



The Field

Leadership Course

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We call this course
The Field because
transformational leadership
is like standing in a wide-open
field full of possibility.



The future of leadership is transformational

We live in transformational times with high complexity, tectonic market shifts, new business models and a clear demand for sustainable products and services.

Yet, one of the biggest challenges that leaders face is, that neither people nor organisations change that easily. Evidently, as a leader we must now learn how to lead *real* transformation – a process that is less about tools and more about *who you are* as a leader.

The Field Leadership course is designed to help you transform, so that you can transform your organisation.

Successful transformation is marked by massive action, resilience and sustainable results. But to succeed we must learn to move beyond our ego and fear-based habits.

Over 9 months, we facilitate a process beneath the surface of our professional persona to embrace the shadows of our leadership and bring out more wisdom and courage.

You will learn to lead your team and business with deep intent for the results you want to create and to apply game-changing methods used by pioneering organisations.

In explorative and honest conversations, we will address the mindsets and behaviours that limit us and find new ways to build vibrant organisations - full of highly engaged people delivering extraordinary results.

In short, it is a journey for leaders willing to be curious, break patterns and challenge pre-conceived ideas to help their organisations succeed in times of transformation.

What you get

- + A course designed to help you transform how you think and act as a leader
- + Research-based practices to transform relationships and results
- + Learning through coaching, feedback and training calls between modules
- + Introduction to pioneering ways of organising and leading organisations
- + Access to a powerful network of transformational leaders

Programme details

- + For leaders who are ready to play a transformational role in their organisation
- + 9 month duration
- + 4 modules (14 full days)
- + Training calls and practice between modules
- + Intimate group size
- + Greater Copenhagen Area (in person)



Takeaways

For you as a leader

- + Clarify your personal leadership intent and set clearer demands and boundaries
- + Lead from your authentic self and focus more on what matters
- + Deepen relationships with colleagues and inspire others to grow
- + Make confident decisions without having all the answers
- + Facilitate tough conversations and turn potential conflict into creative problem solving

For your organisation

- + Make employees feel motivated despite pressure and uncertainty
- + Create highly aligned and engaged teams, able to create breakthrough results
- + Remove and set boundaries to unleash organisational purpose and potential
- + Understand the dynamics of organisational transformation to overcome barriers and minimize risk

Your leadership field is where you make things happen.

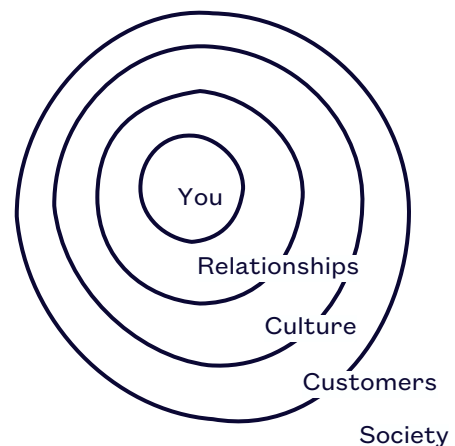
Your leadership field is defined by the role you play, the people you touch, the products and services you offer, the markets you serve, and the infrastructure that enables you.

As a leader you bring intent and creativity into the field. What is possible in the field is a reflection of who you are. Your seeing, doing and being defines the language you use, the actions you take and the range of options you believe to be available.

With the willingness and courage to explore your way of seeing, doing and being, you may transform yourself and thus, create a shift in what is currently possible within your field.

