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TIDBITS® PUTS OUT BACKFIRES

by Janet Spencer

The word “backfire” originally referred to a misfiring gun, which, while pointed at an intended target, would instead blow up in the shooter’s hand. The definition is “to affect the initiator rather than the intended object” and “to have the reverse of the desired effect.” Today Tidbits takes a look at good ideas gone bad!

SHOOT!

- City officials in Oakland, California, decided that there were too many guns on the streets. To reduce the number, they offered a \$200 rebate for any gun turned in, no questions asked. The offer didn’t specify that you had to be a resident of Oakland or that the guns needed to be functional.
- People gathered their rusty junk guns and sometimes traveled hundreds of miles to turn in their crappy firearms for cash, which they then spent purchasing newer, better guns.
- First in line were gun dealers who turned in everything in their inventory that wasn’t worth \$200. Even people who had never owned guns before scavenged the pawn shops and ransacked Grandpa’s World War II chest.
- The result was a net increase in the number of guns on the streets of Oakland, but they were new, improved guns.

(cont)

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Q: What's the opposite of backfire?
A: A waterfront!

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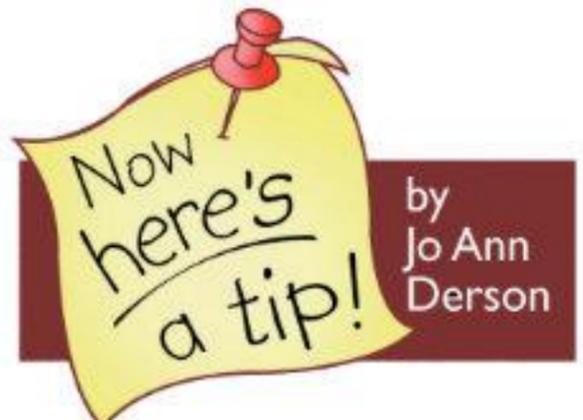
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SPARE THE SPARROWS

- Chairman Mao Tse-tung led the Chinese Communist Party from 1935 until he died in 1976. In 1958, in a bid to boost the prosperity of the Chinese population, he declared war. However, he declared a war against "the four great pests" which were rats, flies, mosquitoes, and sparrows. The effort was collectively known as "The Great Leap Forward."
- Sparrows were included because they invaded agricultural fields, eating grain intended for people. For several years, all kinds of small sparrow-like birds were driven to the brink of extinction.
- What he had not considered was the fact that sparrows also eat insects, and are particularly fond of locusts. With the sparrow population wiped out, the locust population grew exponentially, as well as many other species of crop-loving bugs. The insects devastated crops all across the country.
- By the time the death sentence was repealed in 1961, famine had spread across China. Between 20 and 30 million citizens starved in the next several years.

BOOSTING BOOTLEGGING

- At the end of World War I, the nation entered a period of prosperity. Though people wanted to celebrate, Prohibition interfered with plans by making the production or distribution of alcohol illegal. Now, instead of purchasing alcohol legally from safe sources that were taxed, people got it from shady underground sources. Thriving small businesses and their suppliers went out of business, while Prohibition served as an incubator for the rise of the Mafia. Bootlegging and Speakeasies now became lucrative businesses, and organized crime hogged much of the action. Profits were plowed into other illegal activities such as prostitution, gun running, casinos, etc. (cont)



- If you run out of buttermilk, you can use an equal amount of yogurt, preferably nonsweetened, plain, but you can adjust the sugar in a recipe slightly if your yogurt is favorably flavored.
- When entertaining, keep cold drinks in a cooler away from the kitchen. This keeps the floor space free for the cooks.
- Soften brown sugar quickly by grating it on a fine hand grater. If you have a bit more time, add an apple to the container and seal tightly.
- "Day-old bread makes excellent handmade croutons. Slice, spray with cooking spray and season with whatever spices on hand sound good. Toast in a 300 degree oven for 10 minutes or so. They are especially good with soups." -- S.S.D. in Maryland
- Gotta keep those buns warm? Line your crockpot with foil and add the buns. Keep on low or warm, and place on the buffet. Yum.
- "When making platters of fruit that may brown (apples, pears), coat slices with lemon juice. The acid keeps them from browning." -- T.P. in Washington

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.
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HOMESTEAD HORROR

- The Homestead Act of 1862, signed by Lincoln, granted any citizen ownership of 160 acres of government land provided they could live on it, and improve it, for five years. This allowed many people, including women, former slaves, and immigrants, to settle the West.
- However, the Enlarged Homestead Act of 1909 had problems. This act granted 320 acres to hardy pioneers, but by now all the best lands had been spoken for, leaving only marginal lands to claim. Those areas were mainly located on the prairie plains where tough grasses had been growing for eons.
- Settlers spent the next couple of decades trying to turn these sparse lands into productive farms, starting with plowing under all the native deep-rooted drought-resistant grasses. With too little rain to support crops, and the grasses now long gone, the entire area turned into an environmental catastrophe now known as the Dust Bowl. The program was designed to turn the vast prairies into productive farmland, but it damaged the environment and the economy so severely that it took decades to restore the balance.

THE COBRA EFFECT

- In the early 1900s when Britain ruled India, the British government was concerned with the number of cobras in Delhi. A bounty was offered for each dead snake turned into government offices. Predictably, this led to cobra-breeding programs by enterprising entrepreneurs throughout the city. When government officials found out about this, they ceased paying the bounty. All of those cobra breeding facilities then let their snakes go free, increasing the population of the reptiles far more than they'd started with. Today this has been dubbed "the cobra effect."
(cont)



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8. Wildebeest: 50 mph
9. Saiga antelope: 50 mph
10. Reindeer: 50 mph

Source: DinoAnimals.com

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STICKELERS
Terry Stickels

Such a large word for such a small thing! Can you unscramble the letters below to form the word?

G R N
S O M A
R I M I
O C

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TIDBITS

NUGGET OF KNOWLEDGE

The Mexican government decided Mexico needed more trees. They set aside billions to pay farmers to plant new trees in 2019. No money was granted for farmers to maintain mature trees that already grew on their property. Over 280 square miles were completely deforested so farmers could collect money for planting tiny seedlings.



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2. When a guy showed up at Pepsi with enough points to win the joke top prize, did Pepsi deliver?

