

DEEPER DIVE

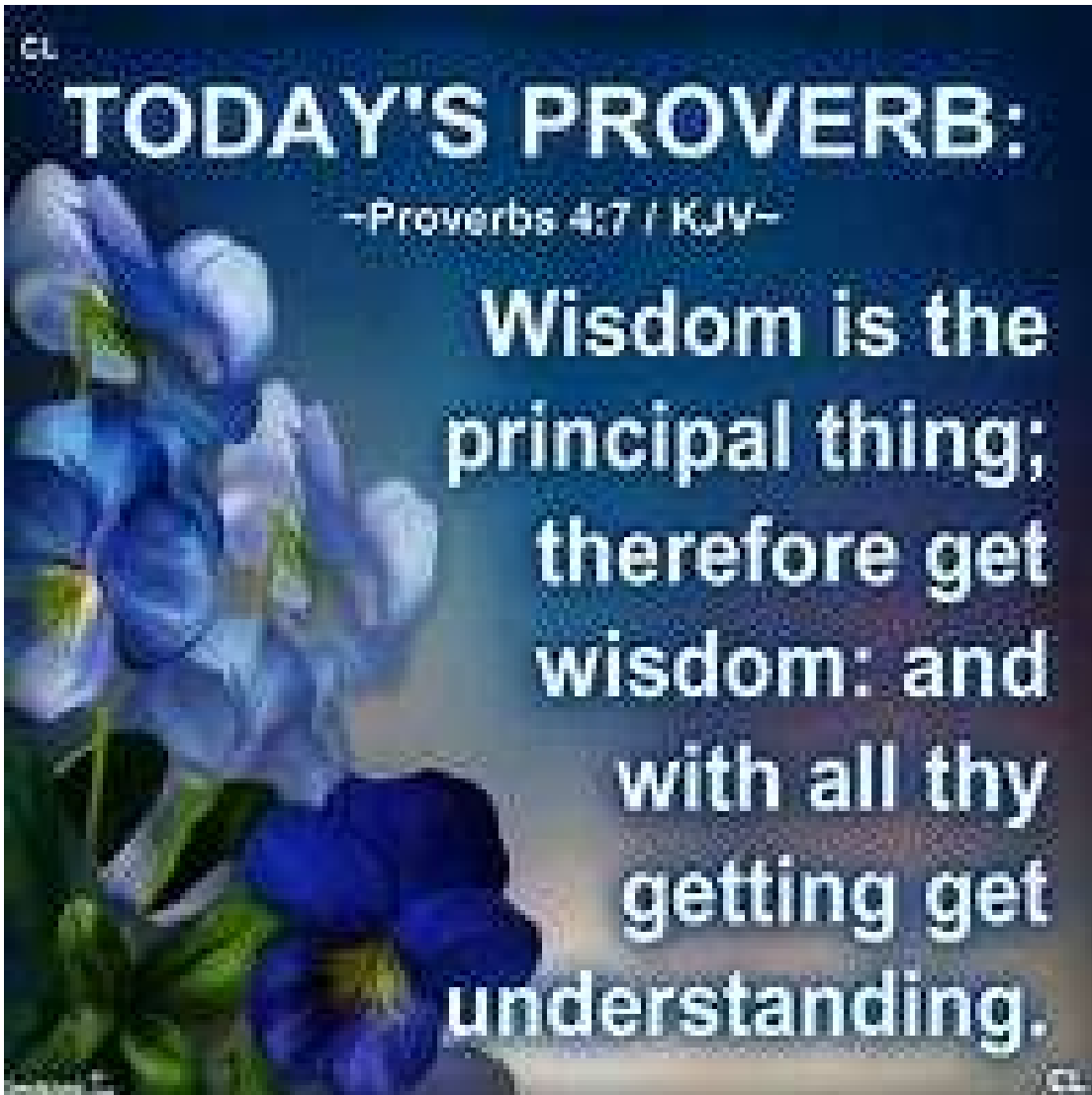
December 27, 2023

KNOW THAT YOU KNOW



Word's Of Encouragement

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We Need To Know That We Know

So, what do we know?

- Above all I want all of us to know that we are loved, that we were created with and for a purpose.
- Although there were times in my life where I may have struggled with self-esteem there was never a time that I doubted that I was a girl. A 'card-carrying Tom-boy' - but a girl non the less.
- We need to arm our young people; the Bible tells us to train up a child in the way that they should go... this is our job as guardians.
- Do not leave this important responsibility to someone else.
- This all leads me (even if it was the long way around 😊) to the topic I would like for us to focus on this month.

CORE VALUES



WHAT ARE CORE VALUES?

I'm glad you asked 😊... they are values that we embrace and use as guiding principles in our lives.

They represent our fundamental beliefs. If we allow them, they can serve as a compass to lead and guide us as we navigate the rough seas of life. They let you know what you consider important and meaningful. They should reflect your life's purpose.

Please note Core Values do not just materialize. They need to be sought out!

You will need to take time and ask yourself what qualities do you admire in people that are in your life? Also look at people you admire that are in positions of authority, or those that have an influential presence in your life. Consider incorporating values that you see and admire.

Taking time to define personal core values and adhering to them can help shape your life. Values can serve as guiding principles.

As you seek your core values.

Here are a few questions to ask yourself. I hope they will point you towards your list of Core Values.

1. What Bible character's do I admire?
2. What is it about them that I would like to portrait?
3. What qualities would I like to see in the best version of myself?
4. What values have I observed in others that causes me to swell with pride?
Not **prideful**; joyful, admiration.
5. What qualities do I want to be known for?
6. What is important to me?
7. What gives me a sense of fulfillment?

CORE VALUES

Are meant to be a guide they are not the word of God, everlasting.

Note that they may change or evolve as you grow.

Here are a few examples of what I consider good core values.

- ❖ Integrity, the adherence to moral and ethical principles, lies at the foundation of human behavior.
- ❖ Empathy, the ability to understand and share the feelings of others.
- ❖ Resilience refers to the ability to adapt and bounce back from adversity.
- ❖ Gratitude, the practice of acknowledging and appreciating the positive aspects of life.
- ❖ Responsibility refers to the sense of accountability for one's actions and their consequences.
- ❖ Compassion, showing kindness and care towards others.

Women As Treasure [®]

CORE VALUES

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- ✚ **Forgiveness** – Practice forgiveness towards self and others.
 - ✚ **Courage** – Confront wrongdoing in self and others.
 - ✚ **Integrity** – Embrace integrity. Live by and for truth.
 - ✚ **Self-realization** – Strive towards realizing your life's potential.
 - ✚ **Hope** – I will not give up on myself, or my sister.



SEE YOU IN JANUARY