

# UNISUS **HOCKEY** ACADEMY

INNOVATIVE **EDUCATION** + HIGH PERFORMANCE **ATHLETICS**







UNISUS

# HOCKEY ACADEMY AND SCHOLAR-ATHLETE PROGRAM

We believe that playing hockey provides a platform for preparing for success in life, and that strong academics as well as life skills development are as important, if not more important, in realizing this outcome.

Our academy mission:

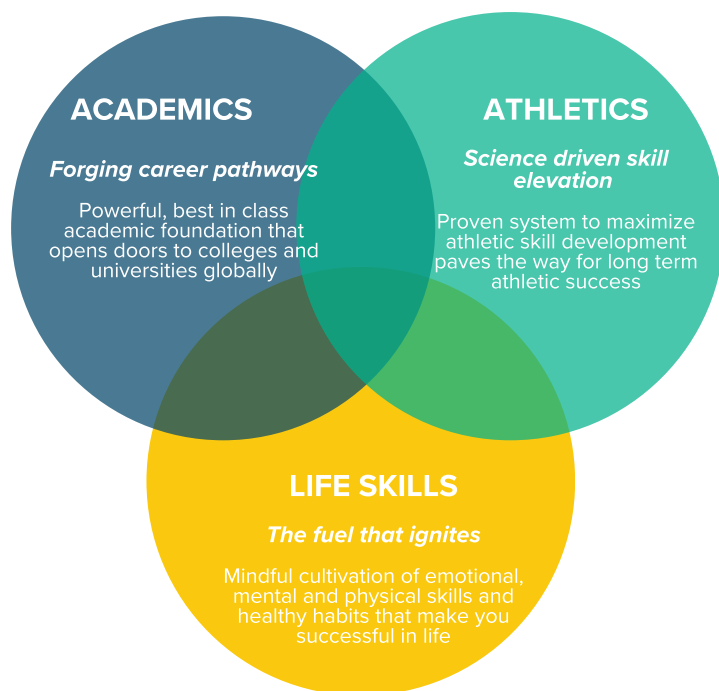
**Building Future Leaders On and Off the Ice**

# SCHOLAR-ATHLETE PROGRAM OVERVIEW

World Class **Education** + High Performance **Athletics**

**A**<sup>+</sup> World class **ACADEMICS**  
**PLUS** High performance  
**Athletics + Life skills**

By integrating a comprehensive academic program, athletic excellence, and life skills development, Scholar-Athletes are equipped with the tools needed for long-term success.



## Key benefits of the **Scholar-Athlete** Program

### Academic Pathway

- Pathways to graduation enables all students to achieve their best academically. Scholar athletes can graduate with an IBDP and/or enriched B.C. Dogwood High School Diploma
- IB is globally recognized by top universities. Graduates are considered for early admissions and scholarship awards.
- IB graduates are confident, capable learners prepared to take on the challenges of post-secondary education. Many universities will recognize IBDP courses for first year credits

### Athlete Development

- Holistic athlete development including physical strength and conditioning, mental wellbeing, nutrition, and injury prevention
- Focused dry-land training to complement on ice training led by qualified sports therapists
- Individualized training plans and performance achievement reports supported by analytics and video.
- Post-secondary application and offer management with focused approach to athlete brand development





# HOCKEY SKILLS DEVELOPMENT

Led by renowned coach Nancy Wilson, the UNISUS Hockey Skills Program is designed to develop well-rounded, high-performance athletes through elite training, technical skill development, and a comprehensive off-ice program.

Our curriculum focuses on the key fundamentals of the game—skating, puck handling, passing, shooting, and tactical play—while integrating advanced techniques to enhance game intelligence, competitiveness, and mental resilience.

## On-Ice Training Focus Areas:

- **Skating** – Acceleration, speed, mobility, agility, balance, quick feet, stride efficiency, controlled skating, and change of pace.
- **Passing** – Precision passing, receiving, backhand control, puck protection, and touch passing.
- **Puckhandling** – Smooth, controlled movements, handling in small spaces, traffic navigation, and puck protection.
- **Shooting** – Power, accuracy, quick release, in-motion shooting, goal-scoring techniques, shot variety.
- **Checking & Defensive Skills** – Body positioning, angling, gap control, finishing checks, and playing both offensive and defensive blue lines.
- **Game IQ & Thinking Skills** – Anticipation, playmaking, positioning, supporting teammates, and system awareness.
- **1 vs. 1 Play** – Offensive deception, defensive angling, determination, and net-front battles.
- **Face-Offs** – Strategy, tie-up techniques, winning draws, and knowing positional responsibilities.
- **Mental Toughness** – Resilience, confidence, bouncing back from setbacks, and staying positive under pressure.

