

2024



TWELVES
ESOTERIC GROUP SERVICE



December 17, 2023

Dear Coworkers,

As we approach the end of another year of Twelves, we extend warm gratitude for your participation and dedication to the many forms of Service that we have engaged in together. From Daily Triangles and monthly Moon Meditations, which form the core of Twelves Service, to Zoom Meetings in the middle of the night, your steadfastness has been seen and appreciated. In the process, you have magnified the Beacon of Light which has drawn coworkers from new parts of the world.

We'd like to extend particular appreciation to coworkers who overcome barriers to participation; to those who engage in every opportunity; to our longest standing and foundational members in PT1; to our newest members in Constellate Twelve; to the Coordinators and members of our 6 International Twelves; to the Coordinators and members of our National Twelves in Slovenia, India, Netherlands, and Belgium/Netherlands, Mexico, and Cuba; to Aristid "Tili" Havlicek who has held the foundation of Twelves firm in Slovenia since the 1980s; to Rosalia Herrera, who has Coordinated up to 5 Twelves in Mexico and Cuba; to Vita de Waal who organized the Burning Ground Meditation for Steven as it got started, and more recently initiated the Auxiliary Services: Weekly Twelves, Healing Circle, and Discourses Study Group; to Sandie Owen and other BGT organizers who carry on the organization of Burning Ground; to Chandee Coomasaru who creates the beautiful and deeply meaningful daily posts in our Facebook Group and Page, the public face of Twelves; to Chandee and Jim Rowley who organize the European Burning Ground; to Boštjan Klemenčič who organizes The Ashramic Meditation; to Katharina Tabitha Marion Westblikk and Torben Normark Hansen who enlighten and deepen our understanding through Astro Chat.

And we give particular gratitude to the amanuensis, focalizer, and spearhead of Twelves, whose laser focus keeps Twelves on course and evolving in Light, Love, and Power toward 2025, Steven Chernikeeff, and to Mindy Burge who encouraged and supported the Twelves project in its current form in multiple ways.

Now we look forward to 2024, and the continuation of our core meditations, Daily Triangles and Full Moon Meditation, New Moon Meditation (if all in your Twelve agree), our Zoom Meditations, The Ashramic Meditation and Burning Ground Meditation, and to the initiation of the Twelve Gates Ritual (TGR)/144. Accompanying this letter are documents for your consideration and, we sincerely hope, rededication to the Work and Service of Twelves through 2024 and onward to Wesak 2025.

The documents
include:

- This cover letter
- Commitment Pledge
- Grand Twelve (144) Defined
- Grand Twelves – Guidelines for Participation

- Twelve Gates Ritual
- Rules for Engagement in the Chats (intended to keep our organization running smoothly)
- 2024 Calendar

Please consider these documents carefully. Your Twelves Coordinator will be available as liaison with Twelves Organizers to address questions and concerns and, we sincerely hope, record and report your rededication.

Onward in Service.

Respectfully Submitted by
Jane Giovanazi

Approved by
Twelves Organizers



Commitment Pledge

As we draw towards the close of the year, we are looking for those who are increasingly dedicated to our Twelves service work and are ready to commit to ongoing service in a Permanent Twelve throughout 2024 and onward to Wesak 2025.

We ask that you pledge your commitment to the following:

1. I pledge to my Higher Self to respect the rules that come from the ashram and are followed by the members of the 144.
2. ALL requirements as laid out in the Grand Twelves – Guidelines for Participation, including:
 - ALL monthly TGRs (TWELVE GATES RITUAL) held live via Zoom on the first Monday of every month with a 48-hour window using the recording which will be provided after the live ritual (however, attending in person is preferable whenever possible).
 - A minimum of 4 TAMs (The Ashram Meditation) held via Zoom on the second Monday of each month, with a 12-hour window using either the written script or the recording which will be provided after the live ritual (however, attending in person is preferable whenever possible).
3. DAILY Triangles Meditation with your 2 assigned partners.
4. MONTHLY Full Moon Meditation.
 - 2 DAYS PRIOR to culmination of the Full Moon Event begin to achieve an inner quiet and place yourself at the disposition of the Soul, Humanity, and Your Group. See Twelves as a great centre of Light, Love and Service to be carried out through the Meditation.
 - CONFIRM both readiness for the Work 2 days prior to the Meditation and promptly upon completion of the Work after the Meditation in your Twelve Chat.
 - TIMING: We ask that the FM meditation be completed at a time of your convenience within a 12-hour window either side of culmination.
 - INFORM your Twelves Coordinator directly should you be unable to carry out the work at any time.

Please note: New Moon Meditation is NOT considered part of the core Twelves Work. However, if every member of the Twelve would like to continue this as part of the monthly meditation rhythm, each Twelve can decide to continue to do so alongside the core work.



Grand Twelve (144) Defined

Over the many years of our work together in Twelves, a magnetic beacon has shone as a Point of Light in the distance. That light is the Spiritual Hierarchy's 100-year Conclave within the Heart of Shamballa. It pulls us to the centre of the ashram, to the centre where the Will of God is known. As we know, Twelves is an esoteric key that unlocks the pathway of light. By forming Twelves, we make ourselves available to those forces seeking to establish and externalize on our earth. This externalization is not forced as it is a natural continuance that only needs to be recognized and facilitated. It is there constantly and available for any human being to access. The amount of access is only limited by an individual's ability to connect with the Soul.

The Ancient Wisdom through various teachers down the centuries tells us that group work, at its most basic level in groups of three, can increase potency exponentially. The Bible states this very clearly: "When two or three are gathered in My name there am I with them." Humanity is a collective, and by cooperation we move forward. The minimum for effective esoteric group work is three, and hence the triangle network was recommended and formed by DK in his work with Alice Bailey. This has expanded into the formal work of Triangles Meditation and the Triangles Network.

Twelves arose when The Initiate first asked that disciples expand this concept into groups of Twelves which, on the next turn of the spiral, increased the potency thousands-fold and now we are the portal of the next great leap forward in group work—the 144.

Without repeating what can be read on our website, the 144 is an extrapolation of Twelves into its ultimate form. This form finds its correlation with the City Foursquare in Revelations, the zodiac, and in many traditions. 144 and 144,000 seem to be embedded within humanity's DNA, and to replicate that in group work is a magical key that will help unlock the Externalization plan for our planet. The Twelve X Twelve individuals will have the combined power of 144,000 individuals of Goodwill working alone, and additionally will be a part of the vortex of energy reaching down from Shamballa through the planes of Being.

During 2024, the penultimate year, we shall be undertaking the Twelve Gates Ritual, which has been designed to link us all with the inner ashram. This will burn off the dross and enable us to better serve our ashram and each other. Through the Burning Ground, we shall pass and link with our ashramic brethren, helping to cocreate the Antahkarana upon which The World Teacher shall reappear. This work is entirely cooperative with the forces of light – human and devic. Our job is to be the best we can be and provide the last link in a long chain to our planet's surface. Together, we form and strengthen The Rainbow Bridge of Light.



Grand Twelve

Guidelines for Participation

The culmination of the Grand Twelve (144) will be at Wesak in 2025 as a real-time event with 12 Twelves meditating together as 144 simultaneously. The Grand Twelve will require greater focus, discipline, coordination, and maturity than the Twelves work has required thus far. The work of 2024 is designed to build our readiness for the Grand Twelve.

A new meditation, the Twelve Gates Ritual (TGR), will be incorporated on the 1st Monday of each month beginning in January.

