

Healthworks



usefulvision

**July- August - September 2026**

**Opportunities for visually impaired children  
and their families across the North East**



Scan Me



Healthworks Useful Vision

[www.healthworksne.org.uk](http://www.healthworksne.org.uk)



**Healthworks**  
the community health charity

# Events at a glance...

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Thursday 23 July  
Bill Quay Farm

Thursday 30 July  
Sir Charles Parson Swimming Pool

Friday 7 August  
Pegswood Fire Station

Thursday 27 August  
A Day in the life of a Police Officer

Saturday 12 September  
Air Trail

Saturday 26 September  
Roller Skating

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# How to book

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Get in touch with our friendly Healthworks Useful Vision team via one of the following options.

**CALL:** 0191 264 1959

**EMAIL:** [usefulvision@hwn.org.uk](mailto:usefulvision@hwn.org.uk)

**ONLINE:** <https://www.healthworksne.org.uk/service/useful-vision/>

Once you have booked you will receive a confirmation email.



[www.healthworksne.org.uk](https://www.healthworksne.org.uk)

# Bill Quay Farm

**Bill Quay Farm**

**Thursday 23 July**

**Arrival 12.30pm**

**Prompt Start 1pm**

**Skills Workshop**

**All ages**

**23  
July**



Join us at this community farm, a safe, welcoming environment for everyone who visits. It's a wonderful place to relax, unwind, and enjoy time with family and friends.

Please note before booking:

For your safety, please be mindful of the uneven surfaces and loose chippings common on a working farm

**Bill Quay Farm, Hainingwood Terrace,  
Bill Quay, NE10 0UE**



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# Sir Charles Parson Swimming Pool

**30  
July**

**Thursday 30 July**

**10am arrival**

**Early booking advised**

**Get Active**

**All ages**



Make a splash with Useful Vision!

We are hosting an all-ages swimming activity at the Sir Charles Swimming Pool – the centre offers a hydrotherapy pool which will be exclusively hired for our Useful Vision families.

This session will be a full of family fun so grab your goggles and come along!

**Sir Charles Parsons  
Westbourne Avenue, Walker  
Newcastle-upon-Tyne, NE6 4ED**



**[www.healthworksne.org.uk](http://www.healthworksne.org.uk)**

# Pegswood Fire Station Visit

**7  
August**

**Friday 7 August**

**11am to 1pm**

**Early booking advised**

**Family Fun**

**All ages**



Come along and join Useful Vision to find out about the life of a firefighter

There will be a chance to look in the fire engines, around the fire station and meet fire fighters who will guide us through their morning routines as well as specialist water rescue equipment and boats.

**Pegswood Community Fire Station,  
Pegswood, Northumberland, NE61 6SJ**



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# A Day in the Life of a Police Officer

**27  
August**

**Thursday 27 August**  
**11am to 2pm**  
**Family Fun**  
**Early Booking Advised**  
**All ages**



Join us at the Lemington Centre for an exciting day in the life of a police officer!

Look inside a real police car, try on some police uniforms and learn about the day-to-day duties of a police officer.

Get creative with police themed arts and crafts too.

**The Lemington Centre, Tyne View,  
Lemington, Newcastle Upon Tyne, NE15 8RZ**



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# Tees Barrage Air Trail

12  
Sept

**Saturday 12 September**

**Arrival at 11am**

**Early Booking Advised**

**Get Active**

**Age 2+**



Exclusive use of the climbing park set over 4 levels, with wobbly rope bridges, tight ropes, cargo nets and balancing beams.

- Please arrive no later than 11.15am
- Not suitable for wheelchair users
- Max 1 x climbing adult per climbing child
- Children over 2 years but under 1.2m can access the smaller structure Air Tykes.
- Children between 1m to 1.2m must be accompanied by an adult on the Air Trail.

**Tees Barrage, Tees Barrage Way,  
Stockton-on-Tees TS18 2QW**



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# Roller Skating at Planet Leisure

**Saturday 26 September**

**11.30am to 12.30pm**

**Get Active**

**Early booking advised**

**All ages**

**Food provided**

**26  
Sept**



Get your skates on at our exclusive Roller-Skating Disco event. This activity is fully accessible, PPE is provided and skates start at a child's size 8.

All children will receive a meal voucher to use after their skate.

Under 13s must be signed for by an adult. Under 18s must wear a helmet unless a waiver is signed.

**Planet Leisure, Unit 7/8 Maple Way,  
Newton Aycliffe, DL5 6BF**



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# Cancellation Policy

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All Useful Vision activities are provided free of charge to families, thanks to the generosity of our funders. We pay for all activities in advance and are unable to receive refunds once bookings are confirmed.

We understand that plans can change, and we always do our best to fill any cancelled spaces. If you need to cancel, please let us know as soon as possible.

If you cancel within 24 hours of the activity and we are unable to fill your place you may be asked to contribute towards the cost of the session.

To cancel please text or call 07544301166 or email [usefulvision@hwn.org.uk](mailto:usefulvision@hwn.org.uk)

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# Non-attendance Policy

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We appreciate that unexpected circumstances can arise, however, we have recently experienced a high number of families not attending activities without prior notice.

As a result we are introducing a non-attendance fee. If you do not attend the activity and have not cancelled in advance you will be invoiced for the full cost of the unused session.

We reserve the right to withdraw advance booking privileges to those who regularly and/or frequently cancel at the last minute or do not attend.

This helps us make sure all families have fair access to activities and that valuable charity funds are not wasted.

[www.healthworksne.org.uk](http://www.healthworksne.org.uk)

Help Us To

# Make Every Mile Count



## Running the GNR for Useful Vision



Sponsor our team of runners who are taking on the Great North Run 2026 to raise money for Useful Vision!

Every step will help us continue to offer inclusive, accessible and fun activities for visually impaired children and their families.

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# LENDING LIBRARY

**At The Lemington Centre**

**Coming Soon!**



**This is a free toy and resource lending  
service for families who have a child with a  
visual impairment -  
contact [usefulvision@hwn.org.uk](mailto:usefulvision@hwn.org.uk)**





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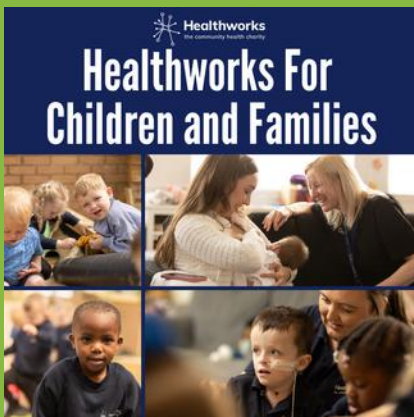
0191 264 1959

[usefulvision@hwn.org.uk](mailto:usefulvision@hwn.org.uk)

[www.healthworksne.org.uk](http://www.healthworksne.org.uk)

The Health Resource Centre,  
Benwell, Newcastle,  
NE4 8BE

[Find out more and book  
a Useful Vision activity](#)



Explore all  
Healthworks Children  
and Family Services