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YACHT YIKES

• The luxury tax on yachts was implemented in 1991, charging a 10% tax on yachts costing \$100,000 or more. The result, however, is that the rich, who still liked to get a bargain, either bought yachts overseas, held on to their older boats, or bought smaller boats for less than \$100,000. The market for luxury yachts tanked. Many boat-building businesses went bust, putting skilled blue-collar workers out of work and on welfare. This cost the government far more in unemployment benefits than had been brought in by the new tax. The luxury tax on yachts was repealed two years later.

ACCIDENTAL RULER

• In ancient China around 200 B.C., there was a police officer named Liu Bang. One day, he was transporting some prisoners and they managed to escape. At the time, the Qin Dynasty laws stated that the punishment for letting prisoners escape was death. Liu Bang thought it would be quite a waste of his life to be put to death for losing control of his prisoners. Instead, he joined up with his former prisoners, became a warlord, overthrew the Qin Dynasty, and established himself as the first emperor of the Han Dynasty. The Han Dynasty ruled China, peacefully and fairly, for over 400 years.

DEATH OF SALES

• The chain department store JCPenney decided to eliminate special sales and implement an "everyday low pricing" policy where they set their prices to the lowest amount they would ever sell it for, regardless of the time of year. They underestimated how many people loved to shop the sales and got a thrill out of finding a bargain. With no special sales, those people quit coming to the store. Sales tanked, and the company was reorganized under Chapter 11 bankruptcy shortly afterward.

HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Spoon is longer. 2. Handle on pot is lower. 3. Neckline is different. 4. Hair bun is smaller. 5. Window in door is lower. 6. Chiller is added.

THIS WEEK'S CELEBRITY BIRTHDAYS

John Cleese	10/27/1939
Julia Roberts	10/28/1967
Winona Ryder	10/29/1971
Henry Winkler	10/30/1945
Margot Kidder	10/31/1948
Peter Jackson	11/1/1961
Lyle Lovett	11/2/1957

TIDBITS

Strange BUT TRUE

By Lucie Winborne

- A California man who made a personalized license plate that said "No Plate" received more than 2,500 parking tickets.
- Omphalophobia is the fear of belly buttons.
- Avid readers won't be intimidated by a hefty novel, but they'll still surely be impressed by what's been deemed the largest book ever. Weighing more than 3,000 pounds and measuring 16.40 feet by 26.44 feet with 429 pages inside, the book, which is titled "This is Muhammad," was created in 2012 by 50 people working together in the United Arab Emirates.
- Prior to 1949, tennis court grass was kept at 2 inches long -- that is, until a player was bitten by a snake. It's now typically maintained at a length of 8 mm.
- Scientists have found evidence of take-out restaurants in the remains of Pompeii.
- Japan has the highest density of vending machines worldwide, with approximately 5 million machines, or one machine for every 23 people. You can buy everything from live lobsters and bread in a can, to underwear and Buddhist amulets from a vending machine.
- The first European who learned to smoke from the natives was arrested back home because people thought he was possessed by the devil.
- Dolly Parton's parents paid the doctor who delivered her with a bag of cornmeal.
- The most expensive domain name ever sold was Voice.com, which was acquired for \$30 million in 2019.
- Caribbean sperm whales have their own accents.
- After an 8.0 magnitude earthquake hit Mexico City in 1985, nearly all newborn babies survived a collapsed hospital for seven days without nourishment, water, warmth or human contact.
- A flea can accelerate faster than a space shuttle.

Thought for the Day:

"Life is a great big canvas, and you should throw all the paint on it you can."

-- Danny Kaye

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"We didn't get many answers in our door-to-door poll, chief, but we got lots of candy."

KOVELS' ANTIQUES & COLLECTIBLES

By Terry and Kim Kovel



PHOTO CREDIT: Kovels.com
PHOTO CAPTION: Coca-Cola's famous advertisements have long promoted it as a drink fit for any occasion.

Vintage Advertising

Thanksgiving will be here soon, and while the best organizers among us may already have everything in place, most of us are probably still working through our shopping lists. Let's see ... turkey, seasonings for stuffing, ingredients for side dishes, pumpkin pie spices -- oh, and don't forget a six-pack of Coke!

Well, that last item might not be on the menu for most Thanksgiving dinners, although this c. 1950 advertising banner, which sold for \$150 at Woody Auction, shows it's not from the company's lack of trying.

Coca-Cola is a favorite brand among collectors of vintage advertising. Their holiday advertisements are especially beloved; their Christmas ads from the 1930s to 1960s by painter Haddon Sundblom are credited with creating the popular image of Santa Claus. Even if it doesn't make it to every holiday table, Coca-Cola has become an icon of everyday American life.

Q: My sister has a handwritten letter and handwritten envelope dated Dec. 10, 1997, from Harper Lee. Is this worth contacting an auction house?

A: We think so. Harper Lee was the author of "To Kill a Mockingbird," which won the Pulitzer Prize for Fiction in 1961 and is still considered one of the greatest American novels of the 20th century. Her signature sells well at auctions. Several examples have sold for high prices this year. An autographed bookplate sold for \$130. A typed excerpt from "To Kill a Mockingbird" with Lee's signature sold for \$530, and a first edition of the novel accompanied by a handwritten letter from the author sold for an impressive \$14,400. Look for auction houses that specialize in autographs, books or Americana. Get references before you sell anything. If you prefer to sell locally, you can look for antiquarian book dealers as well as antiques dealers. Some coin and stamp dealers also buy and sell autographs. The dealer usually sets the price. If you decide to send the letter and envelope to an out-of-town dealer or auction house, send it with tracking. You may want to get it insured as well.

CURRENT PRICES

Marble, clambroth, alternating blue and teal stripes, white ground, bubbles, handmade, 5/8 inches, \$50.

Paper doll, boy, five outfits, football uniform, tennis uniform, coat, farm clothes, cut, \$60.

Perfume bottle, Schiaparelli, Shocking, dress form shape, satin tape measure over shoulders, red "S" logo in center, ball shape stopper, factice, 15 1/2 inches, \$325. Silver plate, turkey server, dome lid, warmer base, pierced finial and handles, embossed flowers, wreaths and scrolls, four-footed, 14 1/2 x 26 x 17 inches, \$720. Clothing, wig, white, braided back, curled front, label, on stand, Anthony Boch, Phila., 1800s, stand 29 1/2 inches, \$1,195. Sampler, alphabet, verse, unfinished indoor scene, figures, border, silk on linen, Hannah Cox, In The 11 Year of Her Age, Marblehead, 1797, frame, 26 x 23 inches, \$2,375.

