

The Hummingbird Memory Cafe  
presents

A JOurneY of Love & Learning  
**CHILDREN'S BOOKS  
ABOUT DEMENTIA**



Edited by Nicolette McDermott-Ketchum, PA-C, BS Ed



A JOurneY of Love & Learning

# CHILDREN'S BOOKS ABOUT DEMENTIA

## Other publications by the Hummingbird Memory Cafe Family

*Book of Joy*

*Brenda and Billy's Beautiful Balloon Ride*

*Cafe Creativity Collection*

A series of creative guides and inspiration

*Children's Reading List*

Books About Dementia

*Collective Creativity*

Finding joy in creating as a care team, family and community

*Francine's Fun*

Living Well and Finding the Magic in Everyday Engagement

*Iridescence*

Resources to Support Us in Living Well with Dementia

*Mikey Franklin's Friendship*

*Poetic Pauses Series*

*Springer 'Spirations*

Reflections on Life's Universal Themes

*The Hummingbird Herald*

Cafe magazine exploring how to live better with dementia and find joy in our JOurneYs

*Yanceyisms*

Reflections on Life's Universal Themes

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A JOurneY of Love & Learning  
**CHILDREN'S BOOKS  
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**THE HUMMINGBIRD  
MEMORY CAFE**



Gather. Celebrate. Connect.

A social & creative connection for people  
LIVING with dementia and their carers

Children's books can provide comfort and understanding, helping families navigate life's uncertainties together. *A JOurneY of Love & Learning: Children's Books About Dementia* is a resource designed to support meaningful conversations about LIVING with dementia. It is not intended to replace professional medical advice or counseling. Readers are encouraged to seek professional guidance as needed. Those involved in the creation of this book disclaim any liability related to the application of the information provided.

This book is meant to inspire all of us to embrace life with joy, love, and understanding for our friends, family, and community members LIVING with dementia. Reading age and grade level recommendations are based on publisher guidelines and reader feedback; however, readers are encouraged to review each book's suitability for a child's interests, abilities, and comfort with the topic.

If you have any questions about this book, please contact the café at [hummingbirdmemorycafe@gmail.com](mailto:hummingbirdmemorycafe@gmail.com).

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Cover design and layout of book by Nicolette McDermott-Ketchum. Images accessed from canva.com.

Dementia | Children | Creativity | Community | Belonging

*A JOurneY of Love & Learning: Children's Books About Dementia* is dedicated to all of us who are reimagining a better world where we all have access to what we need to thrive and find joy in our JOurneYs.





Stories are a way to say,  
“You are not alone.”

--Lois Lowry



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# Preface

Stories shape the way we see the world. They help us navigate change, offer comfort in uncertainty, and spark imagination. When we talk about dementia, the stories we tell truly matter.

As the number of people LIVING with dementia grows, so too do the possibilities for living well with it. Some days may bring smaller moments of joy, while others flow effortlessly. Every dementia JOurneY is YOUUnique. Recognizing the humanity of people LIVING with dementia ensures their identity is not reduced to a diagnosis.

This perspective aligns with a growing global movement—one that shifts the narrative from dementia as tragedy to a story of living well and finding joy. It is time to tell a new story—one that acknowledges challenges while celebrating love, connection, and moments of joy. *A JOurneY of Love & Learning: Children's Books About Dementia* explores how children's literature can help us do just that.

Through stories, children learn that change does not diminish love and that dementia affects more than just memory—it also shapes perception, communication, and daily experiences. Books create space for difficult conversations, offering reassurance and encouraging empathy. They help children understand that even as someone they love changes, their relationship remains important.

At the same time, it is essential to acknowledge that not all books are suitable for everyone. Stories shape emotions and expectations, and what resonates with one family may not fit another. Some books may feel too sad, too simplified, or not reflective of a particular experience with dementia. It is always valuable to read mindfully, considering a child's age and sensitivities, and to choose stories that align with the values and realities of each unique family. Thoughtful selection ensures that these books serve as bridges to meaningful conversations, rather than sources of confusion or distress.

For families, carers, and educators, these books provide pathways to connection. They reframe dementia as an unfolding JOurneY that can still hold wonder, creativity, and warmth. By fostering understanding and inclusion through literature, we ensure that the path forward, no matter where it leads, is filled with purpose, dignity, and joy.

May we continue to tell stories that remind us that joy is possible even in difficult situations, and that love is never forgotten.

