Connolly Residents' Association Inc.

May / Jun / Jul 2024

CONNOLLY LINKS

A COMMUNITY STANDING TOGETHER



CONNOLLY RESIDENTS' ASSOCIATION MEETINGS

DATES Monthly: 6 May / 1 Jul / 5 Aug

WHERE Connolly Community Centre, Glenelg Place
TIME Doors open at 7pm for prompt 7:30pm start



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2. Apply/Renew Online

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HERE'S WHAT YOU **GET FOR YOUR** SUBSCRIPTION

- An association committed to developing and maintaining facilities and services in our beautiful suburb.
- An organised forum for communication between residents and institutional bodies who influence life in Connolly.
- FREE social events such as the Christmas event and Clean-up Day sausage sizzle.



Find us on Facebook: ConnollyResidentsAssociation



Email info@connollywa.org.au or membership@connollywa.org.au

Connolly Residents' Association Inc since 1992

As the newly elected chairperson of the Connolly Residents' Association (CRA), I would first like to introduce myself. My name is Peter Connolly and my family and I have lived in Connolly for the past 13 years. Both my children attend Connolly Primary School and I also have a local business.

My role as chairperson is to be a voice for the committee and the Connolly community. I am not here to change the suburb; my intentions are to keep our beautiful suburb what it is but try to update and improve it in any way we can.

As a committee, we organise a variety of local events to bring the community closer together while also dealing with any issues that may affect our suburb.

I look forward to welcoming more financial members to the CRA and hearing new ideas and initiatives to benefit our suburb and residents. I invite all Connolly residents to attend the CRA's next monthly meeting on Monday the 6th of May 2024 at 7:30pm at the Connolly Community Centre.

I would like to thank the outgoing chairperson, Adrian Elam and his family, as well as the previous committee members for all their hard work and commitment to the CRA. I am very excited to introduce the current committee which includes

returning members Sharon Brooke, Ann Clarke, Bernadette IIsley and Jason Hand, and our new committee members Victoria Hutton, Hayley Bennett, Clint Dedman and Michael Chapman.

We hope those of you who attended the Easter Event had lots of fun and ate way too much chocolate. We would like to thank all the volunteers who helped on the day and made it such a success. We would also like to extend a big thank you to all the local businesses for their generous donations. Without a doubt, Connolly is the best suburb.

Finally, look out for news on the upcoming CRA events. Planning for the Quiz Night and annual Clean Up Day is well underway, and we will keep the community informed of events and any other matters that might affect the suburb through our Facebook page, website, email and on our notice board located at the Connolly Shopping Centre.



Peter Connolly
Chairman

Easter Fun Day











CRA received excellent feedback from our Easter Event held on March 24. A lot of work is carried out behind the scenes from our committee, which is all voluntary and it's great to be acknowledged. We're glad the community loved it and look forward to doing it again.

















Congratulations to our Easter raffle winners...









...And thanks to our Easter Event Sponsors























Emily Hamilton Member for Joondalup

















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ALL THE BEES: BUZZING BURROWING BLUE BANDED BEES.

Ever wondered what is the insect with more blue bands than a Geelong football jumper that hovers then darts to a new location faster than Garry Ablett snr? If so, you have been watching one of our most colourful native bees, the Blue Banded Bee (Amegilla cingulata).



Female Blue Banded Bee on *Hemiandra* pungens, Connolly. Photo: Andrew Shaw.

Over late Spring and Summer, these bees would have been attracted to many of the flowers in your garden, particularly if they were blue or mauve. Blue Banded Bees can perform a special type of pollination called 'buzz pollination'. Some flowers hide their pollen inside tiny capsules. A Blue Banded Bee can grasp a flower of this type and shiver her flight muscles, causing the pollen to shoot out of the capsule. She can then collect the pollen for her nest and carry it from flower to flower, pollinating the flowers. Quite a few of our native Australian flowers require buzz pollination.

Blue Banded Bees, like many of our native bees are solitary, meaning they complete their life cycle alone unlike the introduced social Honey Bee. Solitary native bees do not produce honey or live in large hives, instead, after mating the female burrows into soil or soft mortar between bricks to build her nest and lay up to three sets of eggs each year. All this is achieved in 40 or so days after which she dies. In the meantime, the eggs remain in their cells over winter with the young bees emerging the following spring.



How do you tell the sex of a Blue Banded Bee? The male has five iridescent blue bands on their abdomen while the female has four.

Although capable of stinging, Blue Banded Bees are considered placid creatures and are great to watch in your garden. So, after you have smelt the roses, settle back and watch the Busy Buzzing Burrowing Blue Band Bees.

AND IN THE BEGINNING...

