



THE BAY PORTFOLIO

COMMUNITY MAGAZINE

July 2026
Issue No. 4



If your business serves the Bay, The Bay Portfolio is where your business belongs

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Welcome FROM THE EDITOR

IS OUR RESILIENCE BEING MISTAKEN FOR ACCEPTANCE? THE COST OF COPING TOO WELL

There is a phrase often used when describing South Africans - "we are resilient". It is meant as a compliment, and in many ways it is. We adapt, we innovate, and we find ways to keep moving forward.

But there comes a point where resilience begins to feel less like a strength and more like a necessity for survival.

Across Port Elizabeth and surrounding areas, residents and business owners are facing an increasing number of challenges that have become part of daily life. Electricity outages, water interruptions, ageing infrastructure, service delivery concerns, and ongoing uncertainty have forced many people to make significant adjustments simply to maintain some sense of normality.

For businesses, every interruption carries a cost. Restaurants cannot prepare food without water. Retail stores lose sales when power cuts

affect card machines and security systems. Home-based businesses struggle to meet deadlines when internet connections constantly fail. Manufacturers face production delays. At home, families are constantly adapting too. Daily routines become dependent on factors outside of anyone's control.

Solutions such as water tanks, solar panels, invertors and generators demonstrate the ingenuity and determination of our community.

This raises an uncomfortable question:

What about those who cannot afford expensive, alternate solutions?

The reality is that not everyone has the financial means to invest in these expensive solutions. For many households, simply covering monthly expenses is already a challenge.

For small businesses operating on tight margins, spending tens or hundreds of thousands of rands on backup infrastructure is simply not an option. Access to water and electricity should not become a privilege available only to those who can afford alternative systems.

Resilience is one thing, but continually accepting unreliable basic services is another. The people of this city have adapted time and time again, investing their own money and finding their own solutions simply to keep life moving.

Resilience should never be mistaken for acceptance.

Surely the question must now be asked:

When is enough enough?

Not as a political statement. Not as criticism for criticism's sake. But as a genuine question from the people who call this city home and who want nothing more than the ability to live, work, raise families, and build businesses without constantly navigating preventable obstacles.

Communities thrive when essential services are reliable. Businesses grow when they can plan with confidence. Families flourish when basic needs are consistently met.

Port Elizabeth is filled with talented entrepreneurs, hardworking residents, and passionate community members. Imagine what could be achieved if all that energy currently spent on overcoming service interruptions could instead be directed toward growth, investment, and opportunity.

Resilience is something to be proud of. But reliable basic services should not be something we have to be resilient about.

Until next edition, take care of yourselves, support local where you can, and let's continue building a stronger Bay together.

Regards,

Shelley



Shelley Donaldson

Editor & Designer

info@thebayportfolio.com



Celebrating the city we live in!



THE BAY

PORTFOLIO

COMMUNITY MAGAZINE



Keep an eye out for The Bay Portfolio QR code popping up around the city!

Wherever you spot it - in cafés, shops, or community spaces - simply open your phone's camera, scan the code, and the latest edition will appear right on your screen. It's the quickest, easiest way to stay connected with local stories, businesses, and everything happening across The Bay.



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At its core, The Bay Portfolio is designed to make life in The Bay simpler. It hopes to bring businesses and community information together in one easy-to-use space.

What makes this magazine truly powerful is that it's digital. That means everything you see here is interactive. Just tap, click, or follow the link - and you're where you need to be.

See a highlighted email address?

Click it, and your email app opens instantly.

Spot a highlighted website link?

One tap takes you straight to the business's homepage.

Want to follow a business on social media?

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Every advert can become a direct gateway - to a booking page, a competition entry, an online store, even a video showcase. Businesses can link to specials, promotions, event registrations, and more, all with one simple action from you.

**This magazine won't be
something you simply read;
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That's the power of a digital community magazine. It doesn't just showcase local businesses - it connects you to them instantly. For readers, it creates convenience. And in marketing, convenience drives response.

So explore, click, interact, visit, book, follow... Enjoy the possibilities - and enjoy The Bay Portfolio.



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WHEN LEARNING IGNITES POTENTIAL

In today's rapidly evolving business landscape, organisations face a constant challenge: ensuring their teams possess the skills, knowledge, and confidence needed to remain competitive. This is where GL Training has carved out a reputation as a trusted partner in workforce development, helping businesses and individuals unlock their full potential through practical, impactful training solutions.

