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Tuesday 19 November 2024

winchelseastar.org.au



Happily surrounded by loved ones in a beautiful town

Why I live in Winchelsea

Born in Siguatepeque in the centre of Honduras, Cinthya now finds herself half way around the world, creating the flavours of the delicious food of her homeland.

La Caseta is her business, in Spanish this means 'the little stall" and in Honduras a Caseta is a colourful wooden stall where Honduran street food is sold, and mostly only known by locals. Her food is enjoyed far and wide through markets, caterings and weekly take home meals.

How did this happen? In 2013 Cinthya was in San Francisco when she met Chris, and Australian lad who was exploring the world. Love developed and in 2014

Cinthya arrived in Anglesea and couldn't wait to see a kangaroo (Thankfully there were plenty around).

Looking for a place to buy and build their life together, Cinthya and Chris found their first home in Winchelsea in 2021. La Caseta was born that same year and Winchelsea now has the first and only Honduran kitchen in Australia (which makes it the best).

Cinthya's mother came out in 2023 and while walking around the river she also saw a kangaroo. Her mother went back home very happy knowing that Cinthya has been welcomed into Australia and lives happily surrounded by loved ones in a beautiful town.

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WINCHELSEA REPERTORY SOCIETY INC.

SHAZ AND NICK'S

GREEK WEDDING RECEPTION

(A PLAY BY CRAIG WELLINGTON AND PERFORMED WITH THE PERMISSION OF DAVID SPICER PRODUCTIONS)

Rob Cameron

Another Winchelsea Repertory Society performance has come to an end after seven months of planning, four months of rehearsal and four nights of performances, enjoyed by 507 satisfied theatre goers.

Our organisation is in its 53rd year of activity, broken only by two years of the COVID lockdowns.

This troupe of 20 amateur actors finished the season on Saturday night in front of a packed house, tired but extremely proud of the end result.

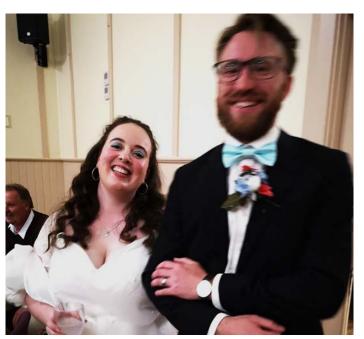
The group has performed the famous, but now somewhat outdated Australia play Dimboola on three occasions and there was a desire to again put on a show that directly involved the audience in the production. The concept of the play is a wedding reception, with the audience acting as the guests. The script of a theatre restaurant show was sourced and cast members were invited to write their own parts to bring a local flavour.

Then a triple miracle landed in our laps. Former local Rob Davies, returned to Winchelsea after 30 years living in the USA and decided it was time to reacquaint himself with the Rep group he was involved in during the 80's. He is a seasoned cabaret performer and he gave the group a voice to build a strong music base to our show. Two youngsters from the local machinery manufacturing company, Knuckeys, were also lured into the group. Larni-Jane Vallence bought a music passion and computer skill to arrange the music and the diminutive Kingsly Sabado debuted a smooth, magical voice that mesmerised our audiences every night.

Our local Chemist Anantram Kalpathy just happened to mention he would like to join the rep and so a part was written to bring him into the family. A smooth and relaxed performance playing himself followed, which should ensure a long and successful stint on the stage.

We were again superbly supported by the Winchelsea FNC Social committee who prepared a beautiful three course meal to round out a perfect four hour entertainment package. Thank you for all the support from our faithful audience which also provided important fundraising to the Winchelsea Bowls Club, Grovedale Lions and the Modewarre Cricket Club.

If there are any budding actors wishing to test themselves on stage, our group would love to hear from you. Whether you sing, dance, act or just dream of doing any of the above please contact us on our Facebook page, or just drop into the Chemist shop and ask Anantram how he found his way to us.



Bride & Groom - Abbey Geddes & Harry Smith



Bridesmaids - Laura Morrissy and Sarah Robertson



Carl Jones (Father O'Flaherty) with bridesmaids



Chris McFarlane (Bride's cousin Bruce) & Rob Cameron (Groom's Uncle Spiro)



Neil McInnes, grumpy Hall Manager, cleaning around the bride & groom as he reckoned they had past the time booked for the hall



Brides parents in foreground Pauline Buhrmann & Nipper Cameron



Sam Simpkin (Bride's Aunty Janet)



Jodie Earl (Groom's mother), Colin Smith (Groomsman) Andrew Tyler (Best man)



Rob Davies (Groom's father)



Kingsley Sabado (Wedding Singer)

Surf Coast Shire Council elects Mayor Cr Mike Bodsworth and Deputy Mayor Cr Libby Stapleton

Surf Coast Shire

Surf Coast Shire Council has elected Cr Mike Bodsworth as Mayor for the first year of its four-year term. Cr Libby Stapleton was elected as Deputy Mayor for the same 12-month period.

The Mayor and Deputy Mayor of the newly formed Council were elected at a special Council meeting on Thursday 14 November.

Mayor Bodsworth said it was a huge honour to be elected to the role. "We've got an exciting new Council with important work to do. New councillors bring new perspectives and I think a fresh Council is a great thing. We have a healthy diversity of views," he said. "I'd like to thank all of my fellow councillors and the Surf Coast Shire community who are a great community to work with."

"One of my first priorities is to work together to build a strong Council culture and one of our first pieces of work will be the Council Plan, which will serve as an essential roadmap. This will involve a lot of community engagement."

"We've got some other exciting projects coming up including the Surf Coast Aquatic and Health Centre and Winchelsea pool and adventure play space redevelopment."

Mayor Bodsworth, a father of two who lives in Anglesea, also thanked his family for their ongoing support.

Cr Stapleton said she was grateful for the opportunity to support the newly formed Council as Deputy Mayor. "I want to work closely with all my fellow councillors to help ensure we get off to a really strong start in this new Council term. I thank my fellow Councillors for their support," she said.

"For us as Councillors, it is our relationship with each other, with our communities, with Council officers and with representatives of the various agencies and organisations, that will be pivotal to our success."

"We are all elected representatives and each of us has a critical role to play in leading our community and contributing to the overall performance of Council."

"Listening to each other respectfully, taking time to build relationships, and doing my best to understand the priorities and values of each Councillor will be important to me in the role of Deputy," Cr Stapleton said.