*Nicolette McDermott-Ketchum*  
Facilitator, Hummingbird Memory Cafe



## Selecting Children's Books About Dementia

Stories play a powerful role in shaping how children understand and navigate the realities of dementia. When curating books for *A JOurneY of Love & Learning: Children's Books About Dementia*, careful attention was given to selecting stories that move beyond portraying dementia solely as a tragedy. Instead, this collection highlights books that foster understanding, connection, and hope—reinforcing that living well with dementia is possible.

### Criteria for Selection

**Hopeful Representation** – These books acknowledge challenges but center on meaningful moments and lasting relationships.

**Respect for the Person with Dementia** – People LIVING with dementia are portrayed as whole, valued individuals.

**Encouraging Connection** – Meaningful ways for children and families to stay connected are highlighted, from shared activities to creative expression and quiet moments of togetherness.

**Emotional Honesty Without Overwhelm** – While dementia presents challenges, these books avoid excessive fear or sadness, offering reassurance that love and connection persist.

**Engaging and Age-Appropriate** – Language, illustrations, and themes are carefully crafted to be accessible to children, helping them process dementia in ways that align with their developmental stage.

**Inclusive and Diverse Perspectives** – Books reflect a variety of families, cultures, and experiences with dementia, ensuring that more children see their own stories represented.

**Encouraging a Shift in Perspective** – Dementia is reimagined as a different way of being—one that still holds joy, meaning, and possibility.

While every effort was made to select books that align with these criteria, it is important for families, carers, and educators to review books before sharing them with children. Each child's experiences, sensitivities, and emotional needs are unique, and thoughtful selection ensures that stories provide comfort, understanding, and meaningful engagement.

By carefully choosing books that meet these standards, this collection offers a resource for fostering empathy, connection, and hope. These books serve as bridges to enriching conversations, fostering a future where dementia is met with kindness, inclusion, and the recognition that joy and connection remain possible—even in the face of change.

*Nicolette McDermott-Ketchum*  
Facilitator, Hummingbird Memory Cafe





Storytellers may use stories to make a point or teach a lesson. People will listen to stories more than just being told what to do.

Storytellers may also use their lived experiences based on people they knew and things they know to provide material for their stories.

--Hummingbird Memory Cafe Family Member



A JOurneY of Love & Learning

# CHILDREN'S BOOKS ABOUT DEMENTIA

# Together Is a Good Place to Begin

*A JOurneY of Love & Learning: Children's Books About Dementia* is designed to help people LIVING with dementia, their families and carers, as well as educators, librarians and other community members choose and share children's books about dementia in a way that fosters understanding, empathy, and connection.

Each featured book includes

- **Title and Author**
- **Recommended age or grade levels** (based on publisher guidelines and reader feedback)

As always, readers are encouraged to consider each book's fit for the child's interests, abilities, and comfort with the topic.

May this collection be a companion that helps you find joy in the moments you share.

Because together is always a good place to begin.

## Getting Started

**Choose a book that matches the child's age and experience** including the child's personal connection to dementia-whether they know someone with cognitive changes or are just beginning to learn.

**Create a comfortable and welcoming reading environment where the child feels safe to ask questions.**

**Let the child explore the book's cover and illustrations before you begin.**

**Encourage thoughtful conversation before, during, and after reading.**

## Discussion Questions

- **Before reading: Gently introduce the topic by asking what the child already knows.**

Have you ever heard the word “dementia” before?

What do you think it means?

Do you know someone who has changed from how they used to be?

- **During reading: Pause to talk about feelings, characters, or events.**

How do you think the character feels in this part of the story?

What do you notice about how family and friends are helping?

If you were in the story, what would you say to the person with dementia?

- **After reading: Reflect on the story’s message and how it relates to real life.**

What part of the story stood out to you the most? Why?

How did the family or friends show kindness and patience?

How can we help people LIVING with dementia feel included and loved?

What is one thing you learned from this story?

## Beyond the Book: Activities to Deepen Understanding

- Create a small scrapbook with pictures, drawings, and notes about special moments shared with a loved one.
- Choose a scene from the story and pretend to be different characters, exploring their emotions and actions.
- Illustrate a favorite moment from the book or draw yourself spending time with someone who has cognitive changes.
- Brainstorm ways to support someone LIVING with dementia, such as singing a familiar song together or looking at family photos.