As an accredited South African training provider, GL Training believes that learning should be more than a compliance exercise or a box-ticking activity. Instead, training should inspire growth, empower individuals, and create lasting value for organisations. Their philosophy is simple yet powerful: effective training fuels individual development, strengthens teams, and contributes to long-term business success.

What sets GL Training apart is its commitment to delivering customised, hands-on learning experiences. Rather than offering generic programmes, the company works closely with clients to understand their unique challenges and objectives. This collaborative approach allows GL Training to design and deliver training solutions that are relevant, practical, and immediately applicable in the workplace.

The company offers a diverse portfolio of courses designed to address the evolving needs of modern organisations. Their ISO Standards Training programmes help businesses improve quality systems, achieve internationally recognised certifications, and drive continuous improvement. These courses provide organisations with the tools required to maintain high standards while enhancing operational efficiency and credibility.

Recognising that technical expertise alone is not enough for success, GL Training also places significant emphasis on Soft Skills Training. Effective communication, teamwork, conflict resolution, emotional intelligence, and interpersonal skills are critical components of a productive workplace. By helping individuals strengthen these capabilities, GL Training contributes to healthier workplace cultures and stronger professional relationships.

Leadership development is another cornerstone of the company's offering. Through its Management Training programmes, GL Training equips current and future leaders with the tools to manage change, improve performance, and create positive organisational impact. Strong leadership remains one of the most important drivers of business success, and GL Training's programmes are designed to help leaders navigate today's increasingly complex business environment with confidence.

Behind every course is a team of experienced industry professionals who bring real-world expertise into the classroom. Their practical approach ensures that learners gain not only theoretical knowledge but also actionable insights that can be implemented immediately. This commitment to quality has earned praise from clients who consistently highlight the engaging delivery style of GL Training's facilitators.

Serving clients across South Africa and internationally, including the United Kingdom, Ireland and the UAE, GL Training continues to expand its reach while remaining focused on its core mission: helping people and organisations grow through meaningful learning experiences.

In a world where skills development has become essential rather than optional, GL Training stands as a valuable partner for businesses seeking to invest in their people. By transforming learning into a catalyst for growth, the company is helping create empowered employees, stronger organisations, and brighter futures.

OUR OBJECTIVE:

we partner with you to create customised training that tackles your unique challenges and moves your business forward.

THE RESULT:

confident teams, empowered individuals, and lasting success. We deliver training that equips, inspires, and gets results.



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-Made in the Bay- Supporting local and making our mark globally

Nelson Mandela Bay has a powerful story to tell – a track record of success in manufacturing and agro-processing, innovation and exports combined with the beauty and diversity of our natural environment and multicultural heritage, and most of all, the talents, can-do attitude and collaborative spirit of our people.

This is the story we tell in the Nelson Mandela Bay Business Chamber's Bay of Opportunity campaign to position the metro as a globally competitive, diverse hub for manufacturing and exports, trade, investment and tourism. Our "proof points" include having two commercial harbours, one a deepwater port, along with being SA's auto manufacturing hub. Our manufacturing and processing sectors are diverse, globally-connected, and in some cases world-leading, including pharmaceuticals, food and beverages, wool, mohair, citrus, hides and skins, textiles and footwear, fishing, and a growing technology development ecosystem. Now we are bringing this positioning to life in practical terms, to bring real economic opportunities to local business, by our soon to be rolled out Made in the Bay campaign, a distinctive region-of-origin brand and seal of authenticity.

Made in the Bay enables us to tangibly tell the stories of the local people,

products and capabilities that represent the metro's strengths, not only as a place to invest but as a place where world-class solutions are already being conceived, built and delivered globally. Made in the Bay ties the identity and value of locally-made goods and services to Nelson Mandela Bay, enabling local business to leverage the assets and advantages of the Bay of Opportunity on a unified platform that showcases their achievements, builds local pride and helps to connect them to new markets and opportunities. It is a story that can be told and owned by all in the Bay, not limited to manufacturing and technology. We know there are artists, designers, entertainers, artisan bakers and butchers, shoemakers, vegetable growers, candle-makers, tourism attractions, and more, who can use the Made in the Bay brand to their benefit. The economic logic is that promoting local products and services in a coordinated, unified way opens doors to new markets, and the effect of businesses being able to scale-up ripples through the entire local economy, creating jobs and enhancing our competitiveness as a region.

