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ART OF LIVING

SUMMER 2025



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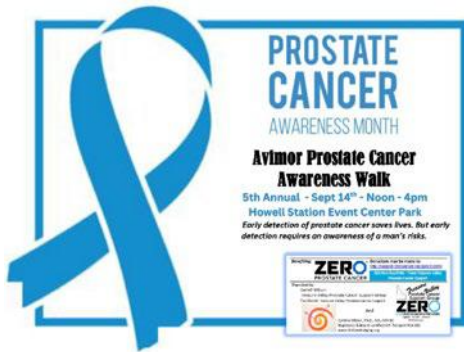
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# ART OF LIVING EVENTS

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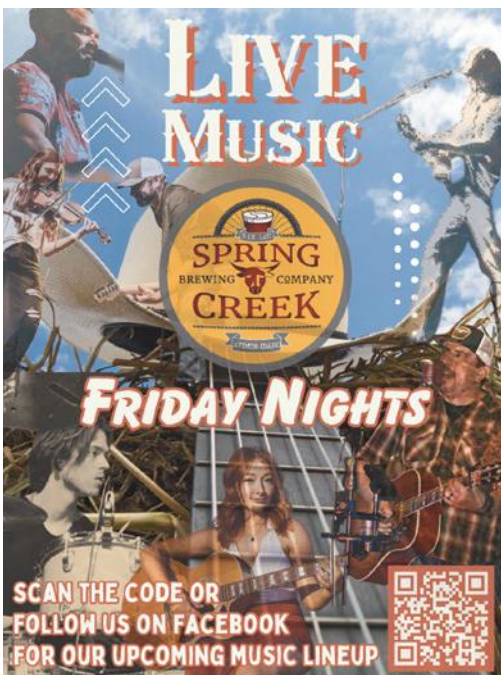
We are excited that we have received 90% adoption of our new Avimor App!

If you have not yet downloaded it, it is easy to do. Just go to your app store, search for ‘Avimor’ and download it. Once downloaded click ‘Register My Account’, follow the instructions and you will be good to go!

There is a wealth of information literally at your fingertips there including current, new & future events.

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Want to start a new resident group? You can do that. Just go to the app and follow the instructions. (As usual, you will continue to receive resident emails as specific events approach. As well as notifications via the app).



PLEASE SEND YOUR IDEAS, SUGGESTIONS, OR REQUESTS FOR EVENTS TO [ARTOFLIVING@AVIMOR.COM](mailto:ARTOFLIVING@AVIMOR.COM).



# Coffee with Kim

By Kim Holland



## Meet Ashley Jones

Say hello to Ashley Jones—a real-live Idaho native! She was born in the Golden State but moved to the Post Falls area (near Coeur d'Alene) when she was just three years old, spending most of her life soaking up the beauty of northern Idaho.

In 2014, Ashley headed to Boise to start college at BSU. But, as life often goes, her college path took a few unexpected turns. After her first semester, she returned home to Post Falls, where she poured her energy into a Catholic youth ministry. She hosted retreats, mentored teens, and built lasting connections through that work.

It was during this time that someone invited her to an Idaho Foster Youth meeting in Boise. Ashley had some personal experience with foster care as a teen and was hesitant to attend, but in the end agreed to give it a shot. That one meeting turned out to be a pivotal moment. She was so moved that she went on to serve as board chair for the Idaho Foster Youth Advisory Board for two years and even helped organize retreats for foster youth, using her experience with the Catholic youth ministry. Talk about turning a tough chapter into something meaningful.

Ashley later earned her bachelor's degree in social work from the University of Utah. After graduation, she wasn't quite ready to dive into full-on adulting, so she got a job at an outdoor store in northern Idaho—then promptly spent every paycheck on camping gear. As one in their twenties should.

These days, Ashley is a proud mom to three adorable kids: Sunny (5), Beck (3), and Josie (9 months). On top of the beautiful chaos of parenthood, she also runs a thriving online business. Ashley co-founded Onward Research, a company that designs and manufactures American-made tactical gear like slings and pouches for firearms. (Check it out at [www.onwardresearch.com](http://www.onwardresearch.com)—very cool stuff!)

When she's not juggling business and family, Ashley is soaking up all that Avimor has to offer. She's found real friendship and support in the neighborhood, and she's quick to say how thankful she is for the sense of community here.

This summer, she's taking on her next big adventure: piling her three kids and two stepchildren into a sprinter van for a road trip to the Oregon coast. Some might call that ambitious—but with Ashley at the wheel, it's sure to be a great one.



## Meet Blythe Klipple

If you've ever spotted a stylish white pixie cut zipping by with purpose, chances are you've seen Blythe Klipple—a woman whose spark and spunk match her chic haircut perfectly. She's a familiar face in Avimor, especially known for her popular Stampin' Up! classes. But before we dive into card stock and ink pads, let's rewind a bit and see where Blythe's journey began.

Blythe grew up in Gary, Indiana, and made her way west to Oakland, California, at age 12. She later earned a degree in Geography from Cal State Hayward in 1970, a feat she accomplished over eight years while working her way through college. It wasn't quick or easy, but in true Blythe fashion, she got it done. Determined? You bet.

Before landing in Avimor, Blythe was living happily in a cozy cabin in Mi Wuk Village, CA with her husband, Russ. When she talks about that cabin (20 years lived in full time, 20 years as a getaway), it's with the same fondness you'd hear from someone describing an old friend, or maybe even a child. Speaking of which, she has two: Jason (54) and Andrea (52). In 2019, she and her husband Russ left their beloved forest retreat for the fresh possibilities of Avimor life. It was a big change, but they dove right in.

These days, Blythe shares her creativity through Stampin' Up! classes at the Avimor Community Center every first and third Thursday of the month, plus two more gatherings at her home. Not familiar with Stampin' Up!? It's a crafting company built around paper goods and community. Independent demonstrators, like Blythe, host workshops focused on card making and other paper crafts.

Blythe is a passionate ambassador for the art of stamping. She loves how it clears her mind and resets her mood. In fact, her husband Russ has been known to suggest, "Why don't you go stamp for a while? I like the girl who comes out." And Blythe agrees—stamping brings out her best self.

Most of all, she treasures the community it's created, for her and for others in Avimor. If you're curious (or just looking for a creative outlet and some good company), Blythe would love for you to give it a try. You can reach her at [blythe@stampingwithblythe.com](mailto:blythe@stampingwithblythe.com). Join the fun!





## Meet The Morrisons

Born in Tacoma, WA, Karyn grew up on the move, living in Mississippi, England, Scotland, Utah, and Oregon before eventually settling in Idaho. Great Britain still holds a special place in her heart, and she brings that worldly perspective into everything she does.

Karyn first lived in Idaho from the early-1980s to 2006, calling Emmett home and then Boise. She remembers Eagle Road as a two-lane country road and Rembrandts when it was still a church. During that time, she taught 7th-8th grade social science and English Language Arts at Lowell Scott Middle School; her summers were spent at Boise State University teaching geoscience to in-service educators.

Karyn has also given back in big ways beyond the classroom. She volunteers with St. Alphonsus Festival of Trees fundraiser in November, a cause close to her heart as an appreciative cancer patient. She's active in the Philanthropic Educational Organization (PEO), which supports women's education through scholarships, and contributes her time to organizations like the Meridian Food Bank and Artisans of Hope. Artisans of Hope is a nonprofit that teaches young immigrant women how to sew and support themselves. Karyn donates fabric to help fuel their craft.

Always creative, Karyn hopes to soon open her home studio for meetups centered around scrapbooking and memory keeping. Her passion project, **Care'n Create**, is a heartfelt business where she even plans to teach men how to make thoughtful cards for the special women in their lives.

Bill grew up in Oil City, a small Pennzoil refinery town in western Pennsylvania. After earning an advanced degree in nuclear engineering from Kansas State, Bill's career path took a few unexpected turns—including a stint as a janitor—before attending Naval OCS and ultimately becoming a Civil Engineer Corps officer in the Naval Nuclear Power Unit. After serving three years that included project assignments in southwest Alaska and McMurdo Station, Antarctica, he transitioned into civilian life, spending the next 40 years working at Knolls Atomic Power Laboratory in upstate New York (now part of the Naval Nuclear Laboratory), where he helped develop next-gen reactors for Navy submarines.

Bill and Karyn's love story began more than 20 years ago, thanks to a little help from eHarmony's algorithm, which matched these two science-minded brains perfectly. After two decades in upstate New York, Karyn kept talking about Idaho, and eventually, Bill started doing his own research. That search led them to visit Avimor in 2015, where they fell in love with the community and eventually retired here in 2019.

Since arriving, Bill's made a huge impact on our trails and beyond. A hiking enthusiast (thanks to a challenge from his son that led to climbing the 46 highest peaks of the Adirondacks and 12 of the 14,000' peaks in Colorado), he quickly found his place here among the foothills. One of the first things he did in Idaho? Summit Mt Borah, the highest of the state's nine 12,000' peaks. Bill's goal is to someday summit the other eight.

Bill volunteers tirelessly for our trail system. Initially taken under the wing of trail guru Marc Grubert, he now works closely with people like his neighbors, SWIMBA board members Damian and Susan Kolbay, and the other members of the Avimor Trail Board. Bill's played a key role in decision making, planning, trail building and maintenance — his version of art, working in dirt rather than paints, and finding joy in watching others enjoy what he's helped create.

