



 **HALLØJSA** 
SMUKKE!

DOMINIKA KONECNA
PORTFOLIO 2023

HELLO! I'M DOMINIKA,

A HIGHLY PASSIONATE CREATIVE WITH

A PERSONAL MOTTO:

"DREAM, DARE, DO."

I BELIEVE THAT CREATIVE EXPRESSION IS ONE OF
THE FUNDAMENTAL HUMAN NEEDS.

MY INTERESTS SPAN

A BROAD RANGE OF SUBJECTS, AND I FIND DEEP
SATISFACTION IN DETERMINING THE BEST OUTCOME
FOR EACH PROJECT.

ANOTHER MOTTO I STRIVE TO LIVE BY IS:

"THERE ARE NO PROBLEMS, ONLY SOLUTIONS."

WITH THAT IN MIND, I MAKE AN EFFORT TO
MAINTAIN AN OPEN-MINDED APPROACH AND
CONTINUE LEARNING. I HOPE YOU WILL ENJOY
EXPLORING MY PORTFOLIO!

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WHAT DO I ENJOY?



MUSIC

DIY

BAKING
PLANTS 
CRAFTY
STUFF

reading
books

DOGS



TRAVELLING



SELF

DEVELOPMENT FLOWERS

YOGA



COFFEE

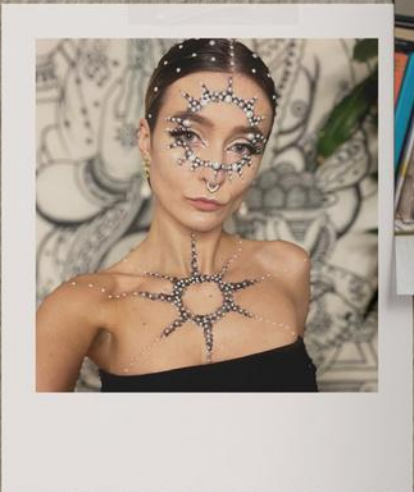




“Purpose is the reason you journey -



- passion is the fire that lights the way.”



EXAMPLES OF VARIOUS EXPRESSIONS OF MY CREATIVITY:

crepe paper flowers

crochet

make-up

hosting events

origami hanging decorations

handmade binded journals

AND MUCH MORE...



