

2023 NJLN CONVENTION PROGRAM JOURNAL



**NURSING
FOUNDATIONS:**
BUILDING BLOCKS
FOR HEALTHY
COMMUNITIES



**New Jersey League
for Nursing**

MARCH 29 & 30, 2023

Harrah's Resort, Atlantic City, New Jersey



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Welcome!

THANK YOU FOR ATTENDING THE NEW JERSEY LEAGUE FOR NURSING 2023 CONVENTION

The New Jersey League for Nursing (NJLN) Board of Directors and Convention Committee would like to welcome you to the 2023 NJLN Convention at Harrah's Resort in Atlantic City. It is our attendees, speakers, exhibitors and sponsors that make this event a success and positive experience, allowing us to come together to learn, network and share. We have developed this program with you, our New Jersey nurses in mind. From the relevant topics to the incredible session speakers, poster presenters and interactive exhibit area, we hope you take the time to explore all aspects the Convention has to offer.

The NJLN has been proudly offering Annual Conventions for over forty years to bring current healthcare issues, trends and relevant topics to the forefront for the Nurses of New Jersey.

We hope that you enjoy the convention program and please do not hesitate to ask questions, provide feedback and most of all enjoy your time learning.

***"Nursing Foundations:
Building Blocks for Healthy Communities"***



**New Jersey League
for Nursing**



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Nursing Professional Development (NPD) Specialist

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Message from Mary E. Koch, MSN, RN, NPD-BC, CNOR President, New Jersey League for Nursing



WELCOME TO THE 2023 NJLN CONVENTION! We are so pleased to have you with us in Atlantic City. On behalf of the NJLN Board of Directors, we thank you for taking the time to attend. This year's Convention theme is **"Nursing Foundations: Building Blocks for Healthy Communities."** Whether you are a practicing nurse, nurse educator, retiree, nursing student, or one of our many supporters or sponsors, you are an important part of our foundation and through your contributions you will help to make this event a success, we certainly could not do this without you.

One of the most crucial factors that we often lose sight of is that we must take time for ourselves and with all of the daily pressures sometimes it simply is not always a priority. We hope that during your time with us that you will use it to focus on yourself, and we have built the agenda with you in mind. While you are learning about important topics impacting nursing and healthcare today, we hope you come away with some self-care tips, make new connections since we know the importance of peer-to-peer support, and overall feel recharged from this experience.

As a professional organization and a constituent league of the National League for Nursing (NLN), our mission is focused on promoting excellence in nursing education to build a strong and diverse nursing workforce to advance the health of our state, nation and the global community. During our business meeting I will talk about some of the changes and accomplishments that help us deliver on our mission. To highlight just a few of these areas here, the first is that you may notice our NJLN logo looks different, which we are now aligning with the NLN. Over the next several months we will slowly introduce a new look with our branding and that starts today at our 2023 NJLN Convention. We proudly continue to evolve and grow as a Constituent League, which has garnered us significant recognition by the NLN where at the end of 2022 the NJLN received the prestigious NLN Constituent League Innovation Award, which makes us a rare two-time recipient having also received it in 2020. This award is very special to the NJLN due to its significance of being acknowledged nationally for the incredible work we are doing, which leads me to my last area, and honestly what I feel is the most important, and that is supporting the development of nurses through scholarship awards.

I am honored to announce that the NJLN will once again be awarding **\$100,000 in scholarships in 2023**, which is made possible through a grant provided by the Community Health Connections Foundation, Inc., This is one of our building blocks to assist in significantly supporting nurse education, which ultimately impacts the communities in which these nurses will serve in New Jersey and beyond. Providing substantial scholarships that are inclusive is one of the areas that I am most proud since it helps our diverse members and demonstrates immeasurable value. Please explore these opportunities offered at all levels of nursing education from BSN, MSN through Doctorate degrees. We will also proudly continue to provide our \$1,000 scholarship awards through our traditional program for all levels of nursing from LPN through Doctorate and we thank all of our donors that help to provide these scholarship awards. Both of our scholarship programs are accepting applications now. You may find more information on our website, www.njln.org.

I want to take a moment to acknowledge our Keynote Speakers this year, we thank them and all of our session speakers for being with us.