For more collecting news, tips and resources, visit www.Kovels.com

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1. MOVIES: Who was the only actor to receive an Oscar nomination for work in a "Star Wars" movie?
 2. GEOGRAPHY: What is a body of land with water on three sides called?
 3. U.S. PRESIDENTS: In 1960, which two candidates participated in the first televised presidential debate in 1960?
 4. FOOD & DRINK: What type of flower produces vanilla bean pods?
 5. MUSIC: What was the name of blues musician Stevie Ray Vaughn's first Fender Stratocaster?
 6. SCIENCE: What type of gas is absorbed by plants?
 7. LITERATURE: What is the name of the submarine in "Twenty Thousand Leagues Under the Seas"?
 8. TELEVISION: What is Clair Huxtable's profession in "The Cosby Show"?
 9. ANATOMY: What is a more common name for the sternum?
 10. ART: Which European city houses the Rijksmuseum?
- Answers*
1. Alec Guinness.
 2. A peninsula.
 3. John F. Kennedy and Richard Nixon.
 4. Orchid.
 5. Number One.
 6. Carbon dioxide.
 7. Nautilus.
 8. Lawyer.
 9. Breastbone.
 10. Amsterdam
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My snail entered a race, so I took off his shell to make him faster. But it backfired. It made him more sluggish.



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"I _____ every once in a while just to throw them off guard."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Shake		□	
MORTER			
Lavish			
SHLUP			
Labels			
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Injured			
MEAL			

TODAY'S WORD



Keep your pets safe this Halloween

DEAR PAW'S CORNER: Can you remind your readers that Halloween can present many dangers to pets? Thank you. -- Clara in Atlanta

DEAR CLARA: You're absolutely right! While it can be lots of fun to celebrate Halloween with your pet, owners need to protect them from risks that can endanger them during the fun.

If you're having a Halloween party, consider sending your pet to a friend or family member for the evening or give them a safe place to hang out while the guests are there -- like your bedroom or a back room. Make sure they have a comfy bed or blanket, water and toys.

You can bring a pet out to meet the party guests if they are well socialized and calm in group settings. Once your dog or cat (or rabbit or bird or iguana) has said hello to everyone, take them back to their safe room.

Costumes on pets are so much fun, but be sure that the costume isn't constrictive and that wearing it doesn't cause them anxiety. A few minutes at a time is recommended -- enough time to get some cute photos for your Instagram.

Keep all candies, cookies and sweet treats out of reach of your pets. Chocolate is especially dangerous for dogs. Likewise, if you have party snacks out, keep them up high. Avocado, onions and grapes are also dangerous foods for dogs and cats.

If you're trick-or-treating with your pet, keep them on a leash at all times. That includes cats! It's dark, the streets are unfamiliar and there are lots of strange characters walking around. Your pet can get scared and run off.

With advance preparation, you can have a safe, fun and happy Halloween!

Send your tips, comments or questions to ask@pawscorner.com.

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ARIES (March 21 to April 19) A once-harmonious relationship appears to be hitting some sour notes. Spend some time together to see why things have gone off-key. What you learn might surprise you.

TAURUS (April 20 to May 20) You feel a need to make some changes. Good! You can do it on a small scale (some new clothes, for example) or go big and redecorate your home and/or office.

GEMINI (May 21 to June 20) Control your tendency toward early boredom. A situation in your life might be taking a long time to develop, but patience pays off. Stay with it.

CANCER (June 21 to July 22) You might feel like you're on an emotional roller coaster this week. Don't fret; just ride it out and let things settle down. A Pisces shows understanding.

LEO (July 23 to August 22) Do something different for once: Compromise. A stubborn stand on an important issue proves counterproductive. You need to be open to new ideas.

VIRGO (August 23 to September 22) A friend offers advice that you perceive as an act of betrayal. But before you turn against the messenger, pay attention to the message itself.

LIBRA (September 23 to October 22) A year of riding an emotional pogo stick finally settles down. Use this calmer period to restore frayed relationships and pursue new opportunities.

SCORPIO (October 23 to November 21) Your words can sting, so be careful how you respond to a friend's actions. A calm approach could produce some surprising facts.

SAGITTARIUS (November 22 to December 21) Be careful about whose secrets you're being asked to keep. They could impose an unfair burden on a straight arrow like yourself.

CAPRICORN (December 22 to January 19) While you prefer taking the tried-and-true course in life, be adventurous this week and accept a challenge that can open up new vistas for you.

AQUARIUS (January 20 to February 18) Your strong sense of justice helps you deal with a job-related situation. Stay with your principles. A Sagittarius emerges as a supporter.

PISCES (February 19 to March 20) You need to build a stronger on-the-job support system to persuade doubting colleagues that your innovative proposals are workable.

BORN THIS WEEK: You might not say much, but you're capable of extraordinary achievements. You are a loyal friend and a devoted person to your family.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: X equals M

D MRHGLRM DM VBO VHCSZAJGY
VRZC XBSZYZDCZ PZTBXZ
OZTAZMBAU HJ OMBMZ. ORZ'O
BYPADLRM VDMR XZ!

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WORD LADDERS

Can you go from BLANK to BRIDE in 6 words?
Change one letter for each rung in the ladder.

BLANK

BRIDE

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Weekly SUDOKU

by Linda Thistle

3			2				5	
	9			1				7
		1			7	6		
		4			5	8		
	2			8	3			4
7			9					1
9					1		3	
		8		7				1
	6		4			9		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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HealthBits

By Dr. Holly Carling

MENOPAUSE: DREADED TIME OF LIFE

I occasionally run into women who believe that menopause is the dreaded time of life. They are convinced that they are stuck with the inevitable hot flashes, night sweats, irritability and emotional instability that comes to torture them later in life. Unbeknownst to many, you don't have to suffer! While it is quite common to have these symptoms, it doesn't mean you are supposed to. Women who go through this time without symptoms don't talk about it – there's nothing to talk about!

If you're sitting there now and the reality of these symptoms is all too real, lift your chin high – there's something you can do about it. Our body was given the resources to manage this change without abnormal symptoms. As the ovaries "retire" (either surgically or naturally) other systems are supposed to kick in to fill in the gap. If they are not, the question should be "why not?" Address that issue and we can now take hold of the symptoms.