The opening of EBOR Automotive System's new state-of-the art plant in Kariega last week was a powerful illustration of the depth and impact of a Made in the Bay ethos in supporting

diverse local businesses, which in turn supports retention of local employment. As a locally-grown automotive components supplier, that employs over 200 people and has produced over 100 million parts in just over a decade, EBOR's milestone investment of over R100m in scaling up production capacity and advanced technical capabilities signals strong confidence in the Bay's long-term growth prospects. In addition, what was really heartening to see was their tangible commitment to supporting local, by sourcing as much as possible for the new plant from local businesses – from cement and construction materials through to office furniture.

Highlighting the creative possibilities that a Made in the Bay focus can inspire, two of the metro's longest-standing businesses, Volkswagen Group Africa and Mastertons, SA's oldest coffee roastery, have teamed up to produce The People's Blend to celebrate the 75th anniversary of the VW plant in Kariega. It's a great interwoven story. The 102-year-old Mastertons, still owned by its founding family and still using its first delivery vehicle, a 1973 VW Kombi, now supplies its coffee beans and blends across South Africa. VW's legacy in the Bay dates back to the first VW Beetle rolled off the production line in Kariega in 1951. Now the much-expanded plant is the company's African headquarters, the sole manufacturer of the Polo for export to 38 countries, and our region's largest private employer.

Other homegrown businesses celebrating milestone anniversaries this year include Aberdare Cables (80 years), Eastcape Training Centre (ETC, 50), AlgoaFM (40), Atlas Security (40), and S4 Integration (30) – highlighting the resilience and continued innovation of businesses born in the Bay and making national and global impacts. There are many more such stories, among businesses large and small, both old and new, that speak to the heritage, innovation and local and global connections that make Made in the Bay real.

We want to see the Made in the Bay stamp not only on VW Polos, Isuzu bakkies and trucks, or Ford engines, but also on locally-produced software, apps, ceramics, socks, safety or school shoes, beauty products, calamari boxes, milk cartons, and on local accounting firms, law practices, tourism... the list of great products, services, innovations and people coming out of the Bay is endless.



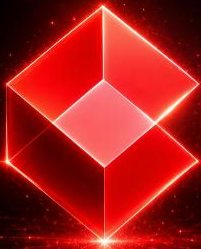
A Made in the Bay seal of authenticity has been designed by the Chamber for our members to apply to locally produced goods and packaging as well as participating companies' online presence, vehicles, signage and marketing materials.

The intention is that Made in the Bay must go beyond a promotional exercise to practical actions that connect local businesses with real opportunities for trade and collaboration. Thus, the campaign is supported by a dedicated trade portal on our Bay of Opportunity site and planned activations such as pop-up stores, international showrooms within our global partner networks, and targeted trade exhibitions and engagements.

The Made in the Bay stamp of authenticity is ready and waiting at the Business Chamber for all businesses interested in participating.



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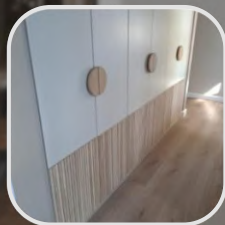
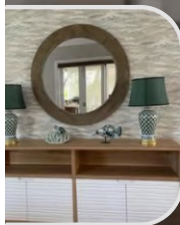