Below are the basic guidelines to demonstrate readiness for participation in the 144:

- Active member of Twelves for six consecutive months;
- Close contact with Twelves via your Coordinator, your Twelve, and independent monitoring of pertinent information in the Messenger Chats;
- Set aside time, detachment, and the discipline required for the Work of Twelves;
- Adhere to the Rules of Engagement;
- Participate in all Monthly Full Moon Meditations (notify Coordinator if unable to participate);
- Participate in at least four TAMs (The Ashram Meditations), preferably live, or using the Zoom recording within a +12-hour window;
- Participate in all monthly TGRs (Twelve Gates Rituals) in 2024, preferably live, or using the Zoom recording within a + 48-hour window;
- Commit to the real-time LIVE Grand Twelve which will take place on Wesak 2025 at the Thailand Conference and will be available for remote participation via Live Feed;
- Commit to NO distracting elements during the Grand Twelve (e.g., pets, phones, etc.);
- Commit to minimal alcohol three days prior and ZERO alcohol on the day of the meditations; no drugs at any time other than necessary prescriptions;
- Be healthy and of sound mind for effective participation in the Work of Twelves;
- Have a basic understanding of the concepts as outlined by DK in the blue books; at a minimum, reading one or both of the following compilations is suggested: Serving Humanity (preferable, more directly relevant as it addresses Service), or Ponder on This which is an overview;
- Read Esoteric Apprentices, Discourses and preferably Spiritual Changemakers;
- Have an understanding of The Three Recognitions; and
- Have an understanding of the Law of Radiation.

If you feel you are (or will be) prepared to commit and participate in the Grand Twelve at Wesak 2025, please share your intention with your Twelves Coordinator as soon as possible.

Twelve Gates Ritual

Introduction

The river flows down the mountain, so the old saying goes, nought can stop its descent, but what precedes upwards upon that mountain path? The Antahkarana, the bridge of light, aka the rainbow bridge, is the energy connection between humankind and its highest aspirations, hopes, and prayers/invocations. This bridge can be experienced within each of us on a lesser scale as we seek to connect with our souls and monadic energy, for as above so below.

The world Antahkarana is the constant continuum connecting humanity to the depths of our Spiritual Hierarchy and beyond that to Shamballa. The relationship of incarnate disciples within the New Group of World Servers is to be the intercession between Hierarchy and humankind, and the Hierarchy supervises the inflow from Shamballa. The great triangle of Morya, KH and R and their nine senior initiates encompasses the focus for the 100-year Conclave in 2025.

The world Antahkarana is, principally, one of descent to humankind; however, it also acts as a pathway to Shamballa via Hierarchy. Within the Hierarchy, a group of senior initiates are focused on our earth scheme and particularly on the externalisation – they are known as The Brotherhood of the Star and by other names. The New Group of World Servers reflects this affiliated ashram that is made up of different masters from various rays. They are the vanguard of The World Teacher – and we are a part of that process.

To approach the world Antahkarana is more efficiently undertaken in group formation from triangles to Twelves and multiple Twelves, the apex being the one hundred and forty-four. The secret power of this configuration is displayed throughout history and indeed in the universe around us—we are all born into it with no choice—assigned a month for our birth and flung into incarnation as part of a twelve. Little did we know that we were born into a mystery school that surrounds us, defines us, and, at the lower levels of chelaship, controls much of what we do, think and feel.

Without repeating what Twelves are and what the purpose is, what is the next phase? Where will we go? To what purpose? I will attempt to explain here and clothe the words with as much clarity as is afforded to me, your brother.

Why yet another Meditation/Ritual?

The time has come when we need to prepare for the 144 – not just in mind and body but also in actuality. Our ashram has asked that we approach them, as best as we can, through the Fires and Burning Ground, bathed in the Second Ray and into our sacred ashram with the Hierarchy to receive the blessings from The Chalice of Shamballa.

To what purpose?