Beyond the trails, Bill spends time researching topics of local interest and closely following development and land use applications in Eagle and the surrounding foothills which meshes well with his role on Eagle's Parks, Pathways & Recreation Commission. He also maintains an active social media presence and enjoys using this platform to pass on gleaned information, debate contentious issues like Avimor's annexation, and challenge things that don't pass the smell test. Bill regularly volunteers at Avimor's blood drives and was a strong early advocate for Idaho Novus Classical Academy, helping to spread the word about the new charter school in our community.

To say that Bill and Karyn are generous with their time is an understatement. They bring passion, heart, and a deep commitment to everything they do.



Kim is a longtime Avimor resident, wife, mother of two, and your local Avimor realtor with Homes of Idaho. She can be reached at [kimsellsboise@gmail.com](mailto:kimsellsboise@gmail.com) or 208-559-2842.



# Let's Make Waves

Avimor's backyard is the heart of Idaho, where adventure awaits at every turn. From thrilling whitewater rafting for ages 5 and up and a ropes challenge course to serene kayaking on pristine waters, there's something for every outdoor enthusiast to enjoy.

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# SEEKING A Guru

**By Bill English**

You know the feeling as you wait for the light to change while departing Avimor. There is that unease in the pit of your stomach as you venture out into the greater world. What awaits you beyond your comfort zone? Can you survive the harshness of strangers? Will you ever find yourself safely back home?

Recently I was chauffeuring my wife Jan to a doctor's appointment. It's one of my duties. It gives an old man a reason for living and I love being useful, but to be totally honest on this day in question I had a secret agenda.

I was on the lookout for donuts.

Longing can take many forms, but the yearning for a donut has to rank pretty high on the list of worldly appetites. When you need a cruller nothing else will do. Those of you who have settled for a cookie when you craved a donut know what I'm talking about.

There is no substitute for fried dough.

After I dropped my wife off at the doctor I headed over to The Village at Meridian. I had no special shop or destination in mind. I just trusted that such an upscale clustering of establishments would have what I was looking for.

I parked the car and began to walk the maze that gives one the Disneyland impression of shopping in Paris. I found cupcakes, frozen yogurt, ice cream, cookies and plenty of candy.

But no donuts.

Oh, I'm sure they must be there someplace, but I didn't find them before the clock ran out. I got back in my car and headed over to the doctor's office. The whole time I kept asking myself why the universe had blocked my desires? On the drive up the hill to Avimor I was grumpy and discontent. Jan had had her eyes dilated so she didn't really notice my frown.

"I think I'll go down to Hyde Perk and get some lemon pound cake," I told my wife as we drove into the garage.

"Okay, you earned it."

I knew pound cake wasn't going to fill the donut hole, but at least it was something sweet and comforting.

The moment I stepped into the familiar coffee shop my whole world view shifted. I was uplifted by the good vibes. The smiling faces of the baristas calmed my rattled nerves. The smell of the brews flared my nostrils.

Just being there was intoxicating.

But miracles tend to produce compound interest. Two huge boxes of confections from Guru Donuts had just arrived. My timing was perfect. I was now fully aligned with my pastry destiny. Dozens of fresh donuts were artfully arranged for my selection. What had been impossible to find was now hard to ignore. Without any conscious effort I had manifested my wish. In fact, my new options exceeded my expectations. Because Guru donuts are like no other. I could identify them blind folded. That distinctive texture. That perfect crumble. That divine taste.

I selected a chocolate and a blueberry. Each was placed in a separate bag so the distinct flavors would remain intact. It's the small things that keep the universe humming.

I got back in my car for the short drive home. The donuts perfumed the Camry with a reassuring scent. Nora Jones sang softly in the background as I contemplated the moment. It began to dawn on me that a great lesson had been offered. I recounted recent events in my mind. Putting the pearls of wisdom on a string.

When I was consciously seeking the wrong donuts at the wrong time in the wrong place, the universe had protected me from making a bad choice. It withheld all donuts until the authentic donuts could appear effortlessly. God did not want me to have common donuts. She wanted me to have fresh from the box and divinely fried Guru donuts from Hyde Perk. I had ventured out into the world seeking what was a block from my house.

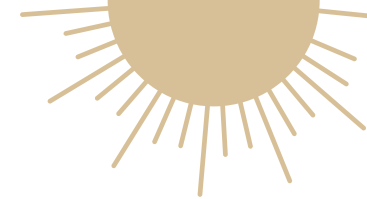
So what's the lesson here?

Sometimes frustration is a gift. Sometimes not getting what you want on a preordained timeline can be a blessing in disguise.



*Bill English is an award-winning journalist who has written about Golf yoga, Buddhist monks, and meditation. He lives in Avimor with his wife Jan.*

# Plant Spotlight



## Yarrow

ACHILLEA MILLEFOLIUM



### *Why We Love It:*

Yarrow is a hardy Idaho native with feathery, aromatic foliage and flat clusters of blooms in white, yellow, pink, or red. It's low-maintenance, attracts pollinators, and fits beautifully in naturalistic or formal gardens.

### *Key Features:*

**Blooms:** Early summer through fall

**Size:** 1–3 feet tall × 1–2 feet wide

**Water Needs:** Low once established

**Wildlife Value:** Excellent for bees and butterflies

**Firewise Qualities:** Low fuel load and moisture-retaining foliage

### *Care Tips:*

Plant in full sun and well-drained soil. Cut back faded blooms to extend flowering. In fall, trim to prevent self-seeding and maintain shape.

### *Why We Love It:*

This long-blooming deciduous shrub brings late-summer beauty when most plants are fading. Large hibiscus-like flowers in pinks, purples, whites, and blues make it a striking focal point or hedge option.

### *Key Features:*

**Blooms:** Midsummer to early fall

**Size:** 6–10 feet tall × 4–6 feet wide

**Water Needs:** Moderate; drought-tolerant once established

**Wildlife Value:** Popular with hummingbirds and pollinators

**Firewise Qualities:** Low litter; can be pruned to reduce fire risk

### *Care Tips:*

Plant in full sun for best flowering. Prune in late winter or early spring to control size and shape. Tolerant of clay and alkaline soils.

## Rose of Sharon

HIBISCUS SYRIACUS



### *Why We Love It:*

The Smoketree is prized for its dramatic, smoke-like flower clusters and colorful foliage—from smoky purple to vibrant fall reds and oranges. It offers structure, color, and texture throughout the seasons.

### *Key Features:*

**Blooms:** Late spring to early summer (smoky effect lasts into summer)

**Size:** 10–15 feet tall × 10–12 feet wide

**Water Needs:** Low to moderate

**Wildlife Value:** Light pollinator interest

**Firewise Qualities:** Low flammability with routine pruning

### *Care Tips:*

Best in full sun with well-drained soil. Minimal pruning required, but removing interior deadwood annually helps maintain fire safety and shape.

## Smoketree

COTINUS COGGYRIA



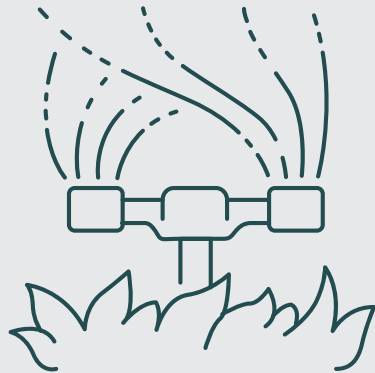


# Turf Care: Keep Your Lawn Healthy and Resilient

A lush, green lawn is a welcome sight in Avimor, but maintaining turf here comes with unique challenges—from compact clay soils to seasonal pests and fungal issues. With the right care, though, your lawn can thrive through Idaho's hot, dry summers. Below are tips specifically tailored to our environment and landscape conditions.

## WATERING WISELY: KNOW YOUR SOIL

Avimor's clay-rich soils absorb water slowly and can easily become compacted, making smart watering essential. Done right, your lawn will develop deeper roots, resist drought, and stay greener longer.



*Tip: Early morning (4–8 a.m.) is the best time to water. It allows water to absorb before the sun evaporates it and reduces fungal risk.*

## MOWING TIPS FOR STRONGER TURF

Consistent, correct mowing keeps your lawn healthy and helps prevent pest and disease problems.

- **Mow High:** Set mower blades to 2.5–3 inches. Taller grass shades soil, conserves moisture, and improves turf density.
- **Alternate Directions:** Switch mowing patterns weekly to prevent soil compaction and uneven turf growth.
- **Sharp Blades:** Dull mower blades tear grass, increasing vulnerability to pests and diseases like fungal blight.
- **The One-Third Rule:** Never remove more than one-third of the grass blade at a time to reduce stress and browning.

## Key Considerations for Watering Clay Soil



### DEEP WATERING:

Apply enough water to reach the root zone. This encourages turf to grow deeper roots, improving drought tolerance and disease resistance.

### INFREQUENT WATERING:

After a deep watering, let the soil dry out before irrigating again. This prevents waterlogging and root rot, common issues in clay soil.

### CYCLE-AND-SOAK METHOD:

Break up watering into shorter intervals (5–10 minutes), then pause for 30–60 minutes to allow absorption. Repeat the cycle once or twice to avoid runoff.