While there is a natural decline in estrogen and progesterone, it doesn't mean taking them in a pill or cream form to bring it up to pre-menopause levels is the answer. Although you may feel better because the symptoms are reduced, it doesn't mean that the problem has been resolved. To illustrate this: If you had a 30

or 40 year old son living with you and you wanted him to go out to get a job and sustain himself, you wouldn't want to feed his dependence upon you.

Giving exogenous hormones (hormones not made inside your body) is like asking the kid to go out to get a job, then handing him \$100.00 as he's walking out the door. If you did that every day for a month, he'd be making \$3,000.00 for doing nothing! What incentive is there to work? When you give hormone replacement, you do just that – you induce laziness in the organ system.

There are a lot of options available to help you to get your organ systems working and producing hormones more naturally. There are herbs, nutrition dos and don'ts, acupuncture and supplements that can stimulate function. Although it is possible to simply go to a health food store and purchase some herbs to help, and get satisfactory results, it is better to see a health practitioner skilled in assessing the causes that lead to hormonal imbalance in you individually. If you are suffering, you need to know that there are other answers – you don't have to suffer. Acupuncture has been used for thousands of years to effectively eliminate a myriad of different health conditions, and hormonal imbalances are commonly treated today with impressive results.

Want to hear more from Dr. Carling? Check out our podcast. Search for VitalHealth4You on your favorite podcast listening app or go to vitalhealthcda.com/podcasts/



Dr. Holly Carling is a Doctor of Oriental Medicine, Licensed Acupuncturist, Doctor of Naturopathy, Clinical Nutritionist and Master Herbologist with over four decades of experience. Dr. Carling is a "Health Detective," she looks beyond your symptom picture and investigates WHY you are experiencing your symptoms in the first place. Dr. Carling is currently accepting new patients and offers natural health care services and whole food nutritional supplements in her Coeur d'Alene clinic. Visit Dr. Carling's website at www.vitalhealthcda.com to learn more about Dr. Carling, view a list of upcoming health classes and read other informative articles. Dr. Carling can be reached at 208-765-1994 and would be happy to answer any questions regarding this topic.

Medical/Health Disclaimer: The information provided in this article should not be construed as personal medical advice or instruction. No action should be taken based solely on the contents of this article. Readers should consult appropriate health professionals on any matter relating to their health and well-being. The information and opinions provided here are believed to be accurate and sound, based on the best judgment available to the author, but readers who fail to consult appropriate health authorities assume the risk of any injuries.

TIDBITS GOES LONG.....

In 2012, the Texas Department of Transportation, alarmed at the number of accidents, decided on a plan. They mounted reader boards that flashed the number of fatalities on Texas highways so far this year. Traffic slowed down while drivers craned their necks to read the text, increasing accidents by 4.5%.

SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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VETERANS ★ POST ★

By Freddy Groves

Pandemic fraud and scams

The Covid pandemic has been a pot of gold for thieves and scammers who want to exploit the critical needs of hospitals and doctors. As usual, however, the criminals aren't too bright.

There was the medical supply company that conspired to sell masks that were misbranded, trying to pass them off to hospitals as genuine National Institute of Occupational Safety and Health (NIOSH)-approved N95 masks. The thieves gathered up their fake masks from miscellaneous sources and shipped them off at inflated prices. When NIOSH tested the masks, the scam was discovered because the masks couldn't pass the filtration tests.

A whole alphabet of federal agencies, including the VA's Office of Inspector General, came together in this effort to investigate and prosecute the thieves. Between the price gouging, the fake masks and the interstate commerce, the authorities had a good case for pandemic-related defrauding and conspiracy.

When the case goes to court, selling misbranded medical equipment alone could net the thieves a fine of a half a million dollars. Adding in the interstate commerce and price gouging could tack on additional fines and years in prison.

Then there was the guy who tried to sell millions of dollars of personal protective equipment to the VA. The scam was pretending the company was an authorized distributor of the PPE. They even generated a fake website and email address. The goods that were sent out were non-conforming and the masks were counterfeit.

Another guy stole gloves and PPE and sold them for a cool million dollars. Another scammer stole the relief funds he received, diverting \$180,000 of it for his own use.

In one scam, however, it almost wasn't worth the thief's time: A woman was given two paycheck protection loans for two businesses she owned -- except she didn't own a business. All she got out of the scam was \$41,000.

When are they going to learn? The thieves eventually get caught, and we have the VA OIG and other alphabet agencies to thank for it.

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MINI SUDOKU

				2	5
2					4
	4		5		
4	6		3		2
3					

Place a number in the empty boxes in such a way that each row across, each column down and each small 6-box square contains all of the numbers from one to six.

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Micro Crossword

By Elizabeth C. Gorski

Across

- 1 Birthday slice
- 5 George Cukor's "Love _____ the Ruins"
- 7 Classic Mazda
- 8 Archipelago units
- 9 Cheese variety

Down

- 1 Lingerie items, briefly
- 2 Sect in "Witness"
- 3 Arboreal marsupial
- 4 Join a competition
- 6 React in horror

1	2	3	4	
5				6
7				
8				
9				

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TIDBITS presents TRIVIA NEWSFRONT

1. In 2012, how long was the Anchorage, Alaska, airport shut down after NCAA referee Peter Friesema joked about having a bomb in his suitcase while boarding his flight?
2. In 1973, "Tonight Show" host Johnny Carson joked about a (non-existent) shortage of this item, causing a run on stores that resulted in a (real-life) shortage.
3. This vacuum company nearly went bankrupt after offering a free plane ticket with a purchase of every vacuum.
4. The Florida government precipitated a huge environmental disaster by throwing millions of these into the ocean, hoping to form artificial coral reefs.
5. In 1921, this Minnesota city caused a huge housing shortage by passing laws forbidding landlords from raising the rent.

TIDBITS WORD POWER

Unscramble this word:

ARTDINESS

This singer's efforts to remove photos of her mansion from the internet backfired spectacularly.

