

THOU

SHALL LEARN & SHALL KNOW
THE HISTORY OF US



THOU WELCOME PACKET

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Welcome Letter from Kenneth Young

Brothers,

You were not chosen by accident. **Each of you represents a moment in my timeline, a marker of how I, Kenneth Young, have survived, grown,** and refused to break. You are not just men I respect—you are men who, in some way, have shaped me. And now, we stand together, not just as individuals, but as a movement.

We are here because we refuse to let history disappear. We are here because we refuse to let distractions keep us blind to what is happening to our people.

Economists predict that by 2050, the average Black household income will be \$0. Zero. Nothing. That is not just a statistic—that is an erasure. Not just of our wealth, but of our history, our legacy, and everything that came before us. And as we watch books being pulled from shelves, stories being deleted from curriculums, and AI being trained without our voices, we must ask ourselves:

Who will tell our stories if we do not?

I refuse to let this happen. **We refuse to let this happen.** And that is why we are here.

Each of you answered the call. That means you are already different. You are already leaders. **You are lions.** And now, you will do what lions do—you will hunt, you will build, and you will protect.

This is not a hobby. This is not a side project. **This is war for our future, and we will fight it by preserving our past.** We will sit with our elders, extract their wisdom, and ensure that their names, faces, and voices live forever. We will recruit other men to join us, because this is not a one-man mission. **This is generational work.**

And this is just the beginning.



Every **Thursday at 7:30 PM**, we will **go live on TikTok**, creating a space where history is taught, shared, and reclaimed in real time. But we will not stop there. **The vision is bigger.** These lessons, these stories, and these voices will not only be heard on social media—they will be archived, packaged, and elevated. We will take these narratives and bring them to **TUBI, ROKU, and beyond**—turning this movement into something that lives in **homes, in libraries, in schools, and in the minds of generations to come.**

We are not just recording history—we are creating something undeniable. We will tell our stories the way they were meant to be told, and in time, we will take this journey to the highest stage. A short documentary. Film festivals. The Oscars. The world will not be able to ignore the power of THOU, because we will not allow history to be erased without a fight.

Not everyone will understand what we are doing. Some will mock us. Some will doubt us. Some will say, *"Why bother?"* But we will not stop to answer them. Because we know the answer:

It is time. And we are the ones to do it.

Gentlemen, welcome to **THOU**. **Now, let's go make history.**

Kenneth Young

Founder, **THOU**



What is THOU?

THOU—The History Of Us—is more than a movement; it is a mission to reclaim, preserve, and pass down our history in our own voices. Our goal is simple yet urgent: **to document and share the untold stories of our people before they are lost forever.**

For generations, history has been filtered, rewritten, or erased. **School curriculums are being changed, books are being removed, and digital archives lack the depth of our true experience.** But we refuse to let that happen. THOU exists because **we are taking responsibility for ensuring that our history is not just remembered, but recorded and taught the right way.**

We do this by:

- ✓ **Conducting interviews with elders** to preserve firsthand accounts of history.
- ✓ **Going live every Thursday at 7:30 PM on TikTok** to engage and educate in real time.
- ✓ **Building a digital archive** on YouTube, where these stories will live forever.
- ✓ **Expanding our reach**—with plans to bring these lessons to **TUBI, ROKU, and film festivals on the road to an Oscar-worthy documentary.**

The Power of Your Role

You were chosen for a reason

You are not just a participant in THOU; **you are a builder of history.** You were called because you are a leader, a storyteller, and a man who understands the weight of responsibility. **You are a lion, standing at the front of a movement that will change how our history is preserved.**



That means **our stories will be erased unless we do something about it.**

Your role is to:

- ✓ **Conduct interviews** with elders to capture and protect their wisdom.
- ✓ **Spread the message** by recruiting other men to join the movement.
- ✓ **Engage in THOU's digital strategy**—helping grow our impact on TikTok, YouTube, and beyond.
- ✓ **Be a guardian of history**, ensuring that our legacy is told the way it was lived.

