

paragon
skills



Adult Care

Level 3 Diploma



About Paragon Skills

Paragon Skills is an award-winning, Ofsted-rated 'Good', national training provider inspiring over 7,000 learners annually and working with over 3,000 businesses to deliver training in a high-quality, consistent way.

7,000+

apprentices on
programme with us



3,000+

employers working with us



91%

of apprentices would
recommend us



88%

of employers would
recommend us



Our dedicated focus on the Care sector means we are deeply rooted within these sectors and have in-depth knowledge and understanding of what is required from a training perspective.





Contents

Programme overview

Mandatory units

Delivery model

Modules

Learner journey

Learner support

Course fees

How to apply

Programme overview



Adult Care Level 3

Embarking upon a career in adult care is a profound commitment to enhancing the quality of life for those in need of support and care. The Level 3 Diploma in Adult Care represents not merely a qualification but a transformative educational journey meticulously designed to equip learners with the essential skills, knowledge, and unwavering confidence required for excellence in this esteemed profession.

This diploma stands as a pivotal milestone for individuals who aspire to become compassionate caregivers, dedicated support professionals, and proficient supervisors—individuals who are unwaveringly dedicated to fulfilling the growing needs of our aging population.

Industry stats*



The UK adult social care workforce is facing a significant shortage. In 2021/22, there were an estimated 165,000 vacant posts in adult social care in England, equivalent to a vacancy rate of 10.7%. This is the highest vacancy rate since records began in 2012/13.



The shortage of Level 3 Adult Care workers is particularly acute. In 2021/22, only 15% of the adult social care workforce in England held a Level 3 qualification or above. This is significantly lower than the proportion of workers in other sectors, such as the NHS (45%) and education (52%).



The demand for Level 3 Adult Care workers is expected to grow in the coming years. This is due to a number of factors, including the aging population, the increasing prevalence of chronic conditions, and the growing number of people with complex care needs.

Why choose this course?

Comprising a core curriculum of mandatory units, this qualification establishes a solid foundational framework while also offering a multitude of optional units. These optional units can be thoughtfully combined to tailor the learning experience to the unique requirements of adult care professionals, providing a flexible pathway for personal and professional development.

Join us as we embark on this remarkable journey through the intricate domain of adult care, where each day presents fresh challenges and opportunities for making a profound and positive impact on the lives of those we serve.

Suitable for learners in these roles

- Lead Adult Care Worker
- Lead Personal Assistant
- Key Worker
- Domiciliary Care Worker
- Senior Care Assistant
- Support Worker

Job Roles that this can lead to:

- **Care Worker:** Providing direct care and support in homes or residential care settings.
- **Healthcare Assistant:** Assisting in hospitals, clinics, or healthcare facilities.
- **Senior Care Assistant:** Supervising care teams in various settings.
- **Support Worker:** Assisting individuals with specific care needs.
- **Community Support Worker:** Providing care to those living independently.
- **Domiciliary Care Worker:** Offering services in clients' homes.
- **Personal Assistant (PA):** Aiding individuals with daily tasks.
- **Rehabilitation Assistant:** Supporting recovery and independence.
- **Mental Health Support Worker:** Assisting those with mental health challenges.
- **Residential Care Officer:** Caring for special needs or elderly individuals.
- **Day Centre Worker:** Assisting individuals in day care centers.
- **Home Care Coordinator:** Managing home care services for clients.
- **Nursing Home Assistant:** Supporting nurses in long-term care facilities.
- **Activities Coordinator:** Planning recreational and therapeutic activities.
- **End-of-Life Care Worker:** Providing compassionate care to those nearing the end of life.
- **Palliative Care Assistant:** Assisting individuals with life-limiting illnesses.
- **Crisis Intervention Worker:** Offering immediate support during crises.
- **Team Leader in Adult Care:** Leading care teams in service delivery.
- **Care Quality Supervisor:** Ensuring care service quality and compliance.
- **Social Services Assistant:** Collaborating with social workers to support vulnerable adults.

