finals by defeating Grigor Dimitrov, Sam Querrey and Juan Martin Del Potro before losing to a red hot Marin Cilic in three sets. He would have become the oldest player since Jimmy Connors to win the Aegon Championships title. Hewitt then made the final of Newport for the second year running as he went down to Nicolas Mahut in three sets before making a brave run to the 4th round at the US Open after defeating Del Potro in the second round. 'It is great to have defending Champion Lleyton Hewitt returning in 2014,' said Cooney.

Tomas Berdych, the world number 7, also returns to the AAMI Classic after another big year that culminated in playing in the Barclays ATP World Tour Finals and winning the Davis Cup title for the second year running after surviving a huge scare against Switzerland in the first round. He started the year with a quarterfinals showing at the Australian Open before falling to Novak Djokovic in four sets. Berdych then had a great run where he made the final in Marseille and Dubai as well as the semi finals at Indian Wells, Madrid and Rome.

He then made the quarterfinals at Wimbledon where he again lost to Djokovic in straight sets before making the semi finals in Cincinnati leading into the US Open. Berdych also finished the year on a great note by making the final in Bangkok and a semi final in Beijing leading into the Davis Cup triumph. 'Tomas has enjoyed another tremendous year on the tour scoring wins over the likes of Novak Djokovic, Roger Federer and Andy Murray,' said Cooney.

World number 8, Stanislas Wawrinka, also finished the year on a high after making the Barclays ATP World Tour Finals for the first time and reached the semi finals before going down to eventual champion Novak Djokovic.

Wawrinka started the year in great form as he reached the fourth round of the Australian Open where he lost an epic match 12/10 in the fifth set to Djokovic. He then lost in the final of Buenos Aires to David Ferrer before making the semi finals in Casablanca and winning the title in Oeiras after getting revenge on Ferrer with a straight sets victory. His good form continued in Madrid as he made a great run to the final before falling at the hands of Rafael Nadal and had the same fate when he crossed paths with the Spaniard at Roland Garros a few weeks later.

Wawrinka then made the final in Hertogenbosch before rounding out his year with semi final appearances at the Us Open and in Kuala Lumpur. Having reached a career high ranking of 8 you can see that the Swiss number two is on the verge of taking over from his countryman, Roger Federer, and 2014 might be his year.

Richard Gasquet is always a popular player amongst fans and he'll be sure to entertain everyone at the 2014 AAMI Classic.

The Frenchman returned to the top 10 and reached the Barclays ATP World Tour Finals for the first time since 2007. His year started in brilliant fashion as he won in Doha before arriving for the Australian Open where he lost a tough fourth round match with Jo-Wilfried Tsonga in four sets. He then went on to win in Montpellier before reaching the semi finals in Miami and losing an epic five set match to Wawrinka in the fourth round of Roland Garros. Gasquet then made the semi finals on the grass in Halle before losing a tough four set match to Bernard Tomic at Wimbledon.

Towards the end of the year Gasquet again found some great form as he reached the semi finals of the US Open and followed that up with similar runs in Bangkok and Beijing before winning again in Moscow with a grinding victory in three sets over Kukushkin to give himself three titles for the year. 'The inclusion of the two US Open Semi Finalists and Top Ten players, Richard Gasquet and Stan Wawrinka ensures a high quality field will be assembled for the 2014 AAMI Classic,' said Cooney.

Twenty two year old Grigor Dimitrov has made huge leaps in the rankings this year and is the one to watch in 2014 as he continues to climb up the world rankings. Starting the year at 48 in the world, Dimitrov reached his first



ATP Tour final in Brisbane in January where he lost to Andy Murray. He then made the semi finals in Rotterdam where he lost a tight encounter with Del Potro before reaching the quarterfinals in Monte Carlo which resulted in a loss to Nadal in three sets. He defeated Djokovic on the way to the third round in Madrid before losing to Djokovic at Roland Garros. Dimitrov then made the semi finals in Bastad and the quarterfinals in Washington where he lost 7/6 7/6 to Tommy Haas. In October, Dimitrov won his maiden title when he defeated David Ferrer 2/6 6/3 6/4 in the

final of Stockholm to become the first Bulgarian to win an ATP World Tour final in the Open era and eighth first time winner of 2013. The Bulgarian has a tremendous personality and a fantastic game to watch, especially off the backhand side,' said an excited Cooney. The rising star will give a great mix to the experienced stars already signed for the 2014 AAMI Classic.

Three spots remain open for the January 8-11 event and it's sure to be another brilliant week of tennis at the 'Spiritual home of Australian tennis'.

Stanislas Wawrinka **Thomas** Berdych

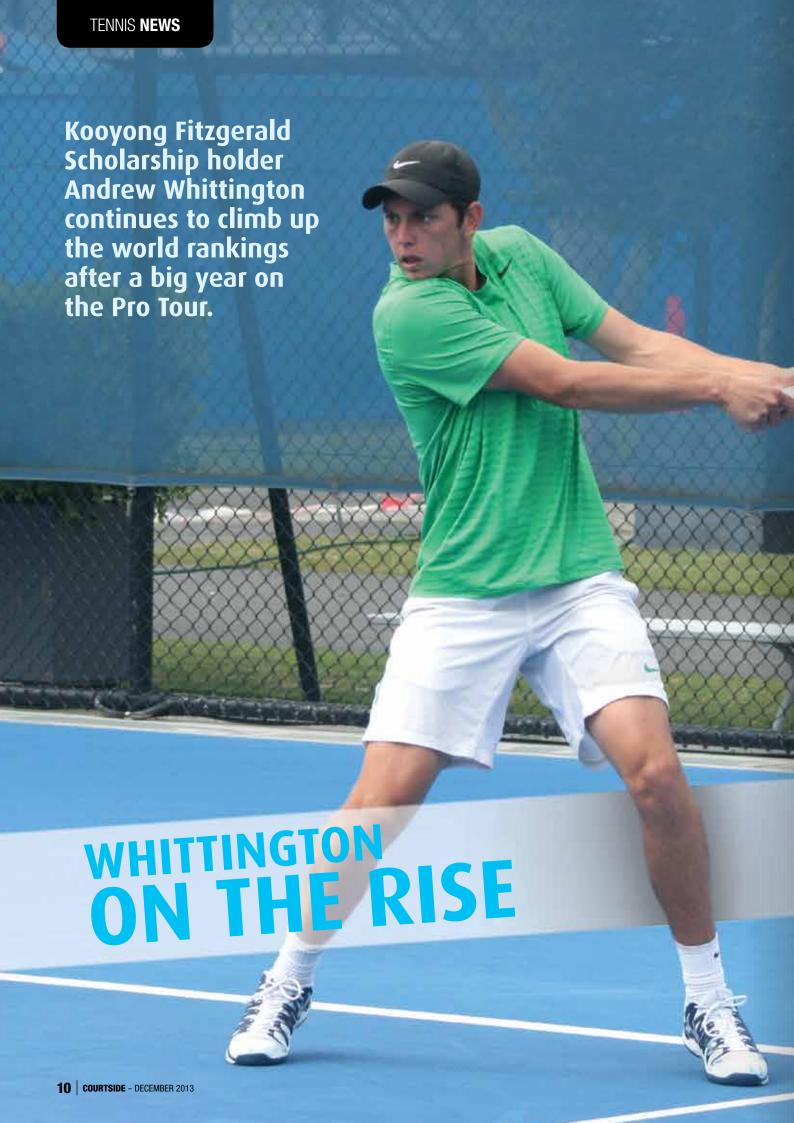




"It is great to have defending Champion Lleyton Hewitt returning in 2014"

Members can purchase tickets via the links on the Kooyong website to ensure they get preferential seating and discounts.

www.kooyong.com.au



Andrew's ranking now sits at a career best of 410 after starting the year at 772 and with several big performances to his name late in the year things are starting to take shape as the plans his tournament schedule in 2014.

