

www.whitelightevents.co.uk

Sat - 11.06.2022

Sun - 12.06.2022

Buxton
Health &
Healing
Festival
2022

Event Guide
Buxton Pavilion

St.Johns Road
Buxton
SK17 6BE

10am - 5pm
Daily



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RUTH.HUDDLESTONE



Welcome to Buxton's Health & Healing Festival

We are pleased to introduce you to the Buxton Health & Healing festival, back in it's rightful summertime place in June. The Buxton festival is a firm favorite on the Mind Body Spirit calendar and this year promises to be no different. We have 65 amazing exhibitors from across the UK joining us, providing crystals to singing bowls, tarot readings to healthy feet! Whatever it is you're in need of, we have you covered.

With 2 areas hosting over 20 workshops and talks across the weekend you're simply spoilt for choice.

Our main talks area is a spacious marquee just outside the event hall. Able to host 140 visitors at any time, it's a fantastic addition to the Festival.

Our second talks area will be utilising the stage area.

With over 20 talks across the weekend, offering Angel Meditation, Talking Tea Cups, Mediumship, Therapies and much more, there is something for everyone.

Refreshments are available from within the Pavilion venue. They have a good selection of outlets to choose from: The Kitchen, Ice cream parlour, coffee van or the tea rooms.

We cannot wait to welcome you @ Buxton

Wendy & Dave (White Light Events)

Tickets

Adult : £4.00 Adult Weekend : £7.00

Concession : £3.00 Concession
Weekend : £5.00

Under 16 yrs free entry with a paying Adult

Open Hours

Open 10am - 5pm
Both Days

Finding Us

Buxton Pavilion
St. John's Road
Buxton
SK17 6BE

The Pavilion is a short
10min walk from Buxton
railway station & bus station

Along St John's Road (SK17 9AR) you will find the Pavilion Gardens car park. Parking machines are cash only. You can however, pay by phone. Details within the car parks.



Talk Zone A

All of our talks & workshops are free to attend. Arrive at the allocated time and simply find a seat. Zone A can be found just outside the event hall in the large marquee.
Easy access for disabled visitors.

Saturday 11th June



10.30 - 11.10 Sophie Fox

Becoming Empowered

Are you ready to release what's holding you back from living the life you deserve? Find out about Becoming Empowered with Sophie Fox and experience a healing and cleansing meditation with the Angels.

May contain adult
Language

11.15 - 11.55 Dave Green

Personality and crystals

Ever wondered why certain crystals work better for some people than others? Or why the meaning in a book doesn't resonate with you? In this talk we shall explore the link between crystal vibrations and personality traits - why some crystals attract us and others repel. I shall be demonstrating some mini readings, to show how by knowing this, we can focus on positive change



12.00 - 12.40 The Wiccan Lady

Kitchen Witch

Ever wondered what we were using herbs and spices for before we were cooking with them? Find out how to make lotions and potions for around the house with all natural products and kick start your inner witch.

12.45- 13.25 Eileen Strong

Quantum Touch Energy Healing

What is Quantum-Touch® energy healing? How is it different from Reiki and other energy-work techniques? And does it really make bones move and re-align, or reduce pain and inflammation, within minutes? Seeing is believing. Come and experience Quantum-Touch® for yourself at this talk/demo. Quantum-Touch® can easily be learnt for yourself, for your own self-healing, to help loved ones and pets, and more. If you are already a healer, body-worker or therapist, Quantum-Touch® techniques can be a valuable addition to super-charge your existing skill set and take your practice to a whole new level.



Talk Zone A



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13.30 - 14.10 Barbara Meiklejohn-Free

Becoming the Oracle

Instead of relying on others to give you readings and guidance, learn how to receive messages for yourself. Whilst using oracle cards, Barbara will teach you how to understand the ancient form of divination in order to become empowered and to create your own destiny.

14.15 - 14.55 India Jo

Demonstration of Mediumship

Join the ever popular India Jo as she brings you a fantastic demonstration of mediumship.



15.00 - 15.40 Flavia Kate Peters - ATP®

Angel Meditation

A powerful and deep inner journey to invoke the archangels in order to receive healing, guidance, peace, clarity and purpose.



15.45 - 16.25 The Hemp Man

What is CBD & how you can benefit from it?