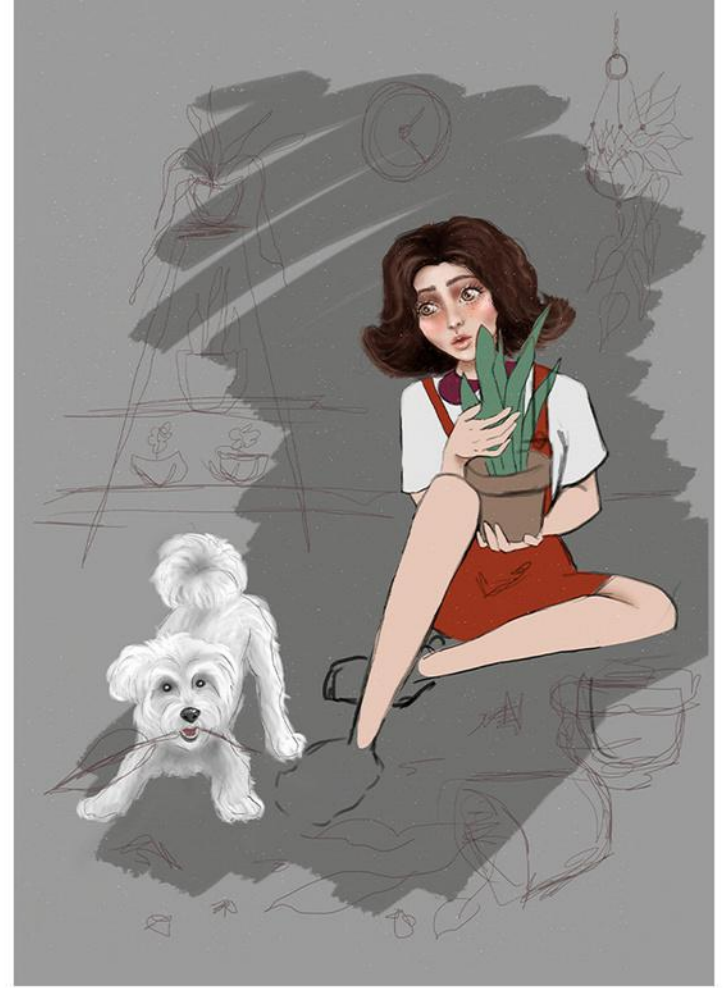
LINOLEUM PRINTS WITH DANISH AND COFFEE THEME - MOCKUP





CHARACTER DESIGN
DEVELOPMENT
FOR
CHILDREN'S
BOOK

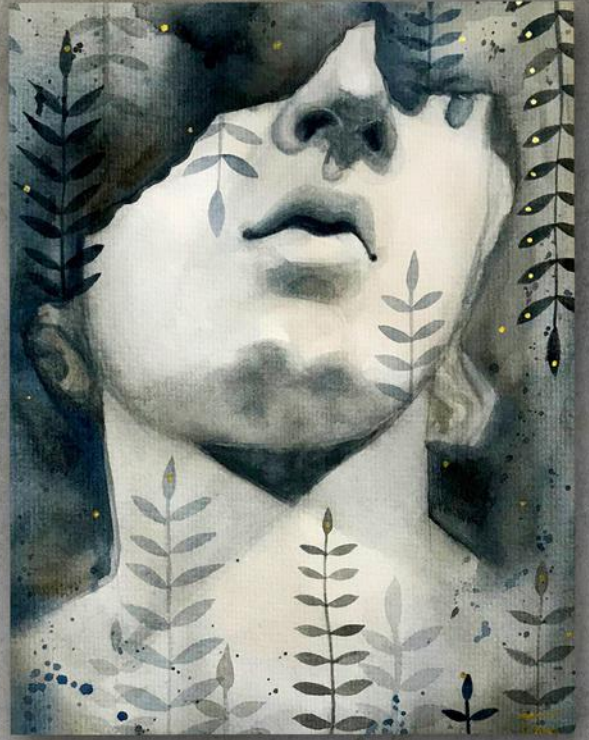




AQUAREL PAINTINGS

- Also used as art prints, motives for tote bags, cover designs of journals etc.