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 26' x 30' x 10' w/10' x 30' Lean-To	 30' x 50' x 12' * with 12' x 50' Lean-to	 40' x 60' x 16' with a 14' x 60' Lean-to
 30' x 40' x 14' - 2 - Rollups with 30' x 12' Front Car Port	 40' x 50' x 16' Barn Style	 36' x 40' x 14' * One Large Roll Up with 2 - 12' x 40' Lean-to's
 Cabin - 14' x 30' x 8' with 4' Porch - 2-Sleep Lofts, Bath Room, Kitchen, Living Room		 40' x 40' x 16' * w/2 - 14' x 40' Lean-to's 1 - insulated 18' x 14' Metal Backed Roll Up Door

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By Ryan A. Berenz

1. What is the nickname of the Australian women's national basketball team?
2. Name the cable TV channel that launched on December 31, 1995, and was dedicated primarily to auto racing and other motorsports.
3. What golfer, at age 59, lost a four-hole playoff to Stewart Cink and finished second at the 2009 Open Championship?
4. Brothers Matt and Tim Hasselbeck both played quarterback for what college team?
5. Before it became the Michael Jordan Trophy in 2022, the award for the NBA's Most Valuable Player was named after what sports administrator?
6. Austria's Gudrun Pfluger, four-time winner of the women's World Mountain Running Championships from 1992-96, dedicated her post-athletic career to the study and conservation of what animals?
7. What St. Louis Cardinals third baseman hit two grand slam home runs in one inning in an April 1999 game? (Hint: His son debuted with the San Diego Padres in 2019.)

Answers

1. The Opals.
 2. Speedvision (rebranded as Speed Channel in 2002).
 3. Tom Watson.
 4. The Boston College Eagles.
 5. Maurice Podoloff.
 6. Wolves.
 7. Fernando Tatis Sr.
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FEAR KNIGHT

By: rj johnson

DOUBT? ...OR DARE!

OWV

BORSIA

♥ HERCO

PEWT

♥ WRESOC

PLO

♥ VEAR

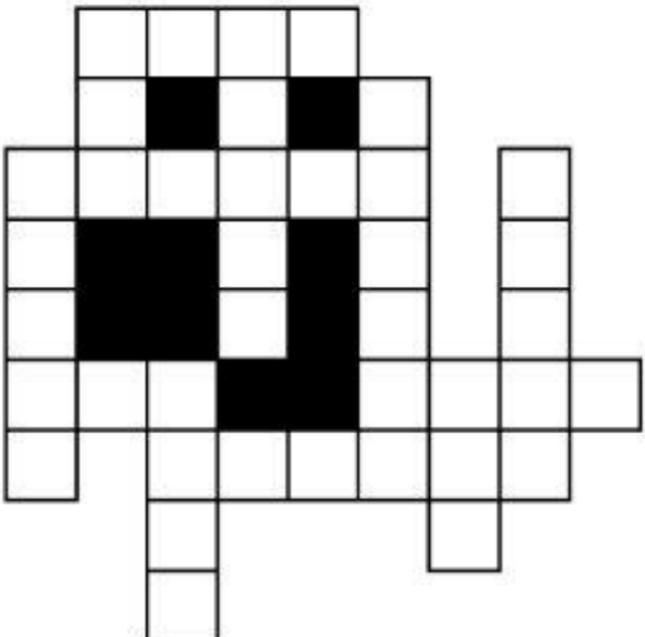
♥ RVEES

♥ RWA

ASPREO

♥ RWCES

♥ ELVA

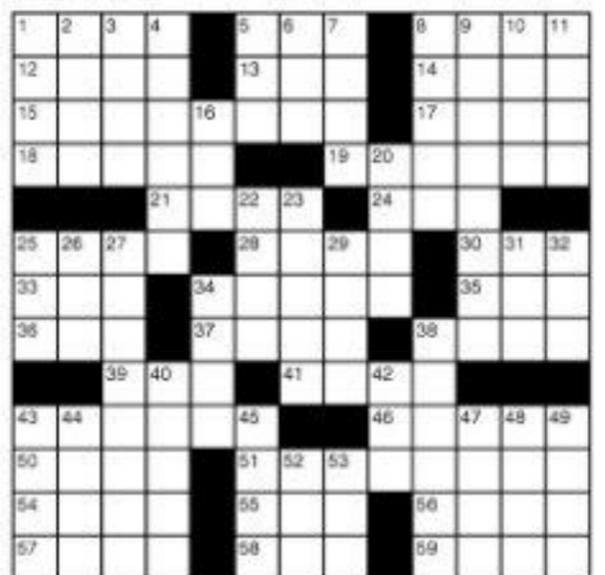




Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

King Crossword

<p>ACROSS</p> <p>1 Fringe benefit</p> <p>5 "Humbug!"</p> <p>8 Rocky outcrop</p> <p>12 Jai --</p> <p>13 Swelled head</p> <p>14 Valentine border</p> <p>15 Cooking area</p> <p>17 Gray's subj.</p> <p>18 Wedding setting</p> <p>19 Riyadh residents</p> <p>21 Pride parade letters</p> <p>24 GI entertainers</p> <p>25 Ganges wrap</p> <p>28 Incursion</p> <p>30 "Tasty!"</p> <p>33 Actress Thurman</p> <p>34 Orchestral strings</p> <p>35 Director Ang</p> <p>36 Prohibit</p> <p>37 Gas co., for one</p> <p>38 Printer's blue</p> <p>39 Corn core</p>	<p>41 Cruising</p> <p>43 Drag</p> <p>46 New York's -- Island</p> <p>50 Pundit's piece</p> <p>51 Causing annoyance</p> <p>54 Stallion's mate</p> <p>55 Flightless bird</p> <p>56 Revise</p> <p>57 Org.</p> <p>58 Trench</p> <p>59 Pixels</p> <p>DOWN</p> <p>1 Brazilian rubber</p> <p>2 Mideast airline</p> <p>3 Harangue</p> <p>4 Capital of Rwanda</p> <p>5 Wager</p> <p>6 Past</p> <p>7 Beer ingredient</p> <p>8 Santa --</p> <p>9 Not by design</p> <p>10 "Superfood"</p> <p>11 Understands</p> <p>16 Work unit</p>	<p>20 German car name</p> <p>22 Author Harle</p> <p>23 Shire of "Rocky"</p> <p>25 Long lunch?</p> <p>26 Docs' org.</p> <p>27 Cattle farm workers</p> <p>29 Misfortunes</p> <p>31 -- culpa</p> <p>32 Gents</p> <p>34 Rubik's brain-teaser</p> <p>38 Phoned</p> <p>40 From days of yore</p> <p>42 "A mouse!"</p> <p>43 "Brave New World" drug</p> <p>44 IRS employees</p> <p>45 Get ready, briefly</p> <p>47 Chic beach resort</p> <p>48 Monogram pt.</p> <p>49 Pvt.'s superiors</p> <p>52 Parisian pal</p> <p>53 Fanatic</p>
---	---	---