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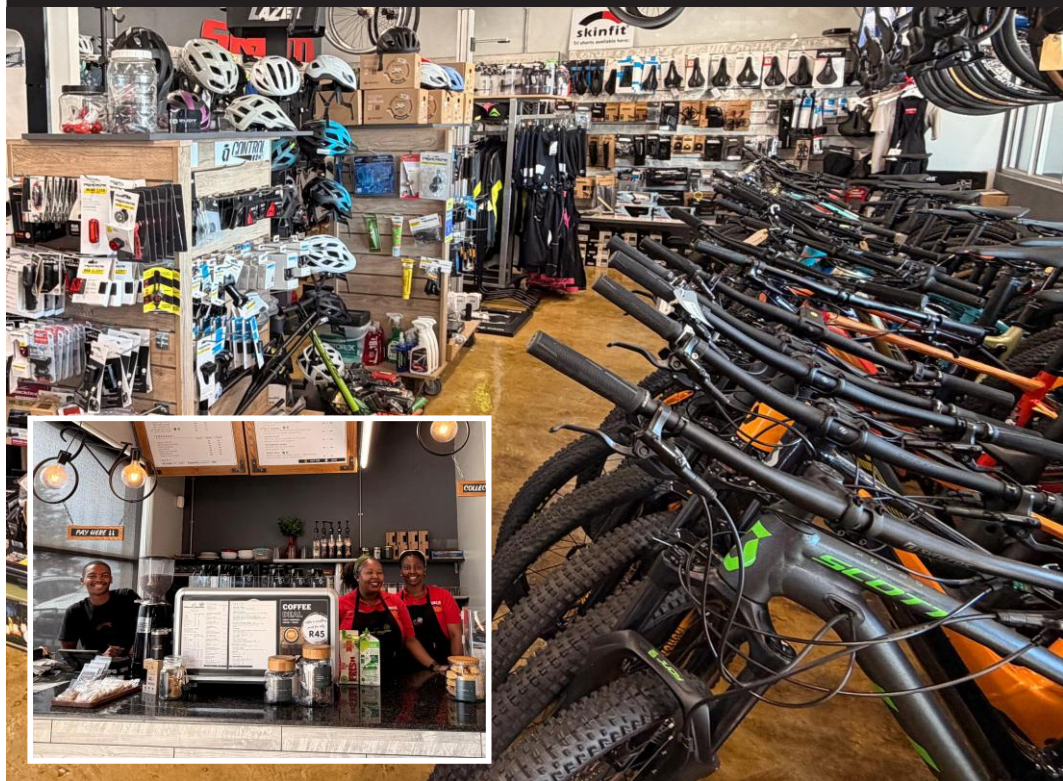
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18 JULY

67 MINUTES FOR MADIBA

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— NELSON MANDELA

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PORT ELIZABETH, SOUTH AFRICA

The countdown has begun for another thrilling season of cycling in Port Elizabeth, with the Masters & Ladies Cycling Club preparing to launch its new Bay Racing League season on 5 September 2026. Building on a proud history of competitive yet welcoming racing, the club continues to provide cyclists of all abilities with an opportunity to challenge themselves, improve their fitness and become part of a vibrant cycling community.

For many years, the Masters & Ladies Cycling Club has been a cornerstone of road cycling in Nelson Mandela Bay, offering structured racing, fair competition and a strong sense of camaraderie. The club welcomes both men and women aged 15 and older and has helped countless riders progress from beginners to accomplished racers through its well-organised racing calendar.

The 2026/2027 Bay Racing League promises to be bigger and better than ever, featuring 16 races over five months, giving riders the perfect platform to measure their progress, build endurance and compete for series points and recognition. Whether your goal is to improve your fitness, experience the excitement of racing, or simply enjoy the stunning routes around Port Elizabeth, the league offers something for everyone.

The club extends a warm invitation to new cyclists who may be considering taking their riding to the next level. You do not need to be an elite athlete to join. The supportive environment, experienced members and structured racing format make it an ideal place for riders who want to learn, improve and enjoy the sport in a safe and encouraging atmosphere. At the same time, the club is looking forward to welcoming back many familiar faces. Former members who may have taken a break from racing are encouraged to dust off their bikes and rejoin the peloton. The friendships, healthy competition and shared passion for cycling have always been at the heart of the club, and the new season provides the perfect opportunity to reconnect with old friends and become part of the excitement once again.

As the start line approaches in September, anticipation is building for what promises to be an unforgettable season of racing, achievement and community spirit.

The Masters & Ladies Cycling Club looks forward to seeing both new and returning cyclists on the start line as the Bay Racing League begins an exciting new chapter in Port Elizabeth.



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THE HIDDEN COST OF GROWTH

by Liska Muller

People talk about growth like it's the reward for all those long nights and risky bets. Surely we all want more customers, more revenue, more visibility and surely that's the payoff. But ask any business owner who has actually scaled a business, and you'll hear that growth doesn't always feel like arrival. In fact, it mostly feels like stepping into a harder, less familiar version of the same fight.

In the early days, everyone's business runs on closeness. You know every client, remember every promise, and carry the whole operation in your head. It's fragile, but it's yours and it's tangible, instinctive, close enough to hold. Then it grows and that closeness starts to slip away.