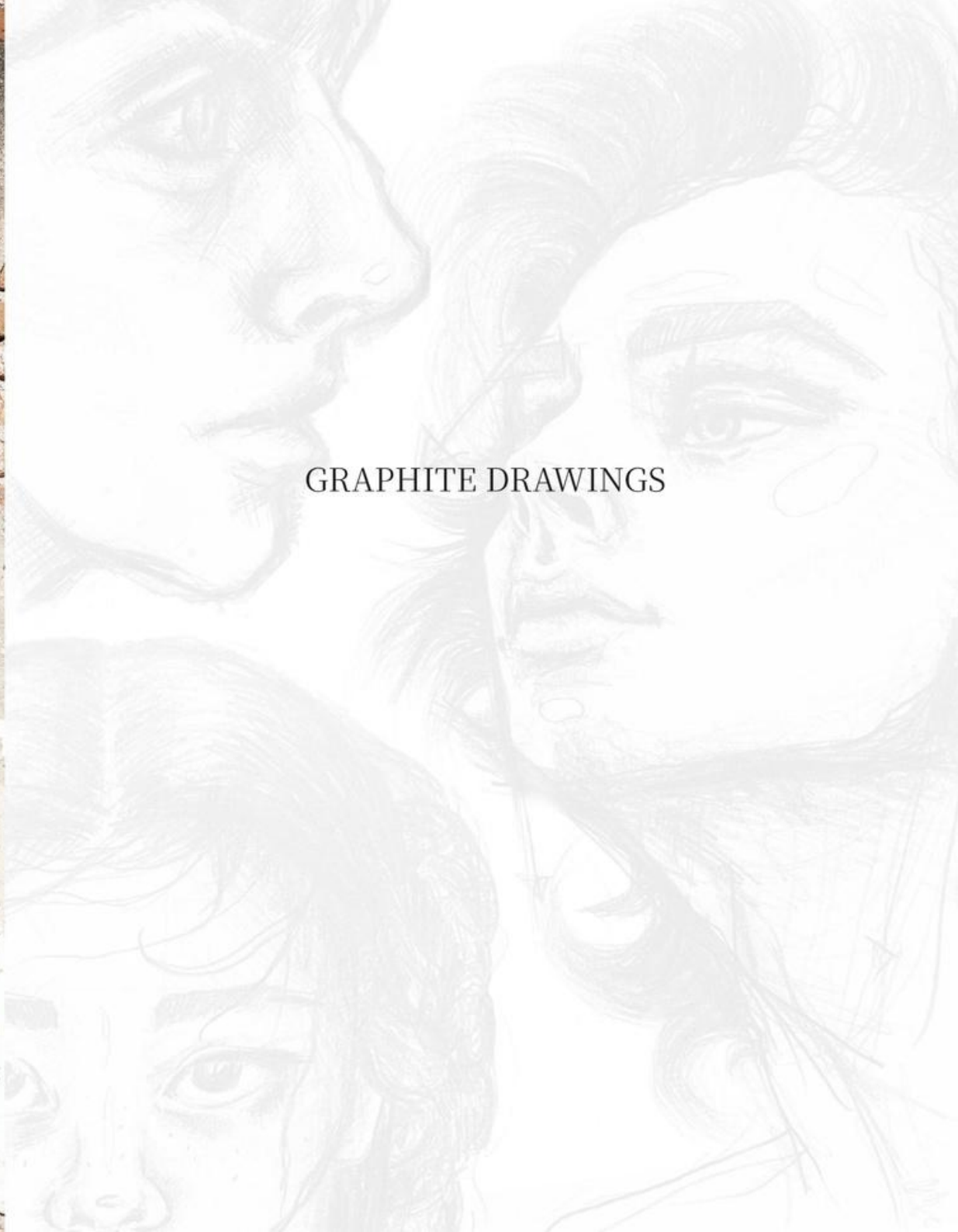








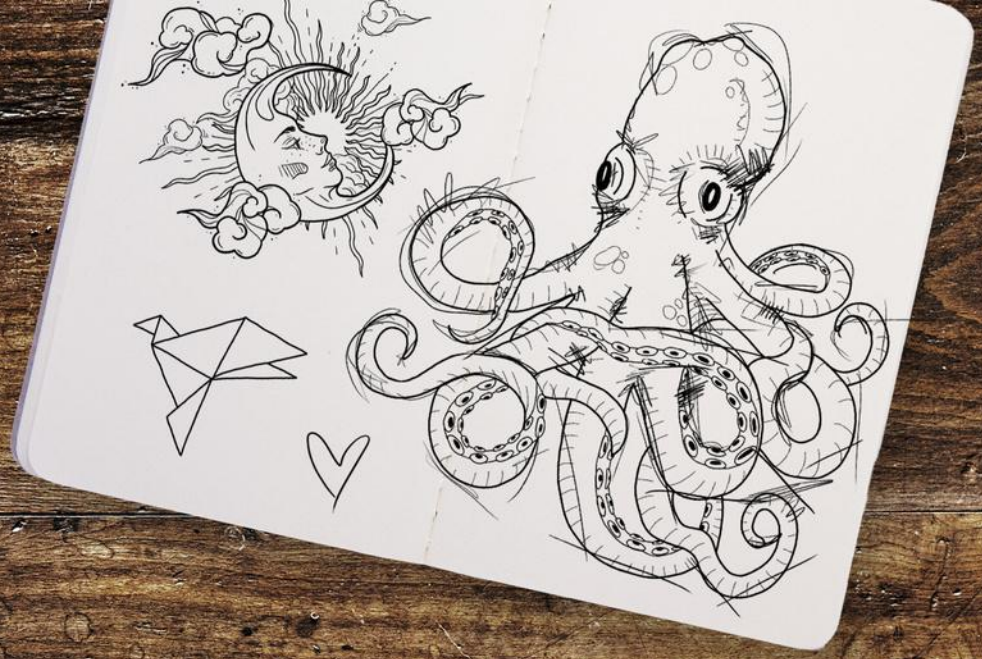
GRAPHITE DRAWINGS





