



eating well is a  
form of self-love.



CANVAS &  
ORCHIDS  
— RETREAT —

FOOD MENU



# STARTERS

## TORTILLA WRAPS

A delightful mix of fresh seasonal vegetables and our homemade sour cream wrapped in a tortilla with Beef 9, Chicken 8, Vegetarian 7



## CALAMARI CRUMBLE

Squid rings coated with our homemade breadcrumbs, seasoned and deep-fried  
Served with our homemade sauces - mayonnaise, lime-pepper-salt, and Koh Kong sauce 8

## FRIED SPRING ROLLS

Beef or Pork 8, Vegetarian 6

## CRISPY POTATO FRIES

Deep-fried potato wedges with a twist... fried garlic!  
Served with our homemade mayonnaise and homemade tomato sauce 6  
Why not a choice of creamy cheese sauce? 7



## NACHO FLOAT

Crispy corn chips served with tomato sauce with minced meat and red kidney beans,  
With Beef 9, Chicken 8, Vegetarian 7

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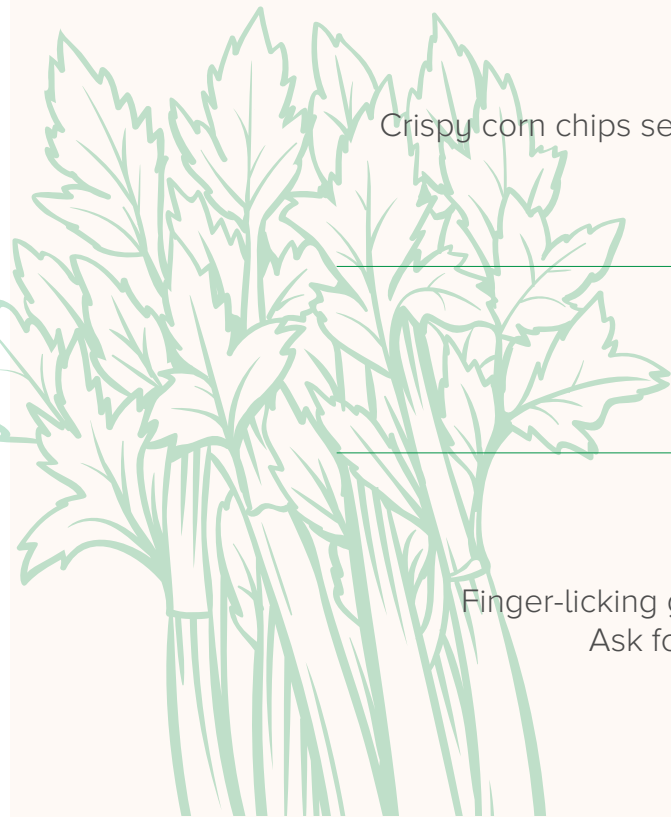
## CRISPY NUGGETS

Fish or Chicken 8

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## CHICKEN WINGS

Finger-licking good breaded chicken wings coated with sweet chili sauce,  
Ask for steamed rice if you wish to have this as a meal 7



# SALADS

## LOCAL AND ASIAN

### SPICY BEEF

Thin slices of beef with lemongrass, fresh vegetables, lime,  
With fresh **ASIAN BASIL** and mint leaves 9

### GLASS NOODLE WITH SEAFOOD

Koh Kong- style salad with glass noodles, fresh vegetables, squid & shrimp,  
With fresh **ASIAN BASIL**, topped with crushed peanuts 9

### FRESH BANANA BLOSSOM

Traditional Khmer salad of banana flower with **ASIAN BASIL** and fresh local herbs,  
With Chicken 7, Vegetarian 6

### GREEN PAPAYA WITH SHRIMPS

Fresh green papaya with fresh tomatoes & local herbs,  
With steamed shrimps 7, With dried shrimps 6

### FRESH GREEN MANGO

Fresh green mango with tomato, shallot, chilies & local herbs 6

### GRILLED LONG EGGPLANT OMELETTE

Locally grown long eggplant - grilled then fried with egg  
Topped with fresh vegetables 8

#### CHEF NEUY'S NOTE:

We use Asian Basil in some of our fresh salads. I particularly love this herb's strong, distinct taste which some people describe as licorice or anise-like. When harvesting basil, I choose the tender leaves - not too young, not mature - that give that strong minty flavor and make salads so refreshing. Would you like to see this plant? We grow them!