## CYCLE AND SOAK METHOD

An alternative method for watering your lawn that encourages water to soak into the ground instead of running off into streets and side walks



### MONITOR SOIL MOISTURE:

Check moisture a few inches below the surface by digging or using a moisture meter. Don't water again until it feels dry to the touch.

### ADAPT TO WEATHER:

During hot and windy periods, increase frequency slightly. In cooler or rainy weather, reduce watering to avoid oversaturation.



# 

**By Jennifer Husmann**

In the late 1880's, long before Colin McLeod got off the train in Caldwell, a single wagon appeared in the clearing opening southward from what is today Howell Event Center in Avimor.

Eliza Howell and her family had taken the Oregon Short Line from Ogden, and likely disembarked at Kuna to begin a new life in the hills of Avimor. She was born in 1859 to a prominent Mormon family of Utah, and met her husband William, a native of New York, when he was working the Union Pacific Railway. Eliza and William raised four daughters here on Spring Creek, residing here for nearly two decades, from about 1893-1911.

Like Colin McLeod, Eliza and William came to Idaho young and penniless, but built generational wealth and social standing off little more than a homestead claim and ingenuity. In 1911 they relocated their ranching headquarters to Weiser, and their residence to the affluent Warm Springs Historic District near downtown Boise where their handsome estate still stands at 1250 Warm Springs Avenue. It is listed on the National Register of Historic places.

Obscurity surrounds the years Eliza spent here in the farmhouse on Spring Creek: land records and newspaper clippings are the chief evidence. They show the birth of a child, the 1893 creation of a US Post Office here in Idaho with Mrs. Eliza Howell listed as postmistress. There's also a newspaper clipping thanking the community for its support during the fatal illness of their toddler, Ida Howell—as poignant as it was brief.

A yellow and crumbling map recording the small settlement of Howell where Idaho 55 now bisects the county line gives structure and meaning to the most compelling traces of Eliza's story: the white farmhouse and the red barn gracing the small stream and quiet valley in the heart of Avimor.

Why did William select this particular clearing in the hills for his wife and daughters to make their home?

Today, Spring Creek flanks a hiking trail enjoyed by everyone from Avimor residents to Idaho Novus school children and Eagle day-hikers. The pioneers treasured its clear, cold waters as both a source of hydration, and a rustic thoroughfare. Eons of trickling through the Boise Mountains cut a functional yet beautiful path among the green and granite: Spring Creek Trail was used first by Shoshone and Bannock tribes, then by French fur-trappers, and

countless early Idaho pioneers. Later Spring Creek trail evolved into a convenient leg of the crucial stage route from Boise City to Horseshoe Bend, the latter being a gateway to the lucrative and gold-rich Boise Basin. Eliza and William registered their little settlement as a post office in 1893, and William's own pen reveals that at that time it would serve 100 residents from the surrounding area.

Staking a claim along a busy stage route meant prosperity for the growing Howell family. Chinese miners, Shoshone braves, immigrant farmers, and federal surveyors from the east, all passed by Eliza's kitchen window on their way to conduct business, stake a claim, settle bitter disputes, or just to provide dinner for their families. These men would need a change of horses and a hot meal by the time they reached Eliza's front porch, and welcomed a rest stop along the lengthy, 23-mile route from Boise City to Horseshoe Bend.

Raising sheep and providing accommodations to passers-by provided a stable and pleasant livelihood for Eliza's girls, and the constant traffic along the stage route probably meant quite a bit of excitement.

***This is Eliza's story.<sup>1</sup>***



## **Part One**

***October 9, 1879  
Ogden, Utah***

Married! – and not yet 20. My handsome husband and I just returned from the chapel to our home on Franklin Street. How comfortable and charming is my new home—a home of my very own! My dear William is 26 and has traveled all over this Western Frontier! Daddy and Mother came straight to Ogden when they first started west, but my dear husband explored Montana, Wyoming and Idaho Territory with his trains and his guns. What a lucky girl I am to be the wife of a railway man!

***December 26, 1882  
Ogden, Utah***

Baby is so precious. How I love to be the mama of such a big healthy baby girl.<sup>2</sup> She wears her little bonnet at Sunday service so proudly— she seems much older than one year. Yesterday was Christmas and Mother and Daddy came over for dinner. I made a goose and Mother brought the pudding and the light biscuits. We had canned oysters brought in from Salt Lake City and— imagine this— bright, beautiful oranges from San Francisco. My dear husband is so kind to buy such delicacies for little Grace and me! How dear is our happy home here on busy Franklin Avenue!



**January 1, 1886**  
**Ogden, Utah**

A brand-new year and two little daughters to call my own! We have many sweet moments in our daily lives in our little town. But William told me today he is looking at an opportunity for discounted land directly from the government, north of here in wild Idaho Territory. He said we can get a lot of free land, as long as we raise a good crop there in five years. He said that Grace and Ida will be able to breathe the nice fresh air and see the baby lambs being born every Spring. I just hope the stores and churches in Idaho territory are as nice as here in Ogden. Baby loves her little ribbons and bonnets, and Grace is now nearly four— she'll be going to school soon! She will be so sweet skipping with the lambs to school, just like Mary in the nursery rhyme. I will miss Mother and Daddy terribly, but I am sure they'll visit. Boise City isn't that far away, is it?

**May 3, 1887**  
**Pocatello, Idaho Territory**

Grace, Ida, Mary and I are at the depot while William gets our bags from the luggage man so we can take the next train to Kuna. Idaho Territory seems nice so far. Some of the church members settled near here and I think the people at the train depot seem friendly. But I am wondering how William will raise sheep here with all these rocks and dust? The only water source I've seen is the Snake River, and I can understand why they named it after such a disagreeable creature. Many drownings have taken place in its fierce waters, the conductor man told us as we were disembarking. Will my home be on this frightening river, among these ancient rock formations and dusty sage? What about the little white church and steeple, the store with the pretty ribbons and fabric, the town square? Oh I hope what lies ahead is not like Pocatello!

**May 20, 1887**  
**North of Boise City, Idaho Territory**

Home Sweet Home! I knew William would come through! We got off the train at Kuna, which was tidy enough for a whistle-stop junction, and our freight wagon bumped along the twisted stage route to Boise City and then headed north through the hills to our homestead. What a splendid site for our new home! William got to work raising a little shanty for us right away, and he is bringing in some old French trappers to help us dig a well. The weather is splendid now, but we know winter will be here soon, and before long our little creek will run dry. For now, the cheerful little creek is enchanting in its bubbling and frothy course. Little Gracie already waded in, her happy little feet so relieved after that dusty and bumpy wagon ride! No churches or town squares in sight here, but I really don't miss them. These wildflowers, green hills and the little brook will be enough for Gracie, Ida, baby, and me!

**Easter Sunday 1888**  
**North of Boise City, Idaho Territory**

Easter feels very different here in Idaho Territory than back in Ogden, that's for certain. I asked William where we'd be attending Easter services and he said the closest church was Horseshoe Bend, nine miles north of us. What a strange life this is here on the frontier! Our only news comes by way of our visitors from along the stage line. Last week an interesting gentleman rode in, on his way to Ola to see about some granite he said was ripe there now. He is an old bachelor and calls himself Con the Packer. He brought us a newspaper from early March, and it was tremendously fun to read the happenings from Boise, even though the news is nearly 2 months old! At first William was worried about him; he said that horse thieves are a possibility in these hills. When he leaves to check on the flocks he always leaves a rifle lying across two machine cut nails above the door.

But Old Con ended up being harmless and has actually become a great friend. He helped William repair the back fence before he took off this afternoon for Horseshoe Bend. We had a kind of Easter dinner with our guest: William shot a jackrabbit in the hills on Saturday, and I made a stuffing and some of the potatoes left from last years' harvest. Potatoes grow very well here, and they last a long time in the little make-shift cellar William was able to dig beneath the main house, which isn't finished yet. It's coming along just fine: French Joe and Port-man-teux come by every day and help William and me. They are old fur trappers and live in a cave somewhere along the Payette River. William pays them with meat and huckleberry wine. In fact, we haven't even had lamb or beef ourselves this year— William uses it all to pay the help. Except of course the jackrabbits William shoots out in the hills. He also brings home an awful lot of salmon. He said the river north of us is swarming with so many fish, we could have fish for days if we wanted. As for my part, give me a jackrabbit stew any day over an old fish!

**Part Two of Eliza' Story will continue in the Fall Issue of Avimor Art of Living Magazine.**



*\*\* Please note that the images published here have been reimagined for this story since it has been difficult to find actual photos of the Howell family.*

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<sup>1</sup> Because so little remains of Eliza's day-to-day life, the above is supplemented with published accounts of early pioneer life of similar families, including Nellie Ireton Mills' *All Along the River: Stories of Early Pioneers on the Payette River* and the journals of early Idaho missionary Narcissa Whitman.

<sup>2</sup> Grace Eleanore Howell was born on November 1, 1880, and spent most of her adult life in San Francisco.

<sup>3</sup> Conrad Wertz, popularly known as "Con the Packer" was a bachelor free spirit who roamed the Boise Basin in the 1880's through the turn of the century. His name appears in numerous newspaper articles. He maintained a lesser known route to Boise Basin, known as Jackass Road, named such because of his trademark team of donkeys. His year and circumstances of death are unknown.