The year started with a quarterfinal showing at the Burney Challenger before Andrew headed to America for a couple of Futures events.

Andrew then played a huge role in Kooyong winning the Victorian Premier League before setting off on a four month trip through Europe playing mainly Futures events through Greece, Russia, Spain, Turkey, Estonia and Finland. This stint away, mainly in non English speaking countries, was a great learning curve and some solid results helped to keep his ranking moving in the right direction.

'The toughest part being on the road was being in a non-speaking English country. This was a big thing for me because I was by myself and had no one to speak to in person,' said Andrew.

Despite the trials and tribulations of life on the road, Andrew was able to make the final of his second Futures tournament in Greece and also made the semi finals of a Futures event in Spain to give himself plenty of confidence for the remainder of his trip.

The return to Australia in early August gave Andrew time to freshen up before the Australian Pro Tour began and it was certainly time well spent as he cut a swathe through the draw in the first event in Toowoomba. Copping what looked like a tough draw at the time, Andrew made the most of his opportunities as he defeated Jay Andrijic, Maverick Banes and then doubles partner and top seed Alex Bolt on the way to a semi final showdown with former world number one junior Luke Saville. The two boys had come through the same development programs together and their matches had always been tough and tight encounters but after losing the first set

6/4. Andrew was able to take control of the match to win in three sets 4/6 6/2 6/2 to move through to the final against the experienced Adam Feeney.

'The biggest thing in my game that has improved is my attitude on and off the court. It has helped me get through the tough situations in my matches and still be able to get the win,' said Andrew.

Andrew was a break up in both sets of the final but Feeney found a way to get the job done 7/6 6/4. Despite the loss, the runner up finish on top of winning the doubles title had given Andrew the confidence to go on with the job as they headed to Cairns for the next tournament. Andrew began the week in Cairns with a straight forward win over wildcard Cameron Puttergill 6/3 6/2

"The biggest thing in my game that has improved is my attitude on and off the court. It has helped me get through the tough situations in my matches and still be able to get the win"

before facing off again with Jacob Grills which finished with the same score line. In the quarterfinals Andrew faced a tough task against rising star Blake Mott and handled the tight match well to win 7/5 7/6 before facing Maverick Banes for the second time in two weeks but the result was the same as he won through to his second straight final 2/6 7/6 6/4.

Waiting in the final was second seed Alex Bolt, Andrew's doubles partner, and a player he had beaten on the way to the final in Toowoomba. It was a tight encounter but Andrew was always in control as he broke early in both sets to setup the 6/4 6/4 victory to secure his first ever Pro Tour title and a climb

up the rankings to a career high of 421. "I was shaking and after I lost the first point I didn't panic, but I definitely tensed up a bit. It feels good to be up here a winner, that's for sure," said Andrew after the victory. His winning run continued in the doubles as well with Andrew and Alex Bolt victorious in their second consecutive doubles final to make it the perfect week.

Attention then turned to Alice Springs where the singles event didn't go to plan as Andrew lost in a tough first round match to eventual champion Jordan Thomspon but he again partnered Alex Bolt to the doubles title for the third week in a row which highlights the quality doubles player that he is.

'Alex and I have been playing some really good doubles with each other. I think on any given day we could beat anyone and hopefully we get given the chance to show that next year at the Australian Open Doubles,' said Andrew. 'I feel like my doubles helps my singles game a lot. It gives me the chance to work on some things that I need to for my next singles match,' he said.

Even at the recent ATP Challenger events in Melbourne and Traralgon recently, Andrew showed his progression by mixing it with players who are just outside the top 100 when he took Britain's James Ward to three sets after defeating Adam Feeney in the first round. Andrew and Alex also made the final of the doubles where they lost to Ben Mitchell and Thanasi Kokkinakis after defeating Davis Cup player Chris Guccione and Matt Reid in another impressive performance.

'This year has been really good for me. I won my first ever singles title and also made a good jump in the ATP rankings. I will take all the positives from this year into next year,' said the rising star.

The indicators are all pointing in the right direction and with 2014 just around the corner there's plenty to look forward to if this year is anything to go by.

FOUNDATION SUPPORT HELPS JUNIORS FLOURISH

Coaches and promising young players provided an entertaining account of their progress for a group of the Kooyong Foundation's key supporters at the club recently.

The briefing was held to enable the donors to meet players and coaches who are being supported by the Foundation in their development programs. Foundation Chairman Peter Quinn welcomed the Foundation backers, who included John Laidlaw, Lee Gilmour, Brian Bateman, Neil Thomas and Dominic DiMattina.

The highly-talented Destanee Aiava, one of Australia's brightest prospects at the age of 13, spoke of the experiences she has enjoyed travelling around the world to compete in junior tournaments. Destanee began to capture a lot of attention when she made the Women's Open Final at Kooyong at the age of 12, then followed up by winning the prestigious Longines Future Tennis Aces tournament at Roland Garros.

but now based in Melbourne with her husband, the former Top 20 player and now coach, Jason.

Coach John McCurdy, who reached the round of 16 at Wimbledon and now heads the Kooyong Elite Squad with Richard Fromberg, introduced the Foundation donors to his big-serving protégé Daniel Guccione, cousin of Australian Davis Cup player Chris Guccione. Daniel recently made the final of the Oceania Closed Junior Championships in Fiji while also making the semi-final of the doubles.

Kooyong specialist squash coach and five-times World Squash Champion Sarah Fitz-Gerald told the gathering how the Kooyong Foundation's support had enabled some of the club's brilliant young

> juniors to develop their games and to travel to tournaments both here and overseas.

With Foundation backing, youngster Taylor Flavell travelled to Britain where she secured the Scottish Junior Open.

The Foundation also supported junior Sam Ejtemai in his bid to claim the Under 19 Canadian National Open which is considered second

only to the British Open in terms of prestige. Although still eligible to play in the Under 17 division, Sam made it through to the Under 19 final and snatched the title after coming from two sets down. In October this year Sam won both the individual and teams events at the Australian Junior Championships. Sarah praised the

work of the Foundation and said there was no doubt that not only Taylor and Sam but all the other junior players benefited from the opportunities and



JOHN LAIDLAW, DANIEL GUCCIONE, JOHN MCCURDY & PETER QUINN

atmosphere provided by Kooyong.

The Kooyong Foundation has three patrons: Frank Sedgman, Evonne Goolagong and Josh Frydenberg, the Federal Member for Kooyong, Parliamentary Secretary to the Prime Minister and a former Kooyong Club Champion. The Kooyong CEO, Chris Brown, provides key professional support to the Foundation Board. All of the directors work on a voluntary basis and the club provides the administration services for the Foundation. This ensures that all money donated to the Foundation goes directly to its programs.

The Foundation has been able to thrive thanks to the support of Kooyong members and friends who make tax-effective donations via the Australian Sports Foundation. A number of have also chosen to remember the Foundation in their will by making a bequest.

For further information on how you might help please contact the Foundation Chairman, Peter Quinn, on 0418 396 999.

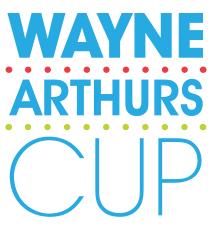


This year Destanee was a key player helping Australia qualify for the ITF World Junior Teams Finals and then

She has continued to make great progress under her coach Andrea Stoltenberg, a top ranked player originally from the Czech Republic

helping our girls to finish sixth.





The Kooyong Foundation is again looking forward to supporting and hosting the state's best 10 year olds for the 2012 Wayne Arthurs Cup.