# SALADS

## INTERNATIONAL



### CAESAR SUPREME

Greens, chicken slices, garlic croutons, crispy bacon bits,  
With parmesan cheese and homemade caesar salad dressing 9

### NICOISE

Tuna chunks, boiled potatoes, fresh vegetables, shallots, olives, topped with hard-boiled egg,  
Dressed in olive oil, and served with balsamic vinegar 8

### CHEF'S MAKE

Greens, tomato, cucumber, onion, green bell pepper, topped with parmesan cheese  
With your choice of either the thousand island dressing or balsamic vinegar 6

#### You may add:

Smoked salmon and capers 9

Grilled Chicken 7

Ham & Cheese 7



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### WATERMELON GREEK

Fresh watermelon cubes, olives, onions, tomatoes, cucumber, mint leaf,  
With feta cheese in olive oil, served with balsamic vinegar 8

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### TOMATO AND FETA

Sliced fresh tomatoes and olives,  
With feta cheese in olive oil, served with balsamic vinegar 8



# BAGUETTE



## SMOKED SALMON WITH CREAM CHEESE

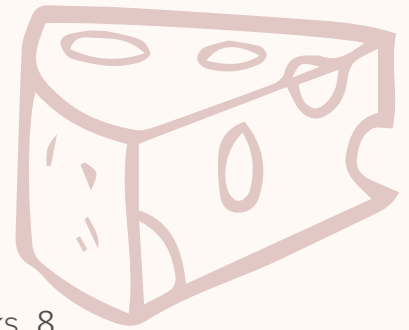
Tasty smoked salmon with lettuce and tomato  
Topped with cream cheese 9

## CRISPY FISH FILET

Breaded filet of seafish with lettuce and tomato  
With a spread of our homemade mayonnaise 9

## VEGETABLES AND ASIAN BASIL PESTO

Fried vegetables with a spread of homemade Asian Basil pesto 7



## GRILLED CHICKEN WITH PINEAPPLE

Slices of chicken breast in saucy Khmer (kroeung) spices with pineapple chunks 8

## CRISPY CHICKEN FILET

Breaded chicken filet with tomato and lettuce 8

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## CREAMY TUNA

Tasty tuna blended with our homemade mayonnaise 8

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## CHEESE MELT

Mozarella and cheddar cheese, with tomato, lettuce, and caramelized onion 8  
With Bacon or Ham 9





# PASTA & NOODLES

## SEAFOOD AGLIO E OLIO

Fragrant garlic slices sauteed in olive oil,  
With spaghetti pasta and seafood 9

## BOLOGNESE

Spaghetti pasta with minced beef, rich tomato sauce and herbs 9



## CARBONARA

Spaghetti pasta in creamy white sauce,  
With bacon & ham, mushrooms, parmesan, and egg yolk 9

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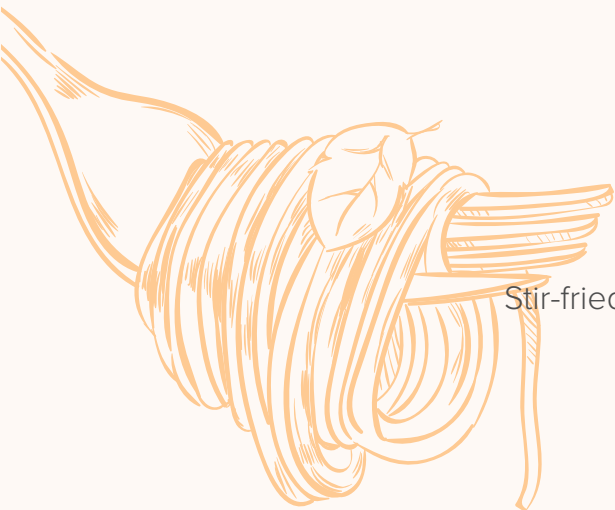
## CREAMY PENNE WITH TUNA

Penne pasta with tuna flakes,  
And green bell pepper slices, in cream sauce 8

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## ARABIATA

Spicy red chili flakes and garlic in rich tomato sauce  
With spaghetti pasta and basil 6



## ASIAN YELLOW EGG NOODLES

Stir-fried with locally grown vegetables, Beef or Shrimps or Squid 8  
Pork or Chicken 7  
Vegetarian 6

