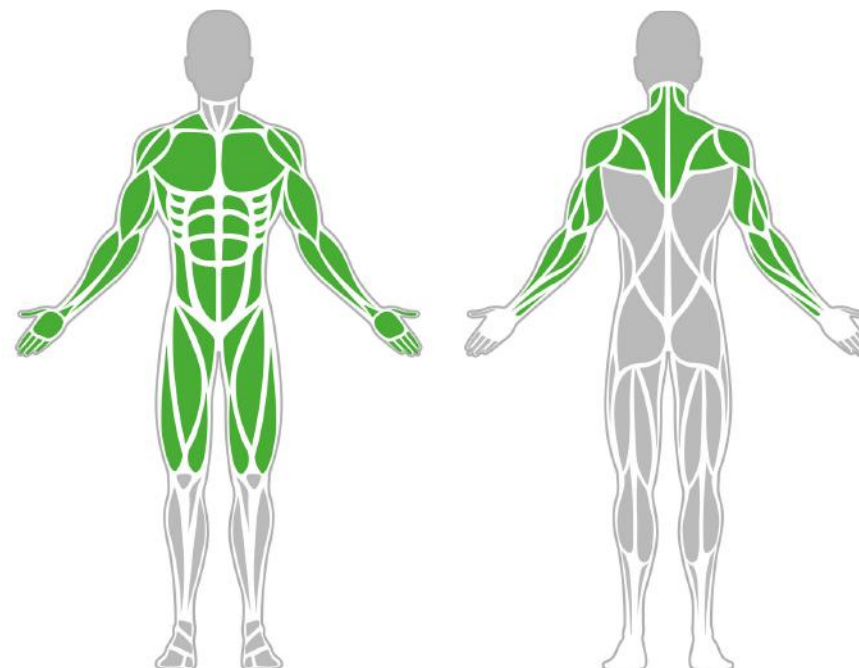




## Muscle Groups Focus



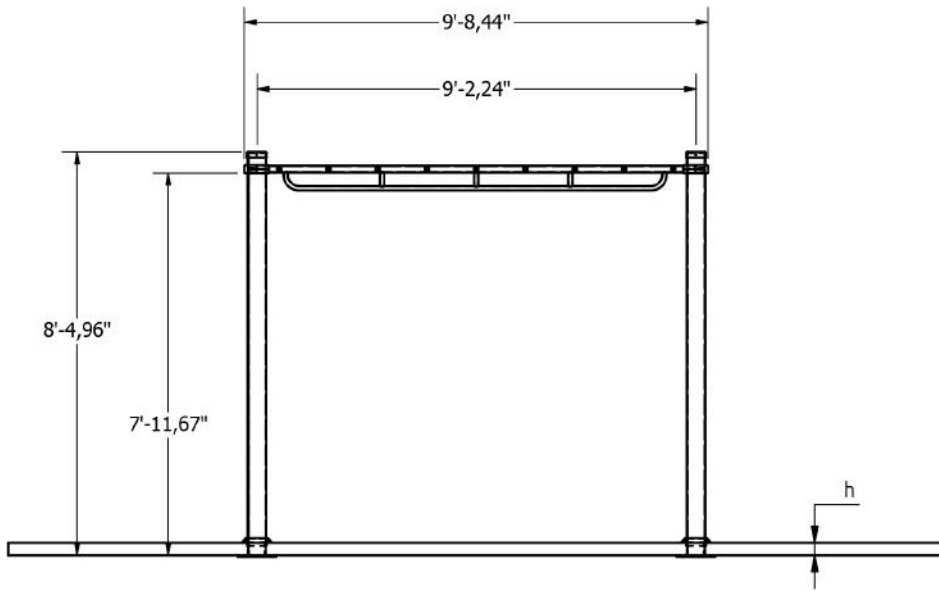
### Horizontal Ladder

A horizontal ladder is a special kind of fitness equipment for performing hanging. It is a basic exercise in free weight training, which in fact strengthens the entire musculature of the body. The exercise of hanging from a horizontal ladder gives users more freedom of movement than a simple bar, making the workout more enjoyable and colorful.

