

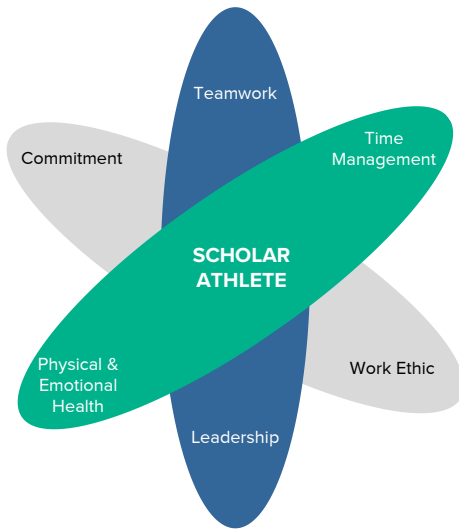
# UNISUS **SNOWSPORTS** ACADEMY

INNOVATIVE **EDUCATION** + HIGH PERFORMANCE **ATHLETICS**



# SCHOLAR-ATHLETE PROGRAM OVERVIEW

## Innovation in **Education** + High Performance **Athletics**



UNISUS Scholar-Athlete Profile

The UNISUS Scholar-Athlete program combines a world-class International Baccalaureate (IB) education alongside a holistic, focused approach to sports. The program is designed for students who aspire to reach high-performance or advanced levels in their athletic pursuits as well as successful academic achievements.

UNISUS Scholar-Athletes develop essential skills such as resilience, heightened accountability, and unwavering dedication towards achieving their goals and objectives. These skills not only benefit them in sports, but they also have a profound impact on their overall personal growth and success.

## Key benefits of the **Scholar-Athlete** Program

### Academic Pathway

- Pathways to graduation enables all students to achieve their best academically. Scholar Athletes can graduate with an IBDP and/or enriched B.C. Dogwood High School Diploma.
- The IB is globally recognized by top universities. Graduates are considered for early admissions and scholarship awards.
- IB graduates are confident, capable learners prepared to take on the challenges of post-secondary education.

### Athlete Development

- Holistic athlete development includes physical strength and conditioning, mental wellbeing, nutrition, and injury prevention training.
- Focused dry-land training and on-ice/snow training led by qualified sports therapists.
- Individualized training plans and performance reports supported by analytics and video.
- Post-secondary application and offer management with a focused approach to athlete brand development.



# FREESTYLE SNOWSPORTS PROGRAM

UNISUS' Freestyle Academy program trains on the slopes of Apex Mountain Resort, a leading hill for achieving high impact training on world-class facilities, and in less time given the low lap time on the training lift.

Dryland training is provided by UNISUS' on-campus Olympic size trampoline for practicing aerials with our highly qualified coaches, along with dryland camps during the off-season, strength and conditioning, flexibility training, as well as mental preparation for events. Our coaches travel with students to competitions, which are a required component of our academy program.

Located at APEX MOUNTAIN RESORT, the program offers freestyle skiing disciplines, including (but not limited to) moguls, slopestyle, big mountain, and freeride.

## Program Levels

### LEVEL 0 Academy - Fundamental Skills

- Pre-requisite: Can ski blues in control, ride all lifts independently, has had experience in Ski School or Fundamental Freestyle lessons
- Skills development: learning fundamental ski technique (carving), having fun, diversity in terrain, basic small jumps and 50/50 on boxes
- Suggested age range: Ages 9-11 / grades 4-6
- On snow training: APEX Friday 10-3pm for 10 weeks, plus 4 camp days for 14 on snow days or 60 hours
- Trampoline: 12 sessions, 2 hours each
- Competition (required): Club/School and SuperYouth, minimum 1 event per year Regional - 2 / Club - 1

