

UNISUS **HOCKEY** ACADEMY

INNOVATIVE **EDUCATION** + HIGH PERFORMANCE **ATHLETICS**



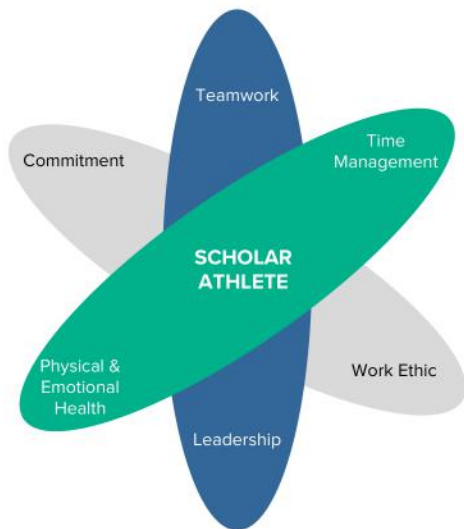
In partnership with



INNOVATION
IN EDUCATION

SCHOLAR-ATHLETE PROGRAM OVERVIEW

Innovation in **Education** + High Performance **Athletics**



UNISUS Scholar-Athlete Profile

The UNISUS Scholar-Athlete program combines a world-class International Baccalaureate education with a holistic, focused approach to sports. The program is designed for students who aspire to reach high-performance or advanced levels in their athletic pursuits and successful academic achievements.

Research indicates that students who engage in competitive athletics at school develop crucial skills that have long-lasting positive effects. UNISUS Scholar-Athletes develop essential skills such as resilience, heightened accountability, and unwavering dedication towards achieving their goals and objectives. These skills not only benefit them in sports but they also have a profound impact on their overall personal growth and success.

Key benefits of the **Scholar-Athlete** Program

Academic Pathway

- Pathways to graduation enables all students to achieve their best academically. Scholar athletes can graduate with an IBDP and/or enriched B.C. Dogwood High School Diploma
- IB is globally recognized by top universities. Graduates are considered for early admissions and scholarship awards.
- IB graduates are confident, capable learners prepared to take on the challenges of post-secondary education. Many universities will recognize IBDP courses for first year credits

Athlete Development

- Holistic athlete development including physical strength and conditioning, mental wellbeing, nutrition, and injury prevention
- Focused dry-land training to complement on ice training led by qualified sports therapists
- Individualized training plans and performance achievement reports supported by analytics and video.
- Post-secondary application and offer management with focused approach to athlete brand development



HOCKEY SKILLS DEVELOPMENT

Discover the ultimate hockey experience with Okanagan Hockey Group, boasting over 60 years of expertise in youth hockey instruction and development. Our progressive program is professionally tailored to enhance players' skills and elevate their game to the next level.

Focused on fundamental areas such as skating mechanics, puck skills, and game situation drills, our curriculum ensures comprehensive skill development. Through small area games, we cultivate a competitive edge while fostering teamwork and strategic thinking.

Off the ice, our tailored program emphasizes hockey-specific strength and conditioning, agility, and functional movement training. Players will enhance their speed, power, and overall athleticism while learning proper cool-down techniques and effective stretching routines. Train with the Okanagan Hockey Group and elevate your game to the next level.



Overview of the Hockey Skills Program

- Progressive program featuring focus on:
 - Skating mechanics and edge work
 - Puck skills – shooting, passing and puck management
 - Game situation drills
 - Increase competitiveness through small area games
 - Goalie specialized instruction
- Off Ice Program will focus on:
 - Hockey specific strength and conditioning
 - Agility and functional movement
 - Building speed and power
 - Proper cool down and stretching
 - Injury prevention and recovery

