


BROKEN SOUND
CLUB

The SOUND



JULY 13, 2024

News You Can Use

WEEKLY EMAIL UPDATE

- Going forward, we will be combining the two Saturday emails (The Sound and The Weekly Dining Schedule) into one email at 9:00 am.

GOLF UPDATE

- Golf play at The Old Course will be closed due to maintenance Monday, July 15 through Monday, July 22. The Old Course Food Truck will not be available during this time.
- Golf Play at the Club Course will be closed due to maintenance Tuesday, July 23 through Sunday, July 28.

RACQUETS UPDATE

- The Racquets Pro Shop will undergo a renovation beginning Thursday, July 25. The Pro Shop helpdesk will be temporarily relocated to the Moonstone Rotunda during the renovation.

YOUTH UPDATE

- Reminder: The last day of the the Youth Summer Program is Friday, August 2.
- Starting Wednesday, August 7, our regular supervised hours will resume in the Toddler Room.

Table of Contents

TASTE

Dining at a Glance.....	4
Weekly Dining Events.....	5
CIRQ Sunday Nights	6
Brunch at Wimbledon	7
Piano & Prime Dinner.....	7
Lobster Bash.....	8
Stags' Leap Wine Tasting Dinner	8
Lakeview Happy Hour	9

LET'S GET SOCIAL

Events at a Glance	10
Mosaic Crafting	11
Book Club	11
CPR Class	12
Mature Driving Course	12
Summer Canasta Tournament.....	13

YOUTH & FAMILY

Back to School Supply Drive.....	14
Family Bingo Night.....	15
Ice Cream Social Save the Date.....	16

ON THE GREENS

Hole-In-One: Iris Lund	17
The Old Course Pro Shop Summer Clearance.....	18
Golf Course Closures	19

RACQUETS

105 Tennis Under the Lights.....	20
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WELLNESS

Summer Spa Specials.....	21
July Group Fitness Class Schedule	22
Water Aerobics Class Schedule.....	23

Enhanced Broken Sound Club Website

We are happy to announce that we've updated our Member Landing Page on the website with a new look and design that enhances the user experience, starting on Monday, July 15. We invite you to take a look!



Did You Know?

You can quickly get to any event page by clicking on the page number in the table of contents or by clicking on the event listing in the calendar. You can also click on the colored section headers to go directly to the start of each section.



July 13 - August 10

Dining at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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THE OLD COURSE BISTRO MOONSTONE MAIN CLUBHOUSE

Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.

<p>14 Bistro All Day Brunch at Wimbledon Bistro Curbside CIRQ Bar Bites CIRQ Cajun Cuisine Buffet</p>	<p>15 CIRQ Lunch Buffet CIRQ Bar Bites CIRQ Burgers & Brews</p>	<p>16 CIRQ Lunch Buffet CIRQ Bar Bites CIRQ Wine & Dine Zest Dinner</p>	<p>17 Bistro Lunch CIRQ Lunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Tuscan Dinner Buffet Zest Dinner</p>	<p>18 Bistro Lunch Bistro Curbside Bistro Bar Bites Bistro Dinner À la Carte Zest Dinner</p>	<p>19 Bistro Lunch CIRQ Lunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Chef's Specials Zest Dinner Lakeside Happy Hour</p>	<p>20 Bistro All Day CIRQ Lunch Buffet Bistro Curbside CIRQ Bar Bites Zest Dinner Piano & Prime Dinner</p>
<p>21 Bistro All Day CIRQ Brunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Greek Isles Buffet</p>	<p>22 CIRQ Lunch Buffet CIRQ Bar Bites CIRQ Burgers & Brews</p>	<p>23 CIRQ Lunch Buffet CIRQ Bar Bites CIRQ Wine & Dine Zest Dinner</p>	<p>24 Bistro Lunch CIRQ Lunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Tuscan Dinner Buffet Zest Dinner</p>	<p>25 Bistro Lunch Bistro Curbside Bistro Bar Bites Bistro Dinner À la Carte Zest Dinner</p>	<p>26 Bistro Lunch CIRQ Lunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Chef's Specials Zest Dinner Lakeside Happy Hour</p>	<p>27 Bistro All Day CIRQ Lunch Buffet Bistro Curbside CIRQ Bar Bites Zest Dinner Lobster Bash</p>
<p>28 Bistro All Day CIRQ Brunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Mexican Fiesta Dinner Buffet</p>	<p>29 CIRQ Lunch Buffet CIRQ Bar Bites CIRQ Burgers & Brews</p>	<p>30 CIRQ Lunch Buffet CIRQ Bar Bites CIRQ Wine & Dine Zest Dinner</p>	<p>31 Bistro Lunch CIRQ Lunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Tuscan Dinner Buffet Zest Dinner Stags' Leap Wine Dinner</p>	<p>1 Bistro Lunch Bistro Curbside Bistro Bar Bites Bistro Dinner À la Carte</p>	<p>2 Bistro Lunch CIRQ Lunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Chef's Specials Lakeside Happy Hour</p>	<p>3 Bistro All Day CIRQ Lunch Buffet Bistro Curbside CIRQ Bar Bites Piano & Prime Dinner</p>
<p>4 Bistro All Day CIRQ Brunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Havana Night Dinner Buffet</p>	<p>5 CIRQ Lunch Buffet CIRQ Bar Bites CIRQ Burgers & Brews</p>	<p>6 CIRQ Lunch Buffet CIRQ Bar Bites CIRQ Wine & Dine</p>	<p>7 Bistro Lunch CIRQ Lunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Tuscan Dinner Buffet</p>	<p>8 Bistro Lunch Bistro Curbside Bistro Bar Bites Bistro Dinner À la Carte</p>	<p>9 Bistro Lunch CIRQ Lunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Chef's Specials Lakeside Happy Hour</p>	<p>10 Bistro All Day CIRQ Lunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Steak Night</p>