- **Keynote Speaker, Edna Cadmus, PhD, RN, NEA-BC, FAAN** - We are pleased to have Dr. Cadmus with us on Wednesday evening at 7:30 pm, where she will present *"Building Blocks for Future Nursing Workforce."* This session is so important to learn about the state of nursing in New Jersey, ask your questions, and hear the latest data and initiatives impacting you. You won't want to miss it.
- **Keynote Speaker, Gian Paul Gonzalez** - We are very lucky to have International speaker and founder of the HOPE+FUTURE Foundation with us for our Thursday morning General Session at 8:45 am. Gian Paul is an inspiration and his session entitled *"ALL IN"* is one that will undoubtedly leave a lasting impression as he challenges us all to Live Life ALL IN!

In closing, I'll leave you with a few convention highlights to consider:

- Please stop by the **NJLN Membership Booth** and say hello. Spoiler alert...they are running a promotion for new members, so join today!
- Please engage with our **Exhibitors and Sponsors**. They are here to connect with you, and we are grateful for their support.
- Have some fun with our **"Learn and Earn"** contest in our online event app, where you earn points and may possibly win one of our great prizes.
- We thank our exclusive sponsors this year: **ATI** for our premium badge holders, **Trinitas School of Nursing, RWJBH** for our Tote Bags, and **Hackensack Meridian, JFK University Medical Center, Muhlenberg, Snyder School of Nursing** as our "Learn and Earn" game sponsor.
- Stop by the raffle area and **purchase your tickets**, you could be a lucky winner of a prize while supporting future NJLN scholarship awards.
- Don't miss our annual **NJLN Business Meeting** on Thursday at 5:15 pm. We will share the work our league has been doing, and we will announce the 2023 election results. Also, join us for our **President's Reception** which will follow in the Seven Stars Lounge and feel like a VIP.

Lastly, I would like to express a very special thank you to our Convention Committee who made this event possible through their tireless planning. If you have questions or require assistance during the Convention, please stop by the membership booth or registration desk.

We hope you enjoy this year's Convention, and once again, thank you for attending to learn, inspire, and connect with one another.

Sincerely,

A handwritten signature in cursive script that reads 'Mary E. Koch'.



Dr. Tracy Orтели, Past-President accepting the NLN Innovation Award during the 2022 NLN Summit in Las Vegas in September. Pictured with NLN President and CEO, Dr. Beverly Malone, and NLN Chair, Dr. Kathleen Poindexter



2023 NJLN CONVENTION COMMITTEE

A very special thank you to the team that has developed this program for you. Your time and dedication to the Convention Committee is appreciated.

- **Karen Abbruzzese, BSN, RN**
- **Susan Chandler, NJLN Program Director**
- **Joann Ciampi, MSN, RN**
- **Illya DeVera-Bonilla, MSN, RN**
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- **Donna Murray, MSN, RN, AP, WHNP-BC**
- **Veronica Sanchez-Rico, MSN, RN**

**Annual Business Meeting
March 30, 2023, 5:15 pm
Harrah's Resort, Atlantic City, Longport Room**

AGENDA

Presiding: Mary E. Koch, MSN, RN, NPD-BC, CNOR, NJLN President

- Call to Order Mary Koch
- Introduction of Board Members Mary Koch
- Tribute: Moment of Silence Mary Koch
- Report of the Secretary Barbara Sinacori
 - Review of Minutes: 2022 Annual Business Meeting
- Report of the Treasurer Kathleen Mastice
- Report of the NJLN Committees Donna Penn / Nina Vaid Raoji
 - Program Committee and Convention Committee Roseminda Santee
 - Membership Committee Illya DeVera-Bonilla
 - NJLN Liaison to the NJNS, Inc. Erica Sciarra
 - Scholarship Committee Barbara Sinacori
 - Committee on Nominations 2023 Election Results
- President's Address Mary Koch
- Old Business:
 - 2023 NJLN Nurse Recognition and Scholarship Awards Event
- New Business:
 - Board of Directors Retreat
 - Open Discussion
- Adjournment Mary Koch