Information scatters, roles start to blur and decisions that used to take a minute now take a meeting. Everything that once lived in your head needs to become a system, a process, a standard and the business gets stuck in an awkward middle ground, where it's too big to run on memory and goodwill, not yet mature enough to run on structure and that in-between stretch is where growth starts to feel like chaos. AND The costs aren't always the ones you planned for.

Growth eats cash before it returns any. New hires need paying before they're productive. Bigger clients bring

prestige and painfully slow payment terms. Procurement drags on for months while salaries and suppliers wait for no one. On paper, the business looks like it's thriving (or sometimes it doesn't) but in reality, you're the one quietly bridging the gap with savings, energy, and whatever's left of your patience.

Then there's the people cost. The team that built the business with you may not be the team that can grow with it. Roles shift, expectations rise, and what once felt like family starts to feel like friction. They'll say "the culture has changed." What they really mean is: this isn't the company I joined.

And then there's you.

The instincts that built the business, the urgency, control, doing it all yourself start working against you. You're asked to lead through other people, to let go of being the one who fixes everything, to make calls that might disappoint the very people who helped you start. It's not just a new job description. It's a quiet identity crisis. If your worth has always come from being the one who knows, fixes, carries, delivers, then stepping back doesn't feel like progress, it feels like disappearing.

This is why scaling is often so lonely. Everyone is looking to you: your team looks to you for confidence, your clients for delivery, your funders for control, your family for the time you don't have left to give. And somewhere

in all of that, there's barely a moment to admit you're exhausted, uncertain, or no longer sure the business you dreamed of is the life you actually want.

Under that pressure, things get tangled. Anxiety has to be masqueraded as urgency. Sadly, exhaustion turns into over-control and loyalty makes necessary decisions feel like betrayal. A cash-flow issue gets treated like a sales problem and a structural failure gets pinned on one tired employee. Without space to think clearly, you become reactive and the whole business starts to organise itself around your reactivity.

The thing is that The thing is that scaling doesn't just demand more capital, better systems, and stronger hires. It demands more capacity in the person leading it. You are required to hold ambition and restraint, loyalty and accountability, speed and patience all at once, often without anyone checking in on how you're actually doing.

The businesses that last aren't always the ones that grow the fastest. They're

the ones that learn to carry their growth by building structure before complexity turns to chaos, developing leaders instead of deepening dependence on the founder, facing hard truths while there's still time to act. Growth will always cost something and the real danger is in the costs nobody names which is the strain that becomes normal, the loneliness no one mentions, the decisions postponed because there's no room left to think. Scaling isn't just about getting bigger. It's about becoming strong enough, clear enough, and supported enough to carry what bigger demands.

So who's carrying you?

Every founder needs a sounding board, a strategist, a mirror... someone who isn't inside the business, doesn't need anything from you, and can ask the hard questions you don't have time to ask yourself. That's the quiet, often invisible value of working with a business coach, not another voice telling you what to do, but the space and clarity to figure out what's actually true before the cracks become unmanageable.



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Mandela Day 2026



SATURDAY,
18 JULY 2026



11:00 AM –
1:00 PM



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SUMMERSTRAND
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AND HONOURING NELSON MANDELA'S
BELIEF THAT EACH OF US HAS THE
POWER TO CHANGE THE WORLD.**



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July 2026 Tide Table - Port Elizabeth