13
Bistro All Day
CIRQ Lunch Buffet
Bistro Curbside
CIRQ Bar Bites
CIRQ Steak Night
Zest Dinner

Weekly Dining Events



Hours of Operation

View full schedule for all locations plus other important information.

CIRQ Grille and Bar

Lunch Buffet
Mondays - Wednesdays,
Fridays & Saturdays

Brunch Buffet
Sundays

Burgers & Brews
Mondays

Wine & Dine
Tuesdays

Tuscan Dinner Buffet
Wednesdays

À la Carte Dinner
Fridays

Steak Night
Saturdays

Themed Dinner Buffet
Cajun Cuisine
SUNDAY, JULY 14

Bistro

Lunch
Wednesdays - Fridays

Bistro All Day
Saturdays & Sundays

**Bistro Dinner
À la Carte**
Thursdays

Bistro Curbside
Wednesdays - Sundays
3:00 pm - 6:00 pm

Zest Restaurant

Dinner
Tuesdays - Saturdays





Sunday Nights at CIRQ

Sundays | Seatings begin at 5:30 pm
\$34 Adults | \$17 Children
 DINNER CASUAL ATTIRE

July 14 | *Cajun Cuisine Dinner Buffet*

July 21 | *Greek Isles Dinner Buffet*

[VIEW MENU](#)

July 28 | *Mexican Fiesta Dinner Buffet*

August 4 | *Havana Night Dinner Buffet*

To reserve, please call
561-241-6800.

If a cancellation is needed, please call the Reservations team at least 6 hours prior to reservation.
 Members who fail to cancel in due time will result in a \$15 charge for each member of the party.

Brunch

AT WIMBLEDON

Sunday, July 14 | 11:30 am
Illuminations Ballroom | \$42 Adults | \$18 Children

DAYTIME CASUAL ATTIRE

Reservations are required and are now open.
 To reserve, please call 561-241-6800.



Piano & PRIME

Saturday, July 20
Seatings begin at 5:30 pm
Illuminations Ballroom
 DINNER CASUAL ATTIRE

Reservations are required and are now open.
To reserve, please call 561-241-6800.

Lobster Bash

Saturday, July 27

5:30 pm

\$85 Adult | \$30 Child

Illuminations Ballroom

DINNER CASUAL ATTIRE

[VIEW MENU](#)

Reservations are required.

To reserve, please call
561-241-6800.

Stags' Leap Wine Tasting Dinner

Wednesday, July 31 | 6:00 pm

\$125 per person | Illuminations

Featuring wines from Stags' Leap Winery alongside a carefully curated 5-course meal.