As we know, Shamballa expresses its energy through Hierarchy and Hierarchy through the New Group of World Servers to humanity. What we do is act as a focus within the NGWS to focus the ashram efforts further. The connecting point is the point of energy tension, the Point of Light, drawn on the diagram previously circulated. We shall journey through the Fires, burn the dross, immerse in the Second Ray and approach and break through to the Point of Light and arrive within the ashram beyond. This meeting point is where the work shall truly emerge. We ARE the point of least resistance.

What is the planned outcome?

It is threefold:

1. Prepare us all through training and ridding ourselves of dross;
2. Assist with clearing the Antahkarana of dross; and
3. Enabling the inflow of Light and Love and Power to NGWS and beyond.

Methodology

There will be no guidelines to follow—just live Ritual—and those who are able can be a full part after the Ritual is performed (as this is post-ritual, there is only a twelve-hour window, not twenty-four). The recording should be followed as there will be variances (as yet unknown). The key here is real-time participation—preferably, as you can, LIVE—but the ones you cannot attend LIVE then at least within the twelve hours via recording. It will be a requirement that ALL those who participate indicate they have done so in the usual group format. Those that complete the full Twelve Gates shall make up the core of the 144. If we cannot have the full 144 undertaking the full twelve rituals, we will top up as best we are able and carry those who made partial participation in at least three Rituals.

We are expecting some initiatory process to unfold as a group to prepare us for 2025.

Format

Zoom replacing the ancillary NM group meditation, making this a core event. It is not essential that we complete this on the NM date as it is unrelated to the NM. It is on the Twelves calendar every 1st Monday at 02:00 UTC.



Rules for Engagement

Welcome to the Twelves.

Your energy and service are warmly welcomed, greatly appreciated and very needed by Humanity and the Hierarchy.

As we are all aware, the New Group of World Servers is composed of a multitude of various groups. Some are strictly study groups. All involve group meditation. Twelves work and meditations can seem complicated and overwhelming at first. Take some time to observe, to study the various protocols for the meditations, and feel free to private message your Coordinator or a mentor if you have questions or concerns. Know that you are valued.

While the group energies embrace and support you, you may also find yourself feeling over-stimulated or drained following meditation work. Find balance in nature, Earthing, long walks, and other healthy outlets. Please feel free to send a private message to your Coordinator or one of the more experienced Twelves members if any concerns about your health or meditation experiences arise.

If you find that you are unable to participate in a scheduled event due to illness, vacation, or emergency, please make every effort to inform your Twelves Coordinator as soon as possible. That will allow your Coordinator time to find a replacement. It is very important to preserve the integrity of the Twelves formations.

As stated above, please take time for self-care. This can be highly intensive and stimulating work. If you are ill, giving yourself time to rest and heal is essential. Let your Coordinator know, not only so that a replacement can be found, but also so that the Twelves community can support you. You are essential to our service.

One intention of the Twelves Chats is to create an area of focus for the communication and work to take place efficiently. Several Chats are provided to this end:

- Twelves Specific Chat for general discussion relevant to Twelves;
- Twelves Events and Announcements, strictly for posting of our various events; and
- Twelves Astro Chat for Astrological Matters.

For Twelves to function smoothly and harmoniously and carry out the Mission of Service through “building a united vibration of Goodwill, Light and Love,” we ask you to observe and follow group etiquette and honor group Goodwill and Harmlessness. Due to the ever-growing number of participants, we have found it most efficient if you could please adhere to the following Rules for Engagement:

1. **Observe where you are posting and keep posts relevant to the specific Chat.** If unsure, please send a private message to your Coordinator or any of the more experienced group members for advice.
2. **Concise posting is a Virtue.** Please know your thoughts are welcome but avoid over-posting. Usually, one or two well thought-out posts on any topic will suffice. Be considerate of the time invested by others who read and study what you offer. Consider posting references, such as book titles and pages or pertinent links, rather than writing or copy/pasting a long post. If you find that you have a great deal that you would like to share with others, please create your own Chat, Facebook Group or Page, or other social media space, and invite others to it.
3. **Emoticons.** Please add your thumbs up, hearts, etc. directly to the comment or picture instead of as a separate comment. Emoticons provide an excellent reference to show the post or picture has been seen and appreciated, BUT if they are not added directly to the comment/post/pic, they can clutter the list, leaving it quite difficult for group members to scroll to desired writings. Please keep emoticons positive and in the spirit of Goodwill.
4. We need to hold everyone in the group to the level of Right Human Relations and Goodwill. There can and will be differences, but we can maintain a sense of respect and cooperation. 2025 is not that far away and we need to be examples of the qualities and goals that we espouse. If by chance you slip up, a senior group member will contact you to explain how to rectify the issue, and work with you to seek understanding and resolution. If you are unable to abide by the guidelines provided above, we may need to intervene to provide guidance to maintain order and harmony.
5. **If you are concerned about the behavior of another group member or become embroiled in a dispute, please do not try to manage it alone.** Please consult with your Coordinator or other Twelves Administrator for assistance.
6. **Examples of behaviors of concern:** Over-posting/dominating a Chat, rambling/irrelevant/off topic/disruptive posting, disrespectful comments or emoticons in response to others, name calling, bringing private matters and disagreements into the group chat.
7. **Examples of guidance in response to behaviors of concern:** private message from your Coordinator or other Administrator pointing out the problem and seeking agreement on a resolution; request that posts or emoticons be removed; being barred from making posts for a period of time; being asked to take a sabbatical break from Twelves; or being asked to leave Twelves if a situation cannot be resolved in a less restrictive manner. Twelves Administration reserves the right to remove someone from the group if other measures fail and more serious behaviors occur on 3 occasions. Decisions regarding guidance responses will not be arbitrary. They will be carefully considered by Twelves Administration and agreed on by the consensus of members of that group.
8. **The responsibility for guidance in response to behaviors of concern falls to the Twelves Administrators.** Twelves Administration is composed of Senior Members and Twelves Coordinators. Administrators are responsible for overseeing the day-to-day functioning of Twelves, planning and coordination of Events, and creation of and communication regarding new initiatives, as well as problem-solving challenges that arise, including those outlined above in items 1 through 7.
9. **Twelves will evolve over time and so the above Rules will be subject to review, change, and improvement to reflect our growth.**

JANUARY 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 The Twelve Gates Ritual 02:00	2	3	4	5	6
7	8 The Ashram Meditation 02:00	9	10	11	12	13
14	15 Burning Ground Twelves 19:00	16	17	18	19	20
21	22	23	24	25 ☉ ♒ FM Aquarius 17:53	26	27
28	29	30	31	1	2	3

KEYNOTE:
Aquarius - Water of Life am I, poured forth for thirsty men.

The time zone for the calendar is UTC

FEBRUARY 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5 The Twelve Gates Ritual 02:00	6	7	8	9	10
11	12 The Ashram Meditation 02:00	13	14	15	16	17
18	19 Burning Ground Twelves 02:00 or TBD	20	21	22	23	24 ☉♊ FM Pisces 12:30
25	26	27	28	29	1	2

KEYNOTE:

Pisces - I leave the Father's home and turning back, I save.

The time zone for the calendar is UTC

MARCH 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	1	2
3	4 The Twelve Gates Ritual 02:00	5	6	7	8	9
10	11 The Ashram Meditation 02:00	12	13	14	15	16
17	18 Burning Ground Twelves 02:00 or TBD	19	20	21	22	23
24	25 ☉♈ FM Aries - Easter 07:00 partial eclipse	26	27	28	29	30
31	1	2	3	4	5	6

KEYNOTE:

Aries - I come forth and from the plane of mind, I rule.