## Why Sharing Stories with Children Matters

By reading and discussing books about dementia, we can empower children to respond with compassion, curiosity, and love. Regardless of their age or experience, every child has the ability to make a difference in the lives of people LIVING with dementia. By sharing stories and having open conversations, we can help children feel more confident, compassionate, and included in the JOurneY of living better with dementia.



**Author's**

**Last Name A-D**

Aden, Lori and Parsley, Sheila.

**Grandma is Acting Funny.**

(3 books in the series)

Alexander, Jewel.

**Grandma's Song.**

(ages 5-11 years)

Altman, Linda Jacobs.

**Singing with Momma Lou.**

(ages 6-9 years)

Anderson, E. J.

**What's Wrong with Grandma?**

(ages 4-8 years)

Anderson, Jessica Lee.

**Trudy.**

(ages 8-13 years)

Andrus, Ali.

**Silly Grandma.**

(ages 4-8 years)

Auton, Lisette.

**The Stickleback Catchers.**

(ages 9-12 years)

Backman, Frederick.

**And Every Morning the Way Home Gets Longer.**

(ages 12+ years)

Baines, Nigel.

**The Memory Key.**

(ages 8+ years)

Bertone, Nate.

**Nana Nana.**

(ages 4-9 years)



Birkjaer, Betina.

**Coffee, Rabbit, Snowdrop, Lost.**

(ages 7+ years)

Blegen, Alice Wiethoff.

**When Nana Sings.**

(ages 5-12 years)

Boh, Petra.

**Granny Mary Thinks Differently.**

(ages 7+ years)

Bottum-Jones, Suzanne.

**Nice to Meet You...Again**

(ages 9-12 years)

Bozzo, Linda.

**Dancing with Granddad.**

(ages 5-8 years)

Bozzo, Linda.

**Gardening with Grandma.**

(ages 5-8 years)

Bulgarelli, Amanda and Snow, Abby. Inspired by Teepa Snow.

**Bad Words and Dementia.**

(ages 5-18 years)

Bulgarelli, Amanda and Snow, Abby. Inspired by Teepa Snow.

**Grandma's Living with Dementia.**

(ages 5-18 years)

Camiccia, Jennifer.

**The Memory Keeper.**

(ages 8-12 years)

Campbell, Marcy.

**Rule of Threes.**

(ages 10-16 years)

Cassandra, Xylina.

**Auntie, What is Alzheimer's?**

(early elementary ages)

Cassidy, Sahara Mercado.

**Sometimes, Grandpa.**

(ages 6-11 years)

(Also available in Spanish)

Chambers, Barbara et al.

**This Is My Family.**

(ages 3-13 years)

Chan, Y.Y.

**Grandma, It's Me!**

(ages 6-10 years) (Also available in Chinese)

Child, Lauren.

**Clarice Bean, That's Me.**

(ages 3-5 years)

Cohen, Danielle Sarah.

**What's Wrong with Grandpa? A Children's Story About Alzheimer's Disease.**

(ages 6-8 years)

Creech, Sharon.

**Heartbeat.**

(ages 8-12 years)

Crossan, Sarah.

**Toffee.**

(ages 13+ years)

Crouch, Mindy.

**Understanding Dementia: An Interactive Learn-and-Earn Activity Book.**

(ages 8+ years)

Cummings, Phil.  
**Newspaper Hats.**  
(ages 3-7 years)

Darling, Rebecca.  
**Haven House: A Child's Perspective of Alzheimer's Disease.**  
(ages 5-10 years)

Davies, Benji.  
**Grandad's Island.**  
(ages 4-8 years)

Davis, Darlyn.  
**Understanding Alzheimer's: A Coloring Book for Children.**  
(ages 5-10 years)

de Anda, Diane.  
**The Day Abuelo Got Lost: Memory Loss of a Loved Grandfather.**  
(ages 4-8 years)

Devine, Fatima.  
**My Forever Superhero.**  
(ages 13-18 years)

Donoghue, Emma.  
**The Lotterys Plus One.**  
(ages 9-11 years)

Downham, Jenny.  
**Unbecoming.**  
(ages 14+ years)

Draper, Charlie and Blanchette, Caroline.  
**The Memory Journeys.**  
(ages 6-9 years)

Durrant, S.E.  
**Talking to the Moon.**  
(ages 9-12 years)



**Author's**

**Last Name E-H**

Eagar, Lindsay.  
**Hour of the Bees.**  
(ages 10-14 years)