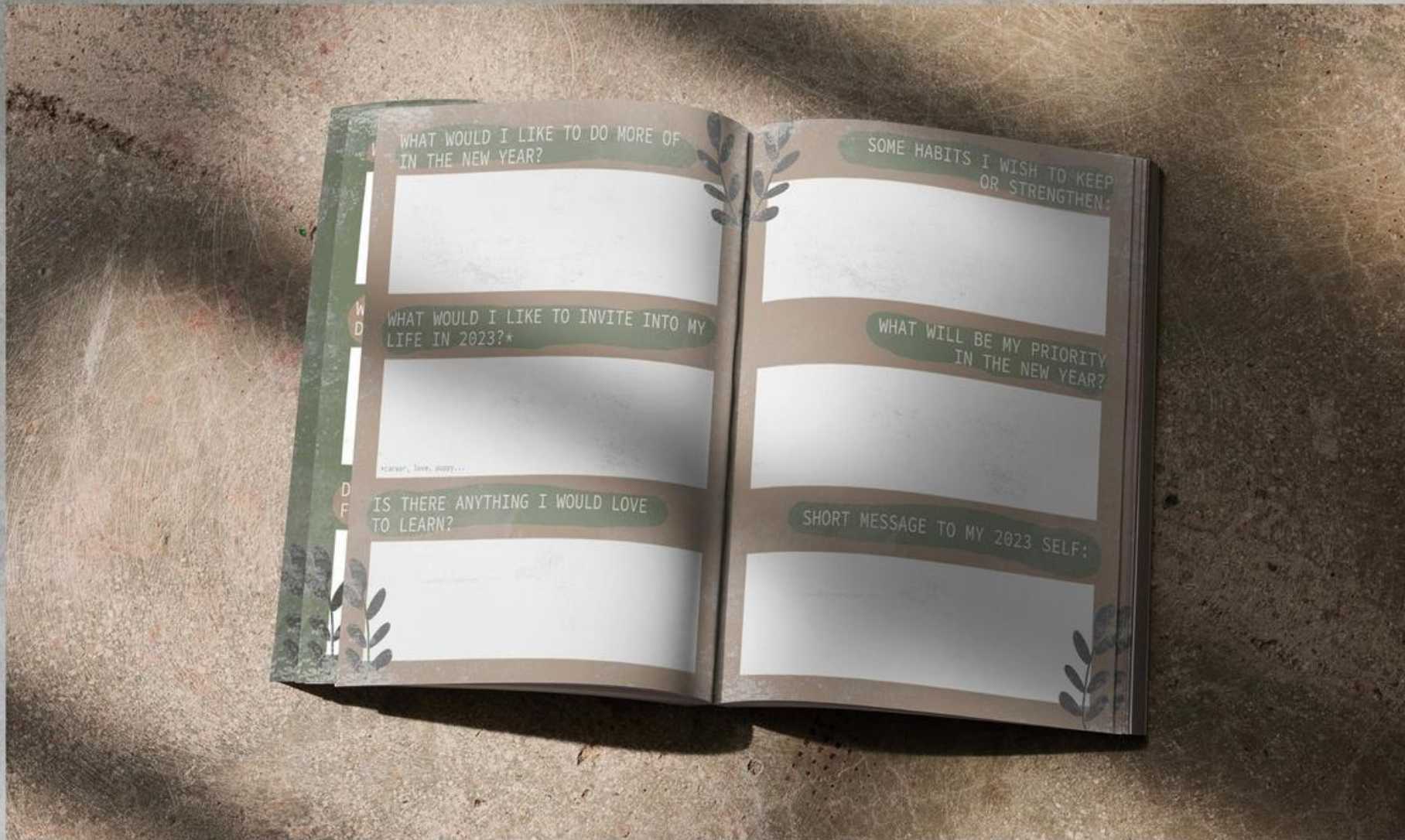
DIGITAL ILLUSTRATIONS

- Used for example as tattoo designs, designs of journal covers etc.