The time zone for the calendar is UTC

APRIL 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 The Twelve Gates Ritual 02:00	2	3	4	5	6
7	8 The Ashram Meditation 02:00	9	10	11	12	13
14	15 Burning Ground Twelves 02:00 or TBD	16	17	18	19	20
21	22	23 ☉♉ FM (Taurus) 23:48 Wesak Festival	24	25	26	27
28	29	30	1	2	3	4

KEYNOTE:

Taurus - I see and when the eye is opened, all is light.

The time zone for the calendar is UTC

MAY 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
5	6 The Twelve Gates Ritual 02:00	7	8	9	10	11
12	13 The Ashram Meditation 02:00	14	15	16	17	18
19	20 Burning Ground Twelves 02:00 or TBD	21	22	23 ○ II FM Gemini 13:52 Christ's Festival	24	25
26	27	28	29	30	31	1

KEYNOTE:

Gemini - I recognise my other self and in the waning of that self, I grow and glow.

The time zone for the calendar is UTC

JUNE 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3 The Twelve Gates Ritual 02:00	4	5	6	7	8
9	10 The Ashram Meditation 02:00	11	12	13	14	15
16	17 Burning Ground Twelves 02:00 or TBD	18	19	20	21	22 ☉♋ FM Cancer 01:07
23	24	25	26	27	28	29
30	1	2	3	4	5	6

KEYNOTE:
Cancer - I build a lighted house and therein dwell.

The time zone for the calendar is UTC

JULY 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 The Twelve Gates Ritual 02:00	2	3	4	5	6
7	8 The Ashram Meditation 02:00	9	10	11	12	13
14	15 Burning Ground Twelves 02:00 or TBD	16	17	18	19	20
21 ○ ☯ FM Cancer 10:16	22	23	24	25	26	27
28	29	30	31	1	2	3

KEYNOTE:
Cancer - I build a lighted house and therein dwell.

The time zone for the calendar is UTC

AUGUST 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5 The Twelve Gates Ritual 02:00	6	7	8	9	10
11	12 The Ashram Meditation 02:00	13	14	15	16	17
18	19 ☉♌ FM Leo 18:25	20	21	22	23	24
25	26 Burning Ground Twelves 02:00 or TBD	27	28	29	30	31

KEYNOTE:
Leo - I am That and That am I.

The time zone for the calendar is UTC

SEPTEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 The Twelve Gates Ritual 02:00	3	4	5	6	7
8	9 The Ashram Meditation 02:00	10	11	12	13	14
15	16 Burning Ground Twelves 02:00 or TBD	17	18 ☉ ♍ FM Virgo 02:34 partial eclipse	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

KEYNOTE:

Virgo - I am the Mother and the Child. I, God, I, matter am.

The time zone for the calendar is UTC

OCTOBER 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
6	7 The Twelve Gates Ritual 02:00	8	9	10	11	12
13	14 The Ashram Meditation 02:00	15	16	17 ♋ FM Libra 11:26	18	19
20	21 Burning Ground Twelves 02:00 or TBD	22	23	24	25	26
27	28	29	30	31	1	2

KEYNOTE:

Libra - I choose the way that leads between the two great lines of force.

The time zone for the calendar is UTC

NOVEMBER 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4 The Twelve Gates Ritual 02:00	5	6	7	8	9
10	11 The Ashram Meditation 02:00	12	13	14	15 ☉♏ FM Scorpio 21:28	16
17	18 Burning Ground Twelves 02:00 or TBD	19	20	21	22	23
24	25	26	27	28	29	30

KEYNOTE:

Scorpio - Warrior I am and from the battle I emerge triumphant.

The time zone for the calendar is UTC

DECEMBER 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 The Twelve Gates Ritual 02:00	3	4	5	16	7
8	9 The Ashram Meditation 02:00	10	11	12	13	14
15 ☉♐ FM Sagittarius 09:01	16 Burning Ground Twelves 02:00 or TBD	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

KEYNOTE:
Sagittarius - I see the goal. I reach that goal and then I see another.

The time zone for the calendar is UTC