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for Nursing**

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NJLN 2023 CONVENTION AGENDA

WEDNESDAY, MARCH 29

NURSING FOUNDATIONS: BUILDING BLOCKS FOR HEALTHY COMMUNITIES

5:00 PM – 9:00 PM	ATTENDEE REGISTRATION OPEN	Gallery (3rd Floor Atlantic Ballroom)
5:30 PM – 7:30 PM	WELCOME RECEPTION EXHIBITS OPEN AND POSTER PRESENTATIONS	Exhibition Hall (Brigantine Room / Ballroom A, B)
7:30 PM – 9:00 PM	KEYNOTE PRESENTATION BUILDING BLOCKS FOR FUTURE NURSING WORKFORCE EDNA CADMUS, PhD, RN, NEA-BC, FAAN	Ballroom C

THURSDAY, MARCH 30

7:30 AM – 11:30 AM	REGISTRATION OPEN	Gallery (3rd Floor Atlantic Ballroom)
7:30 AM – 8:30 AM	CONTINENTAL BREAKFAST EXHIBIT AREA OPEN <i>VISIT EXHIBITS, LEARN WHILE YOU EARN CONTEST POINTS</i>	Exhibition Hall (Brigantine Room / Ballroom A, B)
8:45 AM – 10:30 AM	GENERAL SESSION	Ballroom C, D
8:45 AM – 9:30 AM	OPENING REMARKS MARY E. KOCH, MSN, RN, NPD-BC, CNOR NJLN PRESIDENT	
9:30 AM – 10:30 AM	KEYNOTE SPEAKER "ALL IN" GIAN PAUL GONZALEZ, INTERNATIONAL SPEAKER AND FOUNDER, HOPE + FUTURE	Ballroom C, D

NJLN 2023 CONVENTION AGENDA

THURSDAY, MARCH 30



NURSING FOUNDATIONS: BUILDING BLOCKS FOR HEALTHY COMMUNITIES

10:30 AM – 11:00 AM

EXPLORE EXHIBITORS NETWORKING BREAK

*VISIT EXHIBITS, LEARN WHILE YOU
EARN CONTEST POINTS*

Exhibition Hall
(Brigantine Room /
Ballroom A, B)

11:15 AM – 12:15 PM

BREAKOUT SESSIONS

SESSION 1

RIDING THE WAVES OF CHANGE: TEACHING NURSES TO SURF

LAURA MULARZ, DNP, MSN, RN, APN,
ACNS-BC, NE-BC, CRRN

Longport

SESSION 2

HUMAN TRAFFICKING & THE HEALTHCARE RESPONSE

GINA CAVALLO, CONSULTANT
NICOLE LEOPARDI, MD

Ocean City

STUDENT SESSION 1

TIME AND STRESS MANAGEMENT FOR NURSING STUDENTS

CAROL PATTERSON, MSN, RN, CNE
AND NJLN PAST-PRESIDENT

Ballroom C, D

12:30 PM – 2:00 PM

NETWORKING LUNCHEON

(*Pre-purchased Tickets Required)

Martorano's Restaurant

1:00 PM – 2:00 PM

SESSION

STUDENT SESSION 2

NEXT GENERATION NCLEX PREP

TAMMY GERRITY, ATI NURSE EDUCATOR
Sponsored by ATI

Ballroom C, D

NJLN 2023 CONVENTION AGENDA

THURSDAY, MARCH 30

NURSING FOUNDATIONS: BUILDING BLOCKS FOR HEALTHY COMMUNITIES

2:15 PM – 3:15 PM

SESSION 3

SESSION

LESSONS FROM THE PAST: A NEW WISDOM FOR OUR FUTURE

SPEAKER: SUSAN W. SALMOND, EdD, RN, ANEF, FAAN

PANELISTS:

SHANNON PATEL, DNP, APN-C, NEA-BC, CPHQ, CCRN-K

BARBARA BRILLIANTINE, RN

KIMBERLY COLEMAN, MSN, RN, APN, C

Ballroom C, D

3:15 PM – 3:45 PM

EXPLORE EXHIBITS AND NETWORKING BREAK

VISIT EXHIBITS, RAFFLE PRIZE DRAWING

Exhibition Hall
(Brigantine Room /
Ballroom A, B)

4:00 PM – 5:00 PM

SESSION 4

SESSION

LEANING INTO RESILIENCY

SPEAKER: JENNIFER POLAKOWSKI, MPA

FACILITATOR:

PHILIP McCABE, CSW, CAS, CDVC, DRCC

REBECCA BRYAN, DNP, AGPCNPC, APN

PANELISTS:

LAURA MULARZ, DNP, MSN, RN, APN, ACNS-BC, NE-BC, CRRN

GRACE ADEDOYIN DNP, MSN-NE, CHM, RN-BC NE-BC

Ballroom C, D

5:15 PM – 6:15 PM

SESSION 5

NJLN BUSINESS MEETING

PRESIDENT'S RECEPTION TO FOLLOW

Join the NJLN Board of Directors for
our Annual Business Meeting.

