



INTERNATIONAL
YACHT
REGISTER



WINDWARD ISLANDS 8 DAY ITINERARY

THE WINDWARD ISLANDS – 8 DAY ITINERARY

ST LUCIA - GRENADA

DAY 1

St Lucia

DAY 2

Bequia

DAY 3

Mustique

DAY 4

Canouan

DAY 5

Mayreau

DAY 6

Tobago Cays

DAY 7

Carriacou

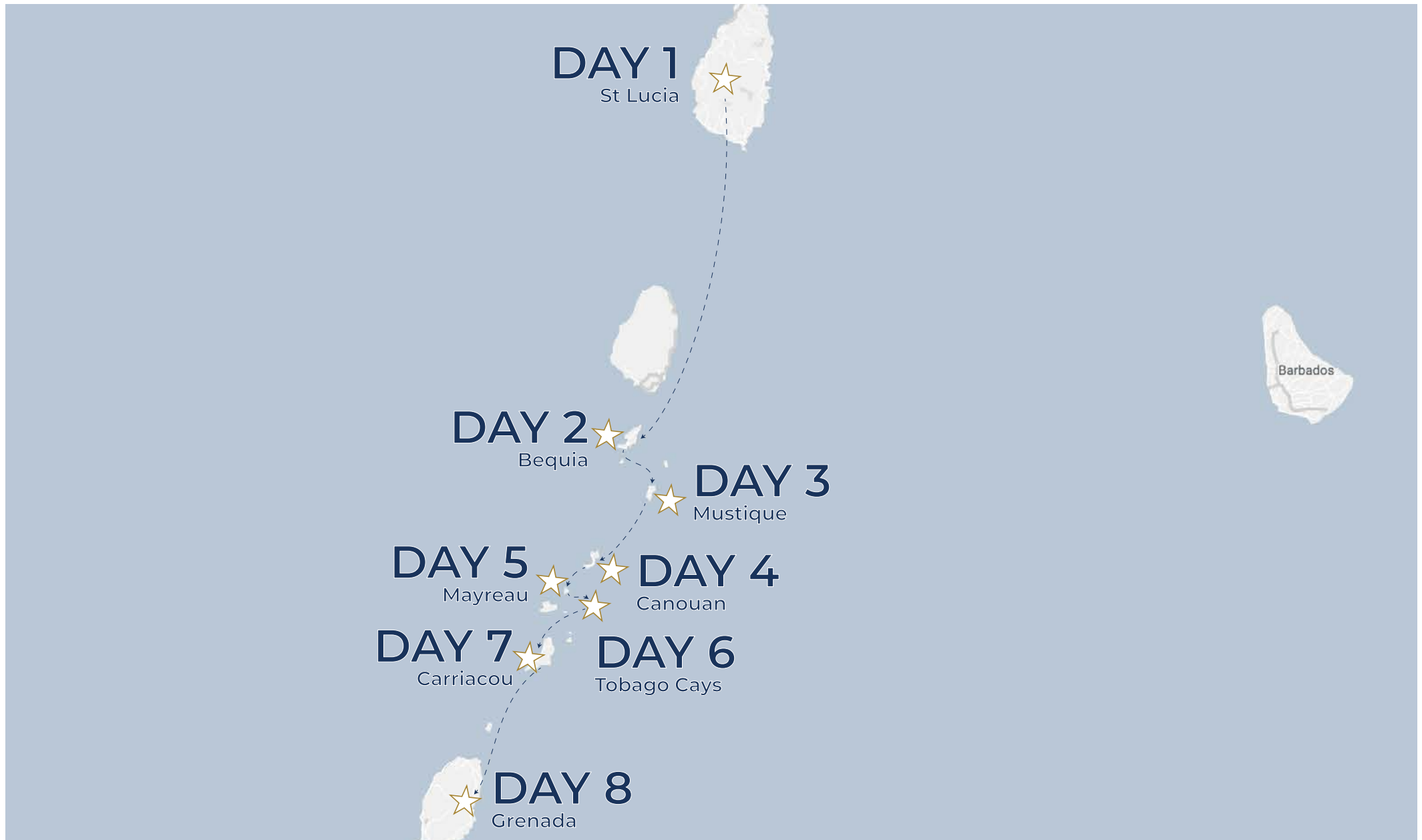
DAY 8

Grenada



THE WINDWARD ISLANDS – 8 DAY ITINERARY

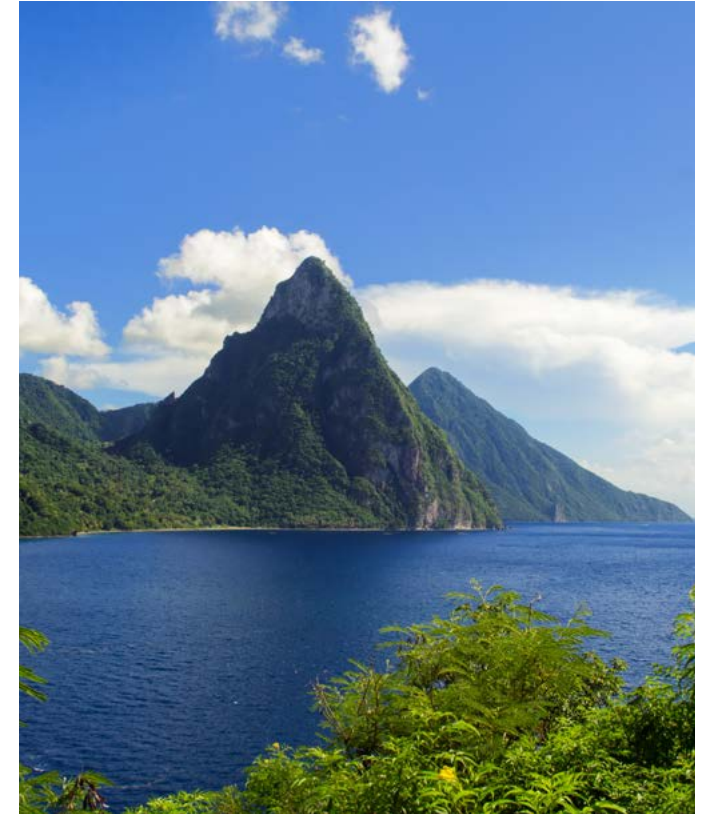
ST LUCIA - GRENADA





DAY 1 —

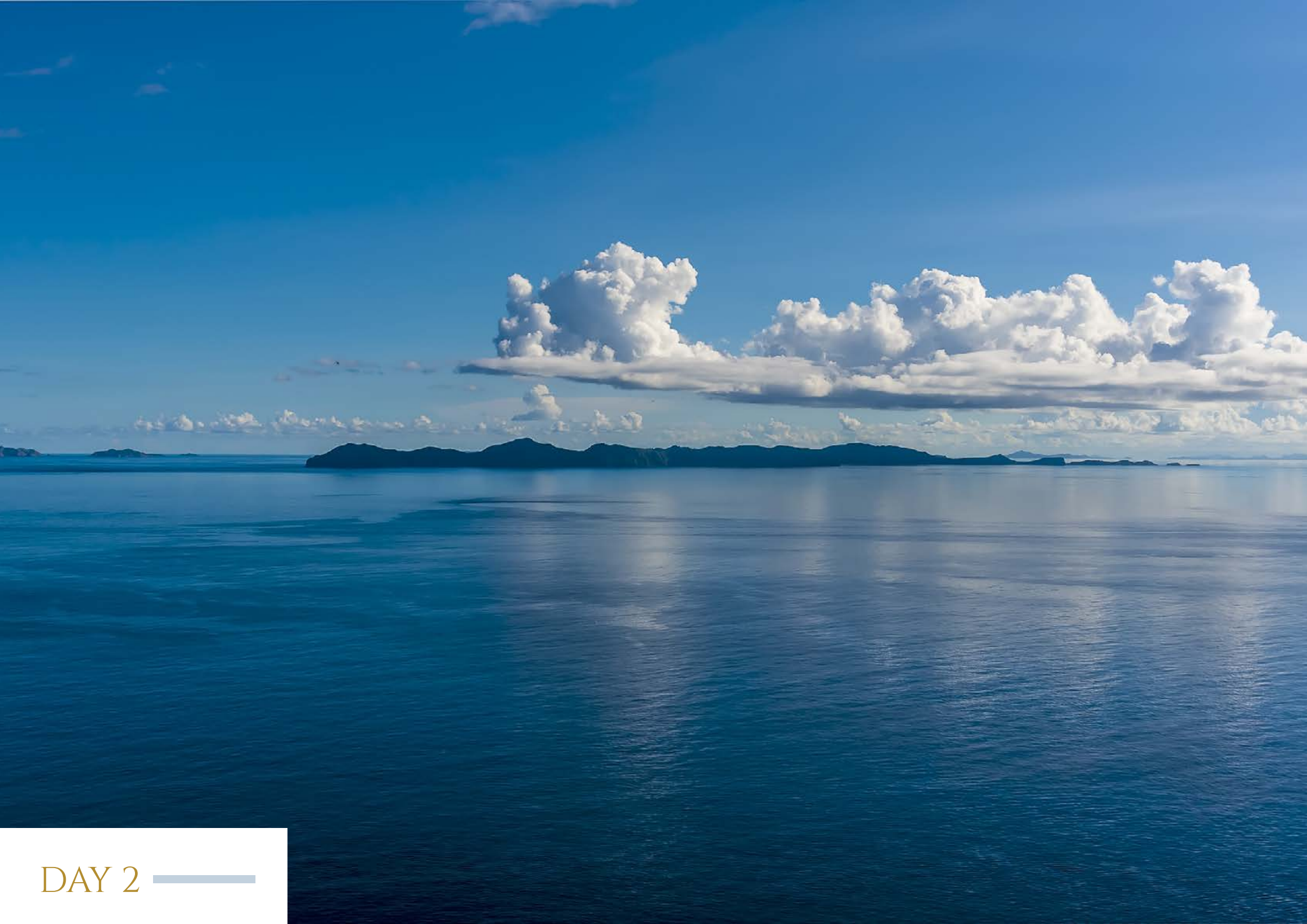
Rodney Bay Marina – Piton Bay, Soufriere - 15nm