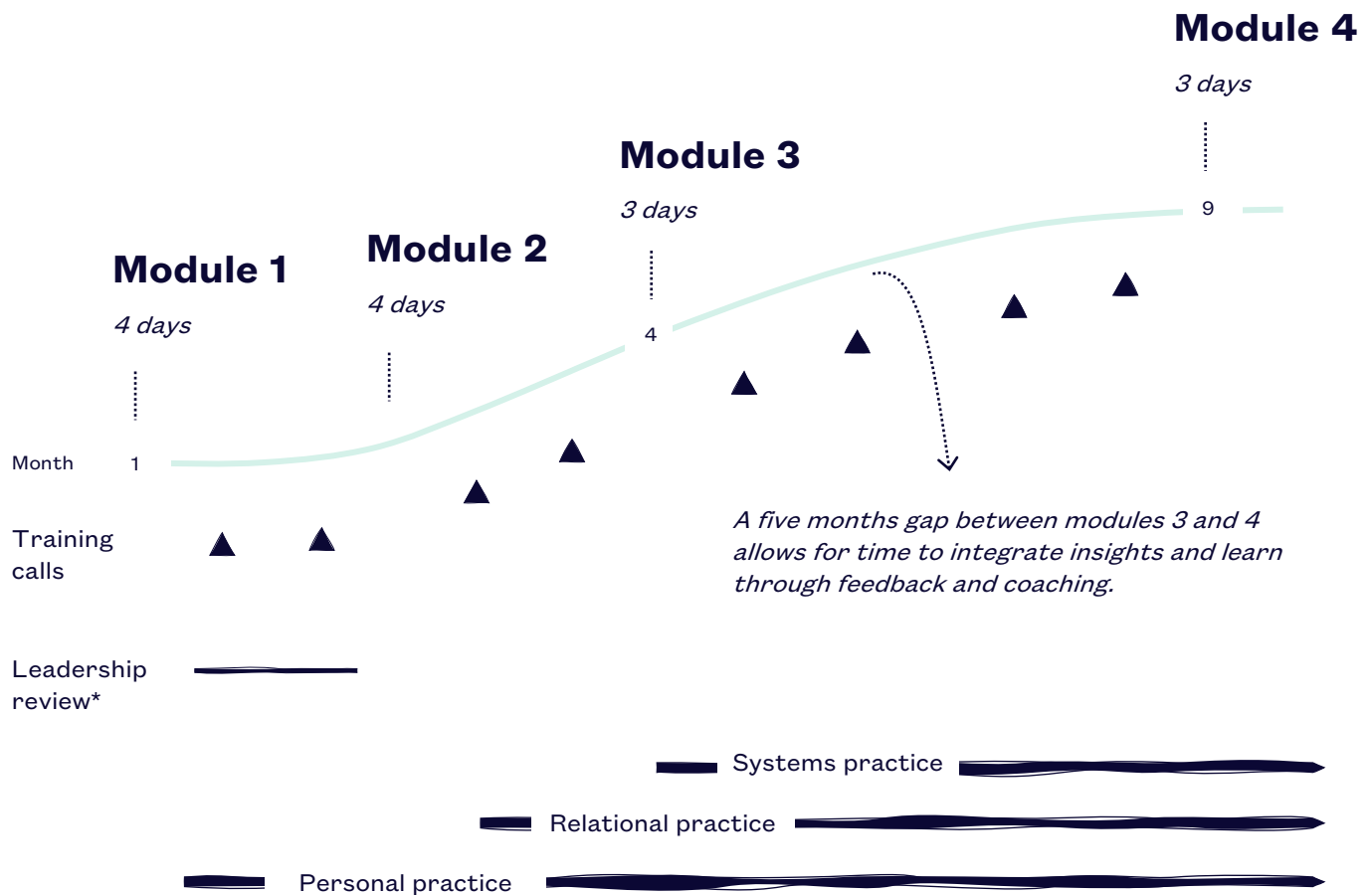
This course is an invitation to let go of old patterns, be guided by your inherent wisdom and allow the seeds of new choices to take root across your leadership field.

Your leadership field



This is a 9 month leadership course

Four transformational modules integrated with coaching, feedback and extensive practice



**You will do a leadership review, where you get feedback from people who are close to you*

*Practice is an essential part of the course. **You can read more about how we approach practice here***

[Click to read more](#)

The course design is based on three core principles.

Three core principles

Transformation starts with you

New results become possible when we look at the world with new eyes. When we transform ourselves, we create the possibility for organisations to transform.

The course is designed to help you transform your seeing, doing and being through deep reflection, journaling, insights from feedback, new ideas and lots of practice.

Sustainable equals holistic

Organisational transformation does not stick unless we approach it holistically. To do so we must consider four essential domains: mindset, behaviour, culture and systems.

The content and sequence of the four modules are carefully designed to help you understand and successfully navigate all four domains of transformation.

No practice, no results

To learn new things we must be willing to have a beginner's mind.

The course integrates personal, relational, and systems practices into your day-to-day work. In particular, you will bring new insights into your organisation between module 3 and 4 to experiment and perhaps even begin to transform how your organisation works.

Embark on a life-changing journey

To become a transformational leader is to connect with an already existing wisdom and to allow your intent to arise from a deeper knowing. To lead others, we must know ourselves first. That is why our personal transformation plays a critical role in our ability to lead other people through transformation.

The format and flow of the four modules are designed to help each participant undergo personal transformation and build the capacity to manifest new beginnings within their organisations.



Module 1:

Awaken The Creator Within

What is truly important to you? What do you want to create? This module is about nurturing the creator within each leader. It is an invitation to connect with our authentic self and refine our leadership intent.