Deputy Mayor Cr Libby Stapleton and Mayor Cr Mike Bodsworth

Mayor chosen, Council getting going

Tony Phelps, Winchelsea Ward Councillor



As you may have seen elsewhere by now, last Thursday saw the first official public meeting of the new Council. A quick meeting of only 15-20 minutes, the purpose was solely to elect a Mayor and Deputy Mayor. The meeting also sets the term (we can choose

1 year or 2 years) and whether to even have a Deputy Mayor (why wouldn't you?).

Paul Barker and Mike Bodsworth were the candidates for Mayor, with Mike being elected. I think this is a sensible choice given that Mike has been Deputy for the last 2 years giving him significant exposure to the role (he has filled in for Mayor on a few occasions during the last Council term), and he has a measured style that should get us off to a good start this first year of the new Council.

Candidates for Deputy Mayor were Libby Stapleton, Paul Barker, and Adrian Schonfelder. Libby was elected - again, I think a very sensible result for our first year, as the Deputy is now expected to

provide much more support to the Mayor and Libby has 2 years' experience as Mayor to be able to step in and/or assist as needed.

We are now halfway through our 2-week induction program and there has been a lot to take on board - how the Shire is structured, the legal stuff that applies to Councillors (including all the changes to the Local Government Act that came into effect just last month), what needs to be done over the next 12 months, and much more. This week is less background stuff and more getting-into-it stuff. Going to be interesting! We're also gearing up for our first 'proper' Council Meeting on Tuesday 21st November, to be open to the public plus livestreamed as usual.

Councillors now have their official contact details, so head over to surfcoast.vic.gov.au/About-us/Council/Councillors or follow the same sequence from the top menu of the website. Don't forget, ALL Councillors are obliged to be there for the Shire as a whole, it's not about representing the Ward - although clearly each Councillor is going to be much more in tune with their own local area. We are all keen to hear about what matters to you that Surf Coast Shire is responsible for.



AT THE WINCHELSEA SHIRE HALL FRIDAY NOVEMBER 29TH 5.30PM - 9PM

WELCOME DRINK ON ARRIVAL, TASTY HONDURAN APPETISERS
AND MAIN DISH OF YOUR CHOICE!
ADULTS \$40 KIDS \$15

BOOK YOUR SEAT AT THE TABLE

LACASETA.COM.AU/MARKETS
OR EMAIL SHIREHALL@WINCHHOUSE.ORG.AU

Menu

ADULTS

BEEF CHILLI CON CARNE NACHOS, GF

with sour cream, guacamole and pickled onions. DF option available.

BBQ JACKFRUIT NACHOS, GF, Vegetarian or Vegan

with coleslaw, pickled onions, coriander and mayo dressing.

CHIPOTLE CHICKEN BURRITO

with Sour cream, chilli oil, pickled onions and guacamole.

BRAISED BLACK BEAN BURRITO, Vegetarian or Vegan

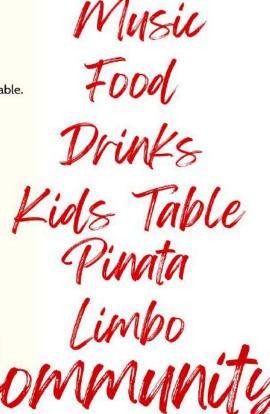
Side of sour cream (coconut yogurt for vegan option) Chili oil , pickled onions & guacamole.

KIDS

CHEESE QUESADILLA

Side of Sour cream or Guacamole.

HONDURAN VEGGIE RICE, GF, DF, Vegan









For more info, contact Tess
healthpromotion@hesse.vic.gov.au

0417 848 292



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*Conditions apply.



Authorised by the Victorian Government, 1 Treasury Place, Melbourne



Meet Your Local Businesses

We love to showcase the local businesses of the Winchelsea region.

Know a business that could be next? Head to winchelseastar.org.au/contribute/promote-a-local and fill in the quick questionnaire.

Mathieu Vaupres

Name MVJK PTY LTD, trading as Colac Trees

When did you start trading? November 2018

Why did you decide to start your business?

I wanted to provide a premium service for the trees and vegetation maintenance in the Otways region

Why did you choose to run your business in Winchelsea? My wife and I purchased a small acreage in Irrewarra after falling in love with the Otways

What are some of challenges you encountered? When we started, we didn't have any relatives and didn't know anybody in the area, so it took some work to get the locals to know about our business

What type of education helped you to open/run/manage your business?

I'm a qualified Climbing Arborist, I also hold qualifications in Forestry and Landscaping.

How many employees do you have? Currently we have 4 to 5 employees

Describe a typical day in your business?

Early start to prepare the vehicles and equipment before travelling to the jobs. Not two days are the same though!

Best thing about Winchelsea?

Nice coffee and no traffic jam! The easy access to Geelong and to the beach are great.





Keep plastic out of your food and garden organics bin.

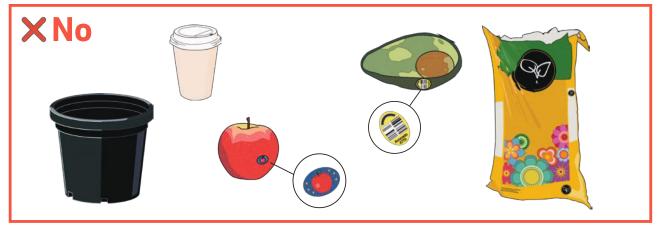
Plastic items (like packaging, fruit stickers and plant pots) won't break down with your food and garden scraps. They are difficult to remove and can contaminate the compost made from your scraps.

Only food scraps and garden clippings belong in your green FOGO* bin. Use AS4736 certified compostable bags to collect your food scraps. Pick up a free roll from the Council office or waste disposal facilities.

Never use plastic or bioplastic bags in your FOGO bin.

Find out more: surfcoast.vic.gov.au/F0G0







* Food Organics & Garden Organics







Remembrance Day 2024 in Winchelsea

Kelly Turner

The Winchelsea community gathered at the Winchelsea Memorial cairns to honour and remember the brave men and women who have sacrificed so much for our country. The event was proudly run by Graham Kenafacke, President of the Winchelsea RSL, with a heartfelt turnout from locals of all ages.

Robert Charles led the Remembrance tribute, and local nurse Judy Shaw wore an original World War II nurse's badge - a poignant reminder of those who served on the frontlines in ways both big and small. A big thank you also to the Winchelsea Lions Club for their help and support for the event.

At the 11th hour on the 11th day of the 11th month, we joined together for a minute's silence, marking the moment in 1918 when the guns on the Western Front finally fell silent. That day over a century ago marked the end of more than four years of relentless conflict, claiming the lives of millions with countless others left without a grave.