Election Results will be announced.

Longport



New Jersey League
for Nursing



This nursing continuing professional development activity was approved by New Jersey State Nurses Association, an accredited approver with by the American Nurses Credentialing Center's Commission on Accreditation. Approval Number: 8016-3/23-25



NEW JERSEY NURSING EMOTIONAL WELL-BEING INSTITUTE

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OUR MISSION

Offer Safe Space for Supportive Discussion

Educate Nurses to Reduce Burnout

Optimize Opportunities to Change Institutional Culture

Promote Mental Well-being & Self-Care

Normalize Sharing of Emotional Experiences

Promote a Resilient Nursing Workforce



SCAN ME

@NJnew15

Engage with Us!



Connect with Peers!

Fostering Compassion.

Sharing Connection.

Building Resilience.

2023 NJLN CONVENTION POSTER PRESENTATIONS

1. A Guided Student Mentoring Program: The Key to NCLEX-RN® Success

- Sharon Scrofine, DNP RN CNE CEN – Ocean County College
- Marybeth Millan, MSN RNC CCE – Ocean County College

2. A Win-Win Situation: Scenario-Based Simulation Skill Training to Develop Nursing Students' Clinical Judgment and Improve Outcomes

- Dawn M. Zimmerman, DNP, MSN, RN-BC, CNE – Trinitas School of Nursing, RWJBH
- Maryse Annulyse, MSN, RN, CCRN – Trinitas School of Nursing, RWJBH
- Ana Paula Grillo-Dias, MSN, RN, CCRN – Trinitas School of Nursing, RWJBH

3. Mental Health of Children - Exploring the Relationship of Parent's Preconception Health and Lifestyle and Adverse Childhood Experiences

- Janine Graf-Kirk, DNP, MA, RN, PMH-BC, CNE, Trinitas School of Nursing, RWJBH
- Gabriella Segovia, MSN, RN, Trinitas School of Nursing, RWJBH
- Laura Moskaluk, MSN, RN, CNE, Trinitas School of Nursing, RWJBH

4. Evaluating the Effects of Nutritional Counseling Including Information About Nutrition Labels in Better Control of Hypertension

- Michelle Ejiofor, BSN, RN – Rutgers University
- Suzanne Willard, PhD, APN – Rutgers University
- Nadine Aktan, PhD, APN-BC – Rutgers University

5. Identifying Advanced Practice Nurses' (APN) Barriers and Motivators in Screening for Intimate Partner Violence (IPV)

- Amanda Judge, BSN, RN – Rutgers University
- Tracy Vitale, DNP, RNC- OB, C- EFM, NE- BC – Rutgers University
- Beth Knox, DNP, APN – Rutgers University

2023 NJLN CONVENTION POSTER PRESENTATIONS

6. Implementation of Lavender Aromatherapy during Gynecological Examinations to Decrease Pain and Anxiety

- Danielle A. Moore, BSN, RN – Rutgers University
- Tracy Vitale, DNP, RNC-OB, C-EFM, NE-BC – Rutgers University
- Norma Rae-Layne, MD, FACOG-BC

7. Retaining Novice NurSEs Through a Dedicated New Nurse Council – RISE Study

- Jasmine Hossain-Wilson, BSN, RN – Hackensack University Medical Center
- Margaret Hopkins, BSN, RN, CCRN, C-ELBW, CPLC, HNB-BC – Hackensack University Medical Center

8. Innovative Strategies in Home Care: Novice to Expert

- Stacey Rice, MS, BSN, RN, CRRN, CCM – BAYADA Home Health Care

9. Examining the Effect of Standardized Patient Simulation on Transcultural Self Efficacy in Undergraduate Nursing Students

- Denise Way, DNP, MSN, RN – Drexel University
- Roseann Regan, PhD, RN, APRN-BC – Drexel University
- Linda Wilson, PhD, RN, CHSE-A, ANEF, FAAN, FSSH – Drexel University