## Off-Ice Development Program:

- **Strength & Conditioning** – Hockey-specific training focused on agility, speed, power, endurance, and flexibility.
- **Functional Movement & Injury Prevention** – Enhancing athleticism while reducing the risk of injuries through targeted training techniques.
- **Mental & Strategic Development** – Building focus, discipline, and decision-making skills to enhance in-game performance.
- **Recovery & Performance Optimization** – Proper cool-down techniques, stretching, and injury prevention strategies.

At UNISUS, we provide a holistic training approach that equips players with the skills, mindset, and competitive edge needed to succeed at the highest levels of the game.

Train. Compete. Excel. Welcome to the  
Future of Hockey at UNISUS.



# UNISUS HOCKEY ACADEMY PROGRAMS

## UNISUS TEAMS

(COMING SEPT 26)



## FOUNDATIONS PROGRAM

This critical developmental phase, from ages 8 to 13, is characterized by rapid physical, cognitive, and emotional growth, making it the perfect time to nurture future leaders both on and off the field.

Our Scholar-Athlete foundations program aims to

Capitalize on the Golden Age of Skill Acquisition

### Details:

- Grades 4-6
- Skill Development:
  - 3 hrs / week on-ice (100+hrs/year)
  - 2 dryland session / week
  - 1 Perform Better program per week
- Multi-sport development emphasis
- Students may join local teams to experience competitive play

## SKILLS ACADEMY

We believe that playing hockey provides a platform for preparing for success in life, and that strong academics as well as life skills development are as important, if not more important, in realizing this outcome.

Our academy programs aims to

Build Future Leaders, On and Off the Ice

### Details:

- Grades 7 and above
- Skill Development + Team Practices:
  - 3 hrs / week on-ice (100+ hrs/year)
  - Additional team practices (*teams only*)
  - 2 drylands sessions / week
  - 1 Perform Better program per week
- Showcase competitions
- Mid and end of year tournaments
- Students may opt to join local or regional teams, participating in skills sessions only
- (Optional): International tournaments

# PATHWAYS TO COLLEGIATE ENTRANCE

## Academic Pathways

UNISUS integrates exceptional academics with a focused hockey skills development, ensuring student-athletes maximize their potential both on and off the ice. A strong academic foundation is critical for collegiate and university sports entrance, as hockey ability alone is not enough—only 0.02% of junior players make it as sustainable professional athletes. Our program is designed to position students for long-term success, providing the skills, education, and strategic guidance needed.

We enable students through the entire pathway to collegiate sports, including mentorship, scholarship applications, coach connections, and online profile development as they near collegiate entrance. Our program helps athletes explore career pathways beyond playing, such as team management, coaching, sports media, and health sciences. Through our guest speaker series and specialized electives, students gain exposure to industry professionals while preparing academically for their chosen future.

We offer flexible academic accelerator options, allowing them to balance rigorous training with top-tier academics all during the school day. Students can choose between earning a B.C. Dogwood Diploma or pursuing the challenging International Baccalaureate Diploma Program (IBDP).

At UNISUS, we provide a complete roadmap to academic and athletic success, ensuring every student has the tools to thrive in university and beyond.

## Competition Pathways

UNISUS students have the option to either continue on their current teams, to join a UNISUS team, local minor hockey leagues, or to try out and get approval to compete in the CSHL teams as their skill level advances.

### Academic

- Multiple graduation pathways
- Boarding or Day Program
- Future Ready Soft Skills
- College/University Entrance

Grades 4,5,6

Grades 7,8,9,10

### Athletic Skills Development

- Scientific-based skills program
- Drylands & On-ice
- Balanced, intentional approach

Scholar-Athlete Foundations Program

Scholar-Athlete Skills Academy

### Competitive Teams

- UNISUS teams
- Local or regional competition

UNISUS teams (1)

Summerland or Penticton House league

Rep or Zone Teams (2)

Zone Teams / CSHL (3)

#### Notes:

(1) UNISUS teams being formed at 12U and 14U levels. More teams to follow

(2) International and families outside of drawn zone will need to qualify as residences of UNISUS and students are under the legal guardianship of the school.

(3) UNISUS will need to qualify as an additional education provider for OHA CSHL teams, to enable pathways for international university enabling academics.

(4) Teams will be formed to attend international showcases. Scheduled tournaments in Korea and China in 2026.

UNISUS Spring International Showcase (4)

# HOCKEY PROGRAM 2025/2026 SCHEDULE

The UNISUS Hockey Academy schedule is designed to enable successful academic advancement within the scholar-athlete program, while simultaneously supporting successful hockey and general athletic skill progression, all within the school calendar and achieving the BC instructional hour requirements.

## Example Daily Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Arrival 08:00-8:20				
Academics 8:30-10:10				
Break 10:10-10:30				
Academics 10:30-13:00				
Lunch 13:00 - 13:40				
Academics 13:40-15:40	Hockey Academy 13:40 - 15:40			Academics 13:40-15:40
Bus departs UNISUS 15:50				

### Academic Standards

All scholar-athletes are required to maintain academic competence consistent with their grade level. Teachers will monitor academic progress and reassign off-ice and on-ice training time to ensure academic progress is met.