You are here because you answered the call. Now, let's make history together.





THOU Interview Guide

One of the most powerful ways we can reclaim and preserve our history is by capturing the stories of those who lived it. **Every elder we lose is a book of wisdom that disappears forever—unless we document it now.** This section provides everything you need to **conduct impactful interviews**, ensuring that our history is recorded, shared, and passed down for generations.

How to Conduct an Elder Interview with Empathy

Approaching these interviews with **respect, patience, and deep listening** is essential. We are not just collecting stories—we are **honoring lived experiences** and ensuring that these voices are heard. Follow these key principles when conducting an interview:

1. Set the Right Environment

- ✓ **Choose a Quiet Location** – Minimize background noise to keep the elder comfortable and the recording clear.
- ✓ **Make Them Feel Valued** – Start by thanking them and explaining why their story is important.
- ✓ **Let Them Set the Pace** – Allow for pauses, reflection, and emotions without rushing them.



2. Use Gentle & Open-Ended Questions

- ✓ Instead of "Did you experience racism?", ask "Can you tell me about a time when you faced challenges because of who you are?"
- ✓ Instead of "What year did this happen?", ask "How old were you, and what was happening in your life at the time?"
- ✓ Encourage storytelling—let them take the conversation where they feel led.

3. Show Respect & Adapt

- ✓ If they become emotional— pause and reassure them.
- ✓ If they hesitate on a topic— don't push—move to a lighter subject.
- ✓ Always end on a positive note—ask about their greatest lessons or joys in life.

Official THOU Interview Script

This **question guide** is designed to help you lead meaningful conversations. **You don't have to ask every question in order—let the conversation flow naturally.**

Section 1: Introduction

- Can you tell me about yourself? (Name, age, Birthplace)
- When and where were you born?
- What was it like growing up in _____?



Section 2: Early Life & Community

- What was your childhood home like?
- Who were the most influential people in your life, and why?
- What traditions or customs were important in your family?

Section 3: Education & Career

- What was school like for you growing up?
- Did you have a mentor or teacher who shaped your path?
- What career path did you choose, and what led you there?
- What were some of your proudest moments?
- If you could change anything from the past what would it be?

Section 4: History & Life Lessons

- What major historical events do you remember experiencing firsthand?
- Were you or your family ever personally affected by civil rights movements, segregation laws, or activism?
- What challenges did you face, and how did you overcome them?
- What message would you like to pass down to younger generations?

Section 5: Reflection & Legacy

- What does community mean to you?
- If you could give one piece of advice to today's youth, what would it be?
- Is there a story you were told as a child that you think should be passed down?
- In your experience, how has the world **changed the most** in your lifetime—for better or worse?
- What advice would you give yourself at 15 or 25 years old?
- In closing, What would you like the world to know about Mr, or Mrs, or Miss?



Recording & Uploading Guide

To ensure these stories live on, follow these steps for high-quality documentation.

1. Recording Best Practices

- ✓ Use a Smartphone or Camera – Make sure it's **fully charged** and set up for a steady shot.
- ✓ Position the Elder Comfortably – Frame their face well, ensuring good lighting.
- ✓ Use a Microphone if Possible – Clear audio is just as important as clear video.
- ✓ Record in Landscape Mode – This looks better for YouTube and streaming platforms.

2. Sending Interviews to THOU for Upload

After recording the interview, the next step is to ensure it is **properly uploaded and archived on the official THOU YouTube channel**.

- ✓ **Rename the File Clearly** – Use the elder's full name and a key detail (e.g., "*James_Harris_1940sAlabama.mp4*").
- ✓ **Write a Short Description** – Include key topics discussed and any historical references.
- ✓ Submit the Video to THOU – Use the official submission form (link will be provided) or send directly to **[THOU's designated upload email or drive]**.
- ✓ **THOU Will Review & Upload** – Once approved, the video will be made public and added to THOU's digital archive.