Originally known as Armistice Day, this solemn day was later renamed Remembrance Day to commemorate those lost in both World Wars and, today, all Australians who have given their lives in service.

We will remember them. Lest we forget.



















WINCH HOUSE AGM

Occasional Care Report 2023/24

Tina Farmer, Occasional Care Coordinator

We started the year with reasonable numbers despite the availability of free Kinder. We've had a fairly steady stream of new families enquiring about places for their children. We've been able to fill most of them (a lot have been under 3). We are still filling spots and continue to receive new enquiries. As the year has progressed our new children have become more comfortable at Occ Care and are settling in nicely.

Our Christmas raffle managed to raise \$635 and the Bunnings fundraiser \$2636. This money has been put to good use purchasing a new cot, hose and fittings as well as upgrading toys and other play equipment.

We've engaged in various art activities with the children throughout the year including Mother's Day and Father's Day projects, the children love to participate and the parents enjoy receiving their special gifts. Making play dough is an ongoing favourite. As well as interactive storytime and singing with movements.

Our policies are in the process of being updated and are almost completed. Much thanks to Colleen and Wendy who have done the majority of this.

Sheryl our volunteer has been an ongoing presence at Occ Care which is always very appreciated.

We have also been able to rely on Harry should anything big or small need fixing as well as knowing our lawn was being nicely maintained.

Your continued support is very much appreciated, thankyou





Shire Hall Report 2023/24

Wendy Greaves, Manager

And just like that three years has almost gone of our time managing The Winchelsea Shire Hall.



Digital Mentors Training Day

The agreed approach to managing the Shire Hall was as follows:

- Year 1 (2022) Year 2 (2023)
- a foundation year to discover possibilities
- growth and embed, formalize arrangements with support
- Year 3 (2024)
- Evaluate, is this a good fit for the WCH?

Over the time we have had a variety of activities and events in the space including—wedding ceremonies, wedding receptions, funerals, birthday celebrations, themed dinners, luncheons, movie club, the Winchelsea market (monthly), various art exhibitions, high teas, fundraising events, maternal and child health fortnightly drop in sessions, library story time sessions, childrens activities, chatty café, carer's corner, singing group, art group, training (first aid/cpr, RSA, Food Handling), corporate training days, space hire and meetings.

Although this sounds like a lot it falls very short of generating the level of income required to be self-sustaining. The community definitely love the space, want to use the space but are not prepared to pay a commercial price for using the space. It also takes a lot of staff time to maintain the space – taking bookings, meeting people to see the space, giving instructions, setting up for some activities, invoicing and chasing up payments, advertising events, picking up the pieces after events (putting things back where they belong) and cleaning. All these things take a considerable amount of time and resources and are why we have needed to have a dedicated worker to look after this space.

At the end of June 24 we farewelled Jill Evans- who has gone on a big overseas hike. We thank Jill for all her hard work at the Shire Hall and trialling lots of different things.

In order to align with the Surf Coast budget year our arrangement has been extended through until 30/6/25 and we are very excited to have a new Venue & Publicity Administrator - Rhani Bayon appointed to see us through until this date.

She is settling in really well and you have hopefully seen lots of her advertising on social media and around the town for some activities and events that are scheduled to happen soon. We hope you will become involved in these activities and please be sure to let us know what you would like to see happening in the space and we will try our best to give it a go.





Winchelsea Star COMMUNITY NOTICEBOARD

email editor@winchelseastar.org.au or leave at Winchelsea IGA

FOR SALE COX RIDE ON MOWER

Excellent condition, \$1,600. Cox Stockman 3500, hydro drive, 32inch (805mm) cut. Ph 0449 612 506.

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WANTED: AGISTMENT

22 Angus cows and Autumn calves Short or long-term (preferred) Can BYO yards if needed Please call Amelia 0408 995 224 Winchelsea

OP SHOP

Opening Times: Fri-Mon from 10am-4pm Drop off goods between 10am-2pm

WINCHELSEA LIONS CLUB

Environmentally friendly compressed paper bricks for your fire. Save on the rising cost of wood. Pack 4 bricks \$5 - Roll small rolls \$2 Contact Alan 0476 475 422

WINCHELSEA PICKLEBALL

Winchelsea Leisure Time Centre Wed 7-830pm or Thurs10-11.30am. All equipment supplied, wear suitable footwear.

Lesley Mathison 0438 672 197

DIAMOND DOT DAY

Will be the 16th November Senior Citizens Rooms Winchelsea 11.am till 4 pm Everyone welcome

WINCHELSEA TENNIS CLUB

JUNIOR COACHING

Mondays from 3.30pm with experienced Nicole Mullen, \$10

SOCIAL TWILIGHT TENNIS

Monday evenings from 6.00pm. All Welcome!

WINCHELSEA GIRL GUIDES

Are you interested in joining an enthusiastic, self-motivated team working with girls, 5-15 years?

Winchelsea Guides are seeking female adult volunteers. Help us provide a stimulating program giving leadership development opportunities for girls, as well as providing fun and friendship.

Phone Yvonne 0448 672630



Social Bridge is played

EVERY TUESDAY 10.30 AM-1.00 PM

SENIOR CITIZENS CENTRE 36 Harding Street Winchelsea

New players always welcome

Elaine Atkinson 0458 009 616



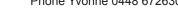
FIRST SUNDAY OF EACH MONTH

5 January 2025 2 February 2025

1 Dec 2024 2 March 2025

6 April 2025

4 May 2025 1 June 2025





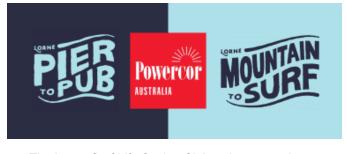
Magpies, Midnight & Miracles

22 - 30 Nov 2024

Evenings 7.30pm - Matinees 2.00pm

BOOK NOW! @ RACV Colac or www.trybooking.com/CWDRC THE COLAC PLAYERS RRRTAG - 520 Corangamite Lake Rd, Cororooke





The Lorne Surf Life Saving Club welcomes swimmers, runners, and spectators to the Powercor Lorne Pier to Pub and Mountain to Surf weekend with the Mountain to Surf trail run on Friday, January 10, followed by the Pier to Pub swim on Saturday, January 11.





Winchelsea Star Feedback Meetings

You are invited to comle along to a monthly production meeting - with coffee of course - on the last Saturday of each month.

Your comments or suggestions, feedback, ideas for stories or coming events are welcome - or simply to say Hi!