The Hemp Man shares his wealth of knowledge about the potential health and wellbeing benefits of CBD, a non psycho-active component of the Cannabis Sativa Hemp plant.



Saturday 11th June



Talk Zone B

All of our talks & workshops are free to attend. Arrive at the allocated time and simply find a seat. Zone A can be found on the stage.
There are 4 steps to this area. No Wheelchair access.

Saturday 11th June

11.30 - 12.10 Jane Osbourne

Past Life Regression

Who were you? What symptoms are you carrying in this life and how to release them.



12.30 - 13.20 Amy Elizabeth

The Positivity Pack

Join healer, spiritual trailblazer, medium and 6 times mindset & well-being author Amy Elizabeth, as she helps us raise our vibration, awareness and consciousness. Amy Elizabeth brings you unbridled levels of energy and passion to help you unlock your full potential, understand who you are and what makes your heart sing - helping you to live a joyful life, thinking more deeply and growing fully into your best self way beyond the 3D.
<http://www.thepositivitypack.com>



13.30 - 14.10 Alison Dean

The World of Runes

Come and join me and choose a rune that speaks to you, learn its meaning and message that you choose. Then meditate with the rune symbol, feel a connection and relaxation. Learn about the runes healing powers, learn about different combinations of bin runes to bene-fit life.



14.30 - 15.10 Marie De Rosa

Connecting to your Angel Guides

A meditation journey to connect to your Angel Guides and create the link to your higher knowledge.



www.WhiteLightEvents.co.uk

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15.30 - 16.10 Stephanie King

How to Balance Spirituality with Normal Life...

Time is precious and life too short; pressures and commitments are intense. We aim to be the best that we are able to become within boundaries of unfolding life - daily, yet expectations, demands and stresses never cease... But did you know that being spiritual keeps you looking and feeling younger - and so therefore fresher longer; that good health, love and happiness are much closer than you think? Spirituality is not religion. Instead it's how you connect to life to help it work; how you read and then process all that occurs from your awareness...

In this powerfully channelled workshop STEPHANIE J. KING will show you how to work life better, to get it to respond more successfully in your favour - according to present needs and expectations... Why accept the worst when then life's best is waiting to come in? Join Internationally known and respected, Stephanie J. King - Soultrepreneur™, Author, Healer, Speaker, Life Coach, Relationship Consultant - to support and help you overcome the many challenging facets of daily life.... Time permitting this workshop will also contain powerful, channelled, guided meditations.

Saturday 11th June

Buxton Festival Dates 2023

10th & 11th June
(Buxton Summer Festival)

&

28th & 29th October
(Buxton Autumn Festival)

New Event!



www.WhiteLightEvents.co.uk



Magikal Echoes Holistic Services

The Sweary Crystal Lady



*Crystal therapist and Reiki master based in Cheadle, Staffordshire.
Specialising in Equine Reiki.*

*Networking groups for those in spiritual and holistic business.
Meetings in person in and around Staffordshire and online via zoom.
Various crystal workshops, training including all Reiki levels and
animal/equine Reiki and crystal therapy certification.*

*Go to www.magikalechoes.co.uk for further
information.*



The Magikal Crystal Community

*An exclusive online membership all about using
crystals for self development.*

*Are you a crystal addict? Do you love acquiring crystals but you don't
know how to use them in your day to day life?*

*Group benefits include new and full moon journal sessions, access to
previous topics and a wonderful community full of crystal lovers plus
so much more!*

Come join us at www.crystalmembership.co.uk

Manchester Mind Body Spirit Wellbeing & Yoga Festival 2022



www.whitelightevents.co.uk

Bowlers Exhibition Centre | 24th & 25th Sept
2022

Longbridge Road
Stafford Park
Manchester
M17 1EH

10am - 5pm
Daily

Adults: £8.00 Day
£15 Weekend
Under 16's Free

120 Amazing Exhibitors, Readers & Therapists
2 Stages of Inspirational Talks & Workshops
A Yoga / Dance Zone, All Included in Admission Price
Vegan/ Vegetarian Catering
Tickets Available on Website or on the Door
600 Free Parking Spaces, Just 2min from junction 9 M60



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Sunday 12th June



AURA-SOMA®

10.30 - 11.10

Deborah Gardner

Aura Soma

Aura-Soma 'Beyond Colour' Vibrational nourishment to feed you on all levels of your being. Come and explore the wonderful Colours you ultimately are



11.15 - 11.55

Barbara Meiklejohn - Free

Psychic Protection

Defining Your Boundaries - with Barbara Meiklejohn-Free
Do you ever feel drained after spending time with another? Have you ever felt uncomfortable when walking into someone's home or a building? Do you ever wake up feeling exhausted? When you open the doors to the spirit world your psychic awakening takes place. To ensure balance between the worlds you need to create a psychic barrier of defence. Join Barbara for an empowering drumming journey to reclaim your personal power.