The team tournament is a fantastic event for Victoria's emerging tennis athletes and a great chance for them to soak up the atmosphere at the 'spiritual home of Australian tennis'. Starting on Saturday December 14th from 9am, the Wayne Arthurs Cup hosts around 64 junior players and will conclude with the finals being played on Sunday December 15th from around 1pm. The Wayne Arthurs Cup is played between 16 teams from

- metropolitan associations and country regions and forms part of Tennis
- Victoria's Regional Teams Events
- calendar providing teams competitions
- for players from the 10/U age group
- through to the 18/U Country Cup event.
- Last year's winner was the North
- Suburban Tennis Association teamthat defeated Berwick by just five
- games in the final.
- The Club is again looking forward to
- hosting the Wayne Arthurs Cup and
- Members are encouraged to come
- down and see the talented junior
 - players on show in mid December.

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SOCIAL MEDIA

The Club now has a strong presence on social media with both a Facebook page and Twitter account to keep Members informed of everything at the Club.

If this is your preferred method of keeping up to date on what is available to you at the Club then make sure you like our Facebook page or follow us on Twitter via our Twitter handle:



Kooyong Lawn Tennis Club



@KooyongLTC



The Club's magazine, Courtside, is one of our most important communication tools and we want to make sure you're getting the information you are looking for at your Club.

Members are invited to provide us with feedback on what you'd like to see in Courtside magazine or if you have any great stories you think Members would like to know about then feel free to contact us with the information.

All feedback or story ideas can be sent to the editor, Daniel O'Neill, via email:



doneill@kooyong.com.au

DRESS CODE

Members are reminded the Club's dress code applies both in the clubhouse and on the courts. Members are also responsible to ensure quests are informed about the dress code and adhere to the policy when visiting. Failure to comply may result in refusal of service or entry to the clubhouse or removal from the courts.

TENNIS COURTS

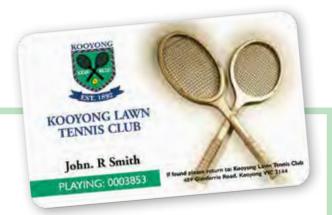
- All members and their guests should wear predominantly white, approved tennis attire when playing on the Club courts, although some coloured approved tennis attire is permitted.
- White socks shall be worn whilst playing tennis.
- Tennis shoes shall be predominantly white in colour. c.
- Tennis shoes shall be those designed for tennis. Any shoe that is likely to cause damage to the surface of a tennis court shall not be worn. In particular, no shoe with a ripple or studded sole or with a raised heel shall be worn. Shoes designed for running, jogging or cricket shall not be worn.
- Male members and guests shall wear a shirt with a collar and sleeves.
- f. Leggings and compression clothing (including bicycle shorts and skins) may only be worn under approved tennis attire.
- Tracksuits, jumpers and vests made for tennis g. are permitted.
- No member or guest shall play tennis whilst wearing football, running, jogging, cycling, board, Bermuda, boxer, cargo, golf or walk shorts or leotards.
- No advertising or lettering is to be visible on clothing excepting for the official KLTC logo or a manufacturer's logo.

DINING & HOSPITALITY AREAS

- The Racquet Club, The Kooyong Room and Seminar Rooms a.
- Smart Casual clothing shall be worn. i.
- ii. Male members and guests shall wear a shirt with a collar.
- iii. No sporting or gymnasium attire is permitted.
- The Hopman Bistro, BBQ Terrace and Member's Bar: b.
- i. Neat casual clothing or correct tennis attire shall be worn.
- ii. Male members and guests shall wear a shirt with a collar.
- iii. No caps or men's hats, men's sandals or garments with advertising motifs (except as approved for tennis or squash clothing) are permitted anywhere in the Clubhouse.







Rules and Regulations of the Club clearly stipulate that membership cards may not be transferred. The transfer of a membership card and breach of the visitor Rules and Regulations recently resulted in a lengthy suspension of membership for a Member. Any breaches including taking visitors into Member only areas of the gym and swimming pool will result in further action, which may include a suspension or cancellation of membership. A reminder is also made to Members to carry membership cards at all times, and produce them when requested.

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THEKOOYONG TERRACES



Steller are pleased to report that the demolition of the existing building has now commenced to make way for The Kooyong Terrace apartments.

With the overwhelmingly positive feedback and support from the Kooyong Lawn Tennis Club community the site is now officially under construction with settlements estimated for late 2014.



CIFIC TENNIS LEAGUE

Kooyong Teams Get Off To A Great Start

The second season of the Asia Pacific Tennis League kicked off in early November with some fantastic teams set to battle it out for a spot in the finals at the Australian Open.

Kooyong's men and women got off to the perfect start in the opening round of the Asia Pacific Tennis League season held at Kooyong on Sunday November 10th. Both teams played the Waverley Warriors and came awaywith convincing five rubbers to one wins to keep themselves in the hunt for a finals spot.

The men got underway with Andrew Whittington asserting his influence on the encounter with a dominant 4/1 4/1 win against Aaron Leeder-Chard. Coelho was also impressive in his

a gutsy come from behind win against Trent Cobb 2/4 4/3 4/2 to ensure the clean sweep of the singles.

In the doubles, Andrew Whittington and up and comer Daniel Nolan lost to Leeder-Chard and Feretti 4/1 4/2 while Bidmeade and Mitch Burman played beautifully to defeat Dowler and Aaron Addison 4/0 4/2.

In the women's match it was all Kooyong from the start of play as Ellen Perez used her power to great effect in her match with Dubravka Rakonjac to win 4/1 4/1. Destanee Aiava also showed great focus to dominate her match with Noellada Ah San from start to finish to win 4/0 4/0 and show she will be a real threat against the top teams.

Annabelle Andrinopoulos and Kate Antosik kept the pressure on the Waverley team to setup a clean sweep of singles with Andrinopoulos defeating Jaide Collins 4/2 4/0 and Antosik winning 4/0 4/1 against Gabriela Sprague.

In the doubles, Perez and Aiava teamed up to dominate Rakonjac and Sprague 4/0 4/1 while Laura McNamara and Molly Polak went down to Collins and Ah San 4/2 4/1 to finish the day.

The atmosphere at the Club was fantastic all day with the high calibre of tennis on show bringing plenty of spectators down to Kooyong on a great day for tennis.

The final is set to be played at the National Tennis Centre's Indoor courts on Saturday the 30th of November and we wish our teams the best of luck for the season.



2014 Club Championships

The Kooyong Club Championships continues to grow after last year reaching another record of nearly 500 members taking part across the 46 events.

2014 should again be a fantastic event played on the Club's grass courts in mid February and open to all categories of membership. Online entry is again available for those who can't get their form to the club and we hope members continue to take up this option in large numbers.

The Open events always provide the highlight of the tournament with a start studded line up sure to be available to play for a spot on the honour boards here at the Club.

The Open Men's Singles should be another great event as Jay Salter attempts to get that elusive tenth title while defending champion David Bidmeade will be keen to add to his two titles from the past three years. Daniel Byrnes is in great form at the moment and his grass court prowess can never be discounted having won many titles up at Shepparton while the likes of John Peers, Andrew Whittington, Rubin Statham and Andrew Coelho will all be a threat if they are available at that time of year.

Rising stars Marc Polmans, Mitch Burman and Daniel Nolan will also be amongst the chances if in the draw. Players like Richard Yang, Caleb Boland, Ned Whittaker, Dexter Bonet, Daniel Nickels, Mike Vaughan, David Hough and Michael Commings will also give a few of the senior players a run for their money.

The Open Ladies Singles was won by Kate Antosik last year but any number of the Club's top women could take out the title.

The winner could come from any of Sally Peers, Ellen Perez, Destanee Aiava, Annabelle Andrinopoulos, last year's runner up Brigitte Beck, Molly Polak or Katerina Valos depending on their schedules.