Next Winchelsea Star Production Meeting Saturday 30 November 2024

Saturday 30 November 2024 9 - 10am

@ Sweet Thyme, Winchelsea



This Week's Star

Editor - Judy Cameron Designer - Susan Corby

send your stories

news@winchelseastar.org.au

LOCAL NEWS and ARTICLES WELCOME

Include name and address of the sender Email news@winchelseastar.org.au Leave hard copy at IGA Supermarket

DEADLINE 5pm Fridays

4pm Sundays - hard copy articles left at IGA6pm Sundays - sports results and weekend events

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production

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Views expressed are not necessarily those of the Winchelsea Star or Committee. The Winchelsea Star reserves the right to edit or not publish any article.



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Email: manager@winchhouse.org.au



AT THE WINCHELSEA SHIRE HALL
FRIDAY NOVEMBER 29TH 5.30PM - 9PM

WELCOME DRINK ON ARRIVAL, TASTY HONDURAN APPETISERS AND MAIN DISH OF YOUR CHOICE. PLUS MUSIC, GAMES AND MORE!

CHECK OUT THE MENU AND BOOK YOUR SEAT AT THE TABLE

lacasita.com.au/markets

Nos vemos!

Always wanted to learn to learn to Knit?

WINCHELSEA KNITTING GROUP

Thursday Mornings

10.30 - 12pm

FREE Community group.

All welcome, come along and learn to knit or bring a project to work on whilst enjoying a cuppa and a chat.

Winchelsea Community House

CHATTY CAFÉ

"Sip, Chat, Share, Care"

Every Friday 10.30am - 12.30pm

Winchelsea Shire Hall

FREE, Everyone Welcome.

Collection tin for donations.

WANTED: Volunteer Gardener to help maintain gardens surrounding the occasional care centre and community house. Can you help? Please get in touch with Wendy at the community house to get involved.

Carers Corner

Come along, connect with other carers, have a cuppa and a chat, and share useful resources.

29th Nov 11.00am – 12 noon

At the Winchelsea Shire Hall Collection tin for donations.

Tai Chi

Friday Mornings 9.00am – 10.00am In the Helen Verity Room, Winchelsea community house \$10 per session

Crochet Group

Every Second Saturday

1.30pm in the Winchelsea Community

Centre

Next Group 16th Nov

\$5 per class

Book your spot at reception@winchhouse.org.au



27TH NOVEMBER

Reduce Stress
Lower blood pressure
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The Winchelsea Community House aims to provide a space to connect with others in our community through a wide range of programs and activities.

There are many opportunities to learn new skills or further develop existing ones for fun, for your resume or for your confidence and mental health.



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Electric Homes Program Ends 30 November

With just two weeks left to register for the Electric Homes Program, this is your last chance to take advantage of the special pricing and extended warranties we've put together with local trusted suppliers.

The program has so far helped hundreds of households, like yours, increase home comfort and reduce energy bills with all-electric solutions and energy efficient products and services, so jump on board before it's too late.

The Program Includes:

- Solar and Batteries
- Hot Water Heat Pumps
- · Heating and Cooling Systems
- Draught Proofing
- Home Energy Audits
- Home Insulation
- Electric Vehicle Chargers
- Induction Cooktop Installation

Register your interest through the website: geelongsustainability.org.au

New laws to deliver Australian-first paramedic practitioners Victorian State Government

victorian State Government

Australia's first ever Paramedic Practitioners are one step closer to hitting the road, with the Victorian Government introducing the Paramedic Practitioners Bill 2024 which will allow qualified paramedics to deliver a higher level of care to patients when and where they need it.

The new specialised role will give graduates an expanded role – allowing them to independently deliver urgent care to reduce pressure on Victoria's busy ambulance services and emergency departments.

Under the expanded role, Paramedic Practitioners will be able to assess, diagnose and treat many conditions locally without the need to transfer patients to hospital.

The biggest change will see Paramedic Practitioners able to handle and administer scheduled medicines, so they can prescribe and supply medicines on the spot to Victorians.

The first cohort of 30 paramedics are currently undertaking the nation-leading Paramedic Practitioner master's degree at Monash University – with a second cohort set to begin the course next year.

Developed alongside Ambulance Victoria, Safer Care Victoria, paramedics, clinicians, and unions, the first 30 students will be deployed to regional Victoria in 2026.

Once graduated, they'll be able to treat conditions that commonly see people visit a hospital – including urinary catheter care, wound care and closure, minor infections, dislocations and fractures.

The Government is also supporting the training of 40 additional Mobile Intensive Care Ambulance (MICA) paramedics.

These investments are as important as ever, with the latest quarterly data revealing Victoria's hardworking paramedics continue to face high demand, attending close to 100,000 Code 1 call outs.

Delivering better PTSD treatments for the Victorian frontline

Victorian State Government

World-leading researchers from Black Dog Institute and UNSW Sydney have partnered to launch updated guidelines for the management of PTSD among emergency service workers in Victoria.

These are the first and only PTSD guidelines in the world developed with a specific focus on the emergency services community, using real-world evidence to understand and address the unique challenges faced by this group.

Emergency service workers are twice as likely to experience mental health problems than the general population, in large part due to the high risk of trauma exposure at work. An estimated 1 in 10 of Australia's 370,000+ emergency workers and volunteers will develop PTSD related to critical incidents.

"We want to make sure that any emergency service workers or volunteers in Victoria that come forward for treatment of PTSD know that they're getting the best quality treatment and the treatment that is most likely to work," says lead co-author Professor Sam Harvey, Executive Director and Chief Scientist of Black Dog Institute.

"We now have a range of different treatment options that are effective for PTSD in emergency service workers, including talking therapies and a range of pharmaceutical treatments. If someone doesn't get better with initial treatment, there are a range of other evidence-based treatments that should be tried."

Over recent years, Victoria has experienced devastating bushfires and floods, exposing frontline workers to heightened levels of stress and increased risk of trauma exposure at work. As the likelihood of these events increase due to climate change, the mental health of emergency responders is under growing pressure.

This report consolidates the best available research evidence to provide clinicians with clear guidelines on how to diagnose and treat of emergency workers with PTSD.



Fun, Interactive music sessions for pre-school children (0-4 y.o.) and parents/caregivers

When: Mondays from 10 to 11 am (runs during school terms) Where: St Thomas' Hall 25 Barwon Tce.

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569 Warrowie Rd. Colac P: 5233 6280 F: 5233 6393 E: info@oztrees.com.au W: www.oztrees.com.au Open Monday—Friday 9am—4:30pm

Phone OzTrees for professional advice,









The Climate Report

Judy Cameron

Here is a summary (via the ABC News website) of the fires being reported in Victoria on Saturday evening. A portent for this summer.

