

The Residence

Private. Personal. Powerful.

The Residence: world-class expertise, tailor-made support, profound transformation.

PRIORY

Welcome to The Residence

At The Residence, every moment, every detail, every element of care is yours alone. We welcome only one client at a time, ensuring the undivided attention of our world-class team and the freedom to immerse yourself fully in your journey, without distraction.

Your private luxury suite is purpose-designed as both a sanctuary and treatment space – a setting where exceptional clinical expertise, bespoke therapies and the finest comforts exist in perfect harmony.

This is the pinnacle of personalised care – created exclusively for you.



What we treat

Every person who comes to The Residence brings a unique story – one that deserves to be met with exceptional understanding and truly outstanding care.

We offer bespoke treatment for a wide range of mental health, addiction and emotional wellbeing concerns, delivered by leading experts who combine compassion with clinical excellence.

Your programme is built around you – shaped by your preferences, guided by the latest clinical insight and enriched with therapies that feel right for you.

We frequently support clients with challenges such as:

Depression

Anxiety

Trauma

Addiction



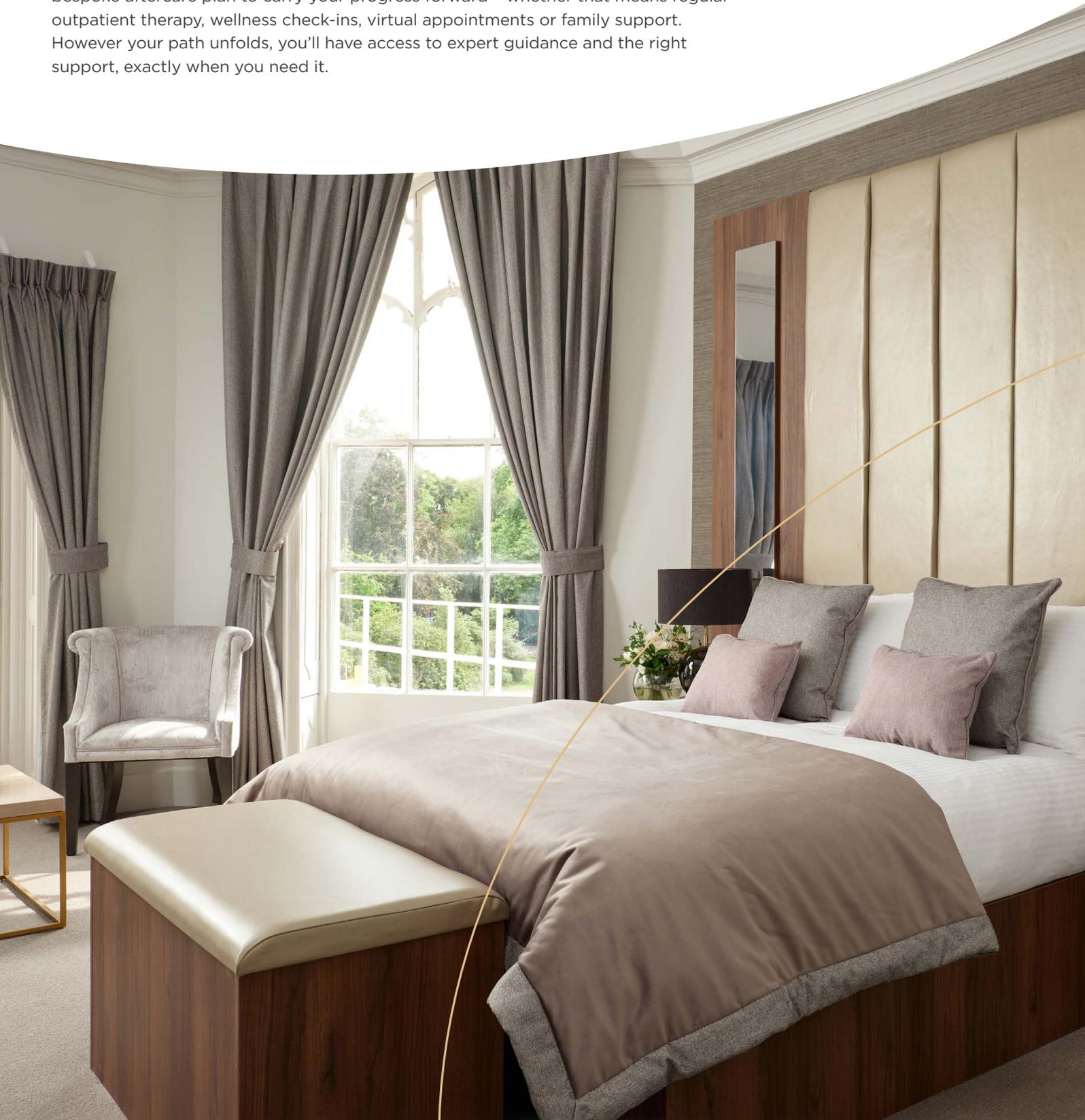
If you're ready for an experience that will shape your future and pave the way for lasting change, we're ready to begin that journey with you.