Next Steps: Your First Interview Assignment

- ♦ **Find an Elder to Interview** – This could be a family member, a community leader, or a respected elder in your area.
 - ♦ **Schedule the Interview** – Set up a time and location where they'll feel comfortable.
 - ♦ **Follow the Guidelines & Record the Story** – Use the script as a guide, but allow for natural storytelling.
 - ♦ **Submit the Video to THOU** – Ensure it is properly labeled and sent for upload.
-

Final Thought

Every interview you conduct **adds another page to history that would otherwise be lost.** You are not just asking questions—you are preserving voices, honoring experiences, and ensuring that our legacy lives on.

Let's make history together.



Recruitment & Growth Strategy

THOU is a movement that grows through **action**. The goal is not just to participate but to expand—bringing more fathers, leaders, and storytellers into the fold. To **preserve our history**, we must ensure that more men are actively engaged in capturing stories and educating future generations.

This section provides you with the **tools and strategies** to recruit, spread awareness, and build THOU into a **legacy that lasts beyond us**.

How to Recruit

Every man in THOU carries the **responsibility to expand the movement**. We need more voices, more wisdom, and more men willing to document our history. Here's how you can **recruit effectively**:

- ✓ **Lead by Example** – Conduct your first interview and share the experience.
- ✓ **Use Personal Invitations** – Approach fathers, mentors, and community leaders directly.
- ✓ **Explain the Mission Clearly** – Share why THOU exists and how it impacts future generations.
- ✓ **Offer a Role** – Let them know their voice is needed to document history and expand the movement.
- ✓ **Utilize THOU Resources** – Provide recruitment materials such as flyers, videos, and social media posts.

The goal is not **just to invite men**, but to **call them to action**—to sit down, listen, document, and preserve the legacy that could otherwise be lost.



The 1,000,000 Man Stream Initiative

We are building something historic—a **movement where one million men** stand together in unity, sharing knowledge, preserving history, and ensuring our stories live on. **The 1,000,000 Man Stream** is a **call to action**, leveraging social media to bring more voices into the conversation.

How You Can Help Build the Movement

- ✓ **Go Live Every Thursday** – Join THOU’s TikTok live sessions at **7:30 PM CST**.
- ✓ **Engage & Interact** – Share stories, ask questions, and invite others to join.
- ✓ **Encourage Viewers to Take Action** – Challenge them to **record an elder’s story**.
- ✓ **Spread the Message** – Use the hashtag **#1000000ManStream** and share THOU’s content.
- ✓ **Track Our Growth** – Celebrate milestones as we move toward **one million men in unity**.

This initiative is more than just a social media campaign—it is **a digital revolution** ensuring that our stories are archived and never erased.

Social Media Toolkit

In today’s world, **digital presence is power**. To spread THOU’s message, we need to be **visible** where people are already looking—**on social media**.



Essential Strategies to Help You Share & Grow the Movement Online

- ✓ **Share Your THOU Experience** – Post about your interviews and why this work matters.
- ✓ **Use THOU Hashtags** – Include **#THOU**, **#1000000ManStream**, and **#ReclaimHistory** in your posts.
- ✓ **Invite Others to Follow** – Encourage friends and family to **follow THOU on TikTok & YouTube**.
- ✓ **Post Snippets of Interviews** – Share short clips from your **elder interviews** to engage more viewers.
- ✓ **Participate in THOU Challenges** – Join content campaigns designed to **spread awareness**.

The more **we share, engage, and recruit**, the **stronger THOU's presence becomes**—reaching more people and ensuring our history is seen, heard, and **preserved forever**.

Final Thought

Growth is the key to THOU's success. The more men we bring into this movement, **the stronger our impact.**

You are not just a participant—you are a **builder of history**. Start **recruiting, spreading the message, and making history today.**



Facebook URL: <https://www.facebook.com/profile.php?id=61573096064212>

Instagram URL: <https://www.instagram.com/askthou6090/>

TikTok URL: <https://www.tiktok.com/@thou6090?lang=en>

Youtube URL: <https://www.youtube.com/@THOUTheHistoryOfUs>

Website URL: www.thou.live



THOU's QR code.