*Jennifer Husmann is a historical writer originally from Florida. Her book about historical sites in her native state will be published in January 2026. She has recently joined the faculty of Idaho Novus as a sixth-grade teacher. Jennifer lives in Avimor with her husband and children.*



# Sheep in the Foothills

A Celebration of Agriculture & Community





# Howell Station

## LIVE MUSIC FROM THE BARN





# AVIMOR KIDS SOCIAL CLUB

Avimor has a new collective group for kids, parents, and caregivers. It's called the Avimor Kids Social Club. In this club we share information about upcoming kid-friendly events, meetups, places of interest, and other kid/parent related topics in Avimor. This group includes kids ages 0-17 years old in the Avimor community. We encourage families to make new friends, have fun with your kids, and enjoy our foothill community together.

The club recently launched in May 2025. The club's curator is Jennifer Smith, a newer resident to the Avimor community. Jennifer and her husband, Phil, moved to Avimor about a year ago with their two children. She has a background in design, communication, events, and marketing. Jennifer is currently a stay-at-home mom and is seeking to increase her and the family's involvement in the community as it grows.

The first official meeting this spring was an invitation to the community, parents, and caregivers. They were asked to participate in an open forum discussion about what Avimor would like this club to be. The ideas brainstormed included: stroller meetups, park playdates, board game days, book clubs, video game tournaments, movie nights, sports and outdoor activities, snow days, family trivia night, and so on. The discussion was lively and gave an opportunity for parents and caregivers to contribute ideas per age range (2 year old vs 12 year old). It was exciting to have kids come to the forum with their parents to give their input on what they would like to see as well.

The saying "it takes a village" rings to be true for this club. As Jennifer is helping to curate ideas and promote events, it has been the community reaching out to see how they can contribute and offer to lead in subjects of talents and skills that has led to the success so far.

The overwhelming support from the community, including the Community Center and The Art of Living Director, has pushed forward recent events such as family hike day, cooking workshops with Gwen Drake, family movies at the community center, board game day sponsored by the library, and many more still in the works.

A few upcoming events to look forward to is the Summer Movie series at the Community Center featuring a range

of family movies such as The Sandlot, E.T., Disney's Robinhood, and Indiana Jones. A series of classical read-alouds with discussion at the library for children and parents during the month of July. In September, there will be a mini photo session for kids/families with a professional photographer.

You can get more details about upcoming events through Avimor community emails, Avimor app group, at the community center, and on the Avimor Kids Social Club Facebook group. If you have an idea or would like to get involved, you can reach out to Jennifer Smith by email [jenniferrunyonsmith@gmail.com](mailto:jenniferrunyonsmith@gmail.com).

ADMISSION IS FREE

AVIMOR KIDS SOCIAL CLUB

## summer movies

AT THE COMMUNITY CENTER

<p>JUNE 18 @ 2:00PM</p> 	<p>JUNE 26 @ 7:00PM</p> 	<p>JULY 2 @ 2:00PM</p> 
<p>JULY 10 @ 7:00PM</p> 	<p>JULY 16 @ 2:00PM</p> 	<p>JULY 24 @ 7:00PM</p> 





# Let's take *a Hike*



JOIN US FOR A  
*kid-friendly*  
HIKE ON THE  
AVIMOR TRAILS







**SWIMMING  
LESSONS**



# BAKE & DECORATE PARTY



**\$15  
PER  
CHILD**



ADMISSION IS FREE

AVIMOR KIDS SOCIAL CLUB

# summer movies

AT THE COMMUNITY CENTER







# MEET YOUR NEIGHBORS

*Here are some of the most loved Avimor Residents.*



Abby



Bella



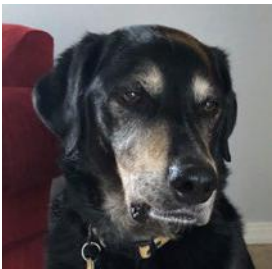
Bonnie



Bubbles



Callie



Cooper



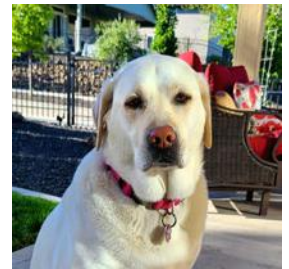
Drake



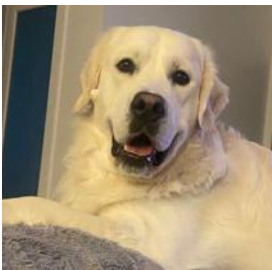
Hank



Jack



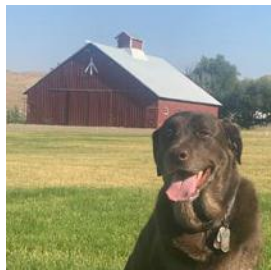
Kona



Loki



Lucy



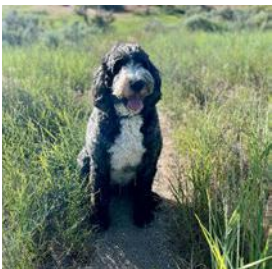
Maggie



Millie



Monkey



Murphy



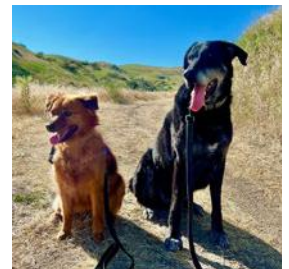
Ozzie



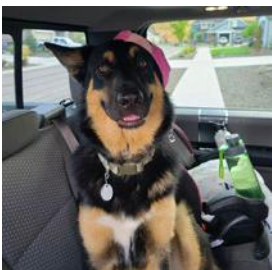
Remi & Lola



Rookie, Gillis & Leo



Rylee & Ollie



Sam



Tessa



Vinny



Zoe

*Thank you to all of our dog owners who submitted photos of their beloved dogs. If you haven't sent yours yet, please send them to [contest@avimor.com](mailto:contest@avimor.com) for future issues.*





# Paws on Trails

.. is coming to Avimor!

## Coming to Avimor in August:

Nature walks on the trails of Avimor with professional experienced dog walkers

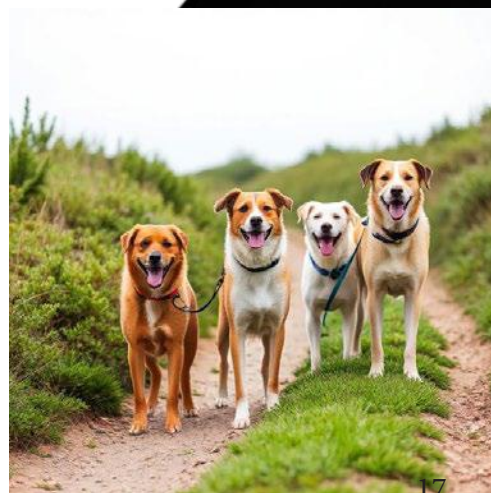
Scheduled bus pick ups and drop offs from and to your home

Fun, safe and engaging walks offer health benefits and encourage socialization

20% off your first two walks with code  
WelcomePaws



<https://pawsontrails.pet>  
[Info@pawsontrails.pet](mailto:Info@pawsontrails.pet)





# WHAT'S COMING TO AVIMOR

## RETAIL, OFFICE AND SERVICE COMMERCIAL DEVELOPMENT PLANNED AT HOWELL STATION VILLAGE CENTER



### EXPANSION AIMS TO ENHANCE COMMUNITY OFFERINGS

The Howell Station Village Center is planning a new phase development with the announcement of two buildings planned for the site. This initiative reflects a vision of growth and modernization, aiming to cater to the diverse needs of Avimor residents.

### OVERVIEW OF THE PLANNED DEVELOPMENT

The planned development at Howell Station Village Center has been designed to complement the existing master planned community while introducing new opportunities for businesses and consumers. We anticipate that the project will attract a mix of retail outlets, dining establishments, and service providers to enhance the lifestyle experience for the residents of Avimor.

### KEY FEATURES AND GOALS

The first phase of the planned buildings is expected to feature:

- Mountain Modern architectural design: Balances aesthetic appeal with functionality, aligning with the overall style of the Avimor master planned community.
- Sustainable construction practices: Incorporating eco-friendly materials and energy-efficient systems to minimize environmental impact.
- Community focus: Commercial buildings for local Avimor resident businesses and entrepreneurs to thrive, creating a vibrant and inclusive atmosphere.

The planned development aims to provide not only a retail hub but also a community center where residents can gather, socialize, and enjoy various events and activities.

### IMPACT ON THE LOCAL COMMUNITY

The new buildings are expected to bring significant benefits to Avimor residents:

- Economic growth: The creation of new jobs during both the construction and operational phases will boost the local economy.
- Convenience: Residents will have greater access to a variety of goods and services, reducing the need to travel for shopping, dining and service commercial uses.
- Enhanced property value: The addition of high-quality commercial development as a part of Avimor's master planned community is likely to increase the property values in Avimor.





***Timeline: The new buildings may provide a foundation for potential future expansions, ensuring that Howell Station Village Center continues to grow as a dynamic and thriving community hub.***

Stay tuned for updates as this exciting development unfolds. The Howell Station Village Center is poised to become an even more integral part of the neighbourhood, offering enhanced opportunities for shopping, dining, and community engagement.