Eastham, Ruth.  
**The Memory Cage.**  
(ages 9+ years)

Edwards-Olson, Mary.  
**Grandpa—Is That You?**  
(ages baby-7 years)

Edwards-Olson, Mary.  
**When the Sun Shines Through.**  
(ages 5-12 years)

Egi, Christiana.  
**A Rose for Grandma.**  
(ages 5-8 years)

Elizabeth, J.  
**Will Grammy Remember Me?**  
(ages 5-10 years)

Émilie Rivard, and Delisle, Anne-Claire.  
**Really and Truly.**  
(ages 4-6 years)

Faulkner, Katie.  
**Big Bear, Little Bear and Dementia.**  
(ages baby-12 years)

Fitzgerald, Sarah Moore.  
**Back to Blackbrick.**  
(ages 10-14 years)

Foggini, Laurette.

**The Song in Lola's Heart: A story about caregiving from 6 to 76.**

(ages 6+ years)

Fox, Mem.

**Wilfrid Gordon McDonald Partridge.**

(ages 6-11 years)

Ganzenmuller, Linda.

**Every Day Is Funday with Grandma Stella.**

(ages 4-8 years)

Gerber, Paul J. Ferguson.

**The Forgetful Frog: A Story About Dementia.**

(ages 5-8 years)

Gerdner, Linda and Langford, Sarah.

**Grandfather's Story Cloths.**

(ages 6-9 years) (Also available in Hmong)

Gibbs, Barry K. Jr.

**Lil' Boy.**

(ages 8-12 years)

Golder, Christine.

**With Eyes of Love: A True Story About Alzheimer's for Children.**

(ages 5-10 years)

Gooding, Louise.

**The Memory Book.**

(ages 4-6 years) (Also available in Welsh)

Gosselin, Kim.

**Allie Learns About Alzheimer's Disease: A Family Story.**

(ages 3-10 years)

Grace, G.M.  
**Grandpa's Magic Memory Box.**  
(ages 6-9 years)

Graff, Lisa J.  
**Up in the Sky So Blue.**  
(ages 9-18 years)

Gray, Nigel.  
**Phyllis and Grace.**  
(ages 3-9 years)

Guenette, Jaclyn.  
**I Smile for Grandpa.**  
(ages 3-9 years)

Gueron, Debi.  
**Gramp's Treasured Memories.**  
(ages 5-11 years)

Haberkorn, Toby.  
**When My Grammy Forgets, I Remember.**  
(ages 5-10 years)

Hall, Lynn W.  
**Grammy Doesn't Remember My Name.**  
(ages baby-8 years)

Harvey, Karlene with Hulko, Wendy.  
**A Good Day with Grandma (Kye7e) & Me.**  
(grades 3-6)

Hill, Amanda Rawson.  
**The Three Rules of Everyday Magic.**  
(ages 8-12 years)



Hobbs, Valerie.

**The Last Best Days of Summer.**

(ages 10 years+)



# **Author's**

## **Last Name I-L**

Iovino, Tanya and Kouris, Kiki.  
**A Kids' Book About Alzheimer's.**  
(ages 5-12 years)

Ip, Rachel.  
**The Forgettery.**  
(ages 3-6 years)

Jarman, Julia.  
**Lovely Old Lion.**  
(ages 4-9 years)

Jassat, Nadine Aisha.  
**The Stories Grandma Forgot (and How I Found Them).**  
(ages 9-11 years)

June, Jason.  
**Never Forget Eleanor.**  
(ages 4-8 years)

Kakugawa, Frances H.  
**Wordsworth Dances the Waltz.**  
(ages 6-8 years)

Karosen, Kent L. and Stiefel, Chana.  
**Why Can't Grandma Remember My Name?**  
(ages 4-7 years)

Kenyon, Rebecca.  
**Fishing with Granpa: A Children's Story About Alzheimer's.**  
(ages 8-10 years)

Korman, Gordon.  
**Pop.**  
(ages 13+ years)

Kramer, Zina.

**Hugging Grandma: Loving Those with Memory Disorders.**

(grades K-2)

LaBey, Lori and Carlson, Scott.

**Betty the Bald Chicken: Lessons in How to Care**

(ages baby-8 years)

Lai, Thanhha.

**Hundred Years of Happiness.**

(ages 4-8 years)

Lam, Fiona.

**Rainbow Rocket.**

(ages 5-6 years)

Lane, Victoria and West, Kayleen.