It will also be great to watch the continued improvement of youngsters like Samyuktha Rajagopalan, Stephanie Serafidis, Vivian Fidantsis, Kate Vaughan, Peta Valos and Cindy Tamber who played in the Club's victorious Grade 2 team this year.

The Club Championships caters for all standards so get your entries in by the closing date on the 3rd of February and take part in this wonderful Club event.

Winners of all events are recognised at the Champions' Dinner in May so take your shot at a spot in the history of this great Club. Entry forms will be sent out with Courtside or are available to download on the website.

You can also enter online at www.92computing.com.au/kooyongentry.htm

If you have any questions please contact Daniel O'Neill at the Club on 9822 3333.



three straight titles For Club Stalwarts



ooyong's Grade 1 Men's Open Doubles team notched up a memorable three-peat when they defeated Warrandyte in a fantastic final played at Dendy Park Tennis Club in early August.

Having won the two previous flags in Seniors Grade 1, this one was the first in the newly formed Men's Open Doubles competition but just as sweet for Chris Straford's team of Stephen Gay, Wes Horskins, Chris Costas, Tyrone Berger and Claude Gattino. This was the Club's only Pennant flag in the men's competition but there were some fantastic results across the 17 other men's teams.

In Grade 1, Nick Stafford's team caused a huge upset in the semi finals against Hepner Place Indoor to make it through to the Tier 2 semi finals where they faced off with the eventual Grade 1 champions from Dingley.

Matthew Nickels' Grade 1 team finished the season full of running and just missed out on the top four. With Mitch Burman and Matthew Nickels anchoring the team, this young side showed they will be a force to be reckoned with in the future as players like Richard Yang, Caleb Boland and Daniel Nickels showed some very promising signs as we look towards 2014.

Another side that showed plenty of promise was Ned Whittaker's Grade 2 team who came within a whisker of reaching the Tier 2 finals. With Ned, Dexter Bonet, Mike Vaughan, David Hough and Billy Friend all showing they are capable of handling more senior opponents, this team should have plenty of upside.

In Grade 3, Peter Ikosidekas' team reached the finals before falling to a strong Fountain Gate side in the semi finals while Todd Millington's young Grade 3 side also showed plenty of promise as they finished the season in fifth spot on the ladder.

The Club's two Grade 4 teams also showed they were extremely competitive with

Jeremy Taylor's team winning their semi final to move into the Tier 2 finals before they ran into a red hot side from Heathmont. Harrison Young's Grade 4 side just missed out on the finals after finishing in fifth which became a bit of a pattern for Kooyong sides that missed the top four.

In Grade 5, Martin Cassidy's team were also struck down by the curse of the fifth placed finish despite having a very solid season while Bryce Mitchelson's Grade 5 team did what they do best as they finished on top of the ladder and moved through to the Tier 2 finals. Unfortunately they weren't able to recreate their run to the Grade 5 final from 2012 after running into a good side from Gracedale Park but they had another great season all the same. Ross Lucas' Grace 9 team was another side to finish in that dreaded fifth position in 2013 despite having a very solid season.

In the Men's Open Doubles, Ric Mitchell's Grade 2 side finished the season on top of the ladder and had been favourite to win the flag all season only for things to transpire against them late in the season and they lost a very tight grand final to Heatherdale.

The Club's Masters 50+ teams were also highly successful as Graeme Heath's Grade A team reached the grand final and ran into a red hot Grace Park side while David Cox's team made the semi finals after finishing third.

In the Masters 50+ B Grade, Gordon Hammet's team also had a great season and after finishing third on the ladder they were able to win through to the grand final where they were also beaten by Grace Park while James Tulloch's team were another side that finished in fifth spot.

It was great to see so many fantastic team and individual performances.

t was another strong season by the Club's women's teams especially at the top levels of the Pennant competition.

Five of the Club's nine teams made finals and they were all in Grade 1 and Grade 2. The highlight was definitely the flag won by Stephanie Serafidis' young Grade 2 side that, having finished third on the ladder at the end of the season, got on a roll to win the title.

The side of Samyuktha Rajagopalan, Stephanie Serafidis, Vivian Fidantsis, Kate Vaughan, Peta Valos and Cindy Tamber took all before them in a complete team performance to win three straight finals and take home the flag. It was an impressive win in the semi final against Donvale followed by a great win over an experienced side from Boronia in the Tier 2 semi final to book themselves a spot in the Grade 2 final against a very tough Essendon team.

The final was a fantastic contest as both teams went into the doubles with two singles wins under their belt but it was the great form of the Kooyong girls in doubles that clinched a memorable win. Stephanie and Samyuktha won their first doubles rubber in straight sets while Peta and Vivian won their rubber in three sets to give the Kooyong side a big advantage going into the reverse doubles and it was Stephanie and Samyuktha who wrapped up the final by winning the first set of their match 6/1.

In Grade 1, Kooyong's three teams all fell at the hands of the eventual champions, Delahey Rec, in the finals.

Alana Parnaby's side was the first to meet Delahey Rec in the Tier 1 semi finals and with Viktorija and Monica Rajicic in fine form they proved to be too strong. The following week it was Kate Antosik's team who battled valiantly against Delahey Rec in the Tier 2 semi finals

before an unfortunate injury to Belinda Woolcock ended any chance they looked to have of causing an upset.

Laura McNamara's Grade 1 team had another fantastic season by making the Grade 1 final but also found the strength of the Delahey Rec side too much on the day especially with their number one player being unavailable for the final. All three teams are to be congratulated on another fantastic season! Also in Grade 2, Kate Francis' team had another very solid season culminating with a semi final appearance.

Kate's team lost a close match to the eventual runners up from Essendon.Both teams knew each other well having battled against each other in several finals over the past few years but the Essendon side was just too good on the day. Elizabeth Filonenko's Grade 2 side finished in sixth position in their section while Siobhan Stagg's Grade 3 team finished in seventh spot on the ladder.

In Grade 4, Ashley Spinks' young team gained some valuable experience in their first season of Pennant and showed they have plenty of potential for the future. And Angela Woodruff's Grade 5 team was competitive in a lot of matches but finished the season in eighth spot.

Again, it was another very positive season with many of the Club's players being able to take a lot from the experience and they will be looking forward to the 2014 season.



Laura McNamara, Destanee Aiava, hne Mantzanidis, Laura Rabinovich & Catherine Iouis



▶Peta Valos, Samyuktha Rajagopalan, Kate Vaughn, Vivian Fidantsis, Stephanie Serafidis and Cindy Tamber





Many of the Club's junior teams are in contention to make the finals with just two rounds left to play.

On Saturday morning, Jack White's Section 1 team currently sits in seventh spot on the ladder and need to win both remaining matches to give themselves a chance to make the top four. In Section 2, Max Smyth's team is likely to make the finals as they sit in fourth spot on the ladder while Lachlan Main's Section 2 team will definitely play finals as they look to lock in a top two spot over the next few weeks.

On Sunday morning, Jordan Swire's Section 1 team looks to be the one to beat for the flag having been on top of the ladder all season while James Goller's Section 1 team are just four points outside the top four with two rounds remaining. In Section 2, Jack Geason's team is in a battle to hold onto a spot in the top four along with Henry Marcel's team. This section is extremely competitive and any of the top six teams could make the finals.

Alex Savage's Section 3 team is sitting in fifth spot on the ladder and would have to win both of their remaining matches to give themselves a chance of sneaking into the top four.

In Section 4, Adam Bartlett's team is currently sitting in fourth spot and have a fight on their hands to hold onto that spot over the last few weeks while Andrew Argyrou's Section 4 team have been very impressive all season as they sit on top of the ladder with two rounds to play.