### **READY TO EXPLORE YOUR COMMERCIAL OPPORTUNITY?**

Get in touch today to schedule a site tour or request more information.

Contact: Mike Thomas

Commercial Properties Division Manager

(208) 340-1745 | [miket@avimor.com](mailto:miket@avimor.com)





# COMMUNITY CENTER WEEKLY CLASSES & GROUPS 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SOME FRIDAYS
<b><i>Tai Chi w/Gloria</i></b> 9-9:45 am 707-628-7712  <b><i>Mah Jongg</i></b> 1:00 pm Sylvia 801-244-1067 1st & 3rd Monday of the month  <b><i>Food Truck Monday</i></b> 4:30-6:30pm @ the Brewery  <b><i>Line Dancing w/ Sherry</i></b> 4-7pm 951-970-9761	<b><i>Simply Stretch</i></b> 9:30-10:15 am 208-921-9715  <b><i>Knitting Group w/Vickie</i></b> 1-3 pm 760-822-7239  <b><i>Ping Pong Open Play</i></b> 2:30-4:30 pm Rob 408-888-3595	<b><i>Tai Chi</i></b> 9-9:45am  <b><i>Book Club w/ Maureen</i></b> 12-2pm marose@att.net 2nd Wed of the month  <b><i>Bunco</i></b> 7pm w/Robin Ballard Cell: 909-816-7185 rballard5@earthlink.net 2nd Wed of the month	<b><i>Simply Stretch</i></b> 9:30-10:15 am 208-921-9715  <b><i>Ada County Library Story Time</i></b> 10:30-11:00 am  <b><i>Stamping w/ Blythe</i></b> 1:00pm 209-352-1059 blythe@stampingwithblythe.com 1st & 3rd Thursday of the month  <b><i>Hand &amp; Foot Canasta</i></b> 3:00-5:00 pm 2nd Thursday of the month	<b><i>Tai Chi w/Gloria</i></b> 9:30-10:15am contact for details 707-628-7712  <b><i>Creative Movement w/Elizabeth Barreto</i></b> 10:45-11:15am For ages 18mo - 6yrs 541-805-5775

## Weekly Pool Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b><i>Water Aerobics</i></b>  Contact Pati for times Pati.stewart@yahoo.com  208-713-3581  	<b><i>Lap Swim</i></b> 8:00-10:00 am  Lane marker available @ front desk  	<b><i>Water Aerobics</i></b>  Contact Pati for times Pati.stewart@yahoo.com  208-713-3581  	<b><i>Lap Swim</i></b> 8:00-10:00 am  Lane marker available @ front desk  	<b><i>Water Aerobics</i></b>  Contact Pati for times Pati.stewart@yahoo.com  208-713-3581  	<b><i>Lap Swim</i></b> 8:00-10:00 am  Lane marker available @ front desk  



# YOU'RE INVITED

## COMMUNITY CENTER EVENTS AND RESERVATIONS.

As we continue to grow, our calendar space has become limited. Anyone interested in holding an event or class must fill out the form at [www.avimor.com/community-center](http://www.avimor.com/community-center). Once completed, the form must be returned to the Avimor Community Center for approval. Verbal reservations will not be accepted. All fees and cleaning deposits are due at the time of approval by Community Center Manager. For questions, call **208-917-8454**.

Current list of classes at the Avimor community center. Some classes have a fee associated with them, please contact the person listed with any question regarding amounts.

### AFTERNOON BOOK CLUB

**2<sup>nd</sup> Wednesday from 12-2pm**

Contact Maureen Rose for more information at [morose@att.net](mailto:morose@att.net)

### AFTERNOON MAH JONGG

**1<sup>st</sup> and 3<sup>rd</sup> Mondays at 1pm**

Contact Sylvia for more information at 801-244-1067

### BOB SWIM

**Tuesdays & Thursdays**

**8:00-8:30 AM, 10:55-11:25 AM;  
12:05-12:35 PM**

Swimming Lessons for Kids ages 2 on up. For more information contact Alex Martinek - [alex@bobswimco.com](mailto:alex@bobswimco.com) - 509-993-1880 [www.bobswimco.com](http://www.bobswimco.com)

### CREATIVE MOVEMENT

**Fridays at 10:45-11:15am**

For ages 18 months-6yrs. Contact Elizabeth Barreto at 541-805-5775

### CULINARY DELIGHTS WITH GWEN

**Monthly (day varies) 5-7pm**

Contact Gwen at [culinarydelightswithgwen@gmail.com](mailto:culinarydelightswithgwen@gmail.com)

### EVENING BUNCO

**2<sup>nd</sup> Wednesday at 7pm | \$5 to Play**

Contact Robin Ballard for more information at 909-816-7185 or [rballard5@earthlink.net](mailto:rballard5@earthlink.net)

### HAND & FOOT CANASTA

**2<sup>nd</sup> Thursday of the month 3-5pm**

Contact Jane Ezratty at 619-246-7152 or [jane@ezratty.net](mailto:jane@ezratty.net)

### KNITTING GROUP

**Tuesday from 1-3pm**

Contact Vickie for more information at [vickieandridge@yahoo.com](mailto:vickieandridge@yahoo.com)

### LINE DANCING

**Mondays 4-7pm**

Contact Sherry at 951-970-9761

### CREATIVE MOVEMENT

**Fridays at 10:45-11:15am**

For ages 18 months-6yrs. Contact Elizabeth Barreto at 541-805-5775

### PING PONG OPEN GROUP

**Tuesdays from 2:30-4:30pm**

Contact Rob for more information at 408-888-3595

### SIMPLY STRETCH

**Tuesdays & Thursdays  
from 9:30-10:15am**

Contact Sharil for more information at 208-921-9715

### STAMP MAKING

**1<sup>st</sup> and 3<sup>rd</sup> Thursday from 1-3pm**

Contact Blythe for more information at 209-352-1059 or email [blythe@stampingwithblythe.com](mailto:blythe@stampingwithblythe.com)

### TAI CHI

**Monday, Wednesday;  
some Fridays 9-9am**

Contact Gloria for more information at 707-628-7712

### WATER AEROBICS

**Monday, Wednesday, and Friday**

Contact Pati Stewart for information and times at 208-713-3581 or email [pati.stewart@yahoo.com](mailto:pati.stewart@yahoo.com)



# Calm Under Pressure



**By Jane Ezratty**

It was an ordinary day at Hyde Perk Coffee Shop.... until it *wasn't*.

Sasha Booth, 16 year-old Avimor resident and employee of Hyde Perk, was working solo and making drinks for two customers when she heard glass

breaking and the 'thump' of someone falling to the floor. One of her customers had suffered a severe seizure while retrieving a coffee cup. She had lost consciousness, was vomiting and laying prone on the coffee shop floor. It was a life-or-death situation.

With no formal or even basic medical training Sasha and the few other customers didn't hesitate. Recognizing imminent danger, they rolled the person experiencing the seizure onto her side to keep her from aspirating back into her lungs. It was at that moment Sasha assumed a leadership role, taking instant command of the situation and delegating to get the victim the best possible outcome.

Sasha instructed one customer to retrieve her phone so she could call 9-1-1 while two others monitored the seizure victim. Recalling the doctor's office in Avimor, she instructed another customer to run to that office and get the doctor to the scene at once. She then called 9-1-1 and relayed information to dispatchers until paramedics

arrived and were able to stabilize the young lady who had laid unconscious for approximately 5 minutes.

When asked what made her jump into action so decisively, she responded, "I just did what I knew to do." She never considered her young age and did not experience fear. Just the innate desire to help.

Admittedly a "calmer person," Sasha has always been interested in helping others. For as long as she can remember, she has planned to pursue a future in the field of psychology.

A little bit about Sasha Booth. Small but mighty, she is a few weeks shy of 17 and has worked at Hyde Perk for just under a year. Heading into her senior year of high school, she enjoys hanging out with friends, going to church camp, drawing and figure skating. And unlike some of her peers, she is an extremely poised and profoundly grounded individual. Summing up her own feelings of what unfolded that day, Sasha's response was "I was worried about her mostly. And kind of relieved when help arrived."

The individuals that Sasha met on that fateful day have indeed returned to Hyde Perk to see her. What happened? "Well, since I never had the chance to give them the drinks I made that day, I gave them free drinks!" Booth said through a big grin. Her advice to others faced with a similar situation, "Stay calm and do what you know is right. Stay educated."

If you see Sasha around Avimor or at Hyde Perk, take notice. This impressive young lady is going places.



# Hydrated + Energized

## Why Minerals Matter for Summer Wellness

As the summer season heats up, most of us find ourselves spending more time outside—hiking, working in the yard, enjoying the sunshine. With the rising temperatures and increased physical activity, our bodies have greater needs when it comes to staying properly hydrated and nourished.

Most people know the importance of drinking more water, especially in the heat. But what many don't realize is that drinking plain water isn't enough to truly hydrate the body. For water to be absorbed and used effectively, our cells need essential minerals like magnesium, potassium, sodium, and calcium.

In fact, drinking purified or reverse osmosis water without minerals can actually flush out these vital electrolytes—making you feel more dehydrated, not less. That's why true hydration comes from a combination of clean water and essential minerals that help the body maintain balance, energy, and resilience.