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"Joker: Folie a Deux" (R) -- The box-office bomb that is the sequel to Todd Phillips' smash hit "Joker" will be available to rent on Oct. 29. How can such a successful start result in such a tragic finish? With Lady Gaga ("A Star Is Born") as Harleen "Lee" Quinzel opposite Joaquin Phoenix's Arthur Fleck, it seemed like the pair would be a match made in hell! And although some fans were turned off about the sequel being a musical, surely with Gaga's pipes and Joker's imagination, it would be quite an entertaining love story! But, unfortunately, the film didn't come together well in the end, with the music failing to move the story forward and Gaga's talent being severely underused. (Apple TV+)

"Wizards Beyond Waverly Place" (TV-PG) -- A spin-off series to "Wizards of Waverly Place" (2007-2012) was announced earlier this year, and its first two episodes are hitting streaming on Oct. 29! From the same creators of another Disney Channel spin-off "Raven's Home," this series follows the oldest Russo, Justin (David Henrie), who lives a normal life with his wife and kids after retiring from teaching wizards. But when his sister, Alex (Selena Gomez), sends him a powerful young wizard named Billie to teach, Justin must go back to his warlock ways

to teach the rebellious girl how to wield her power the right way. Janice LeAnn Brown ("Euphoria") plays Billie, while Maria Canals-Barrera, David DeLuise and Jake T. Austin guest star in their respective roles from the original series. (Disney+)

"Chris Brown: A History of Violence" (TV-MA) -- Hailing from the Investigation Discovery (ID) network that brought us "Quiet on Set," this documentary film zeroes in on R&B singer Chris Brown and the heap of legal issues that always seem to trail behind him. One of Brown's biggest legal issues that caused him to be shunned in the first place was his domestic violence case against fellow singer Rihanna back in 2009. Although he's since wriggled his way back into the public's graces, Brown has faced assault charges, sexual assault charges, restraining orders from ex-girlfriends, and allegations of being involved in a hit-and-run. The doc tracks much of his issues back to his childhood and even spotlights a new accuser with more allegations against Brown. Out now. (Max)

In Case You Missed It

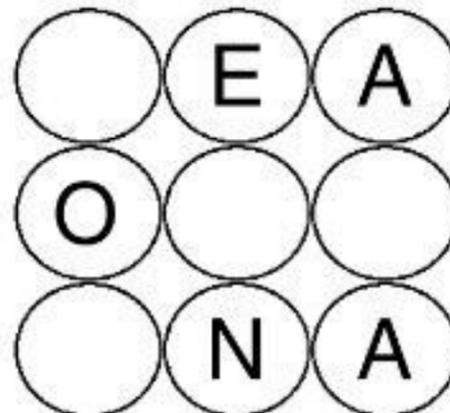
"They/Them" (R) --



Photo Credit: Courtesy of MovieStillsDB
Photo Caption: Kevin Bacon, left, and Darwin

Del Fabro star in "They/Them." This 2022 slasher film (pronounced "they slash them") from Blumhouse is a riot, but not exactly in a good way. The movie follows a group of LGBTQ teens who arrive at Whistler Camp, a conversion camp run by the weirdly cheery Owen Whistler (Kevin Bacon). Owen labels the camp as a safe space where teens won't be "forcibly converted," but as the days go on, the activities get more sadistic, like forcing the kids to stay out in the woods alone and making them shoot animals. Meanwhile, a masked killer lurks closer and closer to the camp, plucking people off one by one. While the film's intentions seem to be in the right place, there are too many storylines happening without enough time to flesh them out and make any of it believable. Out now, but watch at your own risk! (Peacock)
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WORD SPIRAL



Fill in the missing letters to reveal the nine-letter word that starts at one of the four corners and moves clockwise around the perimeter before ending in the center.
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TIDBITS QUOTE

"If you make a mistake, admit it. Any attempt at cover-up will ultimately backfire."

-Irvin D. Yalom

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R P R E M N G N L J I R R H F
D B E Z M E C Y L X R E E V T
R Q S O L O R A C M E R D K I
H F E P L U R I B U S U N U M
D B R N S E L I C Z Y S E W V
T R V A D B Q O A A N A T E L
K I E E U H F A L L D E B T S
D R F P C A E T A V I R P O Z
T X W S E T A T S D E T I N U

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: 16TH PRESIDENT

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Super Crossword

WHY A JAY?