Adult Care Level 3 Diploma

Level	3
Award	Level 3 Diploma in Adult Care
Awarding body	City & Guilds
Entry requirements	There are none but a good level of literacy is required and access to a computer or laptop would be essential along with a stable internet connection
Mode of study	Online learning with submission of work to a tutor who will then provide feedback and support
Duration	10 months
Assessment methods	2 observations along with Expert Witness Testimonies, Question papers, Work product Evidence and a Professional Discussion



Mandatory units

The mandatory units in the Level 3 Diploma in Adult Care are carefully designed to provide learners with a comprehensive foundation in adult care, ensuring that they possess the essential skills, knowledge, and values necessary to excel in this field. Let's delve into each of these units to understand their significance:

Focusing on the person's needs: This unit emphasises the person-centered approach, where care is tailored to the unique needs and preferences of each individual. Learners acquire the skills to assess, plan, and deliver care that respects and addresses the individuality of those they serve.

Communication: Effective communication is the bedrock of quality care. In this unit, learners develop their communication skills, including verbal, non-verbal, and written communication, to facilitate clear, empathetic, and respectful interactions with individuals, families, and colleagues.

Personal development: This unit encourages personal growth and professional development. It guides learners in setting and achieving goals, enhancing their self-awareness, and cultivating a commitment to lifelong learning, all of which are essential for success in the ever-evolving field of adult care.

Equality and inclusion: Learners gain a deep understanding of diversity, equality, and inclusion, ensuring that care is provided without discrimination. They learn to promote a culture of respect and equality, fostering an environment where every individual's rights and dignity are upheld.

Information handling: In the digital age, the responsible handling of information is crucial. This unit equips learners with the skills to collect, store, and handle data securely and confidentially, respecting individuals' privacy and confidentiality rights.

Promoting well-being: Caring isn't just about addressing illness; it's about promoting overall well-being. In this unit, learners explore holistic approaches to care, including physical, emotional, and social aspects, to enhance the quality of life for those they support.

Understanding your role and responsibilities: This unit defines the roles and responsibilities of adult care workers, helping learners establish clear boundaries and ethical principles in their practice. It fosters accountability and professionalism.

Safeguarding people: Learners are trained to recognise and respond to situations where individuals may be at risk of harm or abuse. This unit underscores the importance of safeguarding vulnerable adults and ensuring their safety and well-being.

Health and safety: Providing care in a safe environment is paramount. Learners acquire knowledge about health and safety regulations, risk assessment, and infection control measures, ensuring the safety of both care recipients and providers.

These mandatory units collectively form the essential framework for a career in adult care. They not only equip learners with practical skills but also instill the values of respect, dignity, and person-centered care, which are fundamental to delivering high-quality care services to individuals in need.

Delivery model

In this educational program, the entirety of your learning journey will unfold in the digital realm, offering the flexibility and accessibility that modern learners demand. Your primary avenue for acquiring knowledge and skills will be through engaging eLearning modules, thoughtfully designed to deliver comprehensive and interactive content. Within these modules, you'll actively participate in a variety of tasks and activities, ensuring that your learning experience remains dynamic and engaging.

Assessments

As you progress through the course, you'll encounter assessments that will allow you to demonstrate your mastery of the material. These assessments serve as checkpoints, gauging your understanding and readiness to move forward in your adult care studies.



Support

Rest assured, you won't be on this educational journey alone. Support will be readily available to you in the digital space. You'll have access to a dedicated tutor who will be just a message away, ready to assist you with any questions or challenges you encounter. The messaging system integrated into Bud, our online learning platform, will be your direct line of communication with your tutor.



Collaborate

To foster collaboration and community among learners, we will utilise Microsoft Teams. This platform will not only facilitate communication with your tutor but also allow you to connect with fellow students, creating a virtual learning environment where you can share insights, seek advice, and collaborate on projects.



Summary

In summary, your adult care education will be a seamlessly integrated online experience, blending engaging eLearning modules, assessments to gauge your progress, and robust support mechanisms via Bud and Microsoft Teams. This approach ensures that you have the tools and resources you need to excel in your studies and embark on a successful journey in the field of adult care.



