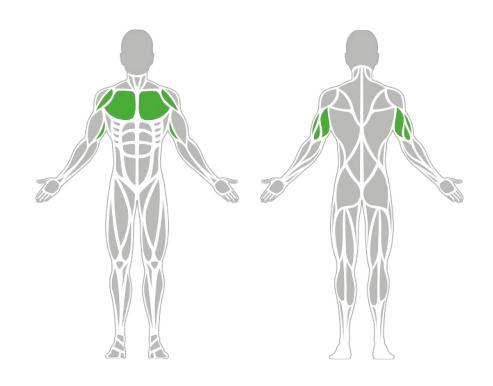


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# **Muscle Groups Focus**





#### **Accessible Chest Press**

The Accessible Chest Press is specifically tailored for users with limited mobility, helping to strengthen the pectoral muscles in a targeted and safe manner without traditional weightlifting techniques. Equipped with two 22 lbs weight plates, it provides effective resistance. Its ergonomic design and easy handling ensure that all users can train comfortably and effectively, promoting long-term health and increased physical activity.

#### **Attributes**

Product code

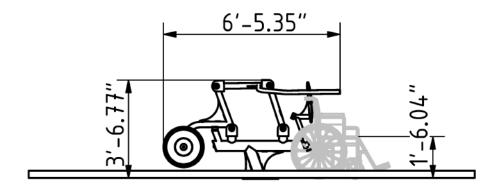
Certificate Age group Capacity Max. weight load Type

Difficulty level

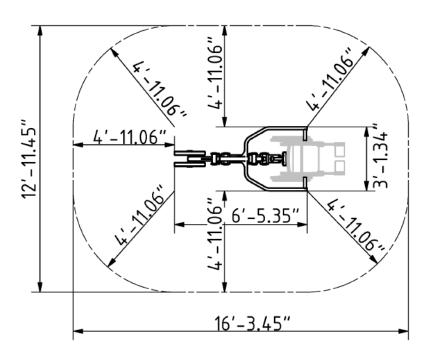
1-1-333 EN 16630, ASTM F3101 14 + years 1 person 286.60 lbs Accessible

Medium

### **Side View**



## Plan View



#### Installation information

Number of installers (concrete) Total installation time (concrete) Number of installers (equipment) Total installation time (equipment) Excavation volume Concrete volume Size of the base structure Anchoring options
In combined structures, the volume of concrete required varies.

At least 2 people 80-140 min. At least 2 people 60 min. 24.72 ft<sup>3</sup> 18.08 ft<sup>3</sup>

31.5 x 31.5 x 31.5" Surface mounted

### **Technical specification**

Safety surfice area Net weight Material Critic fall height Color options

For more color options, discuss with your sales representative.

### Warranty

Around 4.92 ft radius

S235,S355,KO33,HDPE

224.87 lbs

18.11"

Structure Steel Paint Plastic Rubber Moving parts
Detailed information in the warranty document

2 years 5-10 years 1-3 years 2 years

25-15 years

5-10 years

# Material specification



The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The bumpers of the devices are made of durable rubber



Resistance is achieved by the fixed weight plates on the device. Made of high quality SBR material, which guarantees outstanding durability and long life.



The device is fitted with composite bearings that are weather-resistant. The bearing does not require regular maintenance.





At the end of the arms. the handle is rubber-coated for a more comfortable and secure grip.



The seats and backrests are made of strong HDPE material. Which is fully heat, moisture and UV resistant.