Connolly History by John Evans

In August of 1980 I moved to Kallaroo which at that time was considered by most to be "out in the bush." My natural interest in my surrounds led me to explore the area to the north. I wasn't to know that my inquisitive nature would lead to a most enjoyable number of years walking & running through my new found "Shangri-La."

As I drove north it was evident that the area that would be Heathridge was just opening up. From Marmion Avenue you could look east & see basically great areas of sand with sparse housing dotted here & there. Now of course Heathridge is a very well developed suburb with every infrastructure possible.

Driving on, Marmion Ave came to an abrupt end & in fact straight ahead of you was a disused quarry, this was pretty much where Hodges drive now intersects (what was to become Hodges drive was then little more than a firebreak!!). Running out of the quarry were a couple of sandy tracks but there was also a limestone road. Parking my car in the quarry I began my exploration.

The road ran towards what is now Fairway Circle & after a distance of only a couple of hundred meters took a left sweep & headed pretty much north down a hill to a position about where the end of the golf driving range is now. The track then ran along the "valley" before taking another left & ascending the incline to what is now Shenton Avenue.

From there the track branched out & ran off in half a dozen directions, but the main track headed north through some really amazing country, finally exiting on Burns Beach Road. There was a gate which would have been used by vehicles quarrying the limestone from any one of the numerous quarries in Connolly!!

My running & walking through the area continued for a number of years, during which I had many great experiences.

One morning as I approached the gate on Shenton Ave, I saw a 4wd with a trailer coming from the other side. I indicated to the driver that I would open the gate for him. He drove his vehicle through & pulled up. Getting out he told me that he was an apiarist & had hives through the area. Without any requests from me he handed me a huge piece of honeycomb & we shared a very pleasant few minutes chatting whilst feasting on fresh natural honey.

The following tale I have shared with many friends most of which cast me a disbelieving glance, Dunno why!! I was just about halfway through

my walk when I noticed a very big boomer kangaroo standing just off the track. I stopped to observe, as I did so just for the shortest time he gazed back at me. Then right before my eyes he took a dive. Believing him to be bored with my intrusion & deciding to take a nap, I stood for a minute to see if he would move further. Plucking up courage I made an approach.

He was stone dead!!!

Gotta go sometime I suppose but that was a one off experience for me.

My adventures around "Connolly continued for a good long time, always leaving my car at the same place, then running for miles right through the area. My run finished under a stand of the most magnificent trees usually surrounded by roos. That stand of trees is thankfully still there & is St Michaels Park.

After quite a while the machines moved in to start earthworks for the Golf course. I was sad to see my bit of Utopia being altered so dramatically but inevitably I was asked not to use this area anymore as earthworks would be through the whole area & it was unsafe for anyone to be around.

Who could have known that 33 years later I would leave my home in Kallaroo & move to Connolly. It is still a very lovely place, but I sometimes gaze around Royal Melbourne, Fairway circle, Chantilly & other

lovely neighbourhoods & pause to remember the tracks, the trees, the roos the personalities, but most of all witnessing the making of my home Connolly. A real feature of the area was the proliferation of native plants many of them coming into flower in their season. I became aware of a most lovely perfume & spent a while trying to identify it. Thinking to be some rare exquisite shrub, imagine my surprise to find it was a Grevillia Bitternata which is one of the more common natives. The whole area was predominantly coastal scrub, dotted here & there with beautiful stands of mature trees, possibly Jarrah. The blot on the landscape was the ever present quarries, they were everywhere. Some were fairly small, possibly exploratory, but there were a lot of very large, very deep ones too. I believe some of them are used as a feature of the golf course. Very close to the club rooms was a very elaborate walkway. Just recently I asked if anyone at the club remembered it.

Not only was it remembered but can still be seen if you know where to look of course.

– John Evans, from the original in The LINKS February 2015.



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We are thrilled to announce that the 2024 school year at Connolly Primary School has commenced successfully. It is with great excitement that I introduce myself as the new principal of Connolly Primary School, joining the vibrant and welcoming Connolly Community.

Extensive work was carried out on the school oval in January. The recent rejuvenation aims to promote strong lawn growth, providing an enjoyable space for both the community and the school. Families appreciated the oval at the P&C Family Welcome Sundowner on Saturday, March 9, where they enjoyed a picnic, and children engaged in games, including a traditional sack race.

Over the Christmas holidays, new shade sails were installed outside the undercover area, creating a fantastic shaded space for students to eat lunch and play during recess. This enhancement was made possible by the fundraising efforts of the Connolly Primary School P&C.

Students at Connolly Primary School have had the opportunity to engage in various extracurricular events and experiences this term, including dance lessons, swimming lessons at Sorrento Beach, Choir and Science, Japanese, and Technology clubs. Additionally, the Year 6 students are looking forward to their annual camp at Swan Valley Adventure Centre.