IN THE SHADOW OF VOLCANOES

Join your yacht in Rodney Bay Marina on the beautiful island of St Lucia. Enjoy your welcome lunch onboard as your charter yacht cruises to Soufriere to drop anchor in Pitons Bay for the rest of the day and evening, giving you plenty of opportunities to catch the Pitons from every angle. Get even closer on the Gros Piton Nature and Hiking Trail – not for the faint hearted, but your reward will be stunning views over the lush green island.

Take the softer option and visit the Diamond Falls Botannical Gardens and Hot springs, or you could just hit the beach and swim in the shadow of the volcanoes. The chef will prepare a delicious dinner on board for your first evening.



DAY 2 —

DAY 2

The Pitons – Bequia - 50nm

'ISLAND OF THE CLOUDS'

Wake up as the yacht cruises south to your next port of call, the island of Bequia. Enjoy a leisurely breakfast as the yacht sails past the main island in the chain of St Vincent and the Grenadines before arriving in Port Elizabeth. Bequia translates as 'Island of the clouds' in ancient Arawak but blue skies will hopefully abound for your visit. Walk from the marina into town and explore the various craft shops.

As evening falls, walk along Princess Margaret Beach for cocktails and dinner or take a taxi across the island to Firefly Plantation or head south to Bagatelle's on Friendship Bay.





DAY 3 —

Bequia – Mustique - 15nm

BAREFOOT LUXURY

Showcasing classic Caribbean style with a funky global boho mix, Mustique has a truly eclectic vibe. The ultimate private island destination. Pick up some new beachwear from the Pink and Purple Boutiques or go trekking across the island, either on foot or on horseback. Finish with a cooling swim – with or without the horse.

Finesse your serve at the well renowned Mustique Tennis Club or treat yourself to a pampering treatment in the Spa. Join everyone at Basil's Bar in Britannia Bay for a Jump Up or a Sunset Jazz evening and kick off your shoes and take to the floor.