THOU Live Sessions & Media Expansion

THOU is not just about documenting history—it's about **making it accessible** to the world. Through **live weekly sessions, digital platforms, and future film projects**, we are ensuring that these stories are seen, heard, and **never erased**.

This section outlines the **key elements of THOU's live teaching sessions, media goals, and long-term vision** to bring these lessons to global platforms.

Weekly TikTok Live Sessions

Every **Thursday at 7:30 PM CST**, THOU **goes live on TikTok** to engage in real-time history lessons, discussions, and storytelling.

What Happens During a THOU Live Session?

- ✓ **A Different Father Teaches Each Week** – We feature **elders, fathers, and guest speakers** to cover a new historical topic.
- ✓ **Engaging & Interactive Format** – Viewers can **ask questions in real-time**, making learning **dynamic and inclusive**.
- ✓ **History Told in Our Own Words** – The goal is to **preserve knowledge** that isn't being taught in schools or covered in mainstream media.
- ✓ **Digital Unity & Quantum Entanglement** – When thousands of people **learn at the same time**, it creates a collective consciousness that strengthens our community.



How You Can Support the TikTok Lives:

- ♦ **Tune in every Thursday** and invite others to watch.
 - ♦ **Encourage fathers to join the movement** and teach a session.
 - ♦ **Engage with the content** by asking questions and sharing insights.
 - ♦ **Promote the lives on social media** to increase awareness.
-

THOU's Vision for Streaming & Film

Our mission extends **beyond social media**. We are actively working toward **securing a permanent space** for THOU's content on **major streaming platforms**, ensuring that our history is available **for generations to come**.

Current & Future Media Goals:

- ✓ **Expand THOU's Presence to TUBI & ROKU** – We aim to **turn our TikTok lessons into a curated streaming series**, making these stories available on-demand for a wider audience.
- ✓ **Create a Short Documentary** – A powerful, cinematic documentary that tells **the story of THOU**, featuring **interviews, historical reenactments, and real-life accounts**.
- ✓ **Submit to Film Festivals** – Taking our documentary to **major film festivals** will help spread our message **on a national and global level**.
- ✓ **Win an Oscar** – The long-term vision is clear: **to make history by telling history**—and to create a film so impactful that it earns recognition at **the highest level of storytelling**.



What's Next? How You Can Help Make This Happen

- ◆ Continue building THOU's digital presence by sharing, engaging, and recruiting.
 - ◆ Participate in TikTok live sessions to grow the audience and impact.
 - ◆ Help identify potential partners who can support THOU's expansion into streaming.
 - ◆ Spread awareness of THOU's documentary vision to ensure it reaches the right platforms.
-

Final Thought

This is **bigger than us**—we are creating something that will **outlive us**. THOU is about **preserving history** and making sure it is never erased.

Through **live sessions, digital platforms, and film**, we are not just documenting the past—we are **ensuring that our voices shape the future**.

Let's build this together.



Branding & Materials

A strong movement needs a strong identity. **THOU is more than just a conversation—it is a presence, a statement, and a call to action. Our branding represents power, intelligence, and history**, ensuring that everywhere THOU is seen, it is recognized as a force of preservation and progress.

This section provides **branding guidelines, official materials, and merchandise** that will help you represent THOU with consistency and impact.

THOU Brand Guidelines

To maintain a **unified and recognizable identity**, we have established key branding elements:

✓ **Logo** – The official THOU logo should always be used in its **original form** and colors. It represents the movement's foundation and should be displayed on all materials. Below is the official log. It can be downloaded from the Google drive I will give you access to.





✓ **Colors** – THOU’s brand colors reflect strength, wisdom, and legacy. When creating materials, use these official colors to maintain consistency.

Hex:#eee0d8 Light Tan

Hex:#c9a227 Gold

Hex:000000 Black

✓ **Fonts & Style** – All THOU materials should maintain a clean, bold, and professional look, reinforcing the power of our mission.