Recently, we celebrated Harmony Day, commemorating the theme of 'Everyone Belongs' by dressing in cultural attire or orange. It was a wonderful opportunity to embrace diversity and foster connections within our school community.

Thank you,



Rebecca Appleton Principal

CARNABY RESERVE









Summer Star Flowe

As the weather has been too warm for our usual Bushcare



Friends of

We have also had some assistance from a couple of the younger members of our community who helped by collecting, carrying and watering in the Southern area where there are three new trees and some smaller plants which we are hoping will survive the Summer heat.

In January our valuable volunteers had a very pleasant, belated Christmas lunch at a restaurant in Mindarrie. They are a very social group and often get together for coffee and a chat at times other than Bushcare sessions. The group welcomes anyone who would like to assist in our bush care duties even the odd hour of two in the cooler months of the year is most appreciated and can make a difference.

If you are interested in meeting our friendly group and helping with the care of this pretty bushland reserve, please contact Ann on 0412 774 108 or Robyn on 0431 862 091.

Email tyrglanyrafon@hotmail.com

Robyn Poore

MAKURU

(June-July)

The Noongar Season 'Makuru' is represented by the colour dark blue as it symbolises rain and cold weather.

Makuru sees the coldest and wettest time of the year in the South West.

Traditionally, this was a good time of the year to move back inland from the coast as the winds turned to the west and south bringing the cold weather, rains and occasionally snow on the peaks of the Stirling and Porongurup Ranges.



As the waterways and catchments started to fill, people were able to move about their country with ease and their food sources changed from the sea, estuarine and lake foods to those of the land, in particular the grazing animals such as the kangaroo.

As well as a food source, animals provided people with many other things. For example, the 'yongar' or kangaroo, not only provided meat but also 'bookas' (animal skin cloaks that were used as the nights became much cooler). Nothing was left. Even the bones and sinews were used in the manufacturing of bookas and for affixing barbs to hunting tools such as spears.

Makuru is also a time for a lot of animals to be pairing up in preparation for breeding in the coming season. If you look carefully, you might see pairs of 'wardongs' (ravens) flying together.

Upon the lakes and rivers of the South West, you'll also start to see a large influx of the Black Swan or 'Mali' as they too prepare to nest and breed.

Flowers that will start to emerge include the blues and purples of the blueberry lily (Dianella revoluta) and the purple flags (Patersonia occidentalis).

As the season comes to a close, you should also start to notice the white flowers of the weeping peppermint (*Agonis flexuosa*) as the blues start to make way for the white and cream flowers of Djilba.





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Do you have

Community News to share?

Do you have a feel-good story to share about yourself or someone you know from our local community? We would love to hear from you. You can also send through any Connolly photos to potentially be used as the cover image.

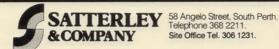
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Colour me in!

You are braver than you believe, stronger than you seem, and smarter than you think.





Sudoku

Difficulty: Easy

			5	2		6		
6	8	2	9	7			5	1
9	1		4	8		2	3	7
				9			1	4
4					2			
	6	1				9		3
1				1		3		
	2	4			9		7	
1	5			6	7			

Difficulty: Medium

8		2	3					
			2					
			6	1	4	2	8	3
	6			3	5			
			4	6		5	7	
	5	1				4		6
	8		5		6		2	9
	2					7		
		3		2		6	1	

Difficulty: Hard

9		3			8			7
		7		4			1	5
2	5				7			
			2		9	7		4
	6						9	
	7			8	5			
						8		
8	9			7	3			6
					1	3		

Difficulty: Expert

		6			9			
1	3							4
		5			6			
	1		8	7		9		
							5	
	2	9			5	3		
						7		
			5	4				1
				3	8			

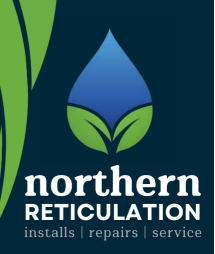
Can you solve these riddles?

A: If 2 is company and 3 is a crowd, what are 4 and 5?

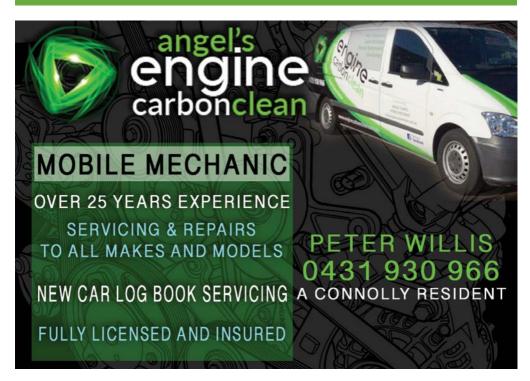
B: What does a man do only once in his lifetime, but women do once a year after they are 29?

