



Psychiatric Rehabilitation Program



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you thought possible.*



**Jewish
COMMUNITY
SERVICES**

An agency of The Associated

Q: What is the purpose of the **Psychiatric Rehabilitation Program (PRP)**?

A: PRP helps people with psychiatric illnesses maintain or improve their independence and social living skills. Specially trained PRP counselors work one-on-one with individuals to help them enhance their functioning at home and in the community.

Q: Who is eligible to receive services through PRP?

A: PRP serves adults [18+] with the following diagnoses:

Major Depressive Disorder

Bipolar Disorder

Schizophrenia

Schizoaffective Disorder

Psychotic Disorder NOS

Delusional Disorder

Schizotypal Personality Disorder

Borderline Personality Disorder

Q: Is there a cost for PRP?

A: Individuals who have Medical Assistance can receive PRP services at no cost. Private Pay and grant subsidized options may also be available.

Q: Can you give some examples of how PRP has helped people with psychiatric illnesses?

A: Here are just a few actual stories of people who have benefitted from PRP. Identifying information has been changed to safeguard confidentiality.

Because of her depression, Dahlia was finding it impossible to prepare meals for her family. Her PRP counselor helped her create a list of easy-to-prepare foods and the ingredients needed. Together, they grocery shop once a week, then organize the food into prepared pans. Each day, Dahlia pops one of the pans into the oven and has a hot supper to serve her loved ones.

Mark knew he needed help managing his finances, but because of his Schizophrenia, he became completely overwhelmed when he met with a financial advisor. Mark's PRP counselor began to accompany him to the appointments, helping him understand what was being discussed and worked with him on organizing his paperwork. The counselor even taught him how to create and maintain a budget and as a result, Mark was able to begin paying off some of his debts.

Bipolar Disorder has been a part of Eileen's life since she was 20. Now in her seventies, Eileen lives on her own and is able to manage her symptoms. She relies on her PRP counselor to help her organize her apartment, schedule medical appointments, and monitor her mental illness. Eileen's PRP counselor even helps her with socialization by driving her to a monthly support group and community activities.

For more information about the
JCS Psychiatric Rehabilitation Program, please contact:

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Jewish Community Services (JCS) provides programs and services for people of all ages and backgrounds, helping them achieve their goals, enhance their wellbeing, and maximize their independence.

Jewish Community Services OFFICE LOCATIONS

BALTIMORE CITY

**5750 Park Heights Avenue
Baltimore, Maryland 21215**

BALTIMORE COUNTY

**3506 Gwynnbrook Avenue
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