UNISUS HOCKEY ACADEMY PATHWAYS

Academic Pathways

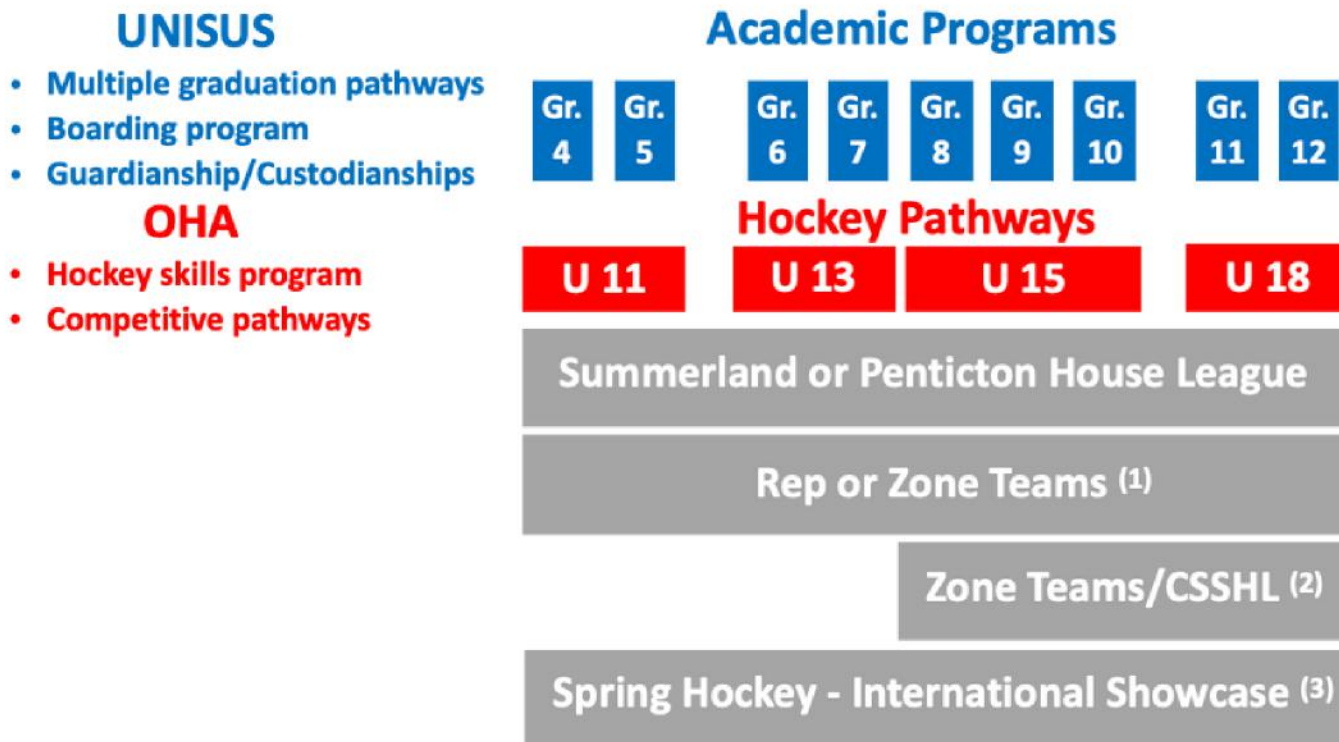
At UNISUS, we believe that passion for Hockey can open doorways to academic success and careers. That is why we start working with students at a young age to understand pathways to career success in the field of hockey, whether that be team management, coaching, sports media, health sciences, etc. Our guest speaker series will help them explore options, while electives can help them start building towards a future career.

Students can choose as they progress towards grade 11 and 12 to pursue a B.C. Dogwood Diploma working towards their future career, or the rigours of the IBDP.

At UNISUS, we understand the challenges of managing the time commitment as athletes reach high competition levels. We enable students to succeed both academically and athletically through flexible academic accelerator learning options that allows students more flexibility and individualization in their studies..

Competition Pathways

UNISUS students have the option to either continue on their current teams, to join the local minor hockey leagues, or to try out and get approval to compete in the CSSHL teams as their skill level advances.



Notes:
(1) International and families outside of drawn zone will need to qualify as residences of UNISUS and students are under the legal guardianship of the school.
(2) UNISUs will need to qualify as an additional education provider for OHA CSSHL teams as a provider of a unique education program not offered by another school in the region.
(3) Teams will be formed to attend international showcases. Scheduled tournaments in Korea and China in 2025

UNISUS HOCKEY ACADEMY PROGRAM DETAILS

The UNISUS Hockey Academy is tailored for scholar-athletes aspiring to achieve their highest potential in hockey, while acquiring academic achievements to enable life-long academic and professional success. Our comprehensive athletic development systems allows for an accelerated development in hockey skills, while pursuing excellence in academics at the same time.