- Bushfires in the Chetwynd region, with residents in Chetwynd told to leave immediately. Kadnook and Brimboal residents have been told to leave now.
- Bushfires in the Chapple Vale region, with Yuulong residents told to leave now and Devondale residents told to stay informed
- · Bushfire in Dereel, with residents told to stay informed
- No advice for bushfires in Marcus Hill, Warrabkook, Goschen, Tawonga, Mallacoota, Whiteheads Creek, Acheron, Broadford, Wickliffe, Nandaly and Bimbourie
- No advice for other fires in St Albans, Lilydale, Mitcham, South Melbourne, Endeavour Hills, Mount Martha and Harcourt

Bill McNamara in **Yuulong** said he hasn't seen fires like this since **Ash Wednesday**. "It's closer than I'd want it to be," he told the ABC. He said the **Otways** region is volatile and is expecting a long night ahead to protect his property.

Cama Hanrahan was out of service cooling off by a waterhole in Crowes, but saw the notifications of the fires at 3pm as authorities ramped up alerts. "My phone was going off. I was panicking," she said. She evacuated her home and plans to drive to Colac tonight. She told the ABC there were a lot of tourists still coming through Lavers Hill, counting around 20 cars a minute passing the main road.

Geoff Amery, who owns a bed and breakfast near **Chetwynd** in the state's west, said the **Kadnook blaze** was the scariest fire he had seen since he moved to the area about 15 years ago. "It's

getting a bit close to home. I'm hoping the wind change won't affect us too much," he said.

West Wimmera Shire CEO **David Beizeudenhoet** said he helped a couple, who had lost everything including their house and caravan, find accommodation. "I'm hoping there's not more cases," he said. "They're resilient people in our community. But even for a resilient person, it's a bad experience. Mr Beizeudenhoet also had to arrange a place for their dogs, who are safe. "The reality of what has happened will likely hit them tomorrow."

A fire in the Otways near the Great Ocean Road has been upgraded to watch and act — leave now for Crowes, Johanna Heights, Wangerrip, Yuulong, Graham Junction. "It's really difficult terrain for our crews to get in to," State Control Centre spokesperson Luke Heagerty said. The area is popular with tourists, and he advised people to avoid driving through that area. "It's a really tricky spot to get in and out of."

Meanwhile in Queensland

Motorists rescued from floodwaters as about 100 millimetres falls in three hours in south-east Queensland. Birkdale resident Lorraine Hooker said water around her neighbourhood had risen to waist deep in some spots. "The cars are all banked up and there are people who are wondering whether they go forwards or backwards or just go through it and risk it," she said.

Continuous flooding rain has forced the cancellation of the Sherwood Community Festival in Brisbane's west. The annual volunteer-run free event has been running for 29 years and was expected to attract 8,000 people.









You're invited Annual General Meeting

Community Bank Surf Coast - Winchelsea, Anglesea, Lorne & District. Please come along to our 2023-2024 Annual General Meeting. All welcome.

When	Tuesday 19th November
Time	5.30pm
Where	The Winchelsea Shire Hall 28 Hesse St, Winchelsea VIC
RSVP	secretary@corangamitefs.com. au or call 0427 099 410



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CELEBRATION SERIES



ARTS PROGRAM



Our creative Arts Program for Term 4 has the whole school focusing on Printmaking. The different styles of printing include: Collagraph printing, screen printing, monoprinting and stamping. We can't wait to see the finished projects!









Winchelsea Churches



St John's Catholic Church

Father Joseph Panackal 0404598558

Harding St, Winchelsea 3241

Mass times have been changed to 6pm whilst daylight savings are on.

Every Saturday night.

St Thomas' Anglican Church

Rev'd Phil Jacobson 0477 672 042 stthomaswac@gmail.com Barwon Tce, Winchelsea Service 10am

Winchelsea Uniting Church

0475 777 301 uca.winchelsea@gmail.com Hesse St, Winchelsea 3241 Services 9.30am Sundays

Thought for the Week

You who perceive yourself as weak, and frail, with futile hopes and devastated dreams, born but to die, to weep and suffer pain,hear this: all power is given to you in earth and heaven. There is nothing you cannot do.

John Bader, Former U/C Accredited Lay Preacher

WANT TO JOIN PROBUS?

Enjoy fellowship with other members

Enjoy trips & outings
Listen to guest speakers



Contact Lorraine 0417 467 927





Did you visit the Corpse Flower this week?

Geelong Botanic Gardens website

In November 2024, over 20,000 people came to see the corpse flower for its first bloom at the Geelong Botanic Gardens.

Visitors came from as far as Alice Springs, Perth, Sydney and Melbourne to experience this rare bloom, supporting local businesses and the economy.

To make sure as many people could come to view this rare event, the Conservatory stayed open 24 hours during the bloom.

The corpse plant web page with updates received 67,000 views. Our live stream has been extremely popular, with over 350,000 views from around Australia and the world.

The corpse plant will restart the process of storing energy until it has enough to produce another flower. This may take another seven to 10 years.

Amorphophallus titanium, the 'corpse flower', blooms unpredictably, sometimes just once every 10 years and when it does, it smells like death and only lasts between 24 and 48 hours.



This photo with the compliments of neighbours Di Schultz and Stu Fry who went to see it at 3am!

Lorne Pier to Pub and Mountain to Surf return for a landmark 45th year on Victoria's Surf Coast

The Lorne Surf Life Saving Club is thrilled to welcome back swimmers, runners, and spectators to the Powercor Lorne Pier to Pub and Mountain to Surf, two celebrated surf coast events that highlight the power of community and sport.

On January 10 and 11 2025, the 45th annual Pier to Pub and Mountain to Surf will bring together participants from across the country, showcasing Lorne's vibrant spirit, led by the dedicated volunteers from the Lorne Surf Life Saving Club (SLSC).

Held annually on the second weekend of January, the Pier to Pub and Mountain to Surf celebrate their longstanding tradition of athletic challenge, camaraderie, and fundraising for beach safety. Supported by Powercor, the Pier to Pub is the largest open-water swim in Australia, attracting over 5,000 competitors and over 25,000 spectators to the small coastal town. The weekend begins with the Mountain to Surf trail run on Friday, January 10, followed by the Pier to Pub swim on Saturday, January 11.

With an open invitation to swimmers and runners of all levels, these two events are a celebration of getting active and participating in a welcoming, fun-filled weekend. The events embody a mission to encourage Victorians to embrace fitness, get moving, and experience Lorne's complete offering.

