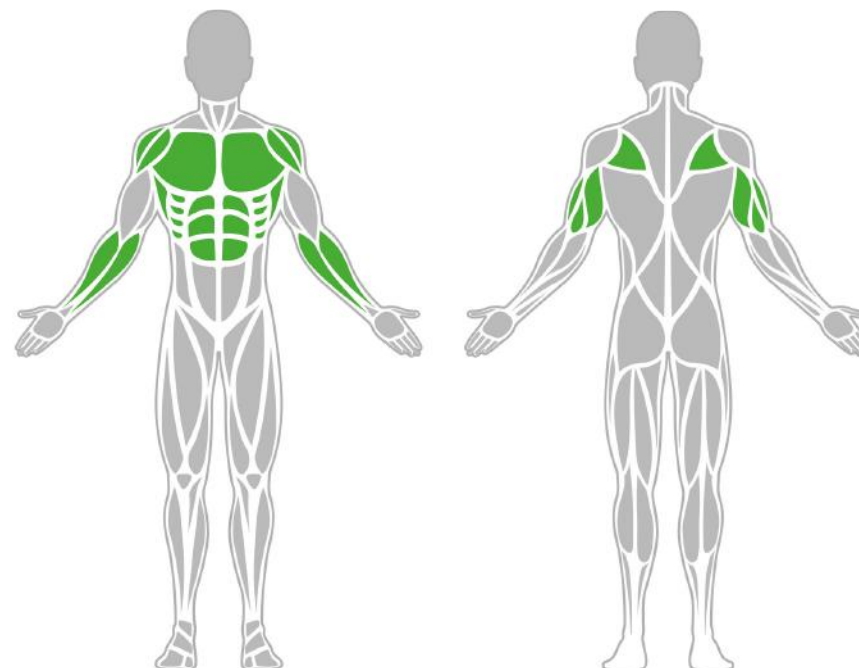


Muscle Groups Focus



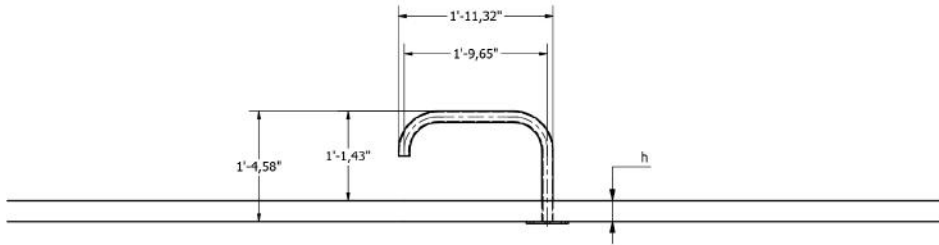
Push-Up Handrail

The push-up cross, triangle and star provide help for combining push-up exercises and making them more diverse. As part of bodyweight training, numerous muscle groups can be developed with arm exercises and several people can train using this equipment simultaneously. The supporting parts can be installed with various widths as required.

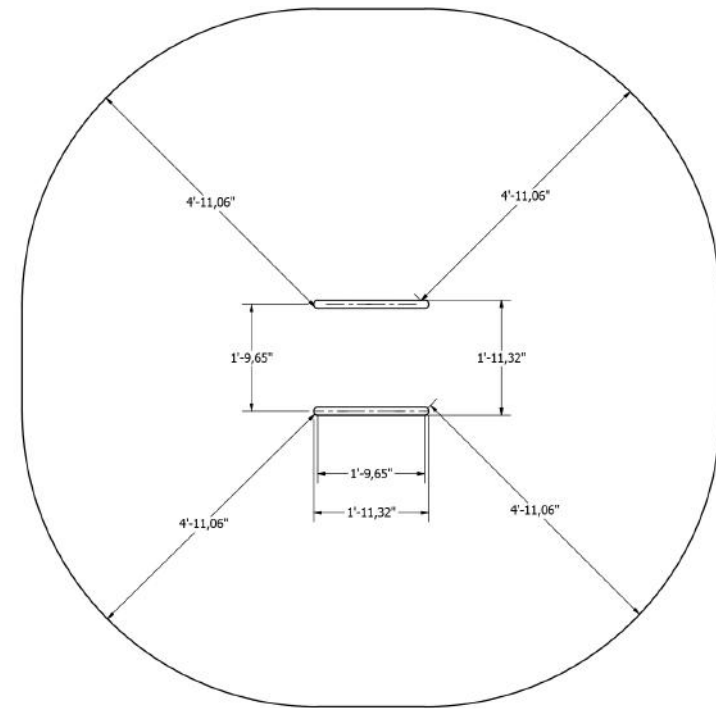
Attributes

Product code	1-1-011
Certificate	EN 16630, ASTM F3101
Age group	14 + years
Capacity	1 person
Max. weight load	218.26 lbs
Type	Calisthenics
Difficulty level	Medium

Side View




Plan View



Installation information

Number of installers (concrete)	At least 2 people
Total installation time (concrete)	30-60 min.
Number of installers (equipment)	At least 2 people
Total installation time (equipment)	5-10 min.
Excavation volume	6,18 ft ³
Concrete volume	6,18 ft ³
Size of the base structure	19.69 x 39.37 x 13.78 „
Anchoring options	In-ground or surface
In combined structures, the volume of concrete required varies.	

Technical specification

Safety surface area	Around 4.92 ft radius
Net weight	57.32 lbs
Material	S235
Critic fall height	16.89"
Color options	
For more color options, discuss with your sales representative.	

Warranty

Structure	25 years
Steel	15 years
Paint	2 years
Plastic	5-10 years
Rubber	1-3 years
Moving parts	2 years
Detailed information in the warranty document	

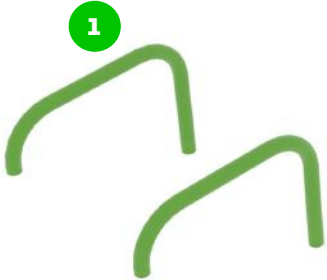
Material specification



The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!

The top surface of the device is covered with the highest quality non-slip HDPE.

The connecting elements are fastened with vandal-proof stainless steel screws and nuts.



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