### LEVEL 1 Academy - Learn to Train

- Pre-requisite: Can Ski all blues independently and with a parallel turn
- Skills development: learning freestyle specific skills like basic jumping & take-off timing, mogul turn timing, boxes
- Suggested age range: Ages 11-13 / grades 6-8
- On snow training: APEX Friday & Saturday 10-3pm 10 weeks, plus 7 camp days for 27 on snow days, 135 hours
- Trampoline: 12 sessions, 2 hours each
- Competition (required): Club/School and SuperYouth, minimum 2 events per year Regional - 2 / Club - 1

### LEVEL 2 Academy - Train to Train

- Pre-requisite: Can ski all blacks with control, competition experience at Regional level
- Skills development: adding tricks and rotations to jumps, skiing full middle sections in the moguls, sliding 90 on boxes and transitioning to hybrid rails or tubes
- Suggested age range: Ages 13-16 / grades 8-10
- On snow training: APEX Friday, Saturday, Sunday 10-3pm 10 weeks, plus 16 camp days. 46 on snow days, 230 hours
- Trampoline: 24 sessions, 2 hours each
- Competition (required): Provincial, Jr Nationals, minimum 2 event per year Provincial Series - 3 / Jr Nationals - 1 / Regional - 2

### LEVEL 3 Academy - Train to Compete

- Pre-requisite: Can ski all terrain, competition experience at Provincial level
- Skills development: starting inverts on jumps, rotations with grabs, off axis progressions, full mogul, runs with consistent exits of airs into moguls, rails and variations of entries/directions
- Suggested age range: Ages 16-18 / grades 10-12
- On snow training: APEX Tuesday, Wednesday, Friday, Saturday 10-3pm 10 weeks, plus 55 camp days. 95 on snow days, 475 hours
- Trampoline: 24 sessions, 2 hours each
- Competition (required): NorAms - 4 / Canada Cups - 2 / Selections - 1 / Sr/Jr Nationals - 2

# ALPINE SNOWSPORTS PROGRAM

UNISUS has partnered with Apex Ski Club for its Alpine Skiing skills development, as well as providing a unique opportunity for an extended on-snow training season through our partnership with the renowned Apex2100 scholar-athlete program in France. Students may qualify to transition to Apex2100 for their final high school years if achieving a high level of competitive and skill results at the FIS level.

The logo for the Apex2100 program, featuring the word "APEX" in a bold, sans-serif font followed by "2100" in a similar font, with a stylized graphic element.

At APEX MOUNTAIN RESORT, students have access to world class facilities, for programs in all alpine racing disciplines.

## Program Levels

### U12 Racers

- An introduction to the world of ski racing for the more junior skier looking to improve their skills with eyes on higher level ski racing. U12 athletes continue to develop their skiing skills while acquiring tactical skills in giant slalom and slalom. Training includes skills, drills, fitness, gate training and free skiing to develop a well rounded athlete.
- The goal is to provide skiers with the opportunity to excel at skiing and experience what it is like to be more involved in organized alpine racing in a fun and supportive atmosphere.
- Strong skiers have the opportunity to apply to study and train at Apex2100 from August to November in France.
- Dryland training begins in September and the on-snow program begins at the end of November or early December through to April, conditions permitting.
- On-snow training is on Friday, Saturday and Sunday as well as through Winter Break and Spring Break

### U14 Racers

- The U14 athletes become incredibly skilled all mountain skiers with emphasis on racing. They continue to learn to train and improve their racing skills.
- U14 Alpine athletes have the opportunity to study and train at Apex2100 from August to November in France.
- Dryland training begins in September and the on-snow program begins at the end of November or early December through to April, conditions permitting.
- On-snow training is on Friday, Saturday and Sunday as well as through Winter Break and Spring Break.