Personalised care, from arrival to beyond

Every aspect of your experience at The Residence is crafted to reflect who you are and what you need. You might opt for an entirely private, one-to-one programme within your suite, or combine personalised therapy with thoughtfully guided group sessions – always in a way that feels right for you. From specialist psychiatry and psychotherapy, to physical health support and restorative holistic treatments, your care is curated with the utmost precision and delivered in surroundings designed for comfort and ease.

Your time here is just the beginning. From the moment you arrive, we start shaping a bespoke aftercare plan to carry your progress forward – whether that means regular outpatient therapy, wellness check-ins, virtual appointments or family support. However your path unfolds, you'll have access to expert guidance and the right support, exactly when you need it.





Your treatment plan

- 01. Personalised assessment**
Begin with a simple consultation – either remotely or in person – to understand your needs and goals.
- 02. Seamless travel co-ordination**
We can arrange discreet, hassle-free transport from the airport, your home or any current place of care, ensuring a smooth arrival.
- 03. Tailored pre-admission planning**
Before your stay, we'll gather your preferences – from therapeutic approaches and holistic treatments to amenities, dining and daily routines – so every detail feels considered and personal.
- 04. A warm, private welcome**
Arrive in comfort and privacy as we settle you into The Residence and introduce you to your dedicated team.
- 05. Your personalised programme begins**
Experience the luxury and clinical depth of a treatment plan designed entirely around you – with expert care in a 5-star setting.
- 06. Ongoing support beyond your stay**
When it's time to leave, we'll continue to work with you – offering a robust aftercare plan and continued support tailored to your next steps.



Exceptional care, made personal

At The Residence, clinical excellence is a given – what defines us is how personally we deliver it. Every element of your programme is tailored to you, blending proven psychological therapies and holistic treatments into one seamless path to recovery.

We draw from a wide range of evidence-based therapies, including cognitive behavioural therapy (CBT), dialectical behaviour therapy (DBT), eye movement desensitisation and reprocessing (EMDR) and mindfulness-based approaches. We also offer complementary options such as art, music, drama, equine therapy, nutritional counselling and sensory therapies.

Mind-body integration

We believe true healing happens when your mind and body are nurtured together. Alongside your psychological care, you'll have access to a selection of evidence-based holistic therapies – each chosen to ease tension and improve wellbeing.

From yoga, tai chi and somatic breathwork, to massage, reflexology, aromatherapy and creative practices, every session is led by skilled practitioners and seamlessly integrated into your programme. Most take place in the privacy of your suite, with any external settings arranged for absolute ease and comfort.

These therapies are more than moments of relaxation – they're purposeful, restorative experiences designed to help you slow down and reconnect with your mind, body and sense of self.