# MAINS

Our Koh Kong Version of Local Specialities

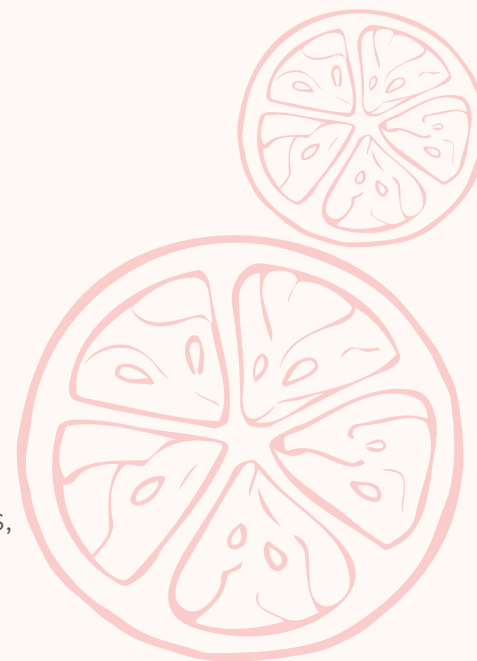
## KHMER CURRY

Try our homemade kroeing, cooked with locally grown vegetables,

Beef or Shrimps & squid 13

Pork or Chicken 10

Vegetables 8



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## FRIED RICE (BAI CHA) TOPPED WITH FRIED EGG

With Beef or Seafood 8

With Pork or Chicken 6

Cambodian style fried rice with chorizo, shrimps, and vegetables 8

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## SEAFOOD TOMYUM

Traditional Thai soup with shrimps and squid,  
With flavorful local spices in creamy coconut soup 12



## FISH AMOK

Classic Khmer dish of seafish filet,  
In rich coconut cream sauce and local spices 13  
Try Vegetarian 8



### CHEF NEUY'S KROEUNG

Very important - in many of these dishes is our homemade kroeing.

It takes time to make this paste, but we love preparing it!

We grind together – fresh lemongrass, galangal, garlic, lime leaf, a bit of chilly,  
and turmeric gives it a dark yellow color.



# MAINS

Our Koh Kong Version of Local Specialities

## BEEF LOKLAK

Beef slices marinated in a rich sauce with ground pepper and garlic,  
Sauteed with onions, topped with fried egg 10

## PAD KRAPAO

Stir-fried ground beef in aromatic holy basil,  
With long beans, topped with fried egg 10

## CARAMELIZED GINGER (KHNHEI)

Tender bits of your choice of meat, stir-fried with caramelized ginger,  
Beef 12, Pork or Chicken 8

## TRADITIONAL STIR-FRIED LEMONGRASS

A delicious lemony aroma from thinly-sliced fresh lemongrass,  
Stir-fried with your choice of meat,  
Beef 12, Pork or Chicken 8



