

# What's In My Garden?

A Food Mystery Book



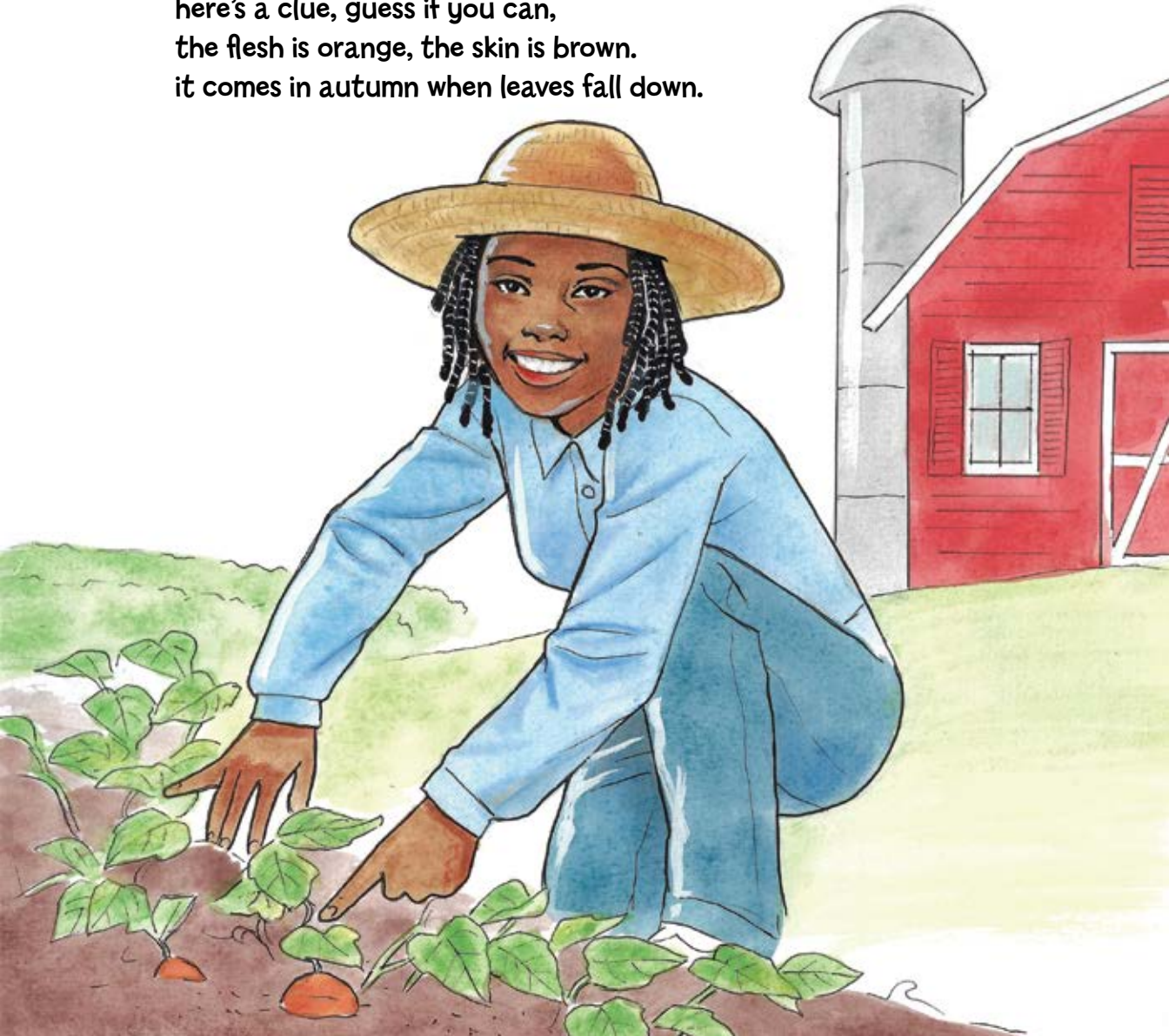
Written by Quality Care for Children and The Rollins Center at the Atlanta Speech School

Illustrated by John Floyd Jr.



Hello, hello, I'm Buzz, the bee,  
I'm visiting gardens, come with me.  
Where will I land, what will I see?  
Help me to solve food **mysteries**.