Enriched living

Healing is more than therapy – it's about reconnecting with life. At The Residence, we offer bespoke lifestyle experiences and physical activities that complement your treatment, chosen entirely around your interests and energy levels.

From personal training, swimming and bike rides, to chef-hosted dining experiences and exclusive London outings, each experience is designed to restore confidence, spark joy and help you re-engage with the world at your own pace. It's not about filling time – it's about rediscovering purpose and possibility.



Inside The Residence

Step into a sanctuary where world-class clinical expertise meets 5-star living. The Residence has been created to offer the highest standards of comfort, discretion and care – a beautifully appointed private retreat where every detail is shaped around your wellbeing.

Tucked away in a prestigious London location, moments from the open beauty of Richmond Park, The Residence offers the rare luxury of both seclusion and connection.

This is not simply accommodation. It's your own private retreat, designed to support your therapeutic journey while providing a standard of living to match the exceptional care you receive.



Every detail, for you

From the arrangement of your suite, to the rhythm of your day, every detail is adapted to you. If there's anything that would enhance your comfort or support your recovery, we'll do everything possible to provide it.

Here, comfort and discretion are not extras - they're the foundation of your care.



Your private apartment suite

For the duration of your stay, your suite is entirely yours - a fully self-contained private residence, thoughtfully designed to minimise risk while ensuring the highest standards of privacy and comfort. Your suite includes:

- + Master bedroom with en-suite - styled for comfort and rest
- + Companion bedroom - with en-suite, should you wish to bring a trusted loved one or personal assistant
- + Modern kitchen - with high-quality appliances and accessories to suit your needs and preferences
- + Dedicated therapy and consultation rooms - located just outside your suite but within The Residence's private layout, offering discretion while keeping your suite as a personal sanctuary
- + Elegant living space - for moments of calm or conversation, with a flat screen TV and tailored entertainment options

Dining, your way

Before your arrival, we'll take the time to understand your tastes, preferences and nutritional needs, then create a personalised menu that reflects them. Meals are served in the comfort of your suite, at your preferred times.

Should you wish for variety, we can arrange deliveries from carefully selected restaurants, or even discuss bringing in a personal chef - all depending on your programme and clinical requirements. And if you'd enjoy dining in the company of others, you'll also have access to our main restaurant.

Service that anticipates your needs

At The Residence, service is seamless, discreet and delivered with precision. You can expect:

- + Daily housekeeping and turn-down service, adapted to your routine
- + Full laundry and dry-cleaning service
- + Concierge-style assistance for personal arrangements, transport or other requests
- + Travel arranged from the UK or international locations for complete ease

Every request is met with the same guiding principle - if it matters to you, it matters to us.



Your team

At The Residence, your care is in the hands of an elite team, selected for exceptional expertise, absolute discretion and a deep commitment to your personal journey.

Your dedicated team may include:

- + **Consultant psychiatrists** – leading your care with skill and understanding
- + **Psychotherapists and psychologists** – delivering therapy that resonates with you
- + **Dietitian** – supporting health, energy and nutrition
- + **Occupational therapist** – building confidence through purposeful activity
- + **Wellbeing practitioners** – restoring balance through holistic therapies

Working in perfect harmony, your team will adapt every aspect of your programme in real time, creating a standard of care found only here.



“At The Residence, we believe exceptional care begins with genuine understanding. Every person who comes to us arrives with a unique set of experiences, challenges and strengths. That’s why we approach each client as an individual - never applying a standard pathway, but creating something that’s truly personal and clinically precise.

If you’re considering The Residence, you can expect a thoughtful, bespoke approach - free from judgement, built on trust and centred entirely on you.”