Letter Font: Poppins with an outline effect in the #c9a227 Gold

Sub Font: Morisawa

Official THOU Merchandise

THOU merchandise is **more than apparel**—it is a **calling card**. When someone wears a THOU shirt or hoodie, it is an **unspoken statement of commitment to preserving history**. Merchandise also helps **expand awareness and fund the movement’s future goals**.

Available THOU Merchandise:

- ✓ **T-Shirts & Hoodies** – Designed to be bold, powerful, and recognizable.
- ✓ **Posters with Historical Facts** – A visual way to educate and inspire.
- ✓ **Branded Digital Materials** – Social media templates, banners, and more to help spread the message online.

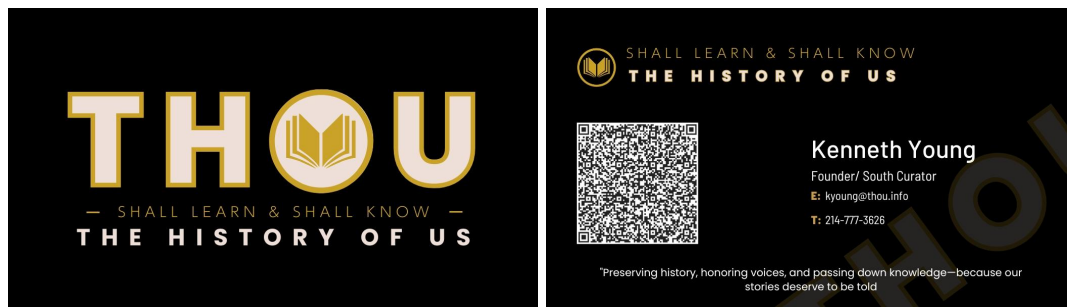


How to Get THOU Merchandise:

Merchandise will be available through THOU's official channels. Details on ordering will be shared soon!

Business Cards & Digital Contact Sheets

For those actively **recruiting and expanding THOU**, professional materials help establish credibility. At their request, business cards and digital contact sheets will be made available for **leaders in the movement** to provide when engaging with new participants, elders, and partners.



What's Included?

- ✓ **THOU Contact Information** – So people can easily connect with the movement.
- ✓ **A Short Mission Statement** – To quickly explain THOU's purpose and impact.
- ✓ **QR Codes to Follow THOU Online** – Making it easy for anyone to join the community.



Next Steps & Action Plan

Now that you're part of THOU, it's time to take action. This movement depends on us—our commitment, our engagement, and our willingness to ensure that history is preserved, shared, and honored.

This section outlines your first steps, who to reach out to for support, and how to maximize your impact within THOU.

Your First Three Assignments

To start making a difference, here are your first three tasks as a THOU member:

- ✓ Conduct Your First Elder Interview – Identify a respected elder in your family or community, set up a time to speak with them, and use the THOU Interview Guide to capture their story.
- ✓ Invite 5 More Fathers to Join THOU – This movement grows through personal connections. Extend an invitation to more fathers or mentors who would value being part of THOU.
- ✓ Engage on Social Media & Attend the Next TikTok Live – Follow @THOU6090 on TikTok and YouTube, comment, share, and attend our live session on Thursday at 7:30 PM CST.



THOU Support & Contact Information

If you have questions, need guidance, or want to contribute more, here's how to reach out for support:

 General Inquiries – Email ask@thou.info

 Direct Contact – Call 214-777-3626

 Recruitment Support – Reach out to the person who recruited you to THOU

We are here to support you and make sure you have everything you need to succeed in preserving our history.

Final Words from Kenneth Young

THOU is about action. It's about doing something rather than waiting for someone else to step up. It's about recognizing that we are the historians, the educators, and the keepers of truth for the next generation.

You were chosen for a reason. You answered the call. Now, let's move forward, build, and make history together.

Welcome to THOU.