REFLECTION JOURNAL CREATED FOR A YOGA EVENT. GREEN PART DEDICATED TO THE



PAST YEAR, BROWN PART DEDICATED TO JOURNALING REGARDING THE YEAR AHEAD.

THE COFFEE JOURNAL



EXAMPLE OF HOW TO USE THE COFFEE WHEEL - A EMPTY SPACE FOR YOU TO FILL IN IF NEEDED

Create a visual chart for each of your unique recipes.

MANIPURA

moka pot

MANA

MANA

MANA

...if you know how to please you feel if you have a full cup of coffee in your hand and you start to imagine.

June 2017

MANA

...science may never come up with a better after consumption system than the coffee wheel.

Carl G. Smith

MANA

...the my coffee like I like myself strong, sweet and too hot for you.

Joe Davis

MANA

...a love measured and my life with coffee games.

TS Unit

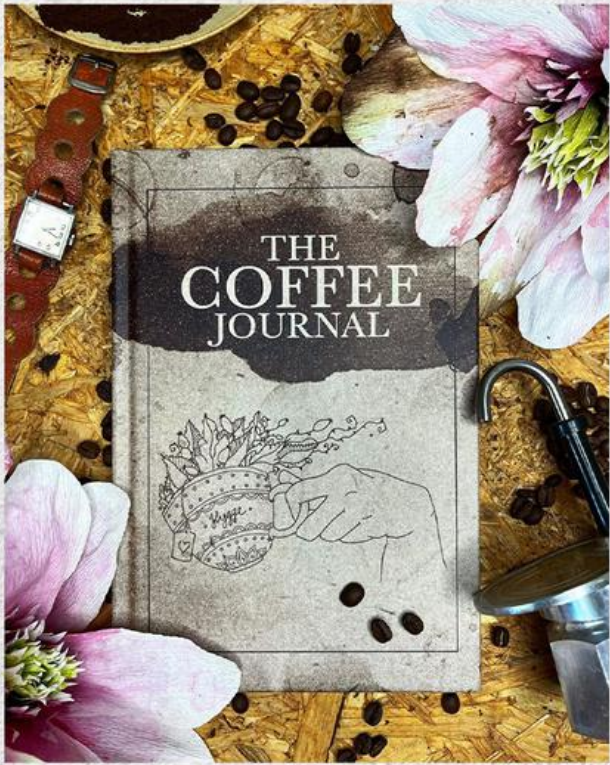
EXTRA NOTES

french press

IF YOU ENJOYED THE COFFEE JOURNAL PLEASE SHARE ON THE SOCIAL MEDIA

IF YOU LOVE PLEASE CONSIDER THE LONELY HUMAN BEAN COFFEE

WE KNOW THAT SOCIETY DOESN'T ALL BARK BUT THE BARK OF SILENCE WILL MAKE YOUR FACE SCAR FOR LIFE



THE COFFEE JOURNAL

is ideal for baristas or coffee enthusiasts that enjoy brewing their cup at home.

IT INCLUDES:

- Bean index page with space for 20 different beans.
- Page dedicated to each bean for writing down various information.
- Space for 80 recipes. Each recipe spreads over a double page that includes a coffee wheel for creating an easy to understand, visual chart.
- Special pages for noting down favourite cafes, wish lists and more.

That all is accompanied by coffee-themed illustrations, puns and quotes.

Illustrations can be re-purposed as decorative posters or postcards.




