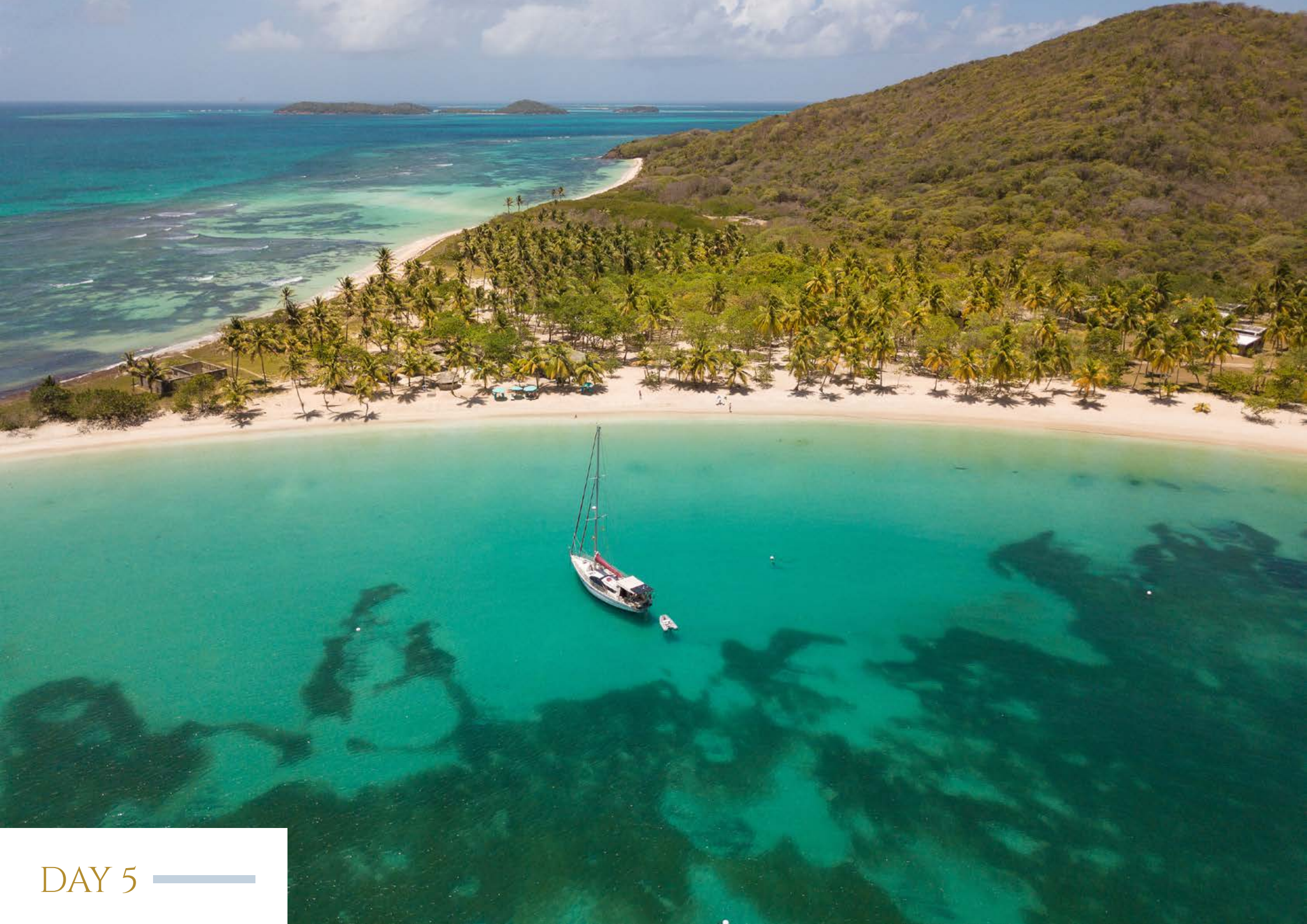
Mustique – Canouan - 16nm

TORTOISE ISLAND

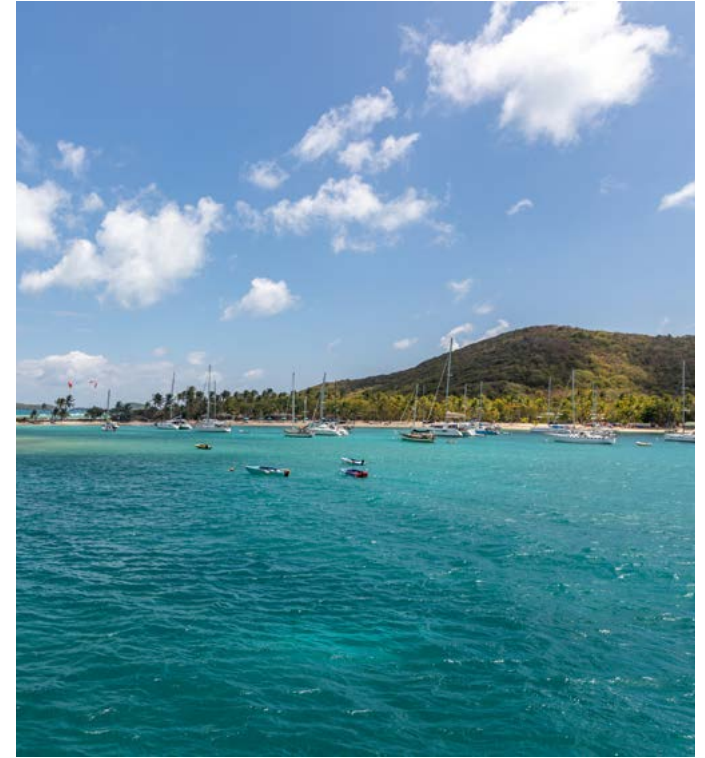
Earlybirds may like to join the Sunrise yoga session before leaving Mustique. The yacht will then cruise to the island of Canouan. This small island – just 5km x 2km – packs a punch, from its hilly interior covered in lush forests, culminating in Mount Royal, to the beautiful beaches and an offshore reef protecting the coast from the Atlantic swell. Canouan means ‘island of tortoises’ and you will see plenty of them wandering freely all over the islands.

Head to Shell Beach for the day; snorkel the large coral reef or go diving for a deeper look. Head to the spa at nearby Canouan Resort for massages, facials, pedicures or body scrubs. The crew will organise a wonderful candlelit BBQ dinner on the beach, ‘castaway’ style.





Canouan – Mayreau - 7nm



THE PERFECT BEACH

This morning's short cruise will bring you to Saltwhistle Bay on the island of Mayreau, part of the Tobago Cays. Saltwhistle is the quintessential Caribbean bay, crescent shaped with fine golden sand dipping into warm turquoise water alive with colourful fish. Dive into the water for a swim before basking in the sun or take the kayaks to explore the bay.

In the evening, head to Robert Righteous and de Youths Restaurant and Bar – the ultimate experience of a Caribbean Rasta establishment which clearly announces itself from the exterior decoration.



DAY 6

Mayreau – Tobago Cays - 5nm

UNDERWATER HEAVEN

A very short cruise will bring you right into the middle of the Tobago Cays Marine Park where you can discover the five tiny uninhabited islands that make up the national park and wildlife preserve. They include Petit Bateau, James Bay and Petit Rameau all set in sparkling aquamarine waters filled with protected sea life. Swim, snorkel or scuba dive with sea turtles and schools of colourful fish.