Modules



Module 1: Empowering your care journey

This module covers adult care settings, responsibilities, and expectations for lead adult care workers, emphasising continuous development. It includes personal development, career exploration, roles, knowledge, skills, behaviours, planning, reflective practice, and resources for professional growth, all while addressing ethical considerations and boundaries in care.

Module 2: The 6c's care: Elevating care excellence and communication

This module covers communication and information handling in adult care settings. It explores advocacy roles, confidentiality, communication strategies, the 6C's of Care, and personal/professional responsibilities. It also addresses problem-solving, individual needs in care, and information management policies.

Module 3: Safeguarding, duty of care and restrictive practice

This module focuses on safeguarding and protection in adult care settings, emphasising the duty of care. It covers key topics like legislation, risk assessment, effective communication, multi-agency collaboration, ethical decision-making, and abuse recognition. The module also addresses safeguarding vulnerable adults, the Mental Capacity Act, consent, disabilities, and responding to abuse disclosures. It includes safeguarding across different care settings, technology, cultural sensitivity, and touches on restrictive practices and safeguarding children, providing a comprehensive understanding of safeguarding principles in various contexts.



Module 4: Ensuring health and risk management

This module emphasises health and safety promotion and infection control in adult care settings. It includes workplace safety, emergency preparedness, health and safety responsibilities, risk assessments, handling hazardous substances, fire safety, and infection control measures. These elements collectively contribute to creating a secure and healthy environment in adult care settings.

Module 5: Inclusive care: Fostering quality and diversity

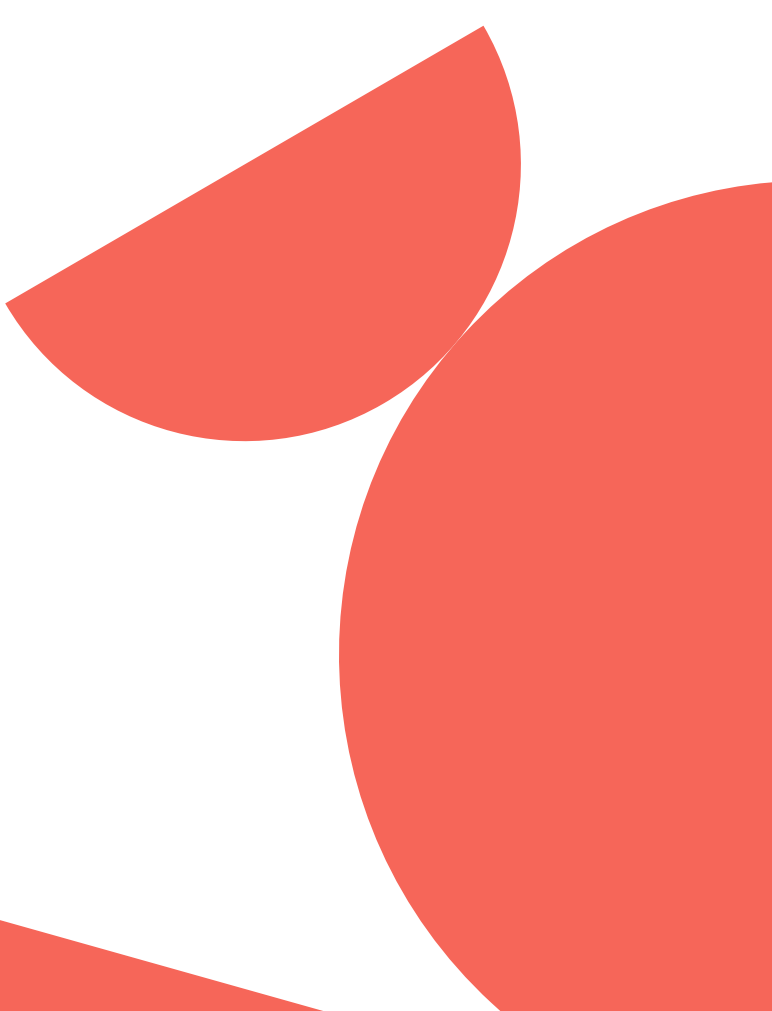
This module focuses on promoting equality, diversity, inclusion, and human rights in adult care settings, while also emphasising person-centered practices. It underscores the significance of upholding respect and dignity, fostering courage, cultural sensitivity, empathy, and compassion in social care. The module addresses promoting equality and diversity within UK social care, highlighting the centrality of dignity and the importance of respecting diversity and inclusion in professional practice.