# SWEET DELIGHTS

## TROPICAL FRUIT PLATTER

Seasonal fresh fruits  
Large 7, Medium 5, Regular 3

## WAFFLE WITH ICE CREAM

Freshly-made waffles with honey served with ice cream 7

## MOCHA FRAPPE

Thirst-quenching cold drink with blended ice cream and chocolate 5

## MIXED FRUIT FRAPPE

Blended fruits with ice cream 6

## PINEAPPLE WITH FRESH MINTS

Freshly tossed pineapple with lemongrass, mint, and coconut juice 4

## ICE CREAM WITH FRESH FRUITS

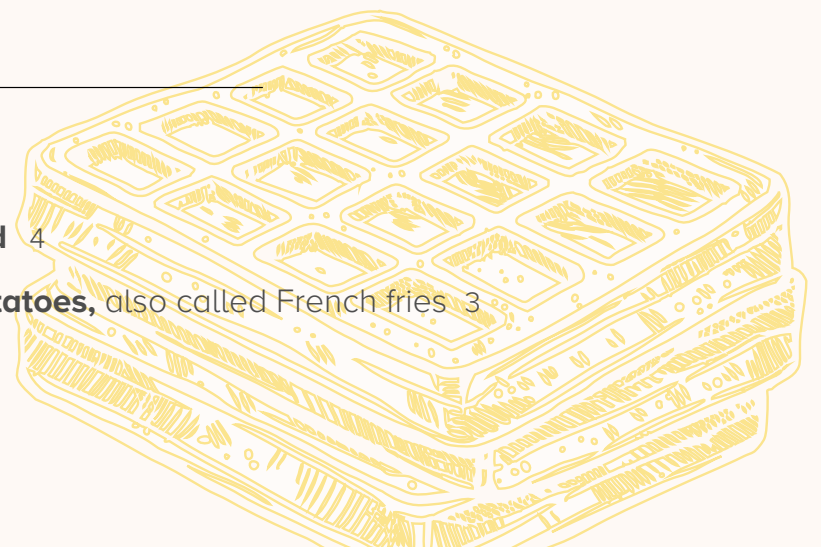
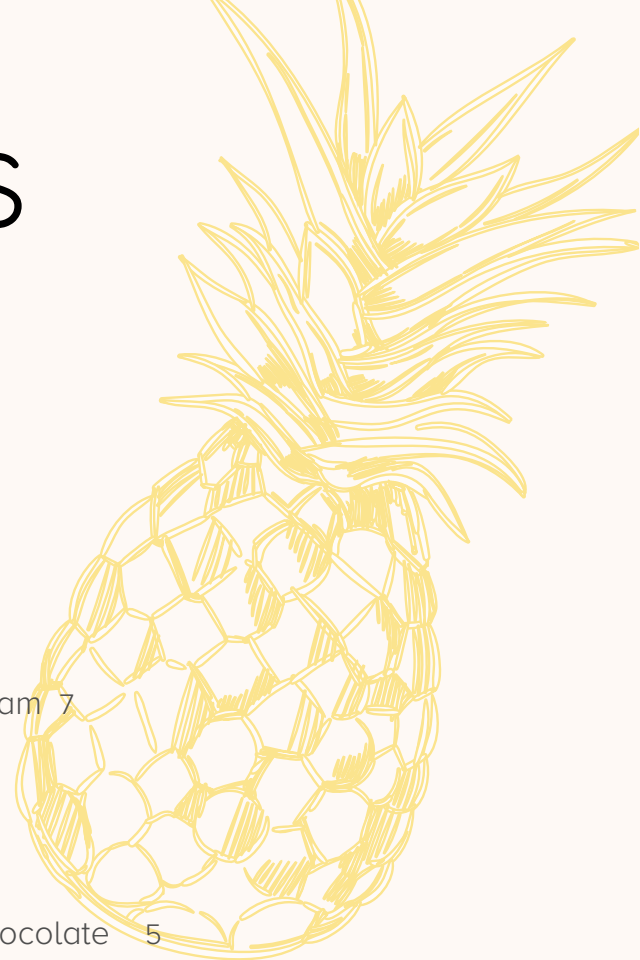
Fresh seasonal fruits served with ice cream 5

## SIDE ORDERS

**Cheesy Garlic Bread** 4

**Fried Shoestring Potatoes**, also called French fries 3

**Herbed Peanuts** 2



# EXCURSIONS MENU

## BAGUETTE SANDWICHES:

1. Baguette with Tomato, Eggplant, Onion and Lettuce (v)
2. Baguette Ham & Bacon with Tomato, Lettuce & Onion
3. Baguette Ham & Cheese with Lettuce & Cucumber
4. Breaded Fish Fillet Baguette with Lettuce & Tomato
5. Breaded Chicken Fillet Baguette with Lettuce & Tomato
6. Baguette with Hungarian Sausage, Lettuce & Mustard

## Asian Delight

7. Fried Rice with Vegetables (v)
8. Fried Rice with Pork
9. Fried Rice with Chicken
10. Spring Rolls Vegetables
11. Spring Rolis Pork

Excursions Drinks Included in Your Packed Lunch  
2 Cans of Any Choice of Drinks  
(Coke, Coke Zero, Sprite, Fanta Orange, Anchor Beer,  
Angkor Beer, Cambodia Beer, Soda Water, Tonic Water)

# KIDS MENU

Create your own Meal

\$8.0

## Main Dishes



Baked or Breaded Chicken

BBQ or Sweet-Spicy Chicken Wings

Battered Fish or Chicken/Fish Nuggets

Baquette (half) with Ham & cheese



## Side Dishes

Fresh salad

Buttered veggies

Crispy fried potato

**YOU CAN ALSO ASK FOR STEAMED RICE**



**DON'T FORGET TO ORDER A GLASS OF ANY DRINK!**