Jake Zerman's Section 5 team is another one with a battle on its hands with two rounds to come. They currently sit in fourth spot on the ladder and will be hoping to pick up two wins to guarantee themselves a finals spot.

In Section 6, Holly Feldman's team is in eighth spot on the ladder but the tough competition will have helped this group's development.

The Club's two Section 9 teams are both within range of a finals berth with Hudson Civarella's side sitting

in fifth just five points outside the top four while Olivia McGrath's team is in sixth spot just six points adrift of the top four.

In Section 10, Annabel Jones' team is nearly assured of a finals berth as they sit in third spot on the ladder while Seamus Synnott's team is in fifth spot and need a couple of wins to sneak into the top four.

Patrick Bell's Section 11 side has had a very solid season but sit in seventh spot on the ladder while Hugh Benyon's Section 13 team is in eighth spot.

Alexandra Hershan's Section 14 team is in sixth spot with two rounds to go and can still make the finals if things go their way.

Good luck to all of our teams for the upcoming finals series and congratulations to everyone involved with our junior teams in 2013!

Anyone interested in playing junior competition on Saturday or Sunday mornings in 2014 should contact Daniel O'Neill as soon as possible.

MIDWEEK

LADIES NEWS

The midweek ladies competitions are still in full swing at the moment with the Bayside Tennis Association and Waverley & District competitions heading into finals while the MEMRLTA competitions are in the early part of their season.

On Tuesday mornings, Jacqui Abbott's Bayside Section 1 team recently won their final match of the season which should move them into third position and into a semi final against Coatesville No 1.Linda Dohnt's Section 1 Wednesday morning team just missed out on finals action after finishing the season in fifth spot on the ladder.

On Thursday mornings,

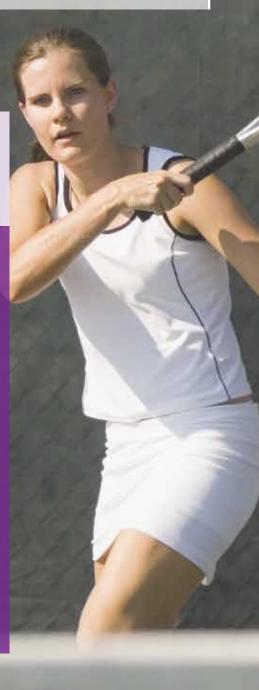
Jo O'Donoghue's Section A No 1 team finished the season in second spot on the ladder and will play Glen Waverley in the semi finals while Sue Lester's Section A team finished in seventh spot on the ladder. In Section 1, Gillian Rickett's team is currently fifth with a round to go but need to finish in the top three to play finals in a six team

section. Also on Thursday mornings, Libbie Geason's B Special 1 team is currently in second spot with a round to go after winning the flag last season while Jan Macleod's team is in third spot in the same section.

Anne Fitzpatrick's B Special 2 team is in fifth spot on the ladder with two rounds to go before finals.

On Tuesday mornings in the MEMRLTA competition, Sue Taylor's A1 Blue team is sitting in fifth spot on the ladder while Jodie Cody's A1 Gold team is in sixth as the competition heads towards the half way mark of the season. In A4, Sandra Daly's team is in third spot on the ladder and will be hoping to stay there as the season continues into 2014.

Congratulations goes to all the ladies who represent the Club in the various Midweek Ladies competitions throughout the year and we wish you luck for the finals and for more success in 2014!





COME INTO THE KOOYONG PROSHOP FOR ALL YOUR CHRISTMAS NEEDS!

Christmas Hampers will be available which means huge savings on various Kooyong merchandise! What a great Christmas idea!

KLTC Merchandise, New Kooyong Summer rangel Latest summer tennis fashion (Lacoste, Fila, Tail Head, Wilson), gym attire (Leluu, 2XU), racquets & racquet bags. Gift vouchers also available as a great Christmas idea!

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HOURS OF BUSINESS:

Monday to Thursday: 9.00am to 7.00pm Friday: 9.00am to 5.00pm

Saturday: 10.00am to 4.00pm Sunday: 10.00am to 2.00pm



IMAGE: FLETCHER MCCULLOCH, NATALIE GRANT & TOM BROWNELL

WEEKDAY FUN FOR OUR MEMBERS' YOUNGEST AT THE KOOYONG CRÉCHE

Our Members pre scool children can enjoy the benefits of a weekday occasional care program consisting of craft, painting, dressing up, stories and lots of free play. Parents and grandparents have been bringing their children from babies age six weeks up to 5 years old along to the crèche for over 15 years. Open from 9.00 am to 12.00 Monday to Thursday and 9.00 am to 12.15 pm on Fridays the crèche offers an opportunity for our Members children to get a taste of courtside action and for members to enjoy the various facilities at the club knowing their children are being well cared for.

 We are delighted to have of our highly experienced new Crèche Manager, Marzia Hasan.

The Crèche committee would like to formally welcome and congratulate Marzia on her appointment.

We invite all members interested in the Crèche facility to pop in to meet Marzia and the other wonderful team members of Sue, Gill, Marie

and Sian anytime and view the facility in operation.

Registrations are now available at the Pro Shop for 2014. Get in early. Once your Enrolment Forms and annual registration of \$75 have been submitted, members are free to bring their children with their snack for the session fee of only \$12. You will find all booking procedures attached to your Registration Form.

The Crèche closes on 13th December 2013 and reopens on Monday 3rd February 2014.

LOOK FORWARD TO SEEING YOU ALL IN 2014!

Rachael Ralph

President

KOOYONG International Tennis Academ

LOOKING BACK ON 2013, IT HAS **BEEN A GREAT YEAR FOR THE COACHING PROGRAM AT KOOYONG.**

In addition to our highly regarded group of coaches, we have been really fortunate to acquire the coaching services of 4 new coaches.

- Peter Wilson comes from South Africa, and has been coaching for 30years. He previously had his own large and successful coaching business in Johannesburg.
- David Bidmeade is a two-time and current Club Champion, and has had 10 years coaching experience. That includes work recently as the travelling/hitting coach with Bernard Tomic and Greg Jones.
- James Lemke only 2 years ago had an ATP ranking of 224 and travelled and played around the world.
- Matt Carroll is great to see back taking charge of the ever popular bootcamp program again.

Our coaching team certainly has an international flavour. In addition to the local talent, our group includes coaches now from America, Italy, Poland and South Africa. The quality of our coaching staff is exceptional and the background of all our coaches can be found on our website

www.kooyongtennisacademy.com.au

DEVELOPMENTS AND PROGRAM EXPANSION THAT HAVE HAPPENED THIS YEAR ARE:

- The development of a transparent tiered squad program for all ages and abilities. We cater for players from a recreational level through to ATP standard.
- The Kooyong Foundation Future Champions squad has been a great initiative with players including Codey Gunn, Stephanie Serafidis, Vivian Fidantsis, Tom Pavlekovich-Smith, Akanska Puli, Jeremy Taylor, Tom McKay, Gemma Seeley and many other quality young players involved.
- We are further developing our traveling tournament program, which

- saw players travel to Bendigo for a tournament, and will see players in two tournaments in Adelaide in December.
- We are in the initial stages of planning for our most exciting initiative for 2014, an International trip to Europe for our players.
- Our daytime training program for full and part time players headed up by David Bidmeade and James Lemke has been a great success and involved players including Andrew Whittington (current ATP ranking 410), Greg Jones (225), Sally Peers (career high WTA 153 in 2010), Ricky Robertson (AR 102), Jacob Scott (AR 79), Anabelle Adrinopoulos (AR 48), Matt Nickels, Codey Brackenreg, Josiah Roach and many others that train on Mondays, Wednesdays and Fridays. Both coaches have done a great job with this program.
- We introduced an adult night-time boot camp on Wednesday nights.
- Match play sessions during the mornings were introduced and day time sessions also commenced for mature age players looking to get involved in local, state, Australian and/or International senior and ITF event levels.