KEY DATES AND REGISTRATION INFORMATION

Entries Open: November 4, 2024, with early bird pricing

Early Bird Pricing Ends: December 1, 2024

Mountain to Surf Race: Friday, January 10, 8:30 am Pier to Pub Swim: Saturday, January 11, 11:00 am

Ticket Prices: Mountain to Surf - \$65 (adults), \$55 (juniors);

Pier to Pub - \$80 (all ages)

Winchelsea Men's Shed



For The Community
51 Hesse Street

0.1.0000 0...001

Every Wednesday from 9:30am

New members always welcome

For more detail contact:
Ray Atkinson (Co-ordinator)
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or
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SCARS - Surf Coast Animal Rescue Service	facebook.com/groups/415211698950674
Winchelsea Gardeners	facebook.com/groups/779878518703025
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Winchelsea Repertory Society Inc	facebook.com/winchrep/
Winchelsea Globe Theatre	facebook.com/Winchelsea-Globe Theatre-164790897641678
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Winchelsea Playgroup (School terms only)	facebook.com/groups/551663435367031
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Winchelsea Fire Brigade	facebook.com/winchelseafirebrigade/
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RACV's top prevention tips following 25 % increase in trailer thefts

A wheel lock can immobilise your trailer (Getty Images)

- Recent data from the Victorian Crime Statistics Agency shows a 25 per cent increase in car trailer thefts in Victoria over the year to June 2024.
- During the previous period, 1,392 trailers were stolen but that number has jumped to 1,750 in line with an increase in other motor vehicle theft offences.
- RACV Head of Motor Insurance & Roadside Products Kirsty Hayes says that there are ways to prevent trailer theft and urges owners to consider these precautions given the recent increase in offences.
- "We are seeing an overall increase of motor vehicle theft offences and trailers are a theft target in Victoria due to their mobility and potential resale value," Ms Hayes said.
- "This can be a big issue for self-employed tradespeople who own a trailer to conduct their business.
- "Even if you're hiring a trailer for one day, you should be aware that thieves can also target the goods and valuables you're carrying around if you leave them unattended."

RACV's top trailer theft prevention tips:

RACV

- Wheel locks: A wheel lock can immobilise your trailer, preventing thieves from easily taking your trailer away. As a result, wheel locks also act as a great visual deterrent as many opportunistic thieves will not try to break through a heavy-duty wheel clamp.
- Trailer tongue locks: A trailer tongue lock fits in or over the trailer tongue, preventing a thief from inserting a hitch ball by plugging up the coupler. Without being able to attach the trailer to a vehicle, thieves can't drive off with your trailer. This is a great lock for when you need to leave your trailer disconnected from your vehicle.
 - Make sure that any tongue lock you use is made from strong metal, is tool and pick resistant, and has a key or combination mechanism that requires the correct key or code to open.
- Trailer hitch locks: This prevents thieves from uncoupling your trailer from your vehicle.
 - Simply install your ball mount into the trailer hitch's receiver tube, then insert the hitch lock instead of the regular hitch pin. A ball mount with a hitch lock typically uses a protective cap secured by a lock cylinder or padlock. Thieves won't be able to slide out the hitch pin to uncouple your trailer.

- A wireless alarm: A wireless alarm that makes a loud sound if tampered with can scare thieves away from your trailer. It can also alert you, or passersby, to the attempted theft.
- Small GPS tracking devices: These can also be hidden somewhere on your trailer. If your trailer is stolen, you can then track its location on the GPS's related app and inform police where your stolen trailer was taken.
- Bright markings: Thieves don't like unique or obvious markings on objects or vehicles they hope to steal. Not only do bright markings make your trailer harder for the thief to resell, they make the trailer easily recognisable to police. Consider adding bright colours to your trailer, or reflectors that shine brightly in headlights, to deter theft.
- Avoid unnecessary stops: Sometimes the most effective safety method is the simplest. When towing a trailer, drive directly to your destination without unnecessary stops.
- Park and store safely: Once you've arrived, park in a well-lit area, preferably in a locked garage or shed if possible. You can even block your trailer's exit path with your towing vehicle so that thieves can't manoeuvre it away.
- Don't leave items unattended: Make sure goods and valuables you're carrying around are not left unattended to prevent theft from the trailer and ensure you remove them once you are parked, storing them securely.

Help protect yourself against loss caused by theft of your trailer by taking out dedicated trailer insurance. RACV Trailer Insurance helps cover any trailer that meets registration requirements, both when the trailer is parked at home and while you're towing it. It also covers any licenced driver borrowing your trailer with your permission.

Visit racv.com.au for more information on trailer insurance and tips to protect your trailer from theft.

Since 1903, RACV has been one of Australia's most trusted brands and is the largest member organisation in Victoria. RACV is proud to provide exceptional experiences for our members and customers through a range of products and services across motoring and mobility, home, energy and leisure. These include emergency roadside assistance, motor insurance, home insurance, home trades and an increasing range of options in the cleaner energy space, such as RACV Solar. We have 10 clubs and resorts across Australia and offer a range of domestic and international holiday packages, tours and cruises from our trusted travel partners.

Winchelsea Men's Shed



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Bird or animal nesting boxes are available from The Men's Shed. These can be made to order. Call in on any Wednesday to have a chat.



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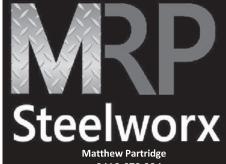


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The 'C-word' contributing to almost 1 in 4 Australian deaths

Approximately 2.1 million Australians are diagnosed with high cholesterol.

Known as the 'silent disease' as it often presents with no symptoms, high cholesterol is a critical risk factor for atherosclerotic cardiovascular disease (ASCVD), an umbrella term for diseases caused by fatty deposits silently building up in the arteries.

If left untreated, ASCVD can lead to heart attacks and strokes, accounting for 85% of all cardiovascular-related deaths worldwide.

In recent years, ASCVD was the underlying cause of nearly a quarter (45,000) of all deaths in Australia, significantly contributing to the \$14.3 billion in healthcare costs attributed to cardiovascular diseases.

Tough new laws to smoke out tobacco crime lords

Victorian State Government

The toughest penalties in the country are coming for the illegal tobacco trade and the criminals who profit from it.

The Victorian Government will introduce the Tobacco Amendment (Tobacco Retailer and Wholesaler Licensing Scheme) Bill 2024 which will establish a tobacco business licensing scheme – so tobacco can only be sold by licensed retailers.

A licence is only available for fit and proper persons who pass a strict test, and you can be refused a licence based on your history and known associates.