### U16 Racers

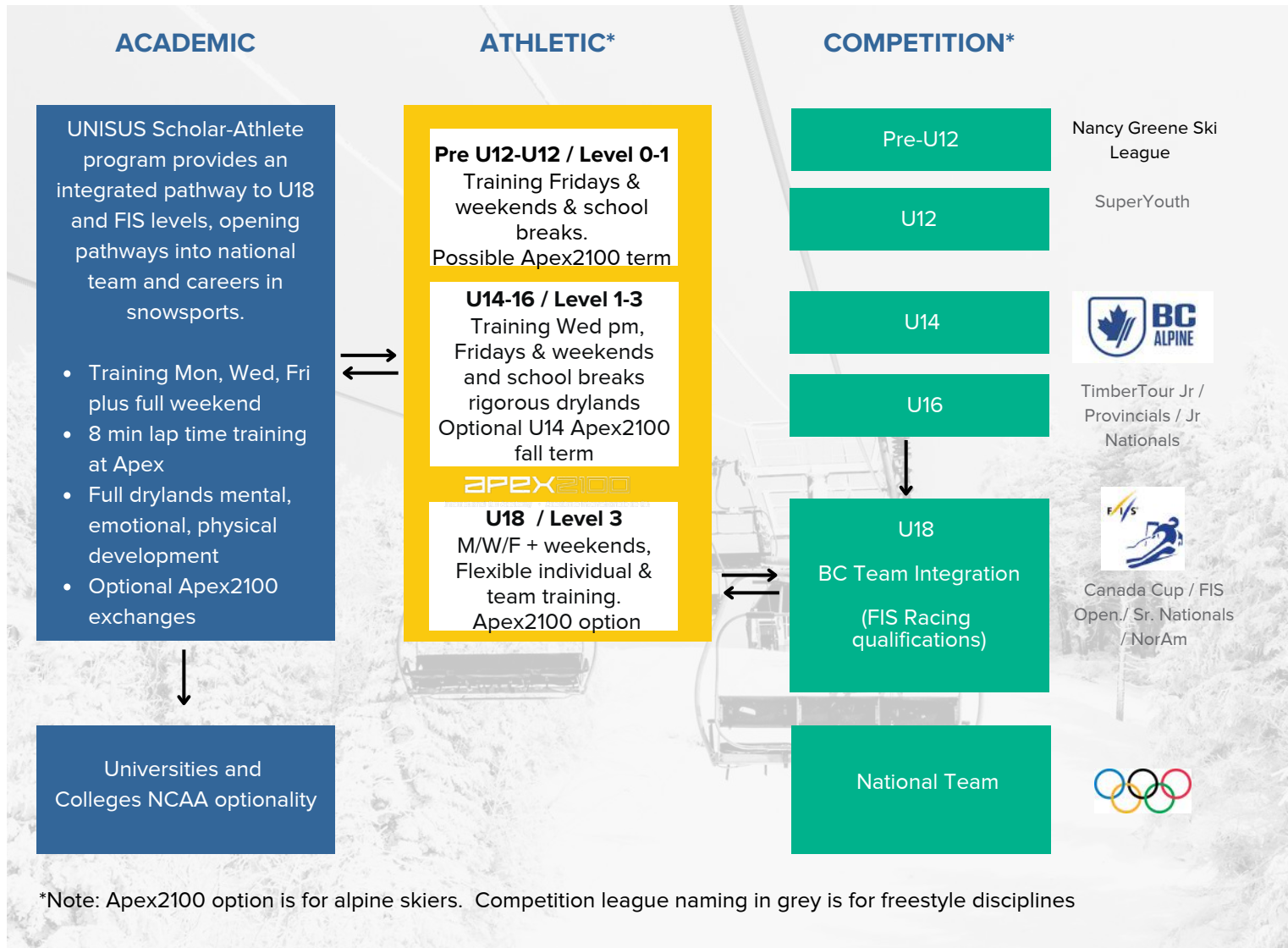
- These athletes are introduced to more intensive training and competition. The program provides a competitive series allowing them to test their skills against their peers at a regional level. The U16 program also develops ski specific physical and mental skills and continues to develop the athlete's technical and tactical skills. Personal achievement, camaraderie and fun is what the program is all about.
- Dryland training begins in September and the on-snow program begins at the end of November or early December through to April, conditions permitting.
- On-snow training is on Wednesday pm, Friday, Saturday and Sunday all day as well as through Winter Break and Spring Break, combined with Teck16 provincial races.