RESOURCES

Welcome to ChatGPT: Your Personal Content Assistant

Hey there, and welcome! I'm **ChatGPT**, your personal assistant here to help you create, refine, and share **THOU's message with the world**. Think of me as your writing partner, brainstorming buddy, and content strategist—all in one.

I'm here to make things easier for you. Whether you need:

- ✓ **A strong caption** for your THOU social media posts
- ✓ **Help crafting outreach messages** to bring more fathers into the movement
- ✓ **Assistance with writing interview questions** or summarizing key takeaways
- ✓ **Editing and refining content** so it sounds polished and powerful

I've been set up with **custom prompts** to help you create content that aligns with THOU's mission **while staying true to your personal voice**.

How to Use Me Effectively

- 1. Set up your ChatGPT account** (if you haven't already). You can use me on the web or through the app.
- 2. Copy & paste the provided prompts** into ChatGPT and answer the questions to make the responses personal to you.
- 3. Review & tweak** what I generate to make sure it feels right. I give you a strong starting point, but you always have the final say.
- 4. Post, share, and engage**—let's get THOU's message out there.



Step 1: Set Up ChatGPT to Assist You with THOU

To make your THOU journey as **smooth and effective as possible**, we want you to **set up ChatGPT** so it understands THOU's mission and can generate content that aligns with our movement.

How to Do It:

✓ **Copy & paste** the following prompt into your ChatGPT account:

THOU Full Context Prompt for ChatGPT

📌 Use this prompt to introduce THOU to your ChatGPT account so it understands the **movement completely**. Copy and paste the text below into your ChatGPT and fill in any personal details where needed.

[I am part of THOU—The History Of Us.

*THOU is a movement dedicated to **preserving, teaching, and passing down history through storytelling and live discussions**. It was created to ensure that history—especially the stories that often go untold—is not erased but preserved and passed down **with the same passion and truth as those who lived it**.*

THOU's core activities include:

✓ **Weekly Live Lessons** – Every **Thursday at 7:30 PM CST**, fathers from across the country go live on **TikTok (@THOU6090)** to teach and discuss history, ensuring that knowledge is passed down directly to the next generation.

✓ **Elder Interviews** – We are actively **seeking out and interviewing elders across the country** to document their firsthand accounts of history. These interviews will be archived on **THOU's YouTube channel** so future generations can hear their voices, learn from their experiences, and preserve their legacy.

✓ **The 1,000,000 Man Stream Initiative** – Our vision is to unite one million fathers in the effort to reclaim the responsibility of educating our children, creating a **mass movement of learning**,



preservation, and storytelling.

✓ **Future Expansion** – THOU plans to bring its content to **streaming platforms like TUBI and ROKU**, produce a **documentary for film festivals**, and eventually **win an Oscar**, telling our story on the world's biggest stages.

What I Need from You, ChatGPT:

I want you to help me generate content that reflects THOU's mission while staying true to my personal voice. Your responses should align with THOU's purpose of preserving history, inspiring fathers to take action, and ensuring our stories are not forgotten.

To make sure you give me the best possible responses, keep these key details in mind:

- **THOU is not about exclusion.** We highlight important history but welcome anyone who values learning.
- **This is a movement, not just a project.** Everything we do is about action, legacy, and long-term impact.
- **We believe in the power of storytelling.** Facts are important, but the personal experiences of those who lived through history are just as crucial.
- **We are using social media as a tool for change.** TikTok and YouTube are our primary platforms for spreading the message and preserving history.

How You Can Assist Me:

1. **Generate compelling captions** for THOU social media posts that inspire engagement and action.
2. **Help me refine and personalize recruitment messages** to bring more men into the movement.
3. **Assist in crafting interview questions and summarizing key takeaways** from recorded elder interviews.
4. **Suggest content ideas** for posts, video topics, and live discussion themes that align with THOU's mission.
5. **Edit and refine my writing** to ensure it is clear, powerful, and impactful.