DEDICATED INSTAGRAM PROFILE :

www.instagram.com/the_coffee_journal_

SUDOKU PUZZLE BOOK WITH MOTIVATIONAL QUOTES

S	6	U	5	D	1	9	2	O
4	5	9	K	7	6	U	-	3
P	U	1	Z	9	4	Z	L	5
E	-	5	1	B	3	O	O	K
W	3	6	8	I	7	T	5	H
M	2	4	6	5	O	T	7	1
I	V	8	A	T	I	O	N	2
A	9	L	4	-	Q	U	3	O
5	4	3	T	6	E	8	S	7

“If you are working on something
that you really care about,
you don’t have to be pushed.
The vision pulls you.”
Steve Jobs

<p>1945, the Tokyo subway</p> <p>There are 100 people in the Tokyo subway that arrived at a station at the same time that you are.</p> <p>It was a million people.</p> <p>At least 10 people go to the same station at the same time.</p> <p>The puzzle was a gift only. It was a gift to the people who were in the subway at the same time that you were. There is a puzzle for every person who is in the subway at the same time that you are.</p> 	EASY	<p>SOLUTIONS</p>  	MEDIUM
<p>SOLUTIONS</p>  	<p>“It always seems impossible until it’s done.” — Nelson Mandela</p>	<p>SOLUTIONS</p>  	
<p>Puzzle #1</p> 		<p>Puzzle #2</p> 	
<p>SOLUTIONS</p>  	<p>“Don’t compromise yourself. You’re all you’ve got.” — Janis Joplin</p>	<p>SOLUTIONS</p>  	<p>“Wherever you go, go with all your heart.” — Confucius</p>
<p>Puzzle #3</p> 		<p>Puzzle #4</p> 	
<p>SOLUTIONS</p>  		<p>SOLUTIONS</p>  	<p>“Fairy tales are more than true: not because they tell us that dragons exist, but because they tell us that dragons can be beaten.” — Neil Gaiman</p>



THE SUDOKU PUZZLE BOOK
WITH
MOTIVATIONAL QUOTES
consists of 96 puzzles in total.

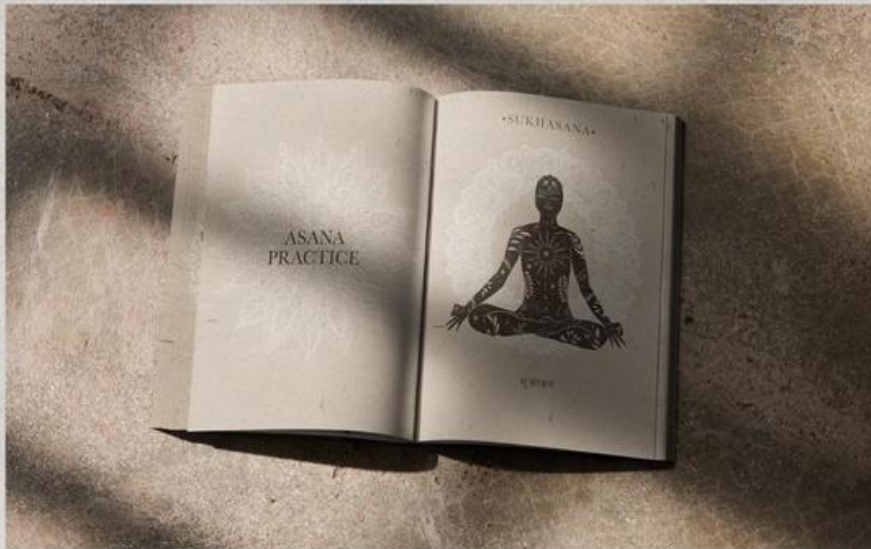
It is divided into three sections -
easy, medium and hard.

After each set of 4 puzzles
a solution is provided,
accompanied by a motivational quote.
The size of puzzles is large,
making it comfortable
to solve without straining our eyes.





A BRIEF OVERVIEW OF THE INTERIOR OF THE YOGA RITUAL - MOCKUP





मार्जरी आसन



सेतु बन्ध सर्वाङ्ग आसन



पवनमुक्तासन



नार्दण आसन



•UTTHITA TRIKONASANA•

उत्थिति त्रिकोणासन



•ADHO MUKHA SHVANASANA•

अधोमुखश्वानासन



•SUKHASANA•



•VRIKSHASANA•



•SUPTA MATSYENASANA•

The aim of
THE YOGA RITUAL
is to offer
an easy and interesting
introduction to
yoga and wellness.
Also suitable for people
already familiar with yoga
that are looking
for inspiration.