### U18 Racers

- These athletes are focused on intensive training and competition at the FIS level. The program provides a competitive series allowing them to test their skills against their peers at a regional and national level. The U18 program also develops ski specific physical and mental skills and develops the athlete's technical and tactical skills to a high athletic level.
- Dryland training begins in September and the on-snow program begins at the end of November or early December through to April, conditions permitting.
- On-snow training is Monday and Wednesday pm, Friday, Saturday and Sunday as well as through Winter Break and Spring Break, combined with an extensive competition circuit.
- Athletes may qualify to complete their last year of high school and athletic training to the highest athletic skill levels with our partners at Apex2100 in France, if pursuing the IB-DP program in previous years.

# UNISUS SNOWSPORTS ACADEMY PATHWAYS

## Scholar-Athlete Pathways



## Academic and Career Pathways

At UNISUS, we believe that a passion for snowsports can also open doorways to academic success and careers. This is why we begin working with students in grades 8 and 9 to understand the different pathways to career success within the field of snowsports, whether that is through team management, coaching, sports media, health sciences, or a related field.

Students can choose to pursue either an enhanced B.C. Dogwood Diploma or the IB Diploma Program (IBDP). Scholar-athletes will also receive individualized career guidance and counselling along the way.

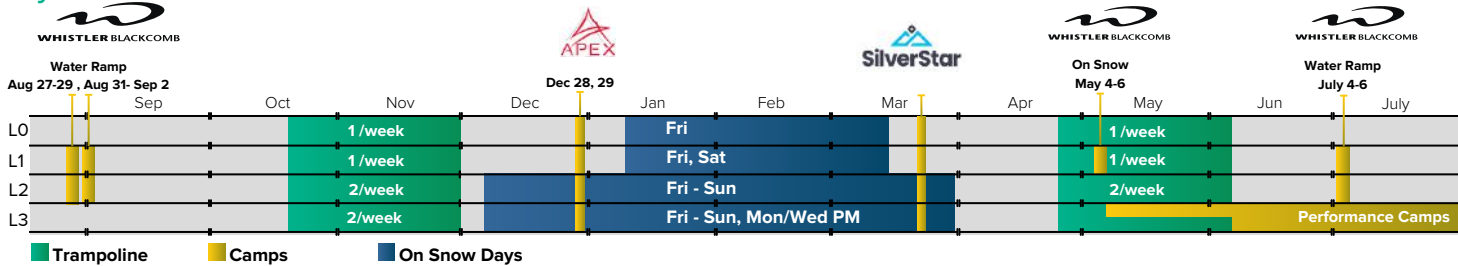
We understand the challenges of managing the time commitment as athletes reach higher competition levels. Our aim is to enable students to succeed both academically and athletically through flexible academic options and additional academic support.