12.00 - 12.40

Madame Csaszar

The Talking Teacups®

Madame Csaszar shares short readings using The Talking Teacups®. An amazingly unique registered trademark reading technique, and of course, she is always prepared to pass along messages from your loved ones in Spirit.

12.45- 13.25

Wiccan Lady

Spell Casting

Who does spellcasting and why, Is intention really everything and do you need to be a poet to write a decent spell?



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13.30 - 14.10 Rafael

Demonstration of Mediumship

Spirit (through Rafael) bring through proof that the Soul is eternal and continues on after physical death. Passing on messages from Loved ones in the higher side of life. Using a very direct and no nonsense approach, Spirit (through Rafael) bring through evidence that we are not alone showing us they are always with us.

14.15 - 14.55 Flavia Kate Peters

Angel Answers

The angels are waiting to share their loving guidance in all areas such as relationships, health, finances and anything that you feel you need assistance with. Come along with your questions and join Flavia Kate Peters as she connects with the angelic realm through clairvoyance and oracle cards to find out what the angels want you to know at this moment in time.



15.00 - 15.40 Vala Stiorra

How to Read the Tarot & Crystal Ball

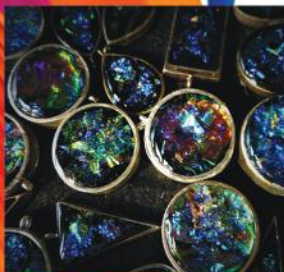
There's a little psychic in all of us and through my interactive demonstration of these 2 traditional methods of divination I'll show you they are easier than you think. I'll show you how to get started with both demystifying and hopefully empowering you to move beyond the fear of them being difficult and complicated. All you need is confidence and faith in your instinct.



15.45 - 16.30 Oraphim

Shungite

Oraphim Silver infused shungite: with the Nobel Prize winning 'Fullerenes C60' shungite stones are detoxing /purifying/Balancing/ Empowering, Oraphim will give you knowledge on how this powerful stone is transforming people lives everyday from chronic illnesses to achieving their full potential, Its actually learning about just how amazing you are and how shungite removes any blockages.



Sunday 12th June



Talk Zone B

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Sunday 12th June

May contain adult
Language

11.30- 12.20 Dave Green
Astrology for Prediction

Most people know astrology by their star sign or may have got as far as having their birth chart done - but most don't understand how or why the daily placements of the planets affect our daily lives. In this talk I shall explain some of these basic processes and how to plan for best timings or minimise effects of negative placements



12.30 - 13.20 John Richardson
Past Life Regression

Feel Better Fast Hypnotherapy with John Richardson -
Regression: Past Life & Present... And how this simple procedure can change your life forever!



14.00 - 14.40 Magical Echoes May contain adult
Language

Crystals for psychic protection

What is it we are protecting from, psychic attack, energy vampires, empathy etc.

How to cleanse energy with crystals, how to protect and heal with crystals. Other methods to intertwine with crystals also.



15.00 - 15.40 Share International
Past Life Regression

Information on the Ageless Wisdom Teachings, Maitreya and the Masters of Wisdom, in this time of global transition, a time like no other in our history.





2022 Events

Whitby Mystical Market - Whitby Pavilion
18th & 19th June 2022

Chesterfield Mind Body Spirit Weekend
Technique Football Stadium
9th & 10th July 2022

Rugby Mind Body Spirit Weekend - The Benn Hall
23rd & 24th July 2022

Elsecar Mind Body Spirit Festival - Elsecar Heritage Centre
6th & 7th August 2022

Manchester Mind Body Spirit & Yoga Festival
Bowlers Exhibition Centre
24th & 25th September 2022