10. Growing a Maternal Safety Cohort in the Garden State: Using OPS for the Seeds of Change

- Jennifer L. Sherlock-Loeb, MSN, RNC-OB – Director, Clinical & Professional Education, Fetal Infant Mortality Review – Southern New Jersey Perinatal Cooperative
- Kathleen Mahoney, MSN, PhD, RNC, OB, EFM, APRN, C

11. Managing Clinical Site Limitations Using Standardized Simulation

- Jill Tourtual, PhD, RN – Stockton University
- Denise Petro, MSN-Ed, RN – Stockton University



2023 NJLN CONVENTION EXHIBITORS	Booth Number
○ ATI (Premier Sponsor)	207
○ BAYADA Home Health Care	208
○ Best Care College	410
○ Chamberlain University / Walden University	209
○ Elsevier	307
○ FA Davis	401
○ Grand Canyon University	311
○ Hurst Review Services	303
○ Kessler Institute for Rehabilitation	300
○ Monmouth University Graduate Admission	403
○ New Jersey Coalition Against Human Trafficking	310
○ New Jersey Department of Children and Families	107
○ New Jersey Department of Labor and Workforce Development	103
○ New Jersey State Nurses Association	109
○ New Jersey Nursing Students	111
○ NJLN Membership	200
○ NurseThink®	203
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○ RWJBarnabas Health	202
○ Saint Elizabeth University	306
○ Saint Peter's University	309
○ Seton Hall University	210
○ Thomas Edison State University	301
○ Trinitas School of Nursing, RWJBH (Premier Sponsor)	201
○ U.S. Air Force	408
○ UWorld Nursing	308
○ West Coast University	209
○ William Paterson University	400

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KEYNOTE SPEAKER



GIAN PAUL
GONZALEZ

“ALL IN...”
It's not just a slogan.
IT'S A LIFESTYLE.

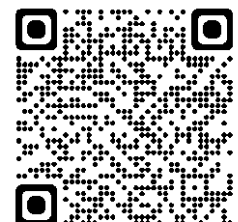
Gian Paul is widely recognized for inspiring the New York Giants to their most recent Super Bowl victory with the phrase 'All In'. He has been featured on ESPN as well as had notable appearances on Fox News and CNN.

His inspirational talks have made him an internationally renowned speaker for NBA, NFL, English Premiere League, MLS & Fortune 500 organizations.

Gian Paul Gonzalez was a former NCAA First Team All-American forward from Montclair State University scoring nearly 1,400 points in his 3-year career. He played in the NBA Summer League and was offered professional basketball contracts, yet he turned them down in order to continue his work with at-risk youth. He is the founder & executive director of Hope & Future, an organization dedicated to using athletics & physical fitness to share a message of hope and striving for excellence in inner-city public schools and juvenile jails.

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**Learn more. Visit us at the
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Convention Booth #409**

**Or scan to request
more information.**

NJLN Announces The 2023 Dr. Maureen Sullivan Foley Memorial Scholarship Awards Program



Maureen Sullivan Foley, PhD, RN
NJLN President from 1986 – 1988

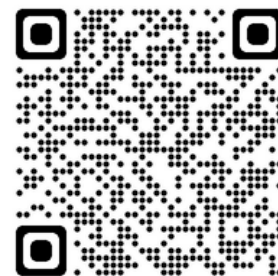
NJLN TO AWARD
\$100,000
IN SCHOLARSHIPS

Awards Made Possible Through a Grant by the
Community Health Connections Foundation, Inc.



New Jersey League
for Nursing

SCHOLARSHIP APPLICATION
SUBMISSIONS ACCEPTED THROUGH
MONDAY, JULY 10



www.njln.org/scholarships.html

Doctorate (PhD, EdD, DNP, DNS) - \$20,000
Master of Science in Nursing (MSN) - \$10,000
Bachelor of Science in Nursing (BSN) - \$10,000

OPEN TO ALL NJLN MEMBERS TO APPLY*

Not a Member? Join today! visit our membership booth or www.njln.org

* Applicants must meet the defined eligibility criteria and requirements before applying.
Multiple awards available per degree category.

JOIN THE NJLN TODAY!

Become a member of a diverse and inclusive professional organization focused on nursing education excellence in New Jersey. Let's help shape the future of nursing together.