# SNOWSPORTS PROGRAM SAMPLE SCHEDULE

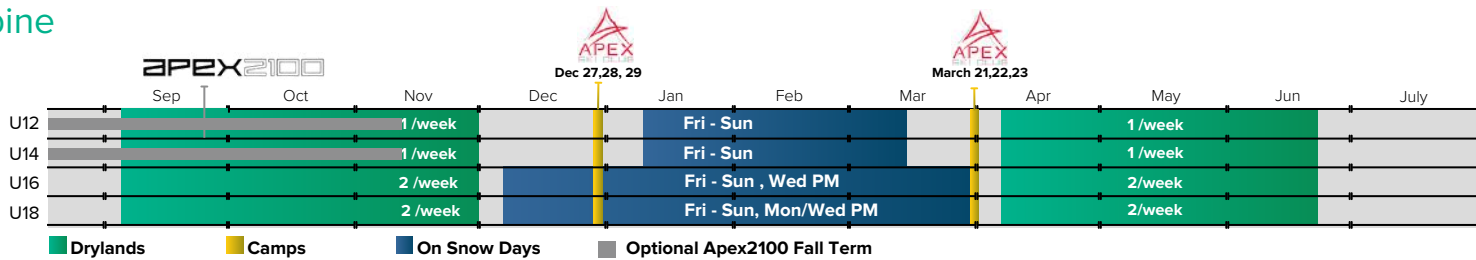
The UNISUS Snowsports Academy schedule is designed to enable successful academic advancement within the scholar Athlete Program while simultaneously supporting successful athletic progression.

## Yearly Athletic Schedule

### Freestyle



### Alpine



## Sample Schedule during On-Snow training months (U18, Level 3)

Monday	Tuesday	Wednesday	Thursday	Friday	Sat / Sun
Arrival 08:00-8:20					
Academics 8:30-10:10				Bus to Hill 8:30	Bus to Hill 8:30
Break 10:10-10:30					
Academics 10:30-13:00				On-Snow 9:30 - 15:30	On-Snow 9:30 - 15:30
Lunch & Bus to Hill	Lunch	Lunch & Bus to Hill	Lunch		
On-Snow 13:30-15:30	Academics 13:40-16:30	On-Snow 13:30-15:30	Academics 13:40-16:30	Bus to UNISUS 16:00	Bus to UNISUS 16:00
Bus to UNISUS 16:00		Bus to UNISUS 16:00			

### Academic Standards

All Scholar-Athletes are required to maintain academic competence consistent with their grade level. Teachers will monitor academic progress and reassign on-snow training time to ensure academic progress is met.

# SNOWSPORTS PROGRAM PRICING INFORMATION

## Academy Fees

Program	Level 0	Level 1 / U12	Level 2 / U14	Level 3 / U16&U18
Freestyle Skiing	\$1,940	\$3,308	\$6,063	\$12,193
Alpine Skiing (Canadian students)	NA	\$2,368	\$4,358	\$7,858
Alpine Skiing (International Students)	NA	\$5,303	\$7,248	\$10,753

*Inclusions: All on-snow coaching, camps and drylands, club and association memberships*

*Exclusions: Lift passes, transportation/accomodation/meals for competitions, competition registration*

## Tuition

Grade	Canadian Student (Citizen/ Permanent Residents)	International Student
Grades 4 - 7	\$16,590	\$26,355
Grades 8 - 12	\$18,520	\$28,850

*The 2024-2025 Pricing Schedule reflects the UNISUS commitment to and investment into the development of Scholar-Athletes. The pricing is structured to make the skills program accessible to parents while maintaining a high level of capabilities on the coaching team.*

# SNOWSPORTS PROGRAM ADDITIONAL INFORMATION

Our program is it's second launch year, and we are committed to demonstrating the outcomes of the program over the year, both in terms of athletic advancement of participants, but also academic progress. If you have questions on the program please email [snowsports@unisis.ca](mailto:snowsports@unisis.ca).

## Commitment Agreement

All students agree to the UNISUS Behaviour Policy and to uphold their academic performance as a priority.

All parents agree to monthly academy meetings.

## Transportation

All transportation to and from Apex as well as to the specialist gymnastic training facility in West Kelowna will be provided by UNISUS buses.

Pick up from the West Kelowna gymnastics will be the responsibility of the parents. Parents have the option to pick up students at Apex on Fridays.

## Equipment storage

A storage locker will be provided for keeping equipment onsite. All student participants and parents will be provided with the access code for the equipment for retrieval.

## Communications

All communication will be via both the UNISUS website parent portal news feeds, as well as via email/WhatsApp as required for specialized instructions.