Module 6: Championing wellness and personalised care

This module centers on supporting individuals' health and wellbeing, with an understanding of personal wellbeing. It covers vital areas like health promotion, emergency response, infection control, hazardous substance handling, and promoting healthy eating and hydration. Additionally, the module addresses monitoring health, leadership and mentoring for wellbeing, care plan development, and basic life support. It also touches on financial health, teaching individuals to recognise scams, take appropriate actions, and report them effectively.

Module 7: Oral care & nutrition mastery

This module focuses on the importance of oral care in adult care settings, stressing a person-centered approach to supporting eating and drinking. It covers nutrition, dietary needs, effective communication, addressing eating challenges, and promoting independence in meal planning. The module highlights oral care's significance for overall health, addresses common oral health issues, and emphasises proper oral hygiene practices and assistance techniques. It also underscores the importance of dental check-ups and professional involvement in maintaining oral health.



Modules

Module 8: Insights into Dementia, Mental Capacity, and Care Practices

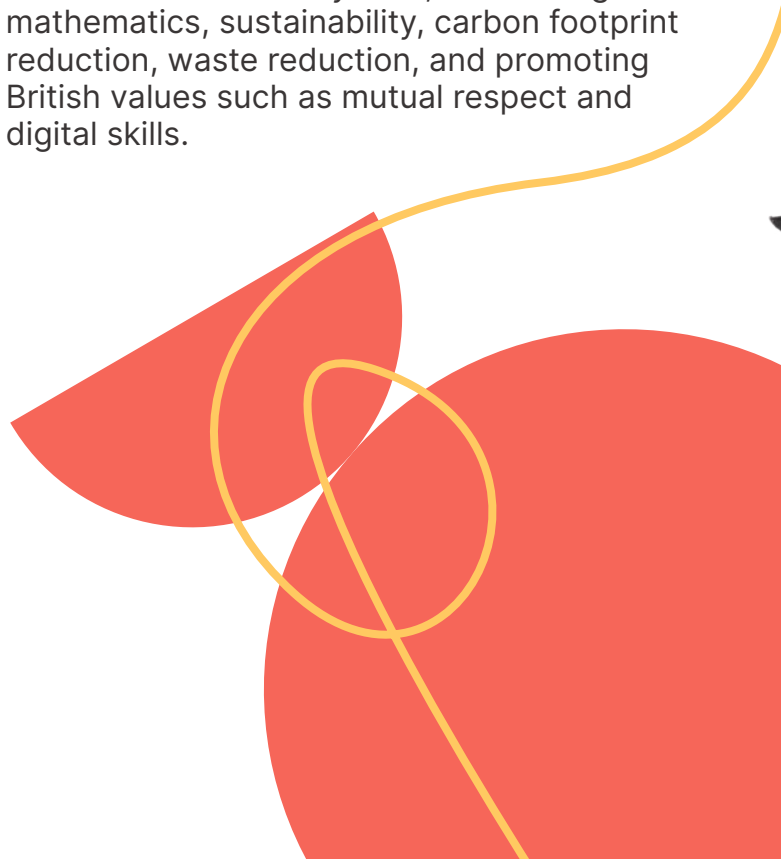
This module covers dementia, focusing on its process and experience, along with mental capacity and restrictive practices. It includes an overview of dementia, signs and symptoms, person-centered care, and communication strategies for individuals with dementia. The module addresses challenging behaviours in dementia and offers support for families and carers. It also covers the Mental Capacity Act, legal and ethical considerations, supporting decision-making, and alternatives to restrictive practices. Additionally, it touches on mental health and learning disabilities, providing a comprehensive understanding of these topics in adult care settings and services.