Reservations are required and are now open.
To reserve, please call 561-241-6800.

[VIEW MENU](#)

Members must call Reception at 561-241-6800 to cancel at least 48 hours in advance. Members who fail to cancel in due time will be charged in full.



Join us for Lakeview Happy Hour

Please join us for Happy Hour every Friday night with a DJ and an outdoor bar with drink specials and complimentary hors d'oeuvres.

Fridays | 5:30 pm - 7:30 pm
Lakeview Terrace

*Reservations not required for Happy Hour. Reservations recommended for dinner in the Dining Room.
Event will happen rain or shine.*



July 13 - August 10

Events at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>THE OLD COURSE CLUB COURSE MOONSTONE MAIN CLUBHOUSE</p> <p>Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.</p>						13
14	15 The Old Course Closed	16 The Old Course Closed Magic Hands Knitting Club Scrabble Club Mosaic Crafting Class	17 The Old Course Closed Book Club 105 Tennis Under the Lights	18 The Old Course Closed BSC Singers	19 The Old Course Closed	20 The Old Course Closed Family Bingo Night
21 The Old Course Closed	22 The Old Course Closed	23 Club Course Closed Magic Hands Knitting Club Scrabble Club Grief Support Group	24 Club Course Closed CPR Class 105 Tennis Under the Lights	25 Club Course Closed Throwback Step Class	26 Club Course Closed	27 Club Course Closed
28 Club Course Closed	29 The Old Course Closed Mature Driving Course	30 Magic Hands Knitting Club Scrabble Club	31 105 Tennis Under the Lights	1 Club Course Closed BSC Singers	2	3
4	5 The Old Course Closed	6 Magic Hands Knitting Club Scrabble Club	7 105 Tennis Under the Lights	8 Club Course Closed Summer Canasta Tournament	9	10 Youth Back-to-School Ice Cream Social



Mosaic Crafting

Tuesday, July 16th
4:00 pm in Starling
\$92 per person

Join us for a one-of-a-kind opportunity to craft your own Mosaic Lamp. Unleash your creativity with the beauty of Turkish mosaic art!

Register online or please call Reception at 561-241-6800.

Members must call Reception at 561-241-6800 to cancel at least 48 hours in advance. Members who fail to cancel in due time will be charged in full.

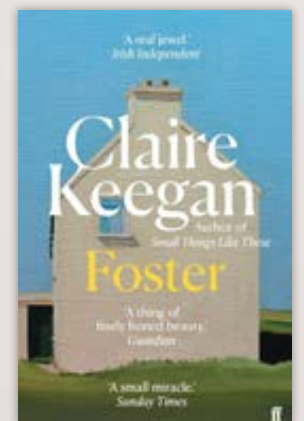
BOOK CLUB

Wednesday, July 17 | 4:00 pm | Starling
Complimentary | Members Only



We will be discussing "Small Things Like These" and "Foster", two novellas by Claire Keegan. Hosted by Arlene Meyers and Gail Weinstein.

Register online or please call Reception at 561-241-6800.



CPR CLASS

**Wednesday, July 24
1:00 pm | Starling | \$30
Members Only**

**Register online or please call
Reception at 561-241-6800.**



Summer Canasta TOURNAMENT

**Thursday, August 8 | 7:00 pm
Pelican | \$10 | Members Only**

Tournament play, cards, trays, and card room snacks will be provided. Players are advised to be at the intermediate or advanced level of play and all participants must sign up with a partner. Prizes will be awarded to the winners. All participants will have a chance to win a raffle basket.

Presented by the social committee. Tournament Coordinator Carol Cohen.

Register online or please call Reception at 561-241-6800.

Last day to register or cancel is Monday, August 5.

Members must call Reception at 561-241-6800 to cancel. Members who fail to cancel in due time will be charged in full.

Mature Driving Course

**Monday, July 29
9:00 am - 2:00 pm
Board Room
\$20 | Members Only**

**Register online or please call
Reception at 561-241-6800.**



Back to School PBC Supplies Drive!

Broken Sound Club is joining efforts with



to help local children begin school with the
tools and confidence to succeed!