It consists of a sequence of asanas with in-depth
descriptions, breathwork exercise, short meditation
and an invitation to explore various
aspects of ambience.

Journal included - for noting down thoughts and feelings,
and tracking the process.

Illustrations from THE YOGA RITUAL can be re-purposed
as decorative posters.

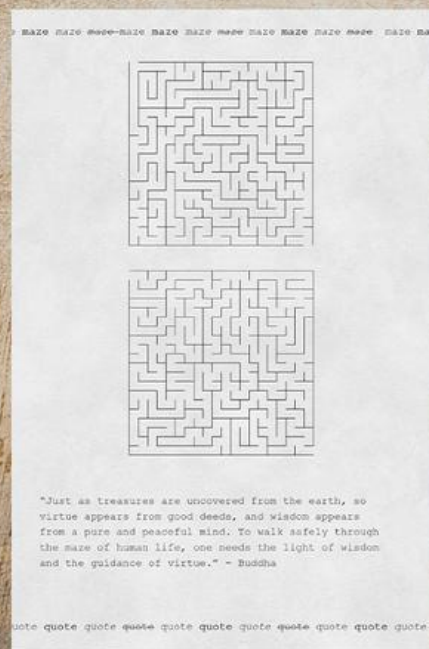


MONTHLY PLANNER

An undated interactive planner covering a total of 18 months for effective planning and organization while encouraging exploration of our creative side.

INCLUDES:

- Monthly Planning Section
- Monthly Overview
- Section For Reflecting On The Past Month
- 3-Month Check-in
- Interactive Pages With Activities Such As Sudoku, Mazes, Quotes, and Coloring Pages...



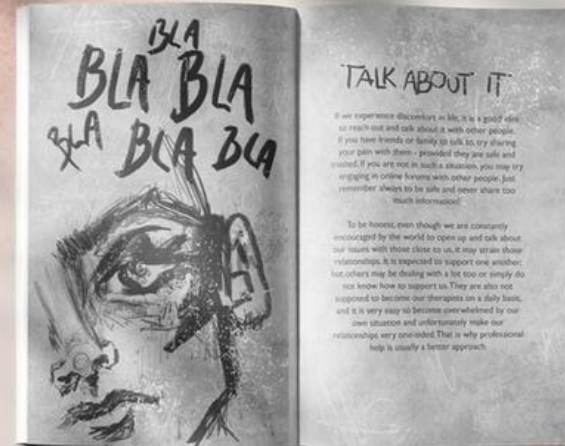
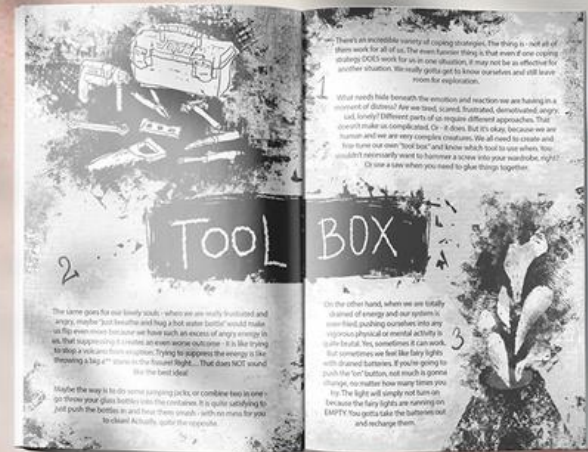
THERAPY JOURNAL

This therapy journal serves as a guided tool for self-discovery and reflection throughout therapy sessions.

With 30 guided journal entries, it helps individuals explore their thoughts and emotions, providing a structured approach to understanding personal experiences. The journal offers tips and tricks to enhance the therapeutic process, making it a valuable companion for those seeking self-improvement and growth during their therapeutic journey.

INCLUDES:

- 30 Journal Entries
- Safety Plan
- Tips and Tricks
- Self-Discovery Tools and more...



THANK YOU FOR YOUR TIME AND ATTENTION!
HAVE A NICE DAY!