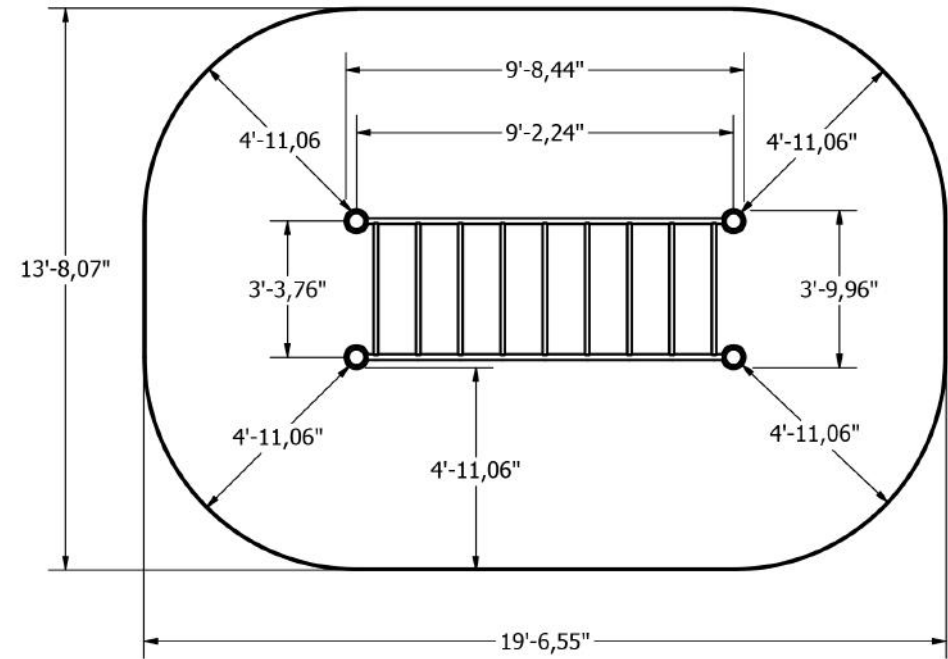
### Attributes

Product code	1-1-029
Certificate	EN 16630, ASTM F3101
Age group	14 + years
Capacity	2 people
Max. weight load	218.26 lbs
Type	Calisthenics
Difficulty level	Hard

## Side View




## Plan View



### Installation information

Number of installers (concrete)	At least 2 people
Total installation time (concrete)	60-120 min.
Number of installers (equipment)	At least 2 people
Total installation time (equipment)	30-60 min.
Excavation volume	28,25 ft <sup>3</sup>
Concrete volume	28,25 ft <sup>3</sup>
Size of the base structure	4pc 19.69 x 19.69 x 31.5 „
Anchoring options	In-ground or surface
In combined structures, the volume of concrete required varies.	

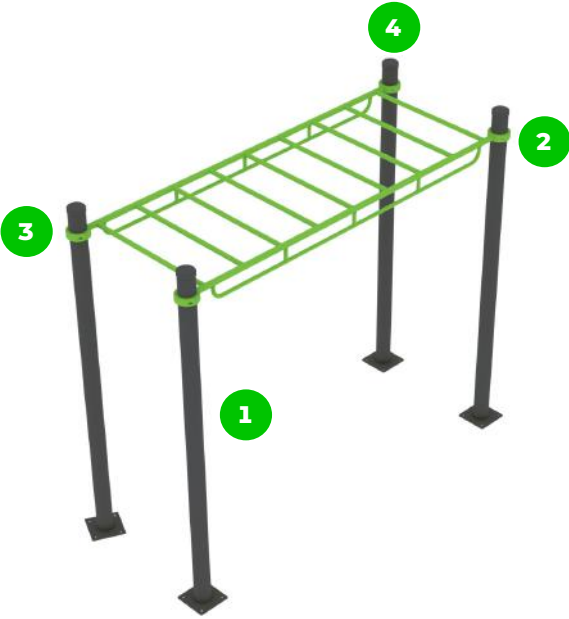
### Technical specification

Safety surface area	Around 4.92 ft radius
Net weight	297.62 lbs
Material	S235
Critic fall height	54.13"
Color options	
For more color options, discuss with your sales representative.	

### Warranty

Structure	25 years
Steel	15 years
Paint	2 years
Plastic	5-10 years
Rubber	1-3 years
Moving parts	2 years
Detailed information in the warranty document	

# Material specification



The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The clamp system allows for easy assembly and extreme stability.



The connecting elements are fastened with vandal-proof stainless steel screws and nuts.



The ends of the bars and posts are sealed with injection-moulded plastic caps.



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[usa@bestrong.com](mailto:usa@bestrong.com)