**Celia and Nonna.**

(ages 4+ years)

Langston, Laura.

**Mile-High Apple Pie.**

(ages 2-6 years)

Langston, Laura.

**Remember, Grandma?**

(ages 5-6 years)

Laurie, Anne.

**My Dad and Al.**

(ages 7-9 years)

Laurie, Zelinger.

**Please Explain Alzheimer's Disease to Me: A Children's Story and Parent Handbook About Dementia.**

(ages 4-8 years)

Lawrence, Sarah Woody and Seth, Jacquelyn.

**I Can Dream, Too!: How to Talk to Children About Dementia.**

(ages 5-12 years)

Lee, Sophia N.

**Holding On.**

(ages 4-8 years)

Leedom, Terri.

**My Silly Granny.**

(ages 5-8 years)

Leon, Tomas.

**Global Brain Health Institute for Brain Health Dementia for Children Book Series.**

(ages 5-10 years) (Downloadable in both English and Spanish)

Levine, Arthur A.

**What a Beautiful Morning.**

(ages 3-6 years)

Lewis, Ty.

**In Case I Forget.**

(ages 5-12 years)

Lewis-Barned, Suzi.

**Grandpa Forgets.**

(ages 3+ years)

Littleson, Lindsay.

**Ice Cream Boy.**

(ages 9-12 years)

Lord, Cynthia.

**Half a Chance.**

(ages 8-12 years)

Louis, Nerry.

**Tell Me About Grandma.**

(ages 5-18 years)

Lowry, Lois.

**Tree. Table. Book.**

(ages 8-14 years)





**Author's**

**Last Name M-P**

Matocha, Theresa.

**Grandpa Remembers Love.**

(ages 7-11 years)

McBride, Amber.

**Onyx and Beyond.**

(ages 8-12 years)

McKee, David.

**Elmer and the Gift.**

(ages 4-9 years) (Also available in Welsh)

Medina, Meg.

**Merci Suarez Changes.**

(ages 9-12 years)

Mendez, Marta Schmidt.

**A Garden of Flowers: A Story About Alzheimer's.**

(ages 8-12 years)

Miller, Samuel.

**A Lite Too Bright.**

(ages 13+ years)

Mitchell, Cristela Thorne.

**My Grandma is Different.**

(ages 5-10 years)

Moore, Lynda.

**My Book About Brains, Change and Dementia.**

(ages 4-7 years) (Also available in Welsh)

Moore, Sarah.

**Back to Blackbrick.**

(ages 10-14 years)

Mora, Pat.  
**My Singing Nana.**  
(ages 4-8 years)

Morelli, Frank.  
**No Sad Songs.**  
(ages 12 years+)

Morris, Haven.  
**Marie and Her Grandma Frances.**  
(ages 4-8 years)

Morris, Joseph.  
**Big Momma's Sweet Potato Pies: A Children's Guide to Understanding Alzheimer's Disease.**  
(ages 4-8 years)

Morris, Joseph.  
**La Música Dentro de Mi: Un Libro Para Niños Sobre la Enfermedad de Alzheimer.**  
(ages 4-8 years)

Morris, Joseph.  
**Tai Chi in the Park: A Children's Book about Alzheimer's Disease.**  
(ages 4-8 years)

Morris, Joseph.  
**The Music Within Me: A Children's Book about Alzheimer's Disease.**  
(ages 4-8 years)

Morris, Joseph.  
**The World's Greatest Grandpa: A Children's Guide to Understanding Alzheimer's Disease.**  
(ages 4-8 years)

Morris, Simone E. and Walton, Mildred.

**Remember Me, Grammy P.: A Story of How a Grandparent's Dementia is a Child's Journey Too!**

(ages 5-18 years)

O'Keefe, Stef.

**You Make It Better.**

(ages under 5 years)

Oliveros, Jessie

**The Remember Balloons.**

(ages 5-8 years)

Osmundson, Linda L.

**Papa's Changes: Dementia Through a Child's Eyes.**

(ages 3-10 years)

Oxtoby, Rebecca.

**Why Does Granddad Forget?**

(ages 4-8 years)

Pak, Jiyeon.

**Finding Grandma's Memories.**

(ages 3-7 years)

Palmer, Tom.

**Armistice Runner.**

(ages 9+ years)

Piltch-Loeb, Jessie.

**What's Going on With Papa Bear?**

(ages 5-8 years)

Pollack, Pam and Belviso, Meg.