This will help protect legitimate business from getting undercut from criminal syndicates and ban those who have criminal affiliations from having anything to do with this trade.

The roll out of the new licensing scheme will start from the middle of next year.

What's up Skip? Been rescued by someone who isn't a wildlife rehabilitator?

DEECA

Victorians are being reminded not to take injured or orphaned native animals home with them.

Chief Conservation Regulator Kate Gavens said while the intentions might be good, in most cases it's not the best outcome for an orphaned or injured wild animal, such

as kangaroo joeys, to be taken to someone's house who isn't authorised to do so.

People taking wildlife home may also face fines and can risk exposure to diseases to themselves or their pets. If unauthorised people take in wildlife, the animals can

be exposed to domestic animals, loud human living environments and inappropriate, and sometimes unsafe caring and feeding techniques.



For example - an orphaned Eastern Grey Kangaroo joey was reportedly found by the roadside and kept by well-meaning people who did not have the skills or knowledge to care for her properly. Fortunately for this joey, the Conservation Regulator received a call about her situation and officers took her to a wildlife shelter near Bendigo where she was found to be sick and undernourished and is now receiving specialised care.

If members of the public encounter sick, injured or orphaned wildlife they should call the Department of Energy, Environment and Climate Action on 136 186 or use the Help for Injured Wildlife tool. Wildlife rehabilitation is undertaken by a diverse network of authorised and experienced volunteer shelter operators and foster carers and are supported by wildlife rescuers and registered veterinarians.

It is illegal in Victoria to take and keep sick, injured or orphaned wildlife from the wild. Taking native animals from the wild without authorisation is an offence under the Wildlife Act 1975 that carries a fine of up to \$9879.50 and/or 6 months imprisonment.

Members of the community picking up sick animals can also increase the risk of spreading diseases including avian influenza. State and Commonwealth agencies are working together to ensure the potential impacts of Highly Pathogenic Avian Influenza (HPAI) outbreaks are minimised including helping wildlife rehabilitators to prepare for any outbreak of the H5N1 strain which has not been detected in Australia to date.

For more information on the response to HPAI outbreaks go to https://www.wildlife.vic.gov.au/sick-injured-or-orphaned-wildlife/high-pathogenic-avian-influenza

SERVICES & ACTIVITIES IN WINCHELSEA

VLINE TRAIN SERVICES

TO MELBOURNE:

Mon - Fri 6:41 am, 7.57am, 11:14am, 2:08pm, 7:23pm

Sat - Sun 9:26am, 1:30pm, 7:18pm

TO WARRNAMBOOL:

Mon - Fri 8.56am, 11.55am, 2:50pm, 5.27pm,

6:45pm, 8:50pm

Sat - Sun 8:47am, 2:46pm, 8:34pm



COUNTRY WOMEN'S ASSOCIATION

7pm second Wednesday of month Winchelsea Senior Citizens' Hall



Winchelsea and District COMBINED PROBUS CLUB



Senior Citizens Rooms, Harding St, Winchelsea. New members always welcome. Enquiries Lorraine 0417 467 927



SOCIAL BRIDGE

Every Tuesday 10.30 am - 1.00 pm Senior Citizens Centre 36 Harding Street Winchelsea New players always welcome Contact Elaine Atkinson 0458009616

WINCHELSEA TRANSFER STATION

55 Cressy Road, Winchelsea

Tuesday 2pm-4pm Saturday 1.30-3.30pm Thursday 2pm-4pm Sunday 9.30-12.30pm



Closed on Christmas Day, but open on other public holidays that fall during their normal operating hours. www.surfcoast.vic.gov.au/disposalsites



WINCHELSEA GIRL GUIDES

Our Unit meets at the Catholic Church Hall, Harding St Winchelsea each Monday 4.30pm-6pm All girls 5yrs- 15yrs Welcome! Contact Yvonne Orchard 0448 672 630 or Emily LaPorte Phone 0476 719 381

SCOUTS be prepared . . .

1st Modda & 1st Winchelsea SCOUT GROUP

Joeys: Tuesdays of school term 5-6pm Cubs: Mondays of school term 6:30-8pm Scouts: Tuesdays of school term 6:30-8:30pm All at Modewarre Hall, Cape Otway Rd Venturers: Wed at Walton's Rd Venturer Den Contact Marie McPadden 0409 330147



For reservations on the weekly bus to the Eastern Reserve Hub, please phone 52671202.

SURF COAST MOBILE LIBRARY

Hesse St, Fridays, 2pm-5pm
Surf Coast Mobile Library
parked in Hesse Street (outside Shire Hall)
Fridays 2:00 and 5:00pm unless it is a Public Holiday.

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Every second Thursday 10am-12pm St Thomas Anglican Church Hall cnr Barwon Tce and Hopkins St, Winchelsea Contact: Danni Menzies 0432019944 winchelseaplaygroup@gmail.com Facebook - Winchelsea Playgroup 2019 New families welcome

Textiles don't belong in your recycling bin.

Clothes, towels, linen, shoes and other textile items aren't accepted at the facilities that sort household recycling.

Consider giving away items that are in good condition, repurposing items that are damaged, or using specialised textile recycling services. If there's no other option, put them in your general rubbish bin (red lid).

A small act like recycling correctly makes a big impact.

Find out more: surfcoast.vic.gov.au/textiles





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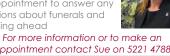
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appointment contact Sue on 5221 4788 Tuckers Community Office, Surf Coast Taxation Services, 22 Willis Street, Winchelsea

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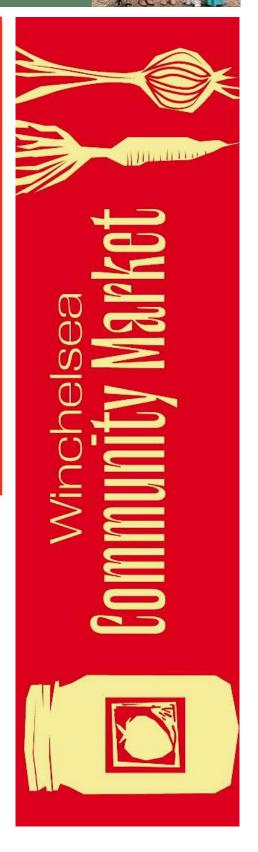
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Our clinic accepts online bookings via the app called HotDoc. Download the app on the App Store or Google Play or head to our website.







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Our Christmas Favourites

Wednesday 4 December | 11 AM

in CHEEK Ensemble whilst they transport you back to cherished memories and timeless classics with *Our Christmas Favourites*!