# HOCKEY PROGRAM PRICING INFORMATION

Our Pricing Schedule reflects the UNISUS commitment to and investment into the development of scholar-athletes. The pricing is structured to make the skills program accessible to parents while maintaining a high level of capabilities on the coaching team.

These prices reflect the 2025-2026 program costs.

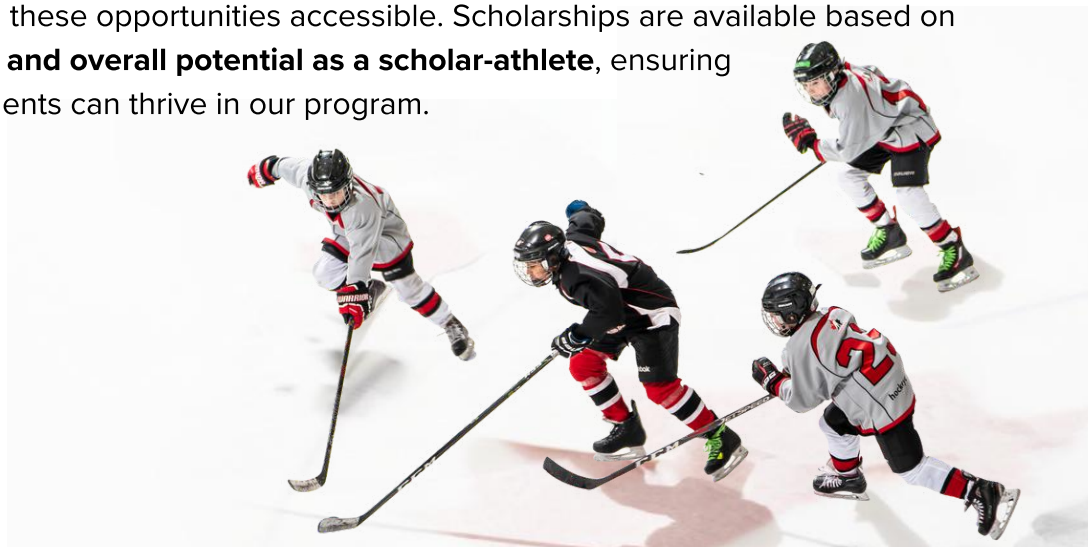
## Academic and Academy Fees 2025-26

Tuition Fee	Canadian Student	International Student
Grade 4 - 7	\$16,590	\$26,355
Grades 8 - 12	\$18,520	\$28,850
Boarding Fee	Canadian Student	International Student
	\$25,150 (5 days) \$33,600 (7 days)	\$33,600
Hockey Academy Fees		
Scholar-Athlete Foundations Program (grades 4-6)	\$5,000	
Hockey Academy Skills Program (grades 7+)	\$5,000	
Hockey Academy Teams Program (1)	\$6,800	

(1) Target September 2026. Excludes travel package (transport, lodging & meals for tournaments) \$8,000-\$10,500 per athletes. UNISUS Refund Policy applies to all fees.

## Scholarships

UNISUS is dedicated to helping students excel academically, athletically, and in life. To support this, we offer **scholarships** that make these opportunities accessible. Scholarships are available based on **academic merit, leadership, and overall potential as a scholar-athlete**, ensuring that talented and driven students can thrive in our program.





# HOCKEY PROGRAM ADDITIONAL INFORMATION

Our program is in the launch year, and we are committed to demonstrating the outcomes of the program over the year, both in terms of athletic advancement of participants, but also academic progress. If you have questions on the program please email [hockey@unisus.ca](mailto:hockey@unisus.ca).

## Commitment Agreement

All students agree to the UNISUS Behaviour Policy and to uphold their academic performance as a priority.

All parents agree to monthly academy meetings.

## Equipment storage

A storage locker will be provided for keeping equipment onsite. All student participants and parents will be provided with the access code for the equipment for retrieval for practices and for washing equipment.

## Transportation

All transportation to and from the ice at the Summerland Hockey Arena will be provided by UNISUS busses.

## Communications

All communication will be via both the UNISUS website parent portal news feeds, as well as via email as required for specialized instructions.

## Key Dates

Program launch: Early September

On-ice training program: Early September to end of April





# UNISUS

INNOVATION  
IN EDUCATION

CONTACT US TODAY!!



[hockey@unisus.ca](mailto:hockey@unisus.ca)



[www.unisus.ca/enrichment/scholar-athlete/hockey-academy](http://www.unisus.ca/enrichment/scholar-athlete/hockey-academy)



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Empowering Future Leaders Through Academic Excellence,  
Athletic Achievement, and Lifelong Success