Snorkel in the protected area of Baradal Turtle Sanctuary to see Hawksbill turtles foraging freely or observe the bird sanctuary on Catholic Rock from afar. No motorised watertoys are allowed in St Vincent and the Grenadines so enjoy the peace, floating on your paddleboard amongst nature.





DAY 7 —

Tobago Cays – Carriacou - 15nm



REEF ISLAND

Practise your pilates or have a yoga session on deck as the yacht moves out of the St Vincent and the Grenadines chain to the quiet Caribbean haven of Carriacou. Carriacou comes under the auspices of the island of Grenada and is largely undiscovered by the tourist hordes.

The yacht will anchor off Tyrell Bay beach, a beautiful sweep of golden sand with the ubiquitous Sea Grape bushes offering natural shade. After lunch head ashore to explore this unspoilt island.



DAY 8

SPICE UP YOUR LIFE

An early morning cruise will bring you to your final stop on the island of Grenada. Gather your belongings and your memories together as your transport arrives to take you to the airport for your onward journey or perhaps you would like to extend your holiday with a stay on this lovely island?



Please note that this is a suggested itinerary only and can be adapted as required and dependent upon your arrival and departure schedules. Some of the suggested stops in this itinerary may require reservations to be made in advance and will incur further costs.

COVID 19 rules in terms of testing etc vary for each island may affect the accessibility to some restaurants, bars and attractions.

Any itinerary is subject to change due to vagaries of weather, sea conditions, changes in local rules and regulations. The use of motorised watersports is also governed by local regulations – your Captain will advise you of the rules for each location.

The Captain will have the final say, as per their obligations to run a safe vessel for all concerned.



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