I grow a root just like a yam,  
here's a clue, guess if you can,  
the flesh is orange, the skin is brown.  
it comes in autumn when leaves fall down.



# Sweet Potato



A leafy plant grows as a head lined up in rows in my garden bed, eaten raw, with toppings and dressing, **delicious** as salad, so refreshing!

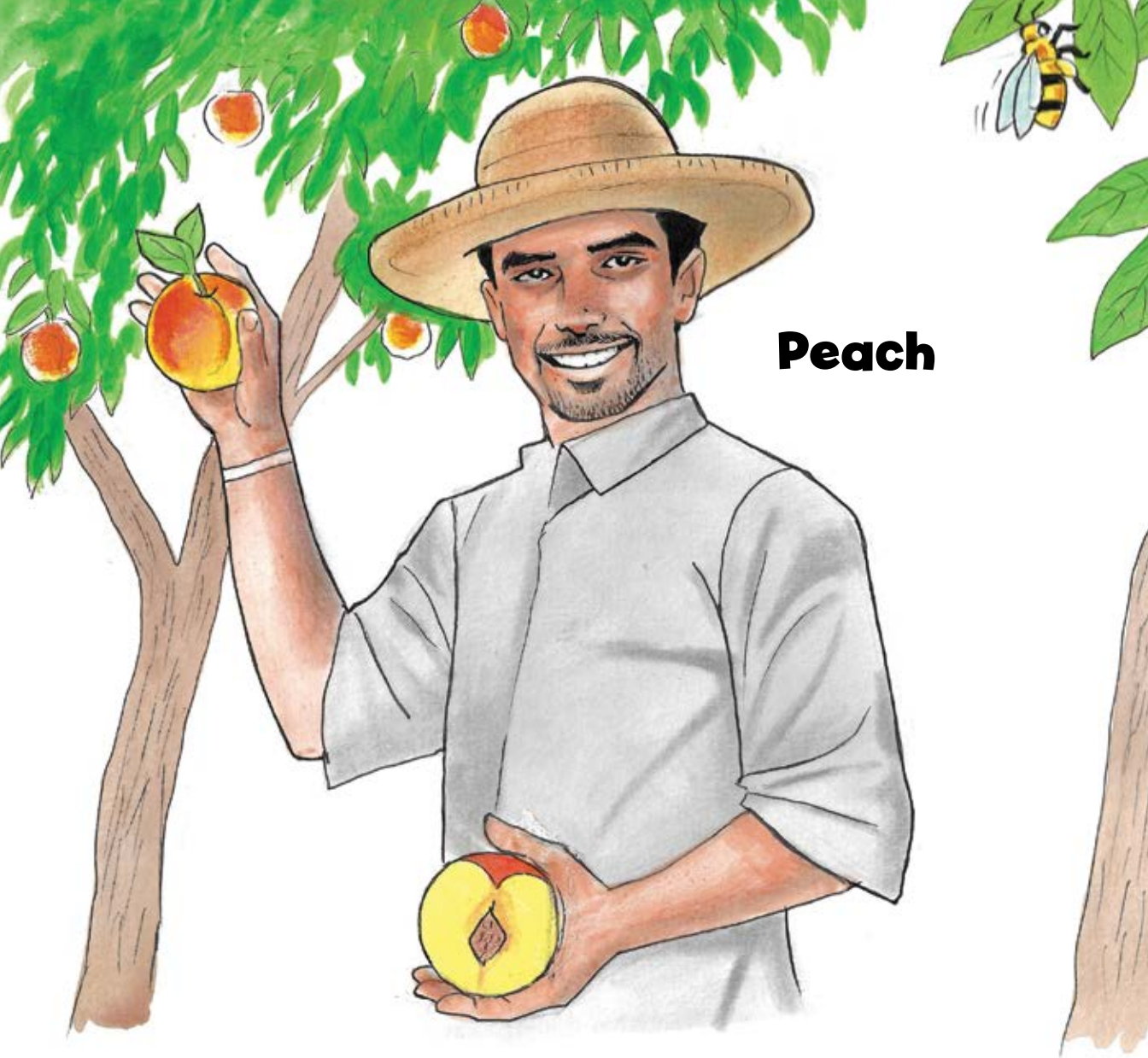


# Lettuce



In my orchard, fruit trees are found,  
on this tree is something round,  
fuzzy skin, the flesh tastes sweet  
to put on yogurt or oatmeal to eat.