**Grandpa Has Changed.**

(ages 3-7 years) (Also available in Spanish)

Possell, Rev. Linn and Snow, Teepa.

**A Heart Full of GEMS.**

(ages 4+ years)

Pouliot, Jocelyne.

**Grandma Rose: A Story for Children About Alzheimer's.**

(ages 4-9 years)

Prior, Beatrice Tauber and Drummond, Mary Ann.

**Grandma and Me: A Kid's Guide for Alzheimer's & Dementia**

(ages 4-6 years)



**Author's**

**Last Name Q-T**

Randazzo, Jennifer.

**Grandpa & Lewy: A Story of Hope and Empowerment for Children Touched by Lewy Body Dementia.**

(ages 5+ years)

Reese, Pam.

**Gigi, Are You in There? Mia Learns About Alzheimer's.**

(ages 4-10 years)

Revell, Mike.

**Stonebird.**

(ages 10-12 years)

Rivard, Emilie.

**Really and Truly.**

(ages 4-6 years)

Rix, Juliet.

**Travels with My Granny.**

(ages 5+ years)

Roman, Kim.

**My Grandma Rose: Alzheimer's and Dementia from a Middle Schooler's Perspective.**

(ages 8-16 years)

Scacco, Linda.

**Always My Grandpa.**

(ages 5+ years)

Sharkey, Paulette.

**A Doll for Grandma.**

(ages 5-8 years)

Shepherd, Jessica.

**Grandma.**

(ages 3-8 years)



Shriver, Maria.

**What's Happening to Grandpa?**

(grades 4-6)

Simard, Danielle.

**The Little Word Catcher.**

(ages 5-8 years)

Smetana, Laura.

**Ice Cream with Grandpa: A Loving Story for Kids About Alzheimer's & Dementia.**

(ages 5+ years)

Smith, Alecia.

**Ellie's Butterflies: A Loving Story about Understanding Dementia.**

(ages 5-8 years)

Smith, Amber.

**Code Name Serendipity.**

(grades 3-7)

Smith, Lane.

**Grandpa Green.**

(ages 3-7 years)

Snider, Sherri A.

**Pippa Learns About Gran's Dementia.**

(ages 4-12 years)

Snyman, Matthew.

**The Dementia Diaries.**

(ages 7-14 years)

Sonnenblick, Jordan.

**Curveball: The Year I Lost My Grip.**

(ages 12+ years)

Spaar, DC.

**Logan and Emily Files: PJ's Perplexing Predicament: Logan Scott Files.**

Book 5 of 5.

(ages 9-12 years)

Stark, Michael.

**Grandma is My Friend.**

(ages baby-10 years)

Stark-McGinnis, Sandy.

**The Space Between Lost and Found.**

(ages 8-11 years)

Sternberg, Julie.

**Secret's Out!**

(ages 8-12 years)

Stoddard, Lindsey.

**Just Like Jackie.**

(ages 8-12 years)

Stratton, Allan.

**The Way Back Home.**

(ages 12-18 years)

Sulzenko, JC.

**What My Grandma Means to Say.**

(ages 8-12 years)

Sunar, Ozge Bahar.

**My Grandma's Photos.**

(ages 5-8 years)

Swerts, An.

**Dear Girl.**

(ages 6-12 years)

Terranova, Emma.

**The Dinosaur Who Lost Her Way.**

(ages 4-8 years)

Throup, Tabatha.

**Nanny Can't Remember.**

(ages 4-8 years)

Tinwei, Fiona.

**Rainbow Rocket.**

(ages 5-6 years)

Tosdevin, Frances.

**Grandad's Star.**

(ages 3-6 years)

Touchell, Dianne.

**Sticky Notes.**

(ages 9-12 years)

Tribbett, Carlmen.

**The Monster Dog.**

(ages 3-7 years)

Turek, Magdalena.

**Grandpa Let Me Tell You.**

(ages 4-8 years)

Tyrrell, Karen.

**Harry Helps Grandpa Remember.**

(ages 4-10 years)



# **Author's**

## **Last Name U-Z**

Valasek, Samantha and Jacobs, Karen.

**Breakfast with Grandma Ruthie: A Story for Children Learning About Dementia.**

(ages 4-8 years)

Van Laan, Nancy.

**Forget Me Not.**

(ages 4-8 years)

Wallack, Max and Given, Carolyn.