Matlock Mind Body Spirit Event - Matlock Imperial Rooms
8th October 2022

Long Eaton Mind Body Spirit Event - Novotel
9th October 2022

Derby Mind Body Spirit Weekend - Rolls Royce
12th & 13th November 2022



Our online shop & stall offers a range of witchy items, crystals, herbs, divination tools and gifts for those just starting out on their path and those who have traveled longer. However, you don't have to be a witch to enjoy our products.

www.dandelionmoon.co.uk

info@dandelionmoon.co.uk

07807 942 917

Attending Exhibitors



Alison Dean

As a medium I provide readings with a combination of techniques using one to one connection with spirit, spiritual cards and Rune. Come join me for a reading.
www.facebook.com/allisondeanmedium



Angela Welsh

Spiritual readings
www.psychictarotbyangela.com



Angelic Energies

Experience a myriad of ways Angels can transform your life by visiting Sophie at the Angelic Energies stand
www.AngelicEnergies.co.uk



Art to Inspire

A large original collection of spiritual paintings, prints, cards & gifts. Be ready to be at awe with the Angels!



Astral Orgonite Pyramids

I create individually hand-crafted Orgonite Energy pyramid models which can greatly reduce the effects of EMF radiation in the home environment which are caused by the use of domestic electronic devices. I also sell hand-made spiritual greetings cards..
www.astralorgonitepyramids.com



Aura Soma

Aura-Soma 'Beyond Colour'. Vibrational nourishment to feed you on all levels of your being. Come and explore the wonderful Colours you ultimately are.
www.aura-soma.com



Awaken Soul

At Awakened Soul we believe in opening your senses and awakening your soul. Not only do we provide Organic and Fair Trade products.
www.awakenedsoul.co.uk



Cara

Cara is an intuitive psychic reader with Psychic Today. She offers you clarity of insight and guidance on personal spiritual development. Cara is a Reiki Master & spiritual healer.



Dandelion & Moon

Dandelion & Moon supplying all your witchy needs including spell kits and altar boxes.
www.dandelionmoon.co.uk



Emchanted Creations

Bring magic to your home with Emchanted Creations. Crystals, Essential Oils, and Reiki Energy-infused candles and wax melts. Handmade using vegan, cruelty free, ethically sourced ingredients.
www.emchantedcreations.com



Fairy Friends



Feet First Reflexology

David Elliott MAR, level5 Reflexologist. Member of Association of Reflexologists, DBS & Public Liability. Also registered to receive clients from Insurance departments via CNHC. Try a Taster session today!
Feetfirstreflexes@gmail.com



Feel Better Fast

Spiritual Readings of Guidance and Counsel, Feel Better Fast Hypnotherapy and Hypnotherapy Training, Past Life Regression and Past Life Readings for Private and Corporate Clients.
www.feelbetterfast.co.uk



Frigga's Witchy Emporium

Purveyors and retailers of the most fabulous OOAK, new, pre-loved and vintage pagan, spiritual and alternative goods inc divination tools (tarot cards, runes, crystal balls), ritual tools (cloaks, wands, besoms, staves), altar items, gifts and so much more. Vala Stiorra offers traditional fortune telling and rune reading for accurate, down to earth life guidance and future fortune readings.
vala.stiorra77@gmail.com

Attending Exhibitors



Gently Stirred

Gently Stirred has been established since 1999, selling health supporting herbal teas, tisanes & blends. We offer advice & guidance, for our range, which covers long established, & traditionally used remedies.
gentlystirreduk@gmail.com



India Jo

From my earliest recollections I have been able to see & communicate with the subtle realms, I love to connect with yours and the subtle realms to make your bespoke reading a unique experience.
Indiajo@gmx.com



Jacqui De Rose

Jacqui de Rose Art is a nature inspired Pagan/ Folk artist specialising in Pagan Portraits and based in rural Derbyshire. Her colourful stand is full of original art, limited edition prints and hand painted wooden decorative items.
jacquiderose@yahoo.co.uk



Jane Osbourne

Your soul is more powerful and smarter than you envisage. Using Past Life Regression connect the missing pieces in the jigsaw of lives. Align with your purpose, your passions and what makes you feel whole. Your soul is waiting for you to say hello.
janeosborne123@outlook.com



Jenny Black

Strange and happy art from the edge of the White Peak, inspired by the magic of nature and the beings of legend still striding the land.
www.jennyblack.com



Keith Howes

Tarot readings combining the beautiful symbolic imagery of the Thoth Deck and the age old wisdom of astrology to highlight your true path.
keithhowestarot@gmail.com



Laura Miles

Sterling silver gemstone jewellery, gemstones and carvings
laura.miles@live.co.uk



Madame Cszaszar

Madame Cszaszar is an exceptional tea leaf reader and Spiritualist Medium with 30+ years experience. Clients in 75 countries say "...just brilliant! Compassionate, dedicated, caring, funny" "Her guidance is wonderfully uplifting and clear." Offering Tea leaf readings, tarot and mediumship.
www.facebook.com/madamecszaszar



4th Sister

Handcrafted herbal wares to adorn your altar, enhancing everyday rituals.