Collection of the school supplies will continue
through July 20th, 2024.

Donation bins will be
located in the Moonstone Building.

For more information please contact
Youth at 561 241 6828



YOUTH

FAMILY BINGO NIGHT

Saturday, July 20 | 4:00 pm - 6:00 pm
Pelican
Complimentary | Members Only

Join us for an evening of friendly competition
with a classic game of bingo.
Parental supervision is required.

Register online or please call Youth at 561-241-6828.



*If a cancellation is needed, please call Youth at 561-241-6828 at least 48 hours prior to the event.
Members who fail to cancel in due time will be charged a no-show fee of \$10 per person.*

YOUTH

Save the Date!

BACK TO SCHOOL
Ice Cream Social

August 10, 2024

Join us for a fun-filled ice cream social to share summer stories and gear up for the new school year! Enjoy sweet treats, games, and great company.



HOLE-IN-ONE

Congratulations to
IRIS LUND
 on her Hole-In-One.

Thursday, July 4
 The Old Course
 Hole | #3
 Distance | 60 Yards
 Club Used | Gap Wedge





Summer Clearance!

Sale starts today through Sunday, August 11!

50% OFF
MEMBER PRICE

TIMBERTECH & OLD COURSE
BRIDGE LOGO ITEMS,
ALL GOLF SHOES &
RED DOT ITEMS

30% OFF
MEMBER PRICE

APPAREL &
ACCESSORIES

Sale excludes: Golf Clubs, Golf Balls and Bushnell Products. Discounted items are final sale. Sale only applicable at The Old Course Pro Shop.



GOLF COURSE CLOSURES

THE OLD COURSE
JULY 15 - 22, 29
AUGUST 5, 12 - 19

CLUB COURSE
JULY 23 - 28
AUGUST 1, 8

105 TENNIS UNDER THE LIGHTS

Wednesdays | 5:00 pm - 6:30 pm
\$35 per person | Racquets Center

105 is a doubles tennis cardio game that is taking over clubs across the nation. Be ready to run, get energized and hone your tennis skills in a fun but competitive environment. It is a fun workout that is suitable for all levels. Come down and see for yourself the workout everyone is talking about!

To register, please call the Racquets Pro Shop at 561-241-6880.



Sizzling Summer Spa Specials

VALID THROUGH SEPTEMBER 30, 2024



Instant Rejuvenate Treatment with Microdermabrasion

\$175 (\$200 Value) | 60 Minutes

Microdermabrasion followed with an infusion of vitamins and antioxidants in a hyaluronic based serum using pressurized oxygen.

Express Hydrafacial with LED Light Therapy

\$145 (\$175 Value) | 45 Minutes

A Hydrafacial treatment followed by light therapy to stimulate collagen production, reduce the appearance of fine lines and increase cellular turnover.

90-Minute Massage Special

Schedule any 90-minute Massage and receive a complimentary Aromatherapy or Hot Stone Upgrade.

Derma-Glow Facial

\$145 (\$175 Value) | 60 Minutes

Combines dermaplaning to resurface and prepare the skin followed by a customized peel to achieve the maximum result. Safe and effective for all skin types, from sensitive to resilient.

Perfecting Body Treatment

\$55 (\$75 Value) | 30 Minutes

Unisex body treatment utilizes a concentration of extraordinary seaweed varieties and innovative active ingredients to refine the silhouette, combat loss of elasticity, relieve fluid retention and rejuvenate the skin. (Can be added to any Massage or Facial treatment).

Salon Special: \$25 OFF all Smoothing Hair Treatments

To schedule, please call the Moonstone Spa at 561-241-6868.