Module 9: Nurturing independence, personal care, and resilience

This module focuses on supporting individuals during times of change and encouraging positive risk-taking in adult care settings. It addresses the concept of change and its impact, offering strategies for effective communication, empathy, and emotional support during transitions. The module also emphasises developing resilience and coping mechanisms. Additionally, it covers the essential aspects of meeting personal care needs, such as personal hygiene, dressing, grooming, toileting, and continence care, all while promoting independence in these activities. Furthermore, it explores the principles of choice and independence in social care, including supporting informed decision-making, empowering individuals to exercise independence in daily activities, and implementing person-centered care planning. Collaboration with individuals, families, and professionals is highlighted as a crucial component in promoting choice and independence in adult care settings and services.

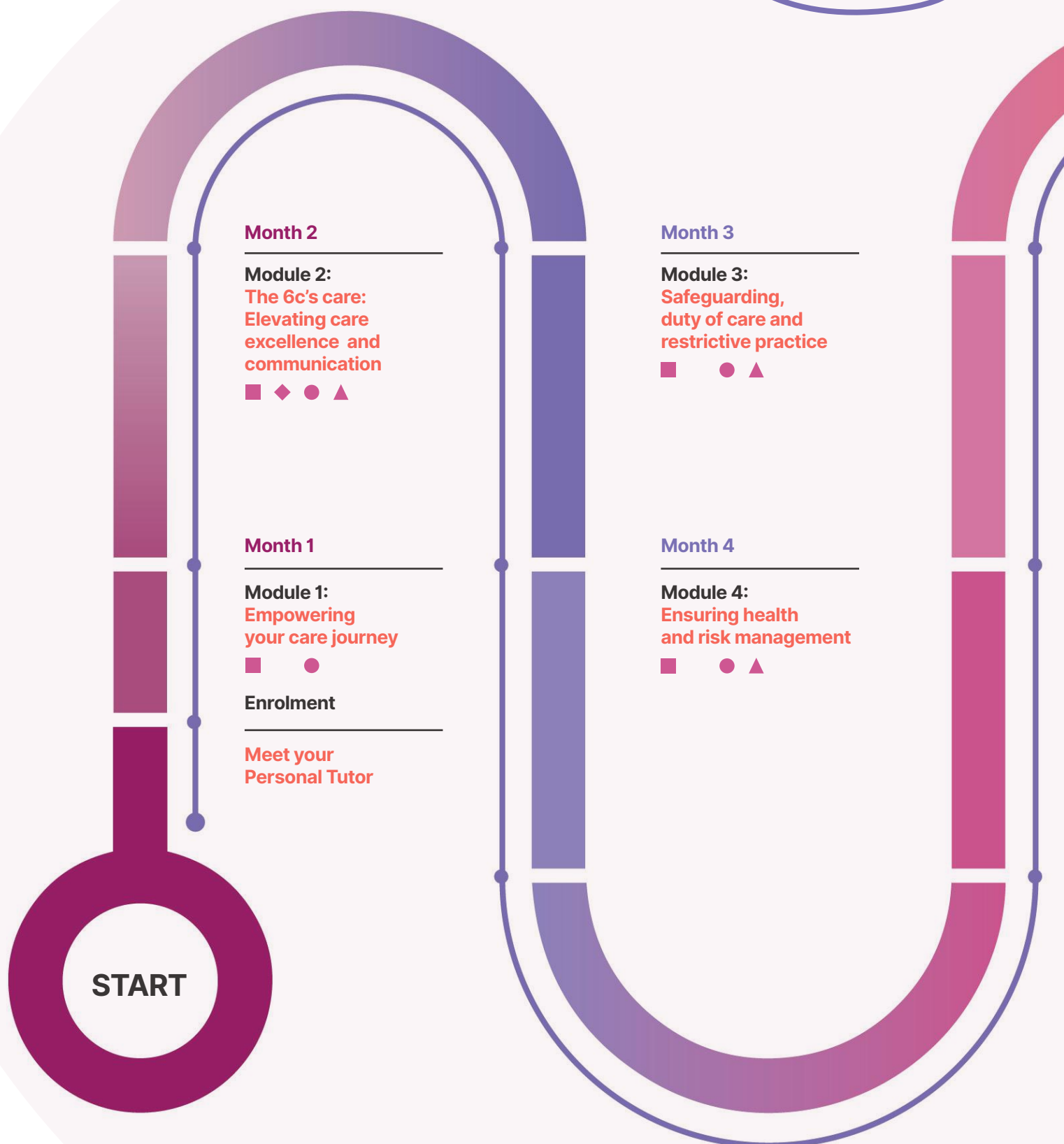
Module 10: Leading in Care

This module is designed to help individuals develop practice leadership skills and foster continuous development in their roles as adult care workers. It covers a wide range of topics, including honing leadership abilities, researching skills, and knowledge sharing. It also emphasises teamwork, partnership, and mentoring, while maintaining professional boundaries and ethical practices. The module guides learners in reviewing and revising personal development plans, setting new goals, and identifying areas for growth, seeking feedback and guidance, and preparing for job interviews in adult care. It also focuses on developing effective communication and presentation skills, understanding professionalism and ethical considerations, and upholding industry standards and regulatory requirements. Additionally, it explores balancing personal and professional boundaries and offers insights into career pathways, specialisations, and creating career development plans. Seeking mentorship and staying updated with industry trends and best practices are also integral aspects of this comprehensive module. Furthermore, it delves into planning for travel in domiciliary care, addressing mathematics, sustainability, carbon footprint reduction, waste reduction, and promoting British values such as mutual respect and digital skills.