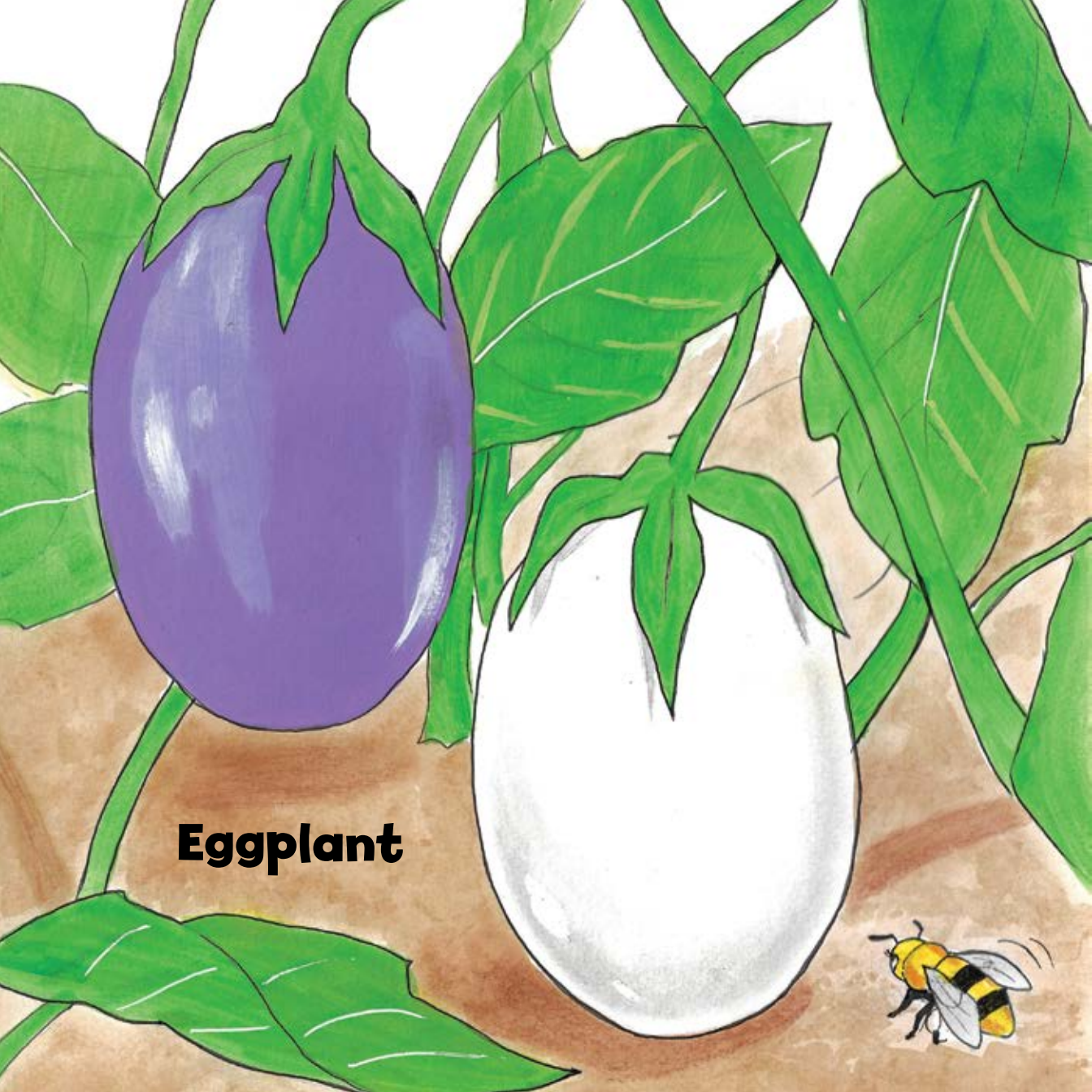


**Peach**



Together we make our garden grow,  
in it you will find something you know,  
it has skin of purple, black, or white,  
ready to **harvest** when shiny and bright.