**Why Did Grandma Put Her Underwear in the Refrigerator?**

(ages 7-9 years)

Walliams, David.

**Grandpa's Great Escape.**

(ages 7-10 years)

Walsh, Clare Helen.

**The Tide.**

(ages 3-7 years)

Watkins, Ross.

**Dad's Camera.** (Also known as **One Photo**)

(ages 5-9 years)

Weekes, Bernadeth.

**When Grandma Forgot My Name: My Conversation with a Child as He Struggles to Understand Dementia.**

(baby-12 years)

Weinstein, Edie.

**Grandpa and Lucy.**

(grades 1-2)

Weisbrook, Carma Lee.

**Remember Me...Remember Not.**

(ages 6-10 years)

Welch, Kathleen.

**Sometimes Even Elephants Forget: A Story About Alzheimer's Disease for Young Children.**

(ages 3-8 years)

Welsh, Clare Helen.

**The Tide.**

(ages 3-7 years)

Welton, Jude.

**Can I Tell You About My Dementia? A Guide for Family, Friends and Carers.**

(ages 7-18 years)

Wiersbitzky, Shannon.

**What Flowers Remember.**

(ages 10 years+)

Williamson, Christine et al.

**Memories Matter: Ellie the Elephant Learns about Alzheimer's.**

(ages 4-8 years)

Willis, Jeanne.

**I Remember.**

(ages 4-5 years)

Wilson, Bre'anna.

**Grandpa's Magical Mind: A Child's Perspective on Dementia.**

(ages 4-8 years)

Winstanley, Alex.

**My Grandma Has Dementia.**

(ages 4-11 years)

Winstanley, Alex.

**What Are Lewy Bodies?**

(ages 5-11 years)

Wittlinger, Ellen.  
**Saturdays with Hitchcock.**  
(ages 10-14 years)

Wolfe, Madeline.  
**The Story of Mrs. Inez.**  
(up to ages 12 years)

Wood, Charlotte.  
**Remembering for Both of Us: A Child Learns About Alzheimer's.**  
(ages 8-12 years)

Woods, Veronica.  
**Mum Has Dementia.**  
(ages 6-8 years)

Wordwell, Sophie.  
**Understanding Dementia Easily.**  
(ages 5-12 years)

Wynter, Isla.  
**The Day Grandpa Bunny Forgot Ben's Name.**  
(ages 2-10 years)

Youngblood, Leslie C.  
**Forever This Summer.**  
(ages 8-12 years)

Yule, Sally et al.  
**Dancing with Memories.**  
(ages 5-8 years)

Zelinger, Laurie.  
**Please Explain Alzheimer's Disease to Me.**  
(ages 4-8 years)



# Online Sources for Book Information

## **Alzheimer's Net**

<https://www.alzheimers.net/6-03-16-books-for-children-about-alzheimers-and-dementia>

## **Alzheimer's Association**

[https://www.alz.org/help-support/resources/kids-teens/for\\_kids](https://www.alz.org/help-support/resources/kids-teens/for_kids)

## **Alzheimer's Society**

<https://www.alzheimers.org.uk/> (search for children's books about dementia)

## **Amazon**

<https://www.amazon.com> (search for children's books about dementia)

## **Barnes and Noble**

<https://www.barnesandnoble.com> (search for children's books about dementia)

## **BookTrust**

<https://www.booktrust.org.uk/booklists/c/childrens-books-on-dementia/>

## **Google Books**

<https://books.google.com/> (search for children's books about dementia)

## **LoveReading4Kids**

<https://www.lovereadings4kids.co.uk/search?s=dementia>

## **OpenAI**

<https://www.openai.com> (search for children's books about dementia)

## **Powell's City of Books**

<https://www.powells.com> (search for children's books about dementia)

## **ReaDementia**

<https://readementia.com/dementia-books-for-children/>

## **The Seattle Public Library**

<https://seattle.bibliocommons.com/v2/list/display/1058499857/2082724570>

## **Thriftbooks**

<https://thriftbooks.com> (search for children's books about dementia)

**Visit your local library and bookstores for even more helpful resources to support your JOurneY in learning about dementia.**