RESULTS FROM THE ACADEMY

Results for some of our players of note include Andrew Whittington, who has been a member of Kooyong LTC for many years who has been back at Kooyong training after being in the AIS for 3 years. He had a very successful year travelling on his own and dropped nearly 100 places on his ATP ranking and has done exceptionally well, in the past month. I believe he is just ready to take some big steps in his career and keep looking out for him over the coming months. The Kooyong Foundation has been a very good supporter of Andrew.

Ricky Robertson had his first year on the International tour this year and has set a great foundation for the coming years. This year was an enormously huge

learning curve for him, which will give him a great basis to build upon for the future. In the next couple of years there will be quite a few more of our young players following in the footsteps of Ricky and pursuing a tennis career, which will be good to see!

BALL PERSONS

We also need to give big congratulations to Tanya Szwarcberg and Jessica Pila who have worked very hard the whole year, and just been accepted as ball persons for the Australian Open. That is sure to be a great experience.

KOOYONG CLINICS

Our holiday clinics this year have seen the most participation ever and in no small part due to the quality of the program and coaches Doug Hill and Adam Bak who have guided this program with great assistance from all the coaches. Go to the website for details of the upcoming clinics in December and January.

The ladies clinics have also been going really well and are very popular. As a consequence to the last 12 years of ladies clinics, it's fantastic to see just how many of our past and present ladies are playing more, not just socially, but also in competitions with the confidence gained from participating in these sessions. We have a wide range of participants from those, including some coming back after having a child who use the crèche facilities, others who want to improve their cardio and others seeking competition to improve their game.

Please call Shane Hille in the office on 98246860 or email kita@kooyongltc.asn.au for all your coaching requirements.

Glenn Busby Director





with Malcom McClarty

My tip this month is a simple but effective one and will bring lots of reward if you apply it religiously

Watch the ball. Get to the T.

Hit the ball to the corners, mostly the back corners.

Do this and you will be amazed at the results you will achieve. With the World Masters in Hong Kong next year I have been working on this with every pennant match I have played and enjoyed much success.

we look like having nine teams in the finals. How many flags can we win?

In A1, after a few seasons in the wilderness, we were able to win the Autumn Blue Ribbon A1 flag. Can we do it again? We have two competing teams in A2 who finished 1st and 2nd, and four of our top juniors will be competing against each other in the final. In B1, we finished 3rd, so we'll be hoping they can get over the semi-final and win the Grand Final Flag. Former Australian Junior Team Captain, Selena Shaikh, will be

Final team. In B4 we have a few oldies in this team including James Kerner and John Piccolo and they finished on top of the ladder. Will they falter in the Grand Final? We do not think so. C1 team Captain Paul Ryan has a challenge on his hands, two of his top players will be unavailable. A tough one Paul! In D1 our team comprises of former Alma pennant players, needless to say they have made there mark representing Kooyong. Long serving Captain and Kooyong Stalwart John Menissos has his eyes set on another Blue Flag in F Grade. Best of luck John!

1987 pennant

You may barely notice the scores of pennants on the walls at Kooyong but each has a story to tell. This one hung in the original courts gallery, now the Racquet Club Restaurant, and survived a haphazard painting of the courts plus three rebuilds of the clubhouse. The team members had a big input to our club. Every flag tells a story. Hopefully you'll be a part of one yourself while playing for our great club.



- They played over 2400 pennant matches
- Three were long term Councillors of KLTC
- One became President, a Life Member, chairman Kooyong Foundation
- Two were given the prestigious Distinguished Member Award
- One was Club Open Squash Champion
- One was Squash Chairman

Australian Junior Championships

The Australian Junior Championships were held in Canberra recently. The Divisions were: 13 Year Old, 15 Year Old, 17 Year Old, 19 Year Old.

Congratulations to our number 1 Pennant player and once again, Australian Junior Champion, Sam Etjemai. Sam, playing in the 17 year old boys division was seeded number 1 and had a reasonable run, not really being challenged on his way to the final against the number 2 seed, Rohan Toole, from NSW. Sam won 11/4, 11/6, 11/4 in a great effort. Sam now has two years in the 19-Year-old division so it's highly possible he will win further Australian Junior Championships. Let's hope so.

Congratulations are also in order for another of our junior players, Jason Holmes. Jason also played in the 17 year old Boy's division, although still only 15. Jason won through to the Quarter Finals and was beaten by the number 4 seed, Jesse Keagan.

Two of Kooyong's juniors also competed in the junior girl's competition. Victoria Leow was beaten in round 2 although certainly not disgraced. She played the number 1 seed Stacey Cope from South Australia and almost caused a boil over.

The match went to five sets and after losing the first two games Victoria fought back to win the next two. Having all the momentum, Victoria stormed into the decider but ran out of steam beaten 11/7 in the fifth. Taylor Flavell was seeded number 2 in the 19 year old girl's section. She



Jason Holmes & Victoria Leow

made it through to the semi finals playing great squash but found the number 3 seed, Natalie Newton, from QLD a little too strong.

In the positional play offs Taylor finished fourth. The Champion for the 19-year-old Girls division was Jessica Turnbull from QLD who was also the number one seed. In the Team event, unfortunately Victoria did not win. Oueensland maintained their position as Champion Junior State defeating NSW who were runners up.

Squash Legend Sarah Fitzgerald



Legend of the club, Sarah Fitz-Gerald tells us what she's been up to recently

I flew to Buenos Aires in Argentina to help SQUASH present its case to the International Olympic Committee (IOC) for the 2020 Olympic Games. It was an amazing experience to speak in front of a room of approximately 200 IOC members, world media and spectators. Squash's greatest ambassadors and World No1 players Nicol David (Malaysia) and Ramy Ashour (Egypt) had done an incredible job of promoting our sport prior to 8th Sept... D Day.

Unfortunately Nicol was unable to attend due to having to compete in a professional tournament in Malaysia, while the charismatic Ramy Ashour was able to be there. I was asked to speak on behalf of women squash players and as Chair of the World Squash Federation Athletes Commission. Squash presented its case. And we did a damn good job too, a lot of IOC members told us so but the IOC reinstated the recently sidelined sport of wrestling. Not only did these particular few days in Buenos Aires name Tokyo as the 2020 Games city, wrestling as the 'new' sport, and voting in new IOC president Thomas Bach (German), the door for a new sport has been ever so slightly kept ajar for President Thomas Bach to 'grab the bull by the horns' and follow through on the IOC's claim of having a 'new' sport. So maybe, just maybe, squash still has the slightest chance to being included as a "new' sport in the 2020 Olympics in Toyko.

by Alistair Macindoe

2013 A Grade Billiards

The billiards team has been strengthened this year with the addition of Charlie Chafe, and is sitting in third spot on the ladder with the finals due to start in two weeks.

The team has a reasonable chance of making the Grand Final. Two excellent century breaks have been made this season: a run of 110 by David Cosgriff, and one of exactly 100 by David Pitt.

Kooyong retains the Sandringham-Kooyong Cup

In October Kooyong was too strong for Sandringham in the annual social snooker match, winning 10 frames to 2 (moreover with half of our team giving starts). All the close frames were won by our players: five black ball games and two pink ball games. Snooker can be a cruel game. In the photos are Greg Baker stroking in a blue from its spot, and a photo taken at the supper after the match. Captain David Pitt is brandishing the trophy. Harry Andrews is pictured sitting two to David's left. It was a fun night as always.

Billiards & Snooker Report



"Try to stay loose when you're practising or playing. Yes, the elbow shouldn't move until the cue tip strikes the cue ball, and you should maintain a proper stance, but if everything is done right, it's a stress-free feeling rather than a tense one. Tense muscles make for a jerky, uneven stroke, which is what you want to avoid. You're aiming for smooth, silky, and natural."