Spring Tide
16 July 17:23

Lowest Tide
16 July 11:04

Moon Phases

7 Tuesday
3rd Quarter



14 Tuesday
New Moon



21 Tuesday
1st Quarter



29 Wednesday
Full Moon



	DATE	1 ST TIDE	2 ND TIDE	3 RD TIDE	4 TH TIDE	SUNRISE	SUNSET
01	WEDNESDAY	04:26 H	10:36 L	16:51 H	22:54 L	07:23	17:19
02	THURSDAY	04:58 H	11:06 L	17:23 H	23:27 L	07:23	17:19
03	FRIDAY	05:29 H	11:37 L	17:56 H	00:01 L	07:23	17:20
04	SATURDAY	06:02 H	12:09 L	18:30 H	00:37 L	07:23	17:20
05	SUNDAY	06:36 H	12:43 L	19:07 H	01:15 L	07:23	17:21
06	MONDAY	07:14 H	13:22 L	19:49 H	02:00 L	07:23	17:21
07	TUESDAY	02:01 L	08:00 H	14:09 L	20:41 H	07:22	17:22
08	WEDNESDAY	02:58 L	08:59 H	15:10 L	21:47 H	07:22	17:22
09	THURSDAY	04:14 L	10:21 H	16:32 L	23:11 H	07:22	17:23
10	FRIDAY	05:43 L	11:57 H	18:05 L	00:35 H	07:22	17:23
11	SATURDAY	07:03 L	13:19 H	19:25 L	01:44 H	07:21	17:24
12	SUNDAY	08:06 L	14:23 H	20:27 L	02:00 H	07:21	17:24
13	MONDAY	02:41 H	08:57 L	15:15 H	21:20 L	07:21	17:25
14	TUESDAY	03:30 H	09:43 L	16:01 H	22:06 L	07:20	17:25
15	WEDNESDAY	04:14 H	10:25 L	16:43 H	22:49 L	07:20	17:26
16	THURSDAY	04:55 H	11:04 L	17:23 H	23:29 L	07:20	17:27
17	FRIDAY	05:34 H	11:42 L	18:01 H	00:08 L	07:19	17:27
18	SATURDAY	06:11 H	12:19 L	18:38 H	00:46 L	07:19	17:28
19	SUNDAY	06:48 H	12:54 L	19:14 H	01:24 L	07:18	17:29
20	MONDAY	07:24 H	13:29 L	19:52 H	02:00 L	07:18	17:29
21	TUESDAY	02:04 L	08:03 H	14:07 L	20:36 H	07:17	17:30
22	WEDNESDAY	02:54 L	08:51 H	14:56 L	21:34 H	07:17	17:30
23	THURSDAY	04:08 L	10:13 H	16:16 L	23:07 H	07:16	17:31
24	FRIDAY	05:59 L	12:17 H	18:15 L	00:47 H	07:15	17:32
25	SATURDAY	07:24 L	13:42 H	19:37 L	01:52 H	07:15	17:32
26	SUNDAY	08:14 L	14:30 H	20:28 L	02:00 H	07:14	17:33
27	MONDAY	02:37 H	08:51 L	15:06 H	21:07 L	07:13	17:34
28	TUESDAY	03:13 H	09:23 L	15:38 H	21:40 L	07:13	17:35
29	WEDNESDAY	03:44 H	09:52 L	16:07 H	22:11 L	07:12	17:35
30	THURSDAY	04:14 H	10:21 L	16:36 H	22:41 L	07:11	17:36
31	FRIDAY	04:43 H	10:48 L	17:04 H	23:10 L	07:10	17:37

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As the colder months settle in and winter begins to take its toll on our skin, there has never been a better time to invest in a skincare routine that truly works. Dry air, colder temperatures, indoor heating and harsh winds can strip the skin of its natural moisture, leaving it feeling dehydrated, sensitive and lacking its usual glow. This is where SATTeN Skincare steps in.

Born in Gqeberha and proudly South African, SATTeN Skincare is proving that exceptional skincare doesn't have to come with an exceptional price tag. Built on the philosophy that "Science Loves You", SATTeN has developed a range of advanced yet affordable skincare solutions designed specifically for South African skin, climates and lifestyles.

What makes SATTeN unique is that the brand was founded by chemists, placing science at the very heart of every product they create. Their formulations utilise advanced Liposome Technology, a delivery system designed to transport active ingredients deeper into the cellular layers of the skin where they can provide real, long-term benefits. Rather than simply sitting on the skin's surface, these carefully selected ingredients are delivered where they are needed most, helping to improve skin health and appearance over time.

The inspiration behind the brand is deeply personal. Founder Natalie Lategan understands first-hand the challenges faced by those with sensitive skin.

"Having struggled with sensitive skin for many years, I found it incredibly difficult to find products that were both effective and gentle enough for my skin. This experience inspired me to create SATTeN Skincare - a range developed specifically for South African skin, including sensitive skin types, using advanced formulations free from harsh chemicals and unnecessary colourants. My passion has always been to help people, and I am committed to making high-quality, science-backed skincare both accessible and affordable for more South Africans." ❤️

This commitment to creating gentle yet effective products remains at the core of SATTeN's philosophy today.

What began as a passion for creating effective, results-driven products has grown into a trusted local brand offering everything from cleansers and moisturisers to targeted serums, masks and spa-quality treatments. SATTeN's formulations focus on addressing real skin concerns such as dehydration, uneven skin tone, redness, breakouts, fine lines and dullness, helping customers achieve healthier, more radiant skin every day.

