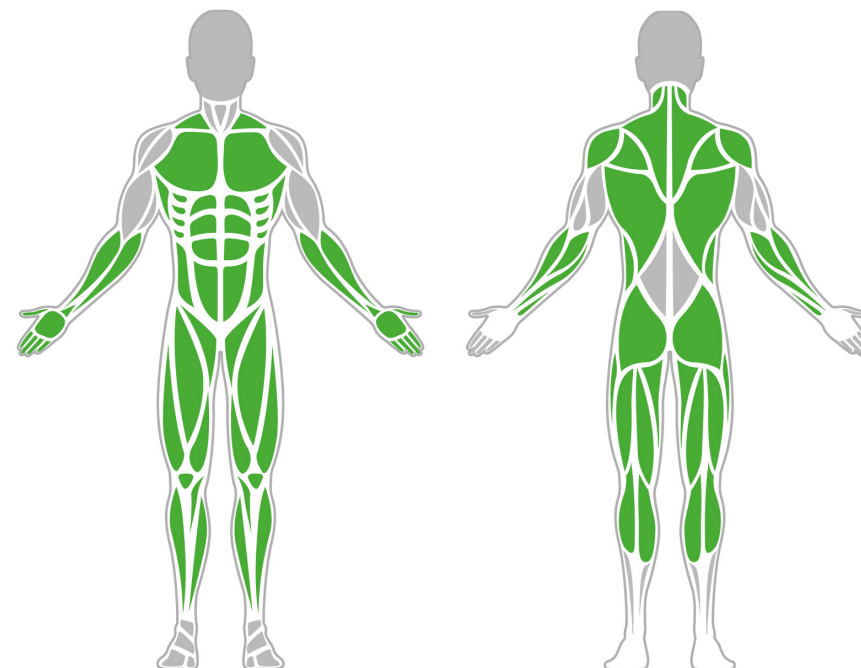
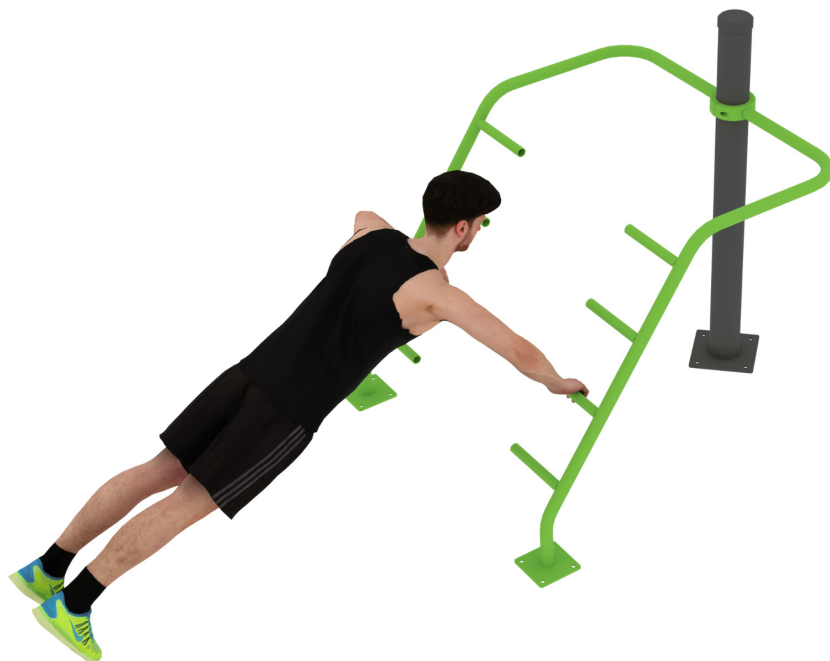


## Muscle Groups Focus



### Z Dip Bar

The Z-dip bar enables assisted push-up and pull-up exercises to be completed. Different levels of difficulty can be achieved using different grips. By placing the foot on the grip bar, you can also perform push-up exercises with a difficult body position.

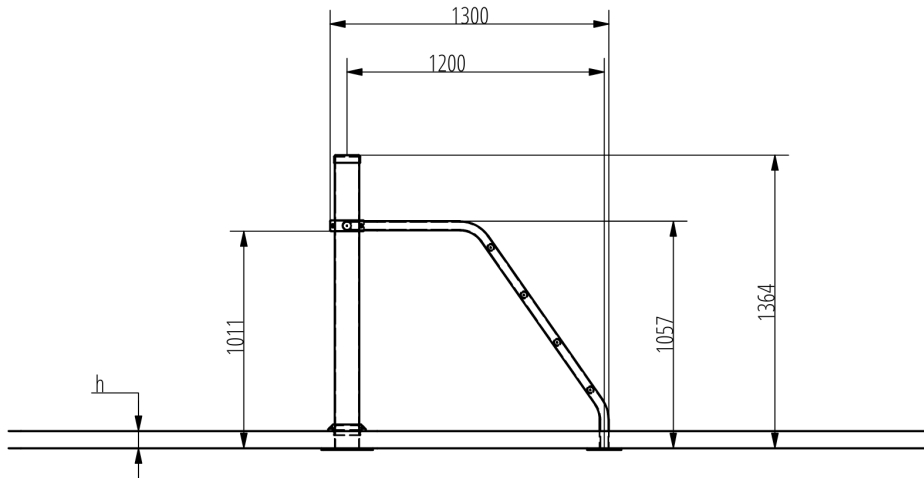
### Attributes

Product code	1-1-052
Certificate	EN 16630
Age group	14 + years
Capacity	1 person
Max. weight load	99 kg
Type	Calisthenics
Difficulty level	Medium