- Ewa Mataya Laurance in The Complete Idiot's Guide to Pool and Billiards 2004

Bridge News



Pioneers of the Bridge Club recently celebrated the Club's 21st anniversary.

Recapturing the extraordinary camaraderie and nostalgia of those early days, we remembered how we built a Club through goodwill, personal effort and very special bonding. The very first Xmas Party with Marilyn at the piano and the "Bridgettes" in harmony, followed by good bridge with Jim Borin. Signifying this extraordinary camaraderie was the presence of the elderly and infirm who made a special effort to come to remember and enjoy. Many people have made outstanding contributions over the years, ensuring the health of the KLTCBC. We have endured club renovations, once being housed on Centre Court in a tent in winter!

The Club is a credit to one and all.





Young Members

It is with great pleasure I can announce that we held another very successful Yarrayong Ball event recently.

This year was our turn to play host to the annual Ball held each year together with our friends at Royal South Yarra and our theme was "The Great Gatsby" with vintage cars on display, burlesque dancers and with an attendance of 385 guests it was a great night on the social calendar.

The Kooyong Room was decked out in all its glory covering everything from the 'Speakeasy' Bar to the 1920's Mercedes-Benz Roadsters parked out the front on arrival. Our Burlesque dancers made an appearance just after ten to delight the members and guests with a dance number to get the crowd jumping.

All in all it was a fantastic night put together by both clubs. We have assembled a fantastic committee and the group works above and beyond to put such events out there for us all to enjoy.

I thank all those that attended on the evening and we look forward to seeing you all at our next event, "The Garden Party On The Lawn" at the AAMI Classic in January.

Nathan Lodge President



AAMI CLASSIC KOOYONG YOUNG MEMBERS COCKTAIL PARTY

THURSDAY JANUARY 9TH 2014

\$65 members \$85 non members

INCLUDES

Access to young members private marquee from 4:00pm - 8:00pm A reserved seat to the AAMI Classic Finger food Live DJ

S O C I A L C O M M I T T E E

SHAKEN A FEATHER OR TWO

As we head into the festive season with our end of year function 'Jazz on the Balcony' approaching on Sunday 1st December, we wish to thank our fellow KLTC members for their ongoing support and participation at our events during the year.

Speakeasy:

140 Kooyong Members and their guests celebrated the 1920's with an evening of Great Gatsby glamour and style with the band **Soulfeat** ensuring that all the guests danced the night away. We certainly kicked up our heels in the style of the era. Everyone dressed in the theme of the evening and it was a colourful night with large ostrich feather centre pieces adorning the tables whilst movies of the 1920's era were screened during the evening. A special thank you to Ella and Winston from the Australian Tap Dance Festival who delighted us with a fantastic performance.

The amount of \$1,080 was raised for the Kooyong Foundations Junior Development Program.

JJ Memorial Mixed Doubles Round Robin:

The JJ tennis day was washed out but Members played billiards and table tennis and as the weather cleared some were able to finally enjoy a hit of tennis. The after party went ahead as planned and Members who hadn't attended earlier because of the rain turned up and joined in for a convivial afternoon with drinks and food in the Sir Norman Brookes room.

We wish to acknowledge the perpetual trophy for the event kindly donated by **Era Health Work Solutions**, KLTC Members **John Gall** and **Mariano Frias.** We will certainly expect that the trophy will bring everyones competitive spirit out next year and in years to come.

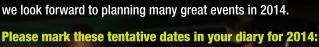
The Kooyong Lawn Tennis Club Social Committee would like to thank Chris Brown, Council and Staff of the Kooyong Lawn Tennis Club for their ongoing support of the Social Committee and we look forward to planning many great events in 2014.











Friday 7 February: Friday 28 February:

Happy Hour drinks Friday evening tennis, followed by BBQ/drinks.

Sat or Sun 22/23 March: Barefoot Lawn bowls at

Caulfield Bowling Club including BBQ/drinks.

TBA for April:

Kooyong v Royal South Yarra Social Tennis (RSYLTC Hosts) Mixed Doubles Round Robin

Sunday 18 May: Friday 8 August: Saturday 30 August:

Annual Dinner Dance

Sunday 12 October: Sunday 7 December: JJ Mixed Doubles Round Robin

Christmas Function

Happy Hour drinks

Please remember to book early to avoid disappointment.

Best wishes for a Safe and Happy Festive Season and we look forward to seeing you in the New Year.

Members Kat Benyon and Klom Khieophomma Naphalia heat up the dance floor

Royal Children's Hospital Auxiliary

The Royal Children's Hospital Melbourne

As this year, 2013, draws to a close, I wish to thank all our friends at Kooyong for their great support over the past twelve months and am very happy to announce that our Auxiliary has received a proposal from the Director of Developmental Medicine at the Royal Children's Hospital to fund the following projects:

- Clinical and Health Care and Training Professionals of the future PhD Top Up Studentships of \$18,500 per year for three years. Total request \$55,500.
- Development of the Neural Tube Defects Register for all children seen at RCH with Spina Bifida. Total request \$40,000.
- Genetic and Epigenetic Investigation of Cerebal Palsy and Autism. Total request \$50,000.

Grand total: \$145,500

All of this amount, being funds raised by our Auxiliary over the past years, is immediately available as it has been held in an account at the hospital and earning interest and will fund all of the above projects commencing next year.

In addition, our account at the hospital is still in credit due to the great success of our fundraising activities during the current year.



Dates For The Diary 2014:

- AAMI Classic & Luncheon in January
- Ladies Doubles Grass Tournament in March

Please check the noticeboard at the Club for actual dates. In closing, I wish to thank all of my Committee, Phyllis George and Freda Wenner for their great support and hard work throughout the year and ever so helpful staff at our Club for their assistance.

A very happy Christmas to you all!

Marie Devereux President











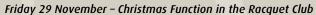
Thank You to the Kooyong Team

On behalf of the Wine & Food Society committee and members, a very special 'Thank You' to all the Kooyong Team for their enthusiasm and commitment with our functions during this year. We greatly appreciate the passion and creativity of Chris Goulding and his culinary colleagues, Patrice Renaudin's expertise and dedication leading the team, Rachael Whitelaw and the Functions Department for their attention to detail, as well as all those working behind the scenes. Without the efforts of everyone working together providing exceptional service, the high standard of our wonderful Wine & Food Society events at Kooyong would not be possible.

Thursday 12 September - Jorg Restaurant in Fitzroy North

Jorg's owners: David Cristiano, Manager and Bryce Bernhardt, Executive Chef ensured our members and guests enjoyed a carefully crafted five course menu in 'The White Room'

private dining space with its striking feature lighting. Jorg was one of our two venues offsite from Kooyong for 2013. A copy of the delicious menu and wines is featured here.



Apologies to members who were unable to join us for this function, as it was fully booked with a waitlist. Due to an exceptional early response, seating available in the Racquet Club was quickly allocated. Membership of the Wine & Food Society has attracted considerable interest over recent years with numbers almost doubling since 2011. To avoid disappointment, please ensure you reply early. The committee is looking into how to best manage our increased numbers with venues of limited capacity, to ensure everyone continues to enjoy all the benefits and opportunities of Wine & Food Society membership.

FUTURE EVENTS:

MONDAY 9 DECEMBER - ANNUAL GENERAL MEETING

All financial members of the Wine & Food Society are warmly invited to attend our AGM to be held at KLTC, commencing 8pm. Light refreshments will follow conclusion of the meeting.

2014 DIARY DATES

In the New Year, a list of future functions will be highlighted on the Members' Notice Board and also on the Kooyong Website under Members Groups, Wine & Food Society.