Winter is often the season when skin needs the most support. Many people notice increased dryness, irritation and sensitivity during the colder months. A good skincare routine can help strengthen the skin barrier, lock in moisture and protect against environmental stressors. SATTeN's carefully formulated products are designed to nourish and restore the skin, providing the hydration and protection needed to maintain a healthy complexion throughout the season.

The secret lies in combining science-backed ingredients with gentle formulations that are suitable for a wide range of skin types. Every product is developed with the goal of delivering visible results while remaining kind to the skin. Free from unnecessary harsh chemicals and colourants, SATTeN products are designed to support the skin's natural ability to repair, renew and thrive.

Beyond skincare, SATTeN embraces the idea that self-care is an important part of overall wellbeing. Taking a few moments each day to care for your skin can be a simple but powerful act of self-investment. Whether you're beginning your skincare journey or looking to elevate your existing routine, SATTeN offers products that make professional-quality skincare accessible to everyone.

As a locally owned business based in Gqeberha, SATTeN continues to build a loyal following across South Africa through its commitment to quality, affordability and innovation. Their growing range of skincare, body care and wellness products reflects a genuine understanding of what customers need and a dedication to helping them feel confident in their own skin.

SATTeN

SCIENCE LOVES YOU ❤️

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KEEPING HOPE IN MOTION FOR SOUTH AFRICA'S SICKEST CHILDREN

For most families, a trip to the doctor is a routine part of life. But for hundreds of South African families whose children require specialist medical treatment far from home, simply getting to a hospital can be an overwhelming challenge.

This is where Wings & Wishes steps in. Based in Gqeberha, Wings & Wishes is a non-profit organisation dedicated to ensuring that critically and chronically ill children can access life-saving and life-changing medical care, regardless of where they live or their family's financial circumstances.

Many specialist paediatric services are only available in major centres such as Cape Town and Johannesburg. For families living in rural towns and under-resourced communities, the cost of transport can become an impossible barrier to treatment. Wings & Wishes removes that barrier by funding and coordinating travel for children and their caregivers.

The organisation assists children from birth to 18 years of age who need to travel more than 200 kilometres to access specialist medical care unavailable in their own home communities. Assistance includes flights, long-distance bus tickets, airport and hospital transfers, and practical support through Buddy Bags filled with comfort items and essentials for the journey.

Over the years, Wings & Wishes has facilitated more than 27,500 medical journeys, helping children from all nine provinces reach hospitals such as Red Cross War Memorial Children's Hospital, Groote Schuur Hospital, Tygerberg Hospital, Nelson Mandela Children's Hospital, Charlotte Maxeke Johannesburg Academic Hospital, and Wits Donald Gordon Medical Centre. The impact extends far beyond transport.

“ Every journey represents a child receiving a chance at better health and a brighter future.

For many families, we are the bridge between a diagnosis and treatment. ”

The organisation supports children facing some of the most complex medical conditions, including cancer, congenital heart defects, organ failure requiring transplantation, rare genetic disorders, cystic fibrosis, and severe orthopaedic conditions.

None of this would be possible without the generosity of donors, corporate partners, volunteers, and community supporters.



HOW THE COMMUNITY CAN HELP

Wings & Wishes relies heavily on public support to keep children moving towards the care they need. There are several ways individuals and businesses can become involved:

Become a monthly donor.

Through the Feather Force monthly giving programme, supporters can help keep hope in motion by contributing a regular monthly donation. Every donation, no matter the size, helps fund transport for a child in need.

Make a once-off donation.

Financial contributions help cover flights, bus tickets, transfers, and emergency travel requests.

Sponsor a Buddy Bag.

These bags provide comfort and practical necessities for children and caregivers facing long journeys and hospital stays.

Volunteer as a Journey Angel.

Volunteers assist families at airports and transport hubs, offering reassurance and practical support during what is often a stressful experience.

Partner as a business.

Companies can support Wings & Wishes through sponsorships, employee giving programmes, fundraising initiatives, or donations of products and services.

Host a fundraiser.

Schools, churches, sports clubs, and community groups can organise events to raise awareness and funds.



As healthcare costs continue to rise and demand for assistance grows, the need for support has never been greater.

Every child deserves the opportunity to access the medical care they need, regardless of where they live or what their family can afford. Through the collective efforts of caring South Africans, Wings & Wishes continues to ensure that distance is never the reason a child misses out on treatment.