### The Role of Minerals in Hydration

Electrolytes and trace minerals help:

- Regulate muscle and nerve function
- Support healthy heart rhythm and blood pressure
- Maintain cellular hydration and energy
- Facilitate detoxification and nutrient absorption

Unfortunately, modern life often depletes these nutrients. Commercial farming practices strip the soil of minerals, processed foods lack them entirely, and we lose even more through sweating—especially in the summer.

If you're experiencing fatigue, muscle cramps, brain fog, or low energy in the heat, it might not just be a lack of water—it could be a mineral deficiency.

### Key Minerals to Prioritize

**Magnesium** – Vital for over 300 biochemical reactions in the body, including sleep, muscle function, and mood.

Sources: leafy greens, pumpkin seeds, Epsom salt baths, or a magnesium supplement.

**Potassium** – Helps regulate heartbeat, fluid balance, and nerve signals.

Sources: avocados, bananas, sweet potatoes, coconut water (unsweetened).

**Sodium** – Often misunderstood, natural forms of sodium (like sea salt or Himalayan salt) are essential for hydration, adrenal support, and energy regulation.

Tip: Add a pinch of sea salt to your water during workouts or after sweating.

**Trace Minerals** – Including zinc, selenium, and copper, these support immunity, energy metabolism, and hormonal balance.

Sources: mineral-rich whole foods, high-quality trace mineral drops, or fulvic/humic supplements.

### Simple Electrolyte Drink Recipe

Homemade Hydration Lemonade

- 24 oz filtered water
- Juice of 1 lemon or lime
- 1/8 tsp sea salt
- 1 tbsp raw honey or a few drops of stevia
- Optional: splash of aloe juice or a pinch of magnesium powder

Shake well and enjoy chilled. This natural mix can support hydration far better than sugar-laden sports drinks.

To stay energized and well-hydrated all season long:

- Drink half your body weight in ounces of water daily (e.g., 150 lbs = 75 oz)
- Replenish minerals after exercise or sweating
- Add natural salt or mineral drops to your water
- Eat a diverse, whole-food diet that supports mineral intake

Your body is built to thrive when it's properly supported. With a few intentional habits, you can enjoy the summer with more energy, focus, and vitality—naturally.



Dr. Rosie Main, DC, CFMP

**MainHealthSolutions.com**





# Turf Troubles

In late spring and early summer, homeowners in Avimor may begin to notice turf damage caused by common pests and diseases. *Here's what to watch for and how to manage it.*

## Billbugs

TYPICALLY MAY THROUGH JULY

Billbugs are small beetles, and it's their larvae that do the real damage—feeding on grass crowns and roots beneath the surface.



### *Signs of Billbug Damage:*

- Patches of turf that look dry, yellow, or dead but do not respond to watering.
- Grass stems break off easily at the crown when tugged.
- Tiny holes may be visible in the soil from adult beetle activity.

**Timing:** Adult beetles begin laying eggs in late spring, and larval damage is most visible from June through mid-July.

### *Management Tips:*

**Prevention:** Apply a systemic insecticide in late spring to target larvae before they hatch.

**Control:** If damage is already occurring, contact a professional for targeted treatment. DIY options are limited and may miss the larvae beneath the soil.

## Ascochyta Leaf Blight

EARLY TO MID-SUMMER

Ascochyta is a fungal disease that thrives in turf stressed by inconsistent watering, heat, and mowing during wet conditions. It's been identified in some Avimor common areas recently.



### *Symptoms of Ascochyta:*

- Large, irregular patches of bleached or straw-colored grass.
- Rapid dieback—one day the lawn looks fine, the next it appears scorched.
- Damage usually affects the leaf blade but not the roots, meaning recovery is possible.

**When It Appears:** Most common during early summer, especially after rainfall or when irrigation is inconsistent.

### *Management Tips:*

**Irrigation Consistency:** Use the cycle-and-soak method and avoid watering late in the day or during periods of high humidity.

**Avoid Mowing Wet Grass:** This can spread fungal spores and worsen outbreaks.

**Proper Blade Height:** Don't mow too short as scalped turf is more vulnerable to fungi.

Most lawns recover from Ascochyta on their own if properly watered and mowed, but if the problem persists or spreads, consult with a professional.

## HEALTHY LAWN, HEALTHY COMMUNITY

Turf care is part of what keeps Avimor beautiful and resilient. With smart watering, mowing, and pest management, every homeowner can help maintain a healthier landscape for all.

Questions or concerns about turf problems?  
Contact Lusan Landscaping for personalized support and expert solutions.  
208.392.1462 INFO@LUSANLANDSCAPING.COM  
LUSANLANDSCAPING.COM







# FIREWISE

TIPS FOR A SAFER SUMMER  
IN AVIMOR

Living in Avimor means being surrounded by stunning natural beauty, but it also means living in or near the Wildland Urban Interface (WUI), where homes border wild, undeveloped land. This makes our community more vulnerable to wildfires. Even if your home isn't right on the edge of the foothills, you're still at risk because embers from wildfires can travel for miles and ignite homes well within a development.

Because of this shared risk, fire safety is not just a personal responsibility, it's a community-wide effort. Here's how you can help protect your home and neighbors this summer:

## CREATE DEFENSIBLE SPACE

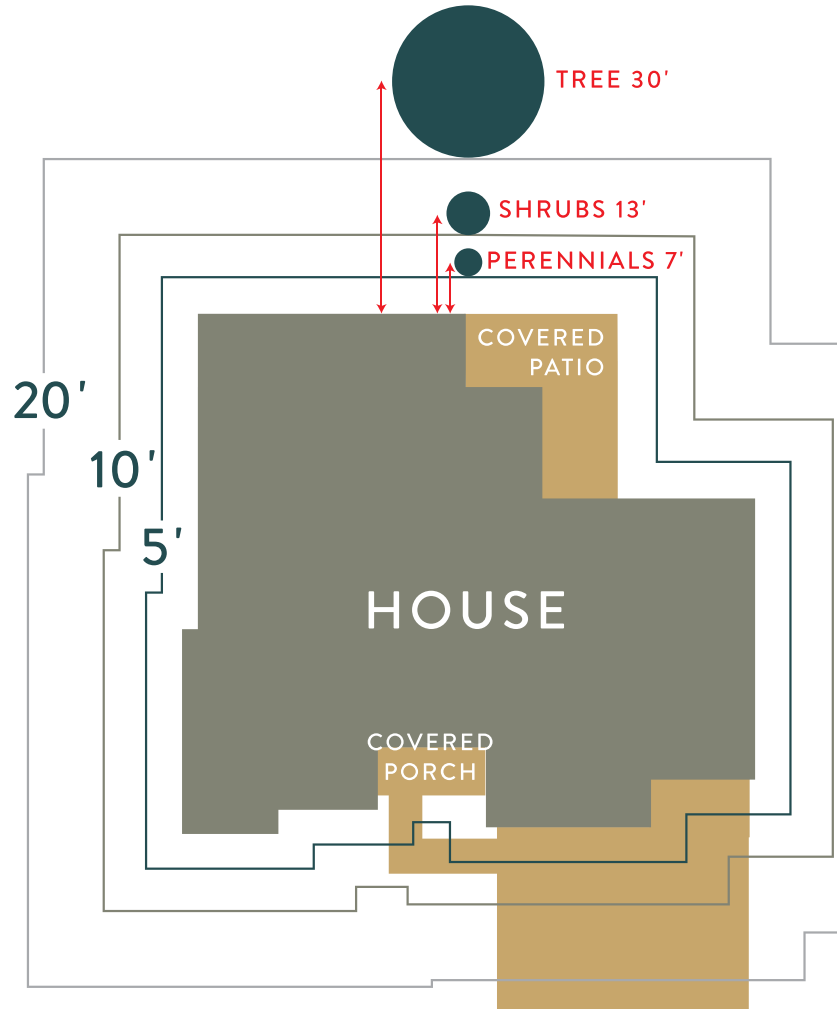
Clear at least 30 feet around your home of dead vegetation, dry grass, and flammable debris. Trim tree limbs away from roofs and other structures, and keep plants healthy, well-spaced, and properly maintained to reduce fire risk.

When planting, always consider the mature size of the plant or tree. Following the 5-10-20 rule will help ensure safe spacing: perennials and small ornamental grasses should be planted at least 5 feet from any structure; large ornamental grasses and shrubs should be 10 feet away; and trees must be planted at least 20 feet from structures or covered patios, taking into account the full spread of their mature canopy.

## CHOOSE FIREWISE LANDSCAPING

Use fire-resistant, native plants approved for use in Avimor. Flammable species, such as junipers, are not permitted in the community. Before planting or updating your landscape, check the approved plant list available on the Avimor website.

Any changes to your landscaping must be reviewed and approved by the HOA to ensure they align with community standards and Firewise principles.



## HARDEN YOUR HOME

Embers can enter through tiny openings. Clean your roof and gutters regularly, and seal gaps in siding, under eaves, and around vents. When renovating or replacing materials, opt for non-combustible options whenever possible.

## STORE COMBUSTIBLES SAFELY

Firewood, propane tanks, and other flammable materials should be kept at least 30 feet away from your home and any attached structures. Proper storage reduces the chances of these items igniting during a wildfire event.