C: What gets broken without being held?

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Mother's Day Luncheon Luncheon

SUNDAY 12 MAY 2024 • 12.00PM

3 Course Plated Lunch

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QUICK LAMB RAGÙ

Ingredients

2 tbsp. extra-virgin olive oil

1 onion, chopped

2 medium carrots peeled and diced

2 stalks celery, chopped

2 cloves garlic, minced

2 tbsp. tomato paste

700g passata

1 kg lamb mince

1 cup. red wine

1(28-oz.) can crushed tomatoes

2 tsp. freshly chopped thyme

2 tsp. freshly chopped rosemary

2 tsp. freshly chopped oregano

14 tsp. crushed red pepper flakes

Salt to taste

Freshly ground black pepper

1 litre of beef stock

Cooked pasta, for serving



Method

- In a large pot over medium heat, heat oil. Add onions, carrots, celery cook for 5 minutes or until they are tender. Add garlic and tomato paste and cook, 1 minute. Add lamb and cook, breaking up meat with a wooden spoon, until no longer pink, 6 minutes.
- 2. Add wine and cook until mostly reduced, 5 minutes. Add tomatoes, passata, beef stock, herbs and red pepper flakes and season with salt and pepper.
- 3. Bring to a boil, then reduce heat, and let simmer for 1 hour. Season with more salt and pepper. Keep and eye on it so it doesn't stick to the pot.
- 4. Serve over cooked pasta. Enjoy.

- Bernadette Ilsley



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Citizens Advice Bureau (CAB)	9221 5711
Joondalup Business Association	9300 1414
Joondalup Men's Shed	6209 8034
Joondalup Health Campus	9400 9400
Joondalup Police Station	9400 0888
AML reptile relocations (Amelie, Connolly Resident)	0474 114 463
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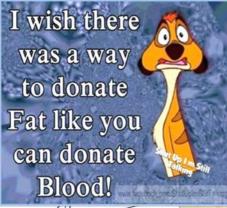








"This should keep you going while I'm on vacation."



"What else did you fix today?"







"Everyone in the building got together. Here's 200 bucks for your violin."

CONNOLLY RESIDENTS' ASSOCIATION INC. 2024

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TREASURER Ann Clarke
MEMBERSHIP SECRETARY Sharon Brooke

COMMITTEE MEMBERS Jason Hand, Bernadette IIsley, Hayley Bennett,

Michael Chapman, Victoria Hutton

Connolly Links

EDITOR Brian Richardson

EDITORIALS Don Poynton, John Evans, Robyn Poore GRAPHIC DESIGN Reanna Bennett @@reanna.designs

DISTRIBUTION Michael Chapman

MEET THE COMMITTEE



Scan the QR code or visit www.connollywa.org.au/about/cra-committee

The Connolly Links newsletter is delivered to every house and unit in Connolly by our own volunteers, also the shops, Joondalup Resort and City of Joondalup Councillors and directors. Articles and letters may be edited for legal issues, space or clarity.

CONTACT

Email info@connollywa.org.au

Find us on Facebook: ConnollyResidentsAssociation







0433 559 197

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Market Update

As of the latest market update in Connolly, there has been to be a high trend in housing prices. Over the past quarter, property values have shown an increase, reflecting the ongoing demand for residential real estate in Connolly.

The demand for residential properties remains robust, particularly for family homes with spacious outdoor areas and proximity to amenities such as schools and parks. Additionally, the rental market continues to show resilience, with steady demand from tenants seeking quality accommodation. Despite economic fluctuations, Connolly maintains its appeal as a desirable suburb, offering a tranquil residential environment coupled with convenient access to urban conveniences. Overall, the market in Connolly reflects a balance between supply and demand, making it an attractive option for both homebuyers and investors alike.

Median Price: \$891,000. Growth rate up 9.7% in the last 12 months.

Autum Charity Rally. HKY Fundraising for Cancer Council



You may remember that Steve Neilson and I took part in the *Perth to Sydney Shitbox Rally* in 2019. This time Steve has been the mechanic and technical guru and it is my mate Mike Reilly and I that will be taking on the challenge of the *Shitbox Rally* raising as much money as we can for the Cancer Council Australia to aid their research into finding a cure for this terrible disease that effects so many people.

Of course we aim to have fun along the way. This year's *Shitbox Rally* is from Adelaide via Uluru to Perth, mainly on unsealed roads and sleeping under the stars for 8 days and traveling over 5000kms in our "Shitbox", a Mazda 3 which has seen better days!

Interested in selling, buying, leasing or renting?
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