

FAMILY MEDICINE
EDUCATION CONSORTIUM, INC.



Hereditary Cancer Resource Folder Template

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Hereditary Cancer Resource Folder Template

This resource folder outline was developed during the **2023 Hereditary Breast Cancer/Narrative Medicine Learning Collaborative**.

Through funding provided by the [National Association of Chronic Disease Directors \(NACDD\)](#) and utilizing tools from [CDC's Bring Your Brave campaign](#), participating family medicine residency programs convened virtually to learn about women's hereditary cancer risk, using videos and stories in training and in clinic, and supporting women to learn about their risk, get testing, and find community supports.

To increase the likelihood of family medicine practitioners routinely incorporating hereditary cancer discussions with their patients, we discovered there first must be a demystification of the genetic testing and counseling process, an understanding of clinic-specific resources and referral processes, and access to patient education and support options.

When these components are explored, Faculty and Residents showed a significant increase in comfort levels around hereditary cancer conversations with patients. The combination of higher comfort levels and awareness of the role that family physicians play on the front line of hereditary cancer diagnostics has proven to increase the desire and the actuality of faculty and residents increasing the frequency of their risk assessment conversations in practice.

As one of the final action period activities for the Collaborative, participants were asked to take the first steps in incorporating the Bring Your Brave Campaign resources in patient care. To address some of the barriers to using the resources, namely lack of knowledge and process uncertainty, participants were asked to create a draft outline for a Clinic-Specific Hereditary Cancer Resource Folder. We asked participants to include guides, procedures, and resources for healthcare providers to refer to and to identify resources to share with patients.

This exercise proved educational, requiring staff to source and compile folder assets and to determine policies and procedures, including the referral process, to use while navigating patients through their hereditary cancer journey.

The following Hereditary Cancer Resource Folder Template, with outline and sample documents, was developed from this exercise.

Find more information about the Collaborative on the FMEC website at <https://www.fmec.net/breast-and-ovarian-cancer> or contact Rebecca Bouck, Manager, Education and QI Projects at rebecca.bouck@fmec.net.

Template for Clinic Hereditary Cancer Resource Folder

Please use this template to create a resource folder for your clinic. Folders can be electronic, and/or hard copy for easy access.

The resource folder should include guides and resources for the medical team and patients.

For the residency program/clinic:

- identify provider fact sheets and education materials
- compile a referral/resource list for providers to support patients
- identify your options utilizing the Bring Your Brave materials
- provide option for news and latest research/resources to be shared

For patients:

- identify options for providing patients access to the Bring Your Brave campaign (e.g., printed materials, forwarded links)
- identify at least three local support resources available to patients (community group, social service agency, church program)

Hereditary Cancer Resource Folder- Sample Documents & Outline

Resources for Patients

- [Bring Your Brave Flyer for Patients – With QR Code](#)
- [Talking with your family about hereditary breast and ovarian cancer](#)
- [Letter to family members - patients who have tested positive for the BRAC1 or BRAC2 gene](#)
- ** INSERT – Clinic-Specific – Research and Document Contact Information for Local Cancer Support Options for Patients. Maintain copies of material for distribution to patients

Resources for the Medical Team

Resources Available from the Bring Your Brave Campaign

- [Assessing Risk in Young Patients](#)
- [Strategies for Managing Risk](#)
- [Risk Assessment Tools for Women at High Genetic Risk for Breast and Ovarian Cancer](#)
 - Genetics Risk Assessment Tool
 - [Breast Cancer Genetics Referral Screening Tool \(B-RST\)](#)
 - Breast Cancer Risk Assessment Tools
 - [National Institutes of Health — Families SHARE: Sharing Health Assessment and Risk Evaluation](#)
 - [National Cancer Institute Breast Cancer Risk Assessment Tool](#)
The U.S. Preventive Services Task Force offers additional tools for identifying breast cancer risk and determining the need for genetic counseling for patients, including the [Pedigree Assessment Tool](#) and [The Ontario Family History Assessment Tool](#).
- [Understanding Early Onset Breast Cancer Continuing Education Courses](#)
 - [Part I: Risk Factors](#)
 - [Part II: Engaging with Patients at Risk](#)

Fact sheets for healthcare providers

- [Understanding risk factors for hereditary breast and ovarian cancer](#)
- [Screening for hereditary breast and ovarian cancer](#)
- [Preventive options for individuals diagnosed with BRCA1 or BRCA2 mutations](#)
- [Caring for Young Women Who Are at High Risk for Early-Onset Breast Cancer](#)
- [Caring for Young Women Who Are at High Risk for Early-Onset Breast Cancer- A Summary of Screening Counseling, and Testing Guidelines- 1](#)
- [Caring for Young Women Who Are at High Risk for Early-Onset Breast Cancer- A Summary of Screening Counseling, and Testing Guidelines - 2](#)
- [Preventive options for individuals diagnosed with BRCA1 or BRCA2 mutations](#)

Risk Assessment/Screening Tools for Physicians

- [Bring Your Brave - Assessing Risk in Young Patients Webpage](#)
- [Guidelines in Oncology - Genetic-Familial High-Risk Assessment- Breast Ovarian Pancreatic](#)
- [The Breast Cancer Risk Assessment Tool Gail Model \(NIH\)](#)
- [Georgia CORE's Breast & Ovarian Cancer Genetics Referral Screening Tool](#)
- [AAFP Risk Assessment, Genetic Counseling, and Genetic Testing for BRCA-Related Cancer: Recommendation Statement](#)

Genetic Testing Resources

- [National Society of Genetic Counselors \(NSGC\) Find a Genetic Counselor](#)
- [Genetic Information Nondiscrimination Act](#)
- [Direct-to-Consumer Genetic Testing FAQ Healthcare Professionals](#)
- [NCCN Clinical Practice Guidelines in Oncology \(NCCN Guidelines®\) - Genetic/Familial High-Risk Assessment](#)

Infographics

- [Bring Your Brave Campaign Take Action to Lower Your Breast and Ovarian Cancer Risk Infographic African American](#)
- [Bring Your Brave Campaign Take Action to Lower Your Breast and Ovarian Cancer Risk Infographic Jewish](#)
- [Bring Your Brave Campaign Take Action to Lower Your Breast and Ovarian Cancer Risk Infographic](#)
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**** INSERT** – Clinic-Specific – Research and Document Contact Information for Local Genetic Test / Counselling Resources, Breast Cancer Specialists/ Departments, and/or Procedures for Referral

**** INSERT** – Clinic Specific – Research and Document Contact Information for Local Cancer Support Options for healthcare providers use (collaboration, education opportunities, networking)

News/ Research

**** Provide options for viewing news and latest research/resources. E.g.,**

- [NPR - Testing your genes for cancer risk is way cheaper now — and it could save your life](#)
- [Primary care physician referral practices regarding BRCA1/2 genetic counseling in a major health system.](#) Linfield DT, Rothberg MB, Pfoh ER, Noss R, Cassard L, Powers JC, Lipold L, Martinez KA. Breast Cancer Res Treat. 2022 Sep;195(2):153-160. doi: 10.1007/s10549-022-06523-5. Epub 2022 Jul 16. PMID: 35842521