# THE HUMMINGBIRD MEMORY CAFE

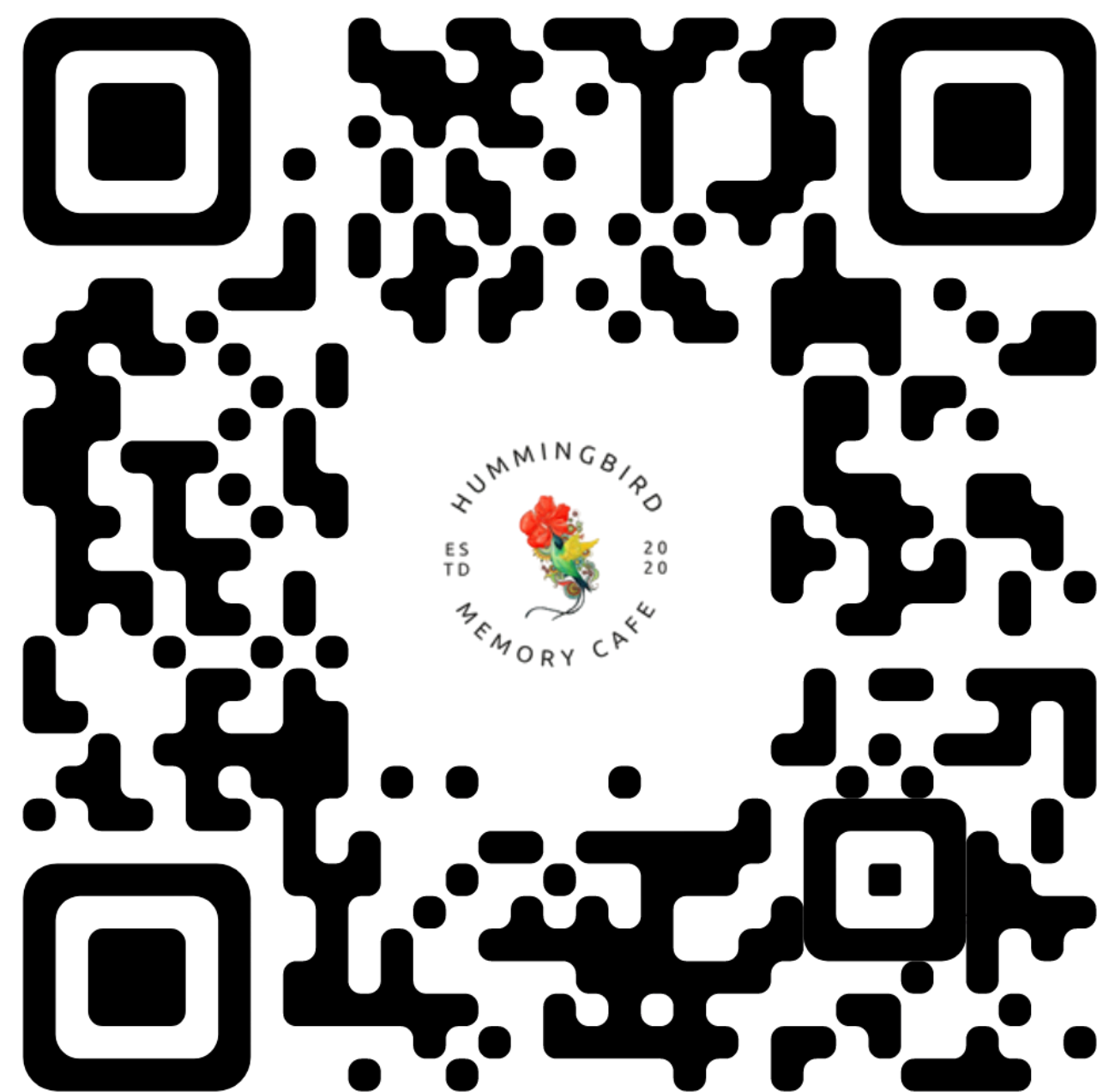


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A social & creative connection for people  
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**Contact the Cafe**

Phone/Text: [505-787-6322](tel:505-787-6322)

Email: [hummingbirdmemorycafe@gmail.com](mailto:hummingbirdmemorycafe@gmail.com)

# A JOurneY of Love & Learning

## CHILDREN'S BOOKS ABOUT DEMENTIA



*A JOurneY of Love & Learning: Children's Books About Dementia* offers families thoughtful resources for exploring and sharing stories about LIVING with dementia. This expanded and updated guide builds on previous Café publications focused on children's literature about dementia.

The content is designed to inspire readers of all ages to discover how we can experience joy, connection, and love with friends, family, and community members who are LIVING with dementia.

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MEMORY** CAFÉ

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