Hockey Skills Development

- Suitable for: students at all skills levels.
- On-Ice training: Up to 4 hours of on-ice training for speed, skating mechanics, puck skills, game situation drills, and specialized position training.
- Off-Ice training: Up to 4 hours of athletic development training per week including strength and conditioning, injury prevention and recovery, agility and functional movement, building speed and power, proper cool down and stretching
- Multi-sport: students accelerate more rapidly athletically when playing in multiple sports. At UNISUS, our PhysEd and multi-sport program is a natural extension of their hockey development



Competition

- Students have the option to continue playing in their current teams, or to join one of the teams in the Summerland Minor Hockey League
- During the spring hockey season, academy students will have the opportunity to join a UNISUS team for international tournaments abroad.

Academics and NIL

- Students participate in an academic accelerator program when commitment is required to stay on top of their peak academic performance, to support lost classroom time due to training, or for individual support in subjects.
- We work with specialized providers to help students develop a powerful online profile and learn to use Name Image Likeness to their advantage as they progress in their career

HOCKEY PROGRAM 2024/2025 SCHEDULE

The UNISUS Hockey Academy schedule is designed to enable successful academic advancement within the scholar-athlete program, while simultaneously supporting successful hockey and general athletic skill progression, all within the school calendar and achieving the BC instructional hour requirements.

Example Daily Schedule

K-5 Every day	G6-10		
	Academies M / W / F		No academies
	Option 1	Option 2	Tu / Th
Student arrival 0800-0820	Student arrival 0800-0820		
Welcome & attendance 0820-0830	Welcome & attendance 0820-0830		
Lessons 0830-1010	Lessons 0830-1010		
Break 1010-1030	Break 1010-1030		
Lessons 1030-1210	Lessons 1030-1300		
Lunch 1210-1300	Lunch 1300-1340		
Lessons 1300-1425	Academies 1340-1630	Academies 1340-1530	Lessons 1340-1530
Break ~1425-1445		Study hall 1530-1630	
Lessons 1445-1530	Buses 1630-1650		
Junior academies 1530-1630			
Buses 1630-1650			

Academic Accelerator

Grade 5 U11: MWF Pulled for 1 class 1:30-4:00 pm, On-ice / Off-ice

Grade 6-10 U13-U15: MWF 1:30-4:00 pm On-ice / Off-ice

Study Hall: Academic Makeup, Homework, Remedial, Make-up

Academic Accelerator: (optional) Literacy/numeracy, Dinner, Transport to game/practice

Academic Standards

All scholar-athletes are required to maintain academic competence consistent with their grade level. Teachers will monitor academic progress and reassign off-ice and on-ice training time to ensure academic progress is met.

HOCKEY PROGRAM PRICING INFORMATION

Our Pricing Schedule reflects the UNISUS commitment to and investment into the development of scholar-athletes. The pricing is structured to make the skills program accessible to parents while maintaining a high level of capabilities on the coaching team. These prices reflect the 2024-2025 program costs.

Academic & Academy Fees

Grade	Canadian Student (Citizen/ Permanent Residents)	Inclusions
Grades 4 - 7	\$19,850	<ul style="list-style-type: none">• Tuition• Skills Academy• On-ice and off-ice training• Academy transportation• Team apparel
Grades 8 - 12	\$21,780	

- Excludes competition fees
- Sibling discount program available upon application



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Academic & Academy Fees

Grade	International Student	Inclusions
Grades 4 - 7	\$64,235	<ul style="list-style-type: none">• Tuition• Skills Academy• Boarding• On-ice and off-ice training• Academy transportation• Team apparel
Grades 8 - 12	\$66,730	

- Excludes competition fees
- Sibling discount program available upon application



HOCKEY PROGRAM ADDITIONAL INFORMATION

Our program is in the launch year, and we are committed to demonstrating the outcomes of the program over the year, both in terms of athletic advancement of participants, but also academic progress. If you have questions on the program please email hockey@unisus.ca.

Commitment Agreement

All students agree to the UNISUS Behaviour Policy and to uphold their academic performance as a priority.

All parents agree to monthly academy meetings.

Equipment storage

A storage locker will be provided for keeping equipment onsite. All student participants and parents will be provided with the access code for the equipment for retrieval for practices and for washing equipment.

Transportation

All transportation to and from the ice at the Summerland Hockey Arena will be provided by UNISUS busses.

Communications

All communication will be via both the UNISUS website parent portal news feeds, as well as via email as required for specialized instructions.

Key Dates

Program launch: Early September

OHA on-ice training program: September to April