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Every child deserves the opportunity to access the medical care they need, regardless of where they live or what their family can afford. Through the collective efforts of caring South Africans, Wings & Wishes continues to ensure that distance is never the reason a child misses out on treatment.

To learn more, become a donor, or support a child on their medical journey, visit our website or give us a call.

www.wingsandwishes.org

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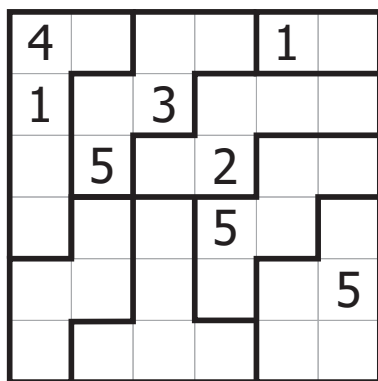


**TOGETHER, WE CAN KEEP
HOPE IN MOTION.**

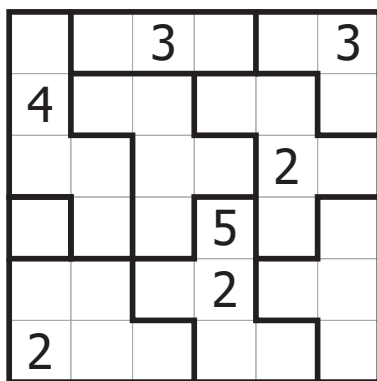




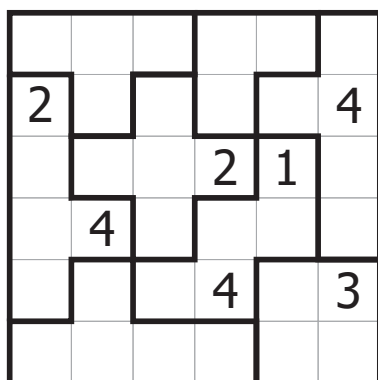
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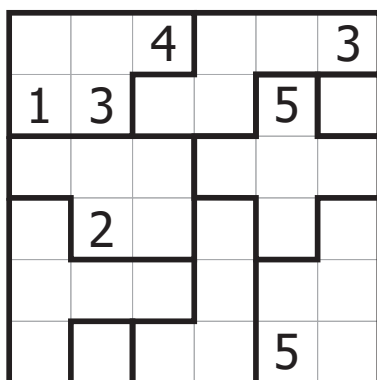
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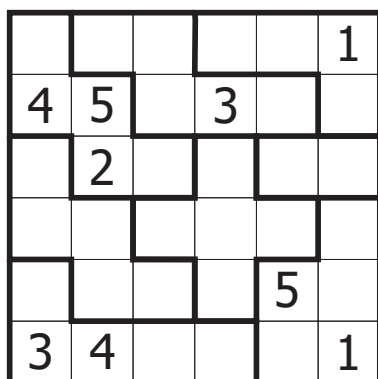
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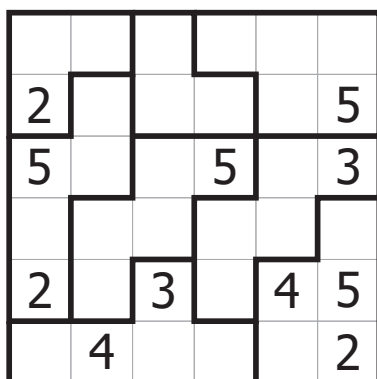
Suguru #4



Suguru #5



Suguru #6



Fill each block within the bold grid with a unique digit, counting up from 1. So a 2-square block contains the numbers 1 and 2 and a 5-square block contains the numbers 1 to 5. Adjacent (touching cells may never contain the same number, including diagonally adjacent cells)



THE BAY PORTFOLIO

COMMUNITY MAGAZINE

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If your business serves the Bay, The Bay Portfolio is where your business belongs

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As the directory grows, we'll begin organising cards into clear categories, making it even easier for readers to find you quickly and effortlessly.

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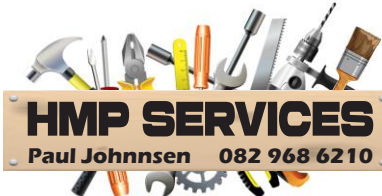


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COMMUNITY MAGAZINE

July 2026
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