- ACROSS**
- 1 Conga cousin
 - 6 "Ho-hum" feeling
 - 13 Old Toyota coupes
 - 20 "Tosca" tunes, e.g.
 - 21 Dodgy
 - 22 Hat with the brim turned up on three sides
 - 23 The choosing of cosmonaut Gagarin?
 - 25 Its capital is Tallinn
 - 26 Border of Utah and Idaho, e.g.
 - 27 Primo pitcher
 - 29 Of higher rank
 - 30 Cooks in fat
 - 31 Sign that an egg may have gone bad?
 - 35 Listed from memory
 - 38 Felt sorry for
 - 39 King-size tub
 - 40 Santa — (hot desert winds)
 - 41 Distributed, with "out"
 - 42 Pamper
 - 46 That guy over there with the famous signature?
 - 50 Indian dress
 - 51 Round figure
 - 52 High trains
 - 53 Real stunner
 - 54 Writer known for twist endings
 - 57 Chimney duct
 - 58 Possible result of a computer crash
 - 60 Key with no sharps or flats
 - 61 Side street
 - 62 Given "four years at a New Haven university" as punishment for a crime?
 - 65 Painter Max
 - 68 Frigid epoch
 - 69 University near Fort Worth
 - 73 Water, in Cuba
 - 74 "Ars — artis" (MGM motto)
 - 75 "I'll do it," in radiospeak
 - 76 '16 Olympics city
 - 77 Major conflict
 - 78 Dirt in a
 - 57-Across
 - 79 Lemon-hued growth on old bread?
 - 81 Suspend, as a meeting
 - 83 Certain British noble's domain
 - 86 Kind of sword
 - 87 "Notorious" Supreme Court inits.
 - 88 Vintage Ford
 - 89 People using swearwords
 - 92 A typical casual greeting?
 - 96 Bagel centers
 - 97 Lena of song
 - 98 Angry feeling
 - 99 Food-packing plants
 - 103 "Tail cone," for "Lance Ito"
 - 105 Shaggy ox that's a baseball mascot?
 - 109 Floral decoration
 - 110 Satan, with "the"
 - 111 Philosopher Kierkegaard
 - 112 Printing machines
 - 113 Loathes
 - 114 Telling signs
 - 36 — Gay (WWII plane)
 - 37 Have the capacity to, to Shakespeare
 - 38 Treaty
 - 41 Indoor tabby
 - 42 Tote bag
 - 43 See 93-Down
 - 44 Correct
 - 45 Comply with
 - 47 More skilled
 - 48 Gas in lights
 - 49 Strong alloy
 - 50 In a snobbish way
 - 54 Psi follower
 - 55 Camouflage
 - 56 Doc treating apnea
 - 57 Hightail it away
 - 59 Perplexed
 - 60 Certain palm berry
 - 61 Give the OK
 - 63 Take-home
 - 64 Former BP gas brand
 - 65 H2O, to a tot
 - 66 "Yipes!"
 - 67 — Khalifa (Dubai skyscraper)
 - 70 Overused theme
 - 71 OPEC ship
 - 72 Center points
 - 74 Big ravine
 - 75 Traveled
 - 78 Undermines the power of
 - 79 "Seize the day" acronym
 - 80 Ship dining place
 - 82 "Navel" fruits
 - 83 Just missed parring
 - 84 Suffix with fruit names
 - 85 California's Marina del —
 - 88 Do injury to
 - 89 Rabbits
 - 90 Elbow-to-wrist bone
 - 91 Appear to be the case
 - 92 Twyla of choreography
 - 93 With 43-Down, list of superb students
 - 94 Expunge
 - 95 Singer LeAnn
 - 96 "In case you — noticed ..."
 - 99 Corp. money honchos
 - 100 As to
 - 101 Idyllic garden
 - 102 IRS form IDs
 - 104 Enjoyed food
 - 106 St. crosser
 - 107 First-aid —
 - 108 Bullring cry

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Moments in time
 THE HISTORY CHANNEL

- On Nov. 11, 1831, Nat Turner, an American slave and educated minister who believed that he'd been chosen by God to lead his people into freedom, was hanged in Jerusalem, Virginia, for leading a revolt with 75 followers through Southampton County, killing about 60 white people.
- On Nov. 12, 1969, investigative journalist Seymour Hersh revealed the extent of the U.S. Army's charges against 1st Lt. William L. Calley at My Lai, Vietnam, in a cable picked up by more than 30 newspapers, saying that "The Army says he [Calley] deliberately murdered at least 109 Vietnamese civilians during a search-and-destroy mission in March 1968, in a Viet Cong stronghold known as 'Pinkville.'"
- On Nov. 13, 1979, Philadelphia 76ers center Darryl Dawkins leaped over Kansas City Kings forward Bill Robinzine for a memorable slam dunk that shattered the fiberglass backboard. His equally memorable comment on the move, which was not his last and the sound of which spectators likened to a bomb going off: "It wasn't really a safe thing to do, but it was a Darryl Dawkins thing to do."
- On Nov. 14, 1882, outlaw Frank "Buckskin" Leslie shot and killed Billy "The Kid" Claiborne, who had publicly challenged him, in Tombstone, Arizona.
- On Nov. 15, 1984, Baby Fae, a month old infant who received the world's first baboon heart transplant, died at California's Loma Linda University 20 days after the operation. Three other people had received animal heart transplants, but none survived longer than a few days.
- On Nov. 16, 2001, British author J.K. Rowling's most famous and beloved creation, the bespectacled boy wizard Harry Potter (played by Daniel Radcliffe in his first major role), made his silver-screen debut in "Harry Potter and the Sorcerer's Stone," which went on to become one of the highest-grossing movies in history.
- On Nov. 17, 1903, the Russian Social Democratic Labour Party split into two factions: the majority Bolsheviks and minority Mensheviks. The Bolsheviks went on to become the Communist Party of the Soviet Union.

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SENIOR NEWS LINE

By Matilda Charles

Beware: listeria and salmonella

The saga of listeria in sliced deli lunch meat continues, month after month. The list of affected items gets longer and longer as there is now an additional company subject to recalls due to listeria.

To stay current on the lunch meat recalls, go to [CDC.gov](https://www.cdc.gov) and search for "lunch meat listeria recall." That will give you several articles with information you need.

As if that's not enough, to be safe, do we need to change the way we prepare eggs? The Food and Drug Administration has now labeled the ongoing egg recall as a class 1, which means it's "reasonable" to assume that the eggs can cause serious health consequences or death.

To be safe from salmonella, they say, gone are poached and sunny side up eggs. Instead, to kill any possible salmonella, we need to scramble or hard boil our eggs and cook them thoroughly, with both the yolk and the egg firm.

To learn more, go to the FDA website ([fda.gov](https://www.fda.gov)) and search for "egg safety salmonella."

The latest food recalls cover a wide variety of products. There's dip that's being recalled because it potentially has mold contamination. And lactose-free milk that has tree nuts. There's dog food recalled for salmonella and listeria. And whole cantaloupes with salmonella.

But it's not all food. There's the drug remdesivir that has glass particles in it. And the dietary supplement tainted with dexamethasone (a corticosteroid) and chlorpheniramine (an antihistamine). And the baby powder with metal or chemicals in it.

On [recalls.gov](https://www.recalls.gov) -- a site that covers recalls from the FDA, U.S. Consumer Product Safety Commission and [FoodSafety.gov](https://www.foodsafety.gov) -- there are recalls for consumer products, boats, medicine, cosmetics, food and more. At this writing, there are recalls of bicycle helmets, bathroom mirrors, yard tractors, playpens and so much more.

If there are certain products that concern you, sign up for email notifications on [Recalls.gov](https://www.recalls.gov).

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I'M EXHAUSTED FROM CARING FOR MY MOM!