Through various exercises we enhance self-awareness and practice moving beyond doubt, cynicism and fear. It's a process of investigating our own narrative, while cultivating deep listening and curiosity.

As we uncover our "automatic" ways of seeing, doing and being, we can awaken the creator within and begin to learn how to lead transformation from intent and wisdom.

Module 2:

Embrace The Darkness Of Transformation

What happens when our intent meets resistance? Within ourselves and others? This module is a journey into the darkness that follows the beginning of transformation.

Building on insights from module 1, we explore hidden stories, beliefs and emotions to let go of old patterns and habits.

With a deeper understanding of ourselves, we begin to explore how transformation arises in the context of relationships, group dysfunctions and day-to-day conversations. We learn how to embrace resistance, create transformative dialogues and support others to walk through the darkness of transformation.

Module 3:

Shape A Field Of Possibilities

What is really possible? The limitations we face as leaders are rarely what we believe them to be. In this module, we learn about collective blind spots and the dominant worldviews that govern the way we run our organisations.

We investigate how boundaries exist in structures as well as minds – and how they can both serve and hinder an organisation's potential.

Leaning on new research, we learn how pioneering organisations with exceptional performance challenge common beliefs and use boundaries to shape fields full of possibility. Finally, we help you design experiments that you can bring into your own organisation between module 3 and 4.

Module 4:

Manifest New Beginnings

How can we continue to unlock the potential of our immediate team and organisation? In this module, we integrate all that we have learned and design a path for continued practice and growth.

We finalize a map with field observations and insights from practice and experiments. This map will serve as a guide for future transformation within your leadership field.

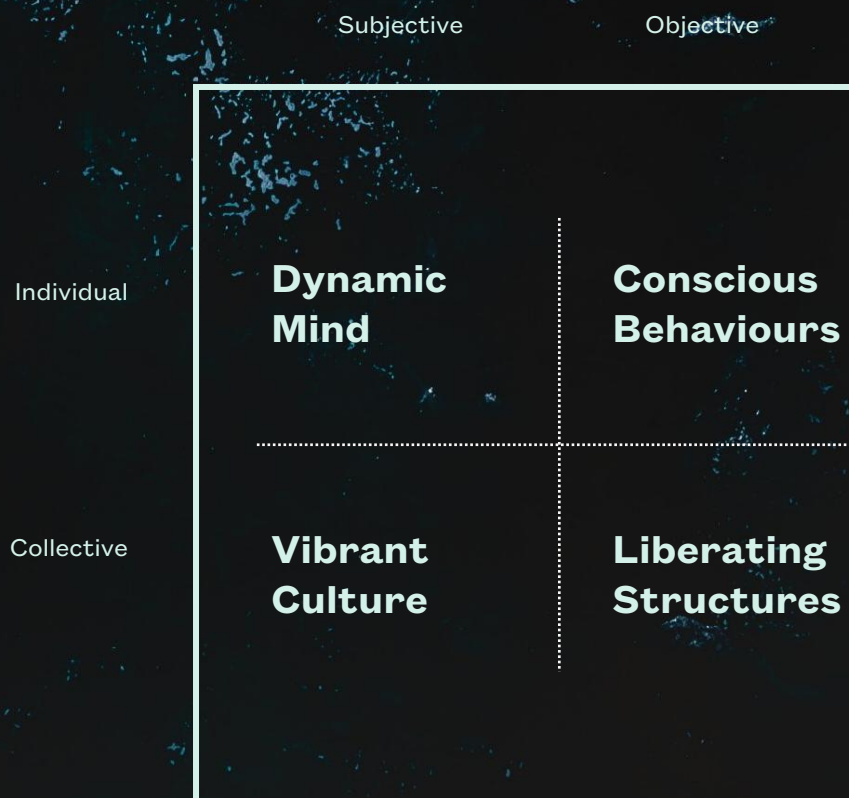
In a final step, we look back on our journey of transformation to honour what has been and celebrate the work that got us here. We then look ahead and create a setting for each participant to step fully into the role as a transformational leader, parting with old ways and manifesting new beginnings.

The Transformational Leadership Model ©

Our Transformative Leadership Model® is based on the integral thinking developed by Ken Wilber. It combines a set of pioneering ideas, well-established research and old wisdom from a gallery of leading scientists, thinkers and practitioners.

It is not our intention for you to understand the complexity of this model. Just know that our course design and facilitation is founded on the work of many great minds that came before us.