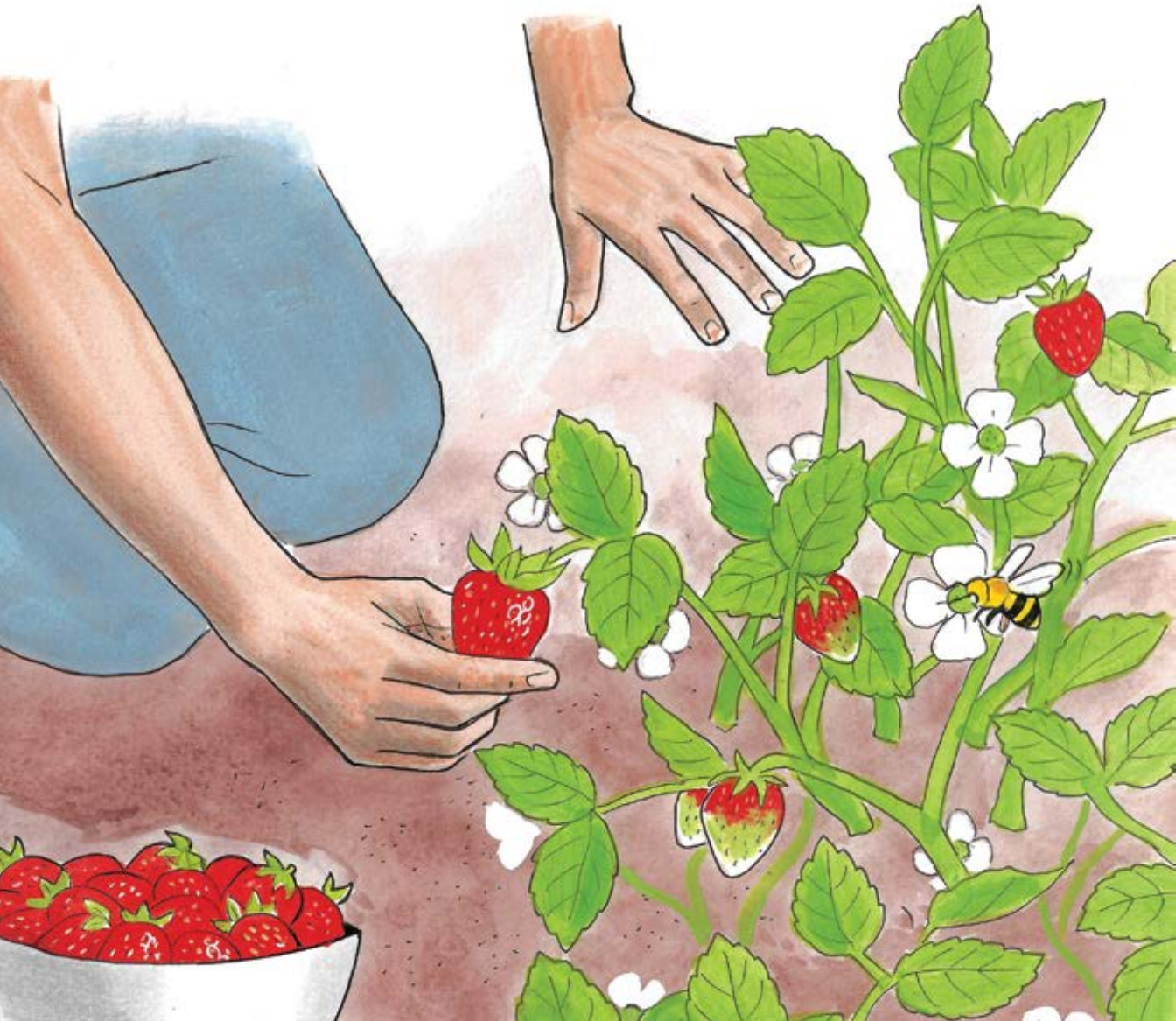


**Eggplant**

In my backyard, we're harvesting  
a fruit that ripens in late spring,  
it starts out small, shaped like a heart,  
when red and juicy, picking can start.