## BE PREPARED

Sign up for local emergency alerts, create an evacuation plan, and talk with your neighbors. A well-connected and informed community is one of the strongest defenses against wildfire.

LET'S WORK TOGETHER TO KEEP AVIMOR SAFE AND RESILIENT. FOR MORE INFORMATION AND LANDSCAPING GUIDELINES, VISIT [IDAHOFIREWISE.ORG](http://IDAHOFIREWISE.ORG) AND THE AVIMOR HOA WEBSITE.



# THE TICKET TO WINNING!

**In Idaho's Foothills, a Raffle Unlocks More Than a Home—It Unlocks a Movement.**

In the newest phase being built out today, where paved roads taper into open sky and the air smells faintly of sage and summer, a house sits quietly in the Avimor community. It's more than a home—it's a statement, a purpose, and a community gift.

Four bedrooms. Three bathrooms. Over 2,350 square feet. Landscaped. Fenced. Move-in ready. Estimated value: \$700,000.

And it can be yours for \$100.

That's the premise—and promise—behind **HomeRaffle.org**, an ambitious charity raffle that not only changes the lives of its winners, but also fuels the work of three nonprofit organizations delivering food, hope, and dignity to some of Idaho's most underserved communities.

Last year's winners, **Derrick and Kelly Tovey**, can tell you what it's like to have your name called just after 11 a.m. on New Year's Day. Two weeks later, they were living in their brand-new Avimor home.

*"It was surreal," said Kelly. "You dream of something like this happening, but never think it will."*

They've since fallen in love with Avimor's lifestyle—from mountain biking and hiking trails to Food Truck Mondays at the local brewery.

"It's not just where we live," said Derrick. "It's where we belong."

## This Year's Prizes: 25 Chances to Win

This year's raffle features **25 prizes awarded to 25 winners**, including:

- **The Grand Prize:** A new home in Avimor (valued at \$700k)
- **A 2025 Toyota Tacoma pickup truck**
- **A \$5,000 shopping spree**
- **22 Visa gift cards, each worth \$500**

But the most remarkable story isn't about what people win—it's about what the community builds together.

## A Ticket to Real Impact

Proceeds from HomeRaffle.org support the ongoing efforts of **Astegos.org**, the **Boise Food Bank**, and **Toys for Tots – Southwest Idaho**. Each of these nonprofits operates with grit and compassion, providing safety nets where few exist.

**Astegos.org** delivers more than 1,000 backpacks annually to children in underfunded rural schools. This year, they expanded their reach to the **Duck Valley Indian Reservation**, home to the Shoshone-Paiute Tribes, where economic hardship is a daily reality.

"We don't just drop things off—we partner, we listen," said **Tim Flaherty**, founder and CEO of Astegos. "That's what a real village does. And with Avimor by our side, and every ticket holder behind us, the future for Southwest Idaho looks brighter than ever."

**Teresa M.**, a mother in Owyhee County, recalled watching her son unzip his new backpack:

"He pulled out pencils, notebooks, crayons, and all the things the school said he needed—but we couldn't afford. It was like they were treasures. I just stood there and cried."

The **Boise Food Bank** feeds tens of thousands of Idahoans each month through a growing network of food pantries. Their clients range from working families and veterans to seniors like **Samantha R.**, a retired nurse.

"I never thought I'd need help," she said. "But my pension doesn't stretch like it used to. These food boxes? They keep me going."

**Toys for Tots – Southwest Idaho** has grown from a seasonal toy drive into a massive operation, serving **11 counties** and reaching more than **25,000 children** last year—**11,000 more** than the year before.

"It's not just about toys. It's about letting kids know they haven't been forgotten," said **Staff Sergeant John Weems**, U.S. Marine Corps.

**Lena**, a mother of three, shared:

"I lost my job in October. I didn't know how I was going to make Christmas happen. Then they showed up with dolls, Legos, warm coats... They saved our holiday."

## Building Something Bigger

The raffle also helps fund the development of a **100,000-square-foot Community Warehouse** to house the three organizations. It will be constructed on **eight acres in Avimor**, on the northern edge of Ada County.

The facility will serve as a centralized hub for distributing food, clothing, school supplies, and disaster relief resources across the region. Nonprofits will work side by side in shared space—streamlining logistics, reducing overhead, and dramatically increasing reach.

"Avimor was built with community in mind—not just homes, but heart," said **Dan Richter**, developer of Avimor. "By hosting this project on our land, we're proud to help anchor a future where neighbors help neighbors and hope is within reach for everyone in Southwest Idaho."

**Flaherty** agreed:

"Hope is a team sport. And every person who buys a ticket becomes part of the team that's rebuilding the future for families across this region."

## How to Get Involved

Tickets are available now at **HomeRaffle.org** for **\$100** each.

Whether you walk away with a house, a truck, or simply the knowledge that you helped feed a family, clothe a child, or support a school—you win either way.

And in the foothills of Idaho, where a community came together to build something much bigger than itself, **that kind of victory lasts a lifetime.**





# HORSESHOE BEND SCHOOL



Less than 15 minutes from Avimor is a hidden gem of a public school that prides itself on providing a safe and dynamic learning environment where every student matters. Horseshoe Bend School District is a small public school district in Horseshoe Bend with an elementary school (PK-5) serving 85 students, a middle school (6-8) serving 50 students, and a high school (9-12) serving 50 students. The school operates on a four-day week with students in attendance Monday through Thursday.

Horseshoe Bend Elementary is a National Blue Ribbon School with a low student to teacher ratio (14:1) where students receive authentic personalized learning and meaningful individual attention. Students enjoy art, music, science, PE, and learning games in addition to engaging English language arts and math programs.



Horseshoe Bend Middle School and Horseshoe Bend High School offer small class sizes and robust course offerings such as honors and dual credit course in the high school, both live and online, as well as Career Technical Education courses in welding, construction, and health professions. Interscholastic athletics is a valuable part of the student experience at Horseshoe Bend, and with a no-cut policy, every student makes the team. Sports offered include football, volleyball, basketball, track, baseball and softball.

While children living on the Boise County side of Avimor are within the HBSD school district, all school-aged children throughout Avimor are invited and welcome to attend. Transportation will be provided, as HBSD will be running a bus to Avimor for the 2025-26 school year.

## Elementary School Contact:

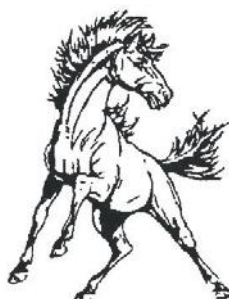
Principal Cora Larson  
[larsonc@hsbschools.org](mailto:larsonc@hsbschools.org)

## Middle/High School Contact:

Superintendent/Principal Dennis Chesnu  
[chesnutd@hsbschools.org](mailto:chesnutd@hsbschools.org)

[www.hsbschools.org](http://www.hsbschools.org)

[facebook.com/HorseshoeBendSchools](https://facebook.com/HorseshoeBendSchools)



## WE ARE CREATING A NEW CUB SCOUT PACK IN AVIMOR!



Unlock a world of adventure and growth for your child with Cub Scouts!

Imagine your child exploring the natural world on exciting hikes with friends, building a pinewood derby car from a block of wood, learning valuable life skills, and forging lifelong friendships.

Cub Scouts offers a structured, fun-filled program that encourages character development, teamwork, and a sense of community, providing your child with a strong foundation for future success.

Cub Scouting is a family program, activities year-round for Boys and Girls K-5th grade.

Join us for the next informational meeting, and/or drop by our table at National Night out on Aug 5<sup>th</sup>.

## For more information contact:

George Thomas -  
[george.thomas@scouting.org](mailto:george.thomas@scouting.org)

Katie Downs -  
[katie.downs@scouting.org](mailto:katie.downs@scouting.org)

[www.scouting.org](http://www.scouting.org)