[Click to read more](#)



We like to be aligned on expectations - yours and ours

What we expect from you

- That you show up with willingness and courage
- That you participate fully in all modules and training calls, and prioritize practice as part of your everyday leadership
- That you are open to experiencing difficult emotions
- That you are ready to have a laugh at the madness of the world

What you can expect from us

- We will create a playing field with the possibility for personal transformation to occur
- We will support and challenge you through uncompromising honesty
- We will be open to learn from you
- We will care for you from the bottom of our hearts

What you can expect to experience

- We create an intimate group where lively debate and insightful conversations can flourish
- The course is firmly rooted in theory, but is not a "dry" experience. We make insights actionable through a wealth of hands-on practices, tools and discussion activities
- In addition to group and pair-exercises, activities will engage your body, mind and spirit through for example journaling, meditation and beginner's yoga
- You will become part of a strong community of transformational leaders who can to support your continued growth beyond the course

Facilitating the journey



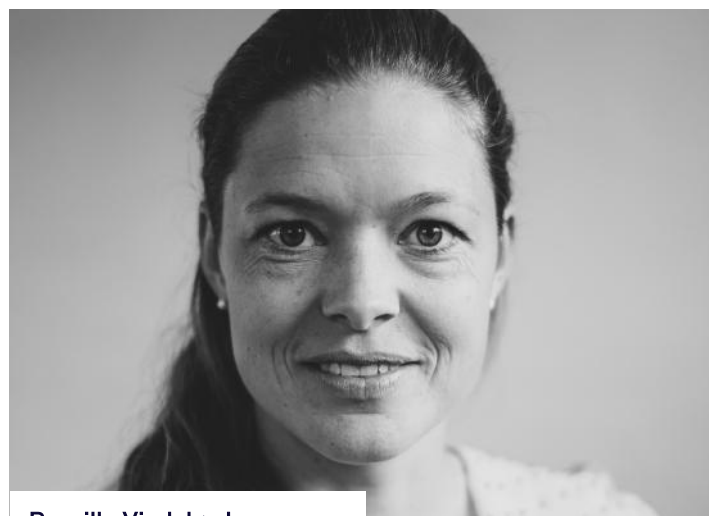
Jakob Møller Beck
Lead Facilitator

Jakob has worked with personal and leadership transformation for over 15 years and helped both senior executives in large corporations and SME CEOs.

As a facilitator and consultant Jakob taps into his own personal experiences with transformation. At the age of 20, he was stabbed in the stomach and partially paralysed in his left leg. It sparked a decade of practice and learning to give up on old ways of seeing, doing and being. He uses these experiences to help leaders create breakthroughs in performance by moving through fear, fostering honesty and building commitment, accountability and choice.

Since 2012, Jakob has lived and worked internationally serving clients across the US and Europe. His experience ties into subjects such as purpose-driven leadership, cross organisational collaboration, pioneering governance, culture transformation, and leadership coaching.

Jakob holds a master's degree in strategy, organisation and leadership from Copenhagen Business School. He is certified as a cognitive and integral coach, and as a professional facilitator of transformation from courses both in Denmark and abroad.



Pernille Vindeløv Larsen
Course Manager

Pernille supports leaders to create honest and compassionate workplaces as a ground for both business results and wellbeing. With a background in management consulting Pernille has spent her entire professional life helping organisations transform results both in Denmark and abroad.

Working with many different types of clients and industries Pernille leads from a deeper knowing of what becomes possible for an organisation, when leaders curiously look at themselves, act with courage and vulnerability, and inspire people to bring their whole selves to work.

Clients emphasize Pernille's ability to build trusting relationships and as Course Manager she makes sure that everything from the room setting to communication in-between sessions support personal transformation.

As a coach she will help participants to be courageous, she will keep a compassionate eye on everyone's well-being and she will ensure that the group is supported to stay vibrant as a whole.

Pernille is a certified cognitive coach and transformational speaker. She holds a master's degree in Engineering Management from The Technical University of Denmark.



Our invitation

Frankly, we are tired of playing by rules that no longer serve the world. We believe that many leaders feel the same.

If we do not transform how business is done today, everyone continues to pay a high price – from employees, leaders and business check-books to the planet at large.

This is a time and age where we must choose who we are, what we stand for, and what we absolutely must insist on.

Our work is for leaders willing to play their part in doing good. Leaders who intend to raise the bar for what is possible and have the courage to stand out.

So what kind of leader are you? What are you willing to stand for?

If you aim to leave the world a wiser, healthier and more compassionate than you found it, we sincerely hope that you will join us and make a positive dent in the world.