*By understanding **THOU's mission and my role in it**, you will be able to provide responses that help me **effectively spread the movement, recruit more fathers, and ensure history is preserved for future generations.***

 *Now, respond by confirming that you understand **THOU** and that you're ready to assist me in making an impact.]*

Step 2: Use the Personalized THOU Caption Tone

How to Do It:

✓ **Copy & paste** the following prompt into your ChatGPT account: This tells me how you communicate so I can make captions that sound natural in your voice.

Personalized THOU Caption Tone Prompt

*[I am part of **THOU—The History Of Us**, a movement dedicated to **preserving, teaching, and passing down history through storytelling and live discussions**. Every Thursday at 7:30 PM CST, we go **live on TikTok**, gathering fathers to reclaim the responsibility of sharing history. We also **interview elders across the country** to document their firsthand accounts and archive them on YouTube.*

*I want you to generate **captions for my social media posts** that align with THOU's mission **while reflecting my personal voice and tone.***

To help you craft captions in a way that feels authentic to me, here's what you need to know:

- 1. **How would I describe my personality?** (Example: Passionate, humorous, direct, inspirational, intellectual, down-to-earth, etc.)*
- 2. **What's my usual tone on social media?** (Example: Motivational, educational, storytelling, casual, bold, reflective, etc.)*
- 3. **How do I engage with my audience?** (Example: Do I ask questions, share personal*



experiences, use humor, or keep things factual?)

4. What are a few words or phrases I often use? (Example: Signature sayings, catchphrases, or ways I emphasize points.)

5. Is there a public figure, author, or speaker whose tone I admire? (Example: Do I resonate with MLK's passion, Dave Chappelle's wit, Malcolm X's intensity, or someone else's style?)

Based on my answers, please **generate captions in my voice** that stay true to **who I am** while effectively spreading THOU's message.]

This prompt allows **each person to define their own voice**, making sure that **THOU's content feels natural and personal across different social media accounts.** 🚀

📌 **After pasting this into ChatGPT, ask it to confirm that it understands the THOU caption tone prompt and is ready to assist you.** This will ensure you get the best responses as you work on building and spreading the movement.

Step 3: Use the THOU Social Media Caption Prompt

This will help generate captions for your posts while keeping THOU's mission clear and powerful.

How to Do It:

✓ **Copy & paste** the following prompt into your ChatGPT account: This tells me how you communicate so I can make captions that sound natural in your voice.

THOU Social Media Caption Prompt

*[I am part of THOU—The History Of Us. THOU is a movement dedicated to **preserving, teaching, and passing down history through storytelling and live discussions.** Every Thursday at 7:30 PM CST, we go **live on TikTok**, bringing fathers together to reclaim the*



responsibility of sharing history with future generations. We also **interview elders across the country** to document their firsthand accounts and archive them on YouTube.

I need a **strong, engaging caption** for a social media post about THOU.

Here's the post I'm sharing: **[Briefly describe the image or video]**

Please create a caption using these details:

1. What is this post about? (Example: An elder's story, a historical lesson, THOU's mission, the importance of preserving history, etc.)

2. Why does this message matter to me? (Example: A personal connection, a lesson I've learned, or why I believe in THOU.)

3. What action should my followers take? (Example: Watch the TikTok Live, share the post,

follow THOU, comment their thoughts, etc.)

4. Do I want to include a question to engage my audience? (Example: "What's the best advice an elder has given you?")

5. Any personal touch I want to add? (Example: A memory, a quote, or something meaningful to me.)

Based on my answers, please generate a compelling caption that aligns with THOU's mission and encourages engagement.]

This ensures **any AI model** understands **what THOU is** before generating a caption, making it easier for your team to get **consistent, meaningful responses**.

Need help with outreach? I've got prompts to help you recruit more men into the movement.

I'm here to **help you be as effective as possible** in spreading THOU's message. If you ever feel stuck, just ask—I can assist with ideas, edits, and more.

Let's make an impact together. Let's **preserve history and build something lasting**.

**1,000,000
MAN STREAM**