moonstone SPA & SALON

Group Fitness Class Schedule | July 2024

FITNESS CENTER / ROTUNDA | PHONE 561-241-6840

HOURS Monday - Friday: 5:30 am - 9:00 pm | Saturday - Sunday: 7:00 am - 7:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Stretch Studio 1 9:30 - 10:25 Lisa B.	Aerobics & More Studio 1 8:30 - 9:25 Nora	Stretch Studio 2 7:30 - 8:25 Roberta	Vinyasa Flow Studio 1 8:00 - 9:00 Terri	UltraFit Strength Studio 2 8:30 - 9:25 Ginger	Circuit Training Studio 2 8:00 - 8:55 Ginger	Men's Stretch Studio 1 8:00 - 8:55 Roberta
UltraFit Conditioning Studio 2 10:30 - 11:25 Robert	Functional Conditioning Studio 2 9:30 - 10:25 Roberta	UltraFit Strength Studio 1 8:30 - 9:25 Ginger	Aerobics & More Studio 2 8:30 - 9:25 Nora	Barre Fusion Studio 1 8:30 - 9:25 Roberta	Vinyasa Flow Studio 1 8:00 - 9:00 Amy	Cycle Cycle Studio 8:15 - 9:00 Ginger
Slow Yoga Flow Studio 1 11:30 - 12:30 Shelby	Cycle & Core Cycle Studio 9:30 - 10:25 Robert	Mat Pilates Studio 2 9:15 - 10:10 Terri	UltraFit Conditioning Studio 2 9:45 - 10:40 Ginger	Stretch Studio 1 9:45 - 10:40 Roberta	Barre / Pilates Fusion Studio 1 9:15 - 10:10 Terri	Functional Conditioning Studio 1 9:00 - 9:55 Roberta
	Chair Strength Studio 1 10:00 - 10:55 Rita	Stretch Studio 1 9:45 - 10:40 Roberta	Chair Strength Studio 1 10:30 - 11:25 Rita	Yoga Sculpt Studio 1 10:45 - 11:40 Terri	UltraFit Conditioning Studio 2 9:30 - 10:25 Robert	UltraFit Conditioning Studio 2 9:15 - 10:10 Ginger
	Stretch Studio 2 10:45 - 11:40 Roberta	Slow Yoga Flow Studio 1 11:00 - 12:15 Kristin	Youth Self Defense Studio 2 5:00 - 6:00 (Registration required)	PiYo Studio 2 5:00 - 5:55 Robert	Youth Self Defense Studio 2 5:00 - 6:00 (Registration required)	Chair Strength Studio 1 10:30 - 11:25 Rita
	PiYo Studio 1 11:15 - 12:10 Terri	UltraFit Conditioning Studio 2 6:00 - 6:55 Stacey	Yin Yoga Studio 1 5:00 - 6:15 Kristin			
	Circuit Training/ Boxing Studio 2 5:30 - 6:25 Leo					

Cardio
Strength & Cardio
Strength & Balance
Mind, Body & More
Yoga
Youth

Please visit the Club's website for a selection of pre-recorded group fitness classes to view at your own leisure.
For questions regarding Youth classes, please contact Beata Delanoe at 561-241-6828.

Water Aerobics Class Schedule 2024

AQUATICS / POOL HOURS OF OPERATION

Daily: Sunrise - Sunset

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 - 10:00 Andrew	8:00 - 9:00 Pam	8:00 - 9:00 Lois	8:00 - 9:00 Andrea	8:00 - 9:00 Pam	8:00 - 9:00 Lois	8:00 - 9:00 Muge
	11:00 - 12:00 Ginger	10:00 - 11:00 Muge	11:00 - 12:00 Ginger	10:00 - 11:00 Karina	11:00 - 12:00 Ginger	10:00 - 11:00 Andrew
	3:00 - 4:00 Muge	3:00 - 4:00 Ginger	3:00 - 4:00 Karina	3:00 - 4:00 Ginger		

Water Aerobics

All of the Water Aerobics classes are equal level exercises and a great low impact workout. Classes are 1 hour and include cardio, dumbbell exercises, noodle exercises and stretching. Classes are held in the Grotto Pool and the water temperature is 85 degrees. If the outside temperature is under 60 degrees, classes will be canceled.

All participants are welcome to join, no reservation needed. Please call the Towel Hut with any questions at 561-241-6819.

If there is inclement weather, classes will be canceled.

Lap Lanes

There are 6 lap lines that are 25 yards long and vary in depth. Lap lanes are reserved by the hour. The lap pool water temperature is 82 degrees.

Reservations are recommended. For reservation times or questions, please call the Towel Hut at 561-241-6819.



BROKEN SOUND
CLUB

2401 WILLOW SPRINGS DRIVE
BOCA RATON, FLORIDA 33496