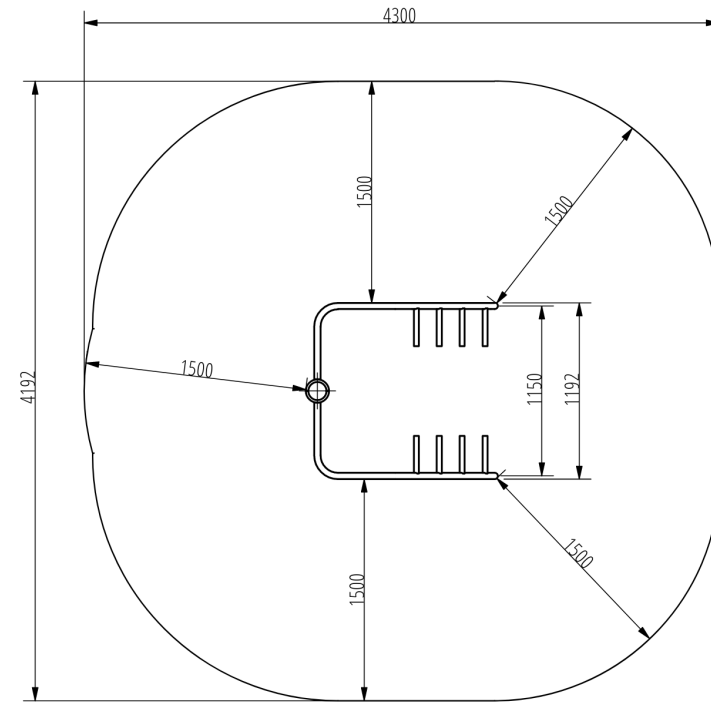
### QR Code



## Side View




## Plan View



## Installation information

Number of installers (concrete)	At least 2 people
Total installation time (concrete)	45-120 min.
Number of installers (equipment)	At least 2 people
Total installation time (equipment)	20-30 min.
Excavation volume	0.6 m <sup>3</sup>
Concrete volume	0.6 m <sup>3</sup>
Size of the base structure	3pc 0,5 x 0,5 x 0,8 m
Anchoring options	In-ground or surface
In combined structures, the volume of concrete required varies.	

## Technical specification

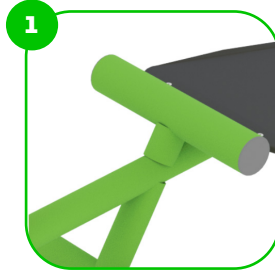
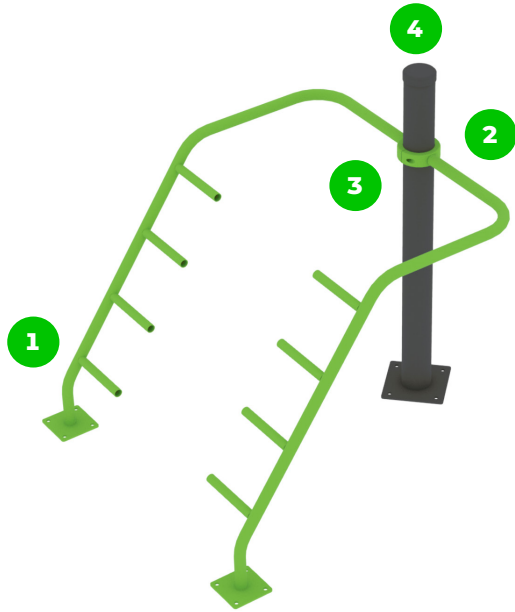
Safety surface area	Around 1,5 m radius
Net weight	24 kg
Material	S235
Critic fall height	964 mm
Color options	

For more color options, discuss with your sales representative.

## Warranty

Structure	10 years
Steel	5-10 years
Paint	2 years
Plastic	5-10 years
Rubber	1-3 years
Moving parts	2 years
Detailed information in the warranty document	

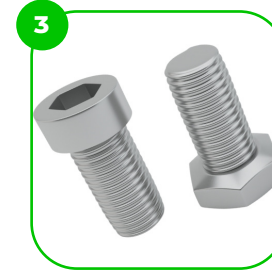
# Material specification



The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The clamp system allows for easy assembly and extreme stability.



The connecting elements are fastened with vandal-proof stainless steel screws and nuts.



The ends of the bars and posts are sealed with injection-moulded plastic caps.

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