# Strawberries



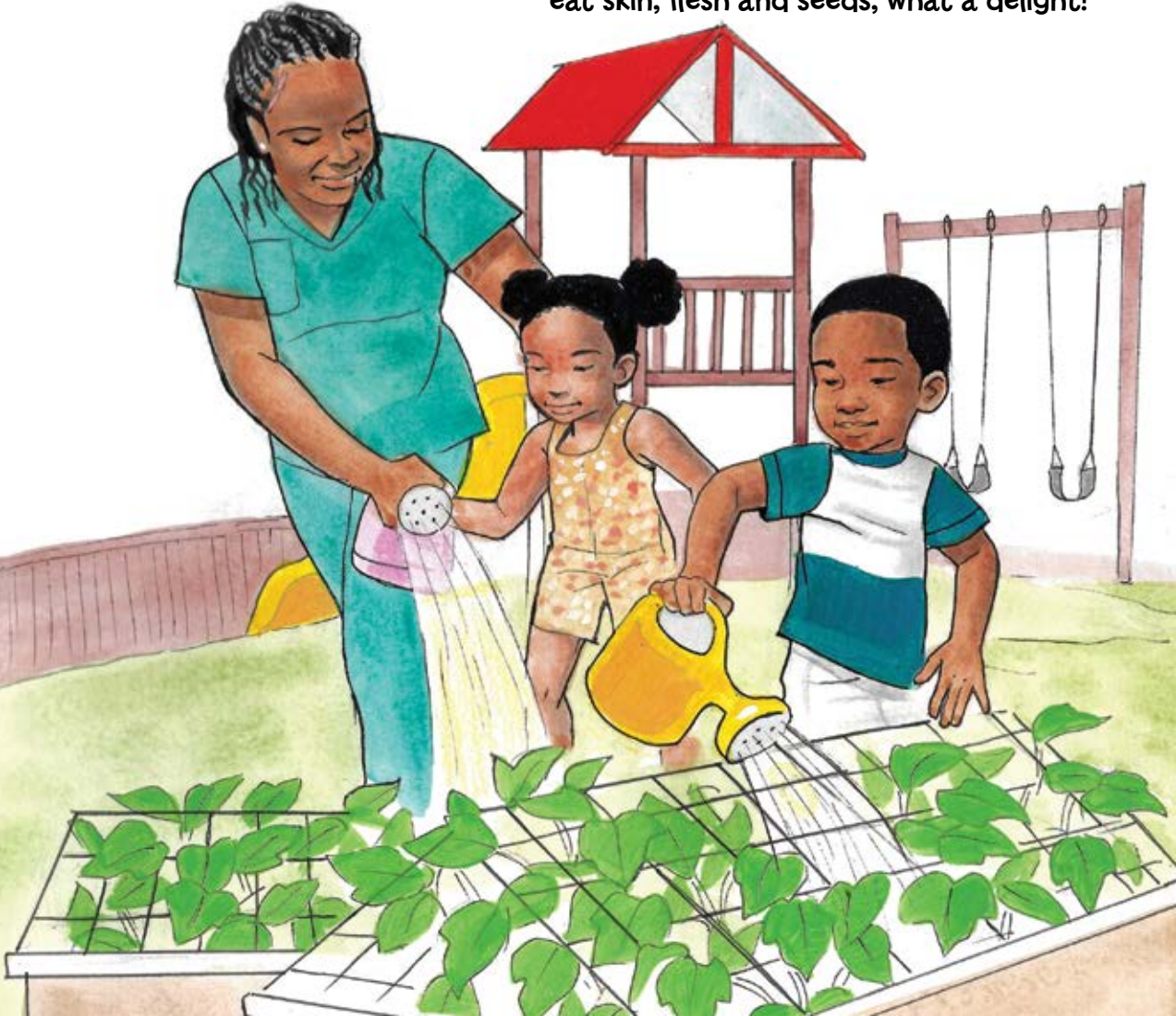
In my garden you'll discover  
a leafy plant, rainbow colors:  
green, red, yellow, and more to see,  
tasting strong, mild, sweet, or spicy.