The Magical Broom Closet

www.facebook.com/thebroomclosetnewhall



Magikal Echoes

Magikal Echoes is a place where you can come for healing or training. Niki also runs an exclusive online community where you can learn how to use crystals in your daily life.
www.magikalechoes.co.uk



Marie De Rosa

www.mariederosa.com



Mel Jay

offers a wide range of high quality silver & gold crystal/semiprecious jewellery (pendants, earrings, rings, bracelets) including distinctive earcharms. Mel designs and hand makes Shungite jewellery, Colour Therapy & Wellbeing bracelets. Mel can see chakras and is happy to discuss on purchase your colour/crystal choice. She also offers a wide selection of A grade crystal specimens and carvings.

Attending Exhibitors



Natural Healing Therapy

Unique Ayurvedic holistic therapist with over 25 years experience, specialist in reflexology not only feet but also hands and ears. Authentic Indian head, neck, shoulders, and back massages. Incorporating Reiki, colour therapy. Extra ordinary teaching in sight self help via hands, ears and pranayama breathing exercises.

ushahenderson@hotmail.com



Natural Self

Natural Self provides therapy and training in Spiritual, Magical and Complementary Therapy topics across the country and online. We also provide a range of therapies, products and services relating to mind body and spirit.

admin@naturalself.co.uk



OilFaction

We sell high Quality Essential Oils, Roll on Blends, Charka and Room Sprays, Car Diffusers and more

www.oilfaction.co.uk



Olettesa Reiki & Holistic Therapies

Lisa, a Reiki Master & Holistic Therapist, is honoured to work with her guides by offering a variety of treatments that help with the physical, mental, emotional & spiritual health & wellbeing. Lisa will be offering Reiki healing sessions at this event, helping you remove blocks, restore balance & promote overall wellbeing.

www.olettesatherapies.co.uk



Oraphim

All your Shungite needs fulfilled! with beautiful shungite jewellery, Stunning pyramids, easy phone stickers, pet collars, soap & balm/bodycare, stones, keyrings, shower heads too.

www.orphim.name



Patricia Brooks

Patricia is a Professional Clairvoyant/Medium of over forty years travelling throughout the Globe. Your loved one's, friends and pets alike all arrive to say 'hello' bringing love, tranquility and peace with them. She now has added to her wide choice of divination Psychic Palmistry which is fascinating also showing Past Lives on one palm. Having the consultation recorded makes it even better for you to enjoy over the coming years. Something you will be able to enjoy for a very long time.



Peppercorn

Specialists in Crystals, minerals, gemstones and fossils from around the world including the UK, gemstone jewellery, wands, pendulums and lots of other crystal related items, with 35+ years experience in both. the Crystal healing and serious mineral collector realms.

www.facebook.com/Peppercorn-Health-Foods-Therapies-228990923828598



Rafel

Spiritual Medium & Clairvoyant As seen on Sky TV Private readings, Mediumship Demonstrations, Psychic Development classes, Talks & Workshops available.

www.mediumrafael.com



Retro Oracle Cards

I'm a Derbyshire Artist specialising in creating spiritually vibrant art commissions of portraits, places and pets. During the lockdown of 2020 I created my first hand painted oracle deck, RetroSpiritOracle Guidance Cards. Made in the UK.

www.etsy.com/uk/RetrospiritStoreUK



Salt & Rock Shop

Salt lamps, crystals, selenite, incense

sales@thehealthyoptionstore.co.uk



Sanctuary Reflexology

Reflexology and Indian head massage you may have tried many, but i am one of the best!

www.facebook.com/sanctuaryreflexology



Share International

A positive view of these changing times. - Information on Maitreya the World Teacher, the Masters of Wisdom, the Ageless Wisdom Teachings and Transmission Meditation.

www.share-international.org



Spirit Earth

An amazing array of pagan and witchy goods. Everything the budding witch may need. Sage, incense, giftwares, altar wares, books and tarot/oracle cards.