Membership Highlights:

- Scholarship opportunities benefiting all levels of nursing education... Apply today!
- Discounted rates for the NJLN Convention and education programs to earn Contact Hours
- Mentoring and networking for personal and professional development and growth
- Nurse recognition awards program
- Join one of the many NJLN Committees
- Affordable membership rates
- Be a part of a New Jersey organization with 108 years of experience and counting Become a member of the NJLN Community today!



BECOME A MEMBER

Visit: www.njln.org

BONUS! Become a member today and receive 3 additional months free, that's membership through June 2024, and a NJLN gift.

While supplies last.

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John, Ken, and the entire team at Advanced Printing, we thank you for your professionalism and quality printing that you produce every time. You are very much appreciated by the NJLN for the amazing service you provide!

CONGRATULATIONS AND BEST WISHES TO THE NEW JERSEY LEAGUE FOR NURSING ON THE 2023 CONVENTION!

Carol A. Fasano, MA, RN, ANP-BC, CNE
NJLN Scholarship Co-Chairperson

THE NEW JERSEY LEAGUE FOR NURSING
CONVENTION COMMITTEE WOULD LIKE TO THANK OUR STUDENT
VOLUNTEERS FOR STAFFING THIS EVENT FROM THE FOLLOWING SCHOOLS:

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of Nursing** | **RWJBarnabas
HEALTH**



Hackensack Meridian
JFK University Medical Center

Muhlenberg
Harold B. and Dorothy A. Snyder
Schools of Nursing and Medical Imaging



HONORING NURSES INTERNATIONALLY
IN MEMORY OF J. PATRICK BARNES

The NJLN Proudly Announces the acceptance of nominations!

**WHO SHAPED YOU INTO THE
NURSE YOU ARE TODAY?**

**DAISY Nurse Leader
Award for Nursing
Clinical Educators**



SCAN ME



Deadline: September 11, 2023

SUBMIT A NOMINATION TODAY!

For More Info: njln.org/daisy_foundation.html

Quick Download Guide to access the 2023 NJLN Convention Event App

Instructions on how to access the 2023 Convention Event App

Instructions for logging in to the NJLN Convention WebEx Events app and to set up your networking profile are below.

Return attendees: If you have previously downloaded and accessed the WebEx Events (formerly Socio) mobile app, great! Just simply open the app and check to be sure you are not still logged in to last year's event. If you are, please exit to the main menu and look for the find/search option and enter "2023 NJLN Convention" and it will appear. And then simply click to view the information.

First time users: If you've never downloaded this app before, please follow these instructions to join the WebEx Event app from your mobile device. You may find it in your devices app store or scan the QR code below to access.

- Download the app for your mobile device through the App Store or Google Play depending on your phone.
- Open the app and enter the email address that you used to register for the Convention. You may only use that email address. You may not register under another email address since it will not recognize you as an attendee.
- Once you entered the correct email, create a password, and click sign up.
- Fill in your networking profile and click continue. Your profile information will help you connect with other attendees during the event!
- You may now view all of the 2023 NJLN Convention information!

If you have any questions about the event app, or if you have trouble logging in, please stop by the registration desk for assistance.



2023 NJLN Convention

Download our official app:



Scan QR Code



Powered by Webex Events (formerly Socio)



Let's shape the future of nursing together.

To learn more about career opportunities at RWJBarnabas Health, visit [rwjbarnabashealthcareers.org](https://www.rwjbarnabashealthcareers.org).



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HEALTH

Let's be healthy together.



**Saint
Elizabeth
University**
MORRISTOWN, NJ

Saint Elizabeth University, located in Morristown, NJ has a long standing tradition of preparing women and men for successful careers in nursing. Founded in 1899 by the Sisters of Charity, SEU has remained committed to providing education that is relevant, innovative and designed to meet the needs of employers and society. As a minority and Hispanic-serving institution, SEU opens door of opportunity for all students regardless of wealth, connection or background.

Advance Your Nursing Career with Saint Elizabeth University

Online RN to BSN Program

- Cohort Model: seven-week sessions held online through asynchronous learning
- Part-time and full time studies to fit a busy working schedule
- Dedicated faculty to assist and encourage development throughout the program
- Small classes providing individual attention
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- Deferred Billing
- No application fee

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steu.edu/apply