# Peppers



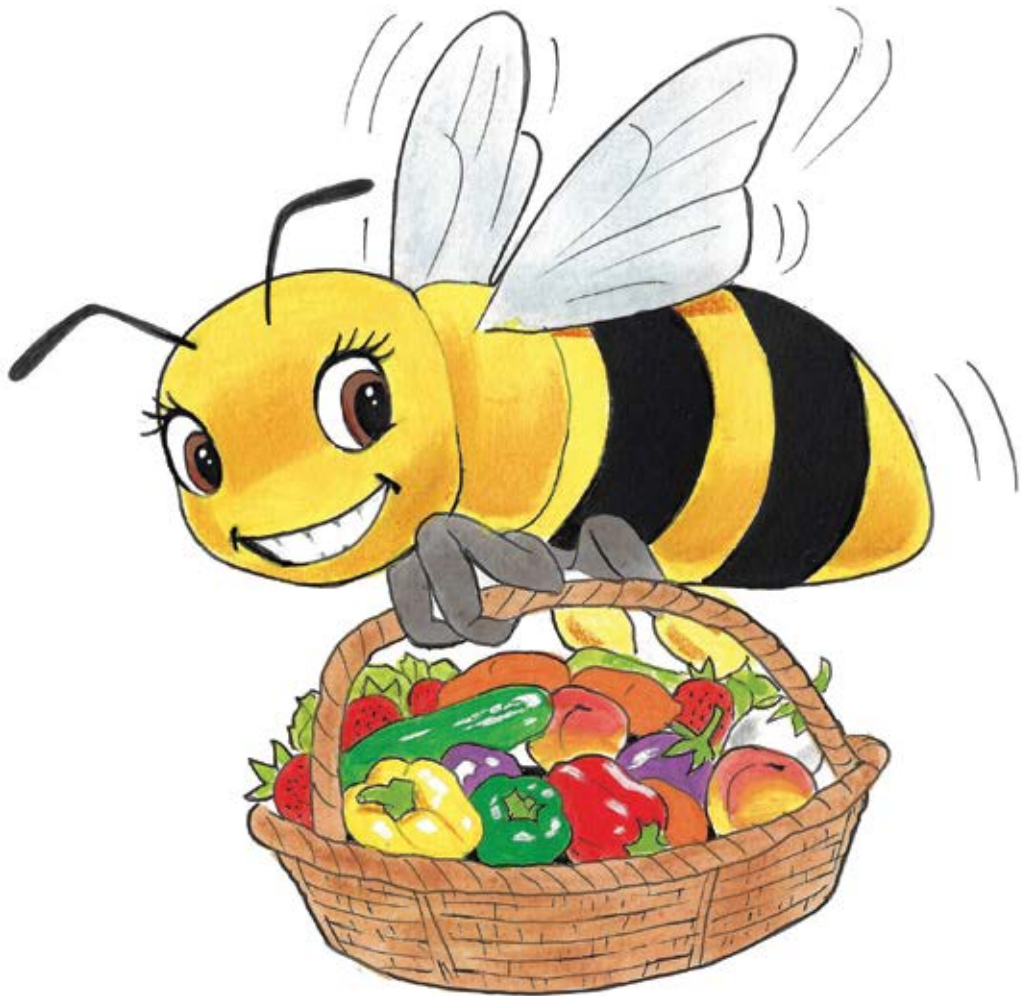
In my teaching garden, you will find  
a long, green plant growing on a vine,  
it makes a crunch when you take a bite,  
eat skin, flesh and seeds, what a delight!