MEMBERSHIP OF WINE & FOOD SOCIETY

This special Members Social Group has been active since the early 70's. Both longstanding and newer KLTC members are most welcome to join. Details of our activities and membership application form can be found on the Kooyong Website under Members Groups, Wine & Food Society. We hold five functions each year, at Kooyong and different venues of interest arranged by the committee, with guests able to attend as numbers allow.

Thank you to committee members: Cindi Damian, Robin Daubeny, Milton Dickins, Margot McCluskey, Peter Nolan, Marie Pernat and Graham Schmidt for their support throughout the year. Each person contributes in their own special way to ensure the success of our functions. On behalf of all members, your commitment of time, energy and expertise is greatly

We look forward to welcoming you to another exciting year of great wine, food and camaraderie with fellow members, guests and friends.

Best wishes to one and all for the joy of the festive season - we hope the New Year is filled with good health, peace, success and happiness.

Christine Johnson President









JORG RESTAURANT

Thursday 12th September

Canapés on Arrival

1st Course

Bacalla with aioli seared local scallop, ox tail sauce and pangratatto

2010 Sparkling Harriet Chardonnay Pinot Noir



Crayfish and pea tortelloni, crayfish remoulade, sea urchin foam and bottarga

> 2012 Narkoojee Lily Grace Chardonnay

2011 Case Ibidini Insolia Bianco, Sicily

3rd Course

Pan roasted cotechino, cannellini and tomato ragu, chilli and oregano

2011 Côtes du Rhône AC Domaine Combe Julière, Rhone Valley



Salted lamb cotoletta, lamb loin and caramelised onion beignet

2010 Narkoojee Reserve Isaac Shiraz

5th Course

Olive oil cake, rhubarb, moscato and zabaglione

2012 Alasia Moscato D'Asti DOCG, Piedmont

Coffee/Tea and Petit Fours

Health Club SUCCESS SINDY

Summer is here and what a great time to get fit & healthy at the Kooyong Health Club. The Club has recently updated the cardio area with new state of the art Lifefitness cross trainers.

Peter Singe is our latest success story. Here is an insight into his eating plan, training and weight loss results which I had the pleasure of being part of.

Question 1: How long had you been overweight & what did you weigh?

Peter: 16 years and 104 Kg before starting a program.

Question 2: How did you feel carrying the extra weight?

Peter: Unhealthy, every night I used to get reflux. Secondly very self conscious. My clothes didn't fit and I felt sluggish.

Question 3: Did you think that you would ever lose the weight?

Peter: I thought that I didn't have time to do it. I now realise it wasn't the time, but it was the commitment.

Question 4: What was the trigger point that made you take action?

Peter: Looking at my photos of my wedding in 2012, I just looked fat.

Question 5: A) How long has it taken you to lose the weight? B) When was the last time you were at your goal weight?

Peter: A) 5 months, B) when I was 24.

Question 6: How would you describe your Healthy Eating Plan?

Peter: It's not about dieting. It's about eating clean. A healthy breakfast of oats & fruit, morning snack and an eggwhite omelette. Correct portions of meat and lots more vegetables & water.

Question 7: What were the main constituents cut out in your eating plan?

Peter: To start off with none because I was used to eating garbage. As I started feeling better and losing weight. I could see the results of eating healthy. By this stage, I realised I actually enjoyed eating the omelette, vegetables and lean meat.



Question 8: What work do you do? **Peter:** I own a recruitment company.

Question 9: How did you find eating healthy in a corporate environment?

Peter: For the last 20 years, I have gone to corporate events where, there has been lots of food and alcohol available. Hence, one of the reasons, I have been overweight for so long. Since starting personal training, I now know which food I should be eating and which food I should be avoiding.

Question 10: Can you give us an example of this predicament?

Peter: Perfect example, I have a corporate lunch today with a bank at a steak restaurant. I am having a 200g eye fillet with salad & water.

Question 11: What are your eating habits now?

Peter: I eat more food now than I did when I was overweight and I am never hungry, the difference is I have more vegetables and more creative healthy meals. Eating every two hours stimulates my metabolic rate, and leaves me energised for the day.

Question 12: How did you find meal times at home whilst trying to lose weight?

Peter: Most of the time fine because the whole family is supportive and has adopted a healthy eating program. Although on Sundays we have our celebration day, which usually is a roast & dessert.

Question 13: How much weight have you lost and what's your future goal? Peter: I have lost 12kg in five months, but it's not going to stop. My goal is to lose 7 KG more.

Question 14: What is your message to people with weight problem?

Peter: Start now. It's about consistent training in the gym and modifying what you eat and doing regular exercise. I would recommend you to speak to a professional trainer who will guide and support you in your goal.

Question 15: Can you see and feel the benefits from weight training and healthy eating?

Peter: 1. I haven't had reflux in the last four and half months.

2. I had a medical last week: my blood pressure is back to normal. My cholesterol is 4.2 down from 6.3 and my doctor is happy with my general health. 3. I also feel stronger; more energized and have improved concentration.

Question 16: What do you think of professional guidance and the benefits whilst losing weight?

Peter: I have tried losing weight myself and have always gone back to my unhealthy ways. Michael has done three

- 1. He set a healthy eating plan.
- 2. He works with me in the gym.
- 3. He keeps me accountable with a weekly weigh in session. While he doesn't judge, it makes me responsible for my results and I am delighted with the results up to date.

Members interested in weight loss, strength and conditioning, injury rehabilitation, general fitness, or personal training should contact Health Club Manager Michael Kull on 0419 003 762 / 9822 3333.

Diary dates



DEC- EMBER	1st Social Committee – Jazz on the terrace	Junior Competition Presentation Day & Parent/Child Round Robin	2nd New Members Night	8th Presidents Day
14th/15th Wayne Arthurs Cup	25th Christmas Day Lunch - See Ad Below	31st New Years Eve in the Racquet Club	JAN- UARY	8th - 11th AAMI Classic
8th – 11th RCH AAMI Classic Tennis & Lunch	FEB- RUARY	15th/16th, 22nd/23rd Club Championships	7th Social Committee Happy Hour Drinks	28th Social Committee Tennis & Drinks Night
MA- RCH	1st/2nd Club Championships (If Required)	5th Royal Children's Hospital Auxilary Tennis Day	22nd/23rd Social Committee Barefoot Bowls, BBQ & Drinks	KOOYONG EST. 1892





Let the function rooms at Kooyong be your first choice for your event in 2014.

From business parties to family events, we have rooms to accommodate intimate groups of 20 or more with all of our rooms enjoying private balconies and stunning views over our grass courts. For larger events, The Kooyong Room can accommodate up to 250 guests with room for a dance floor and state of the art audiovisual equipment for presentations or slideshows.

Please contact our Functions staff on 9822 3333 for more information.



THE 2014 AAMI CLASSIC HAS **2 GREAT OFFERS FOR KLTC MEMBERS**

AAMI CLASSIC YOUNG MEMBERS COCKTAIL PARTY

Thursday January 9th \$65 Members \$85 Guests

Price includes;

Access to to exclusive young member marquee 4pm - 8pm Reserved seat for the tennis 'Summer Royale' cocktail on arrival Canapes' by Peter Rowland DJ Duo - Kolors

AAMI CLASSIC NEPENTHE WINE TASTING

Thursday January 9th 5pm - 7pm on the Kooyong Room Terrace \$55

Price includes:

Ticket to the tennis Selection of Nepenthe wines for tasting Finger Food Generous discounts on Nepenthe Wines

DON'T FORGET THERE ARE MEMBERS SPECIAL RESERVE DISCOUNT TICKETS AVAILABLE FOR ALL DAYS

Please go to the KLTC website to purchase tickets or call 9822 3333 for more information

AAMICLASSIC.COM.AU

Follow us for event updates