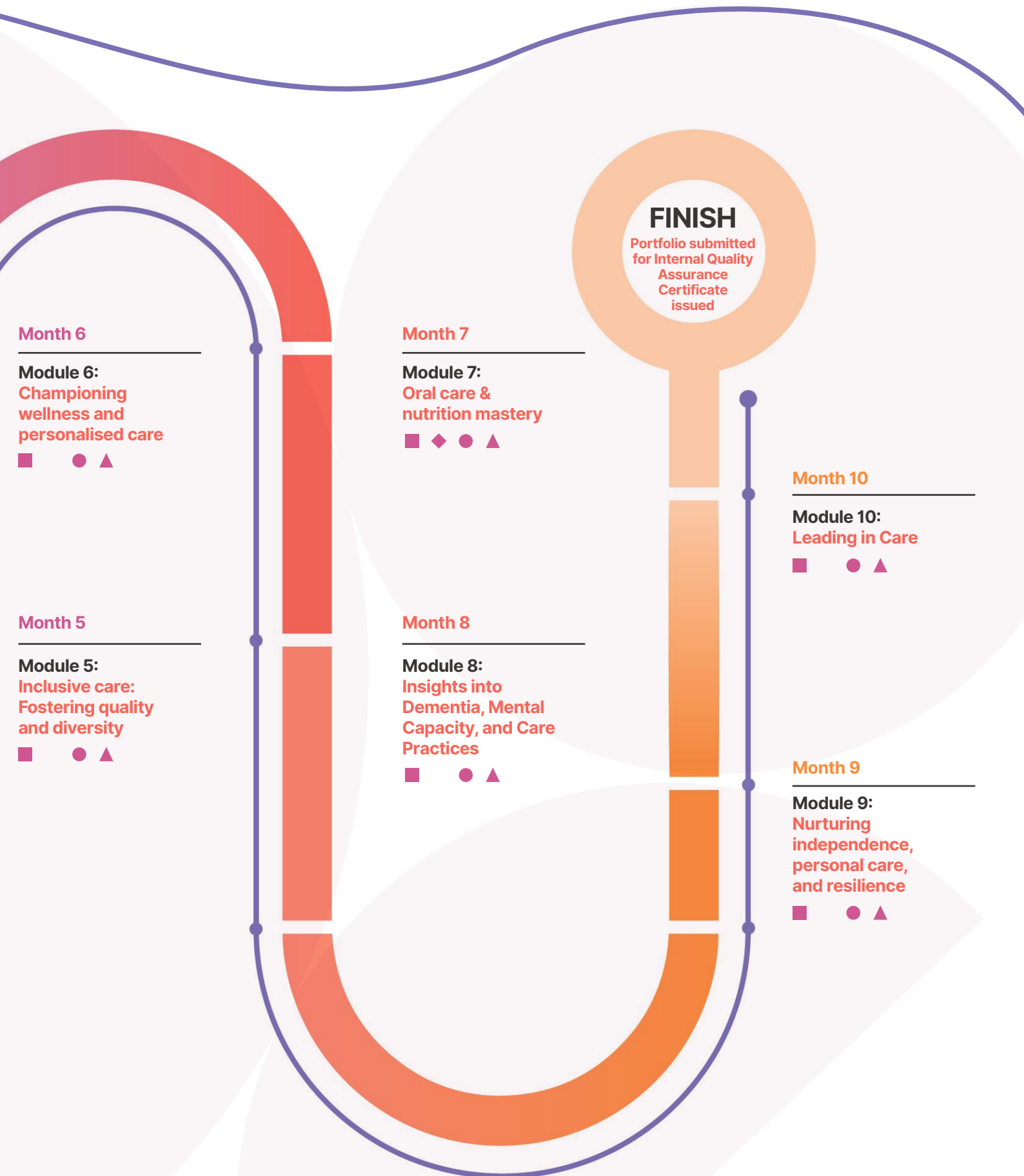




Learner journey



- Question papers to be completed and submitted for feedback from Personal Tutor
- ◆ Witness testimonial
- Evidence gathering
- ▲ Observation



Bud systems

These are all the tasks, assessments and learning aspects of your specific programme relating to your qualification.

These activities will run right the way through the duration of your programme.

Learner support



Specialist Learning Portal

Meet Bud, your go-to learning partner! Bud keeps your needs as a learner front and center. It's designed to be super user-friendly and flexible, so you can access it from various devices with ease.


Here's the best part – Bud takes care of the nitty-gritty of managing your learning. It's like having a personal guide through the entire journey. From enrolling in the program and gathering evidence to getting ready for assessments, audits, and even handling funding matters, Bud's got you covered, step by step. So, you can focus on learning and growing without the hassle of admin tasks.



Ongoing Support

As a learner, you'll have our full support throughout your learning journey. Our experienced teams will help you track your progress, keep you updated, invite you to exclusive events, and ensure you get the most out of your programme for your future.

Our training goes beyond the job – we offer guidance and support, emphasising care and social responsibility. With us, you'll gain the confidence to tackle any challenges that come your way.





Course fees



Adult Care Level 3

We are pleased to offer the Adult Care Level 3 Diploma course to empower individuals seeking a rewarding career in adult care.