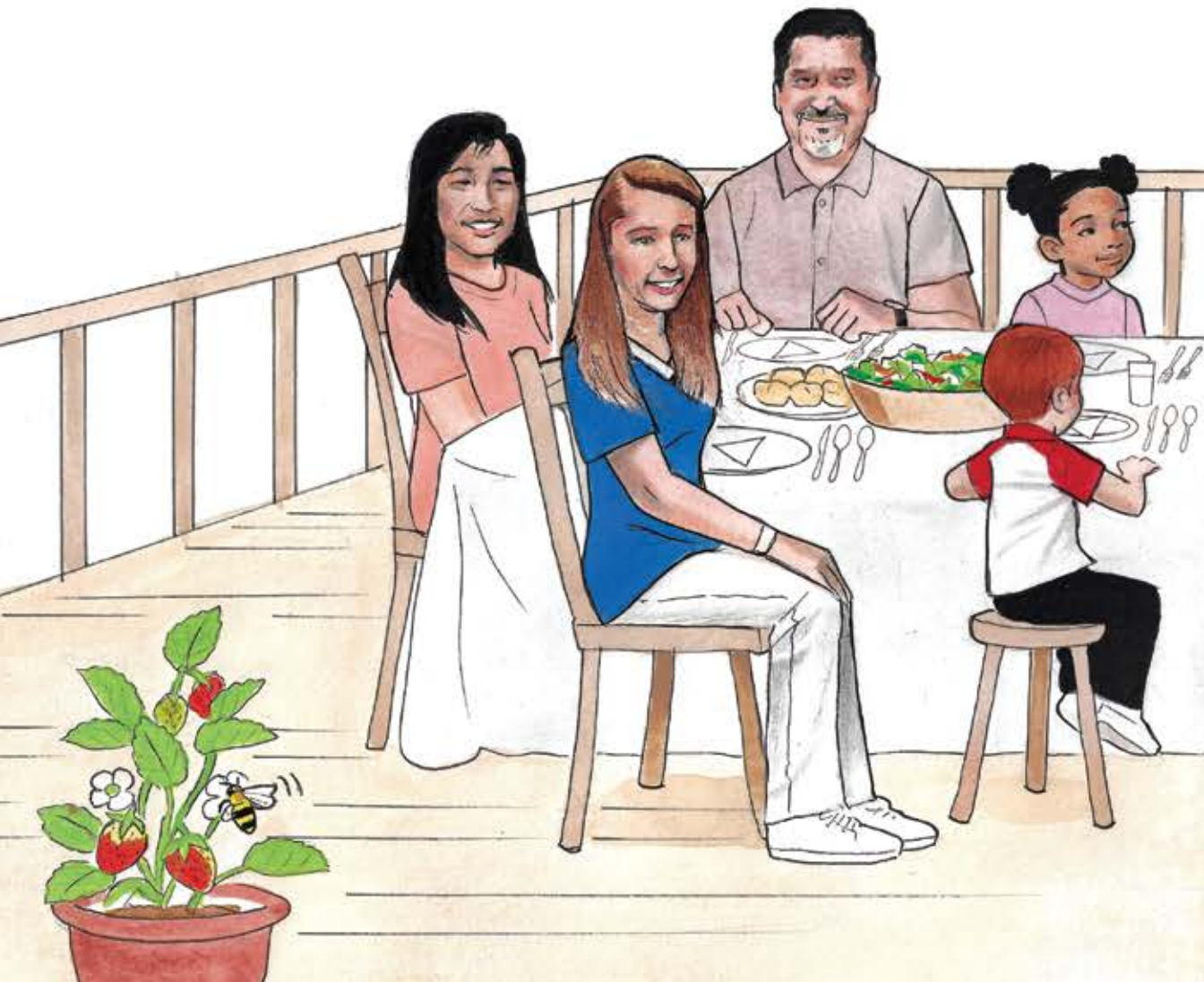
# Cucumbers







What did you harvest, what did you see?  
Were you able to solve food mysteries?  
Did you have any favorites? Tell me why.  
Adventurous eaters - give new foods a try!





This book was created by Quality Care for Children in partnership with the Rollins Center for Language & Literacy, a program of the Atlanta Speech School. View our free teacher's guide, which is filled with tips for reading this book, curriculum connections, and strategies for helping children grow into adventurous eating:



This story and characters were inspired by QCC's work with Augusta Locally Grown, including Coy Hancock and Kendall Porter, and five family child care providers: Deloris Brown, Mia Gibbs, Tabitha Herchig, Angela Lee, and Sharon Williams.

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Quality Care for Children (QCC) equips families and child care providers with the knowledge and resources to nurture and educate Georgia’s infants and young children. Since 1979, QCC has been an innovative leader in the field, increasing and strengthening the supply of quality child care programs and improving access and affordability to high-quality early care and learning for families so that all children may reach their full potential. Visit us at [www.qccga.org](http://www.qccga.org).



The Rollins Center for Language & Literacy, a program of the Atlanta Speech School, is dedicated to comprehensive literacy and the construction of the deep reading brain - for every child. Rollins effects change through partnerships with philanthropic organizations, communities, systems, and scientists to bring the science of reading to educators everywhere through its free online adult learning platform, Cox Campus. Visit [www.coxcampus.org](http://www.coxcampus.org).



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**This food mystery will get children excited about Georgia vegetables and fruits, setting them on a path to becoming adventurous eaters!**

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