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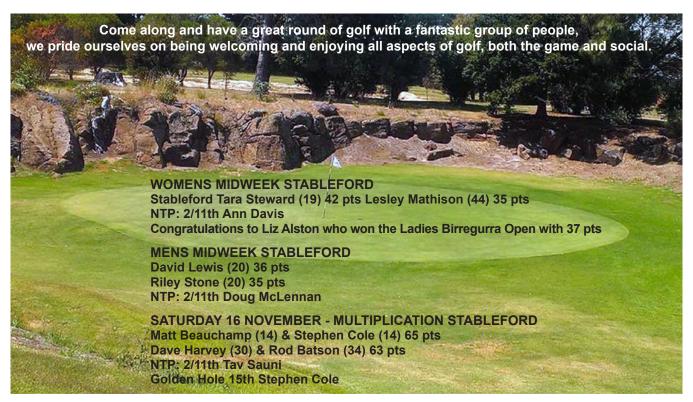


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Winchelsea Golf Club

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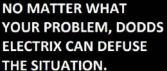
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parkrun



November 2024

Every Saturday morning, participants complete the course through Trebeck Reserve no matter what the running and walking conditions. Some people complete their first ever parkrun. There are also visitors from lots of other towns and even from interstate. Well done everyone who walks, runs or volunteers.

Details of this week's results can be found at trebeckreserveparkrun.com.au/results

Please check out our Facebook page for today's photos and further information.

If you wish to join us any Saturday morning as a walker, runner or volunteer please complete the simple online registration at parkrun.com.au/register. This is free, only needs to be done once and can be used at any of the 5,000 plus parkrun events

Trebeck Reserve, Winchelsea

worldwide.

You do not need to be a runner, wear fancy Lycra or the latest high-tech shoes. Around one third of participants walk the course.

It takes a minimum of six people each week to safely conduct an enjoyable event. Please email trebeckreserve@parkrun.com if you are able to volunteer some of your time. Tasks are simple, sociable, fun and very much appreciated.

Well behaved dogs on a short hand held leash are welcome (no waist harnesses please)

parkrun is conducted at nearly 500 locations across Australia each week.



Department of Health

HESSE RURAL HEALTH

Board director opportunities at Hesse Rural Health

The Minister for Health, the Hon. Mary-Anne Thomas MP, is pleased to invite applications for part time board director positions at **Hesse Rural Health**.

The positions start on 1 July 2025 and appointments are for up to three years.

These positions provide an exciting opportunity for Victorians to contribute to the health and wellbeing of our communities. Applicants are selected for their capabilities, including personal and professional experience, knowledge, and skills that contribute to the strategic leadership and oversight of health care for the Victorian community.

The Victorian Government is committed to ensuring that government boards reflect the rich diversity of the Victorian community. This includes diverse leadership of the health system that represents the variety of backgrounds and cultures of Victorian communities to enable the vision of achieving the best health, wellbeing and safety for everyone.

To build an empowered and engaged leadership across the health system, our priority areas are people of all ages, First Nations people, people who live with a disability, people from culturally diverse backgrounds, people who identify as LGBTIQA+,

the promotion of gender equality and upholding human rights.

Applicants must be able to demonstrate the capabilities identified in their applications.

Applications close at **midnight Sunday 24 November 2024.**

Further information about Victorian health service boards and how to apply can be found at www.health.vic.gov.au/board-applications

For all enquiries regarding the Board, please contact **Kate Lockhart, Executive Assistant** on (03) 5267 1200 or email: kate.lockhart@hesse.vic.gov.au









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Winchelsea Bowls Club

Julie Johnson



Over the past couple of rounds quite good conditions for bowling prevailed and we had some fantastic matches. Round 6 Week End where we were 7 players out and had to pull people in to fill teams was a memorable day, strongly encouraged by coach Rhys to play for the shirt we came away with 3 wins out of 3 games. Extremely well done by all those out of position, ringed in at the last moment to play and what a wonderful result.

PENNANT RESULTS

No Mid Week matches were played during cup week. Mid Week Rd 5 Division 1 def Colac City at home 2/3 rinks, 85/69 shots.

Division 3 were def at home by Camperdown 1/3 rinks 46/63 shots.

To put his in perspective there are actually quite a few Week End Divi 1 players in this team as Camperdown have not fielded a Mid Week team for a few years. This was a great effort as Camperdown have doubled the percentage for this Division to date.

LADDER POSITIONS

Division 1 1st position. Division 3 5th position.

WEEK END PENNANT

Rd 5 Division 1 def Simpson at home all rinks, 105/80 shots. Division 2 were def by Lorne away 1/4 rinks, 67/116 shots. Lorne have just come out of Division 1 this season. Division 4

Rd 6 Division 1 def Colac Central away 3/4 rinks, 124/86 shots.

Division 2 def Apollo Bay at home, we were fortunate they were missing a few players as well as they were top of the ladder. 3/4 rinks 104/87 shots.

Division 4 def Cressy at home 1/3 rinks 60/56 shots.

AROUND THE GREEN

The final of the Corangamite Playing Area Mixed Pairs was played late in the day on the 6th of November. This was able to be held here as the Blues had the 2 teams in the final.

Congratulations to Pip Ward and Stewart Williams very worthy winners and Runners Up were Erin Baulch and Jason Armstrong. Pip and Stewart will go on to face Western Region and Far Western Region for a place in Country Week.

Congratulations to Ross Erwin who defeated a worthy opponent Pat Lowrey in the final of the Roving Kitty event, well done both of you.

Future club event is the beginning rounds of the Winchelsea Blues Bowls Ladies and Men's Championship Singles. Please watch the boards for these events and the Christmas Breakup on Saturday Evening 14th December.

To all the Blues crew and the bowlers interstate who have an attachment to the club - may the bowls be with you!!



Stewart Williams and Pip Ward CPA Mixed Pairs Champions

Winchelsea Bowls Club welcomes all visitors Our Club has a beautiful garden setting in the heart of the town. For the complete newcomer to lawn bowls, looking for a sporting activity that promises much fun and enjoyment with a competitive element, then the friendly, welcoming atmosphere of our Bowling Club is be the place to be

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DEFIBRILLATORS IN WINCHELSEA

Accessible to the public 24 hours a day

The Winchelsea Lions Club has compiled a list of public access defibrillators in Winchelsea. Four more have been installed at Winchelsea Primary School, Winchelsea Bowls Club Hesse St, the netball courts Eastern Reserve Hopkins St and at the Globe Theatre near the side entrance. If anyone knows any others that have 24 hour public access, please let Linda Carter know on 0439 817 263.



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