Attending Exhibitors



Spirit of Selene

A range of handmade jewellery, homeware and aromatherapy products made with vegan friendly clays, intuitively chosen crystals, pure essential oils and love!
www.spiritofselene.co.uk



Spirit Visions

Hail and Welcome to the world of Spirit Visions Barbara Meiklejohn-Free & Flavia Kate Peters' Magickal Emporium. Suppliers of craft tools, spiritual products, books & oracle decks, pagan, hippie & funky clothing.
www.spiritvisions.co.uk



Spiritual Creations

I create spiritual based artwork original paintings, hand embellished with gold / silver leaf limited edition prints and handmade cards.
www.spiritualcreations.org



Stephanie King

Stephanie J King channels insights, inspiration and advice directly from the highest vibrational realms which filter through all her healing work as a successful life coach, respected counsellor, popular relationship guru, sought after reiki practitioner, cutting edge Soulpreneur and best-selling author.
www.stephanieking.com



Super Nature

Super Nature provides high vibrational essences, designed to allow yourself to access powerful supportive energies to help you move towards living your most joyful path. Working with your body, emotions, mind and spirit, helping you nurture your energy and find your Super Nature!
www.studiosupernature.com



Talismayic

I create handmade copper, Enamel, gemstone and hand painted jewellery, hangings, plaques and herblore/magic/nature inspired items.



The Enchanted Garden

The Enchanted Garden is a metaphysical shop selling a variety of hand picked, ethically sourced crystals and fossils. All items have been reiki cleansed and charged by the owner, who has been attuned by Age of Light at East Cheshire Hospice.
www.etsy.com/uk/shop/TheEnchantedGardenGB



The Hemp Man

The Hempman brings a selection of organic plant oils, including hemp and CBD as well as turmeric extracts to support health's and wellbeing.
thehempmanstore@gmail.com



The Wiccan Lady

Provider of all your witchcraft essentials including education courses and "Year and a day" Witches School. Years of experience in both witchcraft and teaching.
www.thewiccanlady.co.uk



The Witches Heart

A handmade witchcraft supply store, specialising in ritual candles, botanical oils, spell kits and herbal blends. With an expansive range of divination cards and other tools for spellwork and ritual.
www.thewitchesheart.co.uk



The Witchy Closet

The Witchy Closet is a supplier of handmade, organic and ethically sourced clothing and gifts as well as body care items.
www.thewitchycloset.co.uk



Tropic



Woodland Trust

The Woodland Trust is the UK's leading woodland conservation charity that restores and protects ancient woodland as well as creating new woodland for future generations to enjoy.
www.woodlandtrust.org.uk



Our 2023 Events

Matlock MBS Event - 4th February 2023

Derby MBS Weekend - 11th & 12th March 2023

Elsecar MBS Weekend - 18th & 19th March 2023

South Normanton MBS Event - 29th April 2023

Long Eaton MBS Event - 7th May 2023

Rugby MBS Weekend - 20th & 21st May 2023

Buxton Health & Healing Festival - 10th & 11th June 2023

Whitby Mystical Market - 17th & 18th June 2023

Liverpool MBS Weekend - 1st & 2nd July 2023

Chesterfield MBS Weekend - 8th & 9th July 2023

Elsecar MBS Weekend - 5th & 6th August 2023

Manchester MBS & Yoga Weekend
23rd & 24th September 2023

South Normanton MBS Event - 30th September 2023

Matlock MBS Event - 7th October 2023

Long Eaton MBS Event - 8th October 2023

Rugby MBS Weekend - 21st & 22nd October 2023

Buxton Health & Healing Festival - 28th & 29th October 2023

Derby MBS Weekend - 11th & 12th November 2023

www.WhiteLightEvents.co.uk

Grave Doubts will rock the core of your
deep-set beliefs about life and death

ONE MAN'S INCREDIBLE AFTERLIFE TESTIMONY

Grave Doubts

DEATH WAS NEVER THE END



AS CHANNELLED THROUGH

Stephanie J. King

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Endorsed by 'Chicken Soup for the Soul' author Jack Canfield