Caring for aging parents at home is an act of love and devotion, but it can also be emotionally and physically draining, leading to what's known as caregiver burnout. For many adult children, the responsibility of providing daily care, while balancing work, family, and personal needs, can quickly become overwhelming. This burnout doesn't happen all at once—it creeps in slowly, often unnoticed until it takes a toll on both the caregiver and the person receiving care.

Emotional and Physical Exhaustion

Caregiver burnout can leave adult children feeling emotionally drained and physically exhausted. The constant worry about their parents' health, coupled with sleepless nights and endless to-do lists, can lead to chronic stress. Many caregivers feel guilty if they take time for themselves, often ignoring their own needs. Over time, this neglect can result in fatigue, anxiety, and even depression. It's important to remember that self-care is not selfish—it's essential.

Strain on Relationships

As the demands of caregiving grow, relationships with spouses, children, and friends can suffer. Adult children may feel isolated from their social circles, as their focus becomes entirely on caregiving. Marriages may feel strained, and the simple joy of spending

quality time with family can be replaced by the constant pressure of caregiving tasks.

The Impact on Care Quality

Burnout can also affect the quality of care being provided. When caregivers are stretched too thin, they may become irritable, less patient, or more prone to making mistakes. It's difficult to provide the best care when you're running on empty.

The Importance of Asking for Help

It's crucial for caregivers to recognize the signs of burnout and seek support. Taking time for self-care allows caregivers to recharge and continue providing the love and attention their parents need—without sacrificing their own well-being. How do you find time, you ask? Whether it's simply asking family members for help sharing the load, or looking into assisted living which can provide full time care round the clock, it can make a world of difference on both of your well-being. When you are rested and refreshed, you will be more emotionally available for your loved one.

At the heart of caregiving is love, but it's essential to remember that love includes caring for yourself too! Call me today for a free consultation in navigating assisted living and memory care options.



Becky Georgius
Sales and Marketing Director
The Lodge Assisted Living and Memory Care Communities
208-457-3403

GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	-		+		= 7			
+		+		-				
	+		÷		= 5			
÷		÷		+				
	+		×		= 27			
=		=		=				
12		6		12				
1	2	3	4	5	6	7	8	9

DIFFICULTY: ★★
 ★ Moderate ★★ Difficult
 ★★★ GO FIGURE!

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Wishing Well®

3	4	5	4	6	4	2	8	7	8	2	3	7
C	H	A	A	Y	S	N	F	R	O	O	O	I
2	6	3	5	6	4	2	7	6	3	8	4	5
T	O	N	S	U	T	E	F	C	S	R	E	H
3	2	4	2	7	2	5	7	6	8	5	2	3
I	M	N	P	T	T	O	R	O	G	R	A	D
4	8	3	7	2	8	6	7	3	6	7	4	6
D	E	E	T	A	P	P	R	E	A	E	B	
4	6	3	5	3	6	7	4	2	5	6	4	6
C	E	C	H	T	I	I	I	J	T	S	E	
5	4	7	6	5	8	5	4	7	8	5	7	8
O	I	R	R	U	H	R	O	E	E	N	D	A
3	5	8	4	3	2	3	5	2	4	3	2	3
O	E	D	N	I	O	C	Y	N	S	E	S	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Enthusiasm	___ D ___	Day for tree planting	___ B ___
2. Complete travesty	___ A ___	Air ___ One	___ O ___
3. Where walls meet	___ ___ R	Trumpet kin	___ ___ T
4. Beauty's suitor	___ E ___	TNT explosion	___ L ___
5. Billfold	W ___	Pavlova's dance	B ___
6. Mommy's partner	___ D ___	Groovy	___ N ___
7. More solidified	___ I ___	Agriculturalist	___ A ___
8. Maritime	___ ___ A	Belly-button	___ ___ E
9. Ship's load	C ___	No. Dakota's largest	F ___
10. Rainforest	___ N ___	Multi task	___ G ___

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<p>Grocery Outlet - CDA 9 AM-Noon, Monday & Wednesdays 1-5 PM Fridays</p>	<p>Walmart - Hayden 9AM-1PM Wednesday & Fridays, 9-5PM Thursdays 9AM-1PM, Specific Tuesdays and Saturdays</p>

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By Mick Harper

1. Which artist released an album titled "Tea for the Tillerman"?
2. Which artist was the first to release "You're No Good"?
3. The Swinging Blue Jeans only charted once. What was the song?
4. Which trio released "I'm So Glad That I'm a Woman"?
5. Name the song that contains this lyric: "Strolling along country roads with my baby, It starts to rain, it begins to pour."

Answers

1. Cat Stevens, in 1970. Stevens, born Steven Demetre Georgiou, changing his name to Yusuf Islam in 1978. In 2006 he began using only Yusuf, and in 2014 began performing as Yusuf / Cat Stevens.
2. Dee Dee Warwick, in 1963. This was followed by several other artists, including Betty Everett and Linda Ronstadt.
3. "Don't Make Me Over," in 1966. The song was first released in 1962 by Dionne Warwick. It was her version that put the song in the Grammy Hall of Fame.
4. Love Unlimited on their "Love Is Back" album in 1979. Love Unlimited was the backup group for Barry White.
5. "Laughter in the Rain," by Neil Sedaka, in 1974. The song charted in several places around the globe, including the Netherlands, the U.K., Yugoslavia, Canada, the U.S. and Australia.

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1. Smile 2 (R) Naomi Scott, Rosemarie DeWitt
 2. The Wild Robot (PG) Lupita Nyong'o, Pedro Pascal
 3. Terrifier 3 (NR) Lauren LaVera, David Howard Thornton
 4. Beetlejuice Beetlejuice (PG-13) Michael Keaton, Winona Ryder
 5. We Live in Time (R) Andrew Garfield, Florence Pugh
 6. Joker: Folie à Deux (R) Joaquin Phoenix, Lady Gaga
 7. Piece by Piece (PG) Pharrell Williams, Morgan Neville
 8. Transformers One (PG) Chris Hemsworth, Brian Tyree Henry
 9. Saturday Night (R) Gabriel LaBelle, Rachel Sennott
 10. The Nightmare Before Christmas (PG) Danny Elfman, Chris Sarandon
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Amber Waves



CryptoQuote

AXYDLBAAXR
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

TJ TU MVJ VMFB NVH QGZJ
QR IV JGZJ QR ZHR GRFI
HRUAVMUTLFR, LDJ ZFUV
NVH QGZJ QR IV MVJ IV.
- OVFTRHR

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