Contact Us Today
hello@pgon.co.uk

Contact Us for Course Prices


For details regarding our course prices, please contact us directly. Our team will be happy to provide you with all the necessary information.

Confirmation of payment

Once you have successfully made the payment, please retain the transaction receipt as proof of payment. You may be required to provide this receipt for verification during enrolment.

Investing in your education is a vital step towards a fulfilling career in adult care, and we look forward to welcoming you to our Adult Care Level 3 Diploma programme. If you have any further inquiries or require additional information, please feel free to reach out to our admissions team at hello@pgon.co.uk.

Thank you for choosing Paragon Skills for your educational and career development needs. We are excited to accompany you on this educational journey towards excellence in adult care.



How to apply

1 Get in touch with Paragon Skills at hello@pgon.co.uk or call us at **0800 783 2545** and express your interest in this course

2 Complete all the paperwork and make the payment for the course

3 We will get you enrolled onto programme and you will be ready to start your learning journey with Paragon Skills



Contact

Paragon Skills is a leading national training provider delivering first class training programmes across a variety of sectors since 1998. Our dedicated Personal Tutors will integrate seamlessly with you and be on hand to support you every step of the way.

We're passionate about learning and are committed to providing an outstanding experience for all our learners.

Contact us



0800 783 2545



hello@pgon.co.uk



www.paragonskills.co.uk