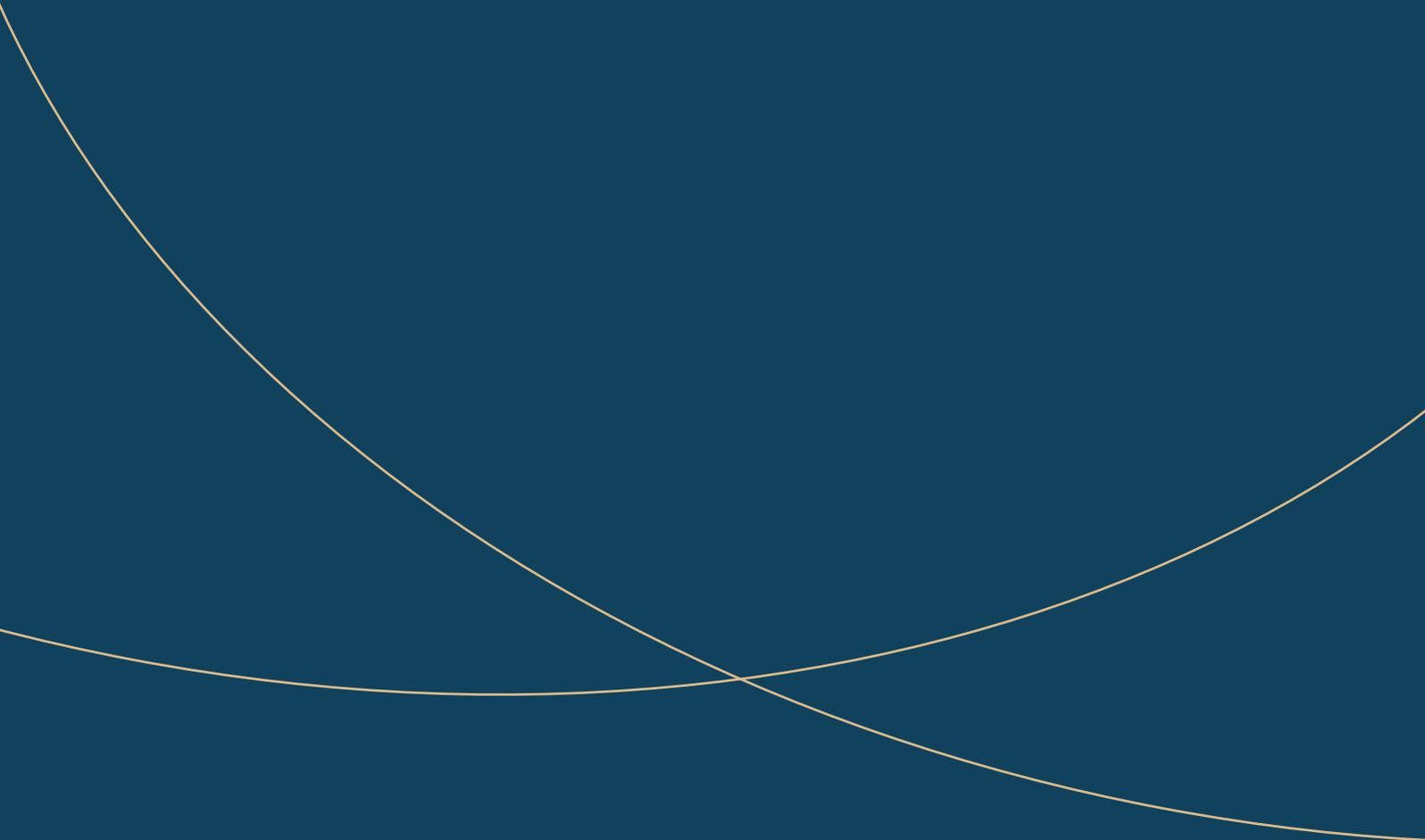
Dr Donald Masi
Lead Clinician, The Residence

The essence of The Residence

Your recovery. Your space. Your team. Your way.

- + One client, complete focus
- + Private, elevated suite
- + World-leading specialists
- + 5-star therapeutic living
- + Whole-person approach
- + Discreet, highly personalised care





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