# Avimor Business Directory of Listings

Business	Name	Phone	Email
ADRIA LILLY Handmade Natural Soaps & Skincare	Adriane DeKalb	971-803-1870	adrialillysoap@gmail.com
Aesthetics by Alli	Alli Godfrey	208-629-4147	
Aiden's Handyman Business	Aiden Niehaus	214-973-3660	
Amy Gatherum Allstate Agency	Sharon Summers	208-202-3012	sharonsummers@allstate.com
Arbor Monkey	Delmar Austin	208-630-3457	anotherguildie16@yahoo.com
Art By Davina Parypa	Davina Parypa	208-991-6114	davinaparypastudio@gmail.com
Artemis Consulting : Sustainable Business Solutions	Renee Roth	208-369-6762	renee@artemisconsultingsbs.com
Assistance By Sadie	Sadie Bonnette	208-371-3821	
Authentic Handyman	Don Cook	208-713-9463	doncook1@protonmail.com
Avimor Chiropractic & Optimal Health	Dr. Rosie Main, DC, CFMP	208-859-6170	rjmaindc@yahoo.com
Avimor Pet Services	Grayson Roumonada	208-513-3167	
Boise Bike Academy	Carter Edmiston	208-718-1242	info@boisebikeacademy.com
Brandon C. Peters Training & Nutrition	Brandon Peters	818-640-7245	brandon@bcffit.com
Bria's Bundles	Bria Baker	208-900-8970	
Brooke's Book Club	Brooke Henson	970-214-0679	brooke@brookesbookclub.com
Burlingame Lawn Care	David Burlingame	559-799-8804	david@hientropy.io
Business Consulting	Emerson LaMacchio		timlamacchio@outlook.com
Cabi	Jodie Clark	951-757-2123	jodie@uniquesolutions.us
Calhoun Tractor Services	Brett Calhoun	208-781-2213	calhountractorservices@gmail.com
Capital Eleven	Dillon Ludlow	208-490-6989	dillon@capitaleleven.com
Care 'N Create	Karyn A Morrison	208-900-8837	carencreate@gmail.com
ChasIdaho Real Estate	Jason Blanton	208-271-6174	jblanton@ChasIdaho.com
Coldwell Banker Tomlinson	Tim Johnson	208-484-1763	tjohnson@cbboise.com
Crowfoot Range, Inc.	Bill Godfrey		admin@crowfootrangeinc.com
Cruise Planners	Verena Bailey	208-999-6699	verena.bailey@cruiseplanners.com
Culinary Delights With Gwen	Gwen Drake	208-912-5070	culinarydelightswithgwen@gmail.com
Custom Made By Us	Nathan & Jodie Clark	986-213-4900 ext 704	nate@custommadebyus.com
Dailey Insurance Exchange & Dailey Real Estate	Joseph & Luisa Dailey		joseph@daileyinsuranceandrealestate.com
Delux LED	Jason Weaver	805-358-0196	jweaver@deluxleds.com
Donna's Home Made Dog Food	Donna Calderon	951-973-2133	sewtosuit@aol.com
doTERRA Essential Oils	Stephanie Jockers	208-573-1455	sjockers1331@yahoo.com
Dr. Lindsey Friedman LAC DACM	Dr. Lindsey Friedman	760-505-7848	friedman.acu@gmail.com
Dwell Inspect Idaho	Kevin Robins	208-391-2131	info@dwelinspectidaho.com
Essential Bodywear	Lisa Atkinson	208-400-0028	
Fabrications by Vickie	Vickie Dandridge	760-822-7239	vickiedandridge@yahoo.com
Finance: Classy	John Rognacki		jrogacki@gmail.com
Fit Over 50 Fitness, LLC	Geoff Edwards	208-830-8170	FitOver50Fitness@gmail.com
Full Service Dog Grooming	Roise Burlingame	559-274-8347	rosiecburlingame@gmail.com
GDD Photography	Gwen Drake	208-912-5070	gddphotography@gmail.com
Gotcha Covered	Tanya Heilman	208-964-8773	tanyaheilman@gotchacovered.com
GRC Consulting	Greg Ritter	951-704-0696	sharksdef@hotmail.com
Great Lakes Design	Dan Brodkey	414-732-6342	dbrodkey@hotmail.com
Hair Design, Styling and Care by Sherry	Sherry Bayley	951-970-9761	S.bayley@verizon.net
HD Home Solutions	Brian Halford	208-969-9241	brian@satellitehomesolutions.com
HK Investigations	Sharon Kerbow & Brenda Harrington	208-939-0464	blharrington1@gmail.com
Home Body Organization & Design	Desiree Bernesque	208-906-7090	homebodyorganizationanddesign@gmail.com
Home Shed	Sam Meador	208-505-1161	homeshedidaho@gmail.com
Homes of Idaho	Ron Vidergar	913-515-7786	agentronvidergar@gmail.com
Huckleberry Sue	Susan Vrazel	208-703-6935	susan@huckleberrysue.com
Idaho Rides	Julian Machuca	208-703-3443	info@idahorides.com
Idaho Roots Candles	Rebecca McGee	208-994-2585	customerservice@idahorootscandles.com
Independent Agent - Aflac	Rebecca Oaxaca	208-899-5294	rebecca_oaxaca@us.aflac.com



Business	Name	Phone	Email
Independent Pampered Chef Consultant	Cathryn Hutchinson	916-715-7072	chutch2178@gmail.com
J9 Designs	Janine Kirk	530-906-4778	j9kirk@yahoo.com
Julie Petrie Dog Boarding & Pet Care	Julie Petrie	208-801-3325	idahodianjules@gmail.com
Kelly Herbert Photography	Kelly Herbert	208-559-1654	kellyherbertphotography@gmail.com
Ks Cleaning	Kari Morehouse	208-871-0236	karimorehouse@ymail.com
L.M. Pane Photography	Lisa Marie Pane	208-391-3760	lisa@lmpanephoto.com
Ladybug Cleaners	Lori Short	208-440-4040	lori@ladybugcleaners.org
Landprodata	David Bailey	208-939-1956	davidb@landprodata.com
Lexi Howard, CDFA, CFP	Lexi Howard	208-991-2280	lexi.howard@wfidvisors.com
Lightscape Imagery	Michael Wells	760-822-7238	mikew@lightscapeimagery.com
Lisa's Quilty Treasures	Lisa Atkinson	208-400-0028	
Live Well Bodyworks	Jennifer Pickens	727-423-7533	livewellbody@gmail.com
Lori's Paws and Claws Pet Sitting	Lori Roediger	619-430-9439	loriroediger@gmail.com
Luminaire Smart Homes	David Foster	208-781-8301	david@boisesmarthomes.com
Mary Kay	Julia Orser	509-945-0990	rjorseryakima@msn.com
MARZ Advantage	Michael Roth	208-617-9828	michael@marzadvantage.com
Momentum Roasting Co.	Kevin Campbell, Kyle Crawford		info@momentumroasting.com
Mordecai Katz Handyman	Mordecai Katz	986-888-0129	
More K9 Please	Julie Juell	208-793-1623	morek9please@gmail.com
Movement Mortgage	Kevin Helmick	208-860-0007	kevin.helmick@movement.com
Packer Real Estate	Brian & Lareen Packer	208-550-8070	
Papercraft Classes	Sue Meadows	208-284-5230	dameadowsfam@gmail.com
Parker Medicare Team	Craig Parker	208-571-1131	craig@parkermedicareteam.com
Pati's Fitness and Lifestyle Coach	Pati Stewart	208-713-3581	pati.stewart@yahoo.com
Piano Lessons	Laurie Bankhead	208-550-1570	laurie_bankhead@icloud.com
Postal Annex	Paula Falconieri	208-938-2860	pa3038@postalannex.com
Primerica Life Insurance	David Greer	208 225-4912	
Psychologist	Nancy Lachapelle	310-375-4633	
Realtor	Kim Holland	208-559-2842	kimsellsboise@gmail.com
Renew Rossiter Stretching & Massage	Candice McCaleb	208-559-2974	candicemccaleb@gmail.com
Sew to Suit	Donna Calderon	951-973-2133	sewtosuit@aol.com
Silvercreek Realty Group	Bill Re	208-724-0205	bill@billre.com
Silvercreek Realty Group	Riley Calhoun	208-781-3636	rileycalhoun.realestate@gmail.com
Solid Real Estate Services	Eric Snyder	208-602-5247	eric@solid-inspection.com
Spring Creek Brewing Company	Jeff Badigian	208 -922-7455	invest@springcreekbrewing.com
StampingWithBlythe	Blythe Klipple	209-352-1059	blythe@stampingwithblythe.com
Starlights, Inc.	Jason Weaver	805-358-0196	
Streams Edge Mobil	Derek and Shantel O'Toole	208-938-2446	
Streams Edge Realty	Sabrina Chambosse	208-995-4100	sabrina@streamsedge.com
Studio Peridot	Renee Burnett	208-606-1984	
Swim with Morgan	Morgan McFarland	619-840-9165	morganmcfarlandfitness@gmail.com
Terse Skirritt	Gwendolyn Drake	208-912-5070	terseskirritt@gmail.com
The Rifle Guru	Jeff Ostrom	208-484-1791	
Treasure Valley Prostate Cancer Support	Darrell Wilson	707-628-5901	dngwilson@yahoo.com
Trinity Remodeling	Johnny Oronoz	562-458-4201	johnnyoronoz@yahoo.com
True North Nutrition	Shasta Molina	208-791-7869	truenorthnutrition.wellness@gmail.com
Unify Mind Body	Myckie Colet	208.590.1278	truucore@gmail.com
UniQue ImAging Art Therapy & Photo Therapy Techniques	Cynthia Wilson PhD, ATR-BC	208-656-2003	UniQue.ImAging@yahoo.com
Unique Solutions	Nathan Clark	208-542-5422	nathan@uniquesolutions.us
W Chauffeurs	Jared Westbrook	208-412-4946	wlogisticsemail@gmail.com
W Chauffeurs	Mark Bollinger	208-891-6156	markbollinger@gmail.com
Weathered and Whimsy Advetnures in Barnwood Birdhouses	Vickie Dandridge	760-822-7239	vickiedandridge@yahoo.com
Wendy's Pet Grooming	Wendy Peruse	928-830-8620	
Woodlab	David Gosse	208-793-0007	hello@woodlab.co
Young Living Essential Oils	Sylvia Haendiges	208-340-9341	sylviah222@gmail.com





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SCAN ME



## Past Winners

The 2024 Avimor Home Raffle was  
